

Hearty Summer Squash and Meat Casserole

Full of delicious summer vegetables combined with ground meat and potatoes, this is a hearty main dish. Try using fresh tomatoes and Italian herbs if you also grow them in your garden.

Makes: 6 servings

Ingredients

- 1 pound ground meat (beef, pork, turkey)
- 1 small onion, diced
- 3 small zucchini, sliced
- 3 small yellow squash, sliced
- 3 medium potatoes, diced
- 1 pound tomatoes, diced (or 14.5 oz low-sodium canned tomatoes)
- ½ teaspoon salt
- 1 tablespoon fresh herbs (basil, oregano, rosemary, or thyme; or 1 teaspoon dried)



Directions

1. Preheat oven to 350°F.
2. Brown meat and onion together in a skillet; drain.
3. Mix all ingredients together and place in a casserole dish.
4. Cover with foil and bake for 45 minutes.

Recipe from: *Ross County Recipes*, Ohio State University Cooperative Extension, adapted by the USDA Food and Nutrition Administration.

###

USDA is an equal opportunity provider, employer, and lender.