Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		3 Month Interview[a]: Intake Percentiles					5 Month Interview[a]: Intake Percentiles				
Micronutrient	**AI**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Antioxidants											
Vitamin C (mg/d)	40[c]	40.5	41.8	54.3	72.5	92.9	40.5	47.1	64.7	85.1	112.6
Vitamin E (mg/d)	4[c]	0.6	2.5	5.9	8.1	10.4	0.6	4.0	7.0	9.3	11.8
B vitamins											
Thiamin (mg/d)	0.2[c]	0.1	0.2	0.4	0.6	0.8	0.1	0.4	0.5	0.8	1.2
Riboflavin (mg/d)	0.3[c]	0.3	0.4	0.7	0.9	1.2	0.3	0.5	0.8	1.1	1.6
Niacin (mg/d)	2[c]	1.4	2.7	5.3	7.1	10.1	1.4	4.4	6.8	9.4	13.9
Vitamin B-6 (mg/d)	0.1[c]	0.1	0.2	0.3	0.4	0.5	0.1	0.3	0.4	0.5	0.7
Folate (µg/d)	65[c]	40.5	48.4	74.6	96.7	124.3	40.5	61.8	89.7	113.0	140.7
Vitamin B-12 (µg/d)	0.4[c]	0.4	0.7	1.3	1.8	2.4	0.4	0.9	1.5	2.0	2.6
Bone-related nutrients											
Calcium (mg/d)	200[c]	259.4	286.8	407.6	540.5	694.5	259.4	351.1	495.5	652.8	836.7
Phosphorus (mg/d)	100[c]	113.5	143.6	232.6	327.5	426.8	113.5	189.7	295.9	404.7	530.1
Magnesium (mg/d)	30[c]	24.3	28.8	43.3	58.5	76.2	24.3	39.0	56.7	77.5	105.9
Vitamin D (µg/d)	10[c]	0.8	4.6	7.9	10.5	13.2	0.8	5.8	8.6	10.9	14.0
Other Micronutrients											
Vitamin A (µg RAE/d)	400[c]	332.5	449.7	494.5	576.0	778.7	336.2	475.5	519.6	667.7	884.8
Vitamin K (µg/d)	2[c]	2.4	11.7	38.7	51.2	65.3	2.4	27.5	46.3	59.8	75.1
Iron (mg/d)	0.27[c]	0.2	2.6	8.7	11.5	15.2	0.2	6.6	10.8	15.1	21.9
Zinc (mg/d)	2[c]	1.4	2.2	4.3	5.8	7.5	1.4	3.1	5.0	6.8	8.5

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Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		3 Month Interview[a]: Intake Percentiles					5 Month Interview[a]: Intake Percentiles				
Micronutri-ent	**AI**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Sodium (mg/d)	120[c]	137.8	137.8	166.3	225.9	290.0	137.8	150.4	197.0	260.6	328.4
Potassium (mg/d)	400[c]	413.5	429.8	543.8	690.9	856.1	413.5	507.8	667.5	847.0	1034

[a] Number of respondents who completed the recall (Unweighted/Weighted): 2,773/439,616 (3 Month); 2,596/438,284 (5 Month).

[b] Intakes are from food and supplements.

[c] Adequate intake (AI).

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 3-24. Cross-sectional weights for 3, 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		7 Month Interview[a]: Intake Percentiles					9 Month Interview[a]: Intake Percentiles					11 Month Interview[a]: Intake Percentiles				
Micron-utrient	**AI/EAR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Antioxidants																
Vitamin C (mg/d)	50[c]	40.9	59.6	82.9	113.1	145.6	50.2	70.4	95.6	134.1	178.3	47.9	70.4	100.6	140.9	197.4
Vitamin E (mg/d)	5[c]	1.3	4.6	7.2	9.6	12.4	2.2	5.2	7.5	9.9	12.7	2.6	4.9	7.4	9.9	12.8
B vitamins																
Thiamin (mg/d)	0.3[c]	0.2	0.4	0.7	1.0	1.5	0.3	0.5	0.8	1.2	1.8	0.4	0.6	0.9	1.3	2.0
Riboflavin (mg/d)	0.4[c]	0.4	0.7	1.0	1.4	1.9	0.5	0.8	1.1	1.6	2.2	0.6	0.9	1.3	1.8	2.4
Niacin (mg/d)	4[c]	2.7	5.7	8.7	12.6	18.3	4.5	6.8	10.0	14.8	21.4	5.1	7.7	11.6	16.8	23.7
Vitamin B-6 (mg/d)	0.3[c]	0.2	0.4	0.5	0.7	0.9	0.3	0.5	0.6	0.9	1.1	0.4	0.5	0.8	1.1	1.5
Folate (µg/d)	80[c]	45.1	75.2	102.9	130.1	162.1	62.0	87.5	115.8	152.2	198.8	75.2	102.6	137.1	184.9	257.2
Vitamin B-12 (µg/d)	0.5[c]	0.3	0.9	1.4	1.9	2.5	0.5	1.0	1.5	2.0	2.7	0.7	1.2	1.6	2.3	3.4
Bone-related nutrients																
Calcium (mg/d)	260[c]	244.9	365.6	524.8	696.8	898.4	288.5	408.5	567.2	754.2	972.6	319.3	446.2	599.6	812.7	1070
Phosphorus (mg/d)	275[c]	140.6	234.2	344.0	462.3	613.9	196.6	286.2	403.5	544.8	726.8	247.9	358.2	479.6	672.0	888.6
Magnesium (mg/d)	75[c]	34.4	55.4	80.6	107.6	145.4	51.4	72.0	96.1	130.2	168.9	60.0	82.7	111.6	149.8	190.4
Vitamin D (µg/d)	10[c]	0.7	5.1	7.8	10.5	13.4	1.1	5.1	7.5	10.1	13.4	1.8	5.1	7.4	10.2	13.5
Other Micronutrients																

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Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		7 Month Interview[a]: Intake Percentiles					9 Month Interview[a]: Intake Percentiles					11 Month Interview[a]: Intake Percentiles				
Micron-utrient	**AI/EAR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Vitamin A (µg RAE/d)	500[c]	329.6	421.8	595.3	829.4	1087	337.5	451.3	640.7	892.2	1186	313.7	443.9	623.9	889.7	1193
Vitamin K (µg/d)	2.5[c]	7.2	33.2	50.6	67.9	89.0	15.0	36.2	53.1	71.0	96.3	16.1	34.8	54.3	73.9	100.3
Iron (mg/d)	6.9[d]	2.1	8.4	12.9	18.8	27.3	4.7	9.6	14.4	21.6	30.7	5.2	9.8	14.6	22.5	32.3
Zinc (mg/d)	2.5[d]	1.6	3.4	5.2	6.9	8.9	2.2	3.9	5.7	7.4	9.7	2.9	4.4	6.0	8.1	10.6
Sodium (mg/d)	370[c]	119.4	163.8	226.1	310.9	428.5	142.5	200.9	278.7	444.9	764.6	192.7	283.6	477.1	849.0	1407
Potassi-um (mg/d)	700[c]	473.3	659.5	877.2	1110	1368	614.3	815.4	1031	1315	1650	711.1	921.9	1179	1521	1843

[a] Number of respondents who completed the recall (Unweighted/Weighted): 3,081/435,294 (7 Month); 2,412/435,705 (9 Month); 2,285/435,281 (11 Month).
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 3-24. Cross-sectional weights for 3, 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		13 Month Interview[a]: Intake Percentiles					15 Month Interview[a]: Intake Percentiles				
Micronutrient	**AI/EAR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Antioxidants											
Vitamin C (mg/d)	13[d]	48.5	63.2	78.7	98.6	117.5	38.6	52.9	72.1	94.8	120.7
Vitamin E (mg/d)	5[d]	2.5	3.1	4.1	5.6	7.3	2.3	3.0	3.7	4.8	6.4
B vitamins											
Thiamin (mg/d)	0.4[d]	0.7	0.8	1.0	1.3	1.5	0.8	0.9	1.1	1.2	1.4
Riboflavin (mg/d)	0.4[d]	1.2	1.4	1.7	2.1	2.4	1.2	1.5	1.7	2.0	2.4
Niacin (mg/d)	5[d]	8.1	10.0	12.4	14.9	17.6	8.0	10.1	12.8	15.4	19.0
Vitamin B-6 (mg/d)	0.4[d]	0.8	0.9	1.1	1.3	1.6	0.9	1.0	1.2	1.4	1.7
Folate (µg/d)	120[d]	139.9	162.1	191.5	228.8	270.9	147.9	178.9	219.1	265.4	328.1
Vitamin B-12 (µg/d)	0.7[d]	2.1	2.8	3.5	4.3	5.2	2.4	3.1	3.9	4.7	5.7
Bone-related nutrients											
Calcium (mg/d)	500[d]	601.3	727.1	901.6	1070	1253	581.0	733.2	906.7	1082	1294
Phosphorus (mg/d)	380[d]	546.8	681.9	849.1	1013	1186	627.5	760.7	909.7	1077	1248
Magnesium (mg/d)	65[d]	109.3	129.1	154.2	181.6	211.7	123.5	141.0	163.0	187.3	214.3
Vitamin D (µg/d)	10[d]	4.8	6.7	8.2	9.9	12.1	4.5	6.2	8.1	9.9	11.9
Other Micronutrients											
Vitamin A (µg RAE/d)	210[d]	451.7	524.7	616.3	720.7	828.3	440.2	505.6	568.5	647.5	744.0
Vitamin K (µg/d)	30[c]	20.7	26.5	35.2	45.8	55.3	17.3	22.7	30.5	41.1	53.0
Iron (mg/d)	3.0[d]	6.5	8.4	11.3	14.7	18.8	5.6	7.3	9.8	12.8	16.6
Zinc (mg/d)	2.5[d]	4.7	5.5	6.5	7.5	8.8	5.4	6.0	6.7	7.7	8.6

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Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		13 Month Interview[a]: Intake Percentiles					15 Month Interview[a]: Intake Percentiles				
Micronutri-ent	**AI/EAR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Sodium (mg/d)	1000[c]	653.6	877.6	1209	1582	2042	858.3	1131	1459	1838	2283
Potassium (mg/d)	3000[c]	1182	1406	1657	1925	2237	1273	1504	1751	2029	2318

[a] Number of respondents who completed the recall (Unweighted/Weighted): 2,763/434,035 (13 Month); 2,048/437,375 (15 Month).

[b] Intakes are from food and supplements.

[c] Adequate intake (AI).

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 3-24. Cross-sectional weights for 3, 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		18 Month Interview[a]: Intake Percentiles					24 Month Interview[a]: Intake Percentiles				
Micronutrient	**AI/EAR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Antioxidants											
Vitamin C (mg/d)	13[d]	45.2	57.3	71.7	91.1	112.3	46.8	61.5	80.6	106.0	130.7
Vitamin E (mg/d)	5[d]	2.5	3.1	4.0	5.2	6.9	2.9	3.7	4.8	6.4	8.3
B vitamins											
Thiamin (mg/d)	0.4[d]	0.9	1.0	1.1	1.3	1.5	0.9	1.0	1.2	1.5	1.7
Riboflavin (mg/d)	0.4[d]	1.4	1.6	1.8	2.0	2.3	1.3	1.6	1.8	2.1	2.5
Niacin (mg/d)	5[d]	10.3	12.2	14.2	16.5	18.9	9.9	12.3	15.2	18.8	22.1
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.2	1.4	1.5	1.8	1.0	1.2	1.4	1.8	2.2
Folate (µg/d)	120[d]	181.3	215.3	257.3	302.4	362.8	182.8	228.5	290.6	366.5	455.7
Vitamin B-12 (µg/d)	0.7[d]	3.3	3.7	4.3	4.8	5.4	2.8	3.5	4.4	5.4	6.7
Bone-related nutrients											
Calcium (mg/d)	500[d]	636.6	766.3	915.5	1097	1265	685.8	815.3	944.3	1093	1251
Phosphorus (mg/d)	380[d]	672.1	797.0	953.3	1119	1298	754.1	876.0	1011	1168	1325
Magnesium (mg/d)	65[d]	126.7	147.5	171.1	199.2	229.6	144.0	163.5	185.8	212.7	243.3
Vitamin D (µg/d)	10[d]	4.9	6.3	8.0	9.6	11.6	5.0	6.4	8.1	9.8	11.8
Other Micronutrients											
Vitamin A (µg RAE/d)	210[d]	429.8	507.1	583.3	674.9	774.2	413.3	490.3	591.1	719.8	872.0
Vitamin K (µg/d)	30[c]	20.4	26.1	32.6	42.1	52.9	25.5	30.7	37.2	46.6	56.4
Iron (mg/d)	3.0[d]	7.1	8.7	10.6	12.8	15.6	7.8	9.4	11.3	13.5	15.8
Zinc (mg/d)	2.5[d]	5.2	6.1	7.2	8.5	10.0	5.6	6.5	7.7	9.2	11.1

(Continued)

Table C4-1: Nutrient intake[b] by percentiles: Micronutrients (Months 3-24)

		18 Month Interview[a]: Intake Percentiles					24 Month Interview[a]: Intake Percentiles				
Micronutri-ent	**AI/EAR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Sodium (mg/d)	1000[c]	1168	1389	1702	2046	2430	1271	1543	1915	2320	2743
Potassium (mg/d)	3000[c]	1349	1569	1826	2090	2429	1468	1689	1950	2236	2554

[a] Number of respondents who completed the recall (Unweighted/Weighted): 1,973/437,505 (18 Month); 2,434/438,206 (24 Month).
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 3-24. Cross-sectional weights for 3, 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-1a: Median nutrient intake[b] : Micronutrients by race (Months 7, 13 and 24)

			Race		
Micronutrient	AI/EAR	Median Intake	Black or African American	White	Other
Month 7					
Antioxidants					
Vitamin C (mg/d)	50[c]	82.9	94.1	79.9	80.7
Vitamin E (mg/d)	5[c]	7.2	8.3	7.0	6.8
B vitamins					
Thiamin (mg/d)	0.3[c]	0.7	0.9	0.7	0.6
Riboflavin (mg/d)	0.4[c]	1.0	1.2	1.0	0.9
Niacin (mg/d)	4[c]	8.7	10.7	8.2	8.2
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.6	0.5	0.5
Folate (µg/d)	80[c]	102.9	110.2	101.4	101.0
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.6	1.4	1.4
Bone-related nutrients					
Calcium (mg/d)	260[c]	524.8	604.7	514.0	488.9
Phosphorus (mg/d)	275[c]	344.0	403.4	334.8	324.1
Magnesium (mg/d)	75[c]	80.6	91.4	78.5	77.6
Vitamin D (µg/d)	10[c]	7.8	8.7	7.6	7.5
Other Micronutrients					
Vitamin A (µg RAE/d)	500[c]	595.3	614.1	589.9	589.5
Vitamin K (µg/d)	2.5[c]	50.6	54.1	50.5	48.1
Iron (mg/d)	6.9[d]	12.9	16.6	12.4	11.6
Zinc (mg/d)	2.5[d]	5.2	5.9	5.1	5.0
Sodium (mg/d)	370[c]	226.1	239.2	224.4	220.7
Potassium (mg/d)	700[c]	877.2	930.6	866.4	866.2
Unweighted n[a]		3,081	798	1,820	463
Weighted n		435,294	92,243	258,292	84,759
Month 13					
Antioxidants					
Vitamin C (mg/d)	13[d]	78.7	85.1	76.7	77.3

(Continued)

Table C4-1a: Median nutrient intake[b] : Micronutrients by race (Months 7, 13 and 24)

			Race		
Micronutrient	AI/EAR	Median Intake	Black or African American	White	Other
Vitamin E (mg/d)	5[d]	4.1	4.5	4.0	4.0
B vitamins					
Thiamin (mg/d)	0.4[d]	1.0	1.1	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.8	1.7	1.7
Niacin (mg/d)	5[d]	12.4	13.2	12.2	12.0
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	191.6	191.9	188.8
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.6	3.5	3.3
Bone-related nutrients					
Calcium (mg/d)	500[d]	901.6	920.7	903.4	866.3
Phosphorus (mg/d)	380[d]	849.1	847.5	854.4	830.8
Magnesium (mg/d)	65[d]	154.2	157.2	154.2	149.9
Vitamin D (µg/d)	10[d]	8.2	8.3	8.2	8.2
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	616.3	625.2	612.2	622.0
Vitamin K (µg/d)	30[c]	35.2	35.2	35.1	35.5
Iron (mg/d)	3.0[d]	11.3	12.4	11.0	11.2
Zinc (mg/d)	2.5[d]	6.5	6.5	6.5	6.3
Sodium (mg/d)	1000[c]	1209	1244	1209	1180
Potassium (mg/d)	3000[c]	1657	1629	1663	1655
Unweighted n[a]		2,763	755	1,598	410
Weighted n		434,035	92,455	258,964	82,616
Month 24					
Antioxidants					
Vitamin C (mg/d)	13[d]	80.6	91.0	79.8	75.9
Vitamin E (mg/d)	5[d]	4.8	4.8	4.7	5.0
B vitamins					
Thiamin (mg/d)	0.4[d]	1.2	1.3	1.2	1.2

(Continued)

Table C4-1a: Median nutrient intake[b] : Micronutrients by race (Months 7, 13 and 24)

			Race		
Micronutrient	AI/EAR	Median Intake	Black or African American	White	Other
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	16.8	15.0	13.7
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.5	1.4	1.5
Folate (µg/d)	120[d]	290.6	288.0	290.6	298.0
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.2	4.5	4.3
Bone-related nutrients					
Calcium (mg/d)	500[d]	944.3	879.0	957.1	984.2
Phosphorus (mg/d)	380[d]	1011	983.3	1017	1018
Magnesium (mg/d)	65[d]	185.8	184.9	185.9	186.7
Vitamin D (µg/d)	10[d]	8.1	7.1	8.2	8.3
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	591.1	576.2	598.6	586.4
Vitamin K (µg/d)	30[c]	37.2	38.2	36.5	37.7
Iron (mg/d)	3.0[d]	11.3	12.1	11.1	10.4
Zinc (mg/d)	2.5[d]	7.7	7.5	7.8	7.7
Sodium (mg/d)	1000[c]	1915	2019	1904	1831
Potassium (mg/d)	3000[c]	1950	1908	1972	1954
Unweighted n[a]		2,434	698	1,380	356
Weighted n		438,206	94,965	258,020	85,221

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1b: Median nutrient intake[b] : Micronutrients by ethnicity (Months 7, 13 and 24)

			Ethnicity	
Micronutrient	AI/EAR	Median Intake	Hispanic	Non-Hispanic
Month 7				
Antioxidants				
Vitamin C (mg/d)	50[c]	82.9	81.4	84.1
Vitamin E (mg/d)	5[c]	7.2	6.9	7.6
B vitamins				
Thiamin (mg/d)	0.3[c]	0.7	0.6	0.8
Riboflavin (mg/d)	0.4[c]	1.0	0.9	1.1
Niacin (mg/d)	4[c]	8.7	7.9	9.4
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	100.4	105.6
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.4
Bone-related nutrients				
Calcium (mg/d)	260[c]	524.8	488.7	559.8
Phosphorus (mg/d)	275[c]	344.0	328.1	359.2
Magnesium (mg/d)	75[c]	80.6	75.5	85.1
Vitamin D (µg/d)	10[c]	7.8	7.3	8.3
Other Micronutrients				
Vitamin A (µg RAE/d)	500[c]	595.3	592.1	597.7
Vitamin K (µg/d)	2.5[c]	50.6	48.6	52.1
Iron (mg/d)	6.9[d]	12.9	11.8	14.0
Zinc (mg/d)	2.5[d]	5.2	5.0	5.4
Sodium (mg/d)	370[c]	226.1	227.6	223.4
Potassium (mg/d)	700[c]	877.2	861.2	899.6
Unweighted n[a]		3,081	1,186	1,895
Weighted n		435,294	202,597	232,697
Month 13				
Antioxidants				
Vitamin C (mg/d)	13[d]	78.7	81.3	76.9

(Continued)

Table C4-1b: Median nutrient intake[b] : Micronutrients by ethnicity (Months 7, 13 and 24)

			Ethnicity	
Micronutrient	AI/EAR	Median Intake	Hispanic	Non-Hispanic
Vitamin E (mg/d)	5[d]	4.1	3.9	4.3
B vitamins				
Thiamin (mg/d)	0.4[d]	1.0	0.9	1.1
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.8
Niacin (mg/d)	5[d]	12.4	11.1	13.3
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	183.5	197.0
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.3	3.7
Bone-related nutrients				
Calcium (mg/d)	500[d]	901.6	861.4	931.9
Phosphorus (mg/d)	380[d]	849.1	810.3	879.4
Magnesium (mg/d)	65[d]	154.2	149.9	157.6
Vitamin D (µg/d)	10[d]	8.2	8.3	8.1
Other Micronutrients				
Vitamin A (µg RAE/d)	210[d]	616.3	602.0	629.8
Vitamin K (µg/d)	30[c]	35.2	33.9	35.6
Iron (mg/d)	3.0[d]	11.3	10.4	11.9
Zinc (mg/d)	2.5[d]	6.5	6.1	6.7
Sodium (mg/d)	1000[c]	1209	1120	1290
Potassium (mg/d)	3000[c]	1657	1640	1669
Unweighted n[a]		2,763	1,030	1,733
Weighted n		434,035	199,216	234,819
Month 24				
Antioxidants				
Vitamin C (mg/d)	13[d]	80.6	77.9	82.9
Vitamin E (mg/d)	5[d]	4.8	4.2	5.2
B vitamins				
Thiamin (mg/d)	0.4[d]	1.2	1.1	1.3

(Continued)

Table C4-1b: Median nutrient intake[b] : Micronutrients by ethnicity (Months 7, 13 and 24)

			Ethnicity	
Micronutrient	AI/EAR	Median Intake	Hispanic	Non-Hispanic
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.9
Niacin (mg/d)	5[d]	15.2	13.4	16.7
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.5
Folate (µg/d)	120[d]	290.6	274.4	303.5
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.2	4.5
Bone-related nutrients				
Calcium (mg/d)	500[d]	944.3	947.7	940.8
Phosphorus (mg/d)	380[d]	1011	986.8	1033
Magnesium (mg/d)	65[d]	185.8	181.9	189.2
Vitamin D (µg/d)	10[d]	8.1	8.2	8.0
Other Micronutrients				
Vitamin A (µg RAE/d)	210[d]	591.1	574.2	608.4
Vitamin K (µg/d)	30[c]	37.2	33.8	40.8
Iron (mg/d)	3.0[d]	11.3	10.3	11.9
Zinc (mg/d)	2.5[d]	7.7	7.3	8.1
Sodium (mg/d)	1000[c]	1915	1735	2045
Potassium (mg/d)	3000[c]	1950	1962	1941
Unweighted n[a]		2,434	905	1,529
Weighted n		438,206	204,037	234,169

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1c: Median nutrient intake[b] : Micronutrients by marital status of mother (Months 7, 13 and 24)

			Marital Status of Mother	
Micronutrient	AI/EAR	Median Intake	Married	Not Married (includes divorced and widowed)
Month 7				
Antioxidants				
Vitamin C (mg/d)	50[c]	82.9	75.4	86.4
Vitamin E (mg/d)	5[c]	7.2	6.4	7.6
B vitamins				
Thiamin (mg/d)	0.3[c]	0.7	0.6	0.7
Riboflavin (mg/d)	0.4[c]	1.0	0.9	1.0
Niacin (mg/d)	4[c]	8.7	7.8	9.1
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	95.9	106.5
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.3	1.4
Bone-related nutrients				
Calcium (mg/d)	260[c]	524.8	487.8	546.2
Phosphorus (mg/d)	275[c]	344.0	319.2	357.4
Magnesium (mg/d)	75[c]	80.6	74.5	84.9
Vitamin D (µg/d)	10[c]	7.8	7.2	8.1
Other Micronutrients				
Vitamin A (µg RAE/d)	500[c]	595.3	580.2	601.1
Vitamin K (µg/d)	2.5[c]	50.6	46.3	52.1
Iron (mg/d)	6.9[d]	12.9	11.7	13.8
Zinc (mg/d)	2.5[d]	5.2	4.7	5.5
Sodium (mg/d)	370[c]	226.1	216.5	230.6
Potassium (mg/d)	700[c]	877.2	818.0	904.0
Unweighted n[a]		3,081	966	2,115
Weighted n		435,294	144,683	290,610
Month 13				
Antioxidants				
Vitamin C (mg/d)	13[d]	78.7	74.2	82.5

(Continued)

Table C4-1c: Median nutrient intake[b] : Micronutrients by marital status of mother (Months 7, 13 and 24)

			Marital Status of Mother	
Micronutrient	AI/EAR	Median Intake	Married	Not Married (includes divorced and widowed)
Vitamin E (mg/d)	5[d]	4.1	4.1	4.2
B vitamins				
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.8
Niacin (mg/d)	5[d]	12.4	12.3	12.5
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	189.9	191.9
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.3	3.6
Bone-related nutrients				
Calcium (mg/d)	500[d]	901.6	884.8	911.6
Phosphorus (mg/d)	380[d]	849.1	826.6	865.4
Magnesium (mg/d)	65[d]	154.2	149.0	156.4
Vitamin D (µg/d)	10[d]	8.2	7.9	8.4
Other Micronutrients				
Vitamin A (µg RAE/d)	210[d]	616.3	618.9	613.6
Vitamin K (µg/d)	30[c]	35.2	36.2	34.7
Iron (mg/d)	3.0[d]	11.3	10.8	11.5
Zinc (mg/d)	2.5[d]	6.5	6.2	6.5
Sodium (mg/d)	1000[c]	1209	1175	1226
Potassium (mg/d)	3000[c]	1657	1611	1669
Unweighted n[a]		2,763	855	1,908
Weighted n		434,035	144,287	289,748
Month 24				
Antioxidants				
Vitamin C (mg/d)	13[d]	80.6	74.6	84.2
Vitamin E (mg/d)	5[d]	4.8	4.8	4.7
B vitamins				
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2

(Continued)

Table C4-1c: Median nutrient intake[b] : Micronutrients by marital status of mother (Months 7, 13 and 24)

			Marital Status of Mother	
Micronutrient	AI/EAR	Median Intake	Married	Not Married (includes divorced and widowed)
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	14.7	15.4
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.5
Folate (µg/d)	120[d]	290.6	289.9	290.8
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.5	4.3
Bone-related nutrients				
Calcium (mg/d)	500[d]	944.3	950.8	941.6
Phosphorus (mg/d)	380[d]	1011	997.9	1017
Magnesium (mg/d)	65[d]	185.8	183.0	188.5
Vitamin D (µg/d)	10[d]	8.1	8.3	8.0
Other Micronutrients				
Vitamin A (µg RAE/d)	210[d]	591.1	590.5	591.3
Vitamin K (µg/d)	30[c]	37.2	38.8	36.6
Iron (mg/d)	3.0[d]	11.3	10.9	11.4
Zinc (mg/d)	2.5[d]	7.7	7.7	7.7
Sodium (mg/d)	1000[c]	1915	1879	1964
Potassium (mg/d)	3000[c]	1950	1903	1986
Unweighted n[a]		2,434	858	1,576
Weighted n		438,206	160,076	278,130

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

[c] Adequate intake (AI).

[d] Estimated Average Requirement (EAR).

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1d: Median nutrient intake[b] : Micronutrients by food security (Months 7, 13 and 24)

			Food Security (measured using 6-item module)		
Micronutrient	AI/EAR	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7					
Antioxidants					
Vitamin C (mg/d)	50[c]	82.9	81.7	84.3	83.1
Vitamin E (mg/d)	5[c]	7.2	7.0	7.5	7.6
B vitamins					
Thiamin (mg/d)	0.3[c]	0.7	0.7	0.7	0.7
Riboflavin (mg/d)	0.4[c]	1.0	1.0	1.0	1.0
Niacin (mg/d)	4[c]	8.7	8.4	9.2	8.9
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	101.8	104.5	105.6
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.4	1.4
Bone-related nutrients					
Calcium (mg/d)	260[c]	524.8	515.0	542.2	538.2
Phosphorus (mg/d)	275[c]	344.0	335.5	353.6	352.8
Magnesium (mg/d)	75[c]	80.6	79.0	84.7	84.0
Vitamin D (µg/d)	10[c]	7.8	7.7	7.6	8.1
Other Micronutrients					
Vitamin A (µg RAE/d)	500[c]	595.3	592.1	606.3	586.5
Vitamin K (µg/d)	2.5[c]	50.6	50.1	50.6	52.1
Iron (mg/d)	6.9[d]	12.9	12.5	13.2	13.3
Zinc (mg/d)	2.5[d]	5.2	5.1	5.2	5.3
Sodium (mg/d)	370[c]	226.1	220.2	230.6	239.5
Potassium (mg/d)	700[c]	877.2	874.5	889.9	897.0
Unweighted n[a]		3,081	1,602	939	540
Weighted n		435,294	229,923	134,770	70,600
Month 13					
Antioxidants					
Vitamin C (mg/d)	13[d]	78.7	77.9	79.5	81.1

(Continued)

Table C4-1d: Median nutrient intake[b] : Micronutrients by food security (Months 7, 13 and 24)

			Food Security (measured using 6-item module)		
Micronutrient	AI/EAR	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Vitamin E (mg/d)	5[d]	4.1	4.1	4.2	4.1
B vitamins					
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0	1.1
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.7	1.8
Niacin (mg/d)	5[d]	12.4	12.3	12.4	13.0
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	190.5	191.7	194.4
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.5	3.5	3.6
Bone-related nutrients					
Calcium (mg/d)	500[d]	901.6	897.0	898.8	915.0
Phosphorus (mg/d)	380[d]	849.1	841.8	857.3	876.8
Magnesium (mg/d)	65[d]	154.2	152.3	154.4	156.4
Vitamin D (µg/d)	10[d]	8.2	8.1	8.4	8.4
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	616.3	608.6	622.2	634.8
Vitamin K (µg/d)	30[c]	35.2	35.2	35.2	35.0
Iron (mg/d)	3.0[d]	11.3	11.0	11.3	11.9
Zinc (mg/d)	2.5[d]	6.5	6.3	6.5	6.7
Sodium (mg/d)	1000[c]	1209	1184	1245	1248
Potassium (mg/d)	3000[c]	1657	1631	1668	1706
Unweighted n[a]		2,763	1,421	862	480
Weighted n		434,035	227,361	135,305	71,369
Month 24					
Antioxidants					
Vitamin C (mg/d)	13[d]	80.6	79.8	78.5	88.6
Vitamin E (mg/d)	5[d]	4.8	4.7	4.8	5.3
B vitamins					
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.3

(Continued)

Table C4-1d: Median nutrient intake[b] : Micronutrients by food security (Months 7, 13 and 24)

			Food Security (measured using 6-item module)		
Micronutrient	AI/EAR	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8	1.9
Niacin (mg/d)	5[d]	15.2	14.8	15.3	16.8
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.4	1.6
Folate (µg/d)	120[d]	290.6	283.8	302.3	314.9
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.3	4.4	4.7
Bone-related nutrients					
Calcium (mg/d)	500[d]	944.3	931.8	971.7	938.3
Phosphorus (mg/d)	380[d]	1011	996.8	1031	1023
Magnesium (mg/d)	65[d]	185.8	183.8	190.7	194.2
Vitamin D (µg/d)	10[d]	8.1	8.0	8.3	8.4
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	591.1	580.6	610.3	616.5
Vitamin K (µg/d)	30[c]	37.2	36.7	37.6	38.7
Iron (mg/d)	3.0[d]	11.3	11.0	11.6	12.0
Zinc (mg/d)	2.5[d]	7.7	7.6	7.9	8.3
Sodium (mg/d)	1000[c]	1915	1886	1946	2022
Potassium (mg/d)	3000[c]	1950	1925	1986	2047
Unweighted n[a]		2,434	1,596	533	305
Weighted n		438,206	286,223	99,469	52,515

Note: Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.
[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1e: Median nutrient intake[b] : Micronutrients by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

			Participation in non-WIC Benefit Program(s)		
Micronutrient	AI/EAR	Median Intake	Does not Participate in Any Other Program	Participates in Other Program(s) and Is On SNAP	Participates in Other Program(s) and Is Not On SNAP
Month 7					
Antioxidants					
Vitamin C (mg/d)	50[c]	82.9	77.7	86.4	80.2
Vitamin E (mg/d)	5[c]	7.2	6.5	7.7	7.0
B vitamins					
Thiamin (mg/d)	0.3[c]	0.7	0.6	0.7	0.7
Riboflavin (mg/d)	0.4[c]	1.0	0.9	1.1	0.9
Niacin (mg/d)	4[c]	8.7	7.7	9.3	8.4
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	95.8	106.9	100.1
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.3	1.5	1.3
Bone-related nutrients					
Calcium (mg/d)	260[c]	524.8	479.3	558.8	502.9
Phosphorus (mg/d)	275[c]	344.0	312.9	362.9	339.6
Magnesium (mg/d)	75[c]	80.6	75.0	84.7	79.4
Vitamin D (µg/d)	10[c]	7.8	7.2	8.4	7.5
Other Micronutrients					
Vitamin A (µg RAE/d)	500[c]	595.3	602.1	620.9	568.7
Vitamin K (µg/d)	2.5[c]	50.6	48.2	51.9	49.0
Iron (mg/d)	6.9[d]	12.9	11.4	13.9	12.7
Zinc (mg/d)	2.5[d]	5.2	4.7	5.6	5.0
Sodium (mg/d)	370[c]	226.1	209.2	236.5	221.1
Potassium (mg/d)	700[c]	877.2	844.7	900.6	862.4
Unweighted n[a]		3,081	490	1,504	1,087
Weighted n		435,294	77,301	203,743	154,250
Month 13					
Antioxidants					

(Continued)

Table C4-1e: Median nutrient intake[b] : Micronutrients by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

			Participation in non-WIC Benefit Program(s)		
Micronutrient	AI/EAR	Median Intake	Does not Participate in Any Other Program	Participates in Other Program(s) and Is On SNAP	Participates in Other Program(s) and Is Not On SNAP
Vitamin C (mg/d)	13[d]	78.7	75.3	81.3	77.0
Vitamin E (mg/d)	5[d]	4.1	4.2	4.1	4.2
B vitamins					
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.7	1.7
Niacin (mg/d)	5[d]	12.4	13.2	12.2	12.4
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	193.0	192.7	189.0
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.4	3.5	3.4
Bone-related nutrients					
Calcium (mg/d)	500[d]	901.6	904.3	901.2	896.7
Phosphorus (mg/d)	380[d]	849.1	843.5	857.1	844.4
Magnesium (mg/d)	65[d]	154.2	155.3	154.2	152.7
Vitamin D (µg/d)	10[d]	8.2	8.0	8.4	8.2
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	616.3	625.8	607.8	620.8
Vitamin K (µg/d)	30[c]	35.2	36.6	33.3	36.6
Iron (mg/d)	3.0[d]	11.3	11.3	11.2	11.5
Zinc (mg/d)	2.5[d]	6.5	6.4	6.5	6.5
Sodium (mg/d)	1000[c]	1209	1245	1216	1180
Potassium (mg/d)	3000[c]	1657	1681	1640	1657
Unweighted n[a]		2,763	428	1,388	947
Weighted n		434,035	77,038	206,921	150,075
Month 24					
Antioxidants					
Vitamin C (mg/d)	13[d]	80.6	76.6	82.3	79.7
Vitamin E (mg/d)	5[d]	4.8	5.3	4.7	4.8

(Continued)

Table C4-1e: Median nutrient intake[b] : Micronutrients by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

			Participation in non-WIC Benefit Program(s)		
Micronutrient	AI/EAR	Median Intake	Does not Participate in Any Other Program	Participates in Other Program(s) and Is On SNAP	Participates in Other Program(s) and Is Not On SNAP
B vitamins					
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.2
Riboflavin (mg/d)	0.4[d]	1.8	1.9	1.8	1.8
Niacin (mg/d)	5[d]	15.2	15.2	15.2	15.2
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.4	1.5
Folate (µg/d)	120[d]	290.6	302.5	288.2	290.7
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.5	4.3	4.4
Bone-related nutrients					
Calcium (mg/d)	500[d]	944.3	984.1	937.4	941.7
Phosphorus (mg/d)	380[d]	1011	1031	1012	996.8
Magnesium (mg/d)	65[d]	185.8	189.1	184.1	188.1
Vitamin D (µg/d)	10[d]	8.1	8.1	8.0	8.2
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	591.1	614.8	584.2	586.6
Vitamin K (µg/d)	30[c]	37.2	39.0	36.5	37.3
Iron (mg/d)	3.0[d]	11.3	11.5	11.3	11.0
Zinc (mg/d)	2.5[d]	7.7	8.1	7.7	7.6
Sodium (mg/d)	1000[c]	1915	1945	1953	1861
Potassium (mg/d)	3000[c]	1950	1935	1950	1952
Unweighted n[a]		2,434	349	1,191	894
Weighted n		438,206	66,100	210,120	161,986

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.
[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1f: Median nutrient intake[b] : Micronutrients by parity (Months 7, 13 and 24)

			Parity		
Micronutrient	AI/EAR	Median Intake	First Born	Second Born	Third or Subsequent Born
Month 7					
Antioxidants					
Vitamin C (mg/d)	50[c]	82.9	81.8	80.4	85.5
Vitamin E (mg/d)	5[c]	7.2	7.0	7.1	7.7
B vitamins					
Thiamin (mg/d)	0.3[c]	0.7	0.7	0.7	0.7
Riboflavin (mg/d)	0.4[c]	1.0	0.9	1.0	1.1
Niacin (mg/d)	4[c]	8.7	8.5	8.6	9.0
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	101.6	102.2	105.7
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.4	1.4
Bone-related nutrients					
Calcium (mg/d)	260[c]	524.8	505.6	528.5	549.0
Phosphorus (mg/d)	275[c]	344.0	333.8	341.9	357.0
Magnesium (mg/d)	75[c]	80.6	79.3	80.8	81.7
Vitamin D (µg/d)	10[c]	7.8	7.5	7.9	8.0
Other Micronutrients					
Vitamin A (µg RAE/d)	500[c]	595.3	584.4	570.8	625.4
Vitamin K (µg/d)	2.5[c]	50.6	50.4	50.3	50.9
Iron (mg/d)	6.9[d]	12.9	12.3	13.1	13.3
Zinc (mg/d)	2.5[d]	5.2	5.0	5.3	5.3
Sodium (mg/d)	370[c]	226.1	221.4	225.0	236.4
Potassium (mg/d)	700[c]	877.2	871.2	874.8	898.4
Unweighted n[a]		3,081	1,296	837	948
Weighted n		435,294	183,971	116,252	135,070
Month 13					
Antioxidants					
Vitamin C (mg/d)	13[d]	78.7	79.0	78.4	78.6

(Continued)

Table C4-1f: Median nutrient intake[b] : Micronutrients by parity (Months 7, 13 and 24)

			Parity		
Micronutrient	AI/EAR	Median Intake	First Born	Second Born	Third or Subsequent Born
Vitamin E (mg/d)	5[d]	4.1	4.2	4.1	4.1
B vitamins					
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.8	1.7
Niacin (mg/d)	5[d]	12.4	12.5	12.6	12.2
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	192.1	189.5	191.6
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.4	3.5	3.6
Bone-related nutrients					
Calcium (mg/d)	500[d]	901.6	885.2	912.3	906.8
Phosphorus (mg/d)	380[d]	849.1	846.2	845.5	856.9
Magnesium (mg/d)	65[d]	154.2	154.4	152.1	154.4
Vitamin D (µg/d)	10[d]	8.2	8.0	8.3	8.4
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	616.3	601.9	618.5	629.3
Vitamin K (µg/d)	30[c]	35.2	35.5	34.7	35.3
Iron (mg/d)	3.0[d]	11.3	11.3	11.4	11.3
Zinc (mg/d)	2.5[d]	6.5	6.3	6.5	6.6
Sodium (mg/d)	1000[c]	1209	1223	1185	1205
Potassium (mg/d)	3000[c]	1657	1657	1639	1666
Unweighted n[a]		2,763	1,145	746	872
Weighted n		434,035	181,322	114,117	138,596
Month 24					
Antioxidants					
Vitamin C (mg/d)	13[d]	80.6	80.5	78.6	81.3
Vitamin E (mg/d)	5[d]	4.8	4.8	4.7	4.8
B vitamins					
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.2

(Continued)

Table C4-1f: Median nutrient intake[b] : Micronutrients by parity (Months 7, 13 and 24)

			Parity		
Micronutrient	AI/EAR	Median Intake	First Born	Second Born	Third or Subsequent Born
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	14.9	15.5	15.2
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.5	1.5
Folate (µg/d)	120[d]	290.6	292.7	288.4	289.2
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.3	4.4	4.5
Bone-related nutrients					
Calcium (mg/d)	500[d]	944.3	948.1	941.2	947.6
Phosphorus (mg/d)	380[d]	1011	1013	997.8	1012
Magnesium (mg/d)	65[d]	185.8	187.8	185.6	184.7
Vitamin D (µg/d)	10[d]	8.1	8.0	8.1	8.3
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	591.1	578.1	600.1	595.9
Vitamin K (µg/d)	30[c]	37.2	36.8	37.2	38.5
Iron (mg/d)	3.0[d]	11.3	11.2	11.3	11.4
Zinc (mg/d)	2.5[d]	7.7	7.7	7.7	7.8
Sodium (mg/d)	1000[c]	1915	1916	1930	1898
Potassium (mg/d)	3000[c]	1950	1963	1915	1958
Unweighted n[a]		2,434	1,000	671	763
Weighted n		438,206	186,633	119,165	132,409

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1g: Median nutrient intake[b] : Micronutrients by timing of WIC enrollment (Months 7, 13 and 24)

			Timing of WIC Enrollment			
Micronutrient	AI/EAR	Median Intake	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Month 7						
Antioxidants						
Vitamin C (mg/d)	50[c]	82.9	82.3	84.4	76.3	86.6
Vitamin E (mg/d)	5[c]	7.2	7.0	7.2	7.2	7.9
B vitamins						
Thiamin (mg/d)	0.3[c]	0.7	0.7	0.7	0.7	0.8
Riboflavin (mg/d)	0.4[c]	1.0	1.0	1.0	1.0	1.1
Niacin (mg/d)	4[c]	8.7	8.6	8.5	8.3	9.5
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	103.8	102.1	100.4	107.0
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.4	1.4	1.5
Bone-related nutrients						
Calcium (mg/d)	260[c]	524.8	512.5	524.2	515.7	583.2
Phosphorus (mg/d)	275[c]	344.0	345.0	339.0	336.7	365.8
Magnesium (mg/d)	75[c]	80.6	81.3	80.0	77.4	82.1
Vitamin D (µg/d)	10[c]	7.8	7.3	7.9	7.7	8.6
Other Micronutrients						
Vitamin A (µg RAE/d)	500[c]	595.3	588.2	592.1	587.3	614.7
Vitamin K (µg/d)	2.5[c]	50.6	50.9	50.6	48.1	52.4
Iron (mg/d)	6.9[d]	12.9	12.2	13.2	12.3	14.5
Zinc (mg/d)	2.5[d]	5.2	5.1	5.2	4.9	5.5
Sodium (mg/d)	370[c]	226.1	231.0	225.0	218.9	234.8
Potassium (mg/d)	700[c]	877.2	888.4	871.8	863.1	896.8
Unweighted n[a]		3,081	982	1,212	459	428
Weighted n		435,294	134,968	171,036	67,207	62,082
Month 13						
Antioxidants						
Vitamin C (mg/d)	13[d]	78.7	79.2	80.3	76.0	76.3

(Continued)

Table C4-1g: Median nutrient intake[b] : Micronutrients by timing of WIC enrollment (Months 7, 13 and 24)

			Timing of WIC Enrollment			
Micronutrient	AI/EAR	Median Intake	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Vitamin E (mg/d)	5[d]	4.1	4.1	4.2	3.8	4.1
B vitamins						
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.7	1.7	1.8
Niacin (mg/d)	5[d]	12.4	12.2	12.5	12.3	12.9
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	187.3	190.9	194.0	195.9
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.3	3.5	3.5	3.7
Bone-related nutrients						
Calcium (mg/d)	500[d]	901.6	884.7	900.7	921.3	932.8
Phosphorus (mg/d)	380[d]	849.1	835.2	848.2	857.6	885.4
Magnesium (mg/d)	65[d]	154.2	150.0	154.7	153.9	159.1
Vitamin D (µg/d)	10[d]	8.2	8.2	8.3	8.2	8.4
Other Micronutrients						
Vitamin A (µg RAE/d)	210[d]	616.3	608.6	618.0	630.5	618.1
Vitamin K (µg/d)	30[c]	35.2	35.3	35.2	33.6	37.0
Iron (mg/d)	3.0[d]	11.3	10.8	11.6	11.1	11.5
Zinc (mg/d)	2.5[d]	6.5	6.3	6.4	6.5	6.8
Sodium (mg/d)	1000[c]	1209	1180	1206	1239	1243
Potassium (mg/d)	3000[c]	1657	1644	1653	1649	1690
Unweighted n[a]		2,763	880	1,098	411	374
Weighted n		434,035	134,592	170,534	69,062	59,846
Month 24						
Antioxidants						
Vitamin C (mg/d)	13[d]	80.6	80.9	80.7	81.8	77.4
Vitamin E (mg/d)	5[d]	4.8	4.7	4.8	4.7	5.0
B vitamins						
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.2	1.2

(Continued)

Table C4-1g: Median nutrient intake[b] : Micronutrients by timing of WIC enrollment (Months 7, 13 and 24)

			Timing of WIC Enrollment			
Micronutrient	AI/EAR	Median Intake	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	14.3	15.4	15.7	15.4
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.5	1.4	1.4
Folate (µg/d)	120[d]	290.6	289.7	291.3	288.3	290.9
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.3	4.4	4.3	4.5
Bone-related nutrients						
Calcium (mg/d)	500[d]	944.3	940.3	938.3	963.1	970.9
Phosphorus (mg/d)	380[d]	1011	1007	1011	1011	1012
Magnesium (mg/d)	65[d]	185.8	184.9	184.6	188.2	188.2
Vitamin D (µg/d)	10[d]	8.1	8.0	8.2	7.9	8.2
Other Micronutrients						
Vitamin A (µg RAE/d)	210[d]	591.1	581.9	594.8	591.7	603.7
Vitamin K (µg/d)	30[c]	37.2	37.5	36.4	37.3	38.5
Iron (mg/d)	3.0[d]	11.3	10.9	11.4	11.5	11.4
Zinc (mg/d)	2.5[d]	7.7	7.7	7.6	7.6	7.8
Sodium (mg/d)	1000[c]	1915	1884	1913	1944	1989
Potassium (mg/d)	3000[c]	1950	1944	1955	1964	1928
Unweighted n[a]		2,434	786	960	364	324
Weighted n		438,206	137,851	177,239	64,416	58,700

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1h: Median nutrient intake[b] : Micronutrients by weight status of mother before pregnancy (Months 7, 13 and 24)

			Weight Status of Mother Before Pregnancy		
Micronutrient	AI/EAR	Median Intake	Normal or Underweight	Overweight	Obese
Month 7					
Antioxidants					
Vitamin C (mg/d)	50[c]	82.9	81.4	81.1	85.0
Vitamin E (mg/d)	5[c]	7.2	7.0	7.5	7.3
B vitamins					
Thiamin (mg/d)	0.3[c]	0.7	0.7	0.7	0.7
Riboflavin (mg/d)	0.4[c]	1.0	1.0	1.0	1.0
Niacin (mg/d)	4[c]	8.7	8.5	9.1	8.7
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	100.5	105.0	104.0
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.4	1.4
Bone-related nutrients					
Calcium (mg/d)	260[c]	524.8	521.2	539.8	519.0
Phosphorus (mg/d)	275[c]	344.0	333.4	356.2	347.0
Magnesium (mg/d)	75[c]	80.6	78.9	82.3	81.3
Vitamin D (µg/d)	10[c]	7.8	7.5	7.8	7.9
Other Micronutrients					
Vitamin A (µg RAE/d)	500[c]	595.3	591.8	592.6	597.5
Vitamin K (µg/d)	2.5[c]	50.6	48.4	51.2	52.1
Iron (mg/d)	6.9[d]	12.9	12.5	13.1	13.1
Zinc (mg/d)	2.5[d]	5.2	5.1	5.1	5.4
Sodium (mg/d)	370[c]	226.1	220.0	235.4	229.9
Potassium (mg/d)	700[c]	877.2	855.4	889.5	894.0
Unweighted n[a]		3,081	1,348	857	876
Weighted n		435,294	198,146	110,831	126,317
Month 13					
Antioxidants					
Vitamin C (mg/d)	13[d]	78.7	77.9	80.5	78.7

(Continued)

Table C4-1h: Median nutrient intake[b] : Micronutrients by weight status of mother before pregnancy (Months 7, 13 and 24)

			Weight Status of Mother Before Pregnancy		
Micronutrient	AI/EAR	Median Intake	Normal or Underweight	Overweight	Obese
Vitamin E (mg/d)	5[d]	4.1	4.1	4.1	4.2
B vitamins					
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.1	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.7	1.7
Niacin (mg/d)	5[d]	12.4	12.3	12.7	12.5
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	191.2	192.1	191.2
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.5	3.4	3.5
Bone-related nutrients					
Calcium (mg/d)	500[d]	901.6	903.5	904.4	897.0
Phosphorus (mg/d)	380[d]	849.1	846.2	854.9	853.0
Magnesium (mg/d)	65[d]	154.2	153.7	155.6	153.3
Vitamin D (µg/d)	10[d]	8.2	8.1	8.4	8.3
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	616.3	608.4	615.6	628.3
Vitamin K (µg/d)	30[c]	35.2	35.0	35.3	35.3
Iron (mg/d)	3.0[d]	11.3	11.2	11.5	11.3
Zinc (mg/d)	2.5[d]	6.5	6.3	6.5	6.5
Sodium (mg/d)	1000[c]	1209	1192	1219	1224
Potassium (mg/d)	3000[c]	1657	1638	1680	1658
Unweighted n[a]		2,763	1,201	760	802
Weighted n		434,035	199,610	107,677	126,748
Month 24					
Antioxidants					
Vitamin C (mg/d)	13[d]	80.6	81.1	78.4	80.9
Vitamin E (mg/d)	5[d]	4.8	4.8	4.8	4.8
B vitamins					
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.2

(Continued)

Table C4-1h: Median nutrient intake[b] : Micronutrients by weight status of mother before pregnancy (Months 7, 13 and 24)

			Weight Status of Mother Before Pregnancy		
Micronutrient	AI/EAR	Median Intake	Normal or Underweight	Overweight	Obese
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	15.0	15.4	15.0
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.5	1.4	1.4
Folate (µg/d)	120[d]	290.6	292.0	295.6	288.4
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.5	4.4	4.2
Bone-related nutrients					
Calcium (mg/d)	500[d]	944.3	966.9	941.8	920.9
Phosphorus (mg/d)	380[d]	1011	1021	1002	995.5
Magnesium (mg/d)	65[d]	185.8	188.5	187.1	182.8
Vitamin D (µg/d)	10[d]	8.1	8.3	8.2	7.9
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	591.1	587.9	595.7	593.1
Vitamin K (µg/d)	30[c]	37.2	36.3	37.8	38.3
Iron (mg/d)	3.0[d]	11.3	11.1	11.5	11.3
Zinc (mg/d)	2.5[d]	7.7	7.8	7.8	7.5
Sodium (mg/d)	1000[c]	1915	1904	1930	1922
Potassium (mg/d)	3000[c]	1950	1978	1956	1928
Unweighted n[a]		2,434	1,041	672	721
Weighted n		438,206	200,615	107,816	129,776

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1i: Median nutrient intake[b] : Micronutrients by income poverty (Months 7, 13 and 24)

			Income Poverty		
Micronutrient	AI/EAR	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7					
Antioxidants					
Vitamin C (mg/d)	50[c]	82.9	84.7	80.2	76.6
Vitamin E (mg/d)	5[c]	7.2	7.5	7.0	6.4
B vitamins					
Thiamin (mg/d)	0.3[c]	0.7	0.7	0.7	0.6
Riboflavin (mg/d)	0.4[c]	1.0	1.0	1.0	0.9
Niacin (mg/d)	4[c]	8.7	8.8	8.6	8.0
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	105.5	101.3	91.1
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.4	1.2
Bone-related nutrients					
Calcium (mg/d)	260[c]	524.8	531.5	524.9	474.9
Phosphorus (mg/d)	275[c]	344.0	349.6	342.1	308.7
Magnesium (mg/d)	75[c]	80.6	82.1	78.7	75.1
Vitamin D (µg/d)	10[c]	7.8	7.8	8.0	6.8
Other Micronutrients					
Vitamin A (µg RAE/d)	500[c]	595.3	606.5	580.0	583.8
Vitamin K (µg/d)	2.5[c]	50.6	51.3	50.7	44.8
Iron (mg/d)	6.9[d]	12.9	13.1	12.9	11.9
Zinc (mg/d)	2.5[d]	5.2	5.3	5.0	4.8
Sodium (mg/d)	370[c]	226.1	232.1	223.9	197.6
Potassium (mg/d)	700[c]	877.2	890.4	873.3	836.7
Unweighted n[a]		3,081	1,922	843	316
Weighted n		435,294	269,009	120,080	46,205
Month 13					
Antioxidants					

(Continued)

Table C4-1i: Median nutrient intake[b] : Micronutrients by income poverty (Months 7, 13 and 24)

			Income Poverty		
Micronutrient	AI/EAR	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Vitamin C (mg/d)	13[d]	78.7	81.4	76.0	72.8
Vitamin E (mg/d)	5[d]	4.1	4.1	4.1	4.1
B vitamins					
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.7	1.7
Niacin (mg/d)	5[d]	12.4	12.2	12.8	13.2
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	190.5	191.8	198.4
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.5	3.5	3.6
Bone-related nutrients					
Calcium (mg/d)	500[d]	901.6	899.5	896.1	924.0
Phosphorus (mg/d)	380[d]	849.1	847.4	845.8	876.8
Magnesium (mg/d)	65[d]	154.2	153.3	154.2	157.8
Vitamin D (µg/d)	10[d]	8.2	8.3	8.1	8.1
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	616.3	609.7	615.8	643.6
Vitamin K (µg/d)	30[c]	35.2	34.1	36.4	36.6
Iron (mg/d)	3.0[d]	11.3	11.3	11.5	10.9
Zinc (mg/d)	2.5[d]	6.5	6.4	6.4	6.6
Sodium (mg/d)	1000[c]	1209	1193	1217	1280
Potassium (mg/d)	3000[c]	1657	1650	1660	1673
Unweighted n[a]		2,763	1,753	733	277
Weighted n		434,035	268,996	117,577	47,462
Month 24					
Antioxidants					
Vitamin C (mg/d)	13[d]	80.6	80.0	81.2	79.2
Vitamin E (mg/d)	5[d]	4.8	4.6	4.9	5.2

(Continued)

Table C4-1i: Median nutrient intake[b] : Micronutrients by income poverty (Months 7, 13 and 24)

			Income Poverty		
Micronutrient	AI/EAR	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
B vitamins					
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.2
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.9	1.9
Niacin (mg/d)	5[d]	15.2	14.7	15.6	16.2
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.5	1.5
Folate (µg/d)	120[d]	290.6	283.8	296.8	301.3
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.2	4.6	4.6
Bone-related nutrients					
Calcium (mg/d)	500[d]	944.3	926.9	961.3	983.3
Phosphorus (mg/d)	380[d]	1011	989.5	1022	1043
Magnesium (mg/d)	65[d]	185.8	183.1	188.8	191.9
Vitamin D (µg/d)	10[d]	8.1	8.0	8.3	8.3
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	591.1	569.4	617.4	611.4
Vitamin K (µg/d)	30[c]	37.2	36.0	38.4	39.8
Iron (mg/d)	3.0[d]	11.3	11.1	11.4	11.5
Zinc (mg/d)	2.5[d]	7.7	7.4	7.9	8.2
Sodium (mg/d)	1000[c]	1915	1883	1945	1946
Potassium (mg/d)	3000[c]	1950	1944	1956	1968
Unweighted n[a]		2,434	1,312	722	400
Weighted n		438,206	237,013	132,121	69,073

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.
[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1k: Median nutrient intake[b] : Micronutrients by age of mother or caregiver at child's birth (Months 7, 13 and 24)

			Age of Mother or Caregiver at Child's Birth		
Micronutrient	AI/EAR	Median Intake	16-19 Years	20-25 Years	26 Years or Older
Month 7					
Antioxidants					
Vitamin C (mg/d)	50[c]	82.9	83.4	81.6	83.1
Vitamin E (mg/d)	5[c]	7.2	7.8	7.2	7.1
B vitamins					
Thiamin (mg/d)	0.3[c]	0.7	0.7	0.7	0.7
Riboflavin (mg/d)	0.4[c]	1.0	1.0	1.0	1.0
Niacin (mg/d)	4[c]	8.7	9.1	8.2	8.8
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	106.0	103.0	102.2
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.4	1.4
Bone-related nutrients					
Calcium (mg/d)	260[c]	524.8	516.4	519.3	531.6
Phosphorus (mg/d)	275[c]	344.0	347.3	339.7	345.2
Magnesium (mg/d)	75[c]	80.6	84.1	79.8	80.6
Vitamin D (µg/d)	10[c]	7.8	7.5	7.6	7.9
Other Micronutrients					
Vitamin A (µg RAE/d)	500[c]	595.3	576.6	589.5	609.2
Vitamin K (µg/d)	2.5[c]	50.6	51.6	51.6	50.3
Iron (mg/d)	6.9[d]	12.9	13.0	12.4	13.1
Zinc (mg/d)	2.5[d]	5.2	5.0	5.2	5.2
Sodium (mg/d)	370[c]	226.1	223.2	220.3	231.9
Potassium (mg/d)	700[c]	877.2	900.5	876.3	874.8
Unweighted n[a]		3,081	358	1,256	1,467
Weighted n		435,294	53,144	172,302	209,848
Month 13					
Antioxidants					
Vitamin C (mg/d)	13[d]	78.7	80.0	77.9	78.8

(Continued)

Table C4-1k: Median nutrient intake[b] : Micronutrients by age of mother or caregiver at child's birth (Months 7, 13 and 24)

			Age of Mother or Caregiver at Child's Birth		
Micronutrient	AI/EAR	Median Intake	16-19 Years	20-25 Years	26 Years or Older
Vitamin E (mg/d)	5[d]	4.1	4.0	4.0	4.2
B vitamins					
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.7	1.7
Niacin (mg/d)	5[d]	12.4	12.1	12.6	12.4
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	197.4	196.9	186.6
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.4	3.6	3.5
Bone-related nutrients					
Calcium (mg/d)	500[d]	901.6	892.1	900.6	905.8
Phosphorus (mg/d)	380[d]	849.1	863.4	848.3	845.7
Magnesium (mg/d)	65[d]	154.2	156.8	155.1	153.0
Vitamin D (µg/d)	10[d]	8.2	8.1	8.2	8.3
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	616.3	567.5	607.8	628.7
Vitamin K (µg/d)	30[c]	35.2	33.5	34.9	35.7
Iron (mg/d)	3.0[d]	11.3	10.9	11.3	11.4
Zinc (mg/d)	2.5[d]	6.5	6.3	6.5	6.5
Sodium (mg/d)	1000[c]	1209	1347	1245	1162
Potassium (mg/d)	3000[c]	1657	1684	1662	1640
Unweighted n[a]		2,763	295	1,139	1,329
Weighted n		434,035	49,972	175,390	208,673
Month 24					
Antioxidants					
Vitamin C (mg/d)	13[d]	80.6	84.0	79.7	80.5
Vitamin E (mg/d)	5[d]	4.8	4.7	4.8	4.8
B vitamins					
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.2

(Continued)

Table C4-1k: Median nutrient intake[b] : Micronutrients by age of mother or caregiver at child's birth (Months 7, 13 and 24)

			Age of Mother or Caregiver at Child's Birth		
Micronutrient	AI/EAR	Median Intake	16-19 Years	20-25 Years	26 Years or Older
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	14.6	15.7	14.8
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.5	1.4
Folate (µg/d)	120[d]	290.6	296.4	294.0	285.9
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.1	4.3	4.5
Bone-related nutrients					
Calcium (mg/d)	500[d]	944.3	973.7	919.7	951.7
Phosphorus (mg/d)	380[d]	1011	1048	1004	1003
Magnesium (mg/d)	65[d]	185.8	196.5	187.8	183.0
Vitamin D (µg/d)	10[d]	8.1	7.6	7.8	8.5
Other Micronutrients					
Vitamin A (µg RAE/d)	210[d]	591.1	543.9	577.4	610.4
Vitamin K (µg/d)	30[c]	37.2	35.8	36.5	38.6
Iron (mg/d)	3.0[d]	11.3	11.1	11.5	11.1
Zinc (mg/d)	2.5[d]	7.7	7.8	7.8	7.5
Sodium (mg/d)	1000[c]	1915	2089	1959	1818
Potassium (mg/d)	3000[c]	1950	2073	1950	1926
Unweighted n[a]		2,434	253	967	1,214
Weighted n		438,206	49,616	176,592	211,998

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements.
[c] Adequate intake (AI).
[d] Estimated Average Requirement (EAR).
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1r: Median nutrient intake[b] : Micronutrients by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

			Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Micronutrient	AI/EAR	Median Intake	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7						
Antioxidants						
Vitamin C (mg/d)	50[c]	82.9	71.1	88.0	66.1	85.1
Vitamin E (mg/d)	5[c]	7.2	4.9	7.6	5.2	7.7
B vitamins						
Thiamin (mg/d)	0.3[c]	0.7	0.5	0.7	0.6	0.7
Riboflavin (mg/d)	0.4[c]	1.0	0.8	1.0	0.9	1.1
Niacin (mg/d)	4[c]	8.7	5.9	8.9	7.7	9.2
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.4	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	78.7	105.2	80.9	106.4
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.1	1.5	1.0	1.5
Bone-related nutrients						
Calcium (mg/d)	260[c]	524.8	380.2	547.7	462.1	552.4
Phosphorus (mg/d)	275[c]	344.0	241.8	360.0	300.5	358.3
Magnesium (mg/d)	75[c]	80.6	56.1	82.4	73.0	83.7
Vitamin D (µg/d)	10[c]	7.8	6.9	8.0	6.5	8.0
Other Micronutrients						
Vitamin A (µg RAE/d)	500[c]	595.3	464.9	609.8	612.1	600.8
Vitamin K (µg/d)	2.5[c]	50.6	36.7	51.8	38.6	52.2
Iron (mg/d)	6.9[d]	12.9	9.2	13.5	11.2	13.6
Zinc (mg/d)	2.5[d]	5.2	3.6	5.5	3.9	5.4
Sodium (mg/d)	370[c]	226.1	183.2	232.3	194.9	230.7
Potassium (mg/d)	700[c]	877.2	667.4	895.1	818.0	904.7
Unweighted n[a]		3,081	551	290	1,609	561
Weighted n		435,294	83,612	40,333	216,665	83,426
Month 13						
Antioxidants						

(Continued)

Table C4-1r: Median nutrient intake[b] : Micronutrients by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

			Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Micronutrient	AI/EAR	Median Intake	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Vitamin C (mg/d)	13[d]	78.7	70.0	81.1	74.3	79.4
Vitamin E (mg/d)	5[d]	4.1	3.7	4.1	4.4	4.1
B vitamins						
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.0	1.0	1.0
Riboflavin (mg/d)	0.4[d]	1.7	1.5	1.7	1.6	1.8
Niacin (mg/d)	5[d]	12.4	13.1	11.9	13.2	12.2
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.1	1.1	1.1
Folate (µg/d)	120[d]	191.5	185.1	187.6	206.6	190.8
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.1	3.5	3.3	3.6
Bone-related nutrients						
Calcium (mg/d)	500[d]	901.6	831.0	884.9	842.8	924.8
Phosphorus (mg/d)	380[d]	849.1	745.1	837.7	842.5	864.5
Magnesium (mg/d)	65[d]	154.2	146.7	152.0	154.6	155.6
Vitamin D (µg/d)	10[d]	8.2	7.1	8.3	7.7	8.4
Other Micronutrients						
Vitamin A (µg RAE/d)	210[d]	616.3	622.8	604.9	623.9	611.8
Vitamin K (µg/d)	30[c]	35.2	35.2	34.3	36.9	34.6
Iron (mg/d)	3.0[d]	11.3	10.3	11.4	11.5	11.3
Zinc (mg/d)	2.5[d]	6.5	6.1	6.3	6.7	6.5
Sodium (mg/d)	1000[c]	1209	1226	1176	1302	1196
Potassium (mg/d)	3000[c]	1657	1675	1658	1634	1677
Unweighted n[a]		2,763	508	258	1,423	515
Weighted n		434,035	83,687	40,273	213,645	84,454
Month 24						
Antioxidants						
Vitamin C (mg/d)	13[d]	80.6	85.2	77.3	79.4	81.3
Vitamin E (mg/d)	5[d]	4.8	4.5	4.7	4.9	4.8

(Continued)

Table C4-1r: Median nutrient intake[b] : Micronutrients by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

			Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Micronutrient	AI/EAR	Median Intake	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
B vitamins						
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2	1.2	1.2
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	15.9	14.3	14.7	15.3
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.4	1.4	1.4
Folate (µg/d)	120[d]	290.6	291.4	281.1	292.9	290.8
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.3	4.3	4.3	4.4
Bone-related nutrients						
Calcium (mg/d)	500[d]	944.3	940.8	933.0	940.5	943.7
Phosphorus (mg/d)	380[d]	1011	987.8	1002	995.7	1012
Magnesium (mg/d)	65[d]	185.8	180.8	185.0	182.2	186.7
Vitamin D (µg/d)	10[d]	8.1	8.0	8.2	7.9	8.0
Other Micronutrients						
Vitamin A (µg RAE/d)	210[d]	591.1	576.5	586.7	602.2	589.0
Vitamin K (µg/d)	30[c]	37.2	36.2	35.8	38.3	37.2
Iron (mg/d)	3.0[d]	11.3	10.5	10.7	11.2	11.4
Zinc (mg/d)	2.5[d]	7.7	7.7	7.5	7.9	7.7
Sodium (mg/d)	1000[c]	1915	1925	1874	1922	1930
Potassium (mg/d)	3000[c]	1950	1930	1943	1857	1967
Unweighted n[a]		2,434	440	241	1,247	449
Weighted n		438,206	86,487	40,691	215,011	84,798

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

[c] Adequate intake (AI).

[d] Estimated Average Requirement (EAR).

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

(Continued)

Table C4-1r: Median nutrient intake[b] : Micronutrients by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-1w: Median nutrient intake[b] : Micronutrients by child WIC participation status (Months 7, 13 and 24)

			Child WIC Participation Status	
Micronutrient	AI/EAR	Median Intake	Receiving WIC	Not Receiving WIC
Month 7				
Antioxidants				
Vitamin C (mg/d)	50[c]	82.9	83.4	72.0
Vitamin E (mg/d)	5[c]	7.2	7.2	6.3
B vitamins				
Thiamin (mg/d)	0.3[c]	0.7	0.7	0.6
Riboflavin (mg/d)	0.4[c]	1.0	1.0	0.9
Niacin (mg/d)	4[c]	8.7	8.7	7.1
Vitamin B-6 (mg/d)	0.3[c]	0.5	0.5	0.5
Folate (µg/d)	80[c]	102.9	103.3	94.0
Vitamin B-12 (µg/d)	0.5[c]	1.4	1.4	1.2
Bone-related nutrients				
Calcium (mg/d)	260[c]	524.8	527.2	478.8
Phosphorus (mg/d)	275[c]	344.0	345.1	305.4
Magnesium (mg/d)	75[c]	80.6	81.0	71.6
Vitamin D (µg/d)	10[c]	7.8	7.8	7.1
Other Micronutrients				
Vitamin A (µg RAE/d)	500[c]	595.3	592.4	614.8
Vitamin K (µg/d)	2.5[c]	50.6	50.6	48.2
Iron (mg/d)	6.9[d]	12.9	12.9	11.7
Zinc (mg/d)	2.5[d]	5.2	5.2	4.8
Sodium (mg/d)	370[c]	226.1	226.6	213.4
Potassium (mg/d)	700[c]	877.2	879.0	830.2
Unweighted n[a]		3,081	2,966	115
Weighted n		435,294	420,145	15,149
Month 13				
Antioxidants				
Vitamin C (mg/d)	13[d]	78.7	78.6	79.0

(Continued)

Table C4-1w: Median nutrient intake[b] : Micronutrients by child WIC participation status (Months 7, 13 and 24)

			Child WIC Participation Status	
Micronutrient	AI/EAR	Median Intake	Receiving WIC	Not Receiving WIC
Vitamin E (mg/d)	5[d]	4.1	4.1	4.6
B vitamins				
Thiamin (mg/d)	0.4[d]	1.0	1.0	1.1
Riboflavin (mg/d)	0.4[d]	1.7	1.7	1.8
Niacin (mg/d)	5[d]	12.4	12.4	13.0
Vitamin B-6 (mg/d)	0.4[d]	1.1	1.1	1.2
Folate (µg/d)	120[d]	191.5	191.3	196.7
Vitamin B-12 (µg/d)	0.7[d]	3.5	3.5	3.6
Bone-related nutrients				
Calcium (mg/d)	500[d]	901.6	901.6	903.5
Phosphorus (mg/d)	380[d]	849.1	848.9	856.4
Magnesium (mg/d)	65[d]	154.2	153.7	160.4
Vitamin D (µg/d)	10[d]	8.2	8.2	7.9
Other Micronutrients				
Vitamin A (µg RAE/d)	210[d]	616.3	617.8	590.5
Vitamin K (µg/d)	30[c]	35.2	35.2	36.1
Iron (mg/d)	3.0[d]	11.3	11.3	11.2
Zinc (mg/d)	2.5[d]	6.5	6.5	6.3
Sodium (mg/d)	1000[c]	1209	1202	1302
Potassium (mg/d)	3000[c]	1657	1653	1736
Unweighted n[a]		2,763	2,662	101
Weighted n		434,035	418,611	15,424
Month 24				
Antioxidants				
Vitamin C (mg/d)	13[d]	80.6	80.6	80.4
Vitamin E (mg/d)	5[d]	4.8	4.8	4.9
B vitamins				
Thiamin (mg/d)	0.4[d]	1.2	1.2	1.2

(Continued)

Table C4-1w: Median nutrient intake[b] : Micronutrients by child WIC participation status (Months 7, 13 and 24)

			Child WIC Participation Status	
Micronutrient	AI/EAR	Median Intake	Receiving WIC	Not Receiving WIC
Riboflavin (mg/d)	0.4[d]	1.8	1.8	1.8
Niacin (mg/d)	5[d]	15.2	15.0	15.8
Vitamin B-6 (mg/d)	0.4[d]	1.4	1.4	1.4
Folate (µg/d)	120[d]	290.6	289.6	296.9
Vitamin B-12 (µg/d)	0.7[d]	4.4	4.3	4.5
Bone-related nutrients				
Calcium (mg/d)	500[d]	944.3	942.5	948.8
Phosphorus (mg/d)	380[d]	1011	1006	1036
Magnesium (mg/d)	65[d]	185.8	185.8	187.6
Vitamin D (µg/d)	10[d]	8.1	8.1	8.1
Other Micronutrients				
Vitamin A (µg RAE/d)	210[d]	591.1	589.3	606.2
Vitamin K (µg/d)	30[c]	37.2	37.1	38.5
Iron (mg/d)	3.0[d]	11.3	11.3	11.4
Zinc (mg/d)	2.5[d]	7.7	7.7	8.0
Sodium (mg/d)	1000[c]	1915	1905	1988
Potassium (mg/d)	3000[c]	1950	1951	1947
Unweighted n[a]		2,434	2,132	302
Weighted n		438,206	389,210	48,997

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

[c] Adequate intake (AI).

[d] Estimated Average Requirement (EAR).

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2: Nutrient intake[b] by percentiles: Macronutrients (Months 5-24)

		5 Month Interview[a]: Intake Percentiles				
Macronutrient	**AI**	**10th**	**25th**	**50th**	**75th**	**90th**
Intake						
Fat (g/d)	31[c]	25.3	29.6	35.2	38.2	46.4
Carbohydrate (g/d)	60[c]	55.5	55.9	67.5	84.8	105.9
Protein (g/d)	9.1[c]	8.3	9.8	13.0	16.5	20.4
Intake as a percentage of energy intake						
Fat	ND	40.9	45.2	47.3	49.8	56.3
Carbohydrate	ND	39.4	41.6	43.6	45.8	50.3
Protein	ND	5.9	7.3	8.3	9.0	9.9

[a] Number of respondents who completed the recall (Unweighted/Weighted): 2,596/438,284 (5 Month).
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[c] Adequate intake. If ND, then AI is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 5-24. Cross-sectional weights for 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-2: Nutrient intake[b] by percentiles: Macronutrients (Months 5-24)

		7 Month Interview[a]: Intake Percentiles					9 Month Interview[a]: Intake Percentiles					11 Month Interview[a]: Intake Percentiles				
Macro-nutrient	**AI/RDA**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Intake																
Fat (g/d)	30[c]	21.6	26.5	30.0	36.9	45.4	21.1	26.7	31.6	38.9	48.6	22.4	28.1	34.1	42.9	53.9
Carbohydrate (g/d)	95[c]	50.7	66.3	85.5	107.2	133.8	63.4	80.8	99.9	127.1	161.5	72.9	90.5	114.5	144.6	180.2
Protein (g/d)	11[d]	7.8	10.8	14.6	18.8	23.6	9.5	12.8	17.0	22.6	30.2	12.1	15.8	21.0	29.5	41.0
Intake as a percentage of energy intake																
Fat	ND	33.0	37.3	41.8	45.8	49.8	29.9	34.0	38.3	42.5	46.5	28.2	32.0	36.8	40.9	45.3
Carbohydrate	ND	42.6	45.8	49.9	54.3	59.3	44.6	48.7	53.3	57.8	62.5	44.0	48.8	53.7	58.9	63.7
Protein	ND	6.2	7.7	8.5	9.3	10.4	6.9	7.9	8.8	9.9	11.7	7.4	8.4	9.7	11.6	14.8

[a] Number of respondents who completed the recall (Unweighted/Weighted): 3,081/435,294 (7 Month); 2,412/435,705 (9 Month); 2,285/435,281 (11 Month).

[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.

[c] Adequate intake. If ND, then AI is not determined.

[d] Recommended dietary allowance.

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 5-24. Cross-sectional weights for 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-2: Nutrient intake[b] by percentiles: Macronutrients (Months 5-24)

		13 Month Interview[a]: Intake Percentiles					15 Month Interview[a]: Intake Percentiles				
Macronutr-ient	**EAR/RDA/ AMDR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Intake											
Fat (g/d)	ND	26.3	31.4	37.5	44.6	53.0	27.5	33.3	39.6	47.4	57.0
Carbohydrate (g/d)	100[e]	93.4	109.8	128.1	152.0	183.5	101.7	118.6	137.6	161.3	186.6
Protein (g/ d)	13[d]	26.0	32.1	39.0	47.4	56.2	30.6	36.8	43.9	52.8	61.5
Intake as a percentage of energy intake											
Fat	30-40[f]	27.4	30.8	34.1	37.0	39.7	27.3	30.4	33.5	36.5	39.3
Carbohydrate	45-65[f]	44.1	47.8	51.9	55.8	59.8	44.4	47.7	51.5	55.0	58.3
Protein	5-20[f]	12.0	13.7	15.6	17.3	19.1	13.3	14.6	16.3	18.0	19.5

[a] Number of respondents who completed the recall (Unweighted/Weighted): 2,763/434,035 (13 Month); 2,048/437,375 (15 Month).
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[d] Recommended dietary allowance.
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges; Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 5-24. Cross-sectional weights for 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-2: Nutrient intake[b] by percentiles: Macronutrients (Months 5-24)

		18 Month Interview[a]: Intake Percentiles					24 Month Interview[a]: Intake Percentiles				
Macronutr-ient	**EAR/RDA/ AMDR**	**10th**	**25th**	**50th**	**75th**	**90th**	**10th**	**25th**	**50th**	**75th**	**90th**
Intake											
Fat (g/d)	ND	30.3	35.9	43.2	51.1	60.3	30.8	37.0	45.0	54.9	65.1
Carbohydrate (g/d)	100[e]	110.1	129.4	150.8	175.2	203.0	125.8	143.5	169.8	199.4	229.7
Protein (g/ d)	13[d]	35.6	40.9	47.7	54.7	63.4	36.5	43.1	50.9	59.9	69.1
Intake as a percentage of energy intake											
Fat	30-40[f]	27.3	30.2	33.7	36.7	39.3	26.0	28.9	32.1	35.1	38.0
Carbohydrate	45-65[f]	44.3	48.1	52.0	55.7	59.2	46.4	49.7	53.4	57.1	60.7
Protein	5-20[f]	13.4	14.8	16.3	17.9	19.6	13.1	14.3	15.8	17.6	19.3

[a] Number of respondents who completed the recall (Unweighted/Weighted): 1,973/437,505 (18 Month); 2,434/438,206 (24 Month).
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[d] Recommended dietary allowance.
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges; Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 5-24. Cross-sectional weights for 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-2a: Median nutrient intake[b] : Macronutrients by race (Months 7, 13 and 24)

			Race		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Black or African American	White	Other
Month 7					
Intake					
Fat (g/d)	30[c]	30.0	32.0	29.8	29.1
Carbohydrate (g/d)	95[c]	85.5	93.8	82.5	82.8
Protein (g/d)	11[d]	14.6	16.0	14.4	13.8
Intake as a percentage of energy intake					
Fat	ND	41.8	40.9	42.0	42.4
Carbohydrate	ND	49.9	51.0	49.8	49.5
Protein	ND	8.5	8.5	8.5	8.3
Unweighted n[a]		3,081	798	1,820	463
Weighted n		435,294	92,243	258,292	84,759
Month 13					
Intake					
Fat (g/d)	ND	37.5	37.5	37.8	36.8
Carbohydrate (g/d)	100[e]	128.1	135.3	127.3	125.5
Protein (g/d)	13[d]	39.0	38.1	39.4	38.6
Intake as a percentage of energy intake					
Fat	30-40[f]	34.1	33.3	34.2	34.6
Carbohydrate	45-65[f]	51.9	53.1	51.4	52.0
Protein	5-20[f]	15.6	14.9	15.7	15.8
Unweighted n[a]		2,763	755	1,598	410
Weighted n		434,035	92,455	258,964	82,616
Month 24					
Intake					
Fat (g/d)	ND	45.0	46.9	44.8	44.0
Carbohydrate (g/d)	100[e]	169.8	181.8	166.8	164.4
Protein (g/d)	13[d]	50.9	50.6	51.0	51.1
Intake as a percentage of energy intake					

(Continued)

Table C4-2a: Median nutrient intake[b] : Macronutrients by race (Months 7, 13 and 24)

			Race		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Black or African American	White	Other
Fat	30-40[f]	32.1	31.5	32.2	32.4
Carbohydrate	45-65[f]	53.4	55.0	53.1	52.4
Protein	5-20[f]	15.8	15.1	16.0	16.2
Unweighted n[a]		2,434	698	1,380	356
Weighted n		438,206	94,965	258,020	85,221

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[c] Adequate intake (AI). If ND, then AI is not determined.
[d] Recommended dietary allowance (RDA).
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2b: Median nutrient intake[b] : Macronutrients by ethnicity (Months 7, 13 and 24)

			Ethnicity	
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Hispanic	Non-Hispanic
Month 7				
Intake				
Fat (g/d)	30[c]	30.0	29.0	31.3
Carbohydrate (g/d)	95[c]	85.5	81.0	88.5
Protein (g/d)	11[d]	14.6	14.0	15.2
Intake as a percentage of energy intake				
Fat	ND	41.8	42.0	41.4
Carbohydrate	ND	49.9	49.5	50.2
Protein	ND	8.5	8.4	8.5
Unweighted n[a]		3,081	1,186	1,895
Weighted n		435,294	202,597	232,697
Month 13				
Intake				
Fat (g/d)	ND	37.5	35.8	39.2
Carbohydrate (g/d)	100[e]	128.1	122.2	133.8
Protein (g/d)	13[d]	39.0	37.7	40.0
Intake as a percentage of energy intake				
Fat	30-40[f]	34.1	34.1	34.1
Carbohydrate	45-65[f]	51.9	52.0	51.6
Protein	5-20[f]	15.6	15.8	15.4
Unweighted n[a]		2,763	1,030	1,733
Weighted n		434,035	199,216	234,819
Month 24				
Intake				
Fat (g/d)	ND	45.0	41.0	48.9
Carbohydrate (g/d)	100[e]	169.8	160.1	180.3
Protein (g/d)	13[d]	50.9	49.6	52.1
Intake as a percentage of energy intake				

(Continued)

Table C4-2b: Median nutrient intake[b] : Macronutrients by ethnicity (Months 7, 13 and 24)

			Ethnicity	
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Hispanic	Non-Hispanic
Fat	30-40[f]	32.1	31.3	32.7
Carbohydrate	45-65[f]	53.4	53.2	53.6
Protein	5-20[f]	15.8	16.5	15.3
Unweighted n[a]		2,434	905	1,529
Weighted n		438,206	204,037	234,169

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[c] Adequate intake (AI). If ND, then AI is not determined.
[d] Recommended dietary allowance (RDA).
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2c: Median nutrient intake[b] : Macronutrients by marital status of mother (Months 7, 13 and 24)

			Marital Status of Mother	
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Married	Not Married (includes divorced and widowed)
Month 7				
Intake				
Fat (g/d)	30[c]	30.0	29.3	30.5
Carbohydrate (g/d)	95[c]	85.5	79.6	87.9
Protein (g/d)	11[d]	14.6	13.6	15.0
Intake as a percentage of energy intake				
Fat	ND	41.8	43.0	41.2
Carbohydrate	ND	49.9	49.1	50.4
Protein	ND	8.5	8.3	8.6
Unweighted n[a]		3,081	966	2,115
Weighted n		435,294	144,683	290,610
Month 13				
Intake				
Fat (g/d)	ND	37.5	37.8	37.3
Carbohydrate (g/d)	100[e]	128.1	122.9	131.6
Protein (g/d)	13[d]	39.0	38.4	39.2
Intake as a percentage of energy intake				
Fat	30-40[f]	34.1	35.2	33.6
Carbohydrate	45-65[f]	51.9	50.8	52.5
Protein	5-20[f]	15.6	15.7	15.6
Unweighted n[a]		2,763	855	1,908
Weighted n		434,035	144,287	289,748
Month 24				
Intake				
Fat (g/d)	ND	45.0	44.4	45.2
Carbohydrate (g/d)	100[e]	169.8	161.2	175.3
Protein (g/d)	13[d]	50.9	50.2	51.5
Intake as a percentage of energy intake				

(Continued)

Table C4-2c: Median nutrient intake[b] : Macronutrients by marital status of mother (Months 7, 13 and 24)

			Marital Status of Mother	
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Married	Not Married (includes divorced and widowed)
Fat	30-40[f]	32.1	32.6	31.7
Carbohydrate	45-65[f]	53.4	52.7	53.8
Protein	5-20[f]	15.8	16.1	15.7
Unweighted n[a]		2,434	858	1,576
Weighted n		438,206	160,076	278,130

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.

[c] Adequate intake (AI). If ND, then AI is not determined.

[d] Recommended dietary allowance (RDA).

[e] Estimated Average Requirement (EAR).

[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2d: Median nutrient intake[b] : Macronutrients by household food security (Months 7, 13 and 24)

			Household Food Security (measured using 6-item module)		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7					
Intake					
Fat (g/d)	30[c]	30.0	29.7	30.6	30.8
Carbohydrate (g/d)	95[c]	85.5	82.9	88.2	87.5
Protein (g/d)	11[d]	14.6	14.2	15.1	15.4
Intake as a percentage of energy intake					
Fat	ND	41.8	42.0	41.3	41.9
Carbohydrate	ND	49.9	49.9	49.9	49.9
Protein	ND	8.5	8.4	8.5	8.5
Unweighted n[a]		3,081	1,602	939	540
Weighted n		435,294	229,923	134,770	70,600
Month 13					
Intake					
Fat (g/d)	ND	37.5	36.8	37.7	39.1
Carbohydrate (g/d)	100[e]	128.1	126.9	129.4	133.2
Protein (g/d)	13[d]	39.0	38.3	39.3	40.8
Intake as a percentage of energy intake					
Fat	30-40[f]	34.1	34.0	34.3	34.1
Carbohydrate	45-65[f]	51.9	51.8	52.1	51.5
Protein	5-20[f]	15.6	15.6	15.6	15.6
Unweighted n[a]		2,763	1,421	862	480
Weighted n		434,035	227,361	135,305	71,369
Month 24					
Intake					
Fat (g/d)	ND	45.0	44.4	45.5	48.5
Carbohydrate (g/d)	100[e]	169.8	167.7	172.3	178.1
Protein (g/d)	13[d]	50.9	50.2	51.8	52.9
Intake as a percentage of energy intake					

(Continued)

Table C4-2d: Median nutrient intake[b] : Macronutrients by household food security (Months 7, 13 and 24)

			Household Food Security (measured using 6-item module)		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Fat	30-40[f]	32.1	32.2	31.7	32.1
Carbohydrate	45-65[f]	53.4	53.5	53.3	53.2
Protein	5-20[f]	15.8	15.8	16.0	15.6
Unweighted n[a]		2,434	1,596	533	305
Weighted n		438,206	286,223	99,469	52,515

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.

[c] Adequate intake (AI). If ND, then AI is not determined.

[d] Recommended dietary allowance (RDA).

[e] Estimated Average Requirement (EAR).

[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2e: Median nutrient intake[b] : Macronutrients by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

			Participation in non-WIC Benefit Program(s)		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Does not Participate in Any Other Program	Participates in Other Program(s) and Is On SNAP	Participates in Other Program(s) and Is Not On SNAP
Month 7					
Intake					
Fat (g/d)	30[c]	30.0	29.1	31.3	29.3
Carbohydrate (g/d)	95[c]	85.5	80.5	90.0	81.4
Protein (g/d)	11[d]	14.6	13.2	15.4	14.2
Intake as a percentage of energy intake					
Fat	ND	41.8	42.5	41.2	42.0
Carbohydrate	ND	49.9	49.1	50.2	49.8
Protein	ND	8.5	8.3	8.5	8.5
Unweighted n[a]		3,081	490	1,504	1,087
Weighted n		435,294	77,301	203,743	154,250
Month 13					
Intake					
Fat (g/d)	ND	37.5	37.1	37.4	37.6
Carbohydrate (g/d)	100[e]	128.1	127.6	130.5	126.6
Protein (g/d)	13[d]	39.0	39.9	38.8	38.4
Intake as a percentage of energy intake					
Fat	30-40[f]	34.1	34.0	34.1	34.1
Carbohydrate	45-65[f]	51.9	51.8	51.9	51.8
Protein	5-20[f]	15.6	15.7	15.6	15.6
Unweighted n[a]		2,763	428	1,388	947
Weighted n		434,035	77,038	206,921	150,075
Month 24					
Intake					
Fat (g/d)	ND	45.0	45.9	45.4	43.9
Carbohydrate (g/d)	100[e]	169.8	171.4	170.0	169.2
Protein (g/d)	13[d]	50.9	52.4	50.9	50.5

(Continued)

Table C4-2e: Median nutrient intake[b] : Macronutrients by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

			Participation in non-WIC Benefit Program(s)		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Does not Participate in Any Other Program	Participates in Other Program(s) and Is On SNAP	Participates in Other Program(s) and Is Not On SNAP
Intake as a percentage of energy intake					
Fat	30-40[f]	32.1	32.2	32.3	31.7
Carbohydrate	45-65[f]	53.4	52.4	53.4	53.7
Protein	5-20[f]	15.8	16.2	15.6	16.0
Unweighted n[a]		2,434	349	1,191	894
Weighted n		438,206	66,100	210,120	161,986

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.

[c] Adequate intake (AI). If ND, then AI is not determined.

[d] Recommended dietary allowance (RDA).

[e] Estimated Average Requirement (EAR).

[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2f: Median nutrient intake[b] : Macronutrients by parity (Months 7, 13 and 24)

			Parity		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	First Born	Second Born	Third or Subsequent Born
Month 7					
Intake					
Fat (g/d)	30[c]	30.0	29.6	29.7	31.2
Carbohydrate (g/d)	95[c]	85.5	82.8	85.2	88.7
Protein (g/d)	11[d]	14.6	14.2	14.6	15.0
Intake as a percentage of energy intake					
Fat	ND	41.8	41.3	42.1	41.9
Carbohydrate	ND	49.9	50.4	49.4	49.7
Protein	ND	8.5	8.5	8.5	8.5
Unweighted n[a]		3,081	1,296	837	948
Weighted n		435,294	183,971	116,252	135,070
Month 13					
Intake					
Fat (g/d)	ND	37.5	36.8	37.5	38.3
Carbohydrate (g/d)	100[e]	128.1	130.1	127.8	126.1
Protein (g/d)	13[d]	39.0	38.4	39.3	39.4
Intake as a percentage of energy intake					
Fat	30-40[f]	34.1	33.6	34.2	34.7
Carbohydrate	45-65[f]	51.9	52.4	51.5	51.3
Protein	5-20[f]	15.6	15.5	15.6	15.7
Unweighted n[a]		2,763	1,145	746	872
Weighted n		434,035	181,322	114,117	138,596
Month 24					
Intake					
Fat (g/d)	ND	45.0	45.1	44.9	44.5
Carbohydrate (g/d)	100[e]	169.8	172.5	167.6	168.0
Protein (g/d)	13[d]	50.9	51.1	50.7	51.0
Intake as a percentage of energy intake					

(Continued)

Table C4-2f: Median nutrient intake[b] : Macronutrients by parity (Months 7, 13 and 24)

			Parity		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	First Born	Second Born	Third or Subsequent Born
Fat	30-40[f]	32.1	31.8	32.0	32.6
Carbohydrate	45-65[f]	53.4	53.7	53.8	52.9
Protein	5-20[f]	15.8	15.8	15.9	15.9
Unweighted n[a]		2,434	1,000	671	763
Weighted n		438,206	186,633	119,165	132,409

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[c] Adequate intake (AI). If ND, then AI is not determined.
[d] Recommended dietary allowance (RDA).
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2g: Median nutrient intake[b] : Macronutrients by timing of WIC enrollment (Months 7, 13 and 24)

			Timing of WIC Enrollment			
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Month 7						
Intake						
Fat (g/d)	30[c]	30.0	29.7	29.5	30.7	31.9
Carbohydrate (g/d)	95[c]	85.5	85.0	84.3	84.4	88.6
Protein (g/d)	11[d]	14.6	14.6	14.5	14.3	15.5
Intake as a percentage of energy intake						
Fat	ND	41.8	41.7	41.7	42.0	41.7
Carbohydrate	ND	49.9	49.9	50.0	49.2	50.3
Protein	ND	8.5	8.5	8.5	8.4	8.5
Unweighted n[a]		3,081	982	1,212	459	428
Weighted n		435,294	134,968	171,036	67,207	62,082
Month 13						
Intake						
Fat (g/d)	ND	37.5	37.1	37.3	38.4	37.9
Carbohydrate (g/d)	100[e]	128.1	125.4	130.2	128.1	130.6
Protein (g/d)	13[d]	39.0	39.3	38.4	38.8	39.9
Intake as a percentage of energy intake						
Fat	30-40[f]	34.1	34.3	34.0	34.0	34.1
Carbohydrate	45-65[f]	51.9	51.6	52.1	51.8	51.8
Protein	5-20[f]	15.6	15.6	15.5	15.7	15.9
Unweighted n[a]		2,763	880	1,098	411	374
Weighted n		434,035	134,592	170,534	69,062	59,846
Month 24						
Intake						
Fat (g/d)	ND	45.0	44.1	45.1	45.5	47.2
Carbohydrate (g/d)	100[e]	169.8	165.6	170.7	176.7	173.5
Protein (g/d)	13[d]	50.9	50.3	51.0	51.8	51.5
Intake as a percentage of energy intake						

(Continued)

Table C4-2g: Median nutrient intake[b] : Macronutrients by timing of WIC enrollment (Months 7, 13 and 24)

			Timing of WIC Enrollment			
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Fat	30-40[f]	32.1	32.1	31.9	31.8	32.9
Carbohydrate	45-65[f]	53.4	53.1	53.7	53.9	52.6
Protein	5-20[f]	15.8	15.9	15.8	15.7	16.1
Unweighted n[a]		2,434	786	960	364	324
Weighted n		438,206	137,851	177,239	64,416	58,700

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[c] Adequate intake (AI). If ND, then AI is not determined.
[d] Recommended dietary allowance (RDA).
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2h: Median nutrient intake[b] : Macronutrients by weight status of mother before pregnancy (Months 7, 13 and 24)

			Weight Status of Mother Before Pregnancy		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Normal or Underweight	Overweight	Obese
Month 7					
Intake					
Fat (g/d)	30[c]	30.0	29.6	30.8	29.9
Carbohydrate (g/d)	95[c]	85.5	84.3	85.7	86.6
Protein (g/d)	11[d]	14.6	14.2	14.8	14.8
Intake as a percentage of energy intake					
Fat	ND	41.8	42.0	41.7	41.7
Carbohydrate	ND	49.9	49.9	49.5	50.0
Protein	ND	8.5	8.4	8.6	8.5
Unweighted n[a]		3,081	1,348	857	876
Weighted n		435,294	198,146	110,831	126,317
Month 13					
Intake					
Fat (g/d)	ND	37.5	37.4	37.6	37.5
Carbohydrate (g/d)	100[e]	128.1	128.5	130.1	126.5
Protein (g/d)	13[d]	39.0	38.4	39.9	39.0
Intake as a percentage of energy intake					
Fat	30-40[f]	34.1	33.8	34.1	34.6
Carbohydrate	45-65[f]	51.9	51.9	52.0	51.4
Protein	5-20[f]	15.6	15.6	15.5	15.7
Unweighted n[a]		2,763	1,201	760	802
Weighted n		434,035	199,610	107,677	126,748
Month 24					
Intake					
Fat (g/d)	ND	45.0	45.8	44.7	44.1
Carbohydrate (g/d)	100[e]	169.8	171.3	171.6	165.1
Protein (g/d)	13[d]	50.9	51.4	51.0	50.4
Intake as a percentage of energy intake					

(Continued)

Table C4-2h: Median nutrient intake[b] : Macronutrients by weight status of mother before pregnancy (Months 7, 13 and 24)

			Weight Status of Mother Before Pregnancy		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Normal or Underweight	Overweight	Obese
Fat	30-40[f]	32.1	32.1	32.0	32.1
Carbohydrate	45-65[f]	53.4	53.4	53.4	53.5
Protein	5-20[f]	15.8	15.8	15.8	15.9
Unweighted n[a]		2,434	1,041	672	721
Weighted n		438,206	200,615	107,816	129,776

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[c] Adequate intake (AI). If ND, then AI is not determined.
[d] Recommended dietary allowance (RDA).
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2i: Median nutrient intake[b] : Macronutrients by income poverty (Months 7, 13 and 24)

			Income Poverty		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7					
Intake					
Fat (g/d)	30[c]	30.0	30.2	30.5	28.8
Carbohydrate (g/d)	95[c]	85.5	86.5	85.0	80.9
Protein (g/d)	11[d]	14.6	14.8	14.6	13.3
Intake as a percentage of energy intake					
Fat	ND	41.8	41.5	42.2	42.1
Carbohydrate	ND	49.9	50.1	49.4	50.0
Protein	ND	8.5	8.5	8.5	8.2
Unweighted n[a]		3,081	1,922	843	316
Weighted n		435,294	269,009	120,080	46,205
Month 13					
Intake					
Fat (g/d)	ND	37.5	37.1	38.1	39.0
Carbohydrate (g/d)	100[e]	128.1	129.2	127.2	127.5
Protein (g/d)	13[d]	39.0	38.6	39.0	40.7
Intake as a percentage of energy intake					
Fat	30-40[f]	34.1	33.8	34.5	34.7
Carbohydrate	45-65[f]	51.9	52.3	51.5	50.6
Protein	5-20[f]	15.6	15.6	15.6	15.7
Unweighted n[a]		2,763	1,753	733	277
Weighted n		434,035	268,996	117,577	47,462
Month 24					
Intake					
Fat (g/d)	ND	45.0	44.1	45.6	46.5
Carbohydrate (g/d)	100[e]	169.8	170.9	168.2	170.3
Protein (g/d)	13[d]	50.9	49.9	52.1	52.2

(Continued)

Table C4-2i: Median nutrient intake[b] : Macronutrients by income poverty (Months 7, 13 and 24)

			Income Poverty		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Intake as a percentage of energy intake					
Fat	30-40[f]	32.1	31.7	32.3	32.5
Carbohydrate	45-65[f]	53.4	53.7	53.2	52.9
Protein	5-20[f]	15.8	15.8	15.8	16.0
Unweighted n[a]		2,434	1,312	722	400
Weighted n		438,206	237,013	132,121	69,073

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.

[c] Adequate intake (AI). If ND, then AI is not determined.

[d] Recommended dietary allowance (RDA).

[e] Estimated Average Requirement (EAR).

[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2k: Median nutrient intake[b] : Macronutrients by age of mother or caregiver at child's birth (Months 7, 13 and 24)

			Age of Mother or Caregiver at Child's Birth		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	16-19 Years	20-25 Years	26 Years or Older
Month 7					
Intake					
Fat (g/d)	30[c]	30.0	29.8	29.7	30.5
Carbohydrate (g/d)	95[c]	85.5	87.1	84.4	85.8
Protein (g/d)	11[d]	14.6	14.6	14.6	14.7
Intake as a percentage of energy intake					
Fat	ND	41.8	40.1	41.4	42.3
Carbohydrate	ND	49.9	51.2	50.3	49.4
Protein	ND	8.5	8.6	8.5	8.4
Unweighted n[a]		3,081	358	1,256	1,467
Weighted n		435,294	53,144	172,302	209,848
Month 13					
Intake					
Fat (g/d)	ND	37.5	36.5	37.0	38.0
Carbohydrate (g/d)	100[e]	128.1	133.5	132.4	125.3
Protein (g/d)	13[d]	39.0	39.3	39.2	38.5
Intake as a percentage of energy intake					
Fat	30-40[f]	34.1	32.6	33.4	34.8
Carbohydrate	45-65[f]	51.9	53.1	52.6	51.0
Protein	5-20[f]	15.6	15.7	15.5	15.6
Unweighted n[a]		2,763	295	1,139	1,329
Weighted n		434,035	49,972	175,390	208,673
Month 24					
Intake					
Fat (g/d)	ND	45.0	46.6	45.9	43.7
Carbohydrate (g/d)	100[e]	169.8	181.4	176.5	161.5
Protein (g/d)	13[d]	50.9	54.4	51.6	49.8
Intake as a percentage of energy intake					

(Continued)

Table C4-2k: Median nutrient intake[b] : Macronutrients by age of mother or caregiver at child's birth (Months 7, 13 and 24)

			Age of Mother or Caregiver at Child's Birth		
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	16-19 Years	20-25 Years	26 Years or Older
Fat	30-40[f]	32.1	31.3	31.7	32.4
Carbohydrate	45-65[f]	53.4	53.4	54.0	52.9
Protein	5-20[f]	15.8	15.5	15.8	16.1
Unweighted n[a]		2,434	253	967	1,214
Weighted n		438,206	49,616	176,592	211,998

[a] n is the number of respondents who completed the recall.
[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.
[c] Adequate intake (AI). If ND, then AI is not determined.
[d] Recommended dietary allowance (RDA).
[e] Estimated Average Requirement (EAR).
[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.
Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2r: Median nutrient intake[b] : Macronutrients by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

			Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7						
Intake						
Fat (g/d)	30[c]	30.0	27.9	29.6	29.6	30.7
Carbohydrate (g/d)	95[c]	85.5	66.7	85.3	78.7	88.1
Protein (g/d)	11[d]	14.6	11.5	14.8	12.9	15.0
Intake as a percentage of energy intake						
Fat	ND	41.8	44.1	41.3	43.4	41.0
Carbohydrate	ND	49.9	46.9	50.4	49.4	50.5
Protein	ND	8.5	8.2	8.6	8.2	8.6
Unweighted n[a]		3,081	551	290	1,609	561
Weighted n		435,294	83,612	40,333	216,665	83,426
Month 13						
Intake						
Fat (g/d)	ND	37.5	37.7	36.4	40.4	37.3
Carbohydrate (g/d)	100[e]	128.1	129.6	123.7	128.1	129.2
Protein (g/d)	13[d]	39.0	37.4	37.8	39.9	39.5
Intake as a percentage of energy intake						
Fat	30-40[f]	34.1	34.6	33.5	35.2	33.8
Carbohydrate	45-65[f]	51.9	51.1	52.1	51.2	52.1
Protein	5-20[f]	15.6	15.5	15.7	15.0	15.7
Unweighted n[a]		2,763	508	258	1,423	515
Weighted n		434,035	83,687	40,273	213,645	84,454
Month 24						
Intake						
Fat (g/d)	ND	45.0	46.4	44.3	44.7	44.9
Carbohydrate (g/d)	100[e]	169.8	163.0	164.3	168.6	172.4
Protein (g/d)	13[d]	50.9	52.4	50.3	49.8	50.8

(Continued)

Table C4-2r: Median nutrient intake[b] : Macronutrients by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

			Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Intake as a percentage of energy intake						
Fat	30-40[f]	32.1	32.4	32.4	32.9	31.9
Carbohydrate	45-65[f]	53.4	52.5	53.2	53.4	53.6
Protein	5-20[f]	15.8	17.0	15.8	15.7	15.8
Unweighted n[a]		2,434	440	241	1,247	449
Weighted n		438,206	86,487	40,691	215,011	84,798

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.

[c] Adequate intake (AI). If ND, then AI is not determined.

[d] Recommended dietary allowance (RDA).

[e] Estimated Average Requirement (EAR).

[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-2w: Median nutrient intake[b] : Macronutrients by child WIC participation status (Months 7, 13 and 24)

			Child WIC Participation Status	
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Receiving WIC	Not Receiving WIC
Month 7				
Intake				
Fat (g/d)	30[c]	30.0	30.0	28.6
Carbohydrate (g/d)	95[c]	85.5	85.7	75.7
Protein (g/d)	11[d]	14.6	14.6	14.2
Intake as a percentage of energy intake				
Fat	ND	41.8	41.8	41.6
Carbohydrate	ND	49.9	49.9	50.0
Protein	ND	8.5	8.5	8.5
Unweighted n[a]		3,081	2,966	115
Weighted n		435,294	420,145	15,149
Month 13				
Intake				
Fat (g/d)	ND	37.5	37.5	36.8
Carbohydrate (g/d)	100[e]	128.1	128.0	131.5
Protein (g/d)	13[d]	39.0	38.9	41.4
Intake as a percentage of energy intake				
Fat	30-40[f]	34.1	34.1	32.8
Carbohydrate	45-65[f]	51.9	51.8	52.7
Protein	5-20[f]	15.6	15.6	15.5
Unweighted n[a]		2,763	2,662	101
Weighted n		434,035	418,611	15,424
Month 24				
Intake				
Fat (g/d)	ND	45.0	44.7	48.5
Carbohydrate (g/d)	100[e]	169.8	169.5	172.0
Protein (g/d)	13[d]	50.9	50.6	53.0
Intake as a percentage of energy intake				

(Continued)

Table C4-2w: Median nutrient intake[b] : Macronutrients by child WIC participation status (Months 7, 13 and 24)

			Child WIC Participation Status	
Macronutrient	AI/EAR/RDA/AMDR	Median Intake	Receiving WIC	Not Receiving WIC
Fat	30-40[f]	32.1	32.0	32.8
Carbohydrate	45-65[f]	53.4	53.5	52.4
Protein	5-20[f]	15.8	15.9	15.6
Unweighted n[a]		2,434	2,132	302
Weighted n		438,206	389,210	48,997

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements. Calories calculated as 4 kcal/g for carbohydrate and protein, 9 kcal/g for fat.

[c] Adequate intake (AI). If ND, then AI is not determined.

[d] Recommended dietary allowance (RDA).

[e] Estimated Average Requirement (EAR).

[f] Acceptable Macronutrient Distribution Ranges (AMDR); Expressed as calories from the macronutrient as a percent of total calories. If ND, then AMDR is not determined.

Source Dietary Reference Intakes: Institute of Medicine, Food and Nutrition Board. Food and Nutrition Information Center, National Agricultural Library. DRI Tables. 2010.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3: Energy intake[b] by child gender (Months 5-24)

	Interview Month							
Intake Percentile	Month 5	Month 7	Month 9	Month 11	Month 13	Month 15	Month 18	Month 24
Male infants								
5th	459.5	436.5	466.3	540.1	695.9	765.2	801.8	885.7
10th	512.3	459.1	522.5	595.1	774.4	825.6	887.4	979.4
25th	567.5	553.8	641.1	723.9	891.2	949.6	1,033.0	1,124.7
50th	627.2	689.1	787.7	886.2	1,034.4	1,103.0	1,195.3	1,324.3
75th	774.6	834.5	959.0	1,092.6	1,207.9	1,286.2	1,400.8	1,526.6
90th	938.0	1,022.2	1,209.6	1,347.3	1,406.4	1,492.4	1,602.1	1,767.9
95th	1,075.0	1,141.4	1,348.1	1,564.0	1,538.9	1,632.0	1,746.1	1,939.4
Unweighted n[a]	1,330	1,570	1,237	1,163	1,399	1,061	1,017	1,237
Weighted n	224,561	222,553	221,368	220,367	219,146	225,117	223,396	223,981
Female infants								
5th	428.1	416.7	448.7	475.4	648.0	711.7	746.4	800.9
10th	485.4	443.8	497.7	558.6	718.6	779.2	830.4	896.9
25th	556.3	530.0	597.3	684.2	836.8	900.4	968.5	1,057.7
50th	593.9	653.7	730.4	820.2	970.4	1,045.6	1,140.3	1,226.5
75th	718.8	818.6	891.5	1,007.9	1,132.5	1,218.9	1,332.0	1,469.5
90th	876.9	994.2	1,131.9	1,270.5	1,349.9	1,413.5	1,539.6	1,706.0
95th	988.3	1,146.1	1,264.8	1,435.1	1,445.1	1,611.5	1,704.1	1,845.8
Unweighted n[a]	1,266	1,511	1,175	1,122	1,364	987	956	1,197
Weighted n	213,722	212,741	214,337	214,913	214,889	212,258	214,110	214,225

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 5-24. Cross-sectional weights for 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-3a: Median energy intake[b] by child gender and race (Months 7, 13 and 24)

Interview Month and Infant Gender	Median Intake	Race		
		Black or African American	White	Other
Month 7				
Male infants	689.1	730.1	671.6	700.4
Unweighted n[a]	1,570	406	933	231
Weighted n	222,553	46,329	133,539	42,684
Female infants	653.7	718.0	650.3	623.7
Unweighted n[a]	1,511	392	887	232
Weighted n	212,741	45,914	124,753	42,075
Month 13				
Male infants	1,034.4	1059	1042	991.8
Unweighted n[a]	1,399	383	814	202
Weighted n	219,146	46,434	132,502	40,211
Female infants	970.4	989.9	960.6	986.7
Unweighted n[a]	1,364	372	784	208
Weighted n	214,889	46,022	126,462	42,405
Month 24				
Male infants	1,324.3	1387	1327	1284
Unweighted n[a]	1,237	350	705	182
Weighted n	223,981	46,495	132,078	45,408
Female infants	1,226.5	1326	1201	1191
Unweighted n[a]	1,197	348	675	174
Weighted n	214,225	48,470	125,942	39,813

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3b: Median energy intake[b] by child gender and ethnicity (Months 7, 13 and 24)

		Ethnicity	
Interview Month and Infant Gender	Median Intake	Hispanic	Non-Hispanic
Month 7			
Male infants	689.1	668.6	706.1
Unweighted n[a]	1,570	591	979
Weighted n	222,553	101,904	120,649
Female infants	653.7	625.9	684.1
Unweighted n[a]	1,511	595	916
Weighted n	212,741	100,693	112,048
Month 13			
Male infants	1,034.4	984.5	1075
Unweighted n[a]	1,399	513	886
Weighted n	219,146	99,515	119,632
Female infants	970.4	932.6	1020
Unweighted n[a]	1,364	517	847
Weighted n	214,889	99,701	115,187
Month 24			
Male infants	1,324.3	1228	1391
Unweighted n[a]	1,237	450	787
Weighted n	223,981	103,616	120,365
Female infants	1,226.5	1144	1323
Unweighted n[a]	1,197	455	742
Weighted n	214,225	100,420	113,805

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3c: Median energy intake[b] by child gender and marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Interview Month and Infant Gender	Median Intake	Married	Not Married (includes divorced and widowed)
Month 7			
Male infants	689.1	646.8	706.5
Unweighted n[a]	1,570	500	1,070
Weighted n	222,553	76,095	146,457
Female infants	653.7	639.4	662.0
Unweighted n[a]	1,511	466	1,045
Weighted n	212,741	68,588	144,153
Month 13			
Male infants	1,034.4	1021	1046
Unweighted n[a]	1,399	429	970
Weighted n	219,146	73,363	145,784
Female infants	970.4	954.9	975.8
Unweighted n[a]	1,364	426	938
Weighted n	214,889	70,924	143,964
Month 24			
Male infants	1,324.3	1278	1364
Unweighted n[a]	1,237	449	788
Weighted n	223,981	84,645	139,336
Female infants	1,226.5	1215	1240
Unweighted n[a]	1,197	409	788
Weighted n	214,225	75,432	138,794

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3d: Median energy intake[b] by child gender and household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Interview Month and Infant Gender	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7				
Male infants	689.1	675.1	716.8	673.1
Unweighted n[a]	1,570	810	478	282
Weighted n	222,553	117,417	69,118	36,018
Female infants	653.7	641.5	670.9	685.0
Unweighted n[a]	1,511	792	461	258
Weighted n	212,741	112,506	65,652	34,583
Month 13				
Male infants	1,034.4	1014	1054	1069
Unweighted n[a]	1,399	714	437	248
Weighted n	219,146	114,571	68,564	36,011
Female infants	970.4	953.8	985.6	1016
Unweighted n[a]	1,364	707	425	232
Weighted n	214,889	112,790	66,741	35,358
Month 24				
Male infants	1,324.3	1293	1360	1388
Unweighted n[a]	1,237	808	273	156
Weighted n	223,981	145,643	52,958	25,380
Female infants	1,226.5	1212	1230	1297
Unweighted n[a]	1,197	788	260	149
Weighted n	214,225	140,579	46,511	27,135

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3e: Median energy intake[b] by child gender and participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Interview Month and Infant Gender	Median Intake	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Month 7				
Male infants	689.1	653.0	724.7	657.7
Unweighted n[a]	1,570	265	744	561
Weighted n	222,553	42,733	102,209	77,611
Female infants	653.7	619.4	682.4	646.2
Unweighted n[a]	1,511	225	760	526
Weighted n	212,741	34,569	101,533	76,639
Month 13				
Male infants	1,034.4	1032	1039	1030
Unweighted n[a]	1,399	231	695	473
Weighted n	219,146	42,719	102,743	73,683
Female infants	970.4	960.5	975.3	967.4
Unweighted n[a]	1,364	197	693	474
Weighted n	214,889	34,319	104,178	76,392
Month 24				
Male infants	1,324.3	1362	1355	1287
Unweighted n[a]	1,237	182	606	449
Weighted n	223,981	36,228	107,518	80,235
Female infants	1,226.5	1226	1230	1210
Unweighted n[a]	1,197	167	585	445
Weighted n	214,225	29,872	102,602	81,751

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3f: Median energy intake[b] by child gender and parity (Months 7, 13 and 24)

		Parity		
Interview Month and Infant Gender	Median Intake	First Born	Second Born	Third or Subsequent Born
Month 7				
Male infants	689.1	678.2	675.1	706.6
Unweighted n[a]	1,570	648	435	487
Weighted n	222,553	91,249	61,598	69,705
Female infants	653.7	633.6	661.3	689.6
Unweighted n[a]	1,511	648	402	461
Weighted n	212,741	92,722	54,654	65,365
Month 13				
Male infants	1,034.4	1034	1068	1025
Unweighted n[a]	1,399	554	391	454
Weighted n	219,146	87,223	59,649	72,274
Female infants	970.4	965.8	964.5	981.2
Unweighted n[a]	1,364	591	355	418
Weighted n	214,889	94,099	54,468	66,322
Month 24				
Male infants	1,324.3	1325	1355	1311
Unweighted n[a]	1,237	500	347	390
Weighted n	223,981	92,705	62,048	69,228
Female infants	1,226.5	1250	1188	1215
Unweighted n[a]	1,197	500	324	373
Weighted n	214,225	93,928	57,117	63,180

[a] n is the number of respondents who completed the recall.
[b] Intakes (kCal) are from food and supplements.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3g: Median energy intake[b] by child gender and timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Interview Month and Infant Gender	Median Intake	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Month 7					
Male infants	689.1	689.4	675.1	703.1	708.7
Unweighted n[a]	1,570	491	625	229	225
Weighted n	222,553	70,786	85,554	32,882	33,330
Female infants	653.7	644.7	651.4	636.9	719.1
Unweighted n[a]	1,511	491	587	230	203
Weighted n	212,741	64,182	85,482	34,325	28,752
Month 13					
Male infants	1,034.4	1023	1045	1032	1034
Unweighted n[a]	1,399	433	562	206	198
Weighted n	219,146	68,626	84,772	33,809	31,939
Female infants	970.4	963.6	960.8	966.9	1021
Unweighted n[a]	1,364	447	536	205	176
Weighted n	214,889	65,966	85,762	35,253	27,907
Month 24					
Male infants	1,324.3	1286	1345	1391	1312
Unweighted n[a]	1,237	388	492	183	174
Weighted n	223,981	71,890	88,228	31,416	32,446
Female infants	1,226.5	1218	1210	1204	1309
Unweighted n[a]	1,197	398	468	181	150
Weighted n	214,225	65,961	89,011	32,999	26,254

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3h: Median energy intake[b] by child gender and weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Interview Month and Infant Gender	Median Intake	Normal or Underweight	Overweight	Obese
Month 7				
Male infants	689.1	689.7	675.1	703.1
Unweighted n[a]	1,570	697	423	450
Weighted n	222,553	101,419	56,315	64,818
Female infants	653.7	636.4	682.3	663.1
Unweighted n[a]	1,511	651	434	426
Weighted n	212,741	96,726	54,515	61,499
Month 13				
Male infants	1,034.4	1037	1054	1022
Unweighted n[a]	1,399	625	368	406
Weighted n	219,146	101,799	53,766	63,581
Female infants	970.4	956.0	989.3	985.8
Unweighted n[a]	1,364	576	392	396
Weighted n	214,889	97,811	53,910	63,167
Month 24				
Male infants	1,324.3	1336	1361	1270
Unweighted n[a]	1,237	541	327	369
Weighted n	223,981	100,746	56,166	67,069
Female infants	1,226.5	1227	1184	1246
Unweighted n[a]	1,197	500	345	352
Weighted n	214,225	99,869	51,650	62,707

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3i: Median energy intake[b] by child gender and income poverty (Months 7, 13 and 24)

		Income Poverty		
Interview Month and Infant Gender	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7				
Male infants	689.1	702.6	673.3	653.6
Unweighted n[a]	1,570	983	413	174
Weighted n	222,553	138,588	58,381	25,584
Female infants	653.7	661.9	658.1	575.1
Unweighted n[a]	1,511	939	430	142
Weighted n	212,741	130,421	61,698	20,621
Month 13				
Male infants	1,034.4	1045	1032	1009
Unweighted n[a]	1,399	903	344	152
Weighted n	219,146	137,174	56,039	25,933
Female infants	970.4	964.0	973.5	1015
Unweighted n[a]	1,364	850	389	125
Weighted n	214,889	131,823	61,538	21,528
Month 24				
Male infants	1,324.3	1315	1324	1362
Unweighted n[a]	1,237	672	377	188
Weighted n	223,981	122,693	68,979	32,310
Female infants	1,226.5	1199	1221	1263
Unweighted n[a]	1,197	640	345	212
Weighted n	214,225	114,320	63,143	36,763

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3k: Median energy intake[b] by child gender and age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Interview Month and Infant Gender	Median Intake	16-19 Years	20-25 Years	26 Years or Older
Month 7				
Male infants	689.1	704.3	680.3	693.5
Unweighted n[a]	1,570	179	638	753
Weighted n	222,553	27,192	88,746	106,615
Female infants	653.7	647.8	649.0	657.1
Unweighted n[a]	1,511	179	618	714
Weighted n	212,741	25,952	83,556	103,233
Month 13				
Male infants	1,034.4	1046	1041	1025
Unweighted n[a]	1,399	147	578	674
Weighted n	219,146	24,542	90,129	104,475
Female infants	970.4	971.3	964.0	973.4
Unweighted n[a]	1,364	148	561	655
Weighted n	214,889	25,430	85,260	104,198
Month 24				
Male infants	1,324.3	1385	1351	1292
Unweighted n[a]	1,237	129	486	622
Weighted n	223,981	26,370	89,089	108,522
Female infants	1,226.5	1352	1282	1159
Unweighted n[a]	1,197	124	481	592
Weighted n	214,225	23,247	87,503	103,476

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3r: Median energy intake[b] by child gender and non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Interview Month and Infant Gender	Median Intake	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7					
Male infants	689.1	550.6	670.7	661.6	716.8
Unweighted n[a]	1,570	279	156	815	287
Weighted n	222,553	43,005	20,255	112,031	42,138
Female infants	653.7	580.8	661.9	599.3	671.7
Unweighted n[a]	1,511	272	134	794	274
Weighted n	212,741	40,607	20,078	104,634	41,288
Month 13					
Male infants	1,034.4	1071	991.8	1059	1045
Unweighted n[a]	1,399	258	135	710	267
Weighted n	219,146	42,366	18,461	107,816	44,651
Female infants	970.4	929.0	941.0	1001	972.6
Unweighted n[a]	1,364	250	123	713	248
Weighted n	214,889	41,321	21,813	105,829	39,803
Month 24					
Male infants	1,324.3	1345	1268	1249	1330
Unweighted n[a]	1,237	224	131	620	232
Weighted n	223,981	44,549	20,045	108,846	44,868
Female infants	1,226.5	1201	1197	1246	1238
Unweighted n[a]	1,197	216	110	627	217
Weighted n	214,225	41,938	20,646	106,165	39,930

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-3w: Median energy intake[b] by child gender and child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Interview Month and Infant Gender	Median Intake	Receiving WIC	Not Receiving WIC
Month 7			
Male infants	689.1	693.6	592.0
Unweighted n[a]	1,570	1,509	61
Weighted n	222,553	214,822	7,731
Female infants	653.7	653.6	660.2
Unweighted n[a]	1,511	1,457	54
Weighted n	212,741	205,323	7,418
Month 13			
Male infants	1,034.4	1035	1001
Unweighted n[a]	1,399	1,344	55
Weighted n	219,146	210,843	8,304
Female infants	970.4	970.2	986.9
Unweighted n[a]	1,364	1,318	46
Weighted n	214,889	207,768	7,120
Month 24			
Male infants	1,324.3	1322	1335
Unweighted n[a]	1,237	1,081	156
Weighted n	223,981	199,052	24,929
Female infants	1,226.5	1210	1357
Unweighted n[a]	1,197	1,051	146
Weighted n	214,225	190,157	24,068

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes (kCal) are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4: Intake[b] of dietary fiber by percentiles (Months 5-24)

	Dietary Fiber Intake (g/d) by Interview Month							
Percentile	**Month 5**	**Month 7**	**Month 9**	**Month 11**	**Month 13**	**Month 15**	**Month 18**	**Month 24**
Adequate Intake (g/d)	ND	ND	ND	ND	19	19	19	19
5th	0.0	0.0	0.3	0.8	3.5	4.5	5.1	5.7
10th	0.0	0.1	1.1	1.7	4.3	5.3	6.0	6.6
25th	0.0	1.0	2.5	3.3	5.6	6.7	7.3	8.3
50th	0.0	2.6	4.4	5.3	7.4	8.3	8.9	10.1
75th	0.6	4.6	6.7	8.3	9.6	10.2	10.7	12.3
90th	2.2	7.0	9.7	11.3	12.0	12.0	12.6	14.8
95th	3.5	8.6	12.3	13.5	13.7	13.5	13.9	16.3
Unweighted n[a]	2,596	3,081	2,412	2,285	2,763	2,048	1,973	2,434
Weighted n	438,284	435,294	435,705	435,281	434,035	437,375	437,505	438,206

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Months 5-24. Cross-sectional weights for 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-4a: Median intake[b] of dietary fiber by race (Months 7, 13 and 24)

			Race		
Interview Month	Adequate Intake	Median Intake	Black or African American	White	Other
Month 7					
Fiber (g/d)	ND	2.6	2.6	2.6	2.4
Unweighted n[a]		3,081	798	1,820	463
Weighted n		435,294	92,243	258,292	84,759
Month 13					
Fiber (g/d)	19	7.4	7.4	7.5	7.3
Unweighted n[a]		2,763	755	1,598	410
Weighted n		434,035	92,455	258,964	82,616
Month 24					
Fiber (g/d)	19	10.1	10.0	10.0	10.4
Unweighted n[a]		2,434	698	1,380	356
Weighted n		438,206	94,965	258,020	85,221

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4b: Median intake[b] of dietary fiber by ethnicity (Months 7, 13 and 24)

			Ethnicity	
Interview Month	Adequate Intake	Median Intake	Hispanic	Non-Hispanic
Month 7				
Fiber (g/d)	ND	2.6	2.5	2.6
Unweighted n[a]		3,081	1,186	1,895
Weighted n		435,294	202,597	232,697
Month 13				
Fiber (g/d)	19	7.4	7.1	7.7
Unweighted n[a]		2,763	1,030	1,733
Weighted n		434,035	199,216	234,819
Month 24				
Fiber (g/d)	19	10.1	9.7	10.4
Unweighted n[a]		2,434	905	1,529
Weighted n		438,206	204,037	234,169

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4c: Median intake[b] of dietary fiber by marital status of mother (Months 7, 13 and 24)

			Marital Status of Mother	
Interview Month	Adequate Intake	Median Intake	Married	Not Married (includes divorced and widowed)
Month 7				
Fiber (g/d)	ND	2.6	2.3	2.7
Unweighted n[a]		3,081	966	2,115
Weighted n		435,294	144,683	290,610
Month 13				
Fiber (g/d)	19	7.4	7.4	7.4
Unweighted n[a]		2,763	855	1,908
Weighted n		434,035	144,287	289,748
Month 24				
Fiber (g/d)	19	10.1	9.9	10.2
Unweighted n[a]		2,434	858	1,576
Weighted n		438,206	160,076	278,130

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4d: Median intake[b] of dietary fiber by household food security (Months 7, 13 and 24)

			Household Food Security (measured using 6-item module)		
Interview Month	Adequate Intake	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7					
Fiber (g/d)	ND	2.6	2.6	2.5	2.6
Unweighted n[a]		3,081	1,602	939	540
Weighted n		435,294	229,923	134,770	70,600
Month 13					
Fiber (g/d)	19	7.4	7.4	7.4	7.7
Unweighted n[a]		2,763	1,421	862	480
Weighted n		434,035	227,361	135,305	71,369
Month 24					
Fiber (g/d)	19	10.1	9.9	10.1	10.7
Unweighted n[a]		2,434	1,596	533	305
Weighted n		438,206	286,223	99,469	52,515

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4e: Median intake[b] of dietary fiber by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

			Participation in non-WIC Benefit Program(s)		
Interview Month	Adequate Intake	Median Intake	Does not Participate in Any Other Program	Participates in Other Program(s) and Is On SNAP	Participates in Other Program(s) and Is Not On SNAP
Month 7					
Fiber (g/d)	ND	2.6	2.4	2.6	2.5
Unweighted n[a]		3,081	490	1,504	1,087
Weighted n		435,294	77,301	203,743	154,250
Month 13					
Fiber (g/d)	19	7.4	8.0	7.2	7.4
Unweighted n[a]		2,763	428	1,388	947
Weighted n		434,035	77,038	206,921	150,075
Month 24					
Fiber (g/d)	19	10.1	10.6	9.8	10.2
Unweighted n[a]		2,434	349	1,191	894
Weighted n		438,206	66,100	210,120	161,986

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4f: Median intake[b] of dietary fiber by parity (Months 7, 13 and 24)

			Parity		
Interview Month	Adequate Intake	Median Intake	First Born	Second Born	Third or Subsequent Born
Month 7					
Fiber (g/d)	ND	2.6	2.6	2.4	2.6
Unweighted n[a]		3,081	1,296	837	948
Weighted n		435,294	183,971	116,252	135,070
Month 13					
Fiber (g/d)	19	7.4	7.7	7.3	7.3
Unweighted n[a]		2,763	1,145	746	872
Weighted n		434,035	181,322	114,117	138,596
Month 24					
Fiber (g/d)	19	10.1	10.2	9.9	10.0
Unweighted n[a]		2,434	1,000	671	763
Weighted n		438,206	186,633	119,165	132,409

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4g: Median intake[b] of dietary fiber by timing of WIC enrollment (Months 7, 13 and 24)

			Timing of WIC Enrollment			
Interview Month	Adequate Intake	Median Intake	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Month 7						
Fiber (g/d)	ND	2.6	2.8	2.5	2.3	2.5
Unweighted n[a]		3,081	982	1,212	459	428
Weighted n		435,294	134,968	171,036	67,207	62,082
Month 13						
Fiber (g/d)	19	7.4	7.3	7.5	7.3	7.6
Unweighted n[a]		2,763	880	1,098	411	374
Weighted n		434,035	134,592	170,534	69,062	59,846
Month 24						
Fiber (g/d)	19	10.1	9.9	10.1	10.2	10.2
Unweighted n[a]		2,434	786	960	364	324
Weighted n		438,206	137,851	177,239	64,416	58,700

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4h: Median intake[b] of dietary fiber by weight status of mother before pregnancy (Months 7, 13 and 24)

			Weight Status of Mother Before Pregnancy		
Interview Month	Adequate Intake	Median Intake	Normal or Underweight	Overweight	Obese
Month 7					
Fiber (g/d)	ND	2.6	2.4	2.7	2.7
Unweighted n[a]		3,081	1,348	857	876
Weighted n		435,294	198,146	110,831	126,317
Month 13					
Fiber (g/d)	19	7.4	7.5	7.5	7.3
Unweighted n[a]		2,763	1,201	760	802
Weighted n		434,035	199,610	107,677	126,748
Month 24					
Fiber (g/d)	19	10.1	10.1	10.1	10.1
Unweighted n[a]		2,434	1,041	672	721
Weighted n		438,206	200,615	107,816	129,776

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4i: Median intake[b] of dietary fiber by income poverty (Months 7, 13 and 24)

			Income Poverty		
Interview Month	Adequate Intake	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7					
Fiber (g/d)	ND	2.6	2.6	2.5	2.6
Unweighted n[a]		3,081	1,922	843	316
Weighted n		435,294	269,009	120,080	46,205
Month 13					
Fiber (g/d)	19	7.4	7.2	7.6	8.0
Unweighted n[a]		2,763	1,753	733	277
Weighted n		434,035	268,996	117,577	47,462
Month 24					
Fiber (g/d)	19	10.1	9.8	10.2	10.7
Unweighted n[a]		2,434	1,312	722	400
Weighted n		438,206	237,013	132,121	69,073

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4k: Median intake[b] of dietary fiber by age of mother or caregiver at child's birth (Months 7, 13 and 24)

			Age of Mother or Caregiver at Child's Birth		
Interview Month	Adequate Intake	Median Intake	16-19 Years	20-25 Years	26 Years or Older
Month 7					
Fiber (g/d)	ND	2.6	2.8	2.5	2.6
Unweighted n[a]		3,081	358	1,256	1,467
Weighted n		435,294	53,144	172,302	209,848
Month 13					
Fiber (g/d)	19	7.4	7.4	7.6	7.3
Unweighted n[a]		2,763	295	1,139	1,329
Weighted n		434,035	49,972	175,390	208,673
Month 24					
Fiber (g/d)	19	10.1	10.4	10.2	9.8
Unweighted n[a]		2,434	253	967	1,214
Weighted n		438,206	49,616	176,592	211,998

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4r: Median intake[b] of dietary fiber by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

			Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Interview Month	Adequate Intake	Median Intake	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7						
Fiber (g/d)	ND	2.6	1.2	2.5	2.4	2.6
Unweighted n[a]		3,081	551	290	1,609	561
Weighted n		435,294	83,612	40,333	216,665	83,426
Month 13						
Fiber (g/d)	19	7.4	7.9	7.2	7.8	7.5
Unweighted n[a]		2,763	508	258	1,423	515
Weighted n		434,035	83,687	40,273	213,645	84,454
Month 24						
Fiber (g/d)	19	10.1	10.2	9.8	10.3	10.1
Unweighted n[a]		2,434	440	241	1,247	449
Weighted n		438,206	86,487	40,691	215,011	84,798

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-4w: Median intake[b] of dietary fiber by child WIC participation status (Months 7, 13 and 24)

			Child WIC Participation Status	
Interview Month	Adequate Intake	Median Intake	Receiving WIC	Not Receiving WIC
Month 7				
Fiber (g/d)	ND	2.6	2.6	2.1
Unweighted n[a]		3,081	2,966	115
Weighted n		435,294	420,145	15,149
Month 13				
Fiber (g/d)	19	7.4	7.4	8.1
Unweighted n[a]		2,763	2,662	101
Weighted n		434,035	418,611	15,424
Month 24				
Fiber (g/d)	19	10.1	10.0	10.3
Unweighted n[a]		2,434	2,132	302
Weighted n		438,206	389,210	48,997

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who completed the recall.

[b] Intakes are from food and supplements.

Data source: AMPM 24 Hour Recall for Food Intake, Month 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-5-1a: Median intake[b] of select nutrients by mother's feeding choice and race (Month 5)

			Race		
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	Black or African American	White	Other
Breastmilk only					
Calcium (mg/d)	200	259.4	263.1	259.4	259.4
Iron (mg/d)	0.2	0.2	0.3	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.3	1.4
Unweighted n[a]		401	49	280	72
Weighted n		68,744	8,445	46,563	13,736
Formula only					
Calcium (mg/d)	200	574.1	632.4	561.2	562.0
Iron (mg/d)	0.2	12.7	14.7	12.3	12.5
Zinc (mg/d)	2	5.8	6.3	5.6	6.2
Unweighted n[a]		1,800	455	1,088	257
Weighted n		300,260	72,077	175,771	52,412
Breastmilk and formula					
Calcium (mg/d)	200	371.7	439.2	370.5	350.7
Iron (mg/d)	0.2	6.2	9.1	5.6	4.9
Zinc (mg/d)	2	3.2	3.6	3.1	3.1
Unweighted n[a]		395	86	226	83
Weighted n		69,280	13,964	39,595	15,720

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2a: Median intake[c] of energy by mother's feeding choice and race (Month 5)

		Race		
Feeding Choice	Median Intake (kCal)	Black or African American	White	Other
Breastmilk only				
Males	567.5	574.9	567.5	567.5
Unweighted n[a]	209	25	154	30
Weighted n	36,478	4,341	25,665	6,472
Females	567.5	567.5	567.5	567.5
Unweighted n[b]	192	24	126	42
Weighted n	32,266	4,104	20,898	7,264
Formula only				
Males	699.9	770.0	678.4	701.3
Unweighted n[a]	920	240	540	140
Weighted n	153,332	37,069	88,074	28,189
Females	631.8	656.5	623.6	630.2
Unweighted n[b]	880	215	548	117
Weighted n	146,928	35,008	87,697	24,222
Breastmilk and formula				
Males	574.9	621.0	572.1	568.9
Unweighted n[a]	201	47	114	40
Weighted n	34,752	7,590	19,434	7,728
Females	567.1	572.0	567.0	563.4
Unweighted n[b]	194	39	112	43
Weighted n	34,528	6,374	20,162	7,993

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1b: Median intake[b] of select nutrients by mother's feeding choice and ethnicity (Month 5)

			Ethnicity	
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	Hispanic	Non-Hispanic
Breastmilk only				
Calcium (mg/d)	200	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.3	1.4
Unweighted n[a]		401	174	227
Weighted n		68,744	32,207	36,537
Formula only				
Calcium (mg/d)	200	574.1	548.3	606.2
Iron (mg/d)	0.2	12.7	12.1	13.6
Zinc (mg/d)	2	5.8	5.8	5.8
Unweighted n[a]		1,800	662	1,138
Weighted n		300,260	131,324	168,936
Breastmilk and formula				
Calcium (mg/d)	200	371.7	365.6	394.7
Iron (mg/d)	0.2	6.2	5.5	7.0
Zinc (mg/d)	2	3.2	3.2	3.3
Unweighted n[a]		395	207	188
Weighted n		69,280	39,712	29,568

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2b: Median intake[c] of energy by mother's feeding choice and ethnicity (Month 5)

		Ethnicity	
Feeding Choice	Median Intake (kCal)	Hispanic	Non-Hispanic
Breastmilk only			
Males	567.5	567.5	567.5
Unweighted n[a]	209	89	120
Weighted n	36,478	16,738	19,739
Females	567.5	567.5	567.5
Unweighted n[b]	192	85	107
Weighted n	32,266	15,469	16,798
Formula only			
Males	699.9	669.8	719.0
Unweighted n[a]	920	338	582
Weighted n	153,332	67,576	85,756
Females	631.8	621.0	636.5
Unweighted n[b]	880	324	556
Weighted n	146,928	63,748	83,180
Breastmilk and formula			
Males	574.9	572.1	593.4
Unweighted n[a]	201	96	105
Weighted n	34,752	18,014	16,737
Females	567.1	565.1	571.5
Unweighted n[b]	194	111	83
Weighted n	34,528	21,698	12,830

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1c: Median intake[b] of select nutrients by mother's feeding choice and marital status of mother (Month 5)

			Marital Status of Mother	
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	Married	Not Married (includes divorced and widowed)
Breastmilk only				
Calcium (mg/d)	200	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.4
Unweighted n[a]		401	209	192
Weighted n		68,744	37,065	31,678
Formula only				
Calcium (mg/d)	200	574.1	537.0	592.9
Iron (mg/d)	0.2	12.7	11.8	13.0
Zinc (mg/d)	2	5.8	5.5	5.9
Unweighted n[a]		1,800	430	1,370
Weighted n		300,260	76,665	223,595
Breastmilk and formula				
Calcium (mg/d)	200	371.7	371.6	371.5
Iron (mg/d)	0.2	6.2	6.3	5.9
Zinc (mg/d)	2	3.2	3.1	3.3
Unweighted n[a]		395	169	226
Weighted n		69,280	31,422	37,858

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2c: Median intake[c] of energy by mother's feeding choice and marital status of mother (Month 5)

		Marital Status of Mother	
Feeding Choice	Median Intake (kCal)	Married	Not Married (includes divorced and widowed)
Breastmilk only			
Males	567.5	567.5	567.5
Unweighted n[a]	209	115	94
Weighted n	36,478	20,957	15,520
Females	567.5	567.5	567.5
Unweighted n[b]	192	94	98
Weighted n	32,266	16,108	16,158
Formula only			
Males	699.9	662.7	701.5
Unweighted n[a]	920	204	716
Weighted n	153,332	36,380	116,952
Females	631.8	594.0	646.0
Unweighted n[b]	880	226	654
Weighted n	146,928	40,285	106,643
Breastmilk and formula			
Males	574.9	572.4	593.6
Unweighted n[a]	201	85	116
Weighted n	34,752	15,715	19,037
Females	567.1	564.4	568.8
Unweighted n[b]	194	84	110
Weighted n	34,528	15,707	18,821

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1d: Median intake[b] of select nutrients by mother's feeding choice and household food security (Month 5)

			Household Food Security (measured using 6-item module)		
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	High or Marginal Food Security	Low Food Security	Very Low Food Security
Breastmilk only					
Calcium (mg/d)	200	259.4	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.4	1.3
Unweighted n[a]		401	213	120	68
Weighted n		68,744	36,222	20,990	11,532
Formula only					
Calcium (mg/d)	200	574.1	567.9	586.7	627.7
Iron (mg/d)	0.2	12.7	12.5	12.9	13.9
Zinc (mg/d)	2	5.8	5.8	5.8	6.0
Unweighted n[a]		1,800	950	547	303
Weighted n		300,260	157,469	95,578	47,213
Breastmilk and formula					
Calcium (mg/d)	200	371.7	362.5	377.8	369.7
Iron (mg/d)	0.2	6.2	5.6	6.8	6.6
Zinc (mg/d)	2	3.2	3.1	3.4	3.3
Unweighted n[a]		395	188	141	66
Weighted n		69,280	35,246	22,383	11,651

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2d: Median intake[c] of energy by mother's feeding choice and household food security (Month 5)

		Household Food Security (measured using 6-item module)		
Feeding Choice	Median Intake (kCal)	High or Marginal Food Security	Low Food Security	Very Low Food Security
Breastmilk only				
Males	567.5	567.5	567.5	542.6
Unweighted n[a]	209	115	55	39
Weighted n	36,478	20,533	9,903	6,042
Females	567.5	567.5	567.5	567.5
Unweighted n[b]	192	98	65	29
Weighted n	32,266	15,689	11,087	5,490
Formula only				
Males	699.9	700.6	687.2	716.2
Unweighted n[a]	920	479	295	146
Weighted n	153,332	79,811	51,401	22,120
Females	631.8	614.5	647.1	656.3
Unweighted n[b]	880	471	252	157
Weighted n	146,928	77,658	44,177	25,092
Breastmilk and formula				
Males	574.9	584.8	571.9	564.7
Unweighted n[a]	201	91	69	41
Weighted n	34,752	17,202	10,221	7,329
Females	567.1	565.1	567.3	568.7
Unweighted n[b]	194	97	72	25
Weighted n	34,528	18,044	12,163	4,322

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1e: Median intake[b] of select nutrients by mother's feeding choice and participation in non-WIC benefit program(s) (Month 5)

			Participation in non-WIC Benefit Program(s)		
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	Does not Participate in Any Other Program	Participates in Other Program(s) and Is On SNAP	Participates in Other Program(s) and Is Not On SNAP
Breastmilk only					
Calcium (mg/d)	200	259.4	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.3	1.4	1.4
Unweighted n[a]		401	104	147	150
Weighted n		68,744	18,870	23,856	26,018
Formula only					
Calcium (mg/d)	200	574.1	568.5	596.3	544.8
Iron (mg/d)	0.2	12.7	12.3	13.1	12.2
Zinc (mg/d)	2	5.8	5.8	6.0	5.7
Unweighted n[a]		1,800	255	958	587
Weighted n		300,260	45,774	158,879	95,606
Breastmilk and formula					
Calcium (mg/d)	200	371.7	365.7	378.2	365.5
Iron (mg/d)	0.2	6.2	5.8	6.8	5.6
Zinc (mg/d)	2	3.2	3.2	3.4	3.1
Unweighted n[a]		395	81	159	155
Weighted n		69,280	15,251	26,192	27,837

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2e: Median intake[c] of energy by mother's feeding choice and participation in non-WIC benefit program(s) (Month 5)

		Participation in non-WIC Benefit Program(s)		
Feeding Choice	Median Intake (kCal)	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Breastmilk only				
Males	567.5	567.5	567.5	567.5
Unweighted n[a]	209	64	73	72
Weighted n	36,478	10,958	12,532	12,988
Females	567.5	567.5	567.5	567.5
Unweighted n[b]	192	40	74	78
Weighted n	32,266	7,912	11,324	13,030
Formula only				
Males	699.9	679.9	712.1	672.2
Unweighted n[a]	920	145	478	297
Weighted n	153,332	26,029	80,492	46,811
Females	631.8	601.9	650.7	615.0
Unweighted n[b]	880	110	480	290
Weighted n	146,928	19,745	78,387	48,796
Breastmilk and formula				
Males	574.9	568.6	609.5	571.3
Unweighted n[a]	201	37	84	80
Weighted n	34,752	7,162	13,724	13,866
Females	567.1	559.6	567.5	567.1
Unweighted n[b]	194	44	75	75
Weighted n	34,528	8,089	12,468	13,971

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1f: Median intake[b] of select nutrients by mother's feeding choice and parity (Month 5)

			Parity		
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	First Born	Second Born	Third or Subsequent Born
Breastmilk only					
Calcium (mg/d)	200	259.4	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.3	1.4
Unweighted n[a]		401	164	120	117
Weighted n		68,744	27,432	19,653	21,659
Formula only					
Calcium (mg/d)	200	574.1	565.4	584.5	588.2
Iron (mg/d)	0.2	12.7	12.5	12.6	13.0
Zinc (mg/d)	2	5.8	5.6	5.9	5.9
Unweighted n[a]		1,800	756	488	556
Weighted n		300,260	124,346	81,960	93,954
Breastmilk and formula					
Calcium (mg/d)	200	371.7	381.9	356.6	368.6
Iron (mg/d)	0.2	6.2	6.5	5.5	6.1
Zinc (mg/d)	2	3.2	3.4	3.1	3.3
Unweighted n[a]		395	145	106	144
Weighted n		69,280	25,606	18,265	25,409

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2f: Median intake[c] of energy by mother's feeding choice and parity (Month 5)

		Parity		
Feeding Choice	Median Intake (kCal)	First Born	Second Born	Third or Subsequent Born
Breastmilk only				
Males	567.5	567.5	567.5	567.5
Unweighted n[a]	209	83	61	65
Weighted n	36,478	13,395	10,976	12,107
Females	567.5	567.5	567.5	567.5
Unweighted n[b]	192	81	59	52
Weighted n	32,266	14,037	8,677	9,552
Formula only				
Males	699.9	689.0	700.9	700.7
Unweighted n[a]	920	375	256	289
Weighted n	153,332	60,101	43,202	50,029
Females	631.8	606.7	644.2	665.1
Unweighted n[b]	880	381	232	267
Weighted n	146,928	64,245	38,758	43,925
Breastmilk and formula				
Males	574.9	607.3	571.4	567.5
Unweighted n[a]	201	79	56	66
Weighted n	34,752	14,437	9,617	10,698
Females	567.1	567.1	567.0	566.2
Unweighted n[b]	194	66	50	78
Weighted n	34,528	11,169	8,648	14,711

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1g: Median intake[b] of select nutrients by mother's feeding choice and timing of WIC enrollment (Month 5)

			Timing of WIC Enrollment			
Feeding Choice and Nutrient	**Adequate Intake (mg/d)**	**Median Intake**	**1st Trimester**	**2nd Trimester**	**3rd Trimester**	**Postnatal Enrollment**
Breastmilk only						
Calcium (mg/d)	200	259.4	259.4	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.3	1.4	1.4
Unweighted n[a]		401	142	150	67	42
Weighted n		68,744	23,238	24,860	12,869	7,776
Formula only						
Calcium (mg/d)	200	574.1	566.8	571.5	577.1	587.0
Iron (mg/d)	0.2	12.7	12.3	12.9	13.0	12.9
Zinc (mg/d)	2	5.8	6.0	5.8	5.6	5.9
Unweighted n[a]		1,800	553	732	281	234
Weighted n		300,260	87,699	121,577	47,761	43,223
Breastmilk and formula						
Calcium (mg/d)	200	371.7	355.1	372.6	383.4	414.8
Iron (mg/d)	0.2	6.2	4.8	6.6	6.3	7.3
Zinc (mg/d)	2	3.2	3.0	3.2	3.0	3.5
Unweighted n[a]		395	136	152	44	63
Weighted n		69,280	23,808	24,736	8,687	12,049

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2g: Median intake[c] of energy by mother's feeding choice and timing of WIC enrollment (Month 5)

		Timing of WIC Enrollment			
Feeding Choice	Median Intake (kCal)	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Breastmilk only					
Males	567.5	567.5	567.5	567.5	567.5
Unweighted n[a]	209	71	82	31	25
Weighted n	36,478	12,041	13,453	6,155	4,829
Females	567.5	567.5	567.5	567.5	567.5
Unweighted n[b]	192	71	68	36	17
Weighted n	32,266	11,197	11,408	6,715	2,947
Formula only					
Males	699.9	689.6	672.6	732.0	741.5
Unweighted n[a]	920	279	377	150	114
Weighted n	153,332	45,493	60,642	25,444	21,754
Females	631.8	615.9	638.3	639.2	615.9
Unweighted n[b]	880	274	355	131	120
Weighted n	146,928	42,206	60,935	22,318	21,469
Breastmilk and formula					
Males	574.9	570.4	590.2	606.5	578.6
Unweighted n[a]	201	67	80	20	34
Weighted n	34,752	11,693	12,132	3,978	6,948
Females	567.1	560.9	568.7	567.0	585.9
Unweighted n[b]	194	69	72	24	29
Weighted n	34,528	12,115	12,603	4,709	5,101

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1h: Median intake[b] of select nutrients by mother's feeding choice and weight status of mother before pregnancy (Month 5)

			Weight Status of Mother Before Pregnancy		
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	Normal or Underweight	Overweight	Obese
Breastmilk only					
Calcium (mg/d)	200	259.4	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.4	1.4
Unweighted n[a]		401	213	94	94
Weighted n		68,744	34,201	17,441	17,102
Formula only					
Calcium (mg/d)	200	574.1	576.9	579.6	568.9
Iron (mg/d)	0.2	12.7	12.8	12.9	12.5
Zinc (mg/d)	2	5.8	5.9	5.7	5.9
Unweighted n[a]		1,800	792	436	572
Weighted n		300,260	134,539	75,057	90,663
Breastmilk and formula					
Calcium (mg/d)	200	371.7	367.1	377.6	367.1
Iron (mg/d)	0.2	6.2	5.8	6.7	6.4
Zinc (mg/d)	2	3.2	3.1	3.5	3.3
Unweighted n[a]		395	180	100	115
Weighted n		69,280	32,151	18,472	18,657

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2h: Median intake[c] of energy by mother's feeding choice and weight status of mother before pregnancy (Month 5)

		Weight Status of Mother Before Pregnancy		
Feeding Choice	Median Intake (kCal)	Normal or Underweight	Overweight	Obese
Breastmilk only				
Males	567.5	567.5	567.5	567.5
Unweighted n[a]	209	113	45	51
Weighted n	36,478	17,973	9,084	9,420
Females	567.5	567.5	567.5	567.5
Unweighted n[b]	192	100	49	43
Weighted n	32,266	16,228	8,356	7,682
Formula only				
Males	699.9	712.1	678.1	695.8
Unweighted n[a]	920	411	214	295
Weighted n	153,332	70,909	37,258	45,165
Females	631.8	634.2	635.4	626.5
Unweighted n[b]	880	381	222	277
Weighted n	146,928	63,630	37,800	45,499
Breastmilk and formula				
Males	574.9	592.8	569.3	570.4
Unweighted n[a]	201	97	52	52
Weighted n	34,752	17,438	8,891	8,423
Females	567.1	559.0	581.3	567.8
Unweighted n[b]	194	83	48	63
Weighted n	34,528	14,713	9,581	10,234

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1i: Median intake[b] of select nutrients by mother's feeding choice and income poverty (Month 5)

			Income Poverty		
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Breastmilk only					
Calcium (mg/d)	200	259.4	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.4	1.4
Unweighted n[a]		401	208	131	62
Weighted n		68,744	34,573	22,350	11,821
Formula only					
Calcium (mg/d)	200	574.1	582.3	556.9	579.1
Iron (mg/d)	0.2	12.7	13.0	12.1	12.8
Zinc (mg/d)	2	5.8	6.0	5.6	5.7
Unweighted n[a]		1,800	1,179	462	159
Weighted n		300,260	197,093	76,296	26,870
Breastmilk and formula					
Calcium (mg/d)	200	371.7	365.7	395.1	349.2
Iron (mg/d)	0.2	6.2	5.8	6.8	5.2
Zinc (mg/d)	2	3.2	3.2	3.5	2.8
Unweighted n[a]		395	231	117	47
Weighted n		69,280	42,502	17,831	8,947

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2i: Median intake[c] of energy by mother's feeding choice and income poverty (Month 5)

Feeding Choice	Median Intake (kCal)	Income Poverty		
		75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Breastmilk only				
Males	567.5	567.5	567.5	567.5
Unweighted n[a]	209	109	71	29
Weighted n	36,478	18,563	12,197	5,718
Females	567.5	567.5	567.5	567.5
Unweighted n[b]	192	99	60	33
Weighted n	32,266	16,010	10,154	6,102
Formula only				
Males	699.9	702.9	664.6	703.1
Unweighted n[a]	920	617	210	93
Weighted n	153,332	103,266	34,801	15,265
Females	631.8	641.3	615.5	576.0
Unweighted n[b]	880	562	252	66
Weighted n	146,928	93,827	41,495	11,605
Breastmilk and formula				
Males	574.9	581.9	583.1	562.5
Unweighted n[a]	201	114	61	26
Weighted n	34,752	20,450	9,480	4,822
Females	567.1	566.5	567.2	592.0
Unweighted n[b]	194	117	56	21
Weighted n	34,528	22,053	8,351	4,125

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1k: Median intake[b] of select nutrients by mother's feeding choice and age of mother or caregiver at child's birth (Month 5)

			Age of Mother or Caregiver at Child's Birth		
Feeding Choice and Nutrient	**Adequate Intake (mg/d)**	**Median Intake**	**16-19 Years**	**20-25 Years**	**26 Years or Older**
Breastmilk only					
Calcium (mg/d)	200	259.4	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.3	1.4
Unweighted n[a]		401	34	149	218
Weighted n		68,744	5,081	25,445	38,218
Formula only					
Calcium (mg/d)	200	574.1	577.7	579.2	568.9
Iron (mg/d)	0.2	12.7	12.9	12.7	12.5
Zinc (mg/d)	2	5.8	5.7	6.0	5.8
Unweighted n[a]		1,800	240	781	779
Weighted n		300,260	39,841	126,610	133,808
Breastmilk and formula					
Calcium (mg/d)	200	371.7	431.5	354.7	372.1
Iron (mg/d)	0.2	6.2	9.7	5.3	6.2
Zinc (mg/d)	2	3.2	3.9	3.1	3.2
Unweighted n[a]		395	21	125	249
Weighted n		69,280	4,587	20,907	43,787

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2k: Median intake[c] of energy by mother's feeding choice and age of mother or caregiver at child's birth (Month 5)

		Age of Mother or Caregiver at Child's Birth		
Feeding Choice	Median Intake (kCal)	16-19 Years	20-25 Years	26 Years or Older
Breastmilk only				
Males	567.5	567.5	567.5	567.5
Unweighted n[a]	209	15	72	122
Weighted n	36,478	2,426	12,360	21,692
Females	567.5	562.5	567.5	567.5
Unweighted n[b]	192	19	77	96
Weighted n	32,266	2,655	13,085	16,526
Formula only				
Males	699.9	697.8	701.5	686.7
Unweighted n[a]	920	128	398	394
Weighted n	153,332	19,032	66,274	68,026
Females	631.8	615.7	641.3	616.5
Unweighted n[b]	880	112	383	385
Weighted n	146,928	20,809	60,337	65,782
Breastmilk and formula				
Males	574.9	610.5	590.0	570.5
Unweighted n[a]	201	14	68	119
Weighted n	34,752	3,417	11,518	19,816
Females	567.1	648.9	565.1	567.5
Unweighted n[b]	194	7	57	130
Weighted n	34,528	1,170	9,388	23,971

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1r: Median intake[b] of select nutrients by mother's feeding choice and non-breastfeeding infant nutrition education and skills training from WIC (Month 5)

			Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Feeding Choice and Nutrient	**Adequate Intake (mg/d)**	**Median Intake**	**Received Training on Formula Only**	**Received Training on Cereal Only**	**Received Training on Both**	**Received Training on Neither**
Breastmilk only						
Calcium (mg/d)	200	259.4	256.6	259.4	259.4	259.7
Iron (mg/d)	0.2	0.2	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.4	1.4	1.3
Unweighted n[a]		401	28	114	99	140
Weighted n		68,744	4,786	19,339	16,726	24,688
Formula only						
Calcium (mg/d)	200	574.1	552.5	576.7	535.8	574.8
Iron (mg/d)	0.2	12.7	13.2	12.5	11.8	12.9
Zinc (mg/d)	2	5.8	6.3	6.0	5.7	5.8
Unweighted n[a]		1,800	365	85	1,071	234
Weighted n		300,260	63,284	13,893	175,791	40,021
Breastmilk and formula						
Calcium (mg/d)	200	371.7	354.5	371.0	359.3	375.1
Iron (mg/d)	0.2	6.2	5.3	6.3	4.9	6.5
Zinc (mg/d)	2	3.2	2.8	3.2	3.0	3.4
Unweighted n[a]		395	84	48	159	86
Weighted n		69,280	14,954	6,874	27,569	15,873

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.

[b] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2r: Median intake[c] of energy by mother's feeding choice and non-breastfeeding infant nutrition education and skills training from WIC (Month 5)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Feeding Choice	Median Intake (kCal)	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Breastmilk only					
Males	567.5	567.5	567.5	567.5	567.5
Unweighted n[a]	209	18	57	45	78
Weighted n	36,478	3,079	9,691	8,527	13,800
Females	567.5	558.0	567.5	567.5	567.5
Unweighted n[b]	192	10	57	54	62
Weighted n	32,266	1,707	9,648	8,198	10,888
Formula only					
Males	699.9	765.3	673.6	662.4	701.4
Unweighted n[a]	920	179	49	554	120
Weighted n	153,332	31,169	7,952	89,888	21,333
Females	631.8	621.7	627.2	615.5	635.8
Unweighted n[b]	880	186	36	517	114
Weighted n	146,928	32,114	5,940	85,903	18,688
Breastmilk and formula					
Males	574.9	557.0	584.6	599.5	576.2
Unweighted n[a]	201	40	26	84	42
Weighted n	34,752	6,987	3,397	14,391	7,923
Females	567.1	587.5	565.5	570.1	565.1
Unweighted n[b]	194	44	22	75	44
Weighted n	34,528	7,966	3,477	13,178	7,950

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.

[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.

[c] Intakes are from food and supplements.

Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-1w: Median intake[b] of select nutrients by mother's feeding choice and child WIC participation status (Month 5)

			Child WIC Participation Status	
Feeding Choice and Nutrient	Adequate Intake (mg/d)	Median Intake	Receiving WIC	Not Receiving WIC
Breastmilk only				
Calcium (mg/d)	200	259.4	259.4	259.4
Iron (mg/d)	0.2	0.2	0.2	0.2
Zinc (mg/d)	2	1.4	1.4	1.3
Unweighted n[a]		401	381	20
Weighted n		68,744	66,119	2,625
Formula only				
Calcium (mg/d)	200	574.1	573.7	577.9
Iron (mg/d)	0.2	12.7	12.7	12.2
Zinc (mg/d)	2	5.8	5.9	5.4
Unweighted n[a]		1,800	1,742	58
Weighted n		300,260	291,507	8,753
Breastmilk and formula				
Calcium (mg/d)	200	371.7	371.5	370.4
Iron (mg/d)	0.2	6.2	6.2	5.5
Zinc (mg/d)	2	3.2	3.2	3.3
Unweighted n[a]		395	377	18
Weighted n		69,280	65,897	3,383

[a] n is the number of respondents given the feeding choice at the Month 5 Interview.
[b] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-5-2w: Median intake[c] of energy by mother's feeding choice and child WIC participation status (Month 5)

		Child WIC Participation Status	
Feeding Choice	Median Intake (kCal)	Receiving WIC	Not Receiving WIC
Breastmilk only			
Males	567.5	567.5	567.5
Unweighted n[a]	209	196	13
Weighted n	36,478	35,011	1,466
Females	567.5	567.5	560.6
Unweighted n[b]	192	185	7
Weighted n	32,266	31,108	1,159
Formula only			
Males	699.9	700.8	639.9
Unweighted n[a]	920	894	26
Weighted n	153,332	149,371	3,961
Females	631.8	631.6	654.7
Unweighted n[b]	880	848	32
Weighted n	146,928	142,136	4,792
Breastmilk and formula			
Males	574.9	575.3	553.7
Unweighted n[a]	201	193	8
Weighted n	34,752	33,166	1,585
Females	567.1	567.2	553.4
Unweighted n[b]	194	184	10
Weighted n	34,528	32,731	1,798

[a] n is the number of respondents with male children given the feeding choice at the Month 5 Interview.
[b] n is the number of respondents with female children given the feeding choice at the Month 5 Interview.
[c] Intakes are from food and supplements.
Data source: Month 5 Interview, Question CF1; AMPM 24 Hour Recall for Food Intake, Month 5. Cross-sectional weights for 5 Month Interview are used for this table.

Table C4-6: Median of percent of total energy[e] at eating occasions by interview month (Months 3-24)

	Median of Percent of Total Energy by Interview Month								
Eating Occasion[f]	Month 3	Month 5	Month 7	Month 9	Month 11	Month 13	Month 15	Month 18	Month 24
Breakfast	17.0	18.8	18.9	18.5	19.4	20.9	22.5	21.9	23.2
Unweighted n[a]	1,473	1,614	2,537	2,101	2,058	2,613	1,949	1,894	2,375
Weighted n	237,007	270,012	356,327	378,522	392,025	410,041	418,457	419,929	428,368
Lunch	15.8	16.7	15.6	16.1	17.6	21.5	23.1	23.8	25.3
Unweighted n[b]	1,320	1,450	2,318	1,941	1,912	2,459	1,843	1,821	2,280
Weighted n	210,566	240,289	324,363	351,119	367,222	383,586	395,584	404,665	410,871
Dinner	15.0	16.2	15.9	15.8	17.1	20.8	22.2	23.8	24.5
Unweighted n[c]	1,309	1,488	2,360	1,912	1,954	2,491	1,857	1,827	2,309
Weighted n	209,016	244,815	325,641	345,252	370,410	389,063	396,320	404,055	415,502
Snack[g]	27.3	27.0	19.3	18.4	17.1	21.0	19.7	19.8	21.3
Unweighted n[d]	783	926	1,647	1,501	1,572	2,160	1,571	1,559	1,999
Weighted n	121,737	149,868	228,409	273,133	295,493	329,421	330,391	340,989	351,307

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100
[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.
[g] Total energy at snack is calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 3-24. Cross-sectional weights for 3, 5, 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-6a: Median of percent of total energy[e] at eating occasions by race (Months 7, 13 and 24)

		Race		
Eating Occasion[f]	Percent of Total Energy Median	Black or African American	White	Other
Month 7				
Breakfast	18.9	17.9	19.2	19.3
Unweighted n[a]	2,537	641	1,524	372
Weighted n	356,327	75,790	215,350	65,188
Lunch	15.6	16.7	15.6	14.7
Unweighted n[b]	2,318	586	1,387	345
Weighted n	324,363	68,018	193,618	62,728
Dinner	15.9	17.3	15.8	15.1
Unweighted n[c]	2,360	597	1,420	343
Weighted n	325,641	69,799	196,004	59,838
Snack[g]	19.3	23.0	19.0	18.6
Unweighted n[d]	1,647	498	905	244
Weighted n	228,409	57,715	127,366	43,328
Month 13				
Breakfast	20.9	22.8	20.5	19.8
Unweighted n[a]	2,613	704	1,526	383
Weighted n	410,041	87,165	245,495	77,380
Lunch	21.5	21.3	21.7	20.9
Unweighted n[b]	2,459	643	1,458	358
Weighted n	383,586	78,668	233,305	71,612
Dinner	20.8	21.7	20.8	18.7
Unweighted n[c]	2,491	683	1,455	353
Weighted n	389,063	84,726	231,785	72,552
Snack[g]	21.0	21.1	20.1	23.6
Unweighted n[d]	2,160	647	1,222	291
Weighted n	329,421	78,005	196,810	54,606
Month 24				

(Continued)

Table C4-6a: Median of percent of total energy[e] at eating occasions by race (Months 7, 13 and 24)

		Race		
Eating Occasion[f]	Percent of Total Energy Median	Black or African American	White	Other
Breakfast	23.2	23.4	23.2	23.1
Unweighted n[a]	2,375	681	1,350	344
Weighted n	428,368	93,075	252,280	83,014
Lunch	25.3	25.3	25.0	26.3
Unweighted n[b]	2,280	645	1,311	324
Weighted n	410,871	88,156	244,974	77,740
Dinner	24.5	26.1	24.8	22.1
Unweighted n[c]	2,309	666	1,314	329
Weighted n	415,502	90,004	245,989	79,509
Snack[g]	21.3	21.3	21.0	22.9
Unweighted n[d]	1,999	628	1,094	277
Weighted n	351,307	85,003	201,143	65,161

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100
[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.
[g] Total energy at snack is calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6b: Median of percent of total energy[e] at eating occasions by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Eating Occasion[f]	Percent of Total Energy Median	Hispanic	Non-Hispanic
Month 7			
Breakfast	18.9	20.0	18.0
Unweighted n[a]	2,537	1,008	1,529
Weighted n	356,327	169,982	186,345
Lunch	15.6	16.9	14.6
Unweighted n[b]	2,318	894	1,424
Weighted n	324,363	150,817	173,546
Dinner	15.9	15.8	16.0
Unweighted n[c]	2,360	863	1,497
Weighted n	325,641	144,060	181,582
Snack[g]	19.3	17.3	22.9
Unweighted n[d]	1,647	508	1,139
Weighted n	228,409	89,490	138,919
Month 13			
Breakfast	20.9	22.3	20.1
Unweighted n[a]	2,613	967	1,646
Weighted n	410,041	186,223	223,817
Lunch	21.5	23.3	20.2
Unweighted n[b]	2,459	900	1,559
Weighted n	383,586	172,569	211,017
Dinner	20.8	19.2	21.8
Unweighted n[c]	2,491	862	1,629
Weighted n	389,063	166,939	222,124
Snack[g]	21.0	20.4	21.2
Unweighted n[d]	2,160	638	1,522
Weighted n	329,421	123,989	205,432
Month 24			

(Continued)

Table C4-6b: Median of percent of total energy[e] at eating occasions by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Eating Occasion[f]	Percent of Total Energy Median	Hispanic	Non-Hispanic
Breakfast	23.2	24.5	22.1
Unweighted n[a]	2,375	880	1,495
Weighted n	428,368	198,613	229,755
Lunch	25.3	26.6	24.1
Unweighted n[b]	2,280	832	1,448
Weighted n	410,871	188,701	222,170
Dinner	24.5	22.4	26.4
Unweighted n[c]	2,309	819	1,490
Weighted n	415,502	186,707	228,795
Snack[g]	21.3	21.0	21.4
Unweighted n[d]	1,999	602	1,397
Weighted n	351,307	137,846	213,461

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100
[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.
[g] Total energy at snack is calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6c: Median of percent of total energy[e] at eating occasions by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Eating Occasion[f]	Percent of Total Energy Median	Married	Not Married (includes divorced and widowed)
Month 7			
Breakfast	18.9	19.0	18.9
Unweighted n[a]	2,537	785	1,752
Weighted n	356,327	117,651	238,676
Lunch	15.6	14.9	15.8
Unweighted n[b]	2,318	727	1,591
Weighted n	324,363	109,056	215,308
Dinner	15.9	14.9	16.3
Unweighted n[c]	2,360	717	1,643
Weighted n	325,641	102,128	223,514
Snack[g]	19.3	18.1	20.0
Unweighted n[d]	1,647	466	1,181
Weighted n	228,409	70,417	157,992
Month 13			
Breakfast	20.9	20.6	21.0
Unweighted n[a]	2,613	815	1,798
Weighted n	410,041	137,854	272,187
Lunch	21.5	20.4	21.9
Unweighted n[b]	2,459	773	1,686
Weighted n	383,586	128,918	254,668
Dinner	20.8	19.4	21.5
Unweighted n[c]	2,491	767	1,724
Weighted n	389,063	130,022	259,041
Snack[g]	21.0	19.9	21.7
Unweighted n[d]	2,160	647	1,513
Weighted n	329,421	105,954	223,466
Month 24			

(Continued)

Table C4-6c: Median of percent of total energy[e] at eating occasions by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Eating Occasion[f]	Percent of Total Energy Median	Married	Not Married (includes divorced and widowed)
Breakfast	23.2	23.4	23.2
Unweighted n[a]	2,375	843	1,532
Weighted n	428,368	157,705	270,663
Lunch	25.3	24.7	25.5
Unweighted n[b]	2,280	817	1,463
Weighted n	410,871	151,985	258,886
Dinner	24.5	23.7	25.0
Unweighted n[c]	2,309	806	1,503
Weighted n	415,502	150,553	264,949
Snack[g]	21.3	21.3	21.3
Unweighted n[d]	1,999	696	1,303
Weighted n	351,307	127,220	224,087

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100

[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.

[g] Total energy at snack is calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6d: Median of percent of total energy[e] at eating occasions by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Eating Occasion[f]	Percent of Total Energy Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7				
Breakfast	18.9	19.4	18.8	17.7
Unweighted n[a]	2,537	1,299	790	448
Weighted n	356,327	187,333	110,540	58,454
Lunch	15.6	15.8	14.8	16.6
Unweighted n[b]	2,318	1,197	714	407
Weighted n	324,363	169,708	101,583	53,073
Dinner	15.9	15.8	15.8	16.3
Unweighted n[c]	2,360	1,195	739	426
Weighted n	325,641	166,404	104,373	54,864
Snack[g]	19.3	20.4	18.1	21.8
Unweighted n[d]	1,647	853	494	300
Weighted n	228,409	120,092	69,188	39,129
Month 13				
Breakfast	20.9	21.1	21.0	20.1
Unweighted n[a]	2,613	1,334	819	460
Weighted n	410,041	212,599	129,152	68,289
Lunch	21.5	21.7	22.3	20.2
Unweighted n[b]	2,459	1,251	773	435
Weighted n	383,586	198,386	120,603	64,596
Dinner	20.8	21.1	20.2	21.8
Unweighted n[c]	2,491	1,268	774	449
Weighted n	389,063	201,185	121,908	65,970
Snack[g]	21.0	21.2	19.6	22.8
Unweighted n[d]	2,160	1,121	652	387
Weighted n	329,421	173,164	99,582	56,675
Month 24				

(Continued)

Table C4-6d: Median of percent of total energy[e] at eating occasions by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Eating Occasion[f]	Percent of Total Energy Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Breakfast	23.2	23.5	23.2	22.3
Unweighted n[a]	2,375	1,552	524	299
Weighted n	428,368	279,038	97,647	51,683
Lunch	25.3	24.8	25.8	26.4
Unweighted n[b]	2,280	1,494	499	287
Weighted n	410,871	268,043	94,123	48,705
Dinner	24.5	24.0	25.7	24.6
Unweighted n[c]	2,309	1,505	505	299
Weighted n	415,502	269,916	94,245	51,341
Snack[g]	21.3	21.0	21.7	21.6
Unweighted n[d]	1,999	1,312	420	267
Weighted n	351,307	230,631	75,388	45,288

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100

[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.

[g] Total energy at snack is calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6e: Median of percent of total energy[e] at eating occasions by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Eating Occasion[f]	Percent of Total Energy Median	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Month 7				
Breakfast	18.9	20.5	18.5	18.7
Unweighted n[a]	2,537	409	1,235	893
Weighted n	356,327	65,277	165,433	125,617
Lunch	15.6	17.5	15.9	14.6
Unweighted n[b]	2,318	365	1,109	844
Weighted n	324,363	58,361	148,540	117,463
Dinner	15.9	16.9	15.8	15.4
Unweighted n[c]	2,360	377	1,141	842
Weighted n	325,641	57,551	151,884	116,207
Snack[g]	19.3	19.1	19.7	19.3
Unweighted n[d]	1,647	239	830	578
Weighted n	228,409	35,734	111,864	80,811
Month 13				
Breakfast	20.9	20.3	20.5	21.5
Unweighted n[a]	2,613	405	1,307	901
Weighted n	410,041	72,507	195,845	141,689
Lunch	21.5	21.3	21.5	21.7
Unweighted n[b]	2,459	382	1,223	854
Weighted n	383,586	68,830	180,523	134,233
Dinner	20.8	19.5	22.0	20.0
Unweighted n[c]	2,491	390	1,236	865
Weighted n	389,063	69,532	183,652	135,879
Snack[g]	21.0	18.9	21.5	21.4
Unweighted n[d]	2,160	327	1,092	741
Weighted n	329,421	55,762	158,565	115,094

(Continued)

Table C4-6e: Median of percent of total energy[e] at eating occasions by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Eating Occasion[f]	Percent of Total Energy Median	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Month 24				
Breakfast	23.2	23.8	22.8	23.5
Unweighted n[a]	2,375	346	1,155	874
Weighted n	428,368	65,675	204,369	158,325
Lunch	25.3	26.1	25.5	24.4
Unweighted n[b]	2,280	329	1,114	837
Weighted n	410,871	62,322	196,543	152,006
Dinner	24.5	24.4	25.3	23.5
Unweighted n[c]	2,309	333	1,131	845
Weighted n	415,502	63,357	198,731	153,413
Snack[g]	21.3	20.3	21.0	21.8
Unweighted n[d]	1,999	295	977	727
Weighted n	351,307	53,239	170,327	127,741

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100

[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.

[g] Total energy at snack is calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6f: Median of percent of total energy[e] at eating occasions by parity (Months 7, 13 and 24)

		Parity		
Eating Occasion[f]	Percent of Total Energy Median	First Born	Second Born	Third or Subsequent Born
Month 7				
Breakfast	18.9	19.7	18.4	18.4
Unweighted n[a]	2,537	1,070	685	782
Weighted n	356,327	150,373	94,679	111,275
Lunch	15.6	15.9	15.2	15.5
Unweighted n[b]	2,318	986	612	720
Weighted n	324,363	136,879	85,250	102,234
Dinner	15.9	16.6	14.3	15.9
Unweighted n[c]	2,360	996	630	734
Weighted n	325,641	137,331	84,559	103,751
Snack[g]	19.3	20.6	18.4	18.9
Unweighted n[d]	1,647	752	440	455
Weighted n	228,409	102,473	60,661	65,275
Month 13				
Breakfast	20.9	21.2	20.8	20.5
Unweighted n[a]	2,613	1,076	711	826
Weighted n	410,041	169,569	110,002	130,470
Lunch	21.5	20.5	21.0	23.3
Unweighted n[b]	2,459	1,009	658	792
Weighted n	383,586	157,977	99,954	125,655
Dinner	20.8	20.9	19.2	21.7
Unweighted n[c]	2,491	1,041	671	779
Weighted n	389,063	161,671	102,846	124,546
Snack[g]	21.0	21.7	21.2	19.2
Unweighted n[d]	2,160	932	565	663
Weighted n	329,421	141,359	86,734	101,328
Month 24				

(Continued)

Table C4-6f: Median of percent of total energy[e] at eating occasions by parity (Months 7, 13 and 24)

		Parity		
Eating Occasion[f]	Percent of Total Energy Median	First Born	Second Born	Third or Subsequent Born
Breakfast	23.2	23.5	23.3	22.9
Unweighted n[a]	2,375	980	655	740
Weighted n	428,368	182,553	116,927	128,888
Lunch	25.3	25.3	24.9	25.9
Unweighted n[b]	2,280	917	634	729
Weighted n	410,871	171,515	112,896	126,460
Dinner	24.5	24.6	24.8	24.2
Unweighted n[c]	2,309	944	637	728
Weighted n	415,502	175,360	112,768	127,375
Snack[g]	21.3	20.7	21.6	21.5
Unweighted n[d]	1,999	840	545	614
Weighted n	351,307	148,415	96,418	106,475

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100
[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.
[g] Total energy at snack is calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6g: Median of percent of total energy[e] at eating occasions by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Eating Occasion[f]	Percent of Total Energy Median	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Month 7					
Breakfast	18.9	19.8	19.3	17.8	18.2
Unweighted n[a]	2,537	819	1,000	374	344
Weighted n	356,327	111,484	139,933	54,828	50,083
Lunch	15.6	16.1	15.7	15.3	14.6
Unweighted n[b]	2,318	735	922	338	323
Weighted n	324,363	100,754	127,538	49,834	46,237
Dinner	15.9	15.8	16.3	15.4	15.7
Unweighted n[c]	2,360	752	932	352	324
Weighted n	325,641	99,995	128,597	51,259	45,790
Snack[g]	19.3	21.9	18.5	20.3	14.7
Unweighted n[d]	1,647	519	637	254	237
Weighted n	228,409	71,965	87,171	35,869	33,404
Month 13					
Breakfast	20.9	21.2	21.0	20.6	20.3
Unweighted n[a]	2,613	829	1,035	399	350
Weighted n	410,041	125,951	161,670	66,329	56,091
Lunch	21.5	22.9	21.1	20.9	20.4
Unweighted n[b]	2,459	779	977	365	338
Weighted n	383,586	119,156	151,136	59,402	53,893
Dinner	20.8	21.4	21.1	19.3	21.3
Unweighted n[c]	2,491	790	983	372	346
Weighted n	389,063	120,919	151,063	61,862	55,219
Snack[g]	21.0	20.6	20.5	23.3	20.4
Unweighted n[d]	2,160	640	860	338	322
Weighted n	329,421	92,329	131,688	54,362	51,041
Month 24					

(Continued)

Table C4-6g: Median of percent of total energy[e] at eating occasions by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Eating Occasion[f]	Percent of Total Energy Median	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Breakfast	23.2	24.2	22.8	23.2	22.5
Unweighted n[a]	2,375	765	936	356	318
Weighted n	428,368	134,449	173,098	63,171	57,651
Lunch	25.3	26.1	25.5	23.6	23.8
Unweighted n[b]	2,280	734	899	339	308
Weighted n	410,871	129,577	164,816	60,072	56,407
Dinner	24.5	23.3	25.2	24.3	25.8
Unweighted n[c]	2,309	736	912	347	314
Weighted n	415,502	129,831	168,338	60,144	57,190
Snack[g]	21.3	21.9	21.3	19.7	20.6
Unweighted n[d]	1,999	620	796	306	277
Weighted n	351,307	103,251	144,762	53,237	50,057

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100
[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.
[g] Total energy at snack is calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6h: Median of percent of total energy[e] at eating occasions by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Eating Occasion[f]	Percent of Total Energy Median	Normal or Underweight	Overweight	Obese
Month 7				
Breakfast	18.9	19.3	19.1	18.3
Unweighted n[a]	2,537	1,080	728	729
Weighted n	356,327	157,290	92,556	106,481
Lunch	15.6	15.7	16.1	14.7
Unweighted n[b]	2,318	982	660	676
Weighted n	324,363	141,909	84,601	97,853
Dinner	15.9	16.2	15.2	16.1
Unweighted n[c]	2,360	990	677	693
Weighted n	325,641	142,871	83,977	98,794
Snack[g]	19.3	19.9	18.5	21.1
Unweighted n[d]	1,647	711	467	469
Weighted n	228,409	100,863	60,491	67,055
Month 13				
Breakfast	20.9	20.6	21.3	20.9
Unweighted n[a]	2,613	1,122	725	766
Weighted n	410,041	186,818	102,833	120,389
Lunch	21.5	21.9	21.8	21.0
Unweighted n[b]	2,459	1,050	688	721
Weighted n	383,586	173,311	97,243	113,032
Dinner	20.8	21.4	20.3	20.8
Unweighted n[c]	2,491	1,073	671	747
Weighted n	389,063	176,967	94,954	117,142
Snack[g]	21.0	20.0	21.8	22.0
Unweighted n[d]	2,160	934	581	645
Weighted n	329,421	151,764	76,663	100,994

(Continued)

Table C4-6h: Median of percent of total energy[e] at eating occasions by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Eating Occasion[f]	Percent of Total Energy Median	Normal or Underweight	Overweight	Obese
Month 24				
Breakfast	23.2	22.5	25.6	23.1
Unweighted n[a]	2,375	1,021	653	701
Weighted n	428,368	197,128	105,191	126,048
Lunch	25.3	24.7	26.9	24.3
Unweighted n[b]	2,280	974	618	688
Weighted n	410,871	187,612	99,979	123,280
Dinner	24.5	24.2	24.2	25.5
Unweighted n[c]	2,309	983	633	693
Weighted n	415,502	189,944	101,476	124,081
Snack[g]	21.3	22.1	20.1	21.5
Unweighted n[d]	1,999	853	547	599
Weighted n	351,307	162,124	84,655	104,528

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100
[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.
[g] Total energy at snack is calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6i: Median of percent of total energy[e] at eating occasions by income poverty (Months 7, 13 and 24)

		Income Poverty		
Eating Occasion[f]	Percent of Total Energy Median	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7				
Breakfast	18.9	19.5	18.0	18.4
Unweighted n[a]	2,537	1,602	683	252
Weighted n	356,327	221,474	97,466	37,387
Lunch	15.6	16.5	14.6	13.4
Unweighted n[b]	2,318	1,448	635	235
Weighted n	324,363	202,504	88,190	33,670
Dinner	15.9	16.1	15.8	14.1
Unweighted n[c]	2,360	1,455	655	250
Weighted n	325,641	198,269	92,336	35,037
Snack[g]	19.3	19.9	17.5	19.6
Unweighted n[d]	1,647	1,026	451	170
Weighted n	228,409	139,274	64,823	24,312
Month 13				
Breakfast	20.9	21.6	20.5	19.2
Unweighted n[a]	2,613	1,647	697	269
Weighted n	410,041	253,142	111,446	45,453
Lunch	21.5	21.7	21.0	21.9
Unweighted n[b]	2,459	1,547	660	252
Weighted n	383,586	237,732	104,186	41,668
Dinner	20.8	21.3	20.1	21.1
Unweighted n[c]	2,491	1,551	676	264
Weighted n	389,063	234,495	109,431	45,137
Snack[g]	21.0	21.5	20.3	20.1
Unweighted n[d]	2,160	1,313	601	246
Weighted n	329,421	193,752	94,815	40,854
Month 24				

(Continued)

Table C4-6i: Median of percent of total energy[e] at eating occasions by income poverty (Months 7, 13 and 24)

		Income Poverty		
Eating Occasion[f]	Percent of Total Energy Median	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Breakfast	23.2	23.2	23.5	22.5
Unweighted n[a]	2,375	1,270	709	396
Weighted n	428,368	230,610	129,853	67,905
Lunch	25.3	26.1	24.6	23.8
Unweighted n[b]	2,280	1,222	680	378
Weighted n	410,871	221,156	125,414	64,301
Dinner	24.5	24.5	24.4	24.8
Unweighted n[c]	2,309	1,229	692	388
Weighted n	415,502	222,402	126,089	67,010
Snack[g]	21.3	20.8	21.8	21.6
Unweighted n[d]	1,999	1,008	621	370
Weighted n	351,307	177,957	110,707	62,642

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100

[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.

[g] Total energy at snack is calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6k: Median of percent of total energy[e] at eating occasions by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Eating Occasion[f]	Percent of Total Energy Median	16-19 Years	20-25 Years	26 Years or Older
Month 7				
Breakfast	18.9	20.1	19.0	18.5
Unweighted n[a]	2,537	294	1,022	1,221
Weighted n	356,327	43,769	138,549	174,009
Lunch	15.6	15.4	15.0	16.1
Unweighted n[b]	2,318	271	926	1,121
Weighted n	324,363	38,131	126,134	160,098
Dinner	15.9	16.3	16.1	15.7
Unweighted n[c]	2,360	272	942	1,146
Weighted n	325,641	38,686	127,696	159,260
Snack[g]	19.3	23.3	21.6	18.6
Unweighted n[d]	1,647	223	725	699
Weighted n	228,409	31,771	97,117	99,520
Month 13				
Breakfast	20.9	21.1	20.5	21.1
Unweighted n[a]	2,613	276	1,069	1,268
Weighted n	410,041	46,876	164,322	198,843
Lunch	21.5	20.8	20.8	22.2
Unweighted n[b]	2,459	257	1,011	1,191
Weighted n	383,586	43,415	154,038	186,133
Dinner	20.8	22.2	21.4	19.9
Unweighted n[c]	2,491	270	1,030	1,191
Weighted n	389,063	44,366	157,533	187,165
Snack[g]	21.0	20.7	22.4	19.7
Unweighted n[d]	2,160	241	929	990
Weighted n	329,421	37,657	139,796	151,968

(Continued)

Table C4-6k: Median of percent of total energy[e] at eating occasions by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Eating Occasion[f]	Percent of Total Energy Median	16-19 Years	20-25 Years	26 Years or Older
Month 24				
Breakfast	23.2	24.2	22.7	23.3
Unweighted n[a]	2,375	246	946	1,183
Weighted n	428,368	48,234	172,924	207,210
Lunch	25.3	26.5	25.4	24.9
Unweighted n[b]	2,280	230	901	1,149
Weighted n	410,871	45,046	164,910	200,916
Dinner	24.5	26.7	25.3	23.7
Unweighted n[c]	2,309	234	926	1,149
Weighted n	415,502	44,980	168,721	201,801
Snack[g]	21.3	22.8	21.0	21.3
Unweighted n[d]	1,999	204	823	972
Weighted n	351,307	37,600	147,862	165,845

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100
[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.
[g] Total energy at snack is calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6r: Median of percent of total energy[e] at eating occasions by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Eating Occasion[f]	Percent of Total Energy Median	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7					
Breakfast	18.9	19.3	19.1	16.7	18.9
Unweighted n[a]	2,537	442	232	1,352	451
Weighted n	356,327	66,916	30,746	181,805	67,712
Lunch	15.6	16.7	16.4	11.3	16.8
Unweighted n[b]	2,318	414	210	1,235	405
Weighted n	324,363	61,714	29,573	164,602	60,135
Dinner	15.9	14.6	15.1	11.2	16.8
Unweighted n[c]	2,360	413	224	1,241	426
Weighted n	325,641	61,683	30,296	163,146	61,874
Snack[g]	19.3	28.1	18.5	18.5	19.8
Unweighted n[d]	1,647	280	152	884	293
Weighted n	228,409	41,980	22,500	116,000	41,408
Month 13					
Breakfast	20.9	22.9	21.0	18.9	21.2
Unweighted n[a]	2,613	478	252	1,340	489
Weighted n	410,041	78,439	38,975	201,634	79,803
Lunch	21.5	21.5	20.1	23.0	21.9
Unweighted n[b]	2,459	448	239	1,255	465
Weighted n	383,586	72,803	36,892	187,635	75,095
Dinner	20.8	18.7	19.5	22.0	21.3
Unweighted n[c]	2,491	459	241	1,269	469
Weighted n	389,063	75,648	37,338	188,345	76,725
Snack[g]	21.0	20.6	21.6	18.5	21.5
Unweighted n[d]	2,160	384	213	1,123	397
Weighted n	329,421	62,138	31,450	163,362	63,876

(Continued)

Table C4-6r: Median of percent of total energy[e] at eating occasions by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Eating Occasion[f]	Percent of Total Energy Median	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 24					
Breakfast	23.2	20.2	23.2	23.4	23.3
Unweighted n[a]	2,375	429	234	1,216	441
Weighted n	428,368	84,111	40,103	210,475	82,783
Lunch	25.3	20.7	24.4	23.0	26.1
Unweighted n[b]	2,280	404	233	1,169	424
Weighted n	410,871	80,046	39,797	201,221	79,874
Dinner	24.5	25.0	22.1	23.3	25.3
Unweighted n[c]	2,309	412	236	1,179	427
Weighted n	415,502	80,911	39,794	202,693	81,209
Snack[g]	21.3	23.3	21.6	22.6	20.8
Unweighted n[d]	1,999	350	211	1,028	362
Weighted n	351,307	67,252	35,994	174,229	64,785

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100

[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.

[g] Total energy at snack is calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-6w: Median of percent of total energy[e] at eating occasions by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Eating Occasion[f]	Percent of Total Energy Median	Receiving WIC	Not Receiving WIC
Month 7			
Breakfast	18.9	18.7	20.3
Unweighted n[a]	2,537	2,437	100
Weighted n	356,327	343,059	13,268
Lunch	15.6	15.6	15.1
Unweighted n[b]	2,318	2,223	95
Weighted n	324,363	312,604	11,760
Dinner	15.9	15.8	18.4
Unweighted n[c]	2,360	2,264	96
Weighted n	325,641	313,406	12,235
Snack[g]	19.3	19.2	20.7
Unweighted n[d]	1,647	1,577	70
Weighted n	228,409	219,479	8,930
Month 13			
Breakfast	20.9	20.9	21.6
Unweighted n[a]	2,613	2,517	96
Weighted n	410,041	395,398	14,643
Lunch	21.5	21.5	23.6
Unweighted n[b]	2,459	2,366	93
Weighted n	383,586	369,287	14,299
Dinner	20.8	20.8	23.0
Unweighted n[c]	2,491	2,396	95
Weighted n	389,063	375,107	13,956
Snack[g]	21.0	20.7	22.4
Unweighted n[d]	2,160	2,079	81
Weighted n	329,421	318,213	11,208
Month 24			

(Continued)

Table C4-6w: Median of percent of total energy[e] at eating occasions by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Eating Occasion[f]	Percent of Total Energy Median	Receiving WIC	Not Receiving WIC
Breakfast	23.2	23.3	22.6
Unweighted n[a]	2,375	2,084	291
Weighted n	428,368	380,603	47,765
Lunch	25.3	25.3	25.0
Unweighted n[b]	2,280	1,996	284
Weighted n	410,871	365,114	45,757
Dinner	24.5	24.4	25.3
Unweighted n[c]	2,309	2,015	294
Weighted n	415,502	368,130	47,372
Snack[g]	21.3	21.1	21.9
Unweighted n[d]	1,999	1,722	277
Weighted n	351,307	307,707	43,600

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of total energy by meal = (sum of energy for foods reported at the meal)/(total energy for the day)*100

[f] Percent of total energy may not sum to 100% across eating occasions, because some infant feedings of breastmilk or formula may not be included in totals.

[g] Total energy at snack is calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7: Distribution of total energy from macronutrients at eating occasions by interview month (Months 7-24)

Eating Occasion and Macronutrients	Median of Percent of Total Energy[e] by Interview Month						
	Month 7	Month 9	Month 11	Month 13	Month 15	Month 18	Month 24
Breakfast							
Protein	8.3	8.3	9.0	14.4	15.2	15.5	15.2
Fat	37.7	31.3	31.9	29.9	30.5	30.1	28.9
Carbohydrate	51.8	59.7	58.4	56.4	55.7	55.6	56.9
Unweighted n[a]	2,537	2,101	2,058	2,613	1,949	1,894	2,375
Weighted n	356,327	378,522	392,025	410,041	418,457	419,929	428,368
Lunch							
Protein	8.5	8.9	9.9	15.1	15.2	15.4	15.1
Fat	32.5	28.7	28.4	29.7	31.7	31.6	31.2
Carbohydrate	55.1	60.3	59.1	54.5	51.9	51.7	52.6
Unweighted n[b]	2,318	1,941	1,912	2,459	1,843	1,821	2,280
Weighted n	324,363	351,119	367,222	383,586	395,584	404,665	410,871
Dinner							
Protein	8.8	9.3	11.0	17.4	18.4	18.6	18.6
Fat	34.1	30.4	29.8	30.6	30.7	31.7	31.1
Carbohydrate	53.4	56.7	55.0	49.4	48.2	46.9	48.1
Unweighted n[c]	2,360	1,912	1,954	2,491	1,857	1,827	2,309
Weighted n	325,641	345,252	370,410	389,063	396,320	404,055	415,502
Snacks							
Protein	8.1	7.8	7.6	9.6	9.5	8.9	9.2
Fat	34.5	29.9	27.4	29.3	28.9	27.9	28.5
Carbohydrate	55.2	61.6	63.9	61.1	62.7	63.4	62.9
Unweighted n[d]	1,647	1,501	1,572	2,160	1,571	1,559	1,999
Weighted n	228,409	273,133	295,493	329,421	330,391	340,989	351,307

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.

(Continued)

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs is not determined prior to 13 months. AMDRs at 13, 15, 18 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7-24. Cross-sectional weights for 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-7a: Distribution of total energy from macronutrients at eating occasions by race (Months 7, 13 and 24)

Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	Race		
		Black or African American	White	Other
Month 7				
Breakfast				
Protein	8.3	8.4	8.3	8.3
Fat	37.7	39.2	36.8	38.7
Carbohydrate	51.8	51.0	52.1	51.6
Unweighted n[a]	2,537	641	1,524	372
Weighted n	356,327	75,790	215,350	65,188
Lunch				
Protein	8.5	8.5	8.6	8.3
Fat	32.5	35.2	32.1	28.5
Carbohydrate	55.1	52.8	54.8	58.9
Unweighted n[b]	2,318	586	1,387	345
Weighted n	324,363	68,018	193,618	62,728
Dinner				
Protein	8.8	8.9	8.8	8.5
Fat	34.1	37.2	31.9	36.0
Carbohydrate	53.4	52.6	55.0	49.5
Unweighted n[c]	2,360	597	1,420	343
Weighted n	325,641	69,799	196,004	59,838
Snacks				
Protein	8.1	8.3	8.2	7.5
Fat	34.5	36.1	34.4	33.4
Carbohydrate	55.2	54.9	54.7	55.3
Unweighted n[d]	1,647	498	905	244
Weighted n	228,409	57,715	127,366	43,328
Month 13				
Breakfast				
Protein	14.4	13.9	14.5	14.1

(Continued)

Table C4-7a: Distribution of total energy from macronutrients at eating occasions by race (Months 7, 13 and 24)

		Race		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Black or African American**	**White**	**Other**
Fat	29.9	30.2	29.9	29.4
Carbohydrate	56.4	57.2	55.7	57.0
Unweighted n[a]	2,613	704	1,526	383
Weighted n	410,041	87,165	245,495	77,380
Lunch				
Protein	15.1	13.9	15.3	15.7
Fat	29.7	29.7	30.2	27.7
Carbohydrate	54.5	54.6	54.3	55.9
Unweighted n[b]	2,459	643	1,458	358
Weighted n	383,586	78,668	233,305	71,612
Dinner				
Protein	17.4	17.0	17.4	18.3
Fat	30.6	31.1	30.4	30.7
Carbohydrate	49.4	50.4	49.3	47.0
Unweighted n[c]	2,491	683	1,455	353
Weighted n	389,063	84,726	231,785	72,552
Snacks				
Protein	9.6	9.0	9.8	9.7
Fat	29.3	27.5	30.3	28.8
Carbohydrate	61.1	62.7	59.5	61.3
Unweighted n[d]	2,160	647	1,222	291
Weighted n	329,421	78,005	196,810	54,606
Month 24				
Breakfast				
Protein	15.2	14.3	15.5	16.2
Fat	28.9	26.2	29.1	30.9
Carbohydrate	56.9	61.7	56.2	53.1
Unweighted n[a]	2,375	681	1,350	344

(Continued)

Table C4-7a: Distribution of total energy from macronutrients at eating occasions by race (Months 7, 13 and 24)

		Race		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Black or African American**	**White**	**Other**
Weighted n	428,368	93,075	252,280	83,014
Lunch				
Protein	15.1	14.2	15.3	15.6
Fat	31.2	30.7	31.7	29.8
Carbohydrate	52.6	54.4	52.2	53.0
Unweighted n[b]	2,280	645	1,311	324
Weighted n	410,871	88,156	244,974	77,740
Dinner				
Protein	18.6	18.5	18.8	18.3
Fat	31.1	31.3	31.1	31.0
Carbohydrate	48.1	48.4	47.7	48.3
Unweighted n[c]	2,309	666	1,314	329
Weighted n	415,502	90,004	245,989	79,509
Snacks				
Protein	9.2	7.8	9.4	9.8
Fat	28.5	30.2	27.8	28.5
Carbohydrate	62.9	62.6	63.2	62.5
Unweighted n[d]	1,999	628	1,094	277
Weighted n	351,307	85,003	201,143	65,161

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7b: Distribution of total energy from macronutrients at eating occasions by ethnicity (Months 7, 13 and 24)

Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	Ethnicity	
		Hispanic	Non-Hispanic
Month 7			
Breakfast			
Protein	8.3	8.5	8.3
Fat	37.7	38.3	36.9
Carbohydrate	51.8	51.7	51.8
Unweighted n[a]	2,537	1,008	1,529
Weighted n	356,327	169,982	186,345
Lunch			
Protein	8.5	8.4	8.5
Fat	32.5	34.2	30.8
Carbohydrate	55.1	54.1	56.5
Unweighted n[b]	2,318	894	1,424
Weighted n	324,363	150,817	173,546
Dinner			
Protein	8.8	8.5	8.9
Fat	34.1	37.4	32.8
Carbohydrate	53.4	50.0	55.0
Unweighted n[c]	2,360	863	1,497
Weighted n	325,641	144,060	181,582
Snacks			
Protein	8.1	7.4	8.3
Fat	34.5	28.5	38.5
Carbohydrate	55.2	61.0	51.9
Unweighted n[d]	1,647	508	1,139
Weighted n	228,409	89,490	138,919
Month 13			
Breakfast			
Protein	14.4	15.0	13.4

(Continued)

Table C4-7b: Distribution of total energy from macronutrients at eating occasions by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Hispanic**	**Non-Hispanic**
Fat	29.9	31.3	28.8
Carbohydrate	56.4	53.3	58.3
Unweighted n[a]	2,613	967	1,646
Weighted n	410,041	186,223	223,817
Lunch			
Protein	15.1	15.3	14.9
Fat	29.7	27.7	31.0
Carbohydrate	54.5	56.7	52.4
Unweighted n[b]	2,459	900	1,559
Weighted n	383,586	172,569	211,017
Dinner			
Protein	17.4	17.1	17.6
Fat	30.6	29.4	31.3
Carbohydrate	49.4	50.4	48.4
Unweighted n[c]	2,491	862	1,629
Weighted n	389,063	166,939	222,124
Snacks			
Protein	9.6	9.9	9.4
Fat	29.3	28.6	29.7
Carbohydrate	61.1	61.9	60.7
Unweighted n[d]	2,160	638	1,522
Weighted n	329,421	123,989	205,432
Month 24			
Breakfast			
Protein	15.2	16.6	14.1
Fat	28.9	30.7	27.6
Carbohydrate	56.9	52.9	59.9
Unweighted n[a]	2,375	880	1,495

(Continued)

Table C4-7b: Distribution of total energy from macronutrients at eating occasions by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Hispanic**	**Non-Hispanic**
Weighted n	428,368	198,613	229,755
Lunch			
Protein	15.1	15.5	14.8
Fat	31.2	29.0	33.4
Carbohydrate	52.6	54.3	50.6
Unweighted n[b]	2,280	832	1,448
Weighted n	410,871	188,701	222,170
Dinner			
Protein	18.6	18.4	18.7
Fat	31.1	29.4	32.6
Carbohydrate	48.1	49.9	46.8
Unweighted n[c]	2,309	819	1,490
Weighted n	415,502	186,707	228,795
Snacks			
Protein	9.2	10.3	8.4
Fat	28.5	27.8	29.3
Carbohydrate	62.9	62.5	63.2
Unweighted n[d]	1,999	602	1,397
Weighted n	351,307	137,846	213,461

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7c: Distribution of total energy from macronutrients at eating occasions by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Married**	**Not Married (includes divorced and widowed)**
Month 7			
Breakfast			
Protein	8.3	8.3	8.4
Fat	37.7	37.5	37.8
Carbohydrate	51.8	51.4	51.9
Unweighted n[a]	2,537	785	1,752
Weighted n	356,327	117,651	238,676
Lunch			
Protein	8.5	8.4	8.5
Fat	32.5	32.4	32.5
Carbohydrate	55.1	53.8	56.2
Unweighted n[b]	2,318	727	1,591
Weighted n	324,363	109,056	215,308
Dinner			
Protein	8.8	8.5	8.9
Fat	34.1	31.8	34.7
Carbohydrate	53.4	53.1	53.4
Unweighted n[c]	2,360	717	1,643
Weighted n	325,641	102,128	223,514
Snacks			
Protein	8.1	7.5	8.2
Fat	34.5	31.0	35.9
Carbohydrate	55.2	55.9	55.2
Unweighted n[d]	1,647	466	1,181
Weighted n	228,409	70,417	157,992
Month 13			
Breakfast			

(Continued)

Table C4-7c: Distribution of total energy from macronutrients at eating occasions by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Married**	**Not Married (includes divorced and widowed)**
Protein	14.4	14.6	14.2
Fat	29.9	30.2	29.6
Carbohydrate	56.4	55.5	56.7
Unweighted n[a]	2,613	815	1,798
Weighted n	410,041	137,854	272,187
Lunch			
Protein	15.1	15.7	14.7
Fat	29.7	31.2	28.9
Carbohydrate	54.5	52.1	56.0
Unweighted n[b]	2,459	773	1,686
Weighted n	383,586	128,918	254,668
Dinner			
Protein	17.4	18.1	17.2
Fat	30.6	30.7	30.5
Carbohydrate	49.4	47.8	49.7
Unweighted n[c]	2,491	767	1,724
Weighted n	389,063	130,022	259,041
Snacks			
Protein	9.6	9.8	9.5
Fat	29.3	31.0	28.6
Carbohydrate	61.1	59.4	62.0
Unweighted n[d]	2,160	647	1,513
Weighted n	329,421	105,954	223,466
Month 24			
Breakfast			
Protein	15.2	16.0	14.7
Fat	28.9	30.9	28.3

(Continued)

Table C4-7c: Distribution of total energy from macronutrients at eating occasions by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Married**	**Not Married (includes divorced and widowed)**
Carbohydrate	56.9	54.1	58.1
Unweighted n[a]	2,375	843	1,532
Weighted n	428,368	157,705	270,663
Lunch			
Protein	15.1	15.6	14.8
Fat	31.2	31.1	31.2
Carbohydrate	52.6	50.8	53.2
Unweighted n[b]	2,280	817	1,463
Weighted n	410,871	151,985	258,886
Dinner			
Protein	18.6	17.7	19.0
Fat	31.1	31.5	30.7
Carbohydrate	48.1	48.1	48.1
Unweighted n[c]	2,309	806	1,503
Weighted n	415,502	150,553	264,949
Snacks			
Protein	9.2	9.6	9.0
Fat	28.5	28.0	29.1
Carbohydrate	62.9	63.2	62.7
Unweighted n[d]	1,999	696	1,303
Weighted n	351,307	127,220	224,087

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7c: Distribution of total energy from macronutrients at eating occasions by marital status of mother (Months 7, 13 and 24)

Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7d: Distribution of total energy from macronutrients at eating occasions by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**High or Marginal Food Security**	**Low Food Security**	**Very Low Food Security**
Month 7				
Breakfast				
Protein	8.3	8.3	8.4	8.5
Fat	37.7	38.3	37.4	37.2
Carbohydrate	51.8	51.3	52.1	52.1
Unweighted n[a]	2,537	1,299	790	448
Weighted n	356,327	187,333	110,540	58,454
Lunch				
Protein	8.5	8.4	8.5	8.6
Fat	32.5	33.6	28.9	33.8
Carbohydrate	55.1	54.2	57.8	54.2
Unweighted n[b]	2,318	1,197	714	407
Weighted n	324,363	169,708	101,583	53,073
Dinner				
Protein	8.8	8.7	8.9	8.9
Fat	34.1	34.9	34.4	31.8
Carbohydrate	53.4	52.8	52.3	56.0
Unweighted n[c]	2,360	1,195	739	426
Weighted n	325,641	166,404	104,373	54,864
Snacks				
Protein	8.1	8.0	8.1	8.3
Fat	34.5	35.2	33.1	35.5
Carbohydrate	55.2	54.0	57.3	54.4
Unweighted n[d]	1,647	853	494	300
Weighted n	228,409	120,092	69,188	39,129
Month 13				
Breakfast				

(Continued)

Table C4-7d: Distribution of total energy from macronutrients at eating occasions by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**High or Marginal Food Security**	**Low Food Security**	**Very Low Food Security**
Protein	14.4	14.6	14.5	13.2
Fat	29.9	30.2	30.4	26.6
Carbohydrate	56.4	55.4	55.8	60.6
Unweighted n[a]	2,613	1,334	819	460
Weighted n	410,041	212,599	129,152	68,289
Lunch				
Protein	15.1	15.1	15.1	14.9
Fat	29.7	29.5	30.3	30.0
Carbohydrate	54.5	55.1	54.2	53.5
Unweighted n[b]	2,459	1,251	773	435
Weighted n	383,586	198,386	120,603	64,596
Dinner				
Protein	17.4	17.3	17.3	17.8
Fat	30.6	30.3	30.4	32.0
Carbohydrate	49.4	49.5	50.0	47.2
Unweighted n[c]	2,491	1,268	774	449
Weighted n	389,063	201,185	121,908	65,970
Snacks				
Protein	9.6	9.9	9.1	9.8
Fat	29.3	29.0	30.4	29.8
Carbohydrate	61.1	61.5	60.7	60.4
Unweighted n[d]	2,160	1,121	652	387
Weighted n	329,421	173,164	99,582	56,675
Month 24				
Breakfast				
Protein	15.2	15.2	15.6	14.4
Fat	28.9	28.9	29.7	27.5

(Continued)

Table C4-7d: Distribution of total energy from macronutrients at eating occasions by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**High or Marginal Food Security**	**Low Food Security**	**Very Low Food Security**
Carbohydrate	56.9	56.9	56.1	58.5
Unweighted n[a]	2,375	1,552	524	299
Weighted n	428,368	279,038	97,647	51,683
Lunch				
Protein	15.1	15.1	15.3	14.8
Fat	31.2	31.1	30.4	33.3
Carbohydrate	52.6	52.8	52.9	50.1
Unweighted n[b]	2,280	1,494	499	287
Weighted n	410,871	268,043	94,123	48,705
Dinner				
Protein	18.6	18.2	18.8	19.8
Fat	31.1	31.2	31.3	30.7
Carbohydrate	48.1	48.7	47.0	47.2
Unweighted n[c]	2,309	1,505	505	299
Weighted n	415,502	269,916	94,245	51,341
Snacks				
Protein	9.2	9.3	9.3	8.3
Fat	28.5	28.8	27.8	26.9
Carbohydrate	62.9	62.8	62.7	64.8
Unweighted n[d]	1,999	1,312	420	267
Weighted n	351,307	230,631	75,388	45,288

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7d: Distribution of total energy from macronutrients at eating occasions by household food security (Months 7, 13 and 24)

Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7e: Distribution of total energy from macronutrients at eating occasions by participation in non-WIC benefit program (s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Does not Participate in Any Other Program**	**Participates in Other Program (s) and Is On SNAP**	**Participates in Other Program (s) and Is Not On SNAP**
Month 7				
Breakfast				
Protein	8.3	8.3	8.3	8.3
Fat	37.7	39.0	36.4	38.1
Carbohydrate	51.8	51.2	52.7	51.1
Unweighted n[a]	2,537	409	1,235	893
Weighted n	356,327	65,277	165,433	125,617
Lunch				
Protein	8.5	8.6	8.5	8.5
Fat	32.5	35.1	33.1	28.0
Carbohydrate	55.1	53.1	55.9	56.7
Unweighted n[b]	2,318	365	1,109	844
Weighted n	324,363	58,361	148,540	117,463
Dinner				
Protein	8.8	8.6	8.9	8.7
Fat	34.1	33.7	34.4	34.2
Carbohydrate	53.4	53.4	53.3	53.1
Unweighted n[c]	2,360	377	1,141	842
Weighted n	325,641	57,551	151,884	116,207
Snacks				
Protein	8.1	8.2	8.2	7.9
Fat	34.5	38.2	36.3	33.4
Carbohydrate	55.2	50.4	55.3	57.0
Unweighted n[d]	1,647	239	830	578
Weighted n	228,409	35,734	111,864	80,811
Month 13				
Breakfast				

(Continued)

Table C4-7e: Distribution of total energy from macronutrients at eating occasions by participation in non-WIC benefit program (s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Does not Participate in Any Other Program**	**Participates in Other Program (s) and Is On SNAP**	**Participates in Other Program (s) and Is Not On SNAP**
Protein	14.4	14.7	14.4	14.2
Fat	29.9	27.6	31.1	29.5
Carbohydrate	56.4	57.9	55.4	57.0
Unweighted n[a]	2,613	405	1,307	901
Weighted n	410,041	72,507	195,845	141,689
Lunch				
Protein	15.1	15.3	14.7	15.8
Fat	29.7	30.8	29.7	29.3
Carbohydrate	54.5	54.2	54.6	54.6
Unweighted n[b]	2,459	382	1,223	854
Weighted n	383,586	68,830	180,523	134,233
Dinner				
Protein	17.4	18.2	17.4	17.1
Fat	30.6	28.9	31.4	31.0
Carbohydrate	49.4	49.8	48.4	50.2
Unweighted n[c]	2,491	390	1,236	865
Weighted n	389,063	69,532	183,652	135,879
Snacks				
Protein	9.6	10.5	9.5	9.3
Fat	29.3	28.7	29.2	29.8
Carbohydrate	61.1	62.0	60.5	61.1
Unweighted n[d]	2,160	327	1,092	741
Weighted n	329,421	55,762	158,565	115,094
Month 24				
Breakfast				
Protein	15.2	14.9	14.5	16.0
Fat	28.9	29.0	27.5	30.4

(Continued)

Table C4-7e: Distribution of total energy from macronutrients at eating occasions by participation in non-WIC benefit program (s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Does not Participate in Any Other Program**	**Participates in Other Program (s) and Is On SNAP**	**Participates in Other Program (s) and Is Not On SNAP**
Carbohydrate	56.9	57.2	58.4	54.5
Unweighted n[a]	2,375	346	1,155	874
Weighted n	428,368	65,675	204,369	158,325
Lunch				
Protein	15.1	16.4	14.6	15.5
Fat	31.2	32.0	31.2	30.8
Carbohydrate	52.6	51.6	52.8	52.5
Unweighted n[b]	2,280	329	1,114	837
Weighted n	410,871	62,322	196,543	152,006
Dinner				
Protein	18.6	18.5	18.9	18.3
Fat	31.1	30.7	31.6	30.7
Carbohydrate	48.1	47.1	48.4	48.2
Unweighted n[c]	2,309	333	1,131	845
Weighted n	415,502	63,357	198,731	153,413
Snacks				
Protein	9.2	8.5	9.1	9.6
Fat	28.5	28.1	28.0	29.5
Carbohydrate	62.9	63.4	63.3	61.5
Unweighted n[d]	1,999	295	977	727
Weighted n	351,307	53,239	170,327	127,741

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7e: Distribution of total energy from macronutrients at eating occasions by participation in non-WIC benefit program (s) (Months 7, 13 and 24)

Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7f: Distribution of total energy from macronutrients at eating occasions by parity (Months 7, 13 and 24)

Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	Parity		
		First Born	Second Born	Third or Subsequent Born
Month 7				
Breakfast				
Protein	8.3	8.5	8.3	8.3
Fat	37.7	39.5	35.6	36.7
Carbohydrate	51.8	50.2	52.9	52.7
Unweighted n[a]	2,537	1,070	685	782
Weighted n	356,327	150,373	94,679	111,275
Lunch				
Protein	8.5	8.5	8.5	8.5
Fat	32.5	33.2	33.6	30.6
Carbohydrate	55.1	55.4	52.8	57.3
Unweighted n[b]	2,318	986	612	720
Weighted n	324,363	136,879	85,250	102,234
Dinner				
Protein	8.8	8.8	8.8	8.7
Fat	34.1	35.7	30.8	33.4
Carbohydrate	53.4	51.3	54.7	54.4
Unweighted n[c]	2,360	996	630	734
Weighted n	325,641	137,331	84,559	103,751
Snacks				
Protein	8.1	8.1	8.0	8.3
Fat	34.5	34.7	33.7	34.5
Carbohydrate	55.2	55.1	52.9	55.4
Unweighted n[d]	1,647	752	440	455
Weighted n	228,409	102,473	60,661	65,275
Month 13				
Breakfast				
Protein	14.4	14.0	14.3	14.6

(Continued)

Table C4-7f: Distribution of total energy from macronutrients at eating occasions by parity (Months 7, 13 and 24)

		Parity		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**First Born**	**Second Born**	**Third or Subsequent Born**
Fat	29.9	29.2	29.7	31.0
Carbohydrate	56.4	57.2	56.1	55.5
Unweighted n[a]	2,613	1,076	711	826
Weighted n	410,041	169,569	110,002	130,470
Lunch				
Protein	15.1	14.6	14.6	15.9
Fat	29.7	29.3	29.9	30.1
Carbohydrate	54.5	55.7	53.8	53.5
Unweighted n[b]	2,459	1,009	658	792
Weighted n	383,586	157,977	99,954	125,655
Dinner				
Protein	17.4	17.1	17.7	17.7
Fat	30.6	30.2	30.1	32.0
Carbohydrate	49.4	50.4	49.3	47.6
Unweighted n[c]	2,491	1,041	671	779
Weighted n	389,063	161,671	102,846	124,546
Snacks				
Protein	9.6	9.6	9.7	9.7
Fat	29.3	29.0	29.2	29.7
Carbohydrate	61.1	61.3	61.3	60.2
Unweighted n[d]	2,160	932	565	663
Weighted n	329,421	141,359	86,734	101,328
Month 24				
Breakfast				
Protein	15.2	15.2	14.6	15.8
Fat	28.9	28.5	28.8	30.3
Carbohydrate	56.9	57.2	57.4	55.0
Unweighted n[a]	2,375	980	655	740

(Continued)

Table C4-7f: Distribution of total energy from macronutrients at eating occasions by parity (Months 7, 13 and 24)

		Parity		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**First Born**	**Second Born**	**Third or Subsequent Born**
Weighted n	428,368	182,553	116,927	128,888
Lunch				
Protein	15.1	15.1	15.3	14.9
Fat	31.2	31.2	31.2	31.2
Carbohydrate	52.6	52.4	51.9	53.5
Unweighted n[b]	2,280	917	634	729
Weighted n	410,871	171,515	112,896	126,460
Dinner				
Protein	18.6	18.5	17.6	19.3
Fat	31.1	31.1	30.7	31.7
Carbohydrate	48.1	47.4	49.4	47.6
Unweighted n[c]	2,309	944	637	728
Weighted n	415,502	175,360	112,768	127,375
Snacks				
Protein	9.2	9.2	9.1	9.5
Fat	28.5	28.1	28.0	29.3
Carbohydrate	62.9	63.6	62.9	61.6
Unweighted n[d]	1,999	840	545	614
Weighted n	351,307	148,415	96,418	106,475

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7g: Distribution of total energy from macronutrients at eating occasions by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**1st Trimester**	**2nd Trimester**	**3rd Trimester**	**Postnatal Enrollment**
Month 7					
Breakfast					
Protein	8.3	8.4	8.4	8.3	8.3
Fat	37.7	38.0	36.8	38.9	38.1
Carbohydrate	51.8	52.1	52.0	51.3	51.0
Unweighted n[a]	2,537	819	1,000	374	344
Weighted n	356,327	111,484	139,933	54,828	50,083
Lunch					
Protein	8.5	8.6	8.5	8.3	8.6
Fat	32.5	33.2	32.8	32.3	30.9
Carbohydrate	55.1	54.0	56.0	55.1	58.0
Unweighted n[b]	2,318	735	922	338	323
Weighted n	324,363	100,754	127,538	49,834	46,237
Dinner					
Protein	8.8	8.9	8.7	8.5	8.7
Fat	34.1	34.7	33.8	35.2	33.3
Carbohydrate	53.4	51.8	54.0	51.4	55.3
Unweighted n[c]	2,360	752	932	352	324
Weighted n	325,641	99,995	128,597	51,259	45,790
Snacks					
Protein	8.1	7.9	8.2	8.3	8.0
Fat	34.5	36.6	35.1	32.8	30.6
Carbohydrate	55.2	54.3	55.6	53.8	56.8
Unweighted n[d]	1,647	519	637	254	237
Weighted n	228,409	71,965	87,171	35,869	33,404
Month 13					
Breakfast					

(Continued)

Table C4-7g: Distribution of total energy from macronutrients at eating occasions by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**1st Trimester**	**2nd Trimester**	**3rd Trimester**	**Postnatal Enrollment**
Protein	14.4	14.7	14.2	14.5	13.6
Fat	29.9	31.3	30.2	28.5	27.7
Carbohydrate	56.4	54.1	56.3	58.8	60.4
Unweighted n[a]	2,613	829	1,035	399	350
Weighted n	410,041	125,951	161,670	66,329	56,091
Lunch					
Protein	15.1	15.9	14.7	14.7	14.4
Fat	29.7	31.4	28.2	29.4	30.9
Carbohydrate	54.5	53.2	56.2	54.6	52.0
Unweighted n[b]	2,459	779	977	365	338
Weighted n	383,586	119,156	151,136	59,402	53,893
Dinner					
Protein	17.4	18.0	16.6	17.9	18.2
Fat	30.6	30.9	30.3	30.8	31.0
Carbohydrate	49.4	48.4	51.5	48.6	47.1
Unweighted n[c]	2,491	790	983	372	346
Weighted n	389,063	120,919	151,063	61,862	55,219
Snacks					
Protein	9.6	9.4	9.6	9.5	9.9
Fat	29.3	27.9	29.2	30.1	29.9
Carbohydrate	61.1	61.1	60.4	60.9	61.9
Unweighted n[d]	2,160	640	860	338	322
Weighted n	329,421	92,329	131,688	54,362	51,041
Month 24					
Breakfast					
Protein	15.2	15.7	14.9	15.2	14.9
Fat	28.9	30.8	27.9	28.5	28.7

(Continued)

Table C4-7g: Distribution of total energy from macronutrients at eating occasions by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**1st Trimester**	**2nd Trimester**	**3rd Trimester**	**Postnatal Enrollment**
Carbohydrate	56.9	54.5	57.9	58.3	56.8
Unweighted n[a]	2,375	765	936	356	318
Weighted n	428,368	134,449	173,098	63,171	57,651
Lunch					
Protein	15.1	15.0	15.0	14.9	15.5
Fat	31.2	31.2	30.9	31.0	33.6
Carbohydrate	52.6	52.8	52.9	51.5	49.8
Unweighted n[b]	2,280	734	899	339	308
Weighted n	410,871	129,577	164,816	60,072	56,407
Dinner					
Protein	18.6	18.9	18.2	18.9	18.4
Fat	31.1	31.6	30.5	32.0	32.5
Carbohydrate	48.1	47.5	48.7	47.9	46.8
Unweighted n[c]	2,309	736	912	347	314
Weighted n	415,502	129,831	168,338	60,144	57,190
Snacks					
Protein	9.2	9.7	8.8	9.2	8.7
Fat	28.5	28.0	29.6	27.8	28.1
Carbohydrate	62.9	63.3	62.1	64.1	62.7
Unweighted n[d]	1,999	620	796	306	277
Weighted n	351,307	103,251	144,762	53,237	50,057

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7g: Distribution of total energy from macronutrients at eating occasions by timing of WIC enrollment (Months 7, 13 and 24)

Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7h: Distribution of total energy from macronutrients at eating occasions by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Normal or Underweight**	**Overweight**	**Obese**
Month 7				
Breakfast				
Protein	8.3	8.3	8.3	8.4
Fat	37.7	36.8	38.8	37.4
Carbohydrate	51.8	51.9	51.4	52.0
Unweighted n[a]	2,537	1,080	728	729
Weighted n	356,327	157,290	92,556	106,481
Lunch				
Protein	8.5	8.3	8.7	8.5
Fat	32.5	33.1	33.5	29.9
Carbohydrate	55.1	53.7	54.1	58.5
Unweighted n[b]	2,318	982	660	676
Weighted n	324,363	141,909	84,601	97,853
Dinner				
Protein	8.8	8.8	8.7	8.9
Fat	34.1	33.7	34.1	35.7
Carbohydrate	53.4	54.1	52.9	52.6
Unweighted n[c]	2,360	990	677	693
Weighted n	325,641	142,871	83,977	98,794
Snacks				
Protein	8.1	8.2	8.0	8.2
Fat	34.5	35.3	33.7	33.9
Carbohydrate	55.2	53.9	56.6	54.6
Unweighted n[d]	1,647	711	467	469
Weighted n	228,409	100,863	60,491	67,055
Month 13				
Breakfast				

(Continued)

Table C4-7h: Distribution of total energy from macronutrients at eating occasions by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Normal or Underweight**	**Overweight**	**Obese**
Protein	14.4	14.2	14.2	14.6
Fat	29.9	29.4	29.5	31.1
Carbohydrate	56.4	57.2	57.2	54.7
Unweighted n[a]	2,613	1,122	725	766
Weighted n	410,041	186,818	102,833	120,389
Lunch				
Protein	15.1	14.8	15.8	15.0
Fat	29.7	29.4	30.2	30.0
Carbohydrate	54.5	55.1	52.9	54.5
Unweighted n[b]	2,459	1,050	688	721
Weighted n	383,586	173,311	97,243	113,032
Dinner				
Protein	17.4	17.3	17.2	18.0
Fat	30.6	30.8	30.8	30.1
Carbohydrate	49.4	50.1	48.4	48.0
Unweighted n[c]	2,491	1,073	671	747
Weighted n	389,063	176,967	94,954	117,142
Snacks				
Protein	9.6	9.2	9.8	9.9
Fat	29.3	29.0	30.2	29.2
Carbohydrate	61.1	61.8	59.5	60.4
Unweighted n[d]	2,160	934	581	645
Weighted n	329,421	151,764	76,663	100,994
Month 24				
Breakfast				
Protein	15.2	15.1	15.5	15.1
Fat	28.9	28.7	30.4	28.6

(Continued)

Table C4-7h: Distribution of total energy from macronutrients at eating occasions by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Normal or Underweight**	**Overweight**	**Obese**
Carbohydrate	56.9	57.2	55.3	57.0
Unweighted n[a]	2,375	1,021	653	701
Weighted n	428,368	197,128	105,191	126,048
Lunch				
Protein	15.1	14.9	15.4	15.3
Fat	31.2	30.3	31.2	33.3
Carbohydrate	52.6	54.0	52.8	50.2
Unweighted n[b]	2,280	974	618	688
Weighted n	410,871	187,612	99,979	123,280
Dinner				
Protein	18.6	18.8	18.1	18.3
Fat	31.1	31.5	30.7	31.1
Carbohydrate	48.1	47.5	48.4	49.0
Unweighted n[c]	2,309	983	633	693
Weighted n	415,502	189,944	101,476	124,081
Snacks				
Protein	9.2	8.9	8.7	9.9
Fat	28.5	28.2	28.5	29.1
Carbohydrate	62.9	63.2	63.2	62.0
Unweighted n[d]	1,999	853	547	599
Weighted n	351,307	162,124	84,655	104,528

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7h: Distribution of total energy from macronutrients at eating occasions by weight status of mother before pregnancy (Months 7, 13 and 24)

Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7i: Distribution of total energy from macronutrients at eating occasions by income poverty (Months 7, 13 and 24)

		Income Poverty		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**75% of Poverty Guideline or Below**	**Above 75% But No More Than 130% of Poverty Guideline**	**Above 130% of Poverty Guideline**
Month 7				
Breakfast				
Protein	8.3	8.4	8.3	8.2
Fat	37.7	38.4	36.6	36.7
Carbohydrate	51.8	51.7	52.2	51.3
Unweighted n[a]	2,537	1,602	683	252
Weighted n	356,327	221,474	97,466	37,387
Lunch				
Protein	8.5	8.5	8.6	8.3
Fat	32.5	33.5	31.0	29.9
Carbohydrate	55.1	55.2	55.8	54.2
Unweighted n[b]	2,318	1,448	635	235
Weighted n	324,363	202,504	88,190	33,670
Dinner				
Protein	8.8	8.9	8.7	8.6
Fat	34.1	36.0	32.8	24.9
Carbohydrate	53.4	51.7	54.4	60.5
Unweighted n[c]	2,360	1,455	655	250
Weighted n	325,641	198,269	92,336	35,037
Snacks				
Protein	8.1	8.1	8.2	8.0
Fat	34.5	34.1	34.8	35.5
Carbohydrate	55.2	55.4	54.9	50.3
Unweighted n[d]	1,647	1,026	451	170
Weighted n	228,409	139,274	64,823	24,312
Month 13				
Breakfast				
Protein	14.4	14.6	13.8	14.2

(Continued)

Table C4-7i: Distribution of total energy from macronutrients at eating occasions by income poverty (Months 7, 13 and 24)

		Income Poverty		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**75% of Poverty Guideline or Below**	**Above 75% But No More Than 130% of Poverty Guideline**	**Above 130% of Poverty Guideline**
Fat	29.9	30.7	28.8	26.9
Carbohydrate	56.4	55.5	57.2	59.9
Unweighted n[a]	2,613	1,647	697	269
Weighted n	410,041	253,142	111,446	45,453
Lunch				
Protein	15.1	14.4	15.7	16.3
Fat	29.7	29.1	29.5	33.0
Carbohydrate	54.5	55.6	52.5	50.6
Unweighted n[b]	2,459	1,547	660	252
Weighted n	383,586	237,732	104,186	41,668
Dinner				
Protein	17.4	17.1	18.0	19.1
Fat	30.6	31.0	30.3	30.2
Carbohydrate	49.4	49.7	49.3	47.4
Unweighted n[c]	2,491	1,551	676	264
Weighted n	389,063	234,495	109,431	45,137
Snacks				
Protein	9.6	9.7	9.0	10.3
Fat	29.3	29.5	27.4	31.5
Carbohydrate	61.1	60.7	62.1	57.8
Unweighted n[d]	2,160	1,313	601	246
Weighted n	329,421	193,752	94,815	40,854
Month 24				
Breakfast				
Protein	15.2	15.1	15.5	15.2
Fat	28.9	28.8	29.4	28.3
Carbohydrate	56.9	56.8	55.7	58.8
Unweighted n[a]	2,375	1,270	709	396

(Continued)

Table C4-7i: Distribution of total energy from macronutrients at eating occasions by income poverty (Months 7, 13 and 24)

		Income Poverty		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**75% of Poverty Guideline or Below**	**Above 75% But No More Than 130% of Poverty Guideline**	**Above 130% of Poverty Guideline**
Weighted n	428,368	230,610	129,853	67,905
Lunch				
Protein	15.1	14.7	15.6	15.7
Fat	31.2	30.9	31.2	33.3
Carbohydrate	52.6	53.8	50.7	50.4
Unweighted n[b]	2,280	1,222	680	378
Weighted n	410,871	221,156	125,414	64,301
Dinner				
Protein	18.6	18.8	18.3	18.5
Fat	31.1	30.7	31.2	33.8
Carbohydrate	48.1	48.6	48.1	45.5
Unweighted n[c]	2,309	1,229	692	388
Weighted n	415,502	222,402	126,089	67,010
Snacks				
Protein	9.2	9.2	8.8	9.6
Fat	28.5	28.0	28.8	29.6
Carbohydrate	62.9	63.2	63.2	61.8
Unweighted n[d]	1,999	1,008	621	370
Weighted n	351,307	177,957	110,707	62,642

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100

Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100

Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100

AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7k: Distribution of total energy from macronutrients at eating occasions by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**16-19 Years**	**20-25 Years**	**26 Years or Older**
Month 7				
Breakfast				
Protein	8.3	8.6	8.3	8.3
Fat	37.7	39.4	38.3	36.5
Carbohydrate	51.8	51.7	50.6	52.6
Unweighted n[a]	2,537	294	1,022	1,221
Weighted n	356,327	43,769	138,549	174,009
Lunch				
Protein	8.5	8.4	8.5	8.5
Fat	32.5	34.0	31.2	33.1
Carbohydrate	55.1	53.8	57.1	54.1
Unweighted n[b]	2,318	271	926	1,121
Weighted n	324,363	38,131	126,134	160,098
Dinner				
Protein	8.8	8.6	8.7	8.8
Fat	34.1	38.7	34.1	33.5
Carbohydrate	53.4	49.4	53.9	53.9
Unweighted n[c]	2,360	272	942	1,146
Weighted n	325,641	38,686	127,696	159,260
Snacks				
Protein	8.1	8.1	8.3	7.9
Fat	34.5	33.7	33.9	35.2
Carbohydrate	55.2	56.5	55.8	54.7
Unweighted n[d]	1,647	223	725	699
Weighted n	228,409	31,771	97,117	99,520
Month 13				
Breakfast				

(Continued)

Table C4-7k: Distribution of total energy from macronutrients at eating occasions by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**16-19 Years**	**20-25 Years**	**26 Years or Older**
Protein	14.4	14.6	14.2	14.4
Fat	29.9	30.7	28.4	31.0
Carbohydrate	56.4	55.2	57.5	55.4
Unweighted n[a]	2,613	276	1,069	1,268
Weighted n	410,041	46,876	164,322	198,843
Lunch				
Protein	15.1	13.6	14.7	15.6
Fat	29.7	29.3	29.3	30.4
Carbohydrate	54.5	56.6	55.0	53.5
Unweighted n[b]	2,459	257	1,011	1,191
Weighted n	383,586	43,415	154,038	186,133
Dinner				
Protein	17.4	17.8	17.4	17.3
Fat	30.6	29.9	29.9	31.6
Carbohydrate	49.4	50.1	49.8	48.4
Unweighted n[c]	2,491	270	1,030	1,191
Weighted n	389,063	44,366	157,533	187,165
Snacks				
Protein	9.6	9.6	9.7	9.6
Fat	29.3	27.8	29.5	29.6
Carbohydrate	61.1	62.2	61.5	60.2
Unweighted n[d]	2,160	241	929	990
Weighted n	329,421	37,657	139,796	151,968
Month 24				
Breakfast				
Protein	15.2	14.6	15.0	15.5
Fat	28.9	27.6	28.3	29.7

(Continued)

Table C4-7k: Distribution of total energy from macronutrients at eating occasions by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**16-19 Years**	**20-25 Years**	**26 Years or Older**
Carbohydrate	56.9	57.2	57.8	55.6
Unweighted n[a]	2,375	246	946	1,183
Weighted n	428,368	48,234	172,924	207,210
Lunch				
Protein	15.1	14.5	15.1	15.2
Fat	31.2	31.2	31.1	31.2
Carbohydrate	52.6	54.1	51.6	52.8
Unweighted n[b]	2,280	230	901	1,149
Weighted n	410,871	45,046	164,910	200,916
Dinner				
Protein	18.6	18.2	18.2	18.8
Fat	31.1	30.3	30.5	31.7
Carbohydrate	48.1	47.0	48.7	47.6
Unweighted n[c]	2,309	234	926	1,149
Weighted n	415,502	44,980	168,721	201,801
Snacks				
Protein	9.2	9.2	8.9	9.4
Fat	28.5	31.3	27.3	29.4
Carbohydrate	62.9	59.3	64.8	61.6
Unweighted n[d]	1,999	204	823	972
Weighted n	351,307	37,600	147,862	165,845

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7k: Distribution of total energy from macronutrients at eating occasions by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7r: Distribution of total energy from macronutrients at eating occasions by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Received Training on Formula Only**	**Received Training on Cereal Only**	**Received Training on Both**	**Received Training on Neither**
Month 7					
Breakfast					
Protein	8.3	8.5	8.5	7.7	8.4
Fat	37.7	43.9	37.4	29.9	38.7
Carbohydrate	51.8	45.5	52.1	53.9	52.0
Unweighted n[a]	2,537	442	232	1,352	451
Weighted n	356,327	66,916	30,746	181,805	67,712
Lunch					
Protein	8.5	8.3	8.5	8.8	8.6
Fat	32.5	38.2	33.1	23.7	35.2
Carbohydrate	55.1	47.5	56.8	58.7	53.3
Unweighted n[b]	2,318	414	210	1,235	405
Weighted n	324,363	61,714	29,573	164,602	60,135
Dinner					
Protein	8.8	8.3	8.8	9.0	8.8
Fat	34.1	31.9	35.8	21.5	36.7
Carbohydrate	53.4	48.5	51.7	59.1	52.7
Unweighted n[c]	2,360	413	224	1,241	426
Weighted n	325,641	61,683	30,296	163,146	61,874
Snacks					
Protein	8.1	8.0	7.8	6.5	8.3
Fat	34.5	41.8	31.6	37.3	35.5
Carbohydrate	55.2	46.8	61.0	55.0	54.6
Unweighted n[d]	1,647	280	152	884	293
Weighted n	228,409	41,980	22,500	116,000	41,408
Month 13					
Breakfast					

(Continued)

Table C4-7r: Distribution of total energy from macronutrients at eating occasions by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Received Training on Formula Only**	**Received Training on Cereal Only**	**Received Training on Both**	**Received Training on Neither**
Protein	14.4	13.8	14.8	12.2	14.5
Fat	29.9	24.5	29.5	31.3	30.3
Carbohydrate	56.4	61.8	57.0	56.4	56.1
Unweighted n[a]	2,613	478	252	1,340	489
Weighted n	410,041	78,439	38,975	201,634	79,803
Lunch					
Protein	15.1	15.1	15.3	15.7	14.8
Fat	29.7	29.9	29.0	30.9	29.0
Carbohydrate	54.5	46.5	55.5	51.9	56.0
Unweighted n[b]	2,459	448	239	1,255	465
Weighted n	383,586	72,803	36,892	187,635	75,095
Dinner					
Protein	17.4	18.9	17.8	16.8	17.4
Fat	30.6	27.9	30.3	30.7	30.9
Carbohydrate	49.4	48.2	49.4	47.2	49.7
Unweighted n[c]	2,491	459	241	1,269	469
Weighted n	389,063	75,648	37,338	188,345	76,725
Snacks					
Protein	9.6	9.7	9.4	9.3	10.1
Fat	29.3	21.3	27.9	31.5	29.5
Carbohydrate	61.1	71.2	62.1	59.0	60.4
Unweighted n[d]	2,160	384	213	1,123	397
Weighted n	329,421	62,138	31,450	163,362	63,876
Month 24					
Breakfast					
Protein	15.2	16.0	15.1	15.1	15.3
Fat	28.9	28.1	30.4	29.9	28.6

(Continued)

Table C4-7r: Distribution of total energy from macronutrients at eating occasions by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Received Training on Formula Only**	**Received Training on Cereal Only**	**Received Training on Both**	**Received Training on Neither**
Carbohydrate	56.9	54.8	54.7	56.8	57.6
Unweighted n[a]	2,375	429	234	1,216	441
Weighted n	428,368	84,111	40,103	210,475	82,783
Lunch					
Protein	15.1	16.6	15.2	14.5	15.1
Fat	31.2	30.9	31.2	30.9	31.6
Carbohydrate	52.6	47.9	52.8	51.9	51.9
Unweighted n[b]	2,280	404	233	1,169	424
Weighted n	410,871	80,046	39,797	201,221	79,874
Dinner					
Protein	18.6	20.9	18.5	19.3	18.8
Fat	31.1	31.5	31.0	33.1	31.0
Carbohydrate	48.1	43.2	48.1	44.9	48.4
Unweighted n[c]	2,309	412	236	1,179	427
Weighted n	415,502	80,911	39,794	202,693	81,209
Snacks					
Protein	9.2	8.6	9.5	8.5	9.1
Fat	28.5	24.5	29.6	27.8	28.5
Carbohydrate	62.9	60.6	61.9	66.3	63.3
Unweighted n[d]	1,999	350	211	1,028	362
Weighted n	351,307	67,252	35,994	174,229	64,785

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7r: Distribution of total energy from macronutrients at eating occasions by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-7w: Distribution of total energy from macronutrients at eating occasions by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Receiving WIC**	**Not Receiving WIC**
Month 7			
Breakfast			
Protein	8.3	8.3	8.6
Fat	37.7	37.5	40.6
Carbohydrate	51.8	52.0	48.6
Unweighted n[a]	2,537	2,437	100
Weighted n	356,327	343,059	13,268
Lunch			
Protein	8.5	8.5	8.9
Fat	32.5	32.5	36.5
Carbohydrate	55.1	55.2	51.4
Unweighted n[b]	2,318	2,223	95
Weighted n	324,363	312,604	11,760
Dinner			
Protein	8.8	8.7	9.0
Fat	34.1	34.1	35.0
Carbohydrate	53.4	53.3	52.1
Unweighted n[c]	2,360	2,264	96
Weighted n	325,641	313,406	12,235
Snacks			
Protein	8.1	8.2	7.9
Fat	34.5	34.5	32.8
Carbohydrate	55.2	55.3	46.3
Unweighted n[d]	1,647	1,577	70
Weighted n	228,409	219,479	8,930
Month 13			
Breakfast			

(Continued)

Table C4-7w: Distribution of total energy from macronutrients at eating occasions by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Receiving WIC**	**Not Receiving WIC**
Protein	14.4	14.4	13.6
Fat	29.9	30.0	26.2
Carbohydrate	56.4	56.2	60.5
Unweighted n[a]	2,613	2,517	96
Weighted n	410,041	395,398	14,643
Lunch			
Protein	15.1	15.1	14.8
Fat	29.7	29.7	27.9
Carbohydrate	54.5	54.5	53.8
Unweighted n[b]	2,459	2,366	93
Weighted n	383,586	369,287	14,299
Dinner			
Protein	17.4	17.4	20.2
Fat	30.6	30.6	30.5
Carbohydrate	49.4	49.4	49.8
Unweighted n[c]	2,491	2,396	95
Weighted n	389,063	375,107	13,956
Snacks			
Protein	9.6	9.6	9.7
Fat	29.3	29.3	28.6
Carbohydrate	61.1	61.1	62.6
Unweighted n[d]	2,160	2,079	81
Weighted n	329,421	318,213	11,208
Month 24			
Breakfast			
Protein	15.2	15.3	14.5
Fat	28.9	29.1	27.9

(Continued)

Table C4-7w: Distribution of total energy from macronutrients at eating occasions by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Eating Occasion and Macronutrient	Percent of Total Energy[e] Median	**Receiving WIC**	**Not Receiving WIC**
Carbohydrate	56.9	56.3	58.7
Unweighted n[a]	2,375	2,084	291
Weighted n	428,368	380,603	47,765
Lunch			
Protein	15.1	15.1	15.0
Fat	31.2	31.2	30.8
Carbohydrate	52.6	52.7	51.5
Unweighted n[b]	2,280	1,996	284
Weighted n	410,871	365,114	45,757
Dinner			
Protein	18.6	18.7	18.1
Fat	31.1	31.0	32.0
Carbohydrate	48.1	48.2	45.9
Unweighted n[c]	2,309	2,015	294
Weighted n	415,502	368,130	47,372
Snacks			
Protein	9.2	9.3	8.9
Fat	28.5	28.5	27.9
Carbohydrate	62.9	62.9	62.5
Unweighted n[d]	1,999	1,722	277
Weighted n	351,307	307,707	43,600

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] n is the number of respondents who reported having lunch at the recall.

[c] n is the number of respondents who reported having dinner at the recall.

[d] n is the number of respondents who reported having snack at the recall.

[e] Percent of energy from protein by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100

(Continued)

Table C4-7w: Distribution of total energy from macronutrients at eating occasions by child WIC participation status (Months 7, 13 and 24)

Percent of energy from fat by meal = (sum of grams of protein for foods reported at meal * 9 kcal/g)/(sum of energy for foods reported at meal)*100
Percent of energy from carbohydrate by meal = (sum of grams of protein for foods reported at meal * 4 kcal/g)/(sum of energy for foods reported at meal)*100
AMDRs at 13 and 24 months are: Protein (5-20), Fat (30-40), Carbohydrate (45-65).
Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8: Select nutrient densities at eating occasions by interview month (Months 7-24)

	Median of Nutrient Density by Interview Month						
Nutrient by Eating Occasion	Month 7	Month 9	Month 11	Month 13	Month 15	Month 18	Month 24
Breakfast							
Calcium density (mg/1000 kcal)	825.5	824.7	810.4	993.2	947.2	912.9	904.3
Iron density (mg/1000 kcal)	18.1	18.4	18.1	11.4	8.6	8.8	8.3
Folate density (mcg/1000 kcal)	143.8	143.6	147.2	148.9	181.4	195.0	213.0
Vitamin A density (mcg RAE/1000 kcal)	689.3	572.4	570.3	588.0	607.4	654.5	641.7
Vitamin C density (mg/1000 kcal)	100.4	111.8	96.5	39.3	30.6	26.2	30.0
Vitamin D density (mcg/1000 kcal)	9.5	7.3	7.5	8.6	8.7	9.0	9.0
Fiber density (g/1000 kcal)	3.2	7.6	7.4	7.6	8.0	7.0	7.2
Unweighted n[a]	2,537	2,101	2,058	2,613	1,949	1,894	2,375
Weighted n	356,327	378,522	392,025	410,041	418,457	419,929	428,368
Lunch							
Calcium density (mg/1000 kcal)	749.6	640.9	537.9	473.2	403.8	406.7	420.1
Iron density (mg/1000 kcal)	16.1	13.9	10.7	6.6	5.7	5.9	5.8
Folate density (mcg/1000 kcal)	154.4	157.8	159.5	152.9	145.1	152.1	158.2
Vitamin A density (mcg RAE/1000 kcal)	843.1	725.9	550.9	351.6	259.2	229.2	195.1
Vitamin C density (mg/1000 kcal)	115.1	111.4	96.8	53.2	34.7	31.1	31.1
Vitamin D density (mcg/1000 kcal)	7.3	4.2	1.4	1.2	1.0	0.9	0.9
Fiber density (g/1000 kcal)	7.5	10.7	9.5	8.7	7.7	7.5	7.4

(Continued)

Table C4-8: Select nutrient densities at eating occasions by interview month (Months 7-24)

	Median of Nutrient Density by Interview Month						
Nutrient by Eating Occasion	Month 7	Month 9	Month 11	Month 13	Month 15	Month 18	Month 24
Unweighted n[b]	2,318	1,941	1,912	2,459	1,843	1,821	2,280
Weighted n	324,363	351,119	367,222	383,586	395,584	404,665	410,871
Dinner							
Calcium density (mg/1000 kcal)	803.7	705.1	561.9	457.1	368.4	403.2	392.6
Iron density (mg/1000 kcal)	17.2	14.8	11.5	6.8	6.4	6.3	6.5
Folate density (mcg/1000 kcal)	157.2	159.0	159.6	159.6	166.5	166.7	177.5
Vitamin A density (mcg RAE/1000 kcal)	890.0	817.9	610.1	365.3	263.9	249.6	238.4
Vitamin C density (mg/1000 kcal)	107.2	95.5	86.1	35.2	29.3	22.8	23.6
Vitamin D density (mcg/1000 kcal)	8.4	4.1	1.9	1.3	0.9	1.0	1.0
Fiber density (g/1000 kcal)	6.6	10.0	9.3	8.2	8.1	7.5	7.4
Unweighted n[c]	2,360	1,912	1,954	2,491	1,857	1,827	2,309
Weighted n	325,641	345,252	370,410	389,063	396,320	404,055	415,502
Snacks[e]							
Calcium density (mg/1000 kcal)	747.1	714.0	673.6	752.2	654.0	552.2	558.2
Iron density (mg/1000 kcal)	16.0	15.2	13.8	5.7	4.9	4.6	4.1
Folate density (mcg/1000 kcal)	151.3	151.3	159.6	141.0	131.8	131.1	127.0
Vitamin A density (mcg RAE/1000 kcal)	621.0	466.5	297.9	363.4	259.9	221.9	219.0
Vitamin C density (mg/1000 kcal)	102.3	101.1	90.6	45.0	37.6	39.0	42.4

(Continued)

Table C4-8: Select nutrient densities at eating occasions by interview month (Months 7-24)

	Median of Nutrient Density by Interview Month						
Nutrient by Eating Occasion	Month 7	Month 9	Month 11	Month 13	Month 15	Month 18	Month 24
Vitamin D density (mcg/1000 kcal)	6.3	2.4	1.7	3.6	1.6	1.0	1.4
Fiber density (g/1000 kcal)	3.6	5.3	5.4	5.6	6.1	6.6	7.3
Unweighted n[d]	1,647	1,501	1,572	2,160	1,571	1,559	1,999
Weighted n	228,409	273,133	295,493	329,421	330,391	340,989	351,307

[a] n is the number of respondents who reported having breakfast at the recall.
[b] n is the number of respondents who reported having lunch at the recall.
[c] n is the number of respondents who reported having dinner at the recall.
[d] n is the number of respondents who reported having snack at the recall.
[e] Nutrient densities at snack are calculated across multiple snack periods.
Data source: AMPM 24 Hour Recall for Food Intake, Months 7-24. Cross-sectional weights for 7, 9, 11, 13, 15, 18 and 24 Month Interviews are used for this table.

Table C4-8-1a: Select nutrient densities at breakfast by race (Months 7, 13 and 24)

		Race		
Nutrient	Nutrient Density at Breakfast Median	Black or African American	White	Other
Month 7				
Calcium density (mg/1000 kcal)	825.5	843.9	825.5	824.7
Iron density (mg/1000 kcal)	18.1	20.8	18.1	17.9
Folate density (mcg/1000 kcal)	143.8	142.2	142.5	144.7
Vitamin A density (mcg RAE/1000 kcal)	689.3	719.5	664.6	748.6
Vitamin C density (mg/1000 kcal)	100.4	96.0	99.4	108.7
Vitamin D density (mcg/1000 kcal)	9.5	10.9	9.0	8.7
Fiber density (g/1000 kcal)	3.2	1.8	3.8	2.6
Unweighted n[a]	2,537	641	1,524	372
Weighted n	356,327	75,790	215,350	65,188
Month 13				
Calcium density (mg/1000 kcal)	993.2	1100	997.1	854.0
Iron density (mg/1000 kcal)	11.4	15.7	10.7	10.1
Folate density (mcg/1000 kcal)	148.9	146.6	149.4	155.7
Vitamin A density (mcg RAE/1000 kcal)	588.0	623.8	599.0	559.1
Vitamin C density (mg/1000 kcal)	39.3	26.7	40.4	49.6
Vitamin D density (mcg/1000 kcal)	8.6	9.8	8.5	7.0
Fiber density (g/1000 kcal)	7.6	7.9	7.8	6.4
Unweighted n[a]	2,613	704	1,526	383
Weighted n	410,041	87,165	245,495	77,380
Month 24				
Calcium density (mg/1000 kcal)	904.3	911.9	907.8	866.8
Iron density (mg/1000 kcal)	8.3	11.7	7.9	8.1
Folate density (mcg/1000 kcal)	213.0	254.2	203.9	214.3

(Continued)

Table C4-8-1a: Select nutrient densities at breakfast by race (Months 7, 13 and 24)

		Race		
Nutrient	Nutrient Density at Breakfast Median	Black or African American	White	Other
Vitamin A density (mcg RAE/1000 kcal)	641.7	701.3	640.8	587.0
Vitamin C density (mg/1000 kcal)	30.0	27.2	31.7	27.9
Vitamin D density (mcg/1000 kcal)	9.0	8.7	9.1	8.4
Fiber density (g/1000 kcal)	7.2	8.2	7.1	6.7
Unweighted n[a]	2,375	681	1,350	344
Weighted n	428,368	93,075	252,280	83,014

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2a: Select nutrient densities at lunch by race (Months 7, 13 and 24)

		Race		
Nutrient	Nutrient Density at Lunch Median	Black or African American	White	Other
Month 7				
Calcium density (mg/1000 kcal)	749.6	810.4	730.9	722.0
Iron density (mg/1000 kcal)	16.1	17.9	16.0	15.1
Folate density (mcg/1000 kcal)	154.4	151.3	156.5	158.3
Vitamin A density (mcg RAE/1000 kcal)	843.1	777.6	854.4	827.2
Vitamin C density (mg/1000 kcal)	115.1	119.2	111.0	117.4
Vitamin D density (mcg/1000 kcal)	7.3	9.6	6.4	4.8
Fiber density (g/1000 kcal)	7.5	5.3	7.9	8.7
Unweighted n[a]	2,318	586	1,387	345
Weighted n	324,363	68,018	193,618	62,728
Month 13				
Calcium density (mg/1000 kcal)	473.2	479.6	489.9	423.1
Iron density (mg/1000 kcal)	6.6	6.7	6.6	6.5
Folate density (mcg/1000 kcal)	152.9	146.6	154.2	155.8
Vitamin A density (mcg RAE/1000 kcal)	351.6	319.9	329.3	418.7
Vitamin C density (mg/1000 kcal)	53.2	52.5	49.6	62.1
Vitamin D density (mcg/1000 kcal)	1.2	1.2	1.2	0.8
Fiber density (g/1000 kcal)	8.7	8.2	8.8	8.7
Unweighted n[a]	2,459	643	1,458	358
Weighted n	383,586	78,668	233,305	71,612
Month 24				
Calcium density (mg/1000 kcal)	420.1	353.3	428.1	459.0
Iron density (mg/1000 kcal)	5.8	6.2	5.7	5.8
Folate density (mcg/1000 kcal)	158.2	158.7	153.5	172.2

(Continued)

Table C4-8-2a: Select nutrient densities at lunch by race (Months 7, 13 and 24)

		Race		
Nutrient	Nutrient Density at Lunch Median	Black or African American	White	Other
Vitamin A density (mcg RAE/1000 kcal)	195.1	151.5	208.1	211.2
Vitamin C density (mg/1000 kcal)	31.1	32.2	28.0	39.0
Vitamin D density (mcg/1000 kcal)	0.9	0.6	1.0	0.8
Fiber density (g/1000 kcal)	7.4	7.4	7.2	8.4
Unweighted n[a]	2,280	645	1,311	324
Weighted n	410,871	88,156	244,974	77,740

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3a: Select nutrient densities at dinner by race (Months 7, 13 and 24)

Nutrient	Nutrient Density at Dinner Median	Race		
		Black or African American	White	Other
Month 7				
Calcium density (mg/1000 kcal)	803.7	819.6	781.1	792.4
Iron density (mg/1000 kcal)	17.2	17.9	16.6	16.9
Folate density (mcg/1000 kcal)	157.2	151.3	159.0	159.5
Vitamin A density (mcg RAE/1000 kcal)	890.0	797.9	896.6	903.9
Vitamin C density (mg/1000 kcal)	107.2	101.7	108.5	105.2
Vitamin D density (mcg/1000 kcal)	8.4	10.3	6.8	8.1
Fiber density (g/1000 kcal)	6.6	5.3	7.7	2.6
Unweighted n[a]	2,360	597	1,420	343
Weighted n	325,641	69,799	196,004	59,838
Month 13				
Calcium density (mg/1000 kcal)	457.1	495.3	456.6	444.9
Iron density (mg/1000 kcal)	6.8	6.7	6.8	6.8
Folate density (mcg/1000 kcal)	159.6	153.5	162.1	160.0
Vitamin A density (mcg RAE/1000 kcal)	365.3	367.1	378.4	317.7
Vitamin C density (mg/1000 kcal)	35.2	43.0	32.7	35.0
Vitamin D density (mcg/1000 kcal)	1.3	1.8	1.4	0.8
Fiber density (g/1000 kcal)	8.2	7.7	8.5	7.8
Unweighted n[a]	2,491	683	1,455	353
Weighted n	389,063	84,726	231,785	72,552
Month 24				
Calcium density (mg/1000 kcal)	392.6	322.1	442.4	363.6
Iron density (mg/1000 kcal)	6.5	6.4	6.3	6.7
Folate density (mcg/1000 kcal)	177.5	163.3	180.4	185.0

(Continued)

Table C4-8-3a: Select nutrient densities at dinner by race (Months 7, 13 and 24)

		Race		
Nutrient	Nutrient Density at Dinner Median	Black or African American	White	Other
Vitamin A density (mcg RAE/1000 kcal)	238.4	186.6	248.2	256.0
Vitamin C density (mg/1000 kcal)	23.6	33.4	21.0	21.2
Vitamin D density (mcg/1000 kcal)	1.0	0.8	1.1	0.8
Fiber density (g/1000 kcal)	7.4	7.3	7.5	7.0
Unweighted n[a]	2,309	666	1,314	329
Weighted n	415,502	90,004	245,989	79,509

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4a: Select nutrient densities at snack by race (Months 7, 13 and 24)

		Race		
Nutrient	Nutrient Density at Snack Median	Black or African American	White	Other
Month 7				
Calcium density (mg/1000 kcal)	747.1	810.1	743.8	701.7
Iron density (mg/1000 kcal)	16.0	17.3	16.0	14.3
Folate density (mcg/1000 kcal)	151.3	149.4	151.3	159.5
Vitamin A density (mcg RAE/1000 kcal)	621.0	665.8	619.7	364.6
Vitamin C density (mg/1000 kcal)	102.3	107.9	97.4	105.6
Vitamin D density (mcg/1000 kcal)	6.3	8.7	6.1	1.4
Fiber density (g/1000 kcal)	3.6	3.6	3.2	3.8
Unweighted n[a]	1,647	498	905	244
Weighted n	228,409	57,715	127,366	43,328
Month 13				
Calcium density (mg/1000 kcal)	752.2	679.1	795.7	698.9
Iron density (mg/1000 kcal)	5.7	6.0	5.4	5.9
Folate density (mcg/1000 kcal)	141.0	125.5	145.3	146.2
Vitamin A density (mcg RAE/1000 kcal)	363.4	308.2	374.4	369.6
Vitamin C density (mg/1000 kcal)	45.0	54.5	40.3	46.9
Vitamin D density (mcg/1000 kcal)	3.6	3.1	3.8	2.8
Fiber density (g/1000 kcal)	5.6	6.2	5.5	5.5
Unweighted n[a]	2,160	647	1,222	291
Weighted n	329,421	78,005	196,810	54,606
Month 24				
Calcium density (mg/1000 kcal)	558.2	352.3	620.2	587.0
Iron density (mg/1000 kcal)	4.1	4.4	4.1	3.9
Folate density (mcg/1000 kcal)	127.0	111.6	128.1	144.3

(Continued)

Table C4-8-4a: Select nutrient densities at snack by race (Months 7, 13 and 24)

		Race		
Nutrient	Nutrient Density at Snack Median	Black or African American	White	Other
Vitamin A density (mcg RAE/1000 kcal)	219.0	125.0	246.3	241.5
Vitamin C density (mg/1000 kcal)	42.4	38.3	40.8	49.3
Vitamin D density (mcg/1000 kcal)	1.4	0.4	1.7	1.9
Fiber density (g/1000 kcal)	7.3	6.6	7.2	9.4
Unweighted n[a]	1,999	628	1,094	277
Weighted n	351,307	85,003	201,143	65,161

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1b: Select nutrient densities at breakfast by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Breakfast Median	Hispanic)	Non-Hispanic
Month 7			
Calcium density (mg/1000 kcal)	825.5	825.3	825.5
Iron density (mg/1000 kcal)	18.1	18.1	18.2
Folate density (mcg/1000 kcal)	143.8	147.7	138.6
Vitamin A density (mcg RAE/1000 kcal)	689.3	767.2	625.0
Vitamin C density (mg/1000 kcal)	100.4	105.8	95.7
Vitamin D density (mcg/1000 kcal)	9.5	9.3	9.5
Fiber density (g/1000 kcal)	3.2	4.1	2.0
Unweighted n[a]	2,537	1,008	1,529
Weighted n	356,327	169,982	186,345
Month 13			
Calcium density (mg/1000 kcal)	993.2	890.2	1072
Iron density (mg/1000 kcal)	11.4	9.8	14.4
Folate density (mcg/1000 kcal)	148.9	149.6	148.7
Vitamin A density (mcg RAE/1000 kcal)	588.0	587.7	586.1
Vitamin C density (mg/1000 kcal)	39.3	50.6	30.9
Vitamin D density (mcg/1000 kcal)	8.6	8.2	9.0
Fiber density (g/1000 kcal)	7.6	6.8	8.3
Unweighted n[a]	2,613	967	1,646
Weighted n	410,041	186,223	223,817
Month 24			
Calcium density (mg/1000 kcal)	904.3	858.3	936.3
Iron density (mg/1000 kcal)	8.3	7.3	10.0
Folate density (mcg/1000 kcal)	213.0	198.7	226.4
Vitamin A density (mcg RAE/1000 kcal)	641.7	586.4	716.8
Vitamin C density (mg/1000 kcal)	30.0	35.2	25.7
Vitamin D density (mcg/1000 kcal)	9.0	8.4	9.3

(Continued)

Table C4-8-1b: Select nutrient densities at breakfast by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Breakfast Median	Hispanic)	Non-Hispanic
Fiber density (g/1000 kcal)	7.2	6.8	7.5
Unweighted n[a]	2,375	880	1,495
Weighted n	428,368	198,613	229,755

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2b: Select nutrient densities at lunch by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Lunch Median	Hispanic	Non-Hispanic
Month 7			
Calcium density (mg/1000 kcal)	749.6	723.8	792.5
Iron density (mg/1000 kcal)	16.1	15.1	17.1
Folate density (mcg/1000 kcal)	154.4	157.9	151.3
Vitamin A density (mcg RAE/1000 kcal)	843.1	847.8	833.2
Vitamin C density (mg/1000 kcal)	115.1	119.2	108.8
Vitamin D density (mcg/1000 kcal)	7.3	7.2	7.3
Fiber density (g/1000 kcal)	7.5	7.2	7.6
Unweighted n[a]	2,318	894	1,424
Weighted n	324,363	150,817	173,546
Month 13			
Calcium density (mg/1000 kcal)	473.2	500.4	466.7
Iron density (mg/1000 kcal)	6.6	6.7	6.5
Folate density (mcg/1000 kcal)	152.9	160.2	147.2
Vitamin A density (mcg RAE/1000 kcal)	351.6	406.9	286.0
Vitamin C density (mg/1000 kcal)	53.2	65.0	39.5
Vitamin D density (mcg/1000 kcal)	1.2	1.3	1.0
Fiber density (g/1000 kcal)	8.7	8.8	8.3
Unweighted n[a]	2,459	900	1,559
Weighted n	383,586	172,569	211,017
Month 24			
Calcium density (mg/1000 kcal)	420.1	489.3	393.7
Iron density (mg/1000 kcal)	5.8	5.8	5.7
Folate density (mcg/1000 kcal)	158.2	159.5	156.6
Vitamin A density (mcg RAE/1000 kcal)	195.1	236.4	162.2
Vitamin C density (mg/1000 kcal)	31.1	41.7	24.1
Vitamin D density (mcg/1000 kcal)	0.9	0.9	0.9

(Continued)

Table C4-8-2b: Select nutrient densities at lunch by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Lunch Median	Hispanic	Non-Hispanic
Fiber density (g/1000 kcal)	7.4	7.9	7.2
Unweighted n[a]	2,280	832	1,448
Weighted n	410,871	188,701	222,170

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3b: Select nutrient densities at dinner by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Dinner Median	Hispanic	Non-Hispanic
Month 7			
Calcium density (mg/1000 kcal)	803.7	810.4	782.2
Iron density (mg/1000 kcal)	17.2	16.9	17.2
Folate density (mcg/1000 kcal)	157.2	159.5	152.5
Vitamin A density (mcg RAE/1000 kcal)	890.0	901.8	868.0
Vitamin C density (mg/1000 kcal)	107.2	116.2	98.7
Vitamin D density (mcg/1000 kcal)	8.4	9.3	7.9
Fiber density (g/1000 kcal)	6.6	4.6	8.1
Unweighted n[a]	2,360	863	1,497
Weighted n	325,641	144,060	181,582
Month 13			
Calcium density (mg/1000 kcal)	457.1	453.3	464.3
Iron density (mg/1000 kcal)	6.8	7.1	6.5
Folate density (mcg/1000 kcal)	159.6	162.4	155.2
Vitamin A density (mcg RAE/1000 kcal)	365.3	375.5	355.7
Vitamin C density (mg/1000 kcal)	35.2	35.1	34.3
Vitamin D density (mcg/1000 kcal)	1.3	1.0	1.5
Fiber density (g/1000 kcal)	8.2	8.1	8.4
Unweighted n[a]	2,491	862	1,629
Weighted n	389,063	166,939	222,124
Month 24			
Calcium density (mg/1000 kcal)	392.6	400.3	382.7
Iron density (mg/1000 kcal)	6.5	6.7	6.3
Folate density (mcg/1000 kcal)	177.5	198.8	166.0
Vitamin A density (mcg RAE/1000 kcal)	238.4	253.8	225.2
Vitamin C density (mg/1000 kcal)	23.6	23.2	23.9
Vitamin D density (mcg/1000 kcal)	1.0	0.9	1.0

(Continued)

Table C4-8-3b: Select nutrient densities at dinner by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Dinner Median	Hispanic	Non-Hispanic
Fiber density (g/1000 kcal)	7.4	7.3	7.5
Unweighted n[a]	2,309	819	1,490
Weighted n	415,502	186,707	228,795

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4b: Select nutrient densities at snack by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Snack Median	Hispanic	Non-Hispanic
Month 7			
Calcium density (mg/1000 kcal)	747.1	676.3	794.0
Iron density (mg/1000 kcal)	16.0	14.2	17.1
Folate density (mcg/1000 kcal)	151.3	159.5	149.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	402.4	702.9
Vitamin C density (mg/1000 kcal)	102.3	112.7	97.4
Vitamin D density (mcg/1000 kcal)	6.3	1.4	8.7
Fiber density (g/1000 kcal)	3.6	5.3	2.2
Unweighted n[a]	1,647	508	1,139
Weighted n	228,409	89,490	138,919
Month 13			
Calcium density (mg/1000 kcal)	752.2	750.1	752.2
Iron density (mg/1000 kcal)	5.7	5.2	6.0
Folate density (mcg/1000 kcal)	141.0	143.9	139.7
Vitamin A density (mcg RAE/1000 kcal)	363.4	369.4	355.2
Vitamin C density (mg/1000 kcal)	45.0	46.4	43.9
Vitamin D density (mcg/1000 kcal)	3.6	3.4	3.7
Fiber density (g/1000 kcal)	5.6	6.2	5.5
Unweighted n[a]	2,160	638	1,522
Weighted n	329,421	123,989	205,432
Month 24			
Calcium density (mg/1000 kcal)	558.2	690.2	485.9
Iron density (mg/1000 kcal)	4.1	3.9	4.4
Folate density (mcg/1000 kcal)	127.0	133.8	124.2
Vitamin A density (mcg RAE/1000 kcal)	219.0	293.4	178.4
Vitamin C density (mg/1000 kcal)	42.4	43.2	41.4
Vitamin D density (mcg/1000 kcal)	1.4	3.4	0.7

(Continued)

Table C4-8-4b: Select nutrient densities at snack by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Nutrient	Nutrient Density at Snack Median	Hispanic	Non-Hispanic
Fiber density (g/1000 kcal)	7.3	8.5	6.5
Unweighted n[a]	1,999	602	1,397
Weighted n	351,307	137,846	213,461

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1c: Select nutrient densities at breakfast by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Breakfast Median	Married)	Not Married (includes divorced and widowed)
Month 7			
Calcium density (mg/1000 kcal)	825.5	824.7	825.5
Iron density (mg/1000 kcal)	18.1	18.1	18.2
Folate density (mcg/1000 kcal)	143.8	140.2	144.2
Vitamin A density (mcg RAE/1000 kcal)	689.3	698.3	685.7
Vitamin C density (mg/1000 kcal)	100.4	90.6	105.8
Vitamin D density (mcg/1000 kcal)	9.5	8.7	9.9
Fiber density (g/1000 kcal)	3.2	2.7	3.3
Unweighted n[a]	2,537	785	1,752
Weighted n	356,327	117,651	238,676
Month 13			
Calcium density (mg/1000 kcal)	993.2	963.9	1000
Iron density (mg/1000 kcal)	11.4	10.4	11.5
Folate density (mcg/1000 kcal)	148.9	156.6	146.1
Vitamin A density (mcg RAE/1000 kcal)	588.0	587.4	589.4
Vitamin C density (mg/1000 kcal)	39.3	38.7	39.6
Vitamin D density (mcg/1000 kcal)	8.6	8.2	8.8
Fiber density (g/1000 kcal)	7.6	8.4	7.4
Unweighted n[a]	2,613	815	1,798
Weighted n	410,041	137,854	272,187
Month 24			
Calcium density (mg/1000 kcal)	904.3	904.3	901.1
Iron density (mg/1000 kcal)	8.3	8.1	8.6
Folate density (mcg/1000 kcal)	213.0	201.1	221.7
Vitamin A density (mcg RAE/1000 kcal)	641.7	664.1	623.2
Vitamin C density (mg/1000 kcal)	30.0	22.6	35.0
Vitamin D density (mcg/1000 kcal)	9.0	9.1	8.8

(Continued)

Table C4-8-1c: Select nutrient densities at breakfast by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Breakfast Median	Married)	Not Married (includes divorced and widowed)
Fiber density (g/1000 kcal)	7.2	6.9	7.4
Unweighted n[a]	2,375	843	1,532
Weighted n	428,368	157,705	270,663

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2c: Select nutrient densities at lunch by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Lunch Median	Married	Not Married (includes divorced and widowed)
Month 7			
Calcium density (mg/1000 kcal)	749.6	749.7	748.9
Iron density (mg/1000 kcal)	16.1	15.9	16.1
Folate density (mcg/1000 kcal)	154.4	155.9	154.0
Vitamin A density (mcg RAE/1000 kcal)	843.1	827.7	846.0
Vitamin C density (mg/1000 kcal)	115.1	108.8	118.5
Vitamin D density (mcg/1000 kcal)	7.3	6.0	7.5
Fiber density (g/1000 kcal)	7.5	6.8	7.6
Unweighted n[a]	2,318	727	1,591
Weighted n	324,363	109,056	215,308
Month 13			
Calcium density (mg/1000 kcal)	473.2	543.8	450.0
Iron density (mg/1000 kcal)	6.6	6.6	6.6
Folate density (mcg/1000 kcal)	152.9	159.5	151.7
Vitamin A density (mcg RAE/1000 kcal)	351.6	397.7	324.2
Vitamin C density (mg/1000 kcal)	53.2	41.4	58.0
Vitamin D density (mcg/1000 kcal)	1.2	1.4	1.1
Fiber density (g/1000 kcal)	8.7	8.6	8.7
Unweighted n[a]	2,459	773	1,686
Weighted n	383,586	128,918	254,668
Month 24			
Calcium density (mg/1000 kcal)	420.1	428.3	406.0
Iron density (mg/1000 kcal)	5.8	5.8	5.8
Folate density (mcg/1000 kcal)	158.2	160.4	156.9
Vitamin A density (mcg RAE/1000 kcal)	195.1	208.3	183.2
Vitamin C density (mg/1000 kcal)	31.1	30.1	31.7
Vitamin D density (mcg/1000 kcal)	0.9	0.9	0.9

(Continued)

Table C4-8-2c: Select nutrient densities at lunch by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Lunch Median	Married	Not Married (includes divorced and widowed)
Fiber density (g/1000 kcal)	7.4	7.5	7.4
Unweighted n[a]	2,280	817	1,463
Weighted n	410,871	151,985	258,886

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3c: Select nutrient densities at dinner by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Dinner Median	Married	Not Married (includes divorced and widowed)
Month 7			
Calcium density (mg/1000 kcal)	803.7	766.6	810.1
Iron density (mg/1000 kcal)	17.2	16.9	17.3
Folate density (mcg/1000 kcal)	157.2	156.9	157.2
Vitamin A density (mcg RAE/1000 kcal)	890.0	885.9	893.6
Vitamin C density (mg/1000 kcal)	107.2	103.7	108.8
Vitamin D density (mcg/1000 kcal)	8.4	7.2	8.8
Fiber density (g/1000 kcal)	6.6	6.0	6.9
Unweighted n[a]	2,360	717	1,643
Weighted n	325,641	102,128	223,514
Month 13			
Calcium density (mg/1000 kcal)	457.1	461.4	454.9
Iron density (mg/1000 kcal)	6.8	6.9	6.7
Folate density (mcg/1000 kcal)	159.6	166.1	154.7
Vitamin A density (mcg RAE/1000 kcal)	365.3	418.0	345.4
Vitamin C density (mg/1000 kcal)	35.2	34.9	35.6
Vitamin D density (mcg/1000 kcal)	1.3	1.3	1.3
Fiber density (g/1000 kcal)	8.2	9.3	7.7
Unweighted n[a]	2,491	767	1,724
Weighted n	389,063	130,022	259,041
Month 24			
Calcium density (mg/1000 kcal)	392.6	454.7	357.6
Iron density (mg/1000 kcal)	6.5	6.6	6.4
Folate density (mcg/1000 kcal)	177.5	188.8	171.8
Vitamin A density (mcg RAE/1000 kcal)	238.4	259.7	220.4
Vitamin C density (mg/1000 kcal)	23.6	22.1	24.5
Vitamin D density (mcg/1000 kcal)	1.0	1.2	0.9

(Continued)

Table C4-8-3c: Select nutrient densities at dinner by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Dinner Median	Married	Not Married (includes divorced and widowed)
Fiber density (g/1000 kcal)	7.4	7.5	7.3
Unweighted n[a]	2,309	806	1,503
Weighted n	415,502	150,553	264,949

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4c: Select nutrient densities at snack by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Snack Median	Married	Not Married (includes divorced and widowed)
Month 7			
Calcium density (mg/1000 kcal)	747.1	672.6	770.3
Iron density (mg/1000 kcal)	16.0	14.8	16.7
Folate density (mcg/1000 kcal)	151.3	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	600.3	623.8
Vitamin C density (mg/1000 kcal)	102.3	90.6	107.9
Vitamin D density (mcg/1000 kcal)	6.3	1.4	8.7
Fiber density (g/1000 kcal)	3.6	4.9	2.8
Unweighted n[a]	1,647	466	1,181
Weighted n	228,409	70,417	157,992
Month 13			
Calcium density (mg/1000 kcal)	752.2	748.3	753.3
Iron density (mg/1000 kcal)	5.7	6.0	5.5
Folate density (mcg/1000 kcal)	141.0	149.5	136.0
Vitamin A density (mcg RAE/1000 kcal)	363.4	362.8	363.3
Vitamin C density (mg/1000 kcal)	45.0	43.8	46.2
Vitamin D density (mcg/1000 kcal)	3.6	3.1	3.8
Fiber density (g/1000 kcal)	5.6	6.4	5.5
Unweighted n[a]	2,160	647	1,513
Weighted n	329,421	105,954	223,466
Month 24			
Calcium density (mg/1000 kcal)	558.2	618.6	526.2
Iron density (mg/1000 kcal)	4.1	4.1	4.1
Folate density (mcg/1000 kcal)	127.0	130.7	124.0
Vitamin A density (mcg RAE/1000 kcal)	219.0	233.9	207.2
Vitamin C density (mg/1000 kcal)	42.4	42.0	42.7
Vitamin D density (mcg/1000 kcal)	1.4	1.6	1.3

(Continued)

Table C4-8-4c: Select nutrient densities at snack by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Nutrient	Nutrient Density at Snack Median	Married	Not Married (includes divorced and widowed)
Fiber density (g/1000 kcal)	7.3	7.5	7.0
Unweighted n[a]	1,999	696	1,303
Weighted n	351,307	127,220	224,087

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1d: Select nutrient densities at breakfast by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Nutrient	Nutrient Density at Breakfast Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7				
Calcium density (mg/1000 kcal)	825.5	825.5	825.5	825.5
Iron density (mg/1000 kcal)	18.1	18.1	18.1	18.2
Folate density (mcg/1000 kcal)	143.8	144.2	144.2	138.7
Vitamin A density (mcg RAE/1000 kcal)	689.3	692.7	698.5	652.2
Vitamin C density (mg/1000 kcal)	100.4	103.6	95.1	101.0
Vitamin D density (mcg/1000 kcal)	9.5	9.4	9.6	9.5
Fiber density (g/1000 kcal)	3.2	3.6	2.6	2.5
Unweighted n[a]	2,537	1,299	790	448
Weighted n	356,327	187,333	110,540	58,454
Month 13				
Calcium density (mg/1000 kcal)	993.2	993.1	954.6	1061
Iron density (mg/1000 kcal)	11.4	10.7	11.4	14.4
Folate density (mcg/1000 kcal)	148.9	148.7	148.9	150.0
Vitamin A density (mcg RAE/1000 kcal)	588.0	578.4	607.0	561.8
Vitamin C density (mg/1000 kcal)	39.3	37.0	43.9	41.1
Vitamin D density (mcg/1000 kcal)	8.6	8.8	8.4	8.2
Fiber density (g/1000 kcal)	7.6	7.6	6.8	8.9
Unweighted n[a]	2,613	1,334	819	460
Weighted n	410,041	212,599	129,152	68,289
Month 24				
Calcium density (mg/1000 kcal)	904.3	904.1	909.4	879.3
Iron density (mg/1000 kcal)	8.3	8.3	8.5	9.2
Folate density (mcg/1000 kcal)	213.0	203.2	232.9	231.5

(Continued)

Table C4-8-1d: Select nutrient densities at breakfast by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Nutrient	Nutrient Density at Breakfast Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Vitamin A density (mcg RAE/1000 kcal)	641.7	623.0	642.6	724.9
Vitamin C density (mg/1000 kcal)	30.0	28.1	34.3	32.3
Vitamin D density (mcg/1000 kcal)	9.0	8.9	9.2	8.9
Fiber density (g/1000 kcal)	7.2	7.1	7.7	6.5
Unweighted n[a]	2,375	1,552	524	299
Weighted n	428,368	279,038	97,647	51,683

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2d: Select nutrient densities at lunch by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Nutrient	Nutrient Density at Lunch Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7				
Calcium density (mg/1000 kcal)	749.6	747.5	726.3	804.0
Iron density (mg/1000 kcal)	16.1	16.4	15.2	16.4
Folate density (mcg/1000 kcal)	154.4	157.6	151.3	156.9
Vitamin A density (mcg RAE/1000 kcal)	843.1	846.5	825.4	843.1
Vitamin C density (mg/1000 kcal)	115.1	119.2	110.3	107.8
Vitamin D density (mcg/1000 kcal)	7.3	7.5	5.9	8.7
Fiber density (g/1000 kcal)	7.5	7.4	8.2	6.5
Unweighted n[a]	2,318	1,197	714	407
Weighted n	324,363	169,708	101,583	53,073
Month 13				
Calcium density (mg/1000 kcal)	473.2	502.1	488.8	397.9
Iron density (mg/1000 kcal)	6.6	6.8	6.4	6.4
Folate density (mcg/1000 kcal)	152.9	161.1	145.7	148.3
Vitamin A density (mcg RAE/1000 kcal)	351.6	373.2	350.1	300.1
Vitamin C density (mg/1000 kcal)	53.2	52.2	49.3	63.6
Vitamin D density (mcg/1000 kcal)	1.2	1.2	1.3	0.9
Fiber density (g/1000 kcal)	8.7	9.0	8.0	8.8
Unweighted n[a]	2,459	1,251	773	435
Weighted n	383,586	198,386	120,603	64,596
Month 24				
Calcium density (mg/1000 kcal)	420.1	399.0	460.2	426.0
Iron density (mg/1000 kcal)	5.8	5.8	5.8	5.8
Folate density (mcg/1000 kcal)	158.2	158.8	159.4	149.5

(Continued)

Table C4-8-2d: Select nutrient densities at lunch by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Nutrient	Nutrient Density at Lunch Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Vitamin A density (mcg RAE/1000 kcal)	195.1	188.6	210.2	166.3
Vitamin C density (mg/1000 kcal)	31.1	30.6	35.7	24.1
Vitamin D density (mcg/1000 kcal)	0.9	0.8	1.0	1.0
Fiber density (g/1000 kcal)	7.4	7.4	7.4	7.2
Unweighted n[a]	2,280	1,494	499	287
Weighted n	410,871	268,043	94,123	48,705

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3d: Select nutrient densities at dinner by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Nutrient	Nutrient Density at Dinner Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7				
Calcium density (mg/1000 kcal)	803.7	799.0	810.4	778.5
Iron density (mg/1000 kcal)	17.2	17.0	17.4	16.9
Folate density (mcg/1000 kcal)	157.2	159.5	151.3	159.0
Vitamin A density (mcg RAE/1000 kcal)	890.0	896.6	874.6	896.6
Vitamin C density (mg/1000 kcal)	107.2	113.2	95.1	105.6
Vitamin D density (mcg/1000 kcal)	8.4	8.6	8.3	7.8
Fiber density (g/1000 kcal)	6.6	6.5	5.7	8.6
Unweighted n[a]	2,360	1,195	739	426
Weighted n	325,641	166,404	104,373	54,864
Month 13				
Calcium density (mg/1000 kcal)	457.1	462.7	456.2	436.7
Iron density (mg/1000 kcal)	6.8	6.9	6.6	6.8
Folate density (mcg/1000 kcal)	159.6	159.6	156.0	165.5
Vitamin A density (mcg RAE/1000 kcal)	365.3	374.5	347.3	368.7
Vitamin C density (mg/1000 kcal)	35.2	36.3	35.2	26.5
Vitamin D density (mcg/1000 kcal)	1.3	1.3	1.2	1.4
Fiber density (g/1000 kcal)	8.2	8.6	7.8	7.8
Unweighted n[a]	2,491	1,268	774	449
Weighted n	389,063	201,185	121,908	65,970
Month 24				
Calcium density (mg/1000 kcal)	392.6	403.6	357.7	387.2
Iron density (mg/1000 kcal)	6.5	6.3	6.6	6.7
Folate density (mcg/1000 kcal)	177.5	175.9	181.2	172.3

(Continued)

Table C4-8-3d: Select nutrient densities at dinner by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Nutrient	Nutrient Density at Dinner Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Vitamin A density (mcg RAE/1000 kcal)	238.4	241.5	232.6	227.0
Vitamin C density (mg/1000 kcal)	23.6	24.3	20.7	26.7
Vitamin D density (mcg/1000 kcal)	1.0	1.0	0.8	0.9
Fiber density (g/1000 kcal)	7.4	7.5	7.2	7.5
Unweighted n[a]	2,309	1,505	505	299
Weighted n	415,502	269,916	94,245	51,341

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4d: Select nutrient densities at snack by household food security (Months 7, 13 and 24)

Nutrient	Nutrient Density at Snack Median	Household Food Security (measured using 6-item module)		
		High or Marginal Food Security	Low Food Security	Very Low Food Security
Month 7				
Calcium density (mg/1000 kcal)	747.1	739.2	714.0	824.7
Iron density (mg/1000 kcal)	16.0	15.7	15.1	17.9
Folate density (mcg/1000 kcal)	151.3	151.3	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	647.0	568.3	617.7
Vitamin C density (mg/1000 kcal)	102.3	101.4	97.8	106.7
Vitamin D density (mcg/1000 kcal)	6.3	6.0	4.2	8.9
Fiber density (g/1000 kcal)	3.6	3.8	3.6	2.1
Unweighted n[a]	1,647	853	494	300
Weighted n	228,409	120,092	69,188	39,129
Month 13				
Calcium density (mg/1000 kcal)	752.2	762.6	734.2	764.8
Iron density (mg/1000 kcal)	5.7	5.5	6.0	5.6
Folate density (mcg/1000 kcal)	141.0	142.2	142.8	133.6
Vitamin A density (mcg RAE/1000 kcal)	363.4	351.9	355.7	388.2
Vitamin C density (mg/1000 kcal)	45.0	45.2	40.0	48.1
Vitamin D density (mcg/1000 kcal)	3.6	3.4	2.9	4.8
Fiber density (g/1000 kcal)	5.6	6.1	5.3	6.2
Unweighted n[a]	2,160	1,121	652	387
Weighted n	329,421	173,164	99,582	56,675
Month 24				
Calcium density (mg/1000 kcal)	558.2	561.1	553.1	549.8
Iron density (mg/1000 kcal)	4.1	4.0	4.5	4.0
Folate density (mcg/1000 kcal)	127.0	127.2	127.5	125.2

(Continued)

Table C4-8-4d: Select nutrient densities at snack by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Nutrient	Nutrient Density at Snack Median	High or Marginal Food Security	Low Food Security	Very Low Food Security
Vitamin A density (mcg RAE/1000 kcal)	219.0	216.5	226.3	225.5
Vitamin C density (mg/1000 kcal)	42.4	42.3	38.0	45.9
Vitamin D density (mcg/1000 kcal)	1.4	1.1	1.9	1.4
Fiber density (g/1000 kcal)	7.3	7.5	6.8	7.3
Unweighted n[a]	1,999	1,312	420	267
Weighted n	351,307	230,631	75,388	45,288

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1e: Select nutrient densities at breakfast by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

Nutrient	Nutrient Density at Breakfast Median	Participation in non-WIC Benefit Program(s)		
		Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Month 7				
Calcium density (mg/1000 kcal)	825.5	825.5	825.5	824.8
Iron density (mg/1000 kcal)	18.1	18.1	18.2	18.1
Folate density (mcg/1000 kcal)	143.8	142.5	144.5	140.4
Vitamin A density (mcg RAE/1000 kcal)	689.3	717.8	690.7	682.5
Vitamin C density (mg/1000 kcal)	100.4	95.4	104.0	96.3
Vitamin D density (mcg/1000 kcal)	9.5	8.9	9.9	9.0
Fiber density (g/1000 kcal)	3.2	2.7	3.3	3.0
Unweighted n[a]	2,537	409	1,235	893
Weighted n	356,327	65,277	165,433	125,617
Month 13				
Calcium density (mg/1000 kcal)	993.2	1075	985.3	969.9
Iron density (mg/1000 kcal)	11.4	11.9	11.0	12.0
Folate density (mcg/1000 kcal)	148.9	146.1	148.7	150.8
Vitamin A density (mcg RAE/1000 kcal)	588.0	557.3	614.2	583.6
Vitamin C density (mg/1000 kcal)	39.3	35.1	40.2	39.3
Vitamin D density (mcg/1000 kcal)	8.6	7.8	9.1	8.3
Fiber density (g/1000 kcal)	7.6	8.8	6.8	8.1
Unweighted n[a]	2,613	405	1,307	901
Weighted n	410,041	72,507	195,845	141,689
Month 24				
Calcium density (mg/1000 kcal)	904.3	881.7	904.5	907.5
Iron density (mg/1000 kcal)	8.3	8.4	8.3	8.3
Folate density (mcg/1000 kcal)	213.0	202.7	213.0	213.8

(Continued)

Table C4-8-1e: Select nutrient densities at breakfast by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Nutrient	Nutrient Density at Breakfast Median	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Vitamin A density (mcg RAE/1000 kcal)	641.7	596.2	642.6	661.9
Vitamin C density (mg/1000 kcal)	30.0	25.7	33.4	28.6
Vitamin D density (mcg/1000 kcal)	9.0	7.8	9.1	9.1
Fiber density (g/1000 kcal)	7.2	8.6	7.2	6.8
Unweighted n[a]	2,375	346	1,155	874
Weighted n	428,368	65,675	204,369	158,325

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2e: Select nutrient densities at lunch by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

Nutrient	Nutrient Density at Lunch Median	Participation in non-WIC Benefit Program(s)		
		Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Month 7				
Calcium density (mg/1000 kcal)	749.6	757.3	797.9	714.0
Iron density (mg/1000 kcal)	16.1	15.7	17.0	15.1
Folate density (mcg/1000 kcal)	154.4	155.6	152.1	156.4
Vitamin A density (mcg RAE/1000 kcal)	843.1	871.4	834.8	835.5
Vitamin C density (mg/1000 kcal)	115.1	105.1	117.6	116.7
Vitamin D density (mcg/1000 kcal)	7.3	8.0	7.9	4.3
Fiber density (g/1000 kcal)	7.5	6.6	6.3	8.6
Unweighted n[a]	2,318	365	1,109	844
Weighted n	324,363	58,361	148,540	117,463
Month 13				
Calcium density (mg/1000 kcal)	473.2	503.5	454.0	468.4
Iron density (mg/1000 kcal)	6.6	6.9	6.6	6.4
Folate density (mcg/1000 kcal)	152.9	151.0	150.2	158.4
Vitamin A density (mcg RAE/1000 kcal)	351.6	375.6	307.6	376.9
Vitamin C density (mg/1000 kcal)	53.2	41.3	56.5	53.1
Vitamin D density (mcg/1000 kcal)	1.2	1.2	0.9	1.4
Fiber density (g/1000 kcal)	8.7	9.4	8.1	8.8
Unweighted n[a]	2,459	382	1,223	854
Weighted n	383,586	68,830	180,523	134,233
Month 24				
Calcium density (mg/1000 kcal)	420.1	427.2	393.5	450.9
Iron density (mg/1000 kcal)	5.8	5.6	5.8	5.8
Folate density (mcg/1000 kcal)	158.2	153.6	160.9	156.3

(Continued)

Table C4-8-2e: Select nutrient densities at lunch by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Nutrient	Nutrient Density at Lunch Median	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Vitamin A density (mcg RAE/1000 kcal)	195.1	214.9	181.3	204.9
Vitamin C density (mg/1000 kcal)	31.1	22.3	30.1	37.7
Vitamin D density (mcg/1000 kcal)	0.9	0.9	0.9	0.9
Fiber density (g/1000 kcal)	7.4	7.1	7.4	7.4
Unweighted n[a]	2,280	329	1,114	837
Weighted n	410,871	62,322	196,543	152,006

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3e: Select nutrient densities at dinner by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

Nutrient	Nutrient Density at Dinner Median	Participation in non-WIC Benefit Program(s)		
		Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Month 7				
Calcium density (mg/1000 kcal)	803.7	786.4	810.4	785.8
Iron density (mg/1000 kcal)	17.2	16.9	17.6	16.5
Folate density (mcg/1000 kcal)	157.2	156.9	156.9	159.0
Vitamin A density (mcg RAE/1000 kcal)	890.0	900.0	851.3	897.1
Vitamin C density (mg/1000 kcal)	107.2	108.8	102.8	108.2
Vitamin D density (mcg/1000 kcal)	8.4	7.9	8.8	8.0
Fiber density (g/1000 kcal)	6.6	6.4	6.5	6.7
Unweighted n[a]	2,360	377	1,141	842
Weighted n	325,641	57,551	151,884	116,207
Month 13				
Calcium density (mg/1000 kcal)	457.1	456.8	459.5	453.4
Iron density (mg/1000 kcal)	6.8	6.7	6.9	6.7
Folate density (mcg/1000 kcal)	159.6	179.9	154.1	158.3
Vitamin A density (mcg RAE/1000 kcal)	365.3	389.3	325.9	385.3
Vitamin C density (mg/1000 kcal)	35.2	31.6	34.8	40.3
Vitamin D density (mcg/1000 kcal)	1.3	1.0	1.3	1.4
Fiber density (g/1000 kcal)	8.2	9.9	7.8	8.0
Unweighted n[a]	2,491	390	1,236	865
Weighted n	389,063	69,532	183,652	135,879
Month 24				
Calcium density (mg/1000 kcal)	392.6	450.8	388.7	378.1
Iron density (mg/1000 kcal)	6.5	6.5	6.3	6.6
Folate density (mcg/1000 kcal)	177.5	202.5	168.2	182.2

(Continued)

Table C4-8-3e: Select nutrient densities at dinner by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Nutrient	Nutrient Density at Dinner Median	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Vitamin A density (mcg RAE/1000 kcal)	238.4	247.1	234.2	237.4
Vitamin C density (mg/1000 kcal)	23.6	17.8	23.2	26.4
Vitamin D density (mcg/1000 kcal)	1.0	0.8	1.0	0.9
Fiber density (g/1000 kcal)	7.4	8.0	6.8	7.9
Unweighted n[a]	2,309	333	1,131	845
Weighted n	415,502	63,357	198,731	153,413

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4e: Select nutrient densities at snack by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

Nutrient	Nutrient Density at Snack Median	Participation in non-WIC Benefit Program(s)		
		Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Month 7				
Calcium density (mg/1000 kcal)	747.1	744.7	772.5	714.0
Iron density (mg/1000 kcal)	16.0	15.3	17.2	15.1
Folate density (mcg/1000 kcal)	151.3	151.3	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	716.4	620.7	599.4
Vitamin C density (mg/1000 kcal)	102.3	99.5	101.5	103.1
Vitamin D density (mcg/1000 kcal)	6.3	1.4	7.1	5.9
Fiber density (g/1000 kcal)	3.6	2.6	3.3	3.9
Unweighted n[a]	1,647	239	830	578
Weighted n	228,409	35,734	111,864	80,811
Month 13				
Calcium density (mg/1000 kcal)	752.2	802.6	744.8	735.0
Iron density (mg/1000 kcal)	5.7	6.0	5.3	5.9
Folate density (mcg/1000 kcal)	141.0	142.9	139.0	143.1
Vitamin A density (mcg RAE/1000 kcal)	363.4	365.1	352.4	369.5
Vitamin C density (mg/1000 kcal)	45.0	37.9	46.4	45.7
Vitamin D density (mcg/1000 kcal)	3.6	4.2	3.2	3.7
Fiber density (g/1000 kcal)	5.6	6.3	5.5	6.0
Unweighted n[a]	2,160	327	1,092	741
Weighted n	329,421	55,762	158,565	115,094
Month 24				
Calcium density (mg/1000 kcal)	558.2	499.6	527.7	625.5
Iron density (mg/1000 kcal)	4.1	4.3	4.0	4.1
Folate density (mcg/1000 kcal)	127.0	128.2	120.9	135.8

(Continued)

Table C4-8-4e: Select nutrient densities at snack by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Nutrient	Nutrient Density at Snack Median	Does not Participate in Any Other Program	Participates in Other Program (s) and Is On SNAP	Participates in Other Program (s) and Is Not On SNAP
Vitamin A density (mcg RAE/1000 kcal)	219.0	218.2	190.4	272.1
Vitamin C density (mg/1000 kcal)	42.4	37.1	45.0	41.9
Vitamin D density (mcg/1000 kcal)	1.4	0.8	1.3	1.8
Fiber density (g/1000 kcal)	7.3	7.8	6.5	8.1
Unweighted n[a]	1,999	295	977	727
Weighted n	351,307	53,239	170,327	127,741

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1f: Select nutrient densities at breakfast by parity (Months 7, 13 and 24)

Nutrient	Nutrient Density at Breakfast Median	Parity		
		First Born	Second Born	Third or Subsequent Born
Month 7				
Calcium density (mg/1000 kcal)	825.5	825.5	825.1	825.5
Iron density (mg/1000 kcal)	18.1	18.1	18.2	18.1
Folate density (mcg/1000 kcal)	143.8	144.2	140.7	144.1
Vitamin A density (mcg RAE/1000 kcal)	689.3	727.7	618.4	697.1
Vitamin C density (mg/1000 kcal)	100.4	101.0	102.7	97.5
Vitamin D density (mcg/1000 kcal)	9.5	9.9	8.8	9.6
Fiber density (g/1000 kcal)	3.2	2.0	3.7	3.8
Unweighted n[a]	2,537	1,070	685	782
Weighted n	356,327	150,373	94,679	111,275
Month 13				
Calcium density (mg/1000 kcal)	993.2	992.1	996.6	991.9
Iron density (mg/1000 kcal)	11.4	11.8	12.1	10.3
Folate density (mcg/1000 kcal)	148.9	144.2	148.7	154.9
Vitamin A density (mcg RAE/1000 kcal)	588.0	581.1	562.0	632.1
Vitamin C density (mg/1000 kcal)	39.3	40.6	34.9	42.2
Vitamin D density (mcg/1000 kcal)	8.6	8.4	8.4	9.0
Fiber density (g/1000 kcal)	7.6	7.3	7.9	7.8
Unweighted n[a]	2,613	1,076	711	826
Weighted n	410,041	169,569	110,002	130,470
Month 24				
Calcium density (mg/1000 kcal)	904.3	893.2	907.0	908.3
Iron density (mg/1000 kcal)	8.3	8.0	9.3	8.3
Folate density (mcg/1000 kcal)	213.0	195.4	225.6	229.4

(Continued)

Table C4-8-1f: Select nutrient densities at breakfast by parity (Months 7, 13 and 24)

		Parity		
Nutrient	Nutrient Density at Breakfast Median	First Born	Second Born	Third or Subsequent Born
Vitamin A density (mcg RAE/1000 kcal)	641.7	590.5	701.4	662.8
Vitamin C density (mg/1000 kcal)	30.0	28.0	37.0	27.1
Vitamin D density (mcg/1000 kcal)	9.0	8.7	8.8	9.4
Fiber density (g/1000 kcal)	7.2	7.4	7.2	6.9
Unweighted n[a]	2,375	980	655	740
Weighted n	428,368	182,553	116,927	128,888

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2f: Select nutrient densities at lunch by parity (Months 7, 13 and 24)

Nutrient	Nutrient Density at Lunch Median	Parity		
		First Born	Second Born	Third or Subsequent Born
Month 7				
Calcium density (mg/1000 kcal)	749.6	738.2	787.5	736.8
Iron density (mg/1000 kcal)	16.1	15.2	17.3	15.6
Folate density (mcg/1000 kcal)	154.4	157.6	155.2	151.3
Vitamin A density (mcg RAE/1000 kcal)	843.1	840.1	818.1	854.1
Vitamin C density (mg/1000 kcal)	115.1	119.0	108.8	117.6
Vitamin D density (mcg/1000 kcal)	7.3	7.5	7.7	6.1
Fiber density (g/1000 kcal)	7.5	7.4	6.8	7.9
Unweighted n[a]	2,318	986	612	720
Weighted n	324,363	136,879	85,250	102,234
Month 13				
Calcium density (mg/1000 kcal)	473.2	460.3	457.1	507.9
Iron density (mg/1000 kcal)	6.6	6.5	6.5	6.7
Folate density (mcg/1000 kcal)	152.9	157.8	146.1	155.4
Vitamin A density (mcg RAE/1000 kcal)	351.6	352.5	334.0	355.0
Vitamin C density (mg/1000 kcal)	53.2	48.3	56.0	54.4
Vitamin D density (mcg/1000 kcal)	1.2	0.9	1.4	1.5
Fiber density (g/1000 kcal)	8.7	9.0	8.2	8.4
Unweighted n[a]	2,459	1,009	658	792
Weighted n	383,586	157,977	99,954	125,655
Month 24				
Calcium density (mg/1000 kcal)	420.1	452.7	443.7	383.4
Iron density (mg/1000 kcal)	5.8	5.8	5.7	5.9
Folate density (mcg/1000 kcal)	158.2	159.2	149.6	164.6

(Continued)

Table C4-8-2f: Select nutrient densities at lunch by parity (Months 7, 13 and 24)

		Parity		
Nutrient	Nutrient Density at Lunch Median	First Born	Second Born	Third or Subsequent Born
Vitamin A density (mcg RAE/1000 kcal)	195.1	204.5	203.2	173.2
Vitamin C density (mg/1000 kcal)	31.1	28.1	30.1	36.8
Vitamin D density (mcg/1000 kcal)	0.9	0.8	1.0	0.9
Fiber density (g/1000 kcal)	7.4	7.3	7.0	7.9
Unweighted n[a]	2,280	917	634	729
Weighted n	410,871	171,515	112,896	126,460

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3f: Select nutrient densities at dinner by parity (Months 7, 13 and 24)

Nutrient	Nutrient Density at Dinner Median	Parity		
		First Born	Second Born	Third or Subsequent Born
Month 7				
Calcium density (mg/1000 kcal)	803.7	792.2	810.4	807.3
Iron density (mg/1000 kcal)	17.2	17.4	16.9	17.0
Folate density (mcg/1000 kcal)	157.2	155.8	159.1	156.9
Vitamin A density (mcg RAE/1000 kcal)	890.0	885.9	842.2	900.0
Vitamin C density (mg/1000 kcal)	107.2	110.4	104.2	99.8
Vitamin D density (mcg/1000 kcal)	8.4	8.5	7.2	8.9
Fiber density (g/1000 kcal)	6.6	5.9	7.6	7.0
Unweighted n[a]	2,360	996	630	734
Weighted n	325,641	137,331	84,559	103,751
Month 13				
Calcium density (mg/1000 kcal)	457.1	432.5	438.1	502.2
Iron density (mg/1000 kcal)	6.8	6.9	6.7	6.8
Folate density (mcg/1000 kcal)	159.6	159.0	162.0	159.6
Vitamin A density (mcg RAE/1000 kcal)	365.3	374.1	371.3	348.4
Vitamin C density (mg/1000 kcal)	35.2	35.5	41.0	27.9
Vitamin D density (mcg/1000 kcal)	1.3	1.0	1.5	1.5
Fiber density (g/1000 kcal)	8.2	8.6	8.0	7.9
Unweighted n[a]	2,491	1,041	671	779
Weighted n	389,063	161,671	102,846	124,546
Month 24				
Calcium density (mg/1000 kcal)	392.6	369.1	361.3	434.4
Iron density (mg/1000 kcal)	6.5	6.7	6.3	6.3
Folate density (mcg/1000 kcal)	177.5	181.4	177.4	174.2

(Continued)

Table C4-8-3f: Select nutrient densities at dinner by parity (Months 7, 13 and 24)

		Parity		
Nutrient	Nutrient Density at Dinner Median	First Born	Second Born	Third or Subsequent Born
Vitamin A density (mcg RAE/1000 kcal)	238.4	224.8	225.3	259.1
Vitamin C density (mg/1000 kcal)	23.6	19.9	28.8	24.6
Vitamin D density (mcg/1000 kcal)	1.0	0.8	1.0	1.6
Fiber density (g/1000 kcal)	7.4	7.5	7.4	7.3
Unweighted n[a]	2,309	944	637	728
Weighted n	415,502	175,360	112,768	127,375

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4f: Select nutrient densities at snack by parity (Months 7, 13 and 24)

		Parity		
Nutrient	Nutrient Density at Snack Median	First Born	Second Born	Third or Subsequent Born
Month 7				
Calcium density (mg/1000 kcal)	747.1	756.4	745.6	715.3
Iron density (mg/1000 kcal)	16.0	16.3	16.5	15.2
Folate density (mcg/1000 kcal)	151.3	151.3	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	648.0	622.3	545.8
Vitamin C density (mg/1000 kcal)	102.3	106.3	104.4	90.6
Vitamin D density (mcg/1000 kcal)	6.3	8.1	3.2	5.8
Fiber density (g/1000 kcal)	3.6	3.6	2.8	3.9
Unweighted n[a]	1,647	752	440	455
Weighted n	228,409	102,473	60,661	65,275
Month 13				
Calcium density (mg/1000 kcal)	752.2	753.1	760.6	739.5
Iron density (mg/1000 kcal)	5.7	6.0	5.5	5.4
Folate density (mcg/1000 kcal)	141.0	143.2	142.8	136.0
Vitamin A density (mcg RAE/1000 kcal)	363.4	333.3	378.6	356.2
Vitamin C density (mg/1000 kcal)	45.0	47.7	45.7	39.6
Vitamin D density (mcg/1000 kcal)	3.6	3.7	4.3	2.9
Fiber density (g/1000 kcal)	5.6	5.5	5.7	5.7
Unweighted n[a]	2,160	932	565	663
Weighted n	329,421	141,359	86,734	101,328
Month 24				
Calcium density (mg/1000 kcal)	558.2	567.0	535.0	591.2
Iron density (mg/1000 kcal)	4.1	4.3	4.4	3.8
Folate density (mcg/1000 kcal)	127.0	122.8	139.7	121.6

(Continued)

Table C4-8-4f: Select nutrient densities at snack by parity (Months 7, 13 and 24)

		Parity		
Nutrient	Nutrient Density at Snack Median	First Born	Second Born	Third or Subsequent Born
Vitamin A density (mcg RAE/1000 kcal)	219.0	232.3	198.4	220.8
Vitamin C density (mg/1000 kcal)	42.4	43.1	43.9	38.8
Vitamin D density (mcg/1000 kcal)	1.4	1.1	1.1	1.9
Fiber density (g/1000 kcal)	7.3	7.5	7.4	6.9
Unweighted n[a]	1,999	840	545	614
Weighted n	351,307	148,415	96,418	106,475

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1g: Select nutrient densities at breakfast by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Breakfast Median	1st Trimester	2nd Trimester)	3rd Trimester	Postnatal Enrollment
Month 7					
Calcium density (mg/1000 kcal)	825.5	825.5	825.5	814.9	825.5
Iron density (mg/1000 kcal)	18.1	18.2	18.1	18.1	18.1
Folate density (mcg/1000 kcal)	143.8	145.4	142.4	143.2	140.2
Vitamin A density (mcg RAE/1000 kcal)	689.3	686.1	693.9	719.0	624.3
Vitamin C density (mg/1000 kcal)	100.4	110.9	108.8	90.6	90.6
Vitamin D density (mcg/1000 kcal)	9.5	9.2	9.6	8.6	9.7
Fiber density (g/1000 kcal)	3.2	4.5	3.0	2.2	1.3
Unweighted n[a]	2,537	819	1,000	374	344
Weighted n	356,327	111,484	139,933	54,828	50,083
Month 13					
Calcium density (mg/1000 kcal)	993.2	931.6	991.7	1006	1104
Iron density (mg/1000 kcal)	11.4	9.6	11.5	12.6	15.7
Folate density (mcg/1000 kcal)	148.9	141.9	144.6	160.8	160.5
Vitamin A density (mcg RAE/1000 kcal)	588.0	575.8	594.6	584.5	628.5
Vitamin C density (mg/1000 kcal)	39.3	40.1	39.3	38.0	38.6
Vitamin D density (mcg/1000 kcal)	8.6	8.0	8.5	9.1	9.4
Fiber density (g/1000 kcal)	7.6	6.7	7.8	8.9	8.4
Unweighted n[a]	2,613	829	1,035	399	350

(Continued)

Table C4-8-1g: Select nutrient densities at breakfast by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Breakfast Median	1st Trimester	2nd Trimester)	3rd Trimester	Postnatal Enrollment
Weighted n	410,041	125,951	161,670	66,329	56,091
Month 24					
Calcium density (mg/1000 kcal)	904.3	899.7	899.5	941.3	909.8
Iron density (mg/1000 kcal)	8.3	7.8	9.7	8.0	8.3
Folate density (mcg/1000 kcal)	213.0	195.7	240.1	202.3	223.4
Vitamin A density (mcg RAE/1000 kcal)	641.7	603.0	675.8	661.8	682.0
Vitamin C density (mg/1000 kcal)	30.0	31.8	31.7	29.3	20.7
Vitamin D density (mcg/1000 kcal)	9.0	8.9	8.9	8.7	9.5
Fiber density (g/1000 kcal)	7.2	6.7	7.4	7.0	8.0
Unweighted n[a]	2,375	765	936	356	318
Weighted n	428,368	134,449	173,098	63,171	57,651

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2g: Select nutrient densities at lunch by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Lunch Median	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Month 7					
Calcium density (mg/1000 kcal)	749.6	719.7	771.1	725.7	810.4
Iron density (mg/1000 kcal)	16.1	15.2	16.7	17.1	15.6
Folate density (mcg/1000 kcal)	154.4	158.9	156.9	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	843.1	817.4	843.1	842.5	871.0
Vitamin C density (mg/1000 kcal)	115.1	108.8	119.2	105.7	112.0
Vitamin D density (mcg/1000 kcal)	7.3	7.1	7.5	4.8	7.8
Fiber density (g/1000 kcal)	7.5	7.0	7.8	6.4	8.8
Unweighted n[a]	2,318	735	922	338	323
Weighted n	324,363	100,754	127,538	49,834	46,237
Month 13					
Calcium density (mg/1000 kcal)	473.2	508.3	452.7	494.2	500.3
Iron density (mg/1000 kcal)	6.6	6.5	6.6	7.0	6.5
Folate density (mcg/1000 kcal)	152.9	149.2	155.2	166.7	148.7
Vitamin A density (mcg RAE/1000 kcal)	351.6	393.9	332.4	261.3	373.3
Vitamin C density (mg/1000 kcal)	53.2	52.4	55.5	42.1	57.4
Vitamin D density (mcg/1000 kcal)	1.2	1.8	0.9	1.0	1.2
Fiber density (g/1000 kcal)	8.7	8.1	9.0	8.9	8.1
Unweighted n[a]	2,459	779	977	365	338

(Continued)

Table C4-8-2g: Select nutrient densities at lunch by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Lunch Median	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Weighted n	383,586	119,156	151,136	59,402	53,893
Month 24					
Calcium density (mg/1000 kcal)	420.1	439.0	417.4	387.9	419.3
Iron density (mg/1000 kcal)	5.8	5.7	5.7	6.0	6.0
Folate density (mcg/1000 kcal)	158.2	160.3	156.6	157.7	157.7
Vitamin A density (mcg RAE/1000 kcal)	195.1	216.0	180.6	175.8	187.5
Vitamin C density (mg/1000 kcal)	31.1	36.3	29.2	27.7	26.0
Vitamin D density (mcg/1000 kcal)	0.9	1.0	0.9	0.7	0.9
Fiber density (g/1000 kcal)	7.4	7.3	7.3	7.5	7.4
Unweighted n[a]	2,280	734	899	339	308
Weighted n	410,871	129,577	164,816	60,072	56,407

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3g: Select nutrient densities at dinner by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Dinner Median	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Month 7					
Calcium density (mg/1000 kcal)	803.7	788.9	810.4	778.2	803.2
Iron density (mg/1000 kcal)	17.2	17.0	17.3	16.9	17.7
Folate density (mcg/1000 kcal)	157.2	159.5	159.0	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	890.0	900.5	871.4	896.6	872.9
Vitamin C density (mg/1000 kcal)	107.2	105.8	114.3	92.7	93.7
Vitamin D density (mcg/1000 kcal)	8.4	7.6	8.7	8.5	8.3
Fiber density (g/1000 kcal)	6.6	6.8	6.4	6.1	7.5
Unweighted n[a]	2,360	752	932	352	324
Weighted n	325,641	99,995	128,597	51,259	45,790
Month 13					
Calcium density (mg/1000 kcal)	457.1	502.1	441.6	484.9	410.5
Iron density (mg/1000 kcal)	6.8	6.7	6.9	6.6	6.7
Folate density (mcg/1000 kcal)	159.6	159.0	159.6	153.2	174.3
Vitamin A density (mcg RAE/1000 kcal)	365.3	384.3	356.3	361.1	348.5
Vitamin C density (mg/1000 kcal)	35.2	35.0	42.4	26.8	32.1
Vitamin D density (mcg/1000 kcal)	1.3	1.4	1.3	1.3	1.1
Fiber density (g/1000 kcal)	8.2	8.1	8.2	8.9	7.8
Unweighted n[a]	2,491	790	983	372	346

(Continued)

Table C4-8-3g: Select nutrient densities at dinner by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Dinner Median	1st Trimester	2nd Trimester	3rd Trimester	Postnatal Enrollment
Weighted n	389,063	120,919	151,063	61,862	55,219
Month 24					
Calcium density (mg/1000 kcal)	392.6	427.4	387.5	330.7	390.8
Iron density (mg/1000 kcal)	6.5	6.6	6.4	6.4	6.3
Folate density (mcg/1000 kcal)	177.5	187.1	175.9	161.6	182.4
Vitamin A density (mcg RAE/1000 kcal)	238.4	248.2	250.0	214.8	225.0
Vitamin C density (mg/1000 kcal)	23.6	21.6	27.1	19.9	21.8
Vitamin D density (mcg/1000 kcal)	1.0	1.1	0.9	0.9	0.9
Fiber density (g/1000 kcal)	7.4	7.2	7.5	7.6	7.4
Unweighted n[a]	2,309	736	912	347	314
Weighted n	415,502	129,831	168,338	60,144	57,190

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4g: Select nutrient densities at snack by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Snack[b] Median	**1st Trimester)**	**2nd Trimester**	**3rd Trimester**	**Postnatal Enrollment**
Month 7					
Calcium density (mg/1000 kcal)	747.1	714.0	769.4	772.7	740.7
Iron density (mg/1000 kcal)	16.0	15.9	16.8	16.0	15.3
Folate density (mcg/1000 kcal)	151.3	151.3	151.3	151.3	151.2
Vitamin A density (mcg RAE/1000 kcal)	621.0	599.6	653.5	715.4	491.8
Vitamin C density (mg/1000 kcal)	102.3	107.1	103.7	90.6	90.6
Vitamin D density (mcg/1000 kcal)	6.3	7.3	7.1	5.6	4.3
Fiber density (g/1000 kcal)	3.6	3.3	3.4	2.8	4.8
Unweighted n[a]	1,647	519	637	254	237
Weighted n	228,409	71,965	87,171	35,869	33,404
Month 13					
Calcium density (mg/1000 kcal)	752.2	704.0	783.9	746.2	743.5
Iron density (mg/1000 kcal)	5.7	5.9	5.2	6.0	6.2
Folate density (mcg/1000 kcal)	141.0	146.5	137.3	127.1	148.1
Vitamin A density (mcg RAE/1000 kcal)	363.4	335.8	365.3	375.7	386.6
Vitamin C density (mg/1000 kcal)	45.0	55.7	46.1	38.5	30.7
Vitamin D density (mcg/1000 kcal)	3.6	3.7	3.8	3.6	2.9
Fiber density (g/1000 kcal)	5.6	6.0	5.5	5.3	6.5
Unweighted n[a]	2,160	640	860	338	322
Weighted n	329,421	92,329	131,688	54,362	51,041

(Continued)

Table C4-8-4g: Select nutrient densities at snack by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Nutrient	Nutrient Density at Snack[b] Median	**1st Trimester)**	**2nd Trimester**	**3rd Trimester**	**Postnatal Enrollment**
Month 24					
Calcium density (mg/1000 kcal)	558.2	632.1	528.0	512.1	518.5
Iron density (mg/1000 kcal)	4.1	4.0	4.0	4.3	4.3
Folate density (mcg/1000 kcal)	127.0	130.4	133.4	113.6	125.9
Vitamin A density (mcg RAE/1000 kcal)	219.0	273.4	183.6	218.4	264.9
Vitamin C density (mg/1000 kcal)	42.4	46.2	38.2	39.0	42.9
Vitamin D density (mcg/1000 kcal)	1.4	1.8	1.4	0.8	1.4
Fiber density (g/1000 kcal)	7.3	7.7	6.9	6.5	7.5
Unweighted n[a]	1,999	620	796	306	277
Weighted n	351,307	103,251	144,762	53,237	50,057

[a] n is the number of respondents who reported having snack at the recall.

[b] Nutrient densities at snack are calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1h: Select nutrient densities at breakfast by weight status of mother before pregnancy (Months 7, 13 and 24)

Nutrient	Nutrient Density at Breakfast Median	Weight Status of Mother Before Pregnancy		
		Normal or Underweight	Overweight	Obese
Month 7				
Calcium density (mg/1000 kcal)	825.5	825.5	825.5	825.5
Iron density (mg/1000 kcal)	18.1	18.1	18.1	18.2
Folate density (mcg/1000 kcal)	143.8	142.6	144.2	141.9
Vitamin A density (mcg RAE/1000 kcal)	689.3	688.4	725.1	667.3
Vitamin C density (mg/1000 kcal)	100.4	101.7	100.2	98.5
Vitamin D density (mcg/1000 kcal)	9.5	9.3	9.4	9.8
Fiber density (g/1000 kcal)	3.2	2.8	3.4	3.1
Unweighted n[a]	2,537	1,080	728	729
Weighted n	356,327	157,290	92,556	106,481
Month 13				
Calcium density (mg/1000 kcal)	993.2	1028	979.5	973.3
Iron density (mg/1000 kcal)	11.4	11.3	12.0	10.7
Folate density (mcg/1000 kcal)	148.9	149.6	148.3	149.8
Vitamin A density (mcg RAE/1000 kcal)	588.0	572.4	586.6	628.9
Vitamin C density (mg/1000 kcal)	39.3	37.2	43.9	39.6
Vitamin D density (mcg/1000 kcal)	8.6	8.6	8.1	9.0
Fiber density (g/1000 kcal)	7.6	7.9	7.3	7.3
Unweighted n[a]	2,613	1,122	725	766
Weighted n	410,041	186,818	102,833	120,389
Month 24				
Calcium density (mg/1000 kcal)	904.3	892.8	906.5	909.3
Iron density (mg/1000 kcal)	8.3	8.0	8.6	9.3
Folate density (mcg/1000 kcal)	213.0	199.8	221.3	228.8

(Continued)

Table C4-8-1h: Select nutrient densities at breakfast by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Nutrient	Nutrient Density at Breakfast Median	Normal or Underweight	Overweight	Obese
Vitamin A density (mcg RAE/1000 kcal)	641.7	615.7	634.4	698.7
Vitamin C density (mg/1000 kcal)	30.0	32.4	25.1	28.6
Vitamin D density (mcg/1000 kcal)	9.0	8.8	9.1	9.0
Fiber density (g/1000 kcal)	7.2	6.9	6.8	7.8
Unweighted n[a]	2,375	1,021	653	701
Weighted n	428,368	197,128	105,191	126,048

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2h: Select nutrient densities at lunch by weight status of mother before pregnancy (Months 7, 13 and 24)

Nutrient	Nutrient Density at Lunch Median	Weight Status of Mother Before Pregnancy		
		Normal or Underweight	Overweight	Obese
Month 7				
Calcium density (mg/1000 kcal)	749.6	758.9	763.0	715.6
Iron density (mg/1000 kcal)	16.1	16.7	16.2	15.1
Folate density (mcg/1000 kcal)	154.4	151.3	151.3	159.6
Vitamin A density (mcg RAE/1000 kcal)	843.1	822.9	829.2	871.1
Vitamin C density (mg/1000 kcal)	115.1	112.2	109.0	119.1
Vitamin D density (mcg/1000 kcal)	7.3	7.7	7.5	6.3
Fiber density (g/1000 kcal)	7.5	6.6	6.7	8.8
Unweighted n[a]	2,318	982	660	676
Weighted n	324,363	141,909	84,601	97,853
Month 13				
Calcium density (mg/1000 kcal)	473.2	513.8	437.2	450.8
Iron density (mg/1000 kcal)	6.6	6.6	6.3	7.0
Folate density (mcg/1000 kcal)	152.9	157.1	146.6	153.0
Vitamin A density (mcg RAE/1000 kcal)	351.6	361.8	353.0	333.7
Vitamin C density (mg/1000 kcal)	53.2	55.0	50.3	50.5
Vitamin D density (mcg/1000 kcal)	1.2	1.3	1.2	0.9
Fiber density (g/1000 kcal)	8.7	8.8	8.7	8.2
Unweighted n[a]	2,459	1,050	688	721
Weighted n	383,586	173,311	97,243	113,032
Month 24				
Calcium density (mg/1000 kcal)	420.1	430.1	424.3	407.4
Iron density (mg/1000 kcal)	5.8	5.8	5.7	5.9
Folate density (mcg/1000 kcal)	158.2	153.9	154.2	168.0

(Continued)

Table C4-8-2h: Select nutrient densities at lunch by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Nutrient	Nutrient Density at Lunch Median	Normal or Underweight	Overweight	Obese
Vitamin A density (mcg RAE/1000 kcal)	195.1	203.7	201.5	168.2
Vitamin C density (mg/1000 kcal)	31.1	32.9	28.3	29.4
Vitamin D density (mcg/1000 kcal)	0.9	1.1	0.8	0.7
Fiber density (g/1000 kcal)	7.4	7.4	7.3	7.6
Unweighted n[a]	2,280	974	618	688
Weighted n	410,871	187,612	99,979	123,280

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3h: Select nutrient densities at dinner by weight status of mother before pregnancy (Months 7, 13 and 24)

Nutrient	Nutrient Density at Dinner Median	Weight Status of Mother Before Pregnancy		
		Normal or Underweight	Overweight	Obese
Month 7				
Calcium density (mg/1000 kcal)	803.7	796.1	763.5	810.4
Iron density (mg/1000 kcal)	17.2	16.6	16.9	17.7
Folate density (mcg/1000 kcal)	157.2	156.3	151.8	159.5
Vitamin A density (mcg RAE/1000 kcal)	890.0	843.1	900.0	897.6
Vitamin C density (mg/1000 kcal)	107.2	109.1	98.1	107.6
Vitamin D density (mcg/1000 kcal)	8.4	8.7	6.7	9.1
Fiber density (g/1000 kcal)	6.6	6.4	7.3	6.7
Unweighted n[a]	2,360	990	677	693
Weighted n	325,641	142,871	83,977	98,794
Month 13				
Calcium density (mg/1000 kcal)	457.1	450.3	519.7	453.3
Iron density (mg/1000 kcal)	6.8	6.7	6.8	6.9
Folate density (mcg/1000 kcal)	159.6	154.3	163.6	160.6
Vitamin A density (mcg RAE/1000 kcal)	365.3	351.6	395.0	369.0
Vitamin C density (mg/1000 kcal)	35.2	34.7	35.1	33.7
Vitamin D density (mcg/1000 kcal)	1.3	1.4	1.1	1.4
Fiber density (g/1000 kcal)	8.2	7.9	8.8	8.0
Unweighted n[a]	2,491	1,073	671	747
Weighted n	389,063	176,967	94,954	117,142
Month 24				
Calcium density (mg/1000 kcal)	392.6	398.1	411.3	365.8
Iron density (mg/1000 kcal)	6.5	6.6	6.6	6.2
Folate density (mcg/1000 kcal)	177.5	185.6	184.4	161.3

(Continued)

Table C4-8-3h: Select nutrient densities at dinner by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Nutrient	Nutrient Density at Dinner Median	Normal or Underweight	Overweight	Obese
Vitamin A density (mcg RAE/1000 kcal)	238.4	242.3	244.9	219.2
Vitamin C density (mg/1000 kcal)	23.6	20.2	22.0	26.7
Vitamin D density (mcg/1000 kcal)	1.0	1.0	0.9	0.9
Fiber density (g/1000 kcal)	7.4	7.5	7.5	7.2
Unweighted n[a]	2,309	983	633	693
Weighted n	415,502	189,944	101,476	124,081

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4h: Select nutrient densities at snack by weight status of mother before pregnancy (Months 7, 13 and 24)

Nutrient	Nutrient Density at Snack Median	Weight Status of Mother Before Pregnancy		
		Normal or Underweight	Overweight	Obese
Month 7				
Calcium density (mg/1000 kcal)	747.1	761.9	714.0	769.0
Iron density (mg/1000 kcal)	16.0	15.8	15.3	16.8
Folate density (mcg/1000 kcal)	151.3	151.3	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	653.6	545.4	648.1
Vitamin C density (mg/1000 kcal)	102.3	103.8	92.4	106.9
Vitamin D density (mcg/1000 kcal)	6.3	5.8	4.9	8.3
Fiber density (g/1000 kcal)	3.6	2.4	4.8	3.6
Unweighted n[a]	1,647	711	467	469
Weighted n	228,409	100,863	60,491	67,055
Month 13				
Calcium density (mg/1000 kcal)	752.2	732.7	674.8	821.4
Iron density (mg/1000 kcal)	5.7	5.8	5.6	5.6
Folate density (mcg/1000 kcal)	141.0	143.5	135.1	140.0
Vitamin A density (mcg RAE/1000 kcal)	363.4	339.1	349.3	408.9
Vitamin C density (mg/1000 kcal)	45.0	46.4	40.6	44.9
Vitamin D density (mcg/1000 kcal)	3.6	3.4	2.4	4.7
Fiber density (g/1000 kcal)	5.6	5.8	6.0	5.5
Unweighted n[a]	2,160	934	581	645
Weighted n	329,421	151,764	76,663	100,994
Month 24				
Calcium density (mg/1000 kcal)	558.2	565.1	529.8	566.8
Iron density (mg/1000 kcal)	4.1	4.3	4.1	4.0
Folate density (mcg/1000 kcal)	127.0	127.5	126.2	125.3

(Continued)

Table C4-8-4h: Select nutrient densities at snack by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Nutrient	Nutrient Density at Snack Median	Normal or Underweight	Overweight	Obese
Vitamin A density (mcg RAE/1000 kcal)	219.0	233.5	174.9	232.6
Vitamin C density (mg/1000 kcal)	42.4	40.9	47.9	43.4
Vitamin D density (mcg/1000 kcal)	1.4	1.4	0.7	1.4
Fiber density (g/1000 kcal)	7.3	7.1	7.1	7.6
Unweighted n[a]	1,999	853	547	599
Weighted n	351,307	162,124	84,655	104,528

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1i: Select nutrient densities at breakfast by income poverty (Months 7, 13 and 24)

Nutrient	Nutrient Density at Breakfast Median	Income Poverty		
		75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7				
Calcium density (mg/1000 kcal)	825.5	825.5	825.5	812.1
Iron density (mg/1000 kcal)	18.1	18.1	18.1	18.2
Folate density (mcg/1000 kcal)	143.8	146.4	139.2	133.3
Vitamin A density (mcg RAE/1000 kcal)	689.3	730.8	617.3	606.2
Vitamin C density (mg/1000 kcal)	100.4	108.8	90.6	90.6
Vitamin D density (mcg/1000 kcal)	9.5	10.0	8.6	6.0
Fiber density (g/1000 kcal)	3.2	3.2	3.2	2.3
Unweighted n[a]	2,537	1,602	683	252
Weighted n	356,327	221,474	97,466	37,387
Month 13				
Calcium density (mg/1000 kcal)	993.2	999.6	928.8	1095
Iron density (mg/1000 kcal)	11.4	11.4	12.2	9.1
Folate density (mcg/1000 kcal)	148.9	147.0	154.9	150.7
Vitamin A density (mcg RAE/1000 kcal)	588.0	596.2	551.7	568.6
Vitamin C density (mg/1000 kcal)	39.3	40.5	38.7	33.1
Vitamin D density (mcg/1000 kcal)	8.6	8.9	8.3	7.6
Fiber density (g/1000 kcal)	7.6	6.8	8.2	10.9
Unweighted n[a]	2,613	1,647	697	269
Weighted n	410,041	253,142	111,446	45,453
Month 24				
Calcium density (mg/1000 kcal)	904.3	872.2	946.2	906.8
Iron density (mg/1000 kcal)	8.3	8.6	8.0	8.2
Folate density (mcg/1000 kcal)	213.0	226.2	193.5	207.5

(Continued)

Table C4-8-1i: Select nutrient densities at breakfast by income poverty (Months 7, 13 and 24)

		Income Poverty		
Nutrient	Nutrient Density at Breakfast Median	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Vitamin A density (mcg RAE/1000 kcal)	641.7	627.3	669.4	608.3
Vitamin C density (mg/1000 kcal)	30.0	34.6	24.6	28.4
Vitamin D density (mcg/1000 kcal)	9.0	8.8	9.4	8.3
Fiber density (g/1000 kcal)	7.2	7.2	7.1	8.0
Unweighted n[a]	2,375	1,270	709	396
Weighted n	428,368	230,610	129,853	67,905

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2i: Select nutrient densities at lunch by income poverty (Months 7, 13 and 24)

Nutrient	Nutrient Density at Lunch Median	Income Poverty		
		75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7				
Calcium density (mg/1000 kcal)	749.6	766.0	745.2	674.7
Iron density (mg/1000 kcal)	16.1	16.2	16.0	15.1
Folate density (mcg/1000 kcal)	154.4	155.5	156.9	151.3
Vitamin A density (mcg RAE/1000 kcal)	843.1	829.7	824.3	902.5
Vitamin C density (mg/1000 kcal)	115.1	119.1	105.0	109.3
Vitamin D density (mcg/1000 kcal)	7.3	7.7	5.5	2.7
Fiber density (g/1000 kcal)	7.5	6.9	8.2	7.1
Unweighted n[a]	2,318	1,448	635	235
Weighted n	324,363	202,504	88,190	33,670
Month 13				
Calcium density (mg/1000 kcal)	473.2	470.4	457.6	525.6
Iron density (mg/1000 kcal)	6.6	6.8	6.2	6.1
Folate density (mcg/1000 kcal)	152.9	155.1	149.7	156.9
Vitamin A density (mcg RAE/1000 kcal)	351.6	356.2	324.6	362.1
Vitamin C density (mg/1000 kcal)	53.2	57.7	50.7	30.3
Vitamin D density (mcg/1000 kcal)	1.2	1.2	1.1	1.2
Fiber density (g/1000 kcal)	8.7	8.8	8.1	9.2
Unweighted n[a]	2,459	1,547	660	252
Weighted n	383,586	237,732	104,186	41,668
Month 24				
Calcium density (mg/1000 kcal)	420.1	396.1	422.6	472.1
Iron density (mg/1000 kcal)	5.8	5.7	6.0	6.0
Folate density (mcg/1000 kcal)	158.2	156.2	159.9	159.8

(Continued)

Table C4-8-2i: Select nutrient densities at lunch by income poverty (Months 7, 13 and 24)

		Income Poverty		
Nutrient	Nutrient Density at Lunch Median	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Vitamin A density (mcg RAE/1000 kcal)	195.1	181.3	209.2	210.5
Vitamin C density (mg/1000 kcal)	31.1	33.0	32.4	23.5
Vitamin D density (mcg/1000 kcal)	0.9	0.8	1.0	1.0
Fiber density (g/1000 kcal)	7.4	7.4	7.4	7.3
Unweighted n[a]	2,280	1,222	680	378
Weighted n	410,871	221,156	125,414	64,301

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3i: Select nutrient densities at dinner by income poverty (Months 7, 13 and 24)

Nutrient	Nutrient Density at Dinner Median	Income Poverty		
		75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7				
Calcium density (mg/1000 kcal)	803.7	810.4	810.4	701.7
Iron density (mg/1000 kcal)	17.2	17.5	16.9	15.0
Folate density (mcg/1000 kcal)	157.2	157.9	156.8	156.9
Vitamin A density (mcg RAE/1000 kcal)	890.0	891.2	871.4	900.0
Vitamin C density (mg/1000 kcal)	107.2	104.7	106.5	111.6
Vitamin D density (mcg/1000 kcal)	8.4	9.4	8.0	1.3
Fiber density (g/1000 kcal)	6.6	5.5	7.6	11.6
Unweighted n[a]	2,360	1,455	655	250
Weighted n	325,641	198,269	92,336	35,037
Month 13				
Calcium density (mg/1000 kcal)	457.1	458.7	441.5	460.7
Iron density (mg/1000 kcal)	6.8	6.9	6.6	6.6
Folate density (mcg/1000 kcal)	159.6	154.9	165.7	171.6
Vitamin A density (mcg RAE/1000 kcal)	365.3	360.7	359.6	386.3
Vitamin C density (mg/1000 kcal)	35.2	35.2	37.1	30.6
Vitamin D density (mcg/1000 kcal)	1.3	1.3	1.3	1.4
Fiber density (g/1000 kcal)	8.2	7.7	9.2	8.9
Unweighted n[a]	2,491	1,551	676	264
Weighted n	389,063	234,495	109,431	45,137
Month 24				
Calcium density (mg/1000 kcal)	392.6	390.0	408.3	354.1
Iron density (mg/1000 kcal)	6.5	6.3	6.7	6.6
Folate density (mcg/1000 kcal)	177.5	173.3	183.7	179.3

(Continued)

Table C4-8-3i: Select nutrient densities at dinner by income poverty (Months 7, 13 and 24)

		Income Poverty		
Nutrient	Nutrient Density at Dinner Median	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Vitamin A density (mcg RAE/1000 kcal)	238.4	238.3	248.0	215.0
Vitamin C density (mg/1000 kcal)	23.6	24.5	23.6	21.5
Vitamin D density (mcg/1000 kcal)	1.0	0.9	1.2	0.8
Fiber density (g/1000 kcal)	7.4	7.0	7.9	8.0
Unweighted n[a]	2,309	1,229	692	388
Weighted n	415,502	222,402	126,089	67,010

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4i: Select nutrient densities at snack by income poverty (Months 7, 13 and 24)

Nutrient	Nutrient Density at Snack Median	Income Poverty		
		75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Month 7				
Calcium density (mg/1000 kcal)	747.1	761.4	719.1	714.0
Iron density (mg/1000 kcal)	16.0	16.8	15.3	14.9
Folate density (mcg/1000 kcal)	151.3	151.3	151.3	147.1
Vitamin A density (mcg RAE/1000 kcal)	621.0	644.6	525.7	672.5
Vitamin C density (mg/1000 kcal)	102.3	104.1	97.8	100.4
Vitamin D density (mcg/1000 kcal)	6.3	7.6	5.0	3.8
Fiber density (g/1000 kcal)	3.6	3.6	3.3	2.8
Unweighted n[a]	1,647	1,026	451	170
Weighted n	228,409	139,274	64,823	24,312
Month 13				
Calcium density (mg/1000 kcal)	752.2	731.9	753.3	846.6
Iron density (mg/1000 kcal)	5.7	5.4	6.2	6.0
Folate density (mcg/1000 kcal)	141.0	139.8	144.3	133.7
Vitamin A density (mcg RAE/1000 kcal)	363.4	335.4	374.1	375.5
Vitamin C density (mg/1000 kcal)	45.0	46.4	46.4	33.4
Vitamin D density (mcg/1000 kcal)	3.6	3.8	3.0	3.2
Fiber density (g/1000 kcal)	5.6	5.5	6.3	5.4
Unweighted n[a]	2,160	1,313	601	246
Weighted n	329,421	193,752	94,815	40,854
Month 24				
Calcium density (mg/1000 kcal)	558.2	541.5	524.4	659.0
Iron density (mg/1000 kcal)	4.1	3.9	4.3	4.3
Folate density (mcg/1000 kcal)	127.0	122.4	139.3	126.4

(Continued)

Table C4-8-4i: Select nutrient densities at snack by income poverty (Months 7, 13 and 24)

		Income Poverty		
Nutrient	Nutrient Density at Snack Median	75% of Poverty Guideline or Below	Above 75% But No More Than 130% of Poverty Guideline	Above 130% of Poverty Guideline
Vitamin A density (mcg RAE/1000 kcal)	219.0	204.1	239.3	222.7
Vitamin C density (mg/1000 kcal)	42.4	42.5	45.0	35.8
Vitamin D density (mcg/1000 kcal)	1.4	1.5	1.3	1.1
Fiber density (g/1000 kcal)	7.3	7.1	7.5	7.7
Unweighted n[a]	1,999	1,008	621	370
Weighted n	351,307	177,957	110,707	62,642

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1k: Select nutrient densities at breakfast by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Nutrient	Nutrient Density at Breakfast Median	Age of Mother or Caregiver at Child's Birth		
		16-19 Years	20-25 Years	26 Years or Older
Month 7				
Calcium density (mg/1000 kcal)	825.5	850.0	824.7	825.5
Iron density (mg/1000 kcal)	18.1	18.1	18.1	18.3
Folate density (mcg/1000 kcal)	143.8	148.9	144.2	139.4
Vitamin A density (mcg RAE/1000 kcal)	689.3	843.1	681.8	668.6
Vitamin C density (mg/1000 kcal)	100.4	115.8	100.8	96.7
Vitamin D density (mcg/1000 kcal)	9.5	10.0	9.8	9.1
Fiber density (g/1000 kcal)	3.2	4.1	2.5	3.7
Unweighted n[a]	2,537	294	1,022	1,221
Weighted n	356,327	43,769	138,549	174,009
Month 13				
Calcium density (mg/1000 kcal)	993.2	889.5	1033	984.9
Iron density (mg/1000 kcal)	11.4	11.4	11.8	10.8
Folate density (mcg/1000 kcal)	148.9	155.2	148.7	148.6
Vitamin A density (mcg RAE/1000 kcal)	588.0	603.6	613.8	561.3
Vitamin C density (mg/1000 kcal)	39.3	40.3	37.9	40.9
Vitamin D density (mcg/1000 kcal)	8.6	8.8	8.8	8.4
Fiber density (g/1000 kcal)	7.6	5.5	7.4	8.4
Unweighted n[a]	2,613	276	1,069	1,268
Weighted n	410,041	46,876	164,322	198,843
Month 24				
Calcium density (mg/1000 kcal)	904.3	814.2	903.7	920.5
Iron density (mg/1000 kcal)	8.3	8.3	8.6	8.3
Folate density (mcg/1000 kcal)	213.0	202.3	206.4	217.1

(Continued)

Table C4-8-1k: Select nutrient densities at breakfast by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Nutrient	Nutrient Density at Breakfast Median	16-19 Years	20-25 Years	26 Years or Older
Vitamin A density (mcg RAE/1000 kcal)	641.7	501.3	660.4	645.7
Vitamin C density (mg/1000 kcal)	30.0	32.8	28.7	29.7
Vitamin D density (mcg/1000 kcal)	9.0	7.5	9.1	9.1
Fiber density (g/1000 kcal)	7.2	6.8	7.3	7.3
Unweighted n[a]	2,375	246	946	1,183
Weighted n	428,368	48,234	172,924	207,210

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2k: Select nutrient densities at lunch by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Nutrient	Nutrient Density at Lunch Median	Age of Mother or Caregiver at Child's Birth		
		16-19 Years	20-25 Years	26 Years or Older
Month 7				
Calcium density (mg/1000 kcal)	749.6	809.6	743.5	746.7
Iron density (mg/1000 kcal)	16.1	15.2	16.2	16.2
Folate density (mcg/1000 kcal)	154.4	151.5	157.6	151.8
Vitamin A density (mcg RAE/1000 kcal)	843.1	842.6	799.0	863.1
Vitamin C density (mg/1000 kcal)	115.1	118.5	117.6	110.6
Vitamin D density (mcg/1000 kcal)	7.3	7.7	7.5	6.4
Fiber density (g/1000 kcal)	7.5	6.1	7.7	7.3
Unweighted n[a]	2,318	271	926	1,121
Weighted n	324,363	38,131	126,134	160,098
Month 13				
Calcium density (mg/1000 kcal)	473.2	491.3	455.7	502.9
Iron density (mg/1000 kcal)	6.6	6.2	6.4	6.8
Folate density (mcg/1000 kcal)	152.9	150.8	153.0	152.7
Vitamin A density (mcg RAE/1000 kcal)	351.6	249.2	351.6	361.7
Vitamin C density (mg/1000 kcal)	53.2	35.7	56.3	52.5
Vitamin D density (mcg/1000 kcal)	1.2	1.0	0.9	1.4
Fiber density (g/1000 kcal)	8.7	8.2	8.8	8.7
Unweighted n[a]	2,459	257	1,011	1,191
Weighted n	383,586	43,415	154,038	186,133
Month 24				
Calcium density (mg/1000 kcal)	420.1	457.6	388.0	439.3
Iron density (mg/1000 kcal)	5.8	5.7	5.8	5.7
Folate density (mcg/1000 kcal)	158.2	156.2	156.7	160.5

(Continued)

Table C4-8-2k: Select nutrient densities at lunch by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Nutrient	Nutrient Density at Lunch Median	16-19 Years	20-25 Years	26 Years or Older
Vitamin A density (mcg RAE/1000 kcal)	195.1	203.1	163.7	214.2
Vitamin C density (mg/1000 kcal)	31.1	31.2	28.1	34.2
Vitamin D density (mcg/1000 kcal)	0.9	0.9	0.7	1.1
Fiber density (g/1000 kcal)	7.4	6.8	7.5	7.4
Unweighted n[a]	2,280	230	901	1,149
Weighted n	410,871	45,046	164,910	200,916

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3k: Select nutrient densities at dinner by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Nutrient	Nutrient Density at Dinner Median	Age of Mother or Caregiver at Child's Birth		
		16-19 Years	20-25 Years	26 Years or Older
Month 7				
Calcium density (mg/1000 kcal)	803.7	746.1	809.3	807.4
Iron density (mg/1000 kcal)	17.2	17.5	17.2	17.0
Folate density (mcg/1000 kcal)	157.2	155.9	159.0	156.9
Vitamin A density (mcg RAE/1000 kcal)	890.0	843.1	896.6	889.1
Vitamin C density (mg/1000 kcal)	107.2	117.2	108.2	104.0
Vitamin D density (mcg/1000 kcal)	8.4	8.5	8.5	8.3
Fiber density (g/1000 kcal)	6.6	4.9	6.5	7.1
Unweighted n[a]	2,360	272	942	1,146
Weighted n	325,641	38,686	127,696	159,260
Month 13				
Calcium density (mg/1000 kcal)	457.1	343.0	455.3	478.2
Iron density (mg/1000 kcal)	6.8	6.7	6.7	6.9
Folate density (mcg/1000 kcal)	159.6	142.7	160.1	160.5
Vitamin A density (mcg RAE/1000 kcal)	365.3	317.0	347.9	399.3
Vitamin C density (mg/1000 kcal)	35.2	35.0	35.8	33.1
Vitamin D density (mcg/1000 kcal)	1.3	1.0	1.3	1.4
Fiber density (g/1000 kcal)	8.2	7.8	8.0	8.4
Unweighted n[a]	2,491	270	1,030	1,191
Weighted n	389,063	44,366	157,533	187,165
Month 24				
Calcium density (mg/1000 kcal)	392.6	418.8	328.6	429.9
Iron density (mg/1000 kcal)	6.5	6.9	6.7	6.2
Folate density (mcg/1000 kcal)	177.5	186.9	180.2	172.1

(Continued)

Table C4-8-3k: Select nutrient densities at dinner by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Nutrient	Nutrient Density at Dinner Median	16-19 Years	20-25 Years	26 Years or Older
Vitamin A density (mcg RAE/1000 kcal)	238.4	241.3	195.1	266.6
Vitamin C density (mg/1000 kcal)	23.6	17.6	24.3	25.1
Vitamin D density (mcg/1000 kcal)	1.0	0.8	0.7	1.4
Fiber density (g/1000 kcal)	7.4	7.7	7.3	7.5
Unweighted n[a]	2,309	234	926	1,149
Weighted n	415,502	44,980	168,721	201,801

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4k: Select nutrient densities at snack by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Nutrient	Nutrient Density at Snack Median	Age of Mother or Caregiver at Child's Birth		
		16-19 Years	20-25 Years	26 Years or Older
Month 7				
Calcium density (mg/1000 kcal)	747.1	783.9	772.1	714.0
Iron density (mg/1000 kcal)	16.0	17.9	16.6	15.1
Folate density (mcg/1000 kcal)	151.3	153.8	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	617.7	633.6	600.4
Vitamin C density (mg/1000 kcal)	102.3	112.5	104.1	97.8
Vitamin D density (mcg/1000 kcal)	6.3	8.5	7.7	4.6
Fiber density (g/1000 kcal)	3.6	3.3	3.6	3.6
Unweighted n[a]	1,647	223	725	699
Weighted n	228,409	31,771	97,117	99,520
Month 13				
Calcium density (mg/1000 kcal)	752.2	669.0	782.0	734.7
Iron density (mg/1000 kcal)	5.7	5.6	5.4	5.9
Folate density (mcg/1000 kcal)	141.0	143.3	140.2	141.0
Vitamin A density (mcg RAE/1000 kcal)	363.4	269.1	382.9	352.7
Vitamin C density (mg/1000 kcal)	45.0	27.5	48.2	46.3
Vitamin D density (mcg/1000 kcal)	3.6	1.5	4.8	2.9
Fiber density (g/1000 kcal)	5.6	6.1	5.5	5.8
Unweighted n[a]	2,160	241	929	990
Weighted n	329,421	37,657	139,796	151,968
Month 24				
Calcium density (mg/1000 kcal)	558.2	547.1	533.3	588.8
Iron density (mg/1000 kcal)	4.1	3.6	4.4	4.0
Folate density (mcg/1000 kcal)	127.0	104.7	127.8	129.8

(Continued)

Table C4-8-4k: Select nutrient densities at snack by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Nutrient	Nutrient Density at Snack Median	16-19 Years	20-25 Years	26 Years or Older
Vitamin A density (mcg RAE/1000 kcal)	219.0	212.2	205.5	227.0
Vitamin C density (mg/1000 kcal)	42.4	44.4	45.2	39.6
Vitamin D density (mcg/1000 kcal)	1.4	1.4	0.9	1.5
Fiber density (g/1000 kcal)	7.3	5.5	8.0	7.2
Unweighted n[a]	1,999	204	823	972
Weighted n	351,307	37,600	147,862	165,845

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1r: Select nutrient densities at breakfast by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Breakfast Median	Received Training on Formula Only	Received Training on Cereal Only)	Received Training on Both	Received Training on Neither
Month 7					
Calcium density (mg/1000 kcal)	825.5	808.5	852.0	771.5	825.5
Iron density (mg/1000 kcal)	18.1	17.8	20.6	18.1	18.1
Folate density (mcg/1000 kcal)	143.8	146.5	146.4	116.2	146.8
Vitamin A density (mcg RAE/1000 kcal)	689.3	851.9	717.6	367.2	708.4
Vitamin C density (mg/1000 kcal)	100.4	90.7	108.8	89.0	105.2
Vitamin D density (mcg/1000 kcal)	9.5	12.3	10.0	1.4	10.2
Fiber density (g/1000 kcal)	3.2	0.1	3.7	2.3	2.8
Unweighted n[a]	2,537	442	232	1,352	451
Weighted n	356,327	66,916	30,746	181,805	67,712
Month 13					
Calcium density (mg/1000 kcal)	993.2	1226	990.9	873.2	1023
Iron density (mg/1000 kcal)	11.4	17.3	10.8	9.6	11.5
Folate density (mcg/1000 kcal)	148.9	121.2	154.9	146.3	150.3
Vitamin A density (mcg RAE/1000 kcal)	588.0	451.9	616.1	584.6	586.5
Vitamin C density (mg/1000 kcal)	39.3	12.7	43.4	44.1	37.1
Vitamin D density (mcg/1000 kcal)	8.6	8.4	9.0	6.8	8.9
Fiber density (g/1000 kcal)	7.6	10.1	7.6	8.2	6.9
Unweighted n[a]	2,613	478	252	1,340	489

(Continued)

Table C4-8-1r: Select nutrient densities at breakfast by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Breakfast Median	Received Training on Formula Only	Received Training on Cereal Only)	Received Training on Both	Received Training on Neither
Weighted n	410,041	78,439	38,975	201,634	79,803
Month 24					
Calcium density (mg/1000 kcal)	904.3	745.8	946.1	958.7	866.7
Iron density (mg/1000 kcal)	8.3	8.4	7.7	8.3	8.6
Folate density (mcg/1000 kcal)	213.0	193.3	188.0	203.5	226.3
Vitamin A density (mcg RAE/1000 kcal)	641.7	753.3	622.3	734.5	612.2
Vitamin C density (mg/1000 kcal)	30.0	28.3	30.7	24.1	30.8
Vitamin D density (mcg/1000 kcal)	9.0	7.7	9.2	9.9	8.7
Fiber density (g/1000 kcal)	7.2	6.8	7.0	5.7	7.8
Unweighted n[a]	2,375	429	234	1,216	441
Weighted n	428,368	84,111	40,103	210,475	82,783

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2r: Select nutrient densities at lunch by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Lunch Median	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7					
Calcium density (mg/1000 kcal)	749.6	721.6	743.3	713.8	794.8
Iron density (mg/1000 kcal)	16.1	15.0	15.4	14.3	16.9
Folate density (mcg/1000 kcal)	154.4	151.3	158.0	151.3	156.9
Vitamin A density (mcg RAE/1000 kcal)	843.1	825.4	811.5	855.5	843.1
Vitamin C density (mg/1000 kcal)	115.1	109.9	119.2	86.9	117.6
Vitamin D density (mcg/1000 kcal)	7.3	8.1	7.7	0.7	8.6
Fiber density (g/1000 kcal)	7.5	1.4	7.8	12.7	6.5
Unweighted n[a]	2,318	414	210	1,235	405
Weighted n	324,363	61,714	29,573	164,602	60,135
Month 13					
Calcium density (mg/1000 kcal)	473.2	423.4	468.4	432.0	475.4
Iron density (mg/1000 kcal)	6.6	5.4	7.3	6.6	6.5
Folate density (mcg/1000 kcal)	152.9	145.9	157.4	148.7	149.7
Vitamin A density (mcg RAE/1000 kcal)	351.6	262.9	316.1	365.3	350.7
Vitamin C density (mg/1000 kcal)	53.2	32.3	60.9	37.8	53.6
Vitamin D density (mcg/1000 kcal)	1.2	0.9	0.9	1.7	1.2
Fiber density (g/1000 kcal)	8.7	6.4	8.8	8.5	8.8
Unweighted n[a]	2,459	448	239	1,255	465

(Continued)

Table C4-8-2r: Select nutrient densities at lunch by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Lunch Median	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Weighted n	383,586	72,803	36,892	187,635	75,095
Month 24					
Calcium density (mg/1000 kcal)	420.1	403.6	385.4	353.8	427.4
Iron density (mg/1000 kcal)	5.8	5.3	6.0	6.2	5.6
Folate density (mcg/1000 kcal)	158.2	153.5	166.4	162.0	151.4
Vitamin A density (mcg RAE/1000 kcal)	195.1	210.7	173.6	154.7	203.0
Vitamin C density (mg/1000 kcal)	31.1	22.3	33.2	25.6	32.8
Vitamin D density (mcg/1000 kcal)	0.9	1.8	0.8	0.7	1.0
Fiber density (g/1000 kcal)	7.4	5.8	7.1	7.3	7.3
Unweighted n[a]	2,280	404	233	1,169	424
Weighted n	410,871	80,046	39,797	201,221	79,874

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3r: Select nutrient densities at dinner by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Dinner Median	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7					
Calcium density (mg/1000 kcal)	803.7	670.3	810.4	664.2	810.4
Iron density (mg/1000 kcal)	17.2	15.1	17.6	14.2	17.8
Folate density (mcg/1000 kcal)	157.2	151.2	159.6	151.3	156.9
Vitamin A density (mcg RAE/1000 kcal)	890.0	894.5	903.9	838.4	870.1
Vitamin C density (mg/1000 kcal)	107.2	110.2	111.1	90.6	108.8
Vitamin D density (mcg/1000 kcal)	8.4	8.8	8.9	0.5	10.1
Fiber density (g/1000 kcal)	6.6	4.6	5.6	16.2	5.8
Unweighted n[a]	2,360	413	224	1,241	426
Weighted n	325,641	61,683	30,296	163,146	61,874
Month 13					
Calcium density (mg/1000 kcal)	457.1	259.5	441.5	478.2	489.9
Iron density (mg/1000 kcal)	6.8	5.8	6.7	7.3	6.8
Folate density (mcg/1000 kcal)	159.6	163.8	150.0	171.7	155.0
Vitamin A density (mcg RAE/1000 kcal)	365.3	250.4	387.0	305.4	366.9
Vitamin C density (mg/1000 kcal)	35.2	44.8	34.9	30.3	35.2
Vitamin D density (mcg/1000 kcal)	1.3	0.9	1.3	1.2	1.4
Fiber density (g/1000 kcal)	8.2	8.4	7.8	8.6	8.0
Unweighted n[a]	2,491	459	241	1,269	469

(Continued)

Table C4-8-3r: Select nutrient densities at dinner by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Dinner Median	Received Training on Formula Only	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Weighted n	389,063	75,648	37,338	188,345	76,725
Month 24					
Calcium density (mg/1000 kcal)	392.6	524.6	423.4	448.1	382.9
Iron density (mg/1000 kcal)	6.5	5.4	6.2	6.6	6.6
Folate density (mcg/1000 kcal)	177.5	128.7	185.4	172.5	177.5
Vitamin A density (mcg RAE/1000 kcal)	238.4	260.4	241.9	267.5	220.4
Vitamin C density (mg/1000 kcal)	23.6	11.3	21.8	15.1	24.7
Vitamin D density (mcg/1000 kcal)	1.0	1.9	0.9	1.1	0.9
Fiber density (g/1000 kcal)	7.4	5.3	6.7	7.3	7.6
Unweighted n[a]	2,309	412	236	1,179	427
Weighted n	415,502	80,911	39,794	202,693	81,209

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4r: Select nutrient densities at snack by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Snack[b] Median	Received Training on Formula Only)	Received Training on Cereal Only	Received Training on Both	Received Training on Neither
Month 7					
Calcium density (mg/1000 kcal)	747.1	778.1	807.2	464.0	788.3
Iron density (mg/1000 kcal)	16.0	17.9	17.4	9.7	16.8
Folate density (mcg/1000 kcal)	151.3	145.1	151.3	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	742.1	598.3	342.8	648.4
Vitamin C density (mg/1000 kcal)	102.3	102.3	108.6	80.0	106.3
Vitamin D density (mcg/1000 kcal)	6.3	7.1	7.9	1.0	8.6
Fiber density (g/1000 kcal)	3.6	0.2	5.3	5.3	2.9
Unweighted n[a]	1,647	280	152	884	293
Weighted n	228,409	41,980	22,500	116,000	41,408
Month 13					
Calcium density (mg/1000 kcal)	752.2	745.3	717.2	641.4	790.5
Iron density (mg/1000 kcal)	5.7	5.8	6.0	7.4	5.1
Folate density (mcg/1000 kcal)	141.0	137.5	148.6	148.0	133.6
Vitamin A density (mcg RAE/1000 kcal)	363.4	377.6	321.5	358.0	362.0
Vitamin C density (mg/1000 kcal)	45.0	32.8	48.6	50.9	43.0
Vitamin D density (mcg/1000 kcal)	3.6	0.9	3.4	2.4	4.3
Fiber density (g/1000 kcal)	5.6	5.8	5.6	6.1	5.5
Unweighted n[a]	2,160	384	213	1,123	397

(Continued)

Table C4-8-4r: Select nutrient densities at snack by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Nutrient	Nutrient Density at Snack[b] Median	**Received Training on Formula Only)**	**Received Training on Cereal Only**	**Received Training on Both**	**Received Training on Neither**
Weighted n	329,421	62,138	31,450	163,362	63,876
Month 24					
Calcium density (mg/1000 kcal)	558.2	340.9	603.0	575.5	539.7
Iron density (mg/1000 kcal)	4.1	5.0	3.9	4.3	4.3
Folate density (mcg/1000 kcal)	127.0	133.7	124.1	127.1	127.4
Vitamin A density (mcg RAE/1000 kcal)	219.0	115.9	240.7	221.4	211.4
Vitamin C density (mg/1000 kcal)	42.4	80.4	39.9	41.4	42.4
Vitamin D density (mcg/1000 kcal)	1.4	0.0	1.9	1.0	1.4
Fiber density (g/1000 kcal)	7.3	8.1	7.3	7.0	7.1
Unweighted n[a]	1,999	350	211	1,028	362
Weighted n	351,307	67,252	35,994	174,229	64,785

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

[b] Nutrient densities at snack are calculated across multiple snack periods.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-1w: Select nutrient densities at breakfast by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Nutrient	Nutrient Density at Breakfast Median	Receiving WIC)	Not Receiving WIC
Month 7			
Calcium density (mg/1000 kcal)	825.5	825.5	825.4
Iron density (mg/1000 kcal)	18.1	18.1	18.1
Folate density (mcg/1000 kcal)	143.8	143.6	143.9
Vitamin A density (mcg RAE/1000 kcal)	689.3	683.9	863.0
Vitamin C density (mg/1000 kcal)	100.4	101.0	90.7
Vitamin D density (mcg/1000 kcal)	9.5	9.4	10.7
Fiber density (g/1000 kcal)	3.2	3.2	3.6
Unweighted n[a]	2,537	2,437	100
Weighted n	356,327	343,059	13,268
Month 13			
Calcium density (mg/1000 kcal)	993.2	992.1	1073
Iron density (mg/1000 kcal)	11.4	11.3	13.5
Folate density (mcg/1000 kcal)	148.9	149.3	131.4
Vitamin A density (mcg RAE/1000 kcal)	588.0	588.7	494.5
Vitamin C density (mg/1000 kcal)	39.3	39.5	25.9
Vitamin D density (mcg/1000 kcal)	8.6	8.7	8.1
Fiber density (g/1000 kcal)	7.6	7.5	9.7
Unweighted n[a]	2,613	2,517	96
Weighted n	410,041	395,398	14,643
Month 24			
Calcium density (mg/1000 kcal)	904.3	899.7	997.9
Iron density (mg/1000 kcal)	8.3	8.4	7.8
Folate density (mcg/1000 kcal)	213.0	215.6	193.6
Vitamin A density (mcg RAE/1000 kcal)	641.7	638.4	654.3
Vitamin C density (mg/1000 kcal)	30.0	31.0	23.5
Vitamin D density (mcg/1000 kcal)	9.0	8.9	9.3

(Continued)

Table C4-8-1w: Select nutrient densities at breakfast by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Nutrient	Nutrient Density at Breakfast Median	Receiving WIC)	Not Receiving WIC
Fiber density (g/1000 kcal)	7.2	7.2	7.9
Unweighted n[a]	2,375	2,084	291
Weighted n	428,368	380,603	47,765

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-2w: Select nutrient densities at lunch by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Nutrient	Nutrient Density at Lunch Median	Receiving WIC	Not Receiving WIC
Month 7			
Calcium density (mg/1000 kcal)	749.6	749.9	714.0
Iron density (mg/1000 kcal)	16.1	16.1	15.2
Folate density (mcg/1000 kcal)	154.4	154.6	153.3
Vitamin A density (mcg RAE/1000 kcal)	843.1	835.9	896.6
Vitamin C density (mg/1000 kcal)	115.1	114.8	116.7
Vitamin D density (mcg/1000 kcal)	7.3	7.2	7.6
Fiber density (g/1000 kcal)	7.5	7.5	8.3
Unweighted n[a]	2,318	2,223	95
Weighted n	324,363	312,604	11,760
Month 13			
Calcium density (mg/1000 kcal)	473.2	471.9	534.3
Iron density (mg/1000 kcal)	6.6	6.6	6.1
Folate density (mcg/1000 kcal)	152.9	152.6	155.5
Vitamin A density (mcg RAE/1000 kcal)	351.6	352.7	322.8
Vitamin C density (mg/1000 kcal)	53.2	54.3	36.8
Vitamin D density (mcg/1000 kcal)	1.2	1.1	1.4
Fiber density (g/1000 kcal)	8.7	8.6	9.2
Unweighted n[a]	2,459	2,366	93
Weighted n	383,586	369,287	14,299
Month 24			
Calcium density (mg/1000 kcal)	420.1	425.5	405.7
Iron density (mg/1000 kcal)	5.8	5.8	5.9
Folate density (mcg/1000 kcal)	158.2	158.7	155.0
Vitamin A density (mcg RAE/1000 kcal)	195.1	198.4	171.7
Vitamin C density (mg/1000 kcal)	31.1	32.3	25.3
Vitamin D density (mcg/1000 kcal)	0.9	0.9	0.7

(Continued)

Table C4-8-2w: Select nutrient densities at lunch by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Nutrient	Nutrient Density at Lunch Median	Receiving WIC	Not Receiving WIC
Fiber density (g/1000 kcal)	7.4	7.4	7.3
Unweighted n[a]	2,280	1,996	284
Weighted n	410,871	365,114	45,757

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-3w: Select nutrient densities at dinner by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Nutrient	Nutrient Density at Dinner Median	Receiving WIC	Not Receiving WIC
Month 7			
Calcium density (mg/1000 kcal)	803.7	806.1	714.0
Iron density (mg/1000 kcal)	17.2	17.1	17.8
Folate density (mcg/1000 kcal)	157.2	157.2	154.3
Vitamin A density (mcg RAE/1000 kcal)	890.0	890.4	881.0
Vitamin C density (mg/1000 kcal)	107.2	107.4	97.1
Vitamin D density (mcg/1000 kcal)	8.4	8.3	8.7
Fiber density (g/1000 kcal)	6.6	6.5	7.6
Unweighted n[a]	2,360	2,264	96
Weighted n	325,641	313,406	12,235
Month 13			
Calcium density (mg/1000 kcal)	457.1	457.6	426.5
Iron density (mg/1000 kcal)	6.8	6.8	6.1
Folate density (mcg/1000 kcal)	159.6	159.6	175.2
Vitamin A density (mcg RAE/1000 kcal)	365.3	368.6	331.8
Vitamin C density (mg/1000 kcal)	35.2	35.0	39.9
Vitamin D density (mcg/1000 kcal)	1.3	1.3	1.0
Fiber density (g/1000 kcal)	8.2	8.2	7.1
Unweighted n[a]	2,491	2,396	95
Weighted n	389,063	375,107	13,956
Month 24			
Calcium density (mg/1000 kcal)	392.6	400.4	362.8
Iron density (mg/1000 kcal)	6.5	6.5	6.1
Folate density (mcg/1000 kcal)	177.5	179.5	156.5
Vitamin A density (mcg RAE/1000 kcal)	238.4	238.3	238.1
Vitamin C density (mg/1000 kcal)	23.6	24.0	19.8
Vitamin D density (mcg/1000 kcal)	1.0	1.0	1.0

(Continued)

Table C4-8-3w: Select nutrient densities at dinner by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Nutrient	Nutrient Density at Dinner Median	Receiving WIC	Not Receiving WIC
Fiber density (g/1000 kcal)	7.4	7.4	7.4
Unweighted n[a]	2,309	2,015	294
Weighted n	415,502	368,130	47,372

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-8-4w: Select nutrient densities at snack by child WIC participation status (Months 7, 13 and 24)

Nutrient	Nutrient Density at Snack Median	Child WIC Participation Status	
		Receiving WIC	Not Receiving WIC
Month 7			
Calcium density (mg/1000 kcal)	747.1	747.3	719.9
Iron density (mg/1000 kcal)	16.0	16.1	15.1
Folate density (mcg/1000 kcal)	151.3	151.3	151.3
Vitamin A density (mcg RAE/1000 kcal)	621.0	617.4	871.4
Vitamin C density (mg/1000 kcal)	102.3	102.6	93.4
Vitamin D density (mcg/1000 kcal)	6.3	6.4	1.4
Fiber density (g/1000 kcal)	3.6	3.6	0.7
Unweighted n[a]	1,647	1,577	70
Weighted n	228,409	219,479	8,930
Month 13			
Calcium density (mg/1000 kcal)	752.2	758.4	643.7
Iron density (mg/1000 kcal)	5.7	5.7	5.0
Folate density (mcg/1000 kcal)	141.0	141.0	131.6
Vitamin A density (mcg RAE/1000 kcal)	363.4	360.1	430.1
Vitamin C density (mg/1000 kcal)	45.0	45.0	37.2
Vitamin D density (mcg/1000 kcal)	3.6	3.6	2.6
Fiber density (g/1000 kcal)	5.6	5.6	5.9
Unweighted n[a]	2,160	2,079	81
Weighted n	329,421	318,213	11,208
Month 24			
Calcium density (mg/1000 kcal)	558.2	564.4	496.3
Iron density (mg/1000 kcal)	4.1	4.1	4.3
Folate density (mcg/1000 kcal)	127.0	127.7	120.8
Vitamin A density (mcg RAE/1000 kcal)	219.0	226.3	171.9
Vitamin C density (mg/1000 kcal)	42.4	43.4	35.9
Vitamin D density (mcg/1000 kcal)	1.4	1.5	0.8

(Continued)

Table C4-8-4w: Select nutrient densities at snack by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Nutrient	Nutrient Density at Snack Median	Receiving WIC	Not Receiving WIC
Fiber density (g/1000 kcal)	7.3	7.5	6.3
Unweighted n[a]	1,999	1,722	277
Weighted n	351,307	307,707	43,600

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1a: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by race (Months 7, 13 and 24)

		Race		
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	Black or African American % (SE)	White % (SE)	Other % (SE)
Month 7				
Infant formula[b]	68.4 (1.2)	74.6 (1.6)	66.7 (1.7)	66.9 (2.7)
Infant cereals[b]	46.9 (1.6)	55.5 (3.1)	46.2 (1.5)	39.2 (5.5)
Any fruits	26.1 (1.1)	23.3 (1.9)	26.9 (1.5)	26.6 (2.9)
Breastmilk[b]	15.1 (1.1)	9.7 (1.4)	15.9 (1.4)	18.7 (2.6)
Any vegetables	13.1 (1.8)	8.4 (1.4)	13.6 (2.2)	17.2 (3.7)
Unweighted n[a]	2,537	641	1,524	372
Weighted n	356,327	75,790	215,350	65,188
Month 13				
Milk and milk products	50.4 (1.1)	53.2 (2.0)	51.0 (1.6)	45.2 (2.7)
Any fruits[b]	28.6 (1.0)	23.3 (2.1)	31.4 (1.3)	26.0 (2.5)
Not presweetened non-infant cereal[b]	25.1 (1.4)	36.5 (2.1)	22.0 (1.5)	22.3 (3.6)
Infant cereals	23.5 (1.4)	24.1 (2.2)	23.7 (1.6)	21.8 (2.3)
Eggs[b]	20.5 (1.4)	13.8 (1.5)	21.8 (1.8)	24.2 (2.9)
Unweighted n[a]	2,613	704	1,526	383
Weighted n	410,041	87,165	245,495	77,380
Month 24				
Milk and milk products	61.2 (1.5)	57.1 (1.7)	64.0 (1.9)	57.2 (3.9)
Not presweetened non-infant cereal[b]	31.8 (1.2)	43.6 (2.0)	27.5 (1.7)	31.3 (2.6)
Eggs[b]	29.1 (1.7)	21.9 (1.7)	29.9 (2.2)	34.6 (2.4)
100% fruit juice	27.5 (1.4)	25.0 (2.5)	28.4 (1.9)	27.6 (2.4)
Any fruits	23.8 (1.0)	28.0 (1.8)	23.4 (1.5)	20.2 (2.8)
Unweighted n[a]	2,375	681	1,350	344
Weighted n	428,368	93,075	252,280	83,014

(Continued)

Table C4-9-1a: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by race (Months 7, 13 and 24)

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of race differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2a: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by race (Months 7, 13 and 24)

		Race		
Top 5 Foods Eaten for Lunch	Study Children % (SE)	Black or African American % (SE)	White % (SE)	Other % (SE)
Month 7				
Infant formula[b]	55.5 (1.3)	64.0 (2.1)	53.5 (1.7)	52.5 (3.5)
Any vegetables	35.8 (1.3)	30.6 (2.3)	36.9 (1.5)	38.2 (2.8)
Any fruits	26.2 (1.4)	26.5 (2.1)	25.9 (1.7)	26.6 (2.5)
Infant cereals[b]	20.7 (1.3)	30.1 (2.1)	18.9 (1.5)	16.0 (2.0)
Breastmilk[b]	12.1 (1.0)	7.0 (1.3)	13.6 (1.4)	12.9 (2.9)
Unweighted n[a]	2,318	586	1,387	345
Weighted n	324,363	68,018	193,618	62,728
Month 13				
Any vegetables	30.5 (1.3)	33.7 (3.1)	29.9 (1.5)	28.7 (3.3)
Milk and milk products	28.3 (1.3)	28.4 (1.9)	28.4 (1.4)	28.2 (4.4)
Any fruits[b]	28.0 (1.4)	21.0 (2.5)	29.5 (1.7)	30.6 (3.2)
100% fruit juice	27.1 (1.0)	30.6 (2.8)	27.0 (1.3)	23.5 (3.1)
Non-baby food meat	23.9 (1.1)	24.9 (2.2)	23.8 (1.3)	23.0 (2.7)
Unweighted n[a]	2,459	643	1,458	358
Weighted n	383,586	78,668	233,305	71,612
Month 24				
Non-baby food meat	34.7 (1.7)	37.3 (3.0)	34.6 (2.1)	32.0 (3.3)
100% fruit juice	34.6 (1.2)	36.1 (2.0)	33.0 (1.6)	37.8 (3.6)
Any vegetables	28.1 (1.2)	29.0 (2.5)	28.7 (1.4)	25.3 (2.7)
Milk and milk products[b]	25.3 (1.4)	19.4 (1.8)	27.9 (1.7)	24.0 (3.7)
Any fruits	24.7 (1.2)	23.0 (2.6)	24.7 (1.3)	27.0 (3.4)
Unweighted n[a]	2,280	645	1,311	324
Weighted n	410,871	88,156	244,974	77,740

[a] n is the number of respondents who reported having lunch at the recall.

[b] Chi-square statistic testing of race differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-2a: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by race (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3a: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by race (Months 7, 13 and 24)

		Race		
Top 5 Foods Eaten for Dinner	Study Children % (SE)	Black or African American % (SE)	White % (SE)	Other % (SE)
Month 7				
Infant formula[b]	57.0 (1.4)	67.0 (2.0)	53.7 (1.5)	56.4 (3.3)
Any vegetables[b]	35.8 (1.7)	33.9 (2.0)	38.7 (1.9)	28.7 (3.6)
Infant cereals[b]	21.8 (1.5)	33.3 (2.1)	19.6 (1.2)	15.7 (2.7)
Any fruits	19.3 (0.9)	19.5 (1.9)	20.7 (1.4)	14.7 (2.4)
Breastmilk	10.8 (0.9)	6.4 (1.2)	11.3 (0.9)	14.3 (3.4)
Unweighted n[a]	2,360	597	1,420	343
Weighted n	325,641	69,799	196,004	59,838
Month 13				
Any vegetables[b]	42.9 (1.6)	51.4 (2.3)	42.6 (1.8)	34.1 (3.0)
Non-baby food meat	32.0 (1.3)	33.9 (2.1)	32.0 (1.7)	30.1 (2.5)
Milk and milk products	29.5 (1.2)	31.2 (1.7)	29.6 (1.7)	27.1 (3.0)
100% fruit juice[b]	19.1 (0.9)	25.0 (1.7)	17.3 (1.1)	18.1 (2.2)
Any fruits	13.7 (0.8)	11.0 (1.4)	14.4 (1.2)	14.7 (2.4)
Unweighted n[a]	2,491	683	1,455	353
Weighted n	389,063	84,726	231,785	72,552
Month 24				
Non-baby food meat[b]	45.5 (1.8)	55.1 (2.0)	42.8 (2.3)	42.6 (4.0)
Any vegetables[b]	43.6 (1.8)	53.8 (2.1)	41.9 (2.0)	37.6 (3.6)
Milk and milk products[b]	30.1 (1.5)	20.6 (1.5)	33.6 (1.7)	30.1 (4.1)
100% fruit juice[b]	24.4 (1.3)	33.6 (3.2)	21.1 (1.3)	24.3 (2.8)
Rice and pasta	16.1 (1.8)	19.8 (2.8)	13.7 (1.6)	19.1 (4.0)
Unweighted n[a]	2,309	666	1,314	329
Weighted n	415,502	90,004	245,989	79,509

[a] n is the number of respondents who reported having dinner at the recall.

[b] Chi-square statistic testing of race differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-3a: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by race (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4a: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by race (Months 7, 13 and 24)

		Race		
Top 5 Foods Eaten for Snack	Study Children % (SE)	Black or African American % (SE)	White % (SE)	Other % (SE)
Month 7				
Infant formula[b]	52.7 (1.8)	60.0 (2.2)	51.9 (2.5)	45.2 (3.7)
Any fruits	28.3 (1.6)	28.8 (1.7)	28.1 (2.4)	28.1 (3.2)
Infant cereals[b]	19.3 (1.3)	28.8 (3.1)	16.9 (1.7)	13.6 (2.7)
Crackers, pretzels, rice cakes	17.5 (1.2)	15.5 (2.0)	18.2 (1.5)	18.3 (3.8)
Any vegetables	14.9 (1.0)	16.4 (1.5)	15.1 (1.8)	12.5 (2.3)
Unweighted n[a]	1,647	498	905	244
Weighted n	228,409	57,715	127,366	43,328
Month 13				
Any fruits[b]	42.1 (1.6)	41.1 (2.7)	40.0 (1.9)	51.3 (4.2)
Milk and milk products	38.5 (1.2)	37.5 (2.6)	39.1 (1.3)	37.5 (2.9)
Crackers, pretzels, rice cakes	34.1 (1.3)	29.4 (1.8)	35.9 (1.8)	34.4 (3.3)
100% fruit juice	19.5 (1.2)	23.5 (1.9)	18.4 (1.5)	17.8 (2.5)
Baby food desserts	15.6 (1.1)	12.4 (1.3)	16.2 (1.3)	17.9 (3.0)
Unweighted n[a]	2,160	647	1,222	291
Weighted n	329,421	78,005	196,810	54,606
Month 24				
Any fruits[b]	50.0 (1.6)	41.7 (2.5)	50.7 (1.9)	59.0 (4.1)
Milk and milk products[b]	39.0 (1.4)	32.0 (2.3)	41.3 (2.0)	41.3 (3.1)
Crackers, pretzels, rice cakes	29.1 (1.1)	24.3 (2.0)	30.9 (1.5)	29.6 (3.2)
100% fruit juice	20.7 (1.2)	24.4 (1.6)	19.6 (1.3)	19.0 (3.5)
Salty snacks[b]	19.9 (1.1)	30.8 (1.9)	16.7 (1.3)	15.4 (1.9)
Unweighted n[a]	1,999	628	1,094	277
Weighted n	351,307	85,003	201,143	65,161

[a] n is the number of respondents who reported having snack at the recall.

[b] Chi-square statistic testing of race differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-4a: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by race (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1b: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	Hispanic % (SE)	Non-Hispanic % (SE)
Month 7			
Infant formula	68.4 (1.2)	68.9 (1.7)	68.0 (1.6)
Infant cereals	46.9 (1.6)	44.1 (2.9)	49.5 (1.4)
Any fruits[b]	26.1 (1.1)	22.9 (1.6)	29.0 (1.5)
Breastmilk	15.1 (1.1)	16.4 (1.5)	13.9 (1.3)
Any vegetables[b]	13.1 (1.8)	21.0 (3.2)	6.0 (0.7)
Unweighted n[a]	2,537	1,008	1,529
Weighted n	356,327	169,982	186,345
Month 13			
Milk and milk products	50.4 (1.1)	47.8 (2.1)	52.6 (1.4)
Any fruits[b]	28.6 (1.0)	25.8 (1.5)	31.0 (1.7)
Not presweetened non-infant cereal[b]	25.1 (1.4)	20.5 (2.7)	29.0 (1.1)
Infant cereals	23.5 (1.4)	22.2 (1.4)	24.5 (2.4)
Eggs[b]	20.5 (1.4)	24.8 (2.1)	17.0 (1.4)
Unweighted n[a]	2,613	967	1,646
Weighted n	410,041	186,223	223,817
Month 24			
Milk and milk products	61.2 (1.5)	59.1 (2.4)	62.9 (1.7)
Not presweetened non-infant cereal[b]	31.8 (1.2)	28.4 (2.2)	34.7 (1.6)
Eggs[b]	29.1 (1.7)	36.4 (2.4)	22.8 (1.6)
100% fruit juice[b]	27.5 (1.4)	34.5 (2.2)	21.5 (1.3)
Any fruits[b]	23.8 (1.0)	21.0 (1.8)	26.2 (1.3)
Unweighted n[a]	2,375	880	1,495
Weighted n	428,368	198,613	229,755

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of ethnicity differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-1b: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by ethnicity (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2b: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Top 5 Foods Eaten for Lunch	Study Children % (SE)	Hispanic % (SE)	Non-Hispanic % (SE)
Month 7			
Infant formula	55.5 (1.3)	54.9 (2.1)	56.1 (1.8)
Any vegetables	35.8 (1.3)	35.1 (1.4)	36.4 (2.1)
Any fruits[b]	26.2 (1.4)	28.7 (1.9)	23.9 (1.7)
Infant cereals[b]	20.7 (1.3)	16.8 (1.5)	24.0 (1.7)
Breastmilk	12.1 (1.0)	14.0 (1.6)	10.4 (1.1)
Unweighted n[a]	2,318	894	1,424
Weighted n	324,363	150,817	173,546
Month 13			
Any vegetables[b]	30.5 (1.3)	25.6 (1.9)	34.4 (1.7)
Milk and milk products[b]	28.3 (1.3)	31.3 (2.0)	25.9 (1.4)
Any fruits[b]	28.0 (1.4)	32.2 (1.6)	24.5 (1.6)
100% fruit juice	27.1 (1.0)	29.4 (1.8)	25.2 (1.5)
Non-baby food meat[b]	23.9 (1.1)	18.4 (2.0)	28.3 (1.5)
Unweighted n[a]	2,459	900	1,559
Weighted n	383,586	172,569	211,017
Month 24			
Non-baby food meat[b]	34.7 (1.7)	29.9 (2.0)	38.7 (2.3)
100% fruit juice[b]	34.6 (1.2)	37.7 (2.3)	31.9 (1.3)
Any vegetables	28.1 (1.2)	27.0 (2.1)	29.0 (1.4)
Milk and milk products[b]	25.3 (1.4)	30.0 (2.3)	21.3 (1.4)
Any fruits[b]	24.7 (1.2)	27.9 (1.8)	22.1 (1.3)
Unweighted n[a]	2,280	832	1,448
Weighted n	410,871	188,701	222,170

[a] n is the number of respondents who reported having lunch at the recall.

[b] Chi-square statistic testing of ethnicity differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-2b: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by ethnicity (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3b: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Top 5 Foods Eaten for Dinner	Study Children % (SE)	Hispanic % (SE)	Non-Hispanic % (SE)
Month 7			
Infant formula	57.0 (1.4)	56.1 (2.1)	57.8 (1.9)
Any vegetables[b]	35.8 (1.7)	30.3 (2.4)	40.2 (2.0)
Infant cereals[b]	21.8 (1.5)	14.4 (1.6)	27.6 (1.4)
Any fruits	19.3 (0.9)	19.6 (1.9)	19.1 (0.9)
Breastmilk	10.8 (0.9)	12.2 (1.5)	9.6 (1.0)
Unweighted n[a]	2,360	863	1,497
Weighted n	325,641	144,060	181,582
Month 13			
Any vegetables[b]	42.9 (1.6)	29.8 (1.7)	52.8 (1.3)
Non-baby food meat[b]	32.0 (1.3)	26.3 (1.8)	36.3 (1.7)
Milk and milk products	29.5 (1.2)	27.9 (2.3)	30.7 (1.3)
100% fruit juice	19.1 (0.9)	18.7 (1.5)	19.4 (1.4)
Any fruits	13.7 (0.8)	14.7 (1.3)	13.0 (0.8)
Unweighted n[a]	2,491	862	1,629
Weighted n	389,063	166,939	222,124
Month 24			
Non-baby food meat[b]	45.5 (1.8)	39.0 (2.9)	50.7 (1.6)
Any vegetables[b]	43.6 (1.8)	31.3 (2.5)	53.7 (1.2)
Milk and milk products	30.1 (1.5)	31.8 (2.6)	28.8 (1.9)
100% fruit juice	24.4 (1.3)	22.5 (1.9)	26.0 (1.5)
Rice and pasta	16.1 (1.8)	17.1 (2.4)	15.2 (1.9)
Unweighted n[a]	2,309	819	1,490
Weighted n	415,502	186,707	228,795

[a] n is the number of respondents who reported having dinner at the recall.

[b] Chi-square statistic testing of ethnicity differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-3b: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by ethnicity (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4b: Top five foods most frequently eaten for snack by ethnicity (Months 7, 13 and 24)

		Ethnicity	
Top 5 Foods Eaten for Snack	Study Children % (SE)	Hispanic % (SE)	Non-Hispanic % (SE)
Month 7			
Infant formula[b]	52.7 (1.8)	45.3 (3.3)	57.4 (1.8)
Any fruits[b]	28.3 (1.6)	33.5 (2.9)	24.9 (1.4)
Infant cereals[b]	19.3 (1.3)	14.1 (2.0)	22.6 (1.7)
Crackers, pretzels, rice cakes	17.5 (1.2)	18.4 (2.5)	17.0 (1.2)
Any vegetables	14.9 (1.0)	14.9 (1.9)	15.0 (1.1)
Unweighted n[a]	1,647	508	1,139
Weighted n	228,409	89,490	138,919
Month 13			
Any fruits[b]	42.1 (1.6)	46.6 (2.4)	39.4 (1.5)
Milk and milk products	38.5 (1.2)	37.2 (2.1)	39.2 (1.5)
Crackers, pretzels, rice cakes[b]	34.1 (1.3)	29.6 (2.3)	36.9 (1.5)
100% fruit juice	19.5 (1.2)	19.1 (2.0)	19.8 (1.3)
Baby food desserts	15.6 (1.1)	15.6 (1.9)	15.5 (1.1)
Unweighted n[a]	2,160	638	1,522
Weighted n	329,421	123,989	205,432
Month 24			
Any fruits[b]	50.0 (1.6)	56.8 (2.4)	45.7 (1.9)
Milk and milk products[b]	39.0 (1.4)	47.0 (2.4)	33.9 (1.5)
Crackers, pretzels, rice cakes[b]	29.1 (1.1)	25.0 (1.8)	31.7 (1.3)
100% fruit juice[b]	20.7 (1.2)	16.3 (2.1)	23.5 (1.1)
Salty snacks[b]	19.9 (1.1)	15.0 (1.6)	23.0 (1.2)
Unweighted n[a]	1,999	602	1,397
Weighted n	351,307	137,846	213,461

[a] n is the number of respondents who reported having snack at the recall.

[b] Chi-square statistic testing of ethnicity differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1c: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	Married % (SE)	Not Married (includes divorced and widowed) % (SE)
Month 7			
Infant formula[b]	68.4 (1.2)	63.6 (2.1)	70.8 (1.3)
Infant cereals	46.9 (1.6)	44.0 (2.6)	48.3 (1.7)
Any fruits[b]	26.1 (1.1)	22.4 (2.1)	27.9 (1.3)
Breastmilk[b]	15.1 (1.1)	22.4 (2.0)	11.5 (1.2)
Any vegetables[b]	13.1 (1.8)	16.9 (2.5)	11.3 (1.9)
Unweighted n[a]	2,537	785	1,752
Weighted n	356,327	117,651	238,676
Month 13			
Milk and milk products	50.4 (1.1)	49.1 (2.8)	51.0 (1.3)
Any fruits	28.6 (1.0)	31.4 (2.0)	27.3 (1.2)
Not presweetened non-infant cereal	25.1 (1.4)	23.1 (2.2)	26.1 (1.4)
Infant cereals	23.5 (1.4)	23.2 (2.1)	23.6 (1.5)
Eggs	20.5 (1.4)	21.3 (2.1)	20.2 (1.6)
Unweighted n[a]	2,613	815	1,798
Weighted n	410,041	137,854	272,187
Month 24			
Milk and milk products	61.2 (1.5)	64.1 (2.1)	59.4 (1.7)
Not presweetened non-infant cereal	31.8 (1.2)	30.8 (1.9)	32.3 (1.5)
Eggs	29.1 (1.7)	32.0 (2.1)	27.4 (2.0)
100% fruit juice[b]	27.5 (1.4)	24.3 (2.1)	29.4 (1.8)
Any fruits[b]	23.8 (1.0)	20.6 (1.5)	25.6 (1.2)
Unweighted n[a]	2,375	843	1,532
Weighted n	428,368	157,705	270,663

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

(Continued)

Table C4-9-1c: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by marital status of mother (Months 7, 13 and 24)

[b] Chi-square statistic testing of marital status of mother differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2c: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Top 5 Foods Eaten for Lunch	Study Children % (SE)	Married % (SE)	Not Married (includes divorced and widowed) % (SE)
Month 7			
Infant formula[b]	55.5 (1.3)	52.0 (2.3)	57.3 (1.6)
Any vegetables	35.8 (1.3)	37.2 (2.2)	35.1 (1.6)
Any fruits	26.2 (1.4)	25.8 (2.1)	26.3 (1.5)
Infant cereals[b]	20.7 (1.3)	18.5 (1.7)	21.8 (1.5)
Breastmilk[b]	12.1 (1.0)	17.0 (1.7)	9.5 (1.1)
Unweighted n[a]	2,318	727	1,591
Weighted n	324,363	109,056	215,308
Month 13			
Any vegetables	30.5 (1.3)	31.3 (1.9)	30.1 (1.5)
Milk and milk products	28.3 (1.3)	31.0 (2.1)	27.0 (1.3)
Any fruits	28.0 (1.4)	30.6 (1.9)	26.7 (1.7)
100% fruit juice[b]	27.1 (1.0)	22.5 (1.9)	29.4 (1.1)
Non-baby food meat	23.9 (1.1)	23.9 (1.9)	23.9 (1.4)
Unweighted n[a]	2,459	773	1,686
Weighted n	383,586	128,918	254,668
Month 24			
Non-baby food meat	34.7 (1.7)	34.5 (2.5)	34.8 (1.9)
100% fruit juice	34.6 (1.2)	32.3 (1.7)	35.9 (1.4)
Any vegetables	28.1 (1.2)	27.2 (1.4)	28.7 (1.7)
Milk and milk products	25.3 (1.4)	26.3 (2.2)	24.7 (1.9)
Any fruits	24.7 (1.2)	27.5 (1.8)	23.1 (1.8)
Unweighted n[a]	2,280	817	1,463
Weighted n	410,871	151,985	258,886

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

(Continued)

Table C4-9-2c: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by marital status of mother (Months 7, 13 and 24)

[b] Chi-square statistic testing of marital status of mother differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3c: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Top 5 Foods Eaten for Dinner	Study Children % (SE)	Married % (SE)	Not Married (includes divorced and widowed) % (SE)
Month 7			
Infant formula[b]	57.0 (1.4)	52.5 (2.5)	59.1 (1.7)
Any vegetables	35.8 (1.7)	34.2 (2.4)	36.6 (1.9)
Infant cereals[b]	21.8 (1.5)	17.9 (2.1)	23.6 (1.8)
Any fruits	19.3 (0.9)	20.1 (1.5)	19.0 (1.1)
Breastmilk[b]	10.8 (0.9)	16.7 (1.9)	8.1 (0.9)
Unweighted n[a]	2,360	717	1,643
Weighted n	325,641	102,128	223,514
Month 13			
Any vegetables	42.9 (1.6)	41.8 (3.0)	43.5 (1.6)
Non-baby food meat	32.0 (1.3)	29.7 (2.8)	33.2 (1.4)
Milk and milk products	29.5 (1.2)	29.6 (2.3)	29.4 (1.5)
100% fruit juice[b]	19.1 (0.9)	15.2 (1.2)	21.1 (1.1)
Any fruits	13.7 (0.8)	14.7 (1.5)	13.2 (1.2)
Unweighted n[a]	2,491	767	1,724
Weighted n	389,063	130,022	259,041
Month 24			
Non-baby food meat[b]	45.5 (1.8)	38.4 (2.3)	49.5 (2.2)
Any vegetables[b]	43.6 (1.8)	38.5 (2.6)	46.6 (2.1)
Milk and milk products[b]	30.1 (1.5)	35.1 (2.3)	27.3 (1.7)
100% fruit juice[b]	24.4 (1.3)	21.2 (1.5)	26.3 (1.7)
Rice and pasta[b]	16.1 (1.8)	12.7 (1.7)	18.0 (2.0)
Unweighted n[a]	2,309	806	1,503
Weighted n	415,502	150,553	264,949

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

(Continued)

Table C4-9-3c: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by marital status of mother (Months 7, 13 and 24)

[b] Chi-square statistic testing of marital status of mother differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4c: Top five foods most frequently eaten for snack by marital status of mother (Months 7, 13 and 24)

		Marital Status of Mother	
Top 5 Foods Eaten for Snack	Study Children % (SE)	Married % (SE)	Not Married (includes divorced and widowed) % (SE)
Month 7			
Infant formula[b]	52.7 (1.8)	41.5 (2.4)	57.6 (2.5)
Any fruits	28.3 (1.6)	31.9 (2.9)	26.7 (1.9)
Infant cereals	19.3 (1.3)	18.8 (2.1)	19.5 (1.6)
Crackers, pretzels, rice cakes	17.5 (1.2)	16.8 (2.0)	17.9 (1.4)
Any vegetables	14.9 (1.0)	15.7 (1.4)	14.6 (1.3)
Unweighted n[a]	1,647	466	1,181
Weighted n	228,409	70,417	157,992
Month 13			
Any fruits	42.1 (1.6)	45.2 (2.6)	40.7 (1.8)
Milk and milk products	38.5 (1.2)	36.3 (1.7)	39.5 (1.6)
Crackers, pretzels, rice cakes	34.1 (1.3)	36.5 (2.2)	33.0 (1.6)
100% fruit juice[b]	19.5 (1.2)	13.8 (1.3)	22.2 (1.4)
Baby food desserts	15.6 (1.1)	13.1 (1.5)	16.8 (1.4)
Unweighted n[a]	2,160	647	1,513
Weighted n	329,421	105,954	223,466
Month 24			
Any fruits	50.0 (1.6)	53.4 (2.7)	48.1 (1.9)
Milk and milk products	39.0 (1.4)	38.8 (2.1)	39.2 (1.8)
Crackers, pretzels, rice cakes	29.1 (1.1)	29.1 (2.1)	29.1 (1.6)
100% fruit juice[b]	20.7 (1.2)	16.9 (1.8)	22.8 (1.5)
Salty snacks[b]	19.9 (1.1)	15.2 (1.4)	22.5 (1.5)
Unweighted n[a]	1,999	696	1,303
Weighted n	351,307	127,220	224,087

Note: Marital Status of Mother is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

[b] Chi-square statistic testing of marital status of mother differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-4c: Top five foods most frequently eaten for snack by marital status of mother (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1d: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	High or Marginal Food Security % (SE)	Low Food Security % (SE)	Very Low Food Security % (SE)
Month 7				
Infant formula	68.4 (1.2)	67.3 (1.6)	70.5 (1.7)	68.1 (2.3)
Infant cereals	46.9 (1.6)	46.6 (2.3)	46.7 (2.2)	48.1 (2.8)
Any fruits	26.1 (1.1)	25.5 (1.2)	26.3 (2.4)	27.7 (2.9)
Breastmilk	15.1 (1.1)	16.0 (1.5)	13.8 (1.5)	14.8 (2.1)
Any vegetables[b]	13.1 (1.8)	13.7 (2.0)	14.7 (2.6)	8.2 (1.8)
Unweighted n[a]	2,537	1,299	790	448
Weighted n	356,327	187,333	110,540	58,454
Month 13				
Milk and milk products	50.4 (1.1)	51.1 (1.8)	49.9 (2.1)	48.9 (2.4)
Any fruits	28.6 (1.0)	28.8 (1.3)	27.9 (1.9)	29.7 (1.9)
Not presweetened non-infant cereal	25.1 (1.4)	24.1 (1.6)	27.2 (2.2)	24.2 (2.1)
Infant cereals	23.5 (1.4)	23.5 (1.5)	21.9 (2.1)	26.2 (3.4)
Eggs	20.5 (1.4)	20.2 (1.8)	23.1 (2.0)	16.6 (2.2)
Unweighted n[a]	2,613	1,334	819	460
Weighted n	410,041	212,599	129,152	68,289
Month 24				
Milk and milk products	61.2 (1.5)	60.4 (1.5)	63.0 (3.4)	62.0 (3.3)
Not presweetened non-infant cereal	31.8 (1.2)	30.8 (1.2)	34.7 (2.8)	31.5 (2.9)
Eggs	29.1 (1.7)	28.9 (1.7)	29.7 (2.5)	29.3 (3.8)
100% fruit juice	27.5 (1.4)	29.0 (1.8)	23.4 (2.3)	27.2 (3.7)
Any fruits	23.8 (1.0)	23.7 (1.3)	24.9 (2.3)	22.3 (2.2)
Unweighted n[a]	2,375	1,552	524	299
Weighted n	428,368	279,038	97,647	51,683

(Continued)

Table C4-9-1d: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by household food security (Months 7, 13 and 24)

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of household food security differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2d: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Top 5 Foods Eaten for Lunch	Study Children % (SE)	High or Marginal Food Security % (SE)	Low Food Security % (SE)	Very Low Food Security % (SE)
Month 7				
Infant formula[b]	55.5 (1.3)	55.7 (1.7)	52.8 (2.1)	60.3 (2.0)
Any vegetables	35.8 (1.3)	35.3 (1.9)	37.2 (2.6)	34.8 (3.1)
Any fruits	26.2 (1.4)	27.0 (1.9)	24.5 (2.0)	26.6 (2.3)
Infant cereals	20.7 (1.3)	19.5 (1.4)	22.5 (2.1)	21.2 (2.0)
Breastmilk	12.1 (1.0)	12.6 (1.3)	11.6 (1.6)	11.2 (1.9)
Unweighted n[a]	2,318	1,197	714	407
Weighted n	324,363	169,708	101,583	53,073
Month 13				
Any vegetables	30.5 (1.3)	29.8 (1.7)	30.3 (2.6)	32.8 (3.3)
Milk and milk products	28.3 (1.3)	29.3 (1.5)	28.7 (2.2)	24.8 (2.5)
Any fruits	28.0 (1.4)	28.8 (1.9)	27.6 (2.3)	26.0 (2.4)
100% fruit juice	27.1 (1.0)	27.6 (1.7)	25.5 (1.6)	28.7 (3.4)
Non-baby food meat[b]	23.9 (1.1)	22.5 (1.2)	22.6 (2.3)	30.6 (2.4)
Unweighted n[a]	2,459	1,251	773	435
Weighted n	383,586	198,386	120,603	64,596
Month 24				
Non-baby food meat	34.7 (1.7)	34.3 (2.2)	32.0 (2.9)	42.0 (3.9)
100% fruit juice	34.6 (1.2)	34.4 (1.3)	38.2 (2.8)	28.6 (2.8)
Any vegetables	28.1 (1.2)	27.5 (1.5)	29.7 (3.3)	28.2 (3.4)
Milk and milk products	25.3 (1.4)	24.0 (1.6)	28.5 (2.7)	26.4 (2.8)
Any fruits	24.7 (1.2)	24.1 (1.4)	27.3 (2.3)	23.4 (3.0)
Unweighted n[a]	2,280	1,494	499	287
Weighted n	410,871	268,043	94,123	48,705

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

(Continued)

Table C4-9-2d: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by household food security (Months 7, 13 and 24)

[b] Chi-square statistic testing of household food security differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3d: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Top 5 Foods Eaten for Dinner	Study Children % (SE)	High or Marginal Food Security % (SE)	Low Food Security % (SE)	Very Low Food Security % (SE)
Month 7				
Infant formula	57.0 (1.4)	56.7 (1.7)	56.9 (1.9)	58.1 (3.1)
Any vegetables	35.8 (1.7)	35.6 (1.8)	33.6 (2.8)	41.0 (3.1)
Infant cereals[b]	21.8 (1.5)	19.6 (1.9)	22.8 (1.9)	26.6 (2.4)
Any fruits	19.3 (0.9)	20.7 (1.6)	16.2 (1.3)	21.0 (2.1)
Breastmilk	10.8 (0.9)	11.0 (1.1)	10.0 (1.2)	11.7 (1.7)
Unweighted n[a]	2,360	1,195	739	426
Weighted n	325,641	166,404	104,373	54,864
Month 13				
Any vegetables	42.9 (1.6)	43.1 (2.1)	41.6 (2.7)	45.0 (2.5)
Non-baby food meat	32.0 (1.3)	31.5 (1.6)	31.2 (1.9)	35.1 (3.3)
Milk and milk products	29.5 (1.2)	29.9 (1.4)	28.1 (2.6)	30.6 (2.2)
100% fruit juice	19.1 (0.9)	18.9 (1.2)	19.7 (1.6)	18.7 (3.0)
Any fruits	13.7 (0.8)	13.9 (1.1)	13.2 (1.4)	13.9 (2.3)
Unweighted n[a]	2,491	1,268	774	449
Weighted n	389,063	201,185	121,908	65,970
Month 24				
Non-baby food meat	45.5 (1.8)	44.0 (1.9)	47.9 (3.6)	48.9 (2.8)
Any vegetables	43.6 (1.8)	43.2 (2.0)	41.8 (3.8)	49.5 (3.5)
Milk and milk products	30.1 (1.5)	31.0 (1.7)	26.7 (2.9)	31.8 (3.9)
100% fruit juice	24.4 (1.3)	23.2 (1.2)	25.6 (2.3)	28.6 (3.5)
Rice and pasta	16.1 (1.8)	15.9 (2.0)	16.2 (2.5)	16.7 (3.5)
Unweighted n[a]	2,309	1,505	505	299
Weighted n	415,502	269,916	94,245	51,341

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

(Continued)

Table C4-9-3d: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by household food security (Months 7, 13 and 24)

[b] Chi-square statistic testing of household food security differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4d: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by household food security (Months 7, 13 and 24)

		Household Food Security (measured using 6-item module)		
Top 5 Foods Eaten for Snack	Study Children % (SE)	High or Marginal Food Security % (SE)	Low Food Security % (SE)	Very Low Food Security % (SE)
Month 7				
Infant formula	52.7 (1.8)	51.9 (2.2)	49.7 (4.0)	60.3 (3.7)
Any fruits	28.3 (1.6)	30.5 (2.5)	25.6 (2.0)	26.3 (2.8)
Infant cereals[b]	19.3 (1.3)	18.7 (1.7)	16.8 (2.3)	25.3 (2.8)
Crackers, pretzels, rice cakes	17.5 (1.2)	16.6 (1.6)	18.5 (3.2)	18.6 (2.6)
Any vegetables	14.9 (1.0)	14.8 (2.1)	15.0 (1.7)	14.9 (2.2)
Unweighted n[a]	1,647	853	494	300
Weighted n	228,409	120,092	69,188	39,129
Month 13				
Any fruits[b]	42.1 (1.6)	45.8 (2.4)	37.2 (2.1)	39.4 (3.0)
Milk and milk products	38.5 (1.2)	38.7 (1.5)	36.1 (2.2)	41.8 (2.3)
Crackers, pretzels, rice cakes	34.1 (1.3)	32.6 (1.8)	36.8 (2.0)	34.1 (2.7)
100% fruit juice	19.5 (1.2)	19.4 (1.4)	19.9 (2.2)	19.2 (3.0)
Baby food desserts	15.6 (1.1)	16.2 (1.9)	15.6 (1.7)	13.6 (2.2)
Unweighted n[a]	2,160	1,121	652	387
Weighted n	329,421	173,164	99,582	56,675
Month 24				
Any fruits	50.0 (1.6)	51.0 (1.9)	49.4 (2.9)	46.4 (3.3)
Milk and milk products	39.0 (1.4)	38.5 (1.9)	42.1 (2.8)	36.9 (3.7)
Crackers, pretzels, rice cakes	29.1 (1.1)	27.4 (1.1)	34.8 (3.4)	28.1 (2.9)
100% fruit juice	20.7 (1.2)	19.4 (1.4)	22.7 (2.6)	23.9 (3.0)
Salty snacks	19.9 (1.1)	19.9 (1.3)	20.3 (2.1)	19.2 (2.9)
Unweighted n[a]	1,999	1,312	420	267
Weighted n	351,307	230,631	75,388	45,288

Note: Household Food Security (measured using 6-item module) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

(Continued)

Table C4-9-4d: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by household food security (Months 7, 13 and 24)

[b] Chi-square statistic testing of household food security differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1e: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	Does not Participate in Any Other Program % (SE)	Participates in Other Program (s) and Is On SNAP % (SE)	Participates in Other Program (s) and Is Not On SNAP % (SE)
Month 7				
Infant formula	68.4 (1.2)	66.3 (3.6)	70.1 (1.6)	67.3 (1.6)
Infant cereals	46.9 (1.6)	46.5 (3.2)	46.9 (1.8)	47.1 (2.8)
Any fruits	26.1 (1.1)	27.4 (3.0)	25.9 (1.5)	25.6 (1.8)
Breastmilk[b]	15.1 (1.1)	17.7 (2.1)	11.7 (1.3)	18.2 (1.7)
Any vegetables	13.1 (1.8)	15.5 (5.2)	13.2 (1.9)	11.9 (1.5)
Unweighted n[a]	2,537	409	1,235	893
Weighted n	356,327	65,277	165,433	125,617
Month 13				
Milk and milk products[b]	50.4 (1.1)	55.5 (2.6)	50.9 (1.6)	47.1 (1.9)
Any fruits	28.6 (1.0)	33.7 (3.1)	26.9 (1.3)	28.5 (1.5)
Not presweetened non-infant cereal	25.1 (1.4)	27.0 (2.7)	25.0 (1.5)	24.3 (2.0)
Infant cereals[b]	23.5 (1.4)	27.5 (3.1)	20.9 (1.9)	24.9 (1.6)
Eggs	20.5 (1.4)	16.1 (2.7)	21.7 (2.0)	21.2 (1.9)
Unweighted n[a]	2,613	405	1,307	901
Weighted n	410,041	72,507	195,845	141,689
Month 24				
Milk and milk products[b]	61.2 (1.5)	53.2 (4.1)	61.5 (1.6)	64.0 (1.9)
Not presweetened non-infant cereal	31.8 (1.2)	29.5 (3.2)	33.0 (1.4)	31.1 (1.9)
Eggs	29.1 (1.7)	31.0 (4.8)	26.3 (2.0)	31.9 (2.3)
100% fruit juice	27.5 (1.4)	23.4 (2.9)	29.8 (1.6)	26.3 (2.0)
Any fruits	23.8 (1.0)	25.9 (2.7)	23.7 (1.3)	23.0 (1.6)
Unweighted n[a]	2,375	346	1,155	874
Weighted n	428,368	65,675	204,369	158,325

(Continued)

Table C4-9-1e: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of participation in non-WIC benefit program(s) differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2e: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Top 5 Foods Eaten for Lunch	Study Children % (SE)	Does not Participate in Any Other Program % (SE)	Participates in Other Program (s) and Is On SNAP % (SE)	Participates in Other Program (s) and Is Not On SNAP % (SE)
Month 7				
Infant formula	55.5 (1.3)	58.0 (3.4)	57.6 (1.6)	51.7 (2.2)
Any vegetables[b]	35.8 (1.3)	42.3 (3.5)	32.1 (1.9)	37.3 (1.9)
Any fruits	26.2 (1.4)	22.3 (2.6)	26.0 (1.7)	28.2 (2.2)
Infant cereals[b]	20.7 (1.3)	16.7 (2.5)	24.4 (2.0)	17.9 (2.0)
Breastmilk	12.1 (1.0)	12.5 (2.0)	10.6 (1.2)	13.7 (1.4)
Unweighted n[a]	2,318	365	1,109	844
Weighted n	324,363	58,361	148,540	117,463
Month 13				
Any vegetables	30.5 (1.3)	35.1 (3.2)	28.1 (1.8)	31.2 (1.7)
Milk and milk products	28.3 (1.3)	30.7 (3.7)	27.3 (1.7)	28.5 (1.6)
Any fruits	28.0 (1.4)	25.7 (3.0)	27.3 (2.0)	30.1 (1.6)
100% fruit juice	27.1 (1.0)	21.2 (3.2)	29.3 (1.8)	27.1 (1.7)
Non-baby food meat	23.9 (1.1)	23.3 (3.2)	23.5 (1.8)	24.7 (1.8)
Unweighted n[a]	2,459	382	1,223	854
Weighted n	383,586	68,830	180,523	134,233
Month 24				
Non-baby food meat	34.7 (1.7)	35.2 (3.4)	36.1 (2.0)	32.7 (2.4)
100% fruit juice[b]	34.6 (1.2)	29.5 (3.1)	33.2 (1.8)	38.4 (1.9)
Any vegetables	28.1 (1.2)	27.2 (3.0)	27.8 (1.6)	28.9 (1.7)
Milk and milk products	25.3 (1.4)	24.5 (3.5)	24.8 (1.8)	26.3 (2.0)
Any fruits	24.7 (1.2)	23.6 (3.1)	24.1 (1.6)	26.1 (1.8)
Unweighted n[a]	2,280	329	1,114	837
Weighted n	410,871	62,322	196,543	152,006

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

(Continued)

Table C4-9-2e: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

[b] Chi-square statistic testing of participation in non-WIC benefit program(s) differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3e: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Top 5 Foods Eaten for Dinner	Study Children % (SE)	Does not Participate in Any Other Program % (SE)	Participates in Other Program (s) and Is On SNAP % (SE)	Participates in Other Program (s) and Is Not On SNAP % (SE)
Month 7				
Infant formula	57.0 (1.4)	55.4 (2.9)	58.9 (2.2)	55.4 (2.2)
Any vegetables	35.8 (1.7)	34.5 (2.2)	35.4 (2.2)	37.1 (2.5)
Infant cereals	21.8 (1.5)	21.1 (2.5)	23.0 (1.9)	20.5 (2.0)
Any fruits	19.3 (0.9)	19.8 (2.2)	18.5 (1.4)	20.1 (1.7)
Breastmilk[b]	10.8 (0.9)	12.8 (1.9)	8.5 (1.2)	12.8 (1.5)
Unweighted n[a]	2,360	377	1,141	842
Weighted n	325,641	57,551	151,884	116,207
Month 13				
Any vegetables	42.9 (1.6)	45.6 (4.5)	44.0 (2.1)	40.1 (2.5)
Non-baby food meat	32.0 (1.3)	34.9 (3.4)	31.8 (1.4)	30.9 (2.3)
Milk and milk products	29.5 (1.2)	27.9 (3.4)	29.4 (1.6)	30.3 (1.5)
100% fruit juice[b]	19.1 (0.9)	13.6 (2.0)	21.0 (1.4)	19.4 (1.6)
Any fruits	13.7 (0.8)	14.9 (1.8)	12.6 (1.0)	14.5 (1.5)
Unweighted n[a]	2,491	390	1,236	865
Weighted n	389,063	69,532	183,652	135,879
Month 24				
Non-baby food meat	45.5 (1.8)	49.0 (4.2)	46.4 (2.2)	42.8 (2.3)
Any vegetables	43.6 (1.8)	45.6 (3.1)	46.0 (2.5)	39.7 (2.9)
Milk and milk products	30.1 (1.5)	27.6 (2.8)	30.5 (1.7)	30.8 (2.2)
100% fruit juice	24.4 (1.3)	19.4 (2.0)	25.1 (1.7)	25.7 (2.0)
Rice and pasta	16.1 (1.8)	16.0 (2.3)	15.2 (2.1)	17.2 (2.2)
Unweighted n[a]	2,309	333	1,131	845
Weighted n	415,502	63,357	198,731	153,413

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

(Continued)

Table C4-9-3e: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

[b] Chi-square statistic testing of participation in non-WIC benefit program(s) differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4e: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

		Participation in non-WIC Benefit Program(s)		
Top 5 Foods Eaten for Snack	Study Children % (SE)	Does not Participate in Any Other Program % (SE)	Participates in Other Program (s) and Is On SNAP % (SE)	Participates in Other Program (s) and Is Not On SNAP % (SE)
Month 7				
Infant formula	52.7 (1.8)	47.5 (3.8)	54.8 (3.1)	52.1 (1.6)
Any fruits	28.3 (1.6)	26.2 (3.7)	27.4 (1.7)	30.5 (2.7)
Infant cereals	19.3 (1.3)	14.0 (2.3)	20.6 (2.2)	19.8 (2.3)
Crackers, pretzels, rice cakes	17.5 (1.2)	20.5 (4.0)	18.1 (1.9)	15.5 (1.7)
Any vegetables	14.9 (1.0)	17.5 (2.8)	14.2 (1.2)	14.8 (1.8)
Unweighted n[a]	1,647	239	830	578
Weighted n	228,409	35,734	111,864	80,811
Month 13				
Any fruits	42.1 (1.6)	44.2 (2.1)	40.4 (2.3)	43.5 (3.1)
Milk and milk products	38.5 (1.2)	38.5 (2.9)	39.4 (2.3)	37.1 (1.7)
Crackers, pretzels, rice cakes	34.1 (1.3)	33.7 (3.1)	33.5 (1.6)	35.2 (2.1)
100% fruit juice[b]	19.5 (1.2)	12.1 (1.8)	22.5 (1.6)	18.9 (1.7)
Baby food desserts	15.6 (1.1)	15.3 (2.5)	16.5 (1.4)	14.4 (1.4)
Unweighted n[a]	2,160	327	1,092	741
Weighted n	329,421	55,762	158,565	115,094
Month 24				
Any fruits	50.0 (1.6)	52.4 (3.6)	46.8 (1.9)	53.4 (2.9)
Milk and milk products[b]	39.0 (1.4)	28.1 (3.2)	40.0 (2.2)	42.3 (2.4)
Crackers, pretzels, rice cakes	29.1 (1.1)	24.7 (3.1)	27.8 (1.8)	32.6 (1.9)
100% fruit juice[b]	20.7 (1.2)	13.8 (1.9)	22.9 (1.8)	20.6 (2.1)
Salty snacks	19.9 (1.1)	19.3 (2.2)	21.1 (1.4)	18.5 (1.7)
Unweighted n[a]	1,999	295	977	727
Weighted n	351,307	53,239	170,327	127,741

Note: Participation in non-WIC Benefit Program(s) is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

(Continued)

Table C4-9-4e: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by participation in non-WIC benefit program(s) (Months 7, 13 and 24)

[b] Chi-square statistic testing of participation in non-WIC benefit program(s) differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1f: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by parity (Months 7, 13 and 24)

		Parity		
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	First Born % (SE)	Second Born % (SE)	Third or Subsequent Born % (SE)
Month 7				
Infant formula	68.4 (1.2)	70.4 (1.4)	65.8 (2.3)	68.0 (1.8)
Infant cereals	46.9 (1.6)	45.9 (2.3)	49.1 (2.8)	46.5 (2.1)
Any fruits	26.1 (1.1)	24.4 (1.6)	28.8 (2.2)	26.0 (2.0)
Breastmilk	15.1 (1.1)	15.0 (1.6)	16.5 (2.0)	14.0 (1.5)
Any vegetables	13.1 (1.8)	14.1 (3.2)	11.5 (2.1)	13.2 (1.8)
Unweighted n[a]	2,537	1,070	685	782
Weighted n	356,327	150,373	94,679	111,275
Month 13				
Milk and milk products	50.4 (1.1)	49.8 (1.6)	50.1 (2.1)	51.4 (2.2)
Any fruits	28.6 (1.0)	29.7 (1.6)	26.7 (1.7)	28.9 (2.1)
Not presweetened non-infant cereal	25.1 (1.4)	26.2 (1.8)	26.6 (2.1)	22.5 (2.4)
Infant cereals	23.5 (1.4)	25.1 (2.1)	24.5 (2.2)	20.5 (1.8)
Eggs[b]	20.5 (1.4)	20.2 (1.8)	16.8 (2.2)	24.1 (2.4)
Unweighted n[a]	2,613	1,076	711	826
Weighted n	410,041	169,569	110,002	130,470
Month 24				
Milk and milk products[b]	61.2 (1.5)	55.4 (2.2)	63.4 (2.3)	67.4 (1.9)
Not presweetened non-infant cereal	31.8 (1.2)	30.7 (1.8)	33.0 (2.3)	32.1 (1.9)
Eggs	29.1 (1.7)	29.3 (1.7)	26.2 (2.8)	31.5 (2.5)
100% fruit juice	27.5 (1.4)	28.4 (2.5)	26.8 (1.9)	26.9 (1.7)
Any fruits	23.8 (1.0)	24.6 (1.6)	23.6 (2.4)	22.9 (1.7)
Unweighted n[a]	2,375	980	655	740
Weighted n	428,368	182,553	116,927	128,888

(Continued)

Table C4-9-1f: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by parity (Months 7, 13 and 24)

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of parity differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2f: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by parity (Months 7, 13 and 24)

		Parity		
Top 5 Foods Eaten for Lunch	Study Children % (SE)	First Born % (SE)	Second Born % (SE)	Third or Subsequent Born % (SE)
Month 7				
Infant formula	55.5 (1.3)	57.0 (1.9)	55.9 (2.8)	53.3 (2.9)
Any vegetables	35.8 (1.3)	38.2 (1.8)	35.9 (2.8)	32.5 (2.3)
Any fruits	26.2 (1.4)	25.1 (1.3)	24.3 (2.9)	29.1 (2.4)
Infant cereals	20.7 (1.3)	18.7 (1.8)	24.3 (2.2)	20.4 (1.7)
Breastmilk	12.1 (1.0)	11.4 (1.1)	13.2 (1.8)	12.0 (1.5)
Unweighted n[a]	2,318	986	612	720
Weighted n	324,363	136,879	85,250	102,234
Month 13				
Any vegetables	30.5 (1.3)	32.0 (2.1)	30.9 (2.0)	28.2 (2.1)
Milk and milk products	28.3 (1.3)	25.7 (1.9)	30.0 (2.7)	30.3 (2.3)
Any fruits[b]	28.0 (1.4)	24.7 (1.9)	31.7 (2.3)	29.2 (2.2)
100% fruit juice	27.1 (1.0)	24.8 (1.6)	28.6 (2.3)	28.8 (1.8)
Non-baby food meat	23.9 (1.1)	23.9 (1.6)	24.3 (1.5)	23.6 (2.5)
Unweighted n[a]	2,459	1,009	658	792
Weighted n	383,586	157,977	99,954	125,655
Month 24				
Non-baby food meat	34.7 (1.7)	31.8 (2.6)	36.0 (2.9)	37.6 (1.7)
100% fruit juice	34.6 (1.2)	32.2 (2.3)	35.5 (2.2)	36.9 (2.0)
Any vegetables	28.1 (1.2)	26.3 (2.0)	28.5 (2.4)	30.2 (2.0)
Milk and milk products	25.3 (1.4)	26.0 (2.3)	24.0 (2.0)	25.5 (2.2)
Any fruits	24.7 (1.2)	22.5 (1.5)	26.0 (2.3)	26.6 (2.1)
Unweighted n[a]	2,280	917	634	729
Weighted n	410,871	171,515	112,896	126,460

[a] n is the number of respondents who reported having lunch at the recall.

[b] Chi-square statistic testing of parity differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-2f: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by parity (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3f: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by parity (Months 7, 13 and 24)

		Parity		
Top 5 Foods Eaten for Dinner	Study Children % (SE)	First Born % (SE)	Second Born % (SE)	Third or Subsequent Born % (SE)
Month 7				
Infant formula	57.0 (1.4)	57.5 (1.9)	54.7 (1.7)	58.2 (2.5)
Any vegetables[b]	35.8 (1.7)	36.1 (2.2)	41.1 (2.5)	31.1 (2.4)
Infant cereals	21.8 (1.5)	21.7 (2.1)	23.7 (2.3)	20.4 (1.9)
Any fruits	19.3 (0.9)	19.6 (1.5)	18.5 (2.1)	19.6 (1.4)
Breastmilk	10.8 (0.9)	11.7 (1.3)	11.8 (1.4)	8.7 (1.4)
Unweighted n[a]	2,360	996	630	734
Weighted n	325,641	137,331	84,559	103,751
Month 13				
Any vegetables	42.9 (1.6)	43.6 (1.9)	42.7 (2.6)	42.3 (3.1)
Non-baby food meat	32.0 (1.3)	32.6 (1.9)	33.6 (2.6)	30.0 (2.1)
Milk and milk products	29.5 (1.2)	27.0 (1.6)	29.8 (2.8)	32.4 (2.3)
100% fruit juice	19.1 (0.9)	19.3 (1.2)	17.8 (1.7)	19.9 (1.8)
Any fruits[b]	13.7 (0.8)	13.8 (1.2)	16.7 (1.8)	11.1 (1.1)
Unweighted n[a]	2,491	1,041	671	779
Weighted n	389,063	161,671	102,846	124,546
Month 24				
Non-baby food meat	45.5 (1.8)	46.7 (3.0)	44.7 (2.1)	44.3 (2.2)
Any vegetables	43.6 (1.8)	42.2 (2.2)	47.4 (2.8)	42.2 (3.2)
Milk and milk products[b]	30.1 (1.5)	24.4 (2.0)	29.9 (2.6)	38.3 (2.2)
100% fruit juice	24.4 (1.3)	24.9 (1.4)	26.7 (2.8)	21.8 (2.1)
Rice and pasta	16.1 (1.8)	14.6 (1.5)	17.0 (2.0)	17.3 (3.5)
Unweighted n[a]	2,309	944	637	728
Weighted n	415,502	175,360	112,768	127,375

[a] n is the number of respondents who reported having dinner at the recall.

[b] Chi-square statistic testing of parity differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-3f: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by parity (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4f: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by parity (Months 7, 13 and 24)

		Parity		
Top 5 Foods Eaten for Snack	Study Children % (SE)	First Born % (SE)	Second Born % (SE)	Third or Subsequent Born % (SE)
Month 7				
Infant formula	52.7 (1.8)	55.8 (2.7)	49.3 (2.5)	50.9 (3.1)
Any fruits	28.3 (1.6)	28.8 (2.6)	29.5 (3.0)	26.4 (2.6)
Infant cereals	19.3 (1.3)	19.4 (1.9)	18.6 (2.2)	19.7 (2.2)
Crackers, pretzels, rice cakes	17.5 (1.2)	19.3 (1.5)	15.3 (2.4)	16.8 (1.9)
Any vegetables	14.9 (1.0)	17.5 (1.6)	13.7 (1.8)	12.0 (1.7)
Unweighted n[a]	1,647	752	440	455
Weighted n	228,409	102,473	60,661	65,275
Month 13				
Any fruits	42.1 (1.6)	40.4 (2.5)	45.0 (2.5)	42.0 (1.9)
Milk and milk products	38.5 (1.2)	39.0 (1.8)	39.3 (2.0)	36.9 (2.5)
Crackers, pretzels, rice cakes	34.1 (1.3)	31.3 (2.4)	36.6 (2.3)	35.9 (2.6)
100% fruit juice	19.5 (1.2)	20.4 (1.8)	19.7 (1.9)	18.1 (1.9)
Baby food desserts[b]	15.6 (1.1)	18.9 (1.3)	13.7 (2.1)	12.5 (1.7)
Unweighted n[a]	2,160	932	565	663
Weighted n	329,421	141,359	86,734	101,328
Month 24				
Any fruits	50.0 (1.6)	51.0 (2.8)	48.7 (2.8)	50.0 (3.1)
Milk and milk products	39.0 (1.4)	37.6 (2.4)	37.7 (2.5)	42.2 (2.5)
Crackers, pretzels, rice cakes	29.1 (1.1)	27.1 (1.6)	33.1 (2.6)	28.2 (2.1)
100% fruit juice	20.7 (1.2)	19.8 (1.8)	22.2 (3.0)	20.5 (2.1)
Salty snacks	19.9 (1.1)	22.3 (1.6)	19.2 (2.0)	17.0 (2.3)
Unweighted n[a]	1,999	840	545	614
Weighted n	351,307	148,415	96,418	106,475

[a] n is the number of respondents who reported having snack at the recall.

[b] Chi-square statistic testing of parity differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-4f: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by parity (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1g: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	1st Trimester % (SE)	2nd Trimester % (SE)	3rd Trimester % (SE)	Postnatal Enrollment % (SE)
Month 7					
Infant formula	68.4 (1.2)	69.6 (2.2)	68.9 (1.7)	64.2 (3.5)	69.1 (2.9)
Infant cereals	46.9 (1.6)	47.8 (2.8)	45.8 (1.9)	48.3 (2.6)	46.4 (3.0)
Any fruits	26.1 (1.1)	25.4 (1.9)	29.5 (2.0)	21.2 (3.0)	23.6 (3.1)
Breastmilk	15.1 (1.1)	16.6 (1.5)	13.8 (1.5)	16.6 (2.8)	13.7 (1.8)
Any vegetables	13.1 (1.8)	15.3 (3.1)	14.3 (2.4)	10.0 (2.0)	8.4 (1.5)
Unweighted n[a]	2,537	819	1,000	374	344
Weighted n	356,327	111,484	139,933	54,828	50,083
Month 13					
Milk and milk products	50.4 (1.1)	49.6 (1.9)	48.7 (1.9)	50.6 (3.2)	56.7 (2.8)
Any fruits	28.6 (1.0)	28.7 (2.0)	28.1 (1.8)	29.4 (2.2)	29.4 (2.8)
Not presweetened non-infant cereal	25.1 (1.4)	24.4 (2.7)	24.7 (1.9)	23.4 (2.6)	29.9 (2.7)
Infant cereals	23.5 (1.4)	22.5 (2.0)	24.6 (2.6)	23.0 (2.1)	22.9 (4.1)
Eggs	20.5 (1.4)	21.8 (1.9)	20.6 (1.8)	21.5 (2.7)	16.3 (3.1)
Unweighted n[a]	2,613	829	1,035	399	350
Weighted n	410,041	125,951	161,670	66,329	56,091
Month 24					
Milk and milk products	61.2 (1.5)	62.6 (2.3)	60.8 (2.1)	56.5 (3.7)	63.8 (3.2)
Not presweetened non-infant cereal	31.8 (1.2)	30.4 (2.3)	33.3 (1.6)	30.2 (2.9)	32.0 (2.3)
Eggs	29.1 (1.7)	32.1 (2.6)	26.6 (2.3)	28.9 (3.1)	29.9 (3.6)
100% fruit juice	27.5 (1.4)	31.3 (2.7)	27.2 (2.5)	26.2 (3.1)	21.0 (2.7)
Any fruits	23.8 (1.0)	23.7 (1.9)	21.9 (1.3)	27.9 (2.4)	24.8 (2.8)
Unweighted n[a]	2,375	765	936	356	318
Weighted n	428,368	134,449	173,098	63,171	57,651

(Continued)

Table C4-9-1g: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by timing of WIC enrollment (Months 7, 13 and 24)

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2g: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Top 5 Foods Eaten for Lunch	Study Children % (SE)	1st Trimester % (SE)	2nd Trimester % (SE)	3rd Trimester % (SE)	Postnatal Enrollment % (SE)
Month 7					
Infant formula	55.5 (1.3)	55.1 (2.2)	56.1 (2.1)	53.3 (2.7)	57.2 (2.5)
Any vegetables	35.8 (1.3)	37.2 (2.0)	34.4 (2.4)	34.6 (3.4)	37.9 (2.6)
Any fruits	26.2 (1.4)	25.3 (2.3)	27.2 (1.8)	26.2 (3.7)	25.2 (2.5)
Infant cereals	20.7 (1.3)	17.8 (1.4)	20.2 (2.1)	24.7 (2.5)	23.8 (2.7)
Breastmilk[b]	12.1 (1.0)	16.2 (1.7)	11.2 (1.1)	9.6 (1.9)	8.2 (1.6)
Unweighted n[a]	2,318	735	922	338	323
Weighted n	324,363	100,754	127,538	49,834	46,237
Month 13					
Any vegetables[b]	30.5 (1.3)	27.1 (2.2)	29.3 (2.0)	38.8 (2.7)	31.9 (2.8)
Milk and milk products	28.3 (1.3)	33.0 (2.4)	27.7 (1.8)	26.3 (3.2)	22.1 (3.6)
Any fruits	28.0 (1.4)	31.0 (2.0)	27.4 (2.1)	23.3 (2.4)	28.2 (2.6)
100% fruit juice	27.1 (1.0)	25.2 (2.1)	28.9 (1.5)	27.7 (2.9)	25.6 (2.4)
Non-baby food meat	23.9 (1.1)	23.8 (2.6)	24.0 (1.7)	24.3 (3.1)	23.2 (2.7)
Unweighted n[a]	2,459	779	977	365	338
Weighted n	383,586	119,156	151,136	59,402	53,893
Month 24					
Non-baby food meat	34.7 (1.7)	35.9 (3.1)	34.5 (2.4)	32.0 (3.2)	35.5 (3.9)
100% fruit juice	34.6 (1.2)	32.9 (2.8)	36.2 (1.9)	36.5 (3.5)	31.4 (3.0)
Any vegetables	28.1 (1.2)	31.2 (2.4)	26.2 (1.8)	27.6 (2.6)	27.1 (3.0)
Milk and milk products	25.3 (1.4)	28.2 (2.5)	25.4 (2.0)	21.6 (2.2)	22.2 (2.8)
Any fruits	24.7 (1.2)	26.2 (2.5)	22.7 (2.0)	23.9 (2.8)	28.2 (2.7)
Unweighted n[a]	2,280	734	899	339	308
Weighted n	410,871	129,577	164,816	60,072	56,407

[a] n is the number of respondents who reported having lunch at the recall.

[b] Chi-square statistic testing of timing of WIC enrollment differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-2g: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by timing of WIC enrollment (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3g: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Top 5 Foods Eaten for Dinner	Nutrient Density Median	1st Trimester % (SE)	2nd Trimester % (SE)	3rd Trimester % (SE)	Postnatal Enrollment % (SE)
Month 7					
Infant formula	57.0 (1.4)	55.0 (2.1)	58.0 (2.2)	57.4 (3.0)	58.3 (2.7)
Any vegetables	35.8 (1.7)	35.3 (2.3)	36.9 (2.8)	35.9 (2.6)	34.0 (3.1)
Infant cereals	21.8 (1.5)	19.3 (2.1)	21.8 (1.8)	21.5 (2.0)	27.3 (3.7)
Any fruits	19.3 (0.9)	17.0 (1.3)	21.7 (1.3)	16.9 (2.3)	20.3 (2.7)
Breastmilk[b]	10.8 (0.9)	13.6 (1.5)	10.0 (1.2)	9.1 (1.8)	8.6 (1.5)
Unweighted n[a]	2,360	752	932	352	324
Weighted n	325,641	99,995	128,597	51,259	45,790
Month 13					
Any vegetables[b]	42.9 (1.6)	39.6 (2.3)	41.3 (2.1)	49.2 (3.8)	47.7 (2.6)
Non-baby food meat	32.0 (1.3)	32.5 (2.3)	31.2 (1.8)	29.7 (2.8)	35.7 (3.1)
Milk and milk products	29.5 (1.2)	31.1 (2.5)	28.9 (1.7)	30.0 (2.7)	26.9 (2.7)
100% fruit juice[b]	19.1 (0.9)	16.8 (1.6)	22.5 (1.7)	17.0 (2.2)	17.3 (1.7)
Any fruits	13.7 (0.8)	12.2 (1.5)	16.0 (1.2)	11.7 (2.0)	13.0 (1.8)
Unweighted n[a]	2,491	790	983	372	346
Weighted n	389,063	120,919	151,063	61,862	55,219
Month 24					
Non-baby food meat	45.5 (1.8)	44.5 (3.1)	44.9 (2.2)	46.2 (3.1)	48.6 (3.3)
Any vegetables	43.6 (1.8)	41.3 (2.5)	44.2 (2.6)	47.7 (3.3)	43.2 (4.2)
Milk and milk products	30.1 (1.5)	31.7 (2.9)	30.6 (2.2)	28.5 (3.2)	26.7 (3.1)
100% fruit juice	24.4 (1.3)	21.9 (2.7)	25.7 (1.9)	25.5 (2.9)	25.3 (2.9)
Rice and pasta	16.1 (1.8)	15.5 (2.0)	16.1 (2.5)	14.4 (2.7)	18.9 (3.0)
Unweighted n[a]	2,309	736	912	347	314
Weighted n	415,502	129,831	168,338	60,144	57,190

[a] n is the number of respondents who reported having dinner at the recall.
[b] Chi-square statistic testing of timing of WIC enrollment differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-3g: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by timing of WIC enrollment (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4g: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by timing of WIC enrollment (Months 7, 13 and 24)

		Timing of WIC Enrollment			
Top 5 Foods Eaten for Snack	Study Children % (SE)	1st Trimester % (SE)	2nd Trimester % (SE)	3rd Trimester % (SE)	Postnatal Enrollment % (SE)
Month 7					
Infant formula	52.7 (1.8)	55.2 (3.8)	53.1 (2.7)	50.1 (4.1)	48.9 (3.9)
Any fruits	28.3 (1.6)	31.9 (3.3)	25.1 (1.7)	25.9 (3.9)	31.4 (3.5)
Infant cereals	19.3 (1.3)	20.2 (2.4)	18.5 (1.9)	20.0 (2.9)	18.3 (2.8)
Crackers, pretzels, rice cakes	17.5 (1.2)	19.2 (3.7)	16.2 (1.4)	14.8 (2.8)	20.4 (3.1)
Any vegetables	14.9 (1.0)	13.7 (1.7)	16.2 (2.0)	17.1 (2.9)	11.8 (2.7)
Unweighted n[a]	1,647	519	637	254	237
Weighted n	228,409	71,965	87,171	35,869	33,404
Month 13					
Any fruits	42.1 (1.6)	43.8 (3.0)	40.2 (2.1)	41.0 (3.6)	45.2 (3.4)
Milk and milk products	38.5 (1.2)	37.9 (2.6)	39.7 (1.9)	37.9 (3.9)	36.8 (4.6)
Crackers, pretzels, rice cakes	34.1 (1.3)	34.9 (2.6)	32.7 (1.9)	30.4 (3.2)	40.2 (3.6)
100% fruit juice	19.5 (1.2)	21.3 (2.5)	18.7 (1.8)	23.5 (2.4)	14.1 (2.6)
Baby food desserts	15.6 (1.1)	15.3 (1.8)	16.5 (1.4)	15.9 (2.5)	13.4 (1.6)
Unweighted n[a]	2,160	640	860	338	322
Weighted n	329,421	92,329	131,688	54,362	51,041
Month 24					
Any fruits	50.0 (1.6)	54.9 (2.5)	47.5 (2.4)	47.2 (4.5)	50.6 (3.5)
Milk and milk products	39.0 (1.4)	39.4 (3.2)	39.6 (1.9)	34.2 (2.5)	42.0 (3.9)
Crackers, pretzels, rice cakes	29.1 (1.1)	26.7 (1.8)	30.7 (2.2)	28.2 (3.8)	30.3 (3.5)
100% fruit juice	20.7 (1.2)	19.8 (2.3)	20.7 (1.5)	21.4 (2.7)	21.8 (2.8)
Salty snacks	19.9 (1.1)	18.2 (1.7)	21.1 (1.6)	21.0 (3.0)	18.5 (2.6)
Unweighted n[a]	1,999	620	796	306	277
Weighted n	351,307	103,251	144,762	53,237	50,057

(Continued)

Table C4-9-4g: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by timing of WIC enrollment (Months 7, 13 and 24)

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1h: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	Normal or Underweight % (SE)	Overweight % (SE)	Obese % (SE)
Month 7				
Infant formula	68.4 (1.2)	67.3 (1.8)	69.3 (1.8)	69.3 (2.1)
Infant cereals	46.9 (1.6)	46.6 (1.8)	45.6 (2.5)	48.4 (2.5)
Any fruits	26.1 (1.1)	26.7 (1.3)	26.1 (2.2)	25.2 (2.0)
Breastmilk	15.1 (1.1)	16.0 (1.3)	16.0 (1.4)	13.0 (1.5)
Any vegetables	13.1 (1.8)	14.4 (2.1)	14.8 (3.4)	9.8 (1.5)
Unweighted n[a]	2,537	1,080	728	729
Weighted n	356,327	157,290	92,556	106,481
Month 13				
Milk and milk products	50.4 (1.1)	50.1 (1.7)	50.9 (2.8)	50.4 (1.8)
Any fruits	28.6 (1.0)	29.9 (1.9)	25.7 (2.1)	29.2 (1.8)
Not presweetened non-infant cereal	25.1 (1.4)	25.0 (1.9)	26.4 (2.7)	24.2 (1.5)
Infant cereals	23.5 (1.4)	23.7 (1.9)	25.6 (2.1)	21.2 (2.0)
Eggs	20.5 (1.4)	18.6 (1.5)	20.6 (2.2)	23.5 (2.3)
Unweighted n[a]	2,613	1,122	725	766
Weighted n	410,041	186,818	102,833	120,389
Month 24				
Milk and milk products	61.2 (1.5)	61.5 (1.9)	62.7 (2.5)	59.4 (2.2)
Not presweetened non-infant cereal	31.8 (1.2)	30.5 (1.7)	32.1 (2.4)	33.4 (2.0)
Eggs	29.1 (1.7)	27.2 (2.0)	29.4 (3.2)	31.8 (2.7)
100% fruit juice	27.5 (1.4)	28.4 (2.2)	27.6 (2.3)	26.1 (2.1)
Any fruits	23.8 (1.0)	24.6 (1.3)	20.6 (1.9)	25.2 (1.8)
Unweighted n[a]	2,375	1,021	653	701
Weighted n	428,368	197,128	105,191	126,048

(Continued)

Table C4-9-1h: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by weight status of mother before pregnancy (Months 7, 13 and 24)

[a] n is the number of respondents who reported having breakfast at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2h: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Top 5 Foods Eaten for Lunch	Study Children % (SE)	Normal or Underweight % (SE)	Overweight % (SE)	Obese % (SE)
Month 7				
Infant formula	55.5 (1.3)	56.6 (1.7)	56.9 (2.6)	52.8 (2.6)
Any vegetables	35.8 (1.3)	34.6 (2.0)	35.0 (2.6)	38.2 (2.0)
Any fruits	26.2 (1.4)	26.1 (1.8)	24.6 (2.2)	27.6 (2.1)
Infant cereals[b]	20.7 (1.3)	23.2 (2.3)	22.7 (1.8)	15.2 (1.4)
Breastmilk	12.1 (1.0)	13.4 (1.3)	11.6 (1.5)	10.5 (1.6)
Unweighted n[a]	2,318	982	660	676
Weighted n	324,363	141,909	84,601	97,853
Month 13				
Any vegetables	30.5 (1.3)	31.1 (1.6)	28.7 (3.3)	31.1 (2.2)
Milk and milk products	28.3 (1.3)	30.5 (1.6)	28.5 (2.6)	24.8 (1.7)
Any fruits	28.0 (1.4)	30.0 (2.4)	28.0 (2.7)	24.9 (1.9)
100% fruit juice	27.1 (1.0)	25.7 (1.7)	27.0 (2.3)	29.3 (2.1)
Non-baby food meat	23.9 (1.1)	21.6 (1.2)	27.8 (2.8)	24.0 (2.2)
Unweighted n[a]	2,459	1,050	688	721
Weighted n	383,586	173,311	97,243	113,032
Month 24				
Non-baby food meat	34.7 (1.7)	34.6 (2.2)	32.1 (2.5)	36.9 (2.5)
100% fruit juice	34.6 (1.2)	34.8 (1.6)	37.4 (2.9)	31.9 (1.8)
Any vegetables	28.1 (1.2)	27.4 (1.4)	29.2 (2.8)	28.3 (2.2)
Milk and milk products	25.3 (1.4)	26.8 (1.9)	26.9 (2.9)	21.7 (2.5)
Any fruits	24.7 (1.2)	25.2 (2.2)	25.5 (2.1)	23.4 (1.8)
Unweighted n[a]	2,280	974	618	688
Weighted n	410,871	187,612	99,979	123,280

[a] n is the number of respondents who reported having lunch at the recall.

[b] Chi-square statistic testing of weight status of mother before pregnancy differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-2h: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by weight status of mother before pregnancy (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3h: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Top 5 Foods Eaten for Dinner	Study Children % (SE)	Normal or Underweight % (SE)	Overweight % (SE)	Obese % (SE)
Month 7				
Infant formula	57.0 (1.4)	57.2 (1.6)	53.8 (2.5)	59.5 (2.2)
Any vegetables	35.8 (1.7)	36.9 (2.3)	33.9 (2.4)	36.0 (2.4)
Infant cereals	21.8 (1.5)	22.6 (2.1)	23.4 (2.5)	19.3 (2.0)
Any fruits	19.3 (0.9)	18.8 (1.3)	19.8 (2.0)	19.6 (1.8)
Breastmilk[b]	10.8 (0.9)	12.6 (1.4)	11.2 (1.5)	7.8 (1.2)
Unweighted n[a]	2,360	990	677	693
Weighted n	325,641	142,871	83,977	98,794
Month 13				
Any vegetables	42.9 (1.6)	41.6 (1.9)	41.4 (2.6)	46.2 (2.6)
Non-baby food meat	32.0 (1.3)	31.3 (2.1)	31.2 (2.3)	33.8 (2.2)
Milk and milk products	29.5 (1.2)	30.1 (1.5)	28.4 (2.6)	29.4 (2.3)
100% fruit juice	19.1 (0.9)	19.4 (1.6)	17.8 (2.2)	19.7 (1.3)
Any fruits	13.7 (0.8)	14.5 (1.2)	15.1 (1.6)	11.4 (1.3)
Unweighted n[a]	2,491	1,073	671	747
Weighted n	389,063	176,967	94,954	117,142
Month 24				
Non-baby food meat	45.5 (1.8)	43.6 (2.3)	44.9 (2.7)	48.8 (2.4)
Any vegetables	43.6 (1.8)	41.1 (2.2)	45.4 (3.0)	46.1 (3.1)
Milk and milk products	30.1 (1.5)	32.0 (2.0)	27.4 (2.5)	29.5 (2.2)
100% fruit juice	24.4 (1.3)	22.0 (1.5)	25.9 (3.2)	26.9 (2.3)
Rice and pasta	16.1 (1.8)	17.5 (2.0)	14.9 (3.0)	14.9 (2.1)
Unweighted n[a]	2,309	983	633	693
Weighted n	415,502	189,944	101,476	124,081

[a] n is the number of respondents who reported having dinner at the recall.

[b] Chi-square statistic testing of weight status of mother before pregnancy differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-3h: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by weight status of mother before pregnancy (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4h: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by weight status of mother before pregnancy (Months 7, 13 and 24)

		Weight Status of Mother Before Pregnancy		
Top 5 Foods Eaten for Snack	Study Children % (SE)	Normal or Underweight % (SE)	Overweight % (SE)	Obese % (SE)
Month 7				
Infant formula	52.7 (1.8)	50.9 (2.4)	50.8 (3.0)	57.0 (3.5)
Any fruits	28.3 (1.6)	24.9 (1.8)	31.8 (4.3)	30.3 (1.8)
Infant cereals	19.3 (1.3)	19.2 (2.0)	20.5 (2.8)	18.2 (2.3)
Crackers, pretzels, rice cakes	17.5 (1.2)	16.3 (1.3)	20.7 (3.2)	16.6 (2.4)
Any vegetables	14.9 (1.0)	16.5 (2.0)	12.3 (1.4)	14.9 (1.6)
Unweighted n[a]	1,647	711	467	469
Weighted n	228,409	100,863	60,491	67,055
Month 13				
Any fruits	42.1 (1.6)	41.3 (1.9)	44.1 (2.3)	41.9 (2.7)
Milk and milk products	38.5 (1.2)	37.5 (1.8)	37.3 (3.0)	40.8 (1.9)
Crackers, pretzels, rice cakes	34.1 (1.3)	36.6 (2.3)	30.0 (1.7)	33.5 (2.2)
100% fruit juice	19.5 (1.2)	20.7 (1.5)	17.6 (1.4)	19.2 (2.8)
Baby food desserts	15.6 (1.1)	16.3 (1.7)	15.6 (1.9)	14.4 (1.8)
Unweighted n[a]	2,160	934	581	645
Weighted n	329,421	151,764	76,663	100,994
Month 24				
Any fruits	50.0 (1.6)	48.9 (2.3)	50.9 (2.7)	51.1 (2.5)
Milk and milk products	39.0 (1.4)	39.4 (1.8)	38.3 (2.5)	39.1 (2.4)
Crackers, pretzels, rice cakes	29.1 (1.1)	30.3 (2.1)	25.7 (2.3)	30.0 (2.0)
100% fruit juice	20.7 (1.2)	21.3 (1.9)	18.8 (2.2)	21.2 (1.7)
Salty snacks	19.9 (1.1)	21.9 (1.5)	19.5 (2.0)	17.1 (1.6)
Unweighted n[a]	1,999	853	547	599
Weighted n	351,307	162,124	84,655	104,528

[a] n is the number of respondents who reported having snack at the recall.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1i: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by income poverty (Months 7, 13 and 24)

		Income Poverty		
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	75% of Poverty Guideline or Below % (SE)	Above 75% But No More Than 130% of Poverty Guideline % (SE)	Above 130% of Poverty Guideline % (SE)
Month 7				
Infant formula[b]	68.4 (1.2)	71.8 (1.4)	65.6 (2.5)	55.5 (3.1)
Infant cereals	46.9 (1.6)	45.2 (1.9)	48.4 (2.7)	53.3 (3.6)
Any fruits	26.1 (1.1)	26.3 (1.3)	26.1 (1.8)	24.6 (3.9)
Breastmilk[b]	15.1 (1.1)	13.0 (1.4)	16.4 (1.5)	24.5 (3.6)
Any vegetables	13.1 (1.8)	14.3 (2.4)	12.4 (1.9)	8.4 (2.3)
Unweighted n[a]	2,537	1,602	683	252
Weighted n	356,327	221,474	97,466	37,387
Month 13				
Milk and milk products	50.4 (1.1)	50.9 (1.7)	48.4 (2.2)	52.5 (3.2)
Any fruits[b]	28.6 (1.0)	26.0 (1.2)	30.1 (1.9)	39.8 (4.0)
Not presweetened non-infant cereal	25.1 (1.4)	24.4 (1.8)	23.9 (2.1)	31.9 (3.1)
Infant cereals	23.5 (1.4)	23.3 (1.5)	25.3 (2.7)	19.8 (2.2)
Eggs	20.5 (1.4)	21.8 (1.7)	18.1 (2.3)	19.6 (2.4)
Unweighted n[a]	2,613	1,647	697	269
Weighted n	410,041	253,142	111,446	45,453
Month 24				
Milk and milk products	61.2 (1.5)	60.2 (2.1)	64.9 (2.2)	57.2 (3.4)
Not presweetened non-infant cereal	31.8 (1.2)	32.0 (1.7)	32.5 (2.1)	29.4 (2.7)
Eggs	29.1 (1.7)	28.4 (1.8)	30.2 (2.5)	29.5 (2.8)
100% fruit juice	27.5 (1.4)	29.7 (2.1)	25.6 (2.3)	23.8 (2.4)
Any fruits	23.8 (1.0)	22.5 (1.7)	22.5 (2.1)	30.5 (3.0)
Unweighted n[a]	2,375	1,270	709	396
Weighted n	428,368	230,610	129,853	67,905

(Continued)

Table C4-9-1i: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by income poverty (Months 7, 13 and 24)

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of income poverty differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2i: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by income poverty (Months 7, 13 and 24)

		Income Poverty		
Top 5 Foods Eaten for Lunch	Study Children % (SE)	75% of Poverty Guideline or Below % (SE)	Above 75% But No More Than 130% of Poverty Guideline % (SE)	Above 130% of Poverty Guideline % (SE)
Month 7				
Infant formula[b]	55.5 (1.3)	57.7 (1.5)	52.7 (2.2)	50.0 (3.3)
Any vegetables	35.8 (1.3)	33.7 (1.3)	39.2 (2.7)	39.6 (3.1)
Any fruits	26.2 (1.4)	26.8 (1.5)	25.9 (2.2)	23.2 (3.5)
Infant cereals[b]	20.7 (1.3)	22.2 (1.8)	20.0 (2.1)	13.5 (2.0)
Breastmilk	12.1 (1.0)	11.2 (1.4)	12.2 (1.4)	17.2 (3.1)
Unweighted n[a]	2,318	1,448	635	235
Weighted n	324,363	202,504	88,190	33,670
Month 13				
Any vegetables[b]	30.5 (1.3)	28.5 (1.7)	31.0 (1.7)	40.4 (3.5)
Milk and milk products	28.3 (1.3)	28.3 (1.6)	27.0 (2.3)	31.9 (3.6)
Any fruits	28.0 (1.4)	27.9 (1.6)	28.9 (2.2)	26.2 (3.5)
100% fruit juice	27.1 (1.0)	28.5 (1.1)	26.3 (2.3)	21.3 (2.5)
Non-baby food meat	23.9 (1.1)	22.3 (1.7)	25.4 (2.0)	29.1 (3.6)
Unweighted n[a]	2,459	1,547	660	252
Weighted n	383,586	237,732	104,186	41,668
Month 24				
Non-baby food meat	34.7 (1.7)	34.1 (1.7)	35.1 (2.6)	36.0 (3.7)
100% fruit juice	34.6 (1.2)	35.6 (1.6)	35.1 (2.1)	30.0 (3.4)
Any vegetables	28.1 (1.2)	27.4 (1.8)	29.7 (1.6)	27.3 (2.8)
Milk and milk products	25.3 (1.4)	27.2 (1.8)	22.0 (2.0)	25.2 (3.2)
Any fruits	24.7 (1.2)	24.1 (1.4)	24.8 (1.9)	26.6 (3.2)
Unweighted n[a]	2,280	1,222	680	378
Weighted n	410,871	221,156	125,414	64,301

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

(Continued)

Table C4-9-2i: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by income poverty (Months 7, 13 and 24)

[b] Chi-square statistic testing of income poverty differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3i: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by income poverty (Months 7, 13 and 24)

		Income Poverty		
Top 5 Foods Eaten for Dinner	Study Children % (SE)	75% of Poverty Guideline or Below % (SE)	Above 75% But No More Than 130% of Poverty Guideline % (SE)	Above 130% of Poverty Guideline % (SE)
Month 7				
Infant formula[b]	57.0 (1.4)	59.9 (1.7)	55.4 (2.1)	45.2 (4.0)
Any vegetables[b]	35.8 (1.7)	32.9 (2.0)	38.9 (2.8)	44.2 (2.6)
Infant cereals	21.8 (1.5)	21.8 (1.8)	22.6 (2.1)	19.7 (3.0)
Any fruits	19.3 (0.9)	17.5 (1.2)	22.5 (2.1)	20.9 (2.5)
Breastmilk	10.8 (0.9)	10.5 (1.4)	11.4 (1.3)	10.8 (1.4)
Unweighted n[a]	2,360	1,455	655	250
Weighted n	325,641	198,269	92,336	35,037
Month 13				
Any vegetables[b]	42.9 (1.6)	39.5 (1.8)	50.1 (3.0)	43.5 (4.3)
Non-baby food meat[b]	32.0 (1.3)	28.8 (1.4)	36.2 (2.2)	38.5 (3.8)
Milk and milk products	29.5 (1.2)	29.9 (1.4)	28.3 (2.1)	30.1 (2.1)
100% fruit juice	19.1 (0.9)	20.1 (1.4)	18.1 (1.7)	16.3 (2.2)
Any fruits	13.7 (0.8)	14.4 (1.0)	12.9 (1.8)	11.8 (1.9)
Unweighted n[a]	2,491	1,551	676	264
Weighted n	389,063	234,495	109,431	45,137
Month 24				
Non-baby food meat	45.5 (1.8)	45.5 (2.2)	44.7 (2.6)	46.7 (2.9)
Any vegetables	43.6 (1.8)	42.0 (2.1)	45.2 (2.6)	46.1 (2.0)
Milk and milk products	30.1 (1.5)	30.9 (2.0)	31.1 (2.8)	25.7 (2.3)
100% fruit juice	24.4 (1.3)	26.0 (2.0)	21.7 (1.8)	24.4 (2.8)
Rice and pasta	16.1 (1.8)	15.7 (2.1)	17.9 (3.1)	13.9 (2.1)
Unweighted n[a]	2,309	1,229	692	388
Weighted n	415,502	222,402	126,089	67,010

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

(Continued)

Table C4-9-3i: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by income poverty (Months 7, 13 and 24)

[b] Chi-square statistic testing of income poverty differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4i: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by income poverty (Months 7, 13 and 24)

		Income Poverty		
Top 5 Foods Eaten for Snack	Study Children % (SE)	75% of Poverty Guideline or Below % (SE)	Above 75% But No More Than 130% of Poverty Guideline % (SE)	Above 130% of Poverty Guideline % (SE)
Month 7				
Infant formula	52.7 (1.8)	54.3 (2.9)	50.8 (2.7)	48.2 (3.8)
Any fruits	28.3 (1.6)	28.6 (2.2)	26.8 (2.7)	30.3 (4.7)
Infant cereals	19.3 (1.3)	20.4 (1.7)	16.3 (1.9)	20.7 (3.3)
Crackers, pretzels, rice cakes	17.5 (1.2)	18.1 (1.7)	17.1 (2.5)	15.3 (3.4)
Any vegetables	14.9 (1.0)	14.8 (1.3)	14.3 (1.9)	17.3 (3.2)
Unweighted n[a]	1,647	1,026	451	170
Weighted n	228,409	139,274	64,823	24,312
Month 13				
Any fruits	42.1 (1.6)	42.4 (1.7)	43.2 (3.1)	38.4 (3.3)
Milk and milk products	38.5 (1.2)	39.4 (1.9)	35.3 (2.1)	41.3 (3.1)
Crackers, pretzels, rice cakes	34.1 (1.3)	32.1 (1.5)	37.1 (2.1)	36.8 (4.2)
100% fruit juice	19.5 (1.2)	21.1 (1.4)	17.9 (2.0)	15.8 (1.8)
Baby food desserts	15.6 (1.1)	17.0 (1.2)	12.9 (1.9)	14.9 (2.3)
Unweighted n[a]	2,160	1,313	601	246
Weighted n	329,421	193,752	94,815	40,854
Month 24				
Any fruits	50.0 (1.6)	49.2 (1.7)	50.1 (2.6)	52.3 (3.3)
Milk and milk products	39.0 (1.4)	40.5 (2.2)	38.9 (2.3)	35.2 (3.3)
Crackers, pretzels, rice cakes[b]	29.1 (1.1)	26.2 (1.7)	32.2 (1.6)	31.7 (3.0)
100% fruit juice	20.7 (1.2)	21.3 (1.7)	21.4 (1.9)	17.6 (2.4)
Salty snacks	19.9 (1.1)	20.1 (1.3)	18.9 (1.9)	21.1 (2.5)
Unweighted n[a]	1,999	1,008	621	370
Weighted n	351,307	177,957	110,707	62,642

Note: Income Poverty is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

(Continued)

Table C4-9-4i: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by income poverty (Months 7, 13 and 24)

[b] Chi-square statistic testing of income poverty differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1k: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	16-19 Years % (SE)	20-25 Years % (SE)	26 Years or Older % (SE)
Month 7				
Infant formula	68.4 (1.2)	72.4 (3.1)	67.5 (1.6)	68.2 (1.6)
Infant cereals[b]	46.9 (1.6)	42.2 (3.9)	43.6 (1.8)	50.7 (2.6)
Any fruits	26.1 (1.1)	26.5 (4.1)	26.6 (1.5)	25.5 (1.6)
Breastmilk[b]	15.1 (1.1)	9.0 (2.2)	14.3 (1.5)	17.3 (1.4)
Any vegetables	13.1 (1.8)	17.9 (5.3)	12.2 (2.2)	12.7 (1.6)
Unweighted n[a]	2,537	294	1,022	1,221
Weighted n	356,327	43,769	138,549	174,009
Month 13				
Milk and milk products	50.4 (1.1)	53.5 (3.2)	50.7 (1.6)	49.4 (1.6)
Any fruits[b]	28.6 (1.0)	20.6 (2.6)	27.0 (1.5)	31.9 (1.6)
Not presweetened non-infant cereal	25.1 (1.4)	27.4 (3.8)	25.4 (1.4)	24.3 (1.7)
Infant cereals[b]	23.5 (1.4)	19.7 (2.1)	21.0 (2.4)	26.4 (1.5)
Eggs	20.5 (1.4)	22.1 (3.4)	19.4 (1.8)	21.2 (1.7)
Unweighted n[a]	2,613	276	1,069	1,268
Weighted n	410,041	46,876	164,322	198,843
Month 24				
Milk and milk products[b]	61.2 (1.5)	47.6 (4.7)	60.3 (2.3)	65.0 (1.4)
Not presweetened non-infant cereal[b]	31.8 (1.2)	28.4 (3.3)	29.1 (1.7)	34.7 (1.8)
Eggs	29.1 (1.7)	27.1 (3.8)	29.3 (2.2)	29.4 (2.3)
100% fruit juice	27.5 (1.4)	34.5 (4.1)	26.5 (2.4)	26.7 (1.3)
Any fruits	23.8 (1.0)	20.3 (3.4)	21.6 (1.7)	26.4 (1.7)
Unweighted n[a]	2,375	246	946	1,183
Weighted n	428,368	48,234	172,924	207,210

(Continued)

Table C4-9-1k: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of age of mother or caregiver at child's birth differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2k: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Top 5 Foods Eaten for Lunch	Study Children % (SE)	16-19 Years % (SE)	20-25 Years % (SE)	26 Years or Older % (SE)
Month 7				
Infant formula	55.5 (1.3)	56.5 (4.3)	55.8 (1.6)	55.1 (1.9)
Any vegetables	35.8 (1.3)	39.5 (3.9)	35.2 (2.0)	35.4 (1.6)
Any fruits	26.2 (1.4)	21.4 (3.2)	26.2 (2.1)	27.3 (1.9)
Infant cereals	20.7 (1.3)	19.5 (3.1)	20.9 (2.0)	20.8 (1.5)
Breastmilk[b]	12.1 (1.0)	7.6 (1.9)	10.7 (1.3)	14.2 (1.3)
Unweighted n[a]	2,318	271	926	1,121
Weighted n	324,363	38,131	126,134	160,098
Month 13				
Any vegetables	30.5 (1.3)	26.5 (3.4)	32.1 (2.1)	30.0 (1.7)
Milk and milk products	28.3 (1.3)	28.9 (5.9)	26.8 (1.9)	29.5 (2.1)
Any fruits[b]	28.0 (1.4)	19.4 (3.3)	26.2 (2.0)	31.4 (1.9)
100% fruit juice	27.1 (1.0)	27.3 (3.7)	28.1 (1.8)	26.2 (1.4)
Non-baby food meat	23.9 (1.1)	24.0 (2.8)	25.9 (1.7)	22.2 (1.6)
Unweighted n[a]	2,459	257	1,011	1,191
Weighted n	383,586	43,415	154,038	186,133
Month 24				
Non-baby food meat	34.7 (1.7)	30.6 (3.1)	36.3 (2.4)	34.3 (1.9)
100% fruit juice	34.6 (1.2)	37.6 (4.3)	32.7 (1.8)	35.4 (1.5)
Any vegetables	28.1 (1.2)	29.3 (4.5)	26.0 (1.7)	29.6 (1.7)
Milk and milk products	25.3 (1.4)	23.1 (5.1)	22.0 (2.0)	28.5 (1.8)
Any fruits[b]	24.7 (1.2)	18.4 (2.9)	20.6 (1.7)	29.5 (1.5)
Unweighted n[a]	2,280	230	901	1,149
Weighted n	410,871	45,046	164,910	200,916

[a] n is the number of respondents who reported having lunch at the recall.

[b] Chi-square statistic testing of age of mother or caregiver at child's birth differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-2k: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3k: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Top 5 Foods Eaten for Dinner	Study Children % (SE)	16-19 Years % (SE)	20-25 Years % (SE)	26 Years or Older % (SE)
Month 7				
Infant formula	57.0 (1.4)	56.7 (3.8)	56.9 (2.1)	57.2 (2.1)
Any vegetables	35.8 (1.7)	31.4 (4.0)	38.7 (2.0)	34.6 (2.1)
Infant cereals	21.8 (1.5)	19.7 (3.1)	23.2 (2.3)	21.2 (1.5)
Any fruits	19.3 (0.9)	19.7 (3.0)	19.3 (1.4)	19.2 (1.2)
Breastmilk	10.8 (0.9)	8.4 (2.0)	10.0 (1.2)	12.0 (1.2)
Unweighted n[a]	2,360	272	942	1,146
Weighted n	325,641	38,686	127,696	159,260
Month 13				
Any vegetables	42.9 (1.6)	42.4 (4.7)	45.5 (2.4)	40.9 (2.1)
Non-baby food meat	32.0 (1.3)	35.8 (3.1)	33.9 (2.1)	29.6 (1.5)
Milk and milk products	29.5 (1.2)	27.5 (4.7)	30.5 (1.8)	29.1 (1.9)
100% fruit juice[b]	19.1 (0.9)	23.8 (2.9)	20.8 (1.4)	16.5 (1.1)
Any fruits	13.7 (0.8)	13.0 (2.1)	12.1 (1.1)	15.2 (1.1)
Unweighted n[a]	2,491	270	1,030	1,191
Weighted n	389,063	44,366	157,533	187,165
Month 24				
Non-baby food meat	45.5 (1.8)	51.3 (5.3)	45.4 (2.7)	44.2 (1.9)
Any vegetables	43.6 (1.8)	47.0 (4.7)	42.6 (2.6)	43.8 (2.2)
Milk and milk products[b]	30.1 (1.5)	20.7 (2.9)	25.3 (2.2)	36.3 (2.0)
100% fruit juice[b]	24.4 (1.3)	22.0 (3.6)	28.2 (1.5)	21.8 (1.8)
Rice and pasta	16.1 (1.8)	11.9 (2.8)	15.6 (1.8)	17.4 (2.4)
Unweighted n[a]	2,309	234	926	1,149
Weighted n	415,502	44,980	168,721	201,801

[a] n is the number of respondents who reported having dinner at the recall.

[b] Chi-square statistic testing of age of mother or caregiver at child's birth differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-3k: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4k: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

		Age of Mother or Caregiver at Child's Birth		
Top 5 Foods Eaten for Snack	Study Children % (SE)	16-19 Years % (SE)	20-25 Years % (SE)	26 Years or Older % (SE)
Month 7				
Infant formula	52.7 (1.8)	58.8 (4.1)	53.4 (2.3)	50.0 (2.6)
Any fruits	28.3 (1.6)	29.5 (4.8)	25.7 (1.9)	30.4 (2.6)
Infant cereals	19.3 (1.3)	22.6 (4.3)	18.2 (1.6)	19.3 (2.0)
Crackers, pretzels, rice cakes[b]	17.5 (1.2)	23.2 (3.3)	19.5 (1.6)	13.8 (1.8)
Any vegetables	14.9 (1.0)	13.5 (2.4)	16.9 (1.4)	13.4 (1.7)
Unweighted n[a]	1,647	223	725	699
Weighted n	228,409	31,771	97,117	99,520
Month 13				
Any fruits	42.1 (1.6)	38.9 (5.0)	41.2 (1.9)	43.8 (1.7)
Milk and milk products	38.5 (1.2)	39.0 (4.1)	40.5 (2.0)	36.5 (2.0)
Crackers, pretzels, rice cakes	34.1 (1.3)	36.5 (4.0)	31.3 (2.0)	36.1 (1.7)
100% fruit juice	19.5 (1.2)	18.3 (3.6)	20.0 (1.7)	19.4 (1.5)
Baby food desserts	15.6 (1.1)	17.4 (2.9)	15.7 (1.7)	15.0 (1.2)
Unweighted n[a]	2,160	241	929	990
Weighted n	329,421	37,657	139,796	151,968
Month 24				
Any fruits	50.0 (1.6)	42.1 (5.1)	51.7 (1.7)	50.4 (2.3)
Milk and milk products	39.0 (1.4)	40.4 (4.8)	38.0 (2.1)	39.6 (1.8)
Crackers, pretzels, rice cakes	29.1 (1.1)	24.6 (3.4)	29.5 (1.9)	29.7 (1.7)
100% fruit juice	20.7 (1.2)	20.6 (3.5)	20.9 (1.6)	20.5 (1.5)
Salty snacks	19.9 (1.1)	22.2 (3.0)	20.6 (1.7)	18.7 (1.2)
Unweighted n[a]	1,999	204	823	972
Weighted n	351,307	37,600	147,862	165,845

[a] n is the number of respondents who reported having snack at the recall.

[b] Chi-square statistic testing of age of mother or caregiver at child's birth differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-4k: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by age of mother or caregiver at child's birth (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1r: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	Received Training on Formula Only % (SE)	Received Training on Cereal Only % (SE)	Received Training on Both % (SE)	Received Training on Neither % (SE)
Month 7					
Infant formula[b]	68.4 (1.2)	76.1 (2.0)	43.0 (4.6)	71.4 (1.3)	63.5 (3.0)
Infant cereals	46.9 (1.6)	51.4 (4.2)	47.1 (4.4)	46.6 (1.8)	44.8 (3.0)
Any fruits	26.1 (1.1)	23.2 (1.9)	24.7 (2.7)	26.7 (1.8)	28.4 (2.6)
Breastmilk[b]	15.1 (1.1)	10.4 (1.7)	37.3 (4.4)	9.8 (1.1)	24.4 (2.4)
Any vegetables	13.1 (1.8)	13.8 (2.6)	13.3 (3.1)	13.5 (2.0)	12.0 (2.6)
Unweighted n[a]	2,537	442	232	1,352	451
Weighted n	356,327	66,916	30,746	181,805	67,712
Month 13					
Milk and milk products[b]	50.4 (1.1)	52.9 (2.3)	43.7 (3.4)	52.2 (1.7)	45.6 (2.8)
Any fruits[b]	28.6 (1.0)	32.9 (2.4)	33.5 (3.2)	25.9 (1.3)	30.2 (2.3)
Not presweetened non-infant cereal	25.1 (1.4)	22.3 (2.4)	27.8 (3.0)	23.3 (1.5)	29.6 (3.2)
Infant cereals	23.5 (1.4)	26.0 (3.6)	20.3 (2.9)	22.6 (1.5)	23.9 (2.0)
Eggs	20.5 (1.4)	23.5 (2.9)	23.4 (4.5)	19.4 (1.6)	20.1 (2.2)
Unweighted n[a]	2,613	478	252	1,340	489
Weighted n	410,041	78,439	38,975	201,634	79,803
Month 24					
Milk and milk products[b]	61.2 (1.5)	68.9 (2.5)	61.6 (3.3)	59.2 (1.9)	59.9 (3.5)
Not presweetened non-infant cereal	31.8 (1.2)	30.6 (3.0)	32.5 (3.7)	30.2 (1.4)	36.2 (3.0)
Eggs	29.1 (1.7)	29.8 (2.8)	35.7 (4.3)	28.5 (2.3)	25.9 (2.9)
100% fruit juice	27.5 (1.4)	30.8 (2.8)	25.4 (3.6)	27.4 (1.8)	25.4 (3.5)
Any fruits	23.8 (1.0)	21.3 (2.5)	22.4 (3.8)	24.7 (1.4)	24.9 (2.4)
Unweighted n[a]	2,375	429	234	1,216	441
Weighted n	428,368	84,111	40,103	210,475	82,783

(Continued)

Table C4-9-1r: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

[b] Chi-square statistic testing of non-breastfeeding infant nutrition education and skills training from WIC differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2r: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Top 5 Foods Eaten for Lunch	Study Children % (SE)	Received Training on Formula Only % (SE)	Received Training on Cereal Only % (SE)	Received Training on Both % (SE)	Received Training on Neither % (SE)
Month 7					
Infant formula[b]	55.5 (1.3)	59.9 (2.8)	35.6 (4.2)	61.0 (1.9)	45.4 (3.0)
Any vegetables	35.8 (1.3)	36.2 (3.2)	37.6 (4.5)	35.7 (1.8)	37.1 (2.4)
Any fruits	26.2 (1.4)	28.8 (3.0)	19.8 (4.0)	25.7 (1.2)	28.3 (2.7)
Infant cereals	20.7 (1.3)	18.0 (2.8)	23.3 (4.9)	23.1 (1.5)	16.1 (1.7)
Breastmilk[b]	12.1 (1.0)	9.1 (1.6)	26.6 (3.9)	8.0 (1.1)	19.1 (3.1)
Unweighted n[a]	2,318	414	210	1,235	405
Weighted n	324,363	61,714	29,573	164,602	60,135
Month 13					
Any vegetables	30.5 (1.3)	28.6 (2.7)	31.8 (5.7)	29.8 (1.6)	32.8 (2.0)
Milk and milk products	28.3 (1.3)	24.5 (1.9)	27.3 (3.8)	30.0 (2.1)	28.8 (2.3)
Any fruits	28.0 (1.4)	26.7 (2.6)	28.5 (5.3)	27.4 (1.7)	31.3 (2.6)
100% fruit juice[b]	27.1 (1.0)	32.6 (2.9)	17.5 (2.6)	29.3 (1.5)	22.6 (2.7)
Non-baby food meat	23.9 (1.1)	20.9 (2.8)	28.4 (5.0)	22.1 (1.4)	25.9 (2.8)
Unweighted n[a]	2,459	448	239	1,255	465
Weighted n	383,586	72,803	36,892	187,635	75,095
Month 24					
Non-baby food meat	34.7 (1.7)	31.7 (3.4)	31.5 (3.7)	35.0 (1.8)	37.8 (3.2)
100% fruit juice	34.6 (1.2)	33.5 (2.2)	29.9 (3.9)	35.5 (1.9)	35.2 (2.4)
Any vegetables	28.1 (1.2)	26.0 (2.5)	31.9 (3.6)	27.3 (1.8)	30.2 (2.8)
Milk and milk products[b]	25.3 (1.4)	23.5 (2.5)	18.0 (3.0)	28.5 (2.1)	23.3 (2.1)
Any fruits	24.7 (1.2)	25.3 (2.8)	23.8 (3.2)	24.4 (1.4)	27.0 (3.1)
Unweighted n[a]	2,280	404	233	1,169	424
Weighted n	410,871	80,046	39,797	201,221	79,874

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

(Continued)

Table C4-9-2r: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

[b] Chi-square statistic testing of non-breastfeeding infant nutrition education and skills training from WIC differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3r: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Top 5 Foods Eaten for Dinner	Nutrient Density Median	Received Training on Formula Only % (SE)	Received Training on Cereal Only % (SE)	Received Training on Both % (SE)	Received Training on Neither % (SE)
Month 7					
Infant formula[b]	57.0 (1.4)	58.1 (2.7)	34.1 (4.2)	63.7 (1.5)	49.9 (2.9)
Any vegetables	35.8 (1.7)	31.6 (3.8)	43.9 (5.0)	35.8 (1.5)	37.7 (3.0)
Infant cereals	21.8 (1.5)	19.3 (2.6)	24.6 (3.7)	24.0 (2.0)	17.8 (2.8)
Any fruits	19.3 (0.9)	16.9 (1.6)	16.8 (3.3)	20.1 (1.3)	20.4 (2.1)
Breastmilk[b]	10.8 (0.9)	7.8 (1.3)	20.8 (3.4)	7.1 (1.0)	18.2 (2.4)
Unweighted n[a]	2,360	413	224	1,241	426
Weighted n	325,641	61,683	30,296	163,146	61,874
Month 13					
Any vegetables	42.9 (1.6)	43.7 (2.7)	45.1 (5.2)	42.3 (1.9)	41.1 (2.3)
Non-baby food meat	32.0 (1.3)	32.9 (2.6)	34.8 (4.6)	31.3 (1.6)	29.6 (2.7)
Milk and milk products	29.5 (1.2)	29.7 (3.1)	26.4 (3.5)	31.0 (1.9)	27.9 (2.4)
100% fruit juice	19.1 (0.9)	20.9 (1.8)	16.0 (3.4)	20.0 (1.8)	17.3 (2.0)
Any fruits	13.7 (0.8)	12.6 (2.0)	13.7 (2.9)	13.1 (0.9)	16.1 (2.2)
Unweighted n[a]	2,491	459	241	1,269	469
Weighted n	389,063	75,648	37,338	188,345	76,725
Month 24					
Non-baby food meat[b]	45.5 (1.8)	43.0 (3.4)	52.7 (3.8)	47.3 (2.1)	40.4 (2.9)
Any vegetables	43.6 (1.8)	41.3 (3.9)	49.5 (3.3)	44.6 (1.9)	41.6 (3.8)
Milk and milk products	30.1 (1.5)	28.2 (2.7)	31.2 (3.1)	30.5 (1.9)	30.0 (3.5)
100% fruit juice	24.4 (1.3)	23.2 (2.9)	18.1 (2.7)	26.7 (1.5)	23.1 (2.4)
Rice and pasta	16.1 (1.8)	16.1 (2.5)	18.8 (3.2)	15.9 (2.1)	14.8 (2.5)
Unweighted n[a]	2,309	412	236	1,179	427
Weighted n	415,502	80,911	39,794	202,693	81,209

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

(Continued)

Table C4-9-3r: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

[b] Chi-square statistic testing of non-breastfeeding infant nutrition education and skills training from WIC differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4r: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

		Non-Breastfeeding Infant Nutrition Education and Skills Training from WIC			
Top 5 Foods Eaten for Snack	Study Children % (SE)	Received Training on Formula Only % (SE)	Received Training on Cereal Only % (SE)	Received Training on Both % (SE)	Received Training on Neither % (SE)
Month 7					
Infant formula[b]	52.7 (1.8)	55.2 (5.0)	26.5 (4.8)	57.0 (1.7)	52.4 (3.4)
Any fruits	28.3 (1.6)	33.3 (3.7)	26.7 (3.8)	27.7 (1.5)	27.0 (3.4)
Infant cereals	19.3 (1.3)	22.7 (3.2)	15.1 (3.4)	19.7 (1.7)	16.9 (3.0)
Crackers, pretzels, rice cakes	17.5 (1.2)	19.6 (3.4)	22.9 (5.3)	17.6 (1.5)	12.3 (2.3)
Any vegetables	14.9 (1.0)	12.6 (2.6)	17.3 (3.5)	15.4 (1.9)	15.7 (2.3)
Unweighted n[a]	1,647	280	152	884	293
Weighted n	228,409	41,980	22,500	116,000	41,408
Month 13					
Any fruits	42.1 (1.6)	44.6 (3.1)	39.2 (4.1)	42.2 (2.1)	41.2 (2.6)
Milk and milk products[b]	38.5 (1.2)	39.3 (2.5)	28.8 (3.4)	41.5 (2.3)	34.6 (3.0)
Crackers, pretzels, rice cakes[b]	34.1 (1.3)	38.4 (3.2)	40.1 (2.9)	31.1 (1.3)	33.5 (3.1)
100% fruit juice[b]	19.5 (1.2)	21.5 (2.5)	18.5 (3.6)	21.4 (1.8)	13.0 (1.9)
Baby food desserts	15.6 (1.1)	14.6 (2.8)	15.3 (3.7)	16.1 (1.6)	16.5 (1.8)
Unweighted n[a]	2,160	384	213	1,123	397
Weighted n	329,421	62,138	31,450	163,362	63,876
Month 24					
Any fruits	50.0 (1.6)	49.9 (3.9)	49.0 (3.9)	49.6 (1.9)	52.1 (3.0)
Milk and milk products	39.0 (1.4)	40.8 (3.1)	31.9 (4.3)	40.3 (2.0)	39.1 (3.0)
Crackers, pretzels, rice cakes	29.1 (1.1)	26.8 (4.1)	26.9 (3.1)	29.2 (1.4)	31.5 (2.8)
100% fruit juice	20.7 (1.2)	19.5 (2.4)	18.5 (3.7)	21.1 (1.9)	19.8 (2.9)
Salty snacks	19.9 (1.1)	21.9 (2.7)	24.0 (3.4)	20.1 (1.4)	16.6 (2.2)
Unweighted n[a]	1,999	350	211	1,028	362
Weighted n	351,307	67,252	35,994	174,229	64,785

(Continued)

Table C4-9-4r: Percentage of study children consuming the top five foods and beverages most frequently consumed at snack on any given day by non-breastfeeding infant nutrition education and skills training from WIC (Months 7, 13 and 24)

Subgroups may not sum to total, because some participants in the analysis sample were not on WIC at their 3 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

[b] Chi-square statistic testing of non-breastfeeding infant nutrition education and skills training from WIC differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-1w: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Top 5 Foods Eaten for Breakfast	Study Children % (SE)	Receiving WIC % (SE)	Not Receiving WIC % (SE)
Month 7			
Infant formula	68.4 (1.2)	68.1 (1.3)	77.3 (4.6)
Infant cereals	46.9 (1.6)	47.1 (1.6)	42.5 (5.9)
Any fruits	26.1 (1.1)	26.3 (1.1)	21.3 (5.0)
Breastmilk	15.1 (1.1)	15.1 (1.2)	15.5 (4.4)
Any vegetables	13.1 (1.8)	12.9 (1.8)	20.0 (5.9)
Unweighted n[a]	2,537	2,437	100
Weighted n	356,327	343,059	13,268
Month 13			
Milk and milk products	50.4 (1.1)	50.5 (1.1)	47.7 (7.3)
Any fruits	28.6 (1.0)	28.7 (1.0)	25.7 (5.2)
Not presweetened non-infant cereal	25.1 (1.4)	25.1 (1.5)	26.1 (5.9)
Infant cereals	23.5 (1.4)	23.2 (1.5)	31.7 (6.3)
Eggs	20.5 (1.4)	20.8 (1.4)	13.7 (4.2)
Unweighted n[a]	2,613	2,517	96
Weighted n	410,041	395,398	14,643
Month 24			
Milk and milk products	61.2 (1.5)	61.4 (1.5)	59.4 (3.4)
Not presweetened non-infant cereal	31.8 (1.2)	31.5 (1.4)	34.2 (3.6)
Eggs	29.1 (1.7)	29.4 (1.8)	26.5 (3.9)
100% fruit juice	27.5 (1.4)	28.0 (1.5)	23.6 (2.9)
Any fruits	23.8 (1.0)	23.9 (1.1)	23.0 (3.2)
Unweighted n[a]	2,375	2,084	291
Weighted n	428,368	380,603	47,765

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having breakfast at the recall.

(Continued)

Table C4-9-1w: Percentage of study children consuming the top five foods and beverages most frequently consumed at breakfast on any given day by child WIC participation status (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-2w: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Top 5 Foods Eaten for Lunch	Study Children % (SE)	Receiving WIC % (SE)	Not Receiving WIC % (SE)
Month 7			
Infant formula	55.5 (1.3)	55.4 (1.4)	59.6 (5.8)
Any vegetables	35.8 (1.3)	35.7 (1.3)	37.6 (5.9)
Any fruits	26.2 (1.4)	26.2 (1.4)	25.2 (4.6)
Infant cereals	20.7 (1.3)	20.8 (1.4)	18.2 (4.0)
Breastmilk	12.1 (1.0)	12.0 (1.1)	14.6 (4.8)
Unweighted n[a]	2,318	2,223	95
Weighted n	324,363	312,604	11,760
Month 13			
Any vegetables	30.5 (1.3)	30.4 (1.2)	32.9 (6.5)
Milk and milk products	28.3 (1.3)	28.1 (1.3)	34.1 (6.2)
Any fruits	28.0 (1.4)	28.0 (1.5)	28.6 (6.8)
100% fruit juice	27.1 (1.0)	27.1 (1.0)	28.2 (4.8)
Non-baby food meat	23.9 (1.1)	23.7 (1.1)	28.7 (5.6)
Unweighted n[a]	2,459	2,366	93
Weighted n	383,586	369,287	14,299
Month 24			
Non-baby food meat	34.7 (1.7)	34.5 (1.7)	36.4 (3.1)
100% fruit juice	34.6 (1.2)	35.0 (1.3)	31.1 (3.4)
Any vegetables	28.1 (1.2)	27.5 (1.3)	32.8 (3.1)
Milk and milk products[b]	25.3 (1.4)	26.1 (1.5)	18.7 (2.7)
Any fruits	24.7 (1.2)	24.8 (1.3)	24.6 (3.4)
Unweighted n[a]	2,280	1,996	284
Weighted n	410,871	365,114	45,757

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having lunch at the recall.

(Continued)

Table C4-9-2w: Percentage of study children consuming the top five foods and beverages most frequently consumed at lunch on any given day by child WIC participation status (Months 7, 13 and 24)

[b] Chi-square statistic testing of child WIC participation status differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-3w: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by child WIC participation status (Months 7, 13 and 24)

		Child WIC Participation Status	
Top 5 Foods Eaten for Dinner	Study Children % (SE)	Receiving WIC % (SE)	Not Receiving WIC % (SE)
Month 7			
Infant formula	57.0 (1.4)	56.8 (1.5)	63.6 (6.1)
Any vegetables	35.8 (1.7)	35.9 (1.8)	33.4 (5.8)
Infant cereals	21.8 (1.5)	21.7 (1.6)	24.8 (4.7)
Any fruits	19.3 (0.9)	19.1 (0.9)	24.8 (6.1)
Breastmilk	10.8 (0.9)	10.8 (1.0)	10.7 (3.6)
Unweighted n[a]	2,360	2,264	96
Weighted n	325,641	313,406	12,235
Month 13			
Any vegetables	42.9 (1.6)	42.6 (1.6)	51.8 (6.5)
Non-baby food meat[b]	32.0 (1.3)	31.5 (1.2)	47.1 (6.5)
Milk and milk products	29.5 (1.2)	29.5 (1.3)	27.7 (5.6)
100% fruit juice	19.1 (0.9)	18.9 (1.0)	25.4 (6.5)
Any fruits	13.7 (0.8)	13.5 (0.7)	18.2 (5.9)
Unweighted n[a]	2,491	2,396	95
Weighted n	389,063	375,107	13,956
Month 24			
Non-baby food meat	45.5 (1.8)	45.2 (2.0)	47.1 (3.5)
Any vegetables	43.6 (1.8)	44.2 (2.2)	39.4 (3.2)
Milk and milk products	30.1 (1.5)	30.7 (1.7)	26.0 (2.8)
100% fruit juice	24.4 (1.3)	24.8 (1.4)	21.4 (2.5)
Rice and pasta	16.1 (1.8)	16.0 (2.0)	16.9 (3.1)
Unweighted n[a]	2,309	2,015	294
Weighted n	415,502	368,130	47,372

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having dinner at the recall.

(Continued)

Table C4-9-3w: Percentage of study children consuming the top five foods and beverages most frequently consumed at dinner on any given day by child WIC participation status (Months 7, 13 and 24)

[b] Chi-square statistic testing of child WIC participation status differences is significant at $p \leq 0.05$.

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.

Table C4-9-4w: Top five foods most frequently eaten for snack by child WIC participation status (Months 7, 13 and 24)

Top 5 Foods Eaten for Snack	Study Children % (SE)	Child WIC Participation Status: Receiving WIC % (SE)	Child WIC Participation Status: Not Receiving WIC % (SE)
Month 7			
Infant formula	52.7 (1.8)	52.9 (1.8)	47.0 (7.1)
Any fruits	28.3 (1.6)	28.6 (1.6)	19.7 (4.9)
Infant cereals	19.3 (1.3)	19.4 (1.4)	15.1 (4.5)
Crackers, pretzels, rice cakes	17.5 (1.2)	17.6 (1.2)	14.9 (5.0)
Any vegetables	14.9 (1.0)	14.7 (1.1)	19.4 (6.8)
Unweighted n[a]	1,647	1,577	70
Weighted n	228,409	219,479	8,930
Month 13			
Any fruits	42.1 (1.6)	42.1 (1.5)	44.0 (6.2)
Milk and milk products	38.5 (1.2)	38.5 (1.3)	37.8 (6.7)
Crackers, pretzels, rice cakes	34.1 (1.3)	33.9 (1.3)	39.6 (7.0)
100% fruit juice	19.5 (1.2)	19.5 (1.1)	19.8 (6.0)
Baby food desserts	15.6 (1.1)	15.8 (1.1)	9.8 (3.8)
Unweighted n[a]	2,160	2,079	81
Weighted n	329,421	318,213	11,208
Month 24			
Any fruits	50.0 (1.6)	50.7 (1.6)	45.4 (3.8)
Milk and milk products[b]	39.0 (1.4)	40.3 (1.5)	30.0 (3.9)
Crackers, pretzels, rice cakes	29.1 (1.1)	28.9 (1.2)	30.2 (3.0)
100% fruit juice	20.7 (1.2)	20.9 (1.4)	19.4 (3.3)
Salty snacks	19.9 (1.1)	19.9 (1.2)	19.3 (2.9)
Unweighted n[a]	1,999	1,722	277
Weighted n	351,307	307,707	43,600

Note: Child WIC Participation Status is updated after 13 months based on responses to the 13 Month Interview.

[a] n is the number of respondents who reported having snack at the recall.

[b] Chi-square statistic testing of child WIC participation status differences is significant at $p \leq 0.05$.

(Continued)

Table C4-9-4w: Top five foods most frequently eaten for snack by child WIC participation status (Months 7, 13 and 24)

Data source: AMPM 24 Hour Recall for Food Intake, Months 7, 13 and 24. Cross-sectional weights for 7, 13 and 24 Month Interviews are used for this table.