

Coffee Cooler

This refreshing iced coffee smoothie is a delicious grown-up morning treat.

Makes: 1 serving

Ingredients

- ½ cup milk
- ½ cup vanilla yogurt
- ½ cup of coffee, cooled to room temperature (4 fluid ounces)
- 3 ice cubes
- cinnamon, cocoa, or nutmeg (optional)



Directions

1. In a blender, combine all ingredients; purée until smooth.
2. Pour into a chilled glass and sprinkle with cinnamon, cocoa, or nutmeg if you like.

Recipe from: *Cooking For You or Two*, University of Wyoming Extension Cent\$ible Nutrition Program, adapted by the USDA Food and Nutrition Administration.

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