

Greek Salad

While feta cheese is the star of any Greek salad, this recipe contains all the must-have ingredients for a classic salad that is sure to please.

Makes: 6 servings

Ingredients

- 6 romaine lettuces leaves, chopped into bite size pieces (or more if desired)
- 1 medium cucumber, sliced
- 1 medium tomato, chopped (or cherry tomatoes)
- 1 bell pepper, chopped
- ½ cup red onion, sliced
- ½ cup black olives, chopped (optional)
- ? cup feta cheese
- 2 tablespoons olive oil
- 2 tablespoons lemon juice
- 1 teaspoon dried oregano
- ½ teaspoon salt, to taste



Directions

1. Combine lettuce, cucumber, tomato, bell pepper, onion, olives (optional), and cheese in large serving bowl.
2. To make the dressing: Whisk together oil, lemon juice, oregano, and salt in small bowl.
3. Pour dressing over lettuce mixture; toss until coated. Serve immediately.

Recipe from: Oregon State University Cooperative Extension Service, adapted by the USDA Food and Nutrition Administration.

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