

South Carolina

Melon and Mint

Featured Food: Watermelon

Makes: 8 servings

Ingredients

- 1 tablespoon lime juice
- ¼ cup fresh mint leaves
- 1 tablespoon packed brown sugar
- 3 cups watermelon cubes
- 3 cups honeydew cubes

Directions

1. To make dressing: blend lime juice, mint leaves, and brown sugar together in a small food processor.
2. Place melon cubes in a bowl. Drizzle dressing over melon and toss gently.

Recipe from: *Food Hero*, Oregon State University Cooperative Extension Service, adapted by the USDA Food and Nutrition Administration.



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