

Tips for Using the FDPIR Sharing Gallery

TIP: Use the USDA Foods Product Information Sheets to Provide Nutrition Education



USDA has created [product information sheets](#) for all the USDA Foods available in the FDPIR food package. Each product information sheet includes a description of the food product, storage tips, nutrition facts, and recipes. Use the product information sheets to provide nutrition education to your program participants.

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Gather participant feedback on FDPIR foods.

- Look at product take rates and identify products with low take rates. Low take rates may indicate that participants are unsure how to use the food in their meals. These products may require more outreach to ensure participants understand the health benefits and have the confidence to use these foods.
- Based on the take rate information, gather targeted participant feedback on food items via surveys, social media, and conversations about food preferences.
- Using take rate data and participant feedback, pick a few FDPIR foods to highlight.

2

Find the relevant USDA Foods Product Information Sheet(s) on the USDA website.

The USDA Foods Household Programs Product Information sheets can be found on the [USDA Website](#). Product Information Sheets are organized by food group.

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Share the Product Information Sheet(s) with your participants.

- Print the product information sheet(s) and provide a copy in the FDPIR food package during distribution.
- Email a copy of the product information sheet(s) to program participants.
- Post a link to the product information sheet(s) on the FDPIR program webpage or social media sites (facebook, instagram, twitter).

