

Florida

Orange Banana Frosty

Featured Food: Oranges

Makes: 2 servings

Ingredients

- 1 medium banana, frozen
- ½ cup plain yogurt
- ½ cup orange juice

Directions

1. Put all ingredients in a blender and mix well.
2. Add more liquid if you want the drink to be thinner.



Recipe from: *Recipe Collection*, University of Nebraska at Lincoln, Nebraska Nutrition Education Program, adapted by the USDA Food and Nutrition Administration.

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