



Study of Nutrition and Activity in Child Care Settings



Appendix D. Meals Served

October 2021

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Appendix D. Meals Served

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D.1 Nutrient Content of CACFP Meals

Table D.1.1 Mean Nutrient Content of CACFP Breakfasts Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories (kcal)	262 (3.2)	239 (2.9)	307 (4.4)	310 (5.5)	257 (9.7)	241 (6.5)	317 (6.3)	252 (4.7)	228# (3.7)	300 (4.9)	312 (5.9)	255 (3.4)	232 (2.3)	304 (3.0)	311 (3.8)
Macronutrients															
Total fat (g)	9 (0.2)	6 (0.2)	7* (0.3)	7 (0.3)	10 (0.5)	6 (0.4)	8 (0.4)	9 (0.4)	6 (0.3)	9# (0.3)	9## (0.4)	9 (0.3)	6 (0.2)	8 (0.2)	9 (0.2)
Saturated fat (g)	4 (0.1)	2 (0.1)	3* (0.1)	3 (0.1)	4 (0.2)	3 (0.2)	3 (0.2)	4 (0.2)	2 (0.1)	4## (0.1)	4### (0.2)	4 (0.1)	2 (0.1)	3 (0.1)	4 (0.1)
Monounsaturated fat (g)	3 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.2)	2 (0.1)	3 (0.1)	3 (0.1)	2 (0.1)	3# (0.1)	3## (0.2)	3 (0.1)	2 (0.1)	3 (0.1)	3 (0.1)
Polyunsaturated fat (g)	1 (0.0)	1 (0.0)	1* (0.1)	1 (0.1)	1 (0.1)	1 (0.1)	2 (0.1)	1 (0.1)	1 (0.1)	2 (0.1)	2 (0.1)	1 (0.0)	1 (0.0)	2 (0.0)	2 (0.1)
Linoleic acid (g)	1 (0.0)	1 (0.0)	1* (0.1)	1 (0.0)	1 (0.1)	1 (0.1)	2 (0.1)	1 (0.0)	1 (0.1)	1 (0.0)	1 (0.1)	1 (0.0)	1 (0.0)	1 (0.0)	1 (0.1)
Alpha-linolenic acid (g)	0.2 (0.01)	0.1 (0.00)	0.1** (0.01)	0.1 (0.01)	0.2† (0.01)	0.1 (0.01)	0.2† (0.01)	0.2 (0.01)	0.1 (0.01)	0.1 (0.01)	0.1 (0.01)	0.2 (0.01)	0.1 (0.00)	0.1 (0.01)	0.1 (0.00)
Carbohydrate (g)	39* (0.6)	39* (0.5)	51 (0.7)	52 (1.0)	35 (1.3)	37† (0.7)	50††† (0.7)	34### (0.5)	35### (0.5)	46### (0.9)	47### (0.9)	36 (0.4)	36 (0.3)	48 (0.6)	48 (0.7)
Protein (g)	9 (0.1)	9* (0.1)	11* (0.2)	11 (0.1)	9 (0.3)	10 (0.4)	13 (0.4)	9# (0.1)	10## (0.1)	12# (0.1)	12### (0.2)	9 (0.1)	10 (0.1)	12 (0.1)	12 (0.1)
Vitamins															
Vitamin A (mcg RAE)	184 (3.8)	201 (3.5)	248* (3.5)	255 (5.8)	174 (8.0)	197 (6.0)	233††† (3.9)	186 (4.4)	203 (4.3)	257 (4.4)	260 (6.0)	185 (3.3)	202 (3.0)	252 (3.3)	259 (4.6)
Vitamin C (mg)	12 (0.7)	13 (0.7)	18 (1.0)	17 (1.2)	12 (1.4)	15 (1.0)	19 (1.0)	12 (0.7)	13 (0.8)	19 (0.9)	18 (0.7)	12 (0.5)	13 (0.5)	19 (0.6)	18 (0.6)
Vitamin D (mcg)	2.6 (0.02)	2.5 (0.02)	2.9 (0.03)	2.9 (0.05)	2.6 (0.04)	2.5† (0.03)	2.9 (0.03)	2.5 (0.05)	2.4 (0.02)	2.8 (0.02)	2.9 (0.03)	2.5 (0.03)	2.4 (0.01)	2.9 (0.01)	2.9 (0.03)
Vitamin E (mg AT)	0.8 (0.06)	0.8 (0.06)	1.0* (0.07)	1.0 (0.09)	0.8 (0.09)	0.9† (0.06)	1.2†† (0.07)	0.8 (0.10)	0.7 (0.04)	1.0 (0.06)	0.9 (0.07)	0.8 (0.07)	0.7 (0.03)	1.0 (0.05)	0.9 (0.06)
Vitamin B ₆ (mg)	0.4 (0.01)	0.4 (0.01)	0.5* (0.01)	0.5 (0.01)	0.3 (0.02)	0.4 (0.01)	0.4 (0.01)	0.3 (0.01)	0.4 (0.01)	0.5 (0.01)	0.5 (0.02)	0.4 (0.01)	0.4 (0.01)	0.5 (0.01)	0.5 (0.01)
Vitamin B ₁₂ (mcg)	1.4 (0.03)	1.5 (0.03)	1.7 (0.04)	1.8 (0.05)	1.3 (0.05)	1.4 (0.04)	1.7 (0.03)	1.3 (0.04)	1.4 (0.02)	1.7 (0.02)	1.7 (0.03)	1.3 (0.03)	1.4 (0.02)	1.7 (0.01)	1.7 (0.03)

STUDY OF NUTRITION AND ACTIVITY IN CHILD CARE SETTINGS: APPENDIX D

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Folate (mcg DFE)	122 (4.8)	124 (5.8)	151 (6.5)	161 (8.6)	112 (8.4)	122 (6.4)	144 (5.0)	105## (4.4)	111 (4.8)	139 (3.3)	141 (8.0)	110 (3.5)	116 (3.6)	143 (2.6)	147 (6.5)
Niacin (mg)	3.1 (0.09)	3.2 (0.10)	4.0* (0.11)	4.2 (0.15)	2.8 (0.17)	3.1† (0.10)	3.6 (0.09)	2.7## (0.11)	2.8## (0.07)	3.6# (0.07)	3.7# (0.16)	2.9 (0.08)	2.9 (0.06)	3.7 (0.05)	3.9 (0.13)
Riboflavin (mg)	0.5 (0.01)	0.5 (0.01)	0.7 (0.01)	0.7 (0.02)	0.5 (0.02)	0.5† (0.01)	0.6 (0.01)	0.5# (0.01)	0.5## (0.01)	0.6## (0.01)	0.6## (0.01)	0.5 (0.01)	0.5 (0.00)	0.6 (0.01)	0.6 (0.01)
Thiamin (mg)	0.3 (0.01)	0.3 (0.01)	0.4** (0.01)	0.4 (0.01)	0.3 (0.02)	0.3 (0.01)	0.3 (0.01)	0.3### (0.01)	0.3### (0.01)	0.3# (0.01)	0.4# (0.01)	0.3 (0.01)	0.3 (0.00)	0.4 (0.00)	0.4 (0.01)
Minerals															
Calcium (mg)	263 (3.0)	278** (2.9)	337* (3.5)	336 (4.6)	268 (6.5)	294 (4.5)	350 (4.5)	271 (5.1)	284 (3.1)	341 (2.6)	346 (2.8)	268 (3.6)	283 (2.1)	340 (1.9)	343 (2.2)
Iron (mg)	3.2 (0.10)	3.2 (0.11)	4.0** (0.11)	4.2 (0.16)	3.0 (0.21)	3.2† (0.12)	3.7 (0.09)	3.0 (0.24)	2.9# (0.08)	3.8 (0.07)	3.9 (0.17)	3.1 (0.16)	3.1 (0.06)	3.8 (0.05)	4.0 (0.13)
Magnesium (mg)	39 (0.4)	41 (0.4)	52 (0.5)	52 (0.9)	39 (1.7)	43 (1.3)	54 (1.3)	42# (0.9)	44## (0.7)	55# (0.8)	56## (0.8)	41 (0.6)	43 (0.5)	54 (0.5)	55 (0.6)
Phosphorus (mg)	238 (2.5)	255 (2.9)	314 (3.3)	313 (4.3)	239 (6.7)	268 (6.8)	325 (7.0)	246 (3.1)	262 (2.3)	321 (2.3)	331## (4.4)	243 (2.3)	260 (1.8)	319 (1.8)	325 (3.8)
Potassium (mg)	412 (4.5)	439 (3.2)	555 (3.1)	550 (5.6)	411 (11.2)	454 (8.7)	568 (10.0)	418 (5.4)	452# (4.4)	565 (4.9)	571# (5.5)	416 (3.9)	448 (3.0)	562 (3.5)	565 (3.7)
Sodium (mg)	272 (5.3)	274 (6.9)	347 (7.4)	348 (7.8)	277 (15.4)	301 (14.7)	378 (14.7)	273 (7.6)	274 (6.1)	359 (6.8)	378# (10.7)	273 (5.3)	275 (4.7)	358 (4.0)	369 (8.2)
Zinc (mg)	2.0 (0.07)	2.1 (0.09)	2.5 (0.10)	2.6 (0.15)	2.0 (0.13)	2.1 (0.10)	2.4 (0.06)	1.9 (0.05)	2.0 (0.07)	2.4 (0.07)	2.5 (0.10)	1.9 (0.04)	2.0 (0.05)	2.5 (0.05)	2.6 (0.09)
Other Dietary Components															
Cholesterol (mg)	27* (1.2)	21 (1.5)	26* (1.8)	22 (1.8)	34 (2.9)	29 (3.6)	34 (2.7)	31 (2.8)	24# (1.6)	35# (2.5)	42### (3.3)	30 (1.9)	23 (1.3)	33 (1.5)	36 (2.4)
Dietary fiber (g)	2 (0.0)	2 (0.0)	3 (0.0)	3 (0.1)	2 (0.1)	2 (0.1)	3 (0.1)	2 (0.1)	2# (0.0)	3 (0.0)	3 (0.1)	2 (0.0)	2 (0.0)	3 (0.0)	3 (0.1)
Dietary fiber (g/1,000 Calories)	9 (0.2)	10 (0.2)	11 (0.2)	11 (0.4)	8† (0.5)	10† (0.4)	11†† (0.2)	10 (0.3)	11### (0.2)	12## (0.2)	11 (0.3)	10 (0.2)	11 (0.2)	11 (0.1)	11 (0.2)
Total sugar (g)	23* (0.4)	23 (0.5)	30 (0.5)	31 (0.7)	21†† (0.8)	22†† (0.6)	30††† (0.5)	19### (0.3)	19### (0.4)	25### (0.7)	25### (0.6)	20 (0.3)	21 (0.3)	27 (0.4)	27 (0.5)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Mean Percentage of Calories from:															
Total fat	28.9** (0.52)	20.5 (0.48)	19.6** (0.49)	19.0 (0.53)	32.5 (0.76)	21.5 (0.66)	21.6 (0.49)	31.5# (0.94)	21.8 (0.64)	22.5## (0.59)	23.4### (0.71)	30.8 (0.62)	21.4 (0.43)	21.6 (0.37)	22.2 (0.42)
Saturated fat	13.4** (0.26)	8.5 (0.23)	7.8** (0.22)	7.4 (0.30)	15.6 (0.48)	9.1 (0.33)	8.6 (0.23)	14.6# (0.49)	8.7 (0.27)	9.2## (0.31)	9.8### (0.37)	14.3 (0.34)	8.7 (0.17)	8.8 (0.18)	9.1 (0.22)
Monounsaturated fat	8.4* (0.19)	6.5 (0.18)	6.4* (0.18)	6.2 (0.21)	9.1 (0.25)	6.8 (0.28)	7.0 (0.19)	9.2# (0.28)	7.1# (0.24)	7.3## (0.21)	7.6## (0.28)	8.9 (0.19)	6.9 (0.16)	7.0 (0.14)	7.2 (0.19)
Polyunsaturated fat	4.2 (0.11)	3.9 (0.12)	3.9** (0.13)	4.0 (0.15)	4.4 (0.14)	4.0 (0.13)	4.4 (0.12)	4.5 (0.12)	4.3# (0.16)	4.2 (0.11)	4.2 (0.16)	4.4 (0.07)	4.1 (0.11)	4.1 (0.07)	4.1 (0.11)
Linoleic acid	3.5 (0.09)	3.4 (0.10)	3.5* (0.11)	3.6 (0.14)	3.6 (0.13)	3.5 (0.12)	3.9 (0.10)	3.8 (0.10)	3.8# (0.14)	3.8 (0.09)	3.8 (0.14)	3.7 (0.06)	3.7 (0.10)	3.7 (0.06)	3.7 (0.10)
Alpha-linolenic acid	0.7** (0.02)	0.4 (0.02)	0.4* (0.01)	0.4 (0.02)	0.7†† (0.02)	0.4 (0.02)	0.4 (0.02)	0.7 (0.02)	0.4 (0.02)	0.4 (0.02)	0.4 (0.01)	0.7 (0.01)	0.4 (0.01)	0.4 (0.01)	0.4 (0.01)
Carbohydrate	59.8** (0.55)	66.5* (0.59)	68.2** (0.55)	69.1 (0.50)	55.0 (1.11)	64.0 (0.79)	65.3 (0.65)	55.8## (0.83)	63.4## (0.61)	64.0### (0.54)	62.8### (0.69)	57.0 (0.54)	64.5 (0.45)	65.3 (0.35)	64.7 (0.47)
Added sugar	9.1** (0.34)	10.2** (0.42)	10.7* (0.44)	11.3 (0.56)	7.0† (0.55)	8.1† (0.56)	9.4††† (0.36)	5.5### (0.33)	6.2### (0.34)	6.5### (0.41)	6.5### (0.44)	6.6 (0.27)	7.6 (0.28)	8.0 (0.28)	7.9 (0.38)
Protein	13.8* (0.16)	15.9*** (0.17)	15.3** (0.19)	14.9 (0.23)	14.9 (0.43)	17.3 (0.38)	16.1 (0.27)	15.1### (0.26)	17.6### (0.13)	16.6### (0.18)	16.6### (0.28)	14.7 (0.19)	17.0 (0.11)	16.2 (0.13)	16.1 (0.19)
Number of Breakfasts	734	875	983	504	239	307	1,034	513	640	787	442	1,486	1,822	2,804	946
Number of Early Child Care Programs	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SE= Standard error.

Table D.1.2 Mean Nutrient Content of CACFP Lunches Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories (kcal)	401 (4.2)	377** (4.3)	483 (5.5)	602 (7.9)	376 (13.8)	357 (7.2)	475†† (5.7)	364### (5.6)	346### (4.7)	444### (6.7)	559### (11.7)	375 (4.6)	356 (3.7)	457 (4.7)	571 (9.1)
Macronutrients															
Total fat (g)	16 (0.3)	14*** (0.3)	17 (0.3)	20 (0.5)	15 (0.7)	12 (0.3)	17 (0.3)	15# (0.4)	13# (0.4)	16 (0.4)	20 (0.5)	15 (0.3)	13 (0.3)	16 (0.3)	20 (0.4)
Saturated fat (g)	7 (0.1)	5** (0.1)	6 (0.1)	7 (0.3)	6 (0.3)	4 (0.2)	6 (0.1)	6# (0.2)	5 (0.2)	6 (0.2)	7 (0.2)	6 (0.2)	5 (0.1)	6 (0.1)	7 (0.2)
Monounsaturated fat (g)	5* (0.1)	4*** (0.1)	6 (0.1)	7 (0.2)	4 (0.2)	4 (0.1)	5 (0.1)	5# (0.1)	4 (0.1)	5 (0.2)	7 (0.2)	5 (0.1)	4 (0.1)	5 (0.1)	7 (0.2)
Polyunsaturated fat (g)	3 (0.1)	3 (0.1)	4* (0.1)	4 (0.1)	3† (0.1)	3† (0.1)	4††† (0.1)	3# (0.1)	3## (0.1)	3## (0.1)	4 (0.1)	3 (0.1)	3 (0.1)	4 (0.1)	4 (0.1)
Linoleic acid (g)	3 (0.1)	3 (0.1)	3* (0.1)	4 (0.1)	3† (0.1)	3† (0.1)	4††† (0.1)	2# (0.1)	2## (0.1)	3## (0.1)	4 (0.1)	2 (0.1)	2 (0.1)	3 (0.1)	4 (0.1)
Alpha-linolenic acid (g)	0.4 (0.01)	0.3 (0.01)	0.4** (0.01)	0.4 (0.01)	0.4†† (0.02)	0.3† (0.02)	0.4††† (0.01)	0.3# (0.01)	0.3## (0.01)	0.3## (0.01)	0.4 (0.01)	0.3 (0.01)	0.3 (0.01)	0.3 (0.01)	0.4 (0.01)
Carbohydrate (g)	46 (0.7)	46 (0.7)	59 (0.9)	78 (1.6)	43 (1.7)	44†† (1.1)	58††† (0.9)	40### (0.8)	41### (0.7)	52### (1.0)	69## (2.1)	42 (0.6)	42 (0.6)	55 (0.7)	71 (1.5)
Protein (g)	19 (0.2)	19 (0.2)	25 (0.2)	31 (0.5)	18 (0.7)	19 (0.3)	25† (0.3)	18# (0.2)	19 (0.2)	24# (0.3)	29# (0.5)	19 (0.1)	19 (0.1)	25 (0.2)	29 (0.3)
Vitamins															
Vitamin A (mcg RAE)	205 (4.6)	220 (5.0)	274 (5.9)	361 (15.1)	216 (12.8)	233 (8.3)	288 (7.1)	206 (7.3)	230 (5.2)	283 (6.3)	345 (15.9)	206 (5.2)	227 (3.9)	281 (4.1)	350 (13.2)
Vitamin C (mg)	13 (0.6)	13*** (0.6)	17*** (0.8)	25 (1.4)	15 (1.3)	17 (1.0)	21† (0.8)	15 (1.0)	15 (0.9)	18 (0.9)	28 (1.5)	14 (0.7)	14 (0.7)	18 (0.6)	27 (1.0)
Vitamin D (mcg)	2.4 (0.03)	2.3 (0.03)	2.8 (0.03)	3.3 (0.06)	2.4 (0.07)	2.3 (0.05)	2.8 (0.04)	2.4 (0.07)	2.3 (0.03)	2.9 (0.05)	3.5 (0.05)	2.4 (0.05)	2.3 (0.02)	2.8 (0.03)	3.4 (0.04)
Vitamin E (mg AT)	1.5 (0.04)	1.4 (0.04)	1.8 (0.05)	2.2 (0.07)	1.5 (0.08)	1.5† (0.04)	1.9††† (0.03)	1.3# (0.05)	1.3# (0.05)	1.7# (0.05)	2.1 (0.14)	1.4 (0.03)	1.3 (0.03)	1.7 (0.03)	2.2 (0.10)
Vitamin B ₆ (mg)	0.4 (0.01)	0.4 (0.01)	0.5 (0.01)	0.6 (0.02)	0.4 (0.01)	0.4 (0.01)	0.5 (0.01)	0.4 (0.01)	0.4 (0.01)	0.5 (0.01)	0.6 (0.02)	0.4 (0.01)	0.4 (0.00)	0.5 (0.01)	0.6 (0.01)
Vitamin B ₁₂ (mcg)	1.2 (0.02)	1.2 (0.01)	1.6 (0.02)	1.9 (0.04)	1.2 (0.03)	1.2 (0.03)	1.6 (0.02)	1.2 (0.02)	1.3 (0.03)	1.6 (0.03)	1.9 (0.04)	1.2 (0.02)	1.3 (0.02)	1.6 (0.02)	1.9 (0.03)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Folate (mcg DFE)	77 (1.7)	76 (1.5)	99 (1.6)	121 (2.6)	76 (3.4)	76 (2.3)	100 (1.5)	76 (1.9)	77 (2.0)	97 (2.6)	118 (4.4)	77 (1.3)	77 (1.5)	98 (1.7)	119 (3.4)
Niacin (mg)	4.5* (0.07)	4.5 (0.05)	5.9 (0.06)	7.4 (0.18)	4.1 (0.18)	4.3 (0.10)	5.8 (0.11)	4.3 (0.12)	4.4 (0.08)	5.6# (0.12)	6.7# (0.15)	4.3 (0.08)	4.4 (0.06)	5.7 (0.08)	6.9 (0.09)
Riboflavin (mg)	0.5 (0.00)	0.5 (0.00)	0.7 (0.01)	0.8 (0.01)	0.5 (0.01)	0.5 (0.00)	0.7†† (0.01)	0.5 (0.01)	0.5 (0.01)	0.6# (0.00)	0.8 (0.02)	0.5 (0.00)	0.5 (0.00)	0.7 (0.00)	0.8 (0.01)
Thiamin (mg)	0.3 (0.01)	0.3* (0.00)	0.4 (0.00)	0.5 (0.01)	0.3 (0.01)	0.3 (0.01)	0.4† (0.01)	0.3# (0.01)	0.3### (0.00)	0.4# (0.01)	0.5# (0.01)	0.3 (0.00)	0.3 (0.00)	0.4 (0.00)	0.5 (0.01)
Minerals															
Calcium (mg)	309 (5.4)	326 (4.6)	412 (5.4)	499 (9.9)	310 (7.5)	324 (6.8)	418†† (4.5)	294 (6.5)	317 (7.2)	396# (7.5)	479 (12.0)	299 (5.1)	320 (5.1)	402 (5.5)	484 (9.2)
Iron (mg)	2.3 (0.04)	2.3 (0.04)	2.9 (0.05)	3.7 (0.08)	2.1 (0.10)	2.2 (0.06)	2.9††† (0.05)	2.0### (0.05)	2.1## (0.04)	2.7### (0.05)	3.3## (0.11)	2.1 (0.04)	2.1 (0.03)	2.8 (0.03)	3.4 (0.08)
Magnesium (mg)	60 (0.6)	61 (0.6)	79* (0.7)	100 (1.0)	59 (2.1)	62† (1.3)	81††† (0.7)	58## (0.7)	59## (0.7)	75## (0.9)	95 (2.4)	58 (0.6)	60 (0.6)	77 (0.7)	96 (1.7)
Phosphorus (mg)	345 (3.7)	362 (4.2)	462 (3.5)	558 (5.6)	336 (10.0)	358 (5.8)	465†† (3.7)	335# (3.8)	357 (3.7)	449### (3.8)	549 (10.0)	337 (3.3)	358 (2.9)	454 (3.2)	552 (7.7)
Potassium (mg)	630 (3.9)	652 (4.1)	829* (4.9)	1072 (10.4)	624 (16.3)	668†† (8.3)	849††† (6.4)	611# (5.9)	638# (5.0)	802# (8.7)	1042 (18.0)	617 (3.9)	643 (3.4)	814 (5.8)	1051 (12.8)
Sodium (mg)	719 (9.0)	723 (8.9)	924 (10.9)	1110 (14.6)	696 (25.6)	699 (17.4)	905† (14.6)	660### (13.1)	671### (11.7)	858### (14.0)	1046# (24.1)	677 (9.7)	688 (8.5)	880 (10.1)	1064 (18.0)
Zinc (mg)	2.4 (0.04)	2.5 (0.03)	3.2 (0.05)	3.9 (0.07)	2.3 (0.11)	2.4 (0.08)	3.2†† (0.06)	2.2## (0.04)	2.4 (0.04)	3.0# (0.05)	3.5### (0.09)	2.3 (0.03)	2.4 (0.03)	3.1 (0.03)	3.6 (0.08)
Other Dietary Components															
Cholesterol (mg)	53 (1.2)	47* (1.0)	60 (1.2)	72 (2.4)	48† (2.3)	43††† (1.1)	58 (1.0)	55 (2.2)	49 (1.4)	62 (2.0)	76 (3.2)	54 (1.5)	48 (0.9)	61 (1.3)	75 (2.4)
Dietary fiber (g)	4 (0.1)	4 (0.1)	5 (0.1)	7 (0.2)	4† (0.2)	4††† (0.1)	5††† (0.1)	4## (0.1)	4### (0.1)	5### (0.1)	6### (0.2)	4 (0.1)	4 (0.0)	5 (0.1)	7 (0.2)
Dietary fiber (g/1,000 Calories)	11 (0.2)	11* (0.2)	11* (0.2)	12 (0.3)	11 (0.5)	12† (0.4)	12† (0.2)	11 (0.2)	11 (0.1)	11 (0.1)	11 (0.3)	11 (0.1)	11 (0.1)	11 (0.1)	12 (0.3)
Total sugar (g)	22 (0.5)	23 (0.5)	28 (0.6)	40 (1.2)	21† (1.0)	21††† (0.8)	28††† (0.6)	19### (0.6)	19### (0.5)	24### (0.7)	33### (1.1)	20 (0.5)	20 (0.4)	25 (0.5)	35 (0.8)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Mean Percentage of Calories from:															
Total fat	36.1 (0.37)	31.4 (0.43)	30.9 (0.35)	29.1 (0.58)	36.6 (0.69)	30.1 (0.55)	31.0 (0.34)	36.1 (0.59)	31.2 (0.58)	31.3 (0.52)	30.9 (0.61)	36.1 (0.37)	31.2 (0.39)	31.2 (0.34)	30.4 (0.45)
Saturated fat	14.4 (0.20)	11.6 (0.24)	11.1 (0.18)	10.5 (0.30)	15.1 (0.50)	10.9 (0.27)	10.7†† (0.14)	14.6 (0.30)	11.6 (0.30)	11.5 (0.27)	11.1 (0.31)	14.6 (0.20)	11.6 (0.21)	11.3 (0.18)	10.9 (0.23)
Monounsaturated fat	11.0* (0.13)	10.0** (0.14)	9.9 (0.13)	9.5 (0.23)	10.6 (0.17)	9.4†† (0.16)	9.7 (0.11)	11.1 (0.20)	10.1 (0.18)	10.1 (0.20)	10.1 (0.29)	11.0 (0.13)	10.0 (0.12)	10.0 (0.13)	9.9 (0.20)
Polyunsaturated fat	6.8 (0.16)	6.8 (0.16)	6.9** (0.13)	6.2 (0.22)	7.1 (0.27)	7.0 (0.33)	7.7††† (0.20)	6.5 (0.18)	6.5 (0.17)	6.6 (0.17)	6.7 (0.17)	6.6 (0.12)	6.6 (0.12)	6.8 (0.10)	6.6 (0.13)
Linoleic acid	5.8 (0.15)	6.0 (0.14)	6.1** (0.12)	5.4 (0.20)	6.0 (0.25)	6.1 (0.29)	6.7††† (0.18)	5.6 (0.17)	5.7 (0.16)	5.8 (0.16)	5.9 (0.15)	5.7 (0.11)	5.8 (0.11)	5.9 (0.10)	5.8 (0.12)
Alpha-linolenic acid	0.8* (0.02)	0.7 (0.02)	0.7*** (0.01)	0.6 (0.02)	0.9†† (0.04)	0.7 (0.04)	0.8††† (0.03)	0.8 (0.02)	0.6 (0.02)	0.6 (0.02)	0.7 (0.02)	0.8 (0.01)	0.7 (0.01)	0.7 (0.01)	0.6 (0.02)
Carbohydrate	45.9 (0.34)	49.2 (0.44)	49.3 (0.39)	51.7 (0.68)	45.2 (0.67)	49.8††† (0.50)	49.1†† (0.33)	44.6# (0.42)	47.5# (0.44)	47.5## (0.43)	49.3# (0.67)	45.0 (0.32)	48.1 (0.31)	48.1 (0.31)	50.0 (0.47)
Added sugar	5.1 (0.24)	5.5 (0.26)	5.4* (0.23)	6.2 (0.35)	4.3† (0.51)	4.7†† (0.42)	4.7††† (0.26)	3.1### (0.33)	3.3### (0.26)	3.4### (0.30)	4.1### (0.31)	3.7 (0.27)	4.0 (0.21)	4.0 (0.22)	4.7 (0.20)
Protein	19.5 (0.31)	21.1* (0.34)	21.4 (0.32)	21.1 (0.59)	19.7 (0.31)	21.9 (0.36)	21.6† (0.20)	20.7 (0.48)	22.7## (0.40)	22.6# (0.39)	21.6 (0.44)	20.4 (0.34)	22.2 (0.29)	22.2 (0.26)	21.4 (0.29)
Number of Lunches	767	914	1,029	459	243	316	1,057	621	774	900	378	1,631	2,004	2,986	837
Number of Early Child Care Programs	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SE= Standard error.

Table D.1.3 Mean Nutrient Content of CACFP Suppers Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories (kcal)	368^ (8.1)	361^ (12.0)	459^ (14.5)	569^ (18.4)	--	338^ (2.0)	397^ (40.1)	345 (8.0)	331 (9.2)	427# (8.1)	547 (10.6)	348 (6.9)	335 (7.8)	430 (7.6)	549 (9.4)
Macronutrients															
Total fat (g)	14^ (0.7)	14^ (0.8)	17^ (1.0)	19^ (1.2)	--	12^ (1.3)	14^ (1.8)	14 (0.4)	11# (0.4)	15 (0.6)	19 (0.8)	14 (0.3)	11 (0.4)	15 (0.6)	19 (0.7)
Saturated fat (g)	6^ (0.3)	5^ (0.3)	6^ (0.3)	7^ (0.3)	--	4^ (0.4)	5^ (0.5)	6 (0.2)	4# (0.2)	6 (0.3)	7 (0.3)	6 (0.2)	4 (0.2)	6 (0.3)	7 (0.3)
Monounsaturated fat (g)	5^ (0.2)	5^ (0.3)	6^ (0.4)	6^ (0.6)	--	4^ (0.2)	4^ (0.5)	4 (0.1)	4^ (0.2)	5 (0.2)	6 (0.3)	4 (0.1)	4 (0.2)	5 (0.2)	6 (0.2)
Polyunsaturated fat (g)	2^ (0.2)	3^ (0.3)	3^ (0.4)	4^ (0.5)	--	3^ (0.6)	4^ (0.8)	2 (0.1)	2 (0.1)	3 (0.2)	4 (0.2)	2 (0.1)	2 (0.1)	3 (0.2)	4 (0.2)
Linoleic acid (g)	2^ (0.2)	2^ (0.2)	3^ (0.4)	4^ (0.4)	--	3^ (0.5)	3^ (0.7)	2 (0.1)	2 (0.1)	3 (0.2)	4 (0.2)	2 (0.1)	2 (0.1)	3 (0.2)	4 (0.2)
Alpha-linolenic acid (g)	0.3^ (0.03)	0.3^ (0.03)	0.3^ (0.05)	0.4^ (0.05)	--	0.3^ (0.06)	0.4^ (0.08)	0.3 (0.01)	0.2 (0.01)	0.3 (0.02)	0.4 (0.03)	0.3 (0.01)	0.2 (0.01)	0.3 (0.02)	0.4 (0.02)
Carbohydrate (g)	42^ (2.0)	42^ (2.1)	55^ (2.7)	73^ (4.0)	--	39^ (0.8)	47^ (5.1)	38 (1.7)	40 (1.8)	49# (1.5)	65 (1.9)	39 (1.5)	40 (1.5)	50 (1.4)	66 (1.8)
Protein (g)	19^ (0.5)	19^ (0.4)	24^ (0.5)	29^ (0.7)	--	19^ (1.5)	21^ (2.1)	18 (0.5)	19 (0.5)	25 (0.5)	31 (0.4)	18 (0.5)	19 (0.5)	25 (0.4)	31 (0.4)
Vitamins															
Vitamin A (mcg RAE)	168^ (14.9)	179^ (16.6)	228^ (17.0)	301^ (28.1)	--	250^ (8.2)	271^ (34.6)	196 (23.7)	214 (27.2)	259 (25.2)	344 (31.7)	193 (21.2)	210 (23.9)	255 (22.5)	340 (29.0)
Vitamin C (mg)	14^ (1.8)	16^ (1.7)	20^ (2.2)	31^ (3.3)	--	13^ (1.5)	15^ (3.0)	14 (1.2)	15 (1.2)	18 (1.2)	27 (2.3)	14 (1.2)	15 (1.1)	18 (1.2)	27 (2.2)
Vitamin D (mcg)	2.4^ (0.06)	2.3^ (0.08)	2.8^ (0.09)	3.4^ (0.16)	--	2.3^ (0.07)	2.5^ (0.42)	2.3 (0.05)	2.2 (0.05)	2.8 (0.05)	3.4 (0.07)	2.3 (0.04)	2.2 (0.05)	2.8 (0.05)	3.4 (0.07)
Vitamin E (mg AT)	1.1^ (0.08)	1.1^ (0.08)	1.4^ (0.11)	1.8^ (0.16)	--	0.9^ (0.10)	1.6^ (0.42)	1.1 (0.06)	1.2 (0.08)	1.5 (0.08)	2.0 (0.12)	1.1 (0.05)	1.2 (0.07)	1.5 (0.07)	2.0 (0.11)
Vitamin B6 (mg)	0.4^ (0.02)	0.4^ (0.02)	0.5^ (0.02)	0.6^ (0.03)	--	0.4^ (0.08)	0.4^ (0.07)	0.4 (0.02)	0.4 (0.02)	0.5 (0.02)	0.6 (0.02)	0.4 (0.02)	0.4 (0.01)	0.5 (0.02)	0.6 (0.02)
Vitamin B12 (mcg)	1.3^ (0.04)	1.3^ (0.04)	1.6^ (0.05)	1.9^ (0.07)	--	1.0^ (0.01)	1.3^ (0.17)	1.5 (0.28)	1.6 (0.30)	1.9 (0.28)	2.4 (0.32)	1.4 (0.24)	1.5 (0.26)	1.9 (0.25)	2.3 (0.28)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Folate (mcg DFE)	68^ (5.3)	69 ^{***} (4.7)	89^ (6.2)	113^ (3.9)	--	88†^ (4.0)	106^ (9.7)	72 (3.1)	76 (2.6)	99 (2.9)	125 (5.0)	72 (2.6)	75 (2.2)	98 (2.8)	123 (4.5)
Niacin (mg)	4.3^ (0.20)	4.2^ (0.14)	5.4^ (0.19)	6.6^ (0.31)	--	4.7^ (0.38)	4.6^ (0.72)	4.3 (0.24)	4.3 (0.14)	5.6 (0.23)	7.3# (0.22)	4.3 (0.23)	4.3 (0.13)	5.6 (0.20)	7.2 (0.22)
Riboflavin (mg)	0.5^ (0.01)	0.5 ^{***} (0.01)	0.6^ (0.01)	0.8^ (0.02)	--	0.5^ (0.01)	0.6^ (0.07)	0.5 (0.01)	0.5 (0.01)	0.6 (0.01)	0.8 (0.01)	0.5 (0.01)	0.5 (0.01)	0.6 (0.01)	0.8 (0.01)
Thiamin (mg)	0.3^ (0.02)	0.3^ (0.01)	0.4^ (0.02)	0.5^ (0.02)	--	0.4†^ (0.03)	0.4^ (0.06)	0.3 (0.01)	0.3 (0.02)	0.4 (0.01)	0.5 (0.01)	0.3 (0.01)	0.3 (0.01)	0.4 (0.01)	0.5 (0.01)
Minerals															
Calcium (mg)	302^ (15.0)	315^ (15.6)	408^ (21.7)	520^ (43.7)	--	334^ (28.7)	394^ (34.5)	278 (7.5)	289 (6.9)	364 (7.9)	437 (9.3)	281 (7.4)	293 (6.6)	369 (8.0)	445 (11.3)
Iron (mg)	2.2^ (0.06)	2.1^ (0.05)	2.8^ (0.08)	3.4^ (0.14)	--	2.0^ (0.06)	2.4^ (0.25)	1.9# (0.09)	2.1 (0.11)	2.7 (0.13)	3.4 (0.14)	2.0 (0.08)	2.1 (0.09)	2.7 (0.12)	3.4 (0.13)
Magnesium (mg)	58^ (0.9)	59^ (1.2)	76^ (1.5)	96^ (2.2)	--	51^ (4.4)	62^ (8.0)	56 (0.9)	58 (0.8)	75 (1.8)	96 (2.3)	56 (0.8)	58 (0.8)	75 (1.6)	96 (2.2)
Phosphorus (mg)	337^ (8.3)	353^ (11.4)	456^ (14.1)	565^ (15.1)	--	344^ (8.4)	408^ (36.2)	330 (8.2)	346 (6.6)	443 (6.7)	550 (9.5)	331 (7.6)	347 (6.4)	444 (5.8)	551 (8.3)
Potassium (mg)	633^ (12.3)	660^ (12.7)	839^ (14.6)	1071^ (23.5)	--	620^ (31.4)	700^ (103.2)	598# (11.4)	637 (8.8)	799 (14.2)	1052 (18.6)	602 (10.1)	640 (8.0)	802 (11.7)	1054 (17.5)
Sodium (mg)	655^ (19.7)	678^ (25.9)	883^ (28.4)	1049^ (34.0)	--	741†^ (30.8)	932^ (87.8)	619 (34.5)	643 (30.6)	800# (17.5)	999 (24.7)	623 (29.8)	648 (26.2)	811 (15.9)	1005 (22.0)
Zinc (mg)	2.5^ (0.15)	2.5 ^{****} (0.14)	3.3 ^{****} (0.17)	3.9^ (0.17)	--	1.9††^ (0.06)	2.5†^ (0.22)	2.1# (0.08)	2.4 (0.14)	3.2 (0.16)	3.9 (0.14)	2.2 (0.08)	2.5 (0.12)	3.2 (0.13)	3.9 (0.12)
Other Dietary Components															
Cholesterol (mg)	48^ (2.6)	43^ (3.3)	54^ (3.2)	64^ (4.4)	--	47^ (6.3)	58^ (8.7)	53 (2.3)	46 (2.9)	63# (2.9)	78## (2.9)	52 (2.1)	45 (2.5)	62 (2.7)	76 (2.8)
Dietary fiber (g)	4^ (0.2)	4 ^{***} (0.2)	5^ (0.3)	7^ (0.4)	--	3††^ (0.1)	4^ (0.6)	4 (0.2)	4 (0.1)	5 (0.2)	7 (0.3)	4 (0.1)	4 (0.1)	5 (0.2)	7 (0.3)
Dietary fiber (g/1,000 Calories)	11^ (0.4)	11 ^{^^} (0.5)	11^ (0.4)	12^ (0.4)	--	10†††^ (0.3)	9^ (1.0)	10 (0.4)	12 (0.2)	11 (0.4)	12 (0.5)	10 (0.4)	12 (0.2)	11 (0.4)	12 (0.5)
Total sugar (g)	20^ (1.4)	20 ^{^^} (1.3)	25^ (1.6)	36^ (3.1)	--	16^ (0.5)	20^ (3.5)	18 (1.1)	19 (1.2)	21# (0.9)	30 (1.3)	18 (1.0)	19 (1.1)	22 (0.8)	30 (1.2)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Mean Percentage of Calories from:															
Total fat	35.1^ (1.41)	33.1^ (1.35)	32.0^ (1.29)	29.8^ (1.26)	--	30.9^ (2.67)	31.5^ (2.07)	35.2 (0.86)	29.2## (0.82)	30.9 (1.16)	30.6 (1.10)	35.1 (0.80)	29.7 (0.87)	31.1 (1.06)	30.5 (1.01)
Saturated fat	13.9^ (0.71)	12.0^ (0.53)	11.3^ (0.45)	10.5^ (0.40)	--	11.1^ (0.86)	11.6^ (1.66)	14.4 (0.55)	10.6# (0.34)	11.3 (0.57)	10.8 (0.54)	14.3 (0.47)	10.7 (0.33)	11.3 (0.50)	10.8 (0.48)
Monounsaturated fat	11.5^ (0.53)	11.4^^ (0.55)	11.1^^ (0.55)	10.0^ (0.66)	--	9.4^ (0.26)	9.5^ (0.50)	11.0 (0.30)	9.6## (0.31)	10.3 (0.38)	10.2 (0.33)	11.0 (0.29)	9.8 (0.32)	10.4 (0.34)	10.2 (0.30)
Polyunsaturated fat	5.7^ (0.57)	6.2^ (0.55)	6.3^ (0.71)	6.3^ (0.63)	--	7.3^ (1.30)	7.5^ (1.17)	6.2 (0.34)	6.2 (0.34)	6.4 (0.39)	6.7 (0.37)	6.2 (0.33)	6.2 (0.34)	6.4 (0.37)	6.7 (0.34)
Linoleic acid	4.9^ (0.51)	5.4^ (0.48)	5.6^ (0.63)	5.5^ (0.57)	--	6.4^ (1.15)	6.6^ (1.07)	5.3 (0.30)	5.3 (0.31)	5.5 (0.34)	5.8 (0.32)	5.2 (0.29)	5.4 (0.30)	5.5 (0.32)	5.8 (0.30)
Alpha-linolenic acid	0.7^ (0.06)	0.6^ (0.07)	0.6^ (0.07)	0.6^ (0.06)	--	0.7^ (0.13)	0.7^ (0.12)	0.8 (0.03)	0.6 (0.04)	0.7 (0.04)	0.7 (0.04)	0.8 (0.03)	0.6 (0.04)	0.7 (0.04)	0.7 (0.04)
Carbohydrate	45.5^ (1.62)	47.0^ (1.62)	47.7^ (1.65)	50.9^ (1.86)	--	47.5^ (0.77)	47.9^ (1.53)	44.2 (1.08)	48.7 (1.12)	46.4 (0.92)	47.9 (0.86)	44.4 (0.99)	48.5 (1.05)	46.6 (0.87)	48.2 (0.84)
Added sugar	4.0^ (0.59)	3.7^^ (0.46)	4.0^^ (0.50)	4.4^ (0.58)	--	1.8^ (0.50)	2.3^ (0.47)	3.0 (0.63)	3.3 (0.72)	2.5## (0.34)	2.8# (0.46)	3.1 (0.55)	3.4 (0.63)	2.7 (0.32)	2.9 (0.42)
Protein	20.8^ (0.93)	21.4^ (1.07)	21.7^ (0.96)	21.3^ (0.93)	--	22.2^ (1.79)	21.7^ (0.95)	21.8 (0.76)	23.4 (0.73)	23.9 (0.50)	23.1 (0.58)	21.6 (0.65)	23.2 (0.63)	23.6 (0.46)	22.9 (0.53)
Number of Suppers	64	66	76	79	0	10	20	176	193	265	244	240	269	361	323
Number of Early Child Care Programs	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "a" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SE= Standard error.

Table D.1.4 Mean Nutrient Content of CACFP Suppers Served in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Mean Amount (SE)					
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Calories (kcal)	484 [^] (17.8)	589 ^{***} (8.7)	510 (12.8)	641 (8.5)	509 [^] (12.4)	640 (8.1)
Macronutrients						
Total fat (g)	17 [^] (1.3)	20 ^{***^} (0.3)	19 (0.7)	22 (0.5)	19 [^] (0.7)	22 (0.5)
Saturated fat (g)	6 [^] (0.3)	7 [^] (0.2)	6 (0.3)	7 (0.3)	6 [^] (0.3)	7 (0.3)
Monounsaturated fat (g)	5 ^{***} (0.3)	6 ^{***} (0.1)	6 (0.2)	7 (0.2)	6 [^] (0.2)	7 (0.2)
Polyunsaturated fat (g)	5 [^] (0.8)	5 [^] (0.5)	5 (0.4)	6 (0.4)	5 [^] (0.4)	6 (0.3)
Linoleic acid (g)	4 [^] (0.7)	5 [^] (0.5)	5 (0.4)	5 (0.3)	5 [^] (0.4)	5 (0.3)
Alpha-linolenic acid (g)	0.5 [^] (0.10)	0.5 [^] (0.07)	0.5 (0.04)	0.5 (0.03)	0.5 [^] (0.04)	0.5 (0.03)
Carbohydrate (g)	57 ^{**^} (2.3)	74 ^{****^} (1.5)	65 (2.0)	86 (1.5)	65 [^] (1.9)	86 (1.4)
Protein (g)	26 ^{***} (1.1)	31 [^] (1.0)	23 (0.7)	29 (0.7)	23 [^] (0.7)	29 (0.7)
Vitamins						
Vitamin A (mcg RAE)	247 [^] (16.9)	303 ^{***} (20.7)	291 (15.5)	391 (14.3)	290 [^] (15.1)	388 (13.9)
Vitamin C (mg)	17 ^{***} (1.9)	30 [^] (0.7)	23 (1.5)	33 (1.7)	23 [^] (1.5)	33 (1.6)
Vitamin D (mcg)	2.9 [^] (0.15)	3.3 [^] (0.06)	2.8 (0.08)	3.4 (0.05)	2.8 [^] (0.07)	3.4 (0.05)
Vitamin E (mg AT)	1.6 [^] (0.09)	2.2 ^{**^} (0.13)	2.2 (0.31)	2.8 (0.23)	2.2 [^] (0.30)	2.8 (0.22)
Vitamin B ₆ (mg)	0.5 [^] (0.02)	0.6 ^{**^} (0.01)	0.4 (0.01)	0.6 (0.02)	0.5 [^] (0.01)	0.6 (0.02)
Vitamin B ₁₂ (mcg)	1.6 [^] (0.12)	1.8 [^] (0.11)	1.5 (0.05)	1.8 (0.03)	1.5 [^] (0.04)	1.8 (0.03)

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Mean Amount (SE)					
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Folate (mcg DFE)	96^ (3.0)	131^ (4.5)	101 (5.9)	133 (6.0)	101^ (5.7)	133 (5.7)
Niacin (mg)	6.2^a (0.28)	7.6^a (0.45)	5.2 (0.25)	6.6 (0.19)	5.2^ (0.25)	6.7 (0.18)
Riboflavin (mg)	0.7^ (0.02)	0.8^ (0.02)	0.7 (0.01)	0.8 (0.01)	0.7^ (0.01)	0.8 (0.01)
Thiamin (mg)	0.4^ (0.03)	0.5^ (0.02)	0.4 (0.02)	0.5 (0.02)	0.4^ (0.02)	0.5 (0.01)
Minerals						
Calcium (mg)	447^ (21.9)	496^*** (10.0)	471 (10.6)	579 (9.8)	471^ (10.5)	577 (9.6)
Iron (mg)	2.9^ (0.11)	3.5^ (0.11)	3.0 (0.17)	3.7 (0.09)	3.0^ (0.17)	3.7 (0.09)
Magnesium (mg)	80^ (4.0)	102^ (3.5)	80 (1.4)	103 (1.5)	80^ (1.4)	103 (1.4)
Phosphorus (mg)	482^ (15.2)	558^*** (10.6)	490 (9.4)	605 (8.0)	490^ (9.2)	603 (7.7)
Potassium (mg)	837^ (21.3)	1075^ (19.5)	843 (19.1)	1097 (17.7)	843^ (18.8)	1097 (17.1)
Sodium (mg)	941^ (32.4)	1106^ (60.1)	916 (36.0)	1108 (24.0)	916^ (35.4)	1108 (22.9)
Zinc (mg)	3.1^ (0.14)	3.6^ (0.17)	3.0 (0.14)	3.8 (0.12)	3.0^ (0.14)	3.8 (0.11)
Other Dietary Components						
Cholesterol (mg)	58^*** (3.1)	72^ (5.5)	47 (3.4)	57 (3.3)	47^ (3.4)	58 (3.2)
Dietary fiber (g)	5^ (0.3)	7^ (0.4)	5 (0.1)	7 (0.2)	5^ (0.1)	7 (0.2)
Dietary fiber (g/1,000 Calories)	11^a (0.4)	13^ (0.8)	10 (0.2)	11 (0.3)	10^ (0.2)	11 (0.3)
Total sugar (g)	26^*** (1.2)	34^*** (1.3)	34 (1.6)	46 (1.2)	34^ (1.6)	45 (1.2)

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Mean Amount (SE)					
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Mean Percentage of Calories from:						
Total fat	31.3^ (1.07)	29.8^ (0.40)	32.3 (0.47)	30.0 (0.45)	32.3^ (0.46)	30.0 (0.43)
Saturated fat	10.5^ (0.22)	10.0^ (0.25)	10.9 (0.43)	10.3 (0.29)	10.9^ (0.42)	10.3 (0.28)
Monounsaturated fat	9.2***^ (0.12)	8.9^ (0.08)	10.2 (0.18)	9.4 (0.19)	10.2^ (0.17)	9.4 (0.18)
Polyunsaturated fat	8.7^ (1.07)	8.1^ (0.73)	8.6 (0.52)	7.8 (0.41)	8.6^ (0.50)	7.8 (0.40)
Linoleic acid	7.7^ (0.92)	7.1^ (0.64)	7.7 (0.51)	6.9 (0.40)	7.7^ (0.49)	7.0 (0.39)
Alpha-linolenic acid	0.9^ (0.15)	0.8^ (0.10)	0.8 (0.05)	0.7 (0.03)	0.8^ (0.05)	0.7 (0.03)
Carbohydrate	47.8***^ (0.91)	50.4***^ (0.36)	51.6 (0.93)	53.9 (0.61)	51.5^ (0.92)	53.8 (0.59)
Added sugar	4.1^ (0.52)	3.9***^ (0.68)	7.0 (0.70)	7.3 (0.40)	7.0^ (0.69)	7.2 (0.38)
Protein	22.3***^ (0.74)	21.6***^ (0.58)	18.1 (0.61)	18.2 (0.47)	18.2^ (0.61)	18.3 (0.46)
Number of Suppers	57	134	217	448	274	582
Number of Before and After School Programs	12	28	47	100	59	128

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SE = Standard error.

Table D.1.5 Mean Nutrient Content of CACFP Morning Snacks Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories (kcal)	214^ (13.0)	198^ (13.9)	216^ (11.6)	278^ (9.1)	254^ (40.9)	222^ (28.9)	226^ (41.2)	231 (10.1)	210 (6.3)	239 (9.1)	311 (16.0)	230 (9.3)	209 (6.1)	236 (8.6)	308 (15.0)
Macronutrients															
Total fat (g)	9^ (0.8)	7^ (0.9)	7^ (0.4)	10^ (0.7)	9^ (1.0)	6^ (1.2)	6^ (1.3)	9 (0.6)	7 (0.3)	8 (0.5)	10 (1.0)	9 (0.6)	7 (0.3)	8 (0.5)	10 (0.9)
Saturated fat (g)	4^ (0.4)	2^ (0.5)	2^ (0.3)	3^ (0.2)	4^ (0.6)	2^ (0.5)	2^ (0.4)	4 (0.3)	2 (0.1)	3 (0.2)	4 (0.4)	4 (0.3)	2 (0.1)	3 (0.2)	4 (0.4)
Monounsaturated fat (g)	3^ (0.3)	2^ (0.2)	2^ (0.2)	3^ (0.4)	3^ (0.2)	2^ (0.4)	2^ (0.4)	3 (0.2)	2 (0.1)	3 (0.1)	3 (0.3)	3 (0.2)	2 (0.1)	3 (0.1)	3 (0.3)
Polyunsaturated fat (g)	2^ (0.1)	2^ (0.1)	2^ (0.1)	3^ (0.4)	2^ (0.3)	1^ (0.3)	2^ (0.3)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.3)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.3)
Linoleic acid (g)	1^ (0.1)	1^ (0.1)	2^ (0.1)	3^ (0.3)	1^ (0.2)	1^ (0.3)	1^ (0.3)	2 (0.1)	1 (0.1)	2 (0.1)	2 (0.3)	2 (0.1)	1 (0.1)	2 (0.1)	2 (0.3)
Alpha-linolenic acid (g)	0.2^ (0.01)	0.1^ (0.02)	0.2^ (0.02)	0.3^ (0.07)	0.2^ (0.06)	0.1^ (0.04)	0.2^ (0.04)	0.2 (0.01)	0.1 (0.01)	0.2 (0.02)	0.2 (0.02)	0.2 (0.01)	0.1 (0.01)	0.2 (0.02)	0.2 (0.02)
Carbohydrate (g)	29^ (1.6)	29^ (1.6)	32^ (1.8)	41^ (2.4)	37^ (9.2)	35^ (6.4)	36^ (6.8)	31 (1.2)	31 (0.9)	34 (1.3)	44 (2.3)	30 (1.1)	31 (0.8)	34 (1.2)	44 (2.2)
Protein (g)	6^ (0.5)	6^ (0.4)	7^ (0.6)	8^ (0.7)	9^ (0.8)	8^ (0.6)	9^ (1.4)	8# (0.6)	8# (0.4)	9## (0.6)	12### (1.0)	8 (0.6)	8 (0.4)	9 (0.5)	12 (1.0)
Vitamins															
Vitamin A (mcg RAE)	106^ (16.6)	117^ (13.6)	134^ (29.1)	118^ (11.9)	154^ (21.9)	163†^ (20.2)	151^ (17.1)	113 (8.4)	116 (8.6)	130 (8.9)	156# (15.1)	113 (8.0)	117 (7.7)	131 (8.5)	152 (14.4)
Vitamin C (mg)	10^ (1.8)	10^ (1.6)	12^ (2.0)	18^ (4.6)	16^ (5.3)	12^ (4.8)	11^ (1.9)	14 (2.0)	15# (1.5)	15 (2.1)	18 (3.1)	13 (1.9)	14 (1.4)	15 (1.9)	18 (2.7)
Vitamin D (mcg)	1.5^ (0.13)	1.4^ (0.11)	1.4^ (0.15)	1.3^ (0.25)	1.6^ (0.70)	1.8^ (0.52)	1.7^ (0.24)	1.7 (0.14)	1.5 (0.13)	1.7 (0.11)	2.3## (0.16)	1.7 (0.13)	1.5 (0.11)	1.6 (0.10)	2.2 (0.16)
Vitamin E (mg AT)	0.7^ (0.07)	0.7^ (0.06)	0.7^ (0.05)	1.3^ (0.30)	0.7^ (0.10)	0.5†^ (0.13)	0.8^ (0.24)	0.8# (0.06)	0.8 (0.04)	0.9# (0.06)	1.2 (0.13)	0.8 (0.06)	0.8 (0.04)	0.9 (0.06)	1.2 (0.12)
Vitamin B6 (mg)	0.2^ (0.02)	0.2^ (0.02)	0.2^ (0.03)	0.2^ (0.02)	0.3^ (0.05)	0.3^ (0.04)	0.3^ (0.03)	0.2 (0.01)	0.2 (0.01)	0.2 (0.02)	0.3 (0.04)	0.2 (0.01)	0.2 (0.01)	0.2 (0.02)	0.3 (0.04)
Vitamin B12 (mcg)	0.7^ (0.06)	0.7^ (0.06)	0.8^ (0.10)	0.7^ (0.13)	0.9^ (0.29)	1.1^ (0.26)	1.0^ (0.14)	0.8 (0.06)	0.8 (0.06)	0.9 (0.06)	1.2## (0.11)	0.8 (0.06)	0.8 (0.05)	0.9 (0.06)	1.1 (0.11)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Folate (mcg DFE)	60^ (5.3)	69^ (6.6)	79^ (10.6)	86^ (9.7)	80^ (34.3)	119^ (37.9)	79^ (14.0)	62 (5.6)	61 (4.4)	70 (6.0)	83 (12.3)	62 (5.3)	62 (4.0)	71 (5.4)	84 (11.1)
Niacin (mg)	1.9^ (0.18)	2.0^ (0.17)	2.2^ (0.19)	2.9^ (0.35)	1.8^ (0.71)	2.3^ (0.61)	2.1^ (0.34)	1.7 (0.11)	1.8 (0.11)	2.1 (0.17)	2.8 (0.29)	1.7 (0.10)	1.8 (0.10)	2.1 (0.15)	2.8 (0.28)
Riboflavin (mg)	0.3^ (0.02)	0.3^ (0.02)	0.3^ (0.02)	0.3^ (0.03)	0.4^ (0.09)	0.4^ (0.08)	0.4^ (0.05)	0.3 (0.02)	0.3 (0.02)	0.4 (0.02)	0.5 ^{##} (0.02)	0.3 (0.02)	0.3 (0.02)	0.4 (0.02)	0.5 (0.02)
Thiamin (mg)	0.2^ (0.02)	0.2^ (0.02)	0.2^ (0.02)	0.2^ (0.01)	0.2^ (0.06)	0.2^ (0.05)	0.2^ (0.03)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.02)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.02)
Minerals															
Calcium (mg)	176^ (17.4)	183^ ^a (15.5)	195^ (19.8)	195^ (32.9)	251^ (44.5)	265^ (34.7)	238^ (23.1)	230 [#] (16.0)	218 (9.8)	244 [#] (10.2)	312 ^{##} (21.1)	225 (14.9)	215 (9.0)	239 (9.9)	301 (21.3)
Iron (mg)	1.6^ (0.20)	1.8^ (0.21)	2.1^ (0.31)	2.2^ (0.16)	2.0^ (0.84)	2.8^ (0.88)	2.0^ (0.35)	1.5 (0.17)	1.5 (0.13)	1.8 (0.19)	2.2 (0.36)	1.5 (0.16)	1.5 (0.12)	1.8 (0.17)	2.2 (0.33)
Magnesium (mg)	28^ (1.6)	30^ (1.6)	32^ (2.5)	41^ (4.3)	35^ (5.3)	34^ (4.1)	36^ (5.4)	36 ^{##} (1.8)	36 [#] (1.8)	40 [#] (1.8)	53 ^{##} (2.7)	35 (1.7)	35 (1.6)	39 (1.6)	52 (2.8)
Phosphorus (mg)	162^ (11.8)	172^ (10.2)	186^ (15.2)	209^ (19.5)	216^ (30.3)	219^ (23.8)	218^ (27.8)	205 [#] (13.3)	201 [#] (9.9)	230 ^{##} (10.0)	298 ^{##} (18.0)	202 (12.5)	198 (9.1)	226 (9.8)	289 (18.0)
Potassium (mg)	284^ (16.0)	304^ (16.0)	330^ (28.7)	397^ (28.3)	375^ (69.1)	374^ (52.1)	405^ (51.7)	367 ^{###} (13.8)	366 [#] (16.0)	413 [#] (15.0)	544 ^{###} (32.9)	360 (13.1)	360 (14.3)	405 (14.5)	529 (32.6)
Sodium (mg)	234^ (13.3)	233^ (13.3)	261^ (12.1)	313^ (13.1)	265^ (17.3)	240^ (21.8)	251^ (49.5)	244 (20.0)	232 (10.5)	282 (19.0)	368 (38.2)	243 (18.3)	232 (9.8)	279 (17.5)	362 (34.9)
Zinc (mg)	1.2^ (0.11)	1.3^ (0.11)	1.4^ (0.18)	1.4^ (0.12)	1.7^ (0.40)	2.0^ (0.37)	1.6^ (0.18)	1.3 (0.09)	1.3 (0.07)	1.5 (0.09)	1.9 [#] (0.19)	1.3 (0.09)	1.3 (0.06)	1.5 (0.08)	1.8 (0.19)
Other Dietary Components															
Cholesterol (mg)	22^ (4.9)	17^ (5.2)	16^ (3.7)	9^ (1.5)	20^ (1.7)	14^ (2.1)	18^ (5.4)	24 (4.5)	17 (2.5)	21 (3.3)	25 ^{##} (5.0)	24 (4.2)	17 (2.5)	21 (3.1)	24 (4.7)
Dietary fiber (g)	2 ^{**} (0.2)	2^ (0.1)	2^ (0.2)	3^ (0.6)	2^ (0.2)	2^ (0.2)	3^ (0.5)	2 [#] (0.1)	2 (0.1)	2 (0.1)	3 (0.3)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.3)
Dietary fiber (g/1,000 Calories)	8^ (0.7)	9^ (0.7)	10^ (0.7)	10^ (1.9)	11^ (1.1)	11^ (0.8)	11^ (0.9)	10 (0.6)	10 (0.4)	10 (0.5)	9 (0.9)	9 (0.6)	10 (0.4)	10 (0.4)	9 (0.9)
Total sugar (g)	16^ (1.1)	16^ (1.0)	17^ (0.8)	21^ (1.8)	23^ (7.3)	21^ (5.2)	22^ (4.5)	18 (0.7)	18 (0.6)	19 [#] (0.7)	25 [#] (1.4)	18 (0.7)	18 (0.5)	19 (0.6)	25 (1.4)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Mean Percentage of Calories from:															
Total fat	33.3^ (1.37)	27.0^ (1.83)	27.1^ (0.96)	30.7^ (2.08)	31.7^ (4.44)	23.2^ (5.18)	22.8†^ (1.80)	32.6 (1.36)	26.5 (0.73)	27.1 (0.83)	27.5 (1.52)	32.7 (1.29)	26.5 (0.72)	27.0 (0.72)	27.9 (1.36)
Saturated fat	13.0^ (0.77)	9.1^ (0.93)	8.8^ (0.49)	8.0^ (0.72)	13.8^ (2.28)	10.0^ (2.24)	9.2^ (0.87)	13.2 (1.03)	9.3 (0.32)	9.7 (0.53)	9.9 (0.98)	13.2 (0.94)	9.3 (0.33)	9.6 (0.48)	9.7 (0.91)
Monounsaturated fat	10.3^ (0.58)	8.9^ (0.61)	8.6*** (0.36)	10.2^ (0.97)	9.1^ (1.71)	6.8^ (1.84)	6.5††^ (0.68)	9.9 (0.46)	8.7 (0.35)	8.9 (0.34)	9.1 (0.58)	10.0 (0.44)	8.7 (0.33)	8.8 (0.30)	9.2 (0.53)
Polyunsaturated fat	7.1*** (0.47)	7.1*** (0.59)	7.8^ (0.59)	10.5^ (1.27)	5.6†^ (0.11)	4.5†^ (0.71)	5.4^ (0.53)	6.6 (0.37)	6.6 (0.31)	6.5 (0.38)	6.5## (0.49)	6.7 (0.34)	6.6 (0.27)	6.6 (0.33)	6.9 (0.56)
Linoleic acid	6.2*** (0.46)	6.4*** (0.52)	7.0*** (0.50)	9.5^ (1.09)	4.8†^ (0.03)	4.0†^ (0.63)	4.8^ (0.46)	5.8 (0.34)	5.9 (0.26)	5.9 (0.32)	5.8## (0.47)	5.8 (0.31)	6.0 (0.24)	6.0 (0.28)	6.2 (0.53)
Alpha-linolenic acid	0.8^ (0.05)	0.7^ (0.09)	0.7^ (0.11)	1.0^ (0.23)	0.7^ (0.10)	0.5^ (0.08)	0.6^ (0.07)	0.8 (0.05)	0.6 (0.06)	0.6 (0.06)	0.6 (0.04)	0.8 (0.05)	0.6 (0.05)	0.6 (0.06)	0.6 (0.05)
Carbohydrate	57.0^ (1.82)	62.3^ (1.95)	62.1^ (1.39)	60.4^ (2.71)	57.2^ (5.48)	64.0^ (5.27)	63.6^ (2.57)	55.5 (2.06)	61.0 (0.86)	59.7 (1.12)	58.9 (1.91)	55.6 (1.92)	61.2 (0.87)	60.0 (1.03)	59.0 (1.81)
Added sugar	8.1^ (0.78)	8.6^ (0.55)	8.7^ (0.53)	7.7^ (0.78)	7.8^ (3.39)	10.4^ (3.06)	10.6^ (2.32)	6.0 (0.73)	6.8# (0.55)	6.7# (0.52)	6.3 (0.81)	6.2 (0.64)	7.0 (0.50)	6.9 (0.49)	6.4 (0.72)
Protein	11.7^ (0.65)	13.1†^ (0.64)	13.2^ (0.60)	11.3^ (0.89)	14.1^ (1.24)	15.9^ (0.94)	16.6^ (1.56)	14.5## (0.75)	15.3# (0.60)	15.9## (0.77)	16.2### (0.86)	14.2 (0.68)	15.0 (0.54)	15.7 (0.71)	15.7 (0.88)
Number of Morning Snacks	95	121	131	55	14	19	66	345	432	477	200	454	572	674	255
Number of Early Child Care Programs	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SE= Standard error.

Table D.1.6 Mean Nutrient Content of CACFP Afternoon Snacks Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories (kcal)	198 (2.7)	190 (2.4)	203 (2.1)	264 (2.9)	192 (9.1)	188† (4.9)	201† (3.9)	214 (9.2)	207# (8.0)	225# (7.3)	311### (9.1)	208 (5.9)	201 (5.1)	216 (4.4)	297 (6.8)
Macronutrients															
Total fat (g)	7 (0.2)	6 (0.2)	6 (0.1)	8 (0.2)	7 (0.5)	6 (0.3)	6†† (0.2)	8 (0.6)	7 (0.4)	8## (0.4)	10### (0.6)	8 (0.4)	6 (0.3)	7 (0.3)	10 (0.4)
Saturated fat (g)	3 (0.1)	2 (0.1)	2 (0.1)	3 (0.1)	3 (0.2)	2 (0.2)	2††† (0.1)	3 (0.2)	2 (0.1)	3### (0.1)	4### (0.2)	3 (0.2)	2 (0.1)	2 (0.1)	3 (0.2)
Monounsaturated fat (g)	2 (0.1)	2 (0.1)	2 (0.0)	3 (0.1)	2 (0.2)	2 (0.2)	2†† (0.1)	2 (0.2)	2 (0.1)	2# (0.1)	3## (0.2)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.1)
Polyunsaturated fat (g)	2 (0.0)	2 (0.0)	2* (0.0)	2 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.2)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.1)
Linoleic acid (g)	1 (0.0)	1 (0.0)	2* (0.0)	2 (0.1)	1 (0.1)	1 (0.1)	1 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	1 (0.1)	2 (0.1)	2 (0.1)
Alpha-linolenic acid (g)	0.2 (0.01)	0.2 (0.00)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.1 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)
Carbohydrate (g)	28 (0.6)	29 (0.5)	31 (0.5)	42 (0.9)	26 (1.3)	28† (0.8)	31 (0.6)	30 (1.1)	31 (1.2)	32 (0.9)	45## (1.2)	29 (0.7)	30 (0.8)	32 (0.5)	44 (1.0)
Protein (g)	6 (0.2)	6 (0.2)	6 (0.2)	7 (0.4)	6 (0.4)	6†† (0.3)	7†† (0.3)	7## (0.4)	7### (0.3)	8### (0.3)	11### (0.5)	7 (0.3)	7 (0.2)	7 (0.2)	10 (0.3)
Vitamins															
Vitamin A (mcg RAE)	66 (5.2)	74 (5.2)	74** (4.5)	88 (8.0)	74 (8.1)	81†† (6.9)	99 (7.1)	94### (5.5)	102## (5.0)	107### (3.9)	144### (5.5)	84 (4.4)	92 (3.7)	97 (2.9)	127 (5.0)
Vitamin C (mg)	12 (1.0)	12 (1.0)	13 (0.9)	18 (2.0)	11 (1.8)	13 (1.6)	13 (1.0)	14 (1.1)	13 (0.9)	14 (0.9)	20 (1.5)	13 (0.8)	13 (0.7)	14 (0.7)	20 (1.4)
Vitamin D (mcg)	1.0 (0.08)	1.0 (0.07)	1.0* (0.05)	1.1 (0.11)	1.1 (0.14)	0.9 (0.11)	1.2 (0.08)	1.3# (0.10)	1.2 (0.08)	1.4### (0.06)	1.9### (0.11)	1.2 (0.07)	1.1 (0.06)	1.3 (0.05)	1.6 (0.09)
Vitamin E (mg AT)	0.6 (0.02)	0.6 (0.02)	0.6 (0.02)	0.9 (0.04)	0.6 (0.08)	0.6 (0.04)	0.7 (0.05)	0.8 (0.10)	0.7 (0.08)	0.8# (0.05)	1.1## (0.07)	0.7 (0.07)	0.7 (0.05)	0.7 (0.03)	1.0 (0.05)
Vitamin B ₆ (mg)	0.1 (0.01)	0.1 (0.00)	0.1** (0.01)	0.2 (0.01)	0.1 (0.01)	0.1 (0.01)	0.2 (0.01)	0.2# (0.01)	0.2### (0.01)	0.2# (0.01)	0.2### (0.01)	0.1 (0.01)	0.1 (0.01)	0.2 (0.00)	0.2 (0.01)
Vitamin B ₁₂ (mcg)	0.5 (0.03)	0.5 (0.03)	0.5** (0.02)	0.5 (0.04)	0.5 (0.07)	0.5† (0.05)	0.6 (0.05)	0.6### (0.04)	0.6## (0.03)	0.7### (0.02)	0.9### (0.05)	0.6 (0.03)	0.6 (0.02)	0.6 (0.02)	0.8 (0.04)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Folate (mcg DFE)	43 (1.3)	44 (1.2)	50* (1.3)	64 (2.2)	46 (4.1)	45 (3.8)	59 (3.7)	50 (3.2)	49# (1.7)	51 (1.5)	73 (3.2)	48 (2.2)	47 (1.3)	51 (1.0)	70 (2.2)
Niacin (mg)	1.4 (0.04)	1.4 (0.04)	1.5 (0.04)	2.1 (0.06)	1.3 (0.10)	1.4 (0.08)	1.6 (0.07)	1.5 (0.10)	1.6# (0.10)	1.7 (0.08)	2.4## (0.11)	1.5 (0.07)	1.6 (0.07)	1.6 (0.05)	2.3 (0.09)
Riboflavin (mg)	0.2 (0.01)	0.3 (0.01)	0.3* (0.01)	0.3 (0.02)	0.3† (0.02)	0.2†† (0.01)	0.3 (0.01)	0.3## (0.01)	0.3## (0.01)	0.3### (0.01)	0.5### (0.01)	0.3 (0.01)	0.3 (0.01)	0.3 (0.01)	0.4 (0.01)
Thiamin (mg)	0.1 (0.00)	0.1 (0.00)	0.1 (0.00)	0.2 (0.00)	0.1 (0.01)	0.1 (0.01)	0.2 (0.01)	0.2 (0.01)	0.1 (0.01)	0.2 (0.01)	0.2## (0.01)	0.2 (0.01)	0.1 (0.01)	0.2 (0.00)	0.2 (0.01)
Minerals															
Calcium (mg)	156 (7.0)	163 (6.8)	163** (5.9)	190 (12.5)	176 (13.1)	175 (11.5)	189† (8.1)	190# (12.9)	194# (11.2)	219### (8.6)	290### (12.3)	179 (8.8)	183 (7.5)	200 (6.0)	260 (9.3)
Iron (mg)	1.1 (0.04)	1.1 (0.04)	1.2* (0.03)	1.6 (0.06)	1.1 (0.09)	1.2 (0.08)	1.4 (0.07)	1.2 (0.09)	1.2 (0.07)	1.2 (0.05)	1.8 (0.09)	1.2 (0.06)	1.2 (0.05)	1.3 (0.03)	1.7 (0.07)
Magnesium (mg)	25 (0.8)	26 (0.8)	28* (0.7)	35 (1.4)	25† (1.2)	27†† (1.1)	30† (1.1)	30# (1.7)	31## (1.3)	35## (1.6)	47### (2.1)	28 (1.1)	30 (0.8)	32 (0.9)	44 (1.4)
Phosphorus (mg)	143 (5.7)	152 (5.7)	157* (5.1)	189 (10.5)	152 (11.0)	157† (9.8)	175†† (6.6)	174## (9.7)	184## (8.1)	206### (7.7)	273### (10.5)	164 (6.6)	173 (5.5)	189 (5.2)	247 (7.8)
Potassium (mg)	252 (6.9)	269 (7.0)	280 (6.6)	349 (11.4)	249††† (11.8)	267††† (10.7)	305†† (11.2)	312### (13.3)	328### (13.5)	361### (11.4)	488### (17.0)	292 (8.7)	306 (8.4)	333 (7.3)	446 (11.7)
Sodium (mg)	223 (5.5)	227 (6.1)	243 (6.0)	316 (8.9)	225 (14.1)	231 (11.1)	238† (6.1)	232 (13.0)	245 (11.0)	272# (13.2)	364# (17.5)	229 (8.5)	238 (7.5)	261 (8.5)	349 (12.9)
Zinc (mg)	0.8 (0.03)	0.9 (0.03)	0.9** (0.03)	1.1 (0.05)	0.9 (0.06)	0.9 (0.05)	1.1 (0.05)	1.0## (0.05)	1.0### (0.03)	1.1### (0.04)	1.5### (0.07)	1.0 (0.04)	1.0 (0.02)	1.1 (0.03)	1.4 (0.05)
Other Dietary Components															
Cholesterol (mg)	14 (0.8)	11 (0.7)	11 (0.5)	12 (0.9)	16 (1.4)	13 (1.2)	12 (1.2)	16 (1.3)	13## (0.5)	15### (1.1)	19### (1.8)	15 (0.9)	13 (0.5)	13 (0.8)	17 (1.4)
Dietary fiber (g)	1 (0.1)	1 (0.1)	2* (0.1)	2 (0.1)	1 (0.1)	2 (0.1)	2 (0.1)	2# (0.1)	2## (0.1)	2# (0.1)	3## (0.1)	2 (0.1)	2 (0.1)	2 (0.1)	3 (0.1)
Dietary fiber (g/1,000 Calories)	8 (0.3)	8 (0.3)	9* (0.3)	9 (0.3)	8 (0.6)	9 (0.5)	9 (0.2)	9 (0.3)	9 (0.4)	9 (0.3)	9 (0.4)	8 (0.2)	9 (0.3)	9 (0.2)	9 (0.3)
Total sugar (g)	16 (0.5)	16 (0.5)	17 (0.4)	22 (0.7)	15 (1.0)	16 (0.7)	18 (0.5)	17 (0.7)	18 (0.8)	18 (0.5)	25## (0.8)	17 (0.5)	17 (0.5)	18 (0.4)	24 (0.6)

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Mean Amount (SE)														
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Mean Percentage of Calories from:															
Total fat	30.4 (0.80)	27.1 (0.58)	26.4 (0.48)	26.3 (0.55)	32.3 (1.22)	28.1 (1.17)	25.1† (0.63)	31.1 (0.99)	27.1 (0.85)	27.4 (0.68)	28.1 (0.87)	30.9 (0.68)	27.1 (0.57)	26.9 (0.48)	27.6 (0.64)
Saturated fat	11.3 (0.44)	9.1 (0.29)	8.5 (0.22)	8.2 (0.25)	12.5 (0.72)	9.5 (0.51)	8.4††† (0.29)	12.3 (0.52)	9.5 (0.26)	10.0### (0.23)	10.1## (0.50)	12.0 (0.35)	9.4 (0.20)	9.4 (0.15)	9.5 (0.35)
Monounsaturated fat	9.1 (0.26)	8.5 (0.21)	8.4* (0.17)	8.5 (0.21)	9.7 (0.55)	8.8 (0.56)	7.7† (0.27)	9.0 (0.36)	8.6 (0.35)	8.6 (0.29)	8.8 (0.36)	9.1 (0.22)	8.6 (0.22)	8.4 (0.20)	8.7 (0.26)
Polyunsaturated fat	7.2 (0.19)	7.4 (0.19)	7.5 (0.17)	7.7 (0.26)	7.1 (0.37)	7.6 (0.28)	7.1 (0.30)	7.1 (0.39)	7.0 (0.33)	6.9 (0.28)	7.1 (0.30)	7.1 (0.27)	7.1 (0.22)	7.1 (0.20)	7.3 (0.23)
Linoleic acid	6.3 (0.17)	6.6 (0.17)	6.7 (0.15)	6.9 (0.24)	6.2 (0.35)	6.7 (0.25)	6.3 (0.27)	6.2 (0.36)	6.3 (0.32)	6.1# (0.25)	6.4 (0.27)	6.3 (0.24)	6.4 (0.21)	6.3 (0.18)	6.5 (0.21)
Alpha-linolenic acid	0.8 (0.03)	0.7 (0.02)	0.7 (0.02)	0.7 (0.03)	0.9† (0.03)	0.8††† (0.04)	0.7 (0.04)	0.8 (0.03)	0.6## (0.02)	0.6 (0.03)	0.7 (0.04)	0.8 (0.03)	0.7 (0.02)	0.7 (0.02)	0.7 (0.02)
Carbohydrate	60.1 (1.12)	62.2 (0.84)	63.2 (0.68)	64.2 (0.90)	57.4 (1.64)	61.5 (1.38)	63.6†† (0.81)	58.0 (1.20)	60.8 (0.76)	59.9### (0.66)	59.8## (0.97)	58.6 (0.89)	61.3 (0.57)	61.2 (0.48)	61.1 (0.70)
Added sugar	9.2 (0.51)	9.2 (0.44)	9.2 (0.34)	9.3 (0.41)	9.1† (0.70)	10.0†† (0.57)	10.2††† (0.42)	7.1## (0.48)	7.9# (0.45)	7.1### (0.39)	7.1### (0.36)	7.8 (0.36)	8.4 (0.34)	8.0 (0.29)	7.8 (0.29)
Protein	11.4 (0.39)	12.6 (0.43)	12.3 (0.41)	11.6 (0.57)	12.1 (0.57)	12.6†† (0.51)	13.6† (0.48)	13.0## (0.51)	14.5## (0.38)	15.0### (0.36)	14.5### (0.42)	12.5 (0.38)	13.8 (0.29)	14.1 (0.29)	13.6 (0.35)
Number of Afternoon Snacks	740	893	1,026	619	202	257	809	483	628	770	486	1,425	1,778	2,605	1,105
Number of Early Child Care Programs	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SE= Standard error.

Table D.1.7 Mean Nutrient Content of CACFP Afternoon Snacks Served in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Mean Amount (SE)					
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Calories (kcal)	200 (7.1)	265 (5.9)	201^ (9.7)	272 (11.7)	201 (7.6)	271 (9.5)
Macronutrients						
Total fat (g)	6 (0.4)	8 (0.3)	6^ (0.4)	8 (0.4)	6 (0.3)	8 (0.4)
Saturated fat (g)	2 (0.1)	2 (0.1)	2^ (0.1)	2 (0.2)	2 (0.1)	2 (0.1)
Monounsaturated fat (g)	2 (0.1)	2 (0.2)	2^ (0.2)	3 (0.2)	2 (0.1)	3 (0.1)
Polyunsaturated fat (g)	2 (0.1)	2 (0.1)	2^ (0.1)	2 (0.1)	2 (0.1)	2 (0.1)
Linoleic acid (g)	1 (0.1)	2 (0.1)	1^ (0.1)	2 (0.1)	1 (0.1)	2 (0.1)
Alpha-linolenic acid (g)	0.2 (0.01)	0.2 (0.01)	0.1^ (0.02)	0.2 (0.02)	0.1 (0.01)	0.2 (0.01)
Carbohydrate (g)	32 (1.4)	43 (1.2)	33^ (1.9)	45 (2.1)	33 (1.4)	44 (1.6)
Protein (g)	6 (0.2)	8 (0.4)	6^ (0.4)	7 (0.6)	6 (0.3)	8 (0.4)
Vitamins						
Vitamin A (mcg RAE)	94 (7.7)	133 (9.0)	80^ (10.6)	106 (14.9)	83 (7.6)	112 (12.0)
Vitamin C (mg)	13 (2.0)	17 (1.8)	14^ (2.9)	21 (2.5)	14 (2.2)	20 (1.9)
Vitamin D (mcg)	1.1 (0.09)	1.4 (0.13)	1.0^ (0.18)	1.2 (0.18)	1.0 (0.14)	1.2 (0.15)
Vitamin E (mg AT)	0.6 (0.06)	0.8 (0.04)	0.7^ (0.09)	0.9 (0.09)	0.7 (0.07)	0.9 (0.07)
Vitamin B ₆ (mg)	0.1 (0.01)	0.2 (0.01)	0.2^ (0.01)	0.2 (0.01)	0.2 (0.01)	0.2 (0.01)
Vitamin B ₁₂ (mcg)	0.6 (0.03)	0.7 (0.05)	0.5^ (0.09)	0.6 (0.08)	0.5 (0.07)	0.6 (0.06)

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Mean Amount (SE)					
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Folate (mcg DFE)	46 (4.1)	74 (6.6)	56^ (4.6)	70 (3.5)	54 (4.1)	71 (3.1)
Niacin (mg)	1.4 (0.06)	2.2 (0.10)	1.6^ (0.12)	2.0 (0.10)	1.5 (0.09)	2.1 (0.07)
Riboflavin (mg)	0.3 (0.01)	0.4 (0.02)	0.3^ (0.02)	0.3 (0.03)	0.3 (0.02)	0.3 (0.02)
Thiamin (mg)	0.1 (0.01)	0.2 (0.01)	0.1^ (0.01)	0.2 (0.01)	0.1 (0.01)	0.2 (0.01)
Minerals						
Calcium (mg)	176 (8.2)	230 (14.8)	158^ (13.8)	197 (20.6)	161 (10.1)	204 (16.3)
Iron (mg)	1.2 (0.08)	1.9 (0.12)	1.4^ (0.11)	1.8 (0.09)	1.3 (0.08)	1.8 (0.06)
Magnesium (mg)	29 (0.4)	40 (1.0)	28^ (1.7)	37 (1.8)	29 (1.4)	38 (1.5)
Phosphorus (mg)	166 (6.3)	218 (11.6)	150^ (10.6)	195 (14.7)	153 (7.9)	199 (11.6)
Potassium (mg)	294 (8.0)	401 (12.6)	286^ (13.7)	383 (16.7)	287 (10.7)	386 (13.4)
Sodium (mg)	233 (8.9)	316 (15.5)	218^ (17.8)	307 (25.2)	221 (14.8)	309 (20.7)
Zinc (mg)	1.0 (0.04)	1.4^ (0.07)	1.0^ (0.07)	1.2 (0.07)	1.0 (0.06)	1.3 (0.05)
Other Dietary Components						
Cholesterol (mg)	9 (0.5)	12 (0.6)	8^ (1.4)	11 (1.6)	9 (1.1)	11 (1.3)
Dietary fiber (g)	2 (0.1)	2 (0.1)	2^ (0.2)	2 (0.2)	2 (0.2)	2 (0.2)
Dietary fiber (g/1,000 Calories)	9 (0.8)	10 (0.6)	9^ (0.6)	9 (0.7)	9 (0.6)	9 (0.7)
Total sugar (g)	18 (1.2)	24 (1.0)	19^ (1.1)	25 (1.2)	19 (0.8)	25 (1.0)

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Mean Amount (SE)					
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Mean Percentage of Calories from:						
Total fat	25.6 (1.19)	24.7 (0.92)	24.6^ (1.23)	24.6 (0.70)	24.8 (1.03)	24.6 (0.61)
Saturated fat	8.2 (0.38)	8.1 (0.34)	7.5^ (0.43)	7.5 (0.34)	7.7 (0.33)	7.6 (0.26)
Monounsaturated fat	8.3 (0.47)	7.7 (0.44)	7.9^ (0.50)	8.0 (0.31)	8.0 (0.42)	8.0 (0.26)
Polyunsaturated fat	7.2 (0.46)	7.0 (0.27)	7.3^ (0.61)	7.3 (0.37)	7.3 (0.48)	7.2 (0.30)
Linoleic acid	6.5 (0.41)	6.3 (0.24)	6.5^ (0.55)	6.6 (0.35)	6.5 (0.43)	6.5 (0.28)
Alpha-linolenic acid	0.7 (0.05)	0.6 (0.03)	0.7^ (0.07)	0.6 (0.03)	0.7 (0.05)	0.6 (0.03)
Carbohydrate	63.6 (1.57)	64.9 (1.26)	65.4^ (1.55)	66.3 (1.11)	65.1 (1.22)	66.0 (0.81)
Added sugar	10.2 (0.97)	10.3 (0.60)	11.2^ (0.54)	10.7 (0.91)	11.0 (0.47)	10.6 (0.74)
Protein	13.2 (0.70)	12.9 (0.56)	12.1^ (1.18)	11.3 (0.89)	12.3 (0.91)	11.6 (0.67)
Number of Afternoon Snacks	317	573	162	258	479	831
Number of Before and After School Programs	65	120	35	58	100	178

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SE = Standard error.

Table D.1.8 Mean and Distribution of Calories and Nutrients in CACFP Breakfasts Served in Child Care Centers (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	262	40.2	210	220	238	256	280	311	334	239	35.5	187	196	211	235	257	283	301
Macronutrients																		
Total fat (g)	9	2.5	4	6	7	9	10	12	13	6	2.3	3	3	4	5	8	9	10
Saturated fat (g)	4	1.1	2	3	3	4	5	5	6	2	1.0	1	1	2	2	3	4	4
Monounsaturated fat (g)	3	0.9	1	2	2	2	3	4	4	2	0.9	1	1	1	2	2	3	4
Polyunsaturated fat (g)	1	0.5	1	1	1	1	2	2	2	1	0.5	0	1	1	1	1	2	2
Linoleic acid (g)	1	0.4	0	1	1	1	1	2	2	1	0.4	0	0	1	1	1	2	2
Alpha-linolenic acid (g)	0.2	0.07	0.1	0.1	0.2	0.2	0.2	0.3	0.3	0.1	0.06	0.0	0.0	0.1	0.1	0.2	0.2	0.2
Carbohydrate (g)	39	6.2	29	32	35	38	42	45	49	39	5.9	29	32	35	38	42	45	49
Protein (g)	9	1.5	8	8	8	8	9	11	11	9	1.4	8	8	8	9	10	11	12
Vitamins																		
Vitamin A (mcg RAE)	184	48.0	113	128	152	181	211	241	263	201	42.6	136	150	172	196	226	254	276
Vitamin C (mg)	12	7.1	3	4	7	12	16	23	24	13	7.3	4	4	7	12	16	23	26
Vitamin D (mcg)	2.6	0.37	2.2	2.3	2.4	2.5	2.7	2.8	3.0	2.5	0.30	2.1	2.2	2.3	2.4	2.6	2.8	2.9
Vitamin E (mg AT)	0.8	0.51	0.3	0.4	0.5	0.6	0.9	1.6	1.7	0.8	0.54	0.2	0.3	0.4	0.6	0.9	1.5	1.8
Vitamin B ₆ (mg)	0.4	0.12	0.2	0.2	0.3	0.4	0.4	0.5	0.6	0.4	0.12	0.2	0.3	0.3	0.4	0.4	0.5	0.6
Vitamin B ₁₂ (mcg)	1.4	0.38	0.9	1.0	1.2	1.3	1.6	1.8	2.1	1.5	0.36	1.0	1.1	1.2	1.4	1.6	1.8	2.2
Folate (mcg DFE)	122	56.3	47	60	88	113	143	194	231	124	56.4	53	64	88	115	143	198	231
Niacin (mg)	3.1	1.07	1.8	2.1	2.5	3.0	3.5	4.4	4.9	3.2	1.05	1.8	2.1	2.5	3.0	3.5	4.4	4.8
Riboflavin (mg)	0.5	0.11	0.4	0.4	0.4	0.5	0.6	0.7	0.7	0.5	0.10	0.4	0.4	0.5	0.5	0.6	0.7	0.7
Thiamin (mg)	0.3	0.09	0.2	0.2	0.3	0.3	0.4	0.4	0.5	0.3	0.09	0.2	0.2	0.2	0.3	0.3	0.4	0.5
Minerals																		
Calcium (mg)	263	42.8	221	227	240	256	279	303	322	278	37.2	233	240	254	274	294	322	343
Iron (mg)	3.2	1.18	1.3	1.9	2.4	3.0	3.8	4.8	5.4	3.2	1.19	1.6	2.0	2.4	3.1	3.8	4.9	5.4
Magnesium (mg)	39	6.1	32	33	36	39	42	45	48	41	5.9	33	35	38	40	44	47	52
Phosphorus (mg)	238	37.5	198	201	215	234	256	282	296	255	32.9	212	218	230	252	272	300	315
Potassium (mg)	412	50.3	359	371	389	407	429	454	480	439	43.1	370	394	416	437	454	481	506
Sodium (mg)	272	74.8	192	198	212	253	311	367	420	274	72.0	193	200	215	255	314	369	427
Zinc (mg)	2.0	0.84	1.0	1.1	1.5	1.9	2.3	2.9	3.5	2.1	0.83	1.1	1.2	1.6	1.9	2.4	3.0	3.5
Other Dietary Components																		
Cholesterol (mg)	27	16.1	11	15	18	21	27	51	59	21	16.4	6	8	10	15	21	45	56

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	2	0.5	1	2	2	2	3	3	3	2	0.5	1	2	2	2	3	3	3
Dietary fiber (g/1,000 Calories)	9	2.6	6	7	8	9	10	12	13	10	2.6	6	7	8	10	12	13	14
Total sugar (g)	23	4.8	16	17	19	23	26	29	31	23	4.7	16	17	20	23	26	29	31
Percentage of Calories From																		
Total fat	28.9	5.86	15.4	20.0	27.1	29.7	32.5	35.5	36.9	20.5	6.16	11.5	13.3	15.8	19.4	25.5	28.5	29.6
Saturated fat	13.4	3.02	6.6	8.7	12.8	14.0	15.1	16.5	17.2	8.5	3.12	3.3	5.0	6.6	7.6	10.3	13.4	14.4
Monounsaturated fat	8.4	2.02	4.6	6.1	7.2	8.1	9.4	11.1	11.9	6.5	2.26	3.3	3.8	4.7	6.3	8.0	9.5	10.7
Polyunsaturated fat	4.2	1.25	2.1	2.7	3.3	4.1	4.9	5.9	6.3	3.9	1.43	1.8	2.1	2.7	3.6	4.8	5.9	6.2
Linoleic acid	3.5	1.10	1.9	2.1	2.7	3.4	4.3	5.0	5.4	3.4	1.27	1.6	1.9	2.5	3.2	4.3	5.2	5.6
Alpha-linolenic acid	0.7	0.19	0.2	0.4	0.6	0.7	0.8	0.9	0.9	0.4	0.18	0.1	0.2	0.2	0.4	0.5	0.6	0.7
Carbohydrate	59.8	6.43	49.7	52.4	55.6	59.8	62.5	67.8	70.4	66.5	6.49	56.1	57.8	61.5	67.6	70.8	74.5	75.9
Added sugar	9.1	4.16	2.7	4.0	5.9	9.3	11.5	14.1	16.5	10.2	4.62	3.2	4.5	6.7	10.2	13.0	15.5	18.9
Protein	13.8	1.90	11.1	11.5	12.6	13.7	14.9	16.0	16.9	15.9	2.17	12.6	13.2	14.3	15.7	17.1	18.5	19.8
Number of Breakfasts	734									875								
Number of Child Care Centers	148									177								

Notes at the end of panel II.

Table D.1.8 Mean and Distribution of Calories and Nutrients in CACFP Breakfasts Served in Child Care Centers (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	307	50.3	236	251	271	303	335	369	400	310	51.7	232	251	277	306	339	375	388
Macronutrients																		
Total fat (g)	7	3.3	3	4	5	6	10	12	13	7	3.0	4	4	5	6	9	12	13
Saturated fat (g)	3	1.5	1	2	2	2	4	5	6	3	1.3	1	2	2	2	4	5	6
Monounsaturated fat (g)	2	1.3	1	1	2	2	3	4	5	2	1.2	1	1	2	2	3	4	5
Polyunsaturated fat (g)	1	0.7	1	1	1	1	2	2	3	1	0.7	1	1	1	1	2	3	3
Linoleic acid (g)	1	0.6	1	1	1	1	2	2	2	1	0.6	1	1	1	1	2	2	2
Alpha-linolenic acid (g)	0.1	0.07	0.0	0.1	0.1	0.1	0.2	0.2	0.3	0.1	0.07	0.0	0.1	0.1	0.1	0.2	0.2	0.3
Carbohydrate (g)	51	7.8	40	42	46	50	55	60	64	52	9.0	39	43	47	52	57	62	67
Protein (g)	11	2.0	9	10	10	11	12	14	15	11	1.8	9	10	10	11	12	13	15
Vitamins																		
Vitamin A (mcg RAE)	248	53.3	170	184	215	240	279	318	345	255	66.4	144	176	217	251	295	333	362
Vitamin C (mg)	18	10.2	5	6	11	17	23	31	34	17	11.5	4	5	9	16	22	32	34
Vitamin D (mcg)	2.9	0.34	2.5	2.5	2.7	2.8	3.0	3.2	3.4	2.9	0.45	2.3	2.5	2.7	2.9	3.1	3.4	3.5
Vitamin E (mg AT)	1.0	0.69	0.3	0.4	0.6	0.8	1.2	1.9	2.3	1.0	0.64	0.3	0.4	0.5	0.8	1.2	2.0	2.3
Vitamin B ₆ (mg)	0.5	0.15	0.3	0.3	0.4	0.4	0.5	0.7	0.7	0.5	0.17	0.2	0.3	0.4	0.5	0.6	0.7	0.7
Vitamin B ₁₂ (mcg)	1.7	0.44	1.2	1.3	1.5	1.7	1.9	2.2	2.7	1.8	0.51	1.0	1.2	1.5	1.7	2.1	2.3	2.7
Folate (mcg DFE)	151	67.0	69	82	108	141	176	242	279	161	81.1	63	78	111	144	188	250	332
Niacin (mg)	4.0	1.26	2.2	2.6	3.2	3.8	4.4	5.5	5.9	4.2	1.50	1.9	2.5	3.3	4.1	4.9	6.0	6.2
Riboflavin (mg)	0.7	0.12	0.5	0.5	0.6	0.6	0.7	0.8	0.9	0.7	0.15	0.5	0.5	0.6	0.6	0.7	0.9	0.9
Thiamin (mg)	0.4	0.10	0.2	0.3	0.3	0.4	0.4	0.5	0.6	0.4	0.12	0.2	0.3	0.3	0.4	0.4	0.5	0.6
Minerals																		
Calcium (mg)	337	45.6	282	289	306	331	356	390	420	336	55.8	271	289	302	337	363	388	431
Iron (mg)	4.0	1.36	2.2	2.5	3.1	3.8	4.7	5.8	6.6	4.2	1.63	1.6	2.3	3.2	4.1	5.0	6.1	6.9
Magnesium (mg)	52	8.0	41	43	47	51	56	61	65	52	9.4	39	43	47	50	56	60	64
Phosphorus (mg)	314	43.0	259	267	280	310	334	366	398	313	47.3	253	262	283	313	340	363	391
Potassium (mg)	555	54.4	486	500	520	551	579	619	666	550	69.8	480	492	513	548	575	613	681
Sodium (mg)	347	94.9	235	249	273	326	397	476	529	348	86.7	237	255	273	331	404	473	512
Zinc (mg)	2.5	0.99	1.3	1.5	1.9	2.3	2.8	3.6	4.3	2.6	1.19	1.3	1.4	1.7	2.4	2.9	3.8	4.6
Other Dietary Components																		
Cholesterol (mg)	26	23.2	8	9	13	17	31	54	70	22	18.2	5	9	12	15	23	49	59

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	3	0.7	2	2	3	3	4	4	4	3	0.8	2	2	3	3	3	4	4
Dietary fiber (g/1,000 Calories)	11	2.6	7	8	9	11	12	14	15	11	2.8	6	7	8	10	12	14	15
Total sugar (g)	30	6.2	21	23	25	30	34	38	40	31	7.0	21	22	26	31	34	39	41
Percentage of Calories From																		
Total fat	19.6	5.98	11.2	13.0	15.6	18.6	23.8	27.7	29.7	19.0	5.80	11.9	12.6	15.0	18.1	22.1	27.1	29.7
Saturated fat	7.8	2.87	3.3	4.8	6.2	7.1	9.3	11.4	13.3	7.4	2.78	3.4	4.2	5.8	6.8	8.8	10.5	11.7
Monounsaturated fat	6.4	2.37	3.2	3.6	4.7	6.0	7.9	9.6	10.7	6.2	2.28	3.2	3.6	4.7	5.8	7.6	9.4	10.2
Polyunsaturated fat	3.9	1.50	1.8	2.1	2.8	3.7	4.8	6.0	6.5	4.0	1.82	1.9	2.1	2.7	3.7	4.8	6.0	6.5
Linoleic acid	3.5	1.34	1.6	1.9	2.5	3.3	4.3	5.3	5.8	3.6	1.64	1.6	1.9	2.5	3.3	4.3	5.3	5.8
Alpha-linolenic acid	0.4	0.16	0.2	0.2	0.2	0.3	0.5	0.6	0.6	0.4	0.18	0.1	0.2	0.2	0.3	0.5	0.6	0.6
Carbohydrate	68.2	6.75	56.0	59.1	63.4	69.4	72.6	75.8	77.8	69.1	6.20	57.4	59.1	65.5	70.0	73.2	75.6	78.2
Added sugar	10.7	4.89	3.4	4.7	6.9	10.8	13.6	16.7	19.7	11.3	5.17	3.3	5.2	7.2	11.1	14.1	17.9	21.5
Protein	15.3	1.95	12.5	13.0	13.9	15.2	16.5	17.7	18.8	14.9	2.05	12.1	12.7	13.6	14.7	16.2	17.4	18.4
Number of Breakfasts	983									504								
Number of Child Care Centers	199									107								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Child Care Centers participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; DFE = dietary folate equivalents; CACFP= Child and Adult Care Food Program; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.9 Mean and Distribution of Calories and Nutrients in CACFP Lunches Served in Child Care Centers (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	401	57.6	329	341	365	399	430	449	477	377	49.1	306	322	339	377	407	440	454
Macronutrients																		
Total fat (g)	16	3.6	11	12	14	16	18	20	22	14	3.3	9	10	11	13	16	18	19
Saturated fat (g)	7	1.6	4	5	6	7	7	8	9	5	1.6	3	3	4	5	6	7	8
Monounsaturated fat (g)	5	1.4	3	4	4	5	6	6	7	4	1.1	3	3	4	4	5	6	6
Polyunsaturated fat (g)	3	1.0	2	2	2	3	4	4	5	3	1.0	2	2	2	3	4	4	5
Linoleic acid (g)	3	0.9	1	2	2	3	3	4	4	3	0.9	1	2	2	3	3	4	4
Alpha-linolenic acid (g)	0.4	0.12	0.2	0.2	0.3	0.3	0.4	0.5	0.5	0.3	0.11	0.1	0.2	0.2	0.3	0.4	0.4	0.5
Carbohydrate (g)	46	7.5	35	38	41	45	50	52	54	46	6.7	35	38	41	46	51	54	57
Protein (g)	19	2.5	15	16	18	19	21	22	23	19	2.4	16	17	18	19	21	22	23
Vitamins																		
Vitamin A (mcg RAE)	205	62.2	116	125	157	200	243	281	316	220	63.4	126	141	173	218	256	306	329
Vitamin C (mg)	13	6.0	5	5	8	12	16	22	25	13	6.0	5	5	8	12	16	22	25
Vitamin D (mcg)	2.4	0.37	2.0	2.1	2.2	2.3	2.5	2.7	2.8	2.3	0.42	1.8	2.0	2.1	2.2	2.4	2.5	2.7
Vitamin E (mg AT)	1.5	0.48	0.9	1.0	1.2	1.4	1.7	2.1	2.4	1.4	0.47	0.8	0.9	1.1	1.3	1.7	2.1	2.3
Vitamin B ₆ (mg)	0.4	0.08	0.3	0.3	0.3	0.4	0.4	0.5	0.5	0.4	0.08	0.3	0.3	0.3	0.4	0.4	0.5	0.5
Vitamin B ₁₂ (mcg)	1.2	0.23	0.9	1.0	1.1	1.2	1.4	1.5	1.6	1.2	0.21	1.0	1.0	1.1	1.2	1.4	1.5	1.6
Folate (mcg DFE)	77	16.7	52	55	66	75	87	96	102	76	16.0	52	54	65	76	87	96	101
Niacin (mg)	4.5	0.92	3.3	3.5	4.0	4.5	5.0	5.3	5.8	4.5	0.77	3.3	3.5	3.9	4.5	5.0	5.4	5.8
Riboflavin (mg)	0.5	0.05	0.4	0.5	0.5	0.5	0.5	0.5	0.6	0.5	0.05	0.5	0.5	0.5	0.5	0.5	0.6	0.6
Thiamin (mg)	0.3	0.06	0.2	0.3	0.3	0.3	0.4	0.4	0.4	0.3	0.06	0.2	0.2	0.3	0.3	0.3	0.4	0.4
Minerals																		
Calcium (mg)	309	58.3	237	248	273	304	333	380	394	326	60.8	254	265	287	318	352	392	412
Iron (mg)	2.3	0.43	1.7	1.8	2.0	2.2	2.5	2.7	3.0	2.3	0.38	1.7	1.8	2.0	2.2	2.5	2.7	2.9
Magnesium (mg)	60	7.6	49	51	55	59	64	69	72	61	7.9	50	51	56	60	66	71	74
Phosphorus (mg)	345	43.0	282	293	320	344	366	388	401	362	58.2	305	311	333	359	383	402	416
Potassium (mg)	630	53.6	550	567	601	625	663	694	714	652	56.2	563	586	614	649	692	723	736
Sodium (mg)	719	111.4	577	589	644	704	774	837	871	723	113.0	577	596	652	706	782	834	876
Zinc (mg)	2.4	0.51	1.7	1.8	2.0	2.3	2.7	3.0	3.3	2.5	0.49	1.8	1.9	2.1	2.4	2.7	3.0	3.4
Other Dietary Components																		
Cholesterol (mg)	53	17.1	37	40	45	52	58	65	71	47	16.9	30	33	38	45	53	59	67

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	4	0.9	3	3	4	4	5	5	6	4	0.8	3	3	4	4	5	5	6
Dietary fiber (g/1,000 Calories)	11	1.9	8	8	9	10	12	13	14	11	2.1	8	9	10	11	13	14	15
Total sugar (g)	22	4.0	15	17	20	22	26	27	28	23	4.4	15	16	20	22	26	28	29
Percentage of Calories From																		
Total fat	36.1	4.31	28.3	30.6	33.6	36.1	38.9	41.1	42.5	31.4	4.67	23.8	26.1	27.7	31.5	34.8	37.1	39.9
Saturated fat	14.4	2.34	9.4	11.5	13.3	14.6	15.6	17.2	17.7	11.6	2.55	8.0	8.6	9.9	11.3	12.9	15.1	15.6
Monounsaturated fat	11.0	1.62	8.4	8.8	9.9	10.9	12.0	12.9	14.0	10.0	1.76	7.3	7.7	8.6	10.0	11.1	12.0	13.3
Polyunsaturated fat	6.8	1.85	4.1	4.6	5.5	6.5	7.7	9.3	9.7	6.8	1.94	4.0	4.7	5.4	6.5	7.8	9.6	10.1
Linoleic acid	5.8	1.67	3.4	3.9	4.7	5.6	6.7	8.1	8.6	6.0	1.75	3.4	4.1	4.7	5.7	7.0	8.5	9.0
Alpha-linolenic acid	0.8	0.24	0.4	0.5	0.7	0.8	0.9	1.1	1.2	0.7	0.23	0.4	0.4	0.5	0.7	0.8	1.0	1.0
Carbohydrate	45.9	4.26	39.0	40.6	43.1	45.8	48.6	50.5	52.4	49.2	4.61	42.2	43.6	46.4	48.9	52.2	55.5	56.8
Added sugar	5.1	2.38	1.3	1.9	3.3	5.0	6.7	8.0	9.1	5.5	2.75	1.0	2.1	3.4	5.2	7.1	8.8	10.2
Protein	19.5	2.75	15.2	16.5	17.9	19.1	20.7	23.4	24.9	21.1	3.03	16.6	17.5	18.9	20.9	22.7	24.7	26.4
Number of Lunches	767									914								
Number of Child Care Centers	156									185								

Notes at the end of panel II.

Table D.1.9 Mean and Distribution of Calories and Nutrients in CACFP Lunches Served in Child Care Centers (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	483	62.0	391	411	441	482	517	559	588	602	99.9	475	505	552	595	655	703	759
Macronutrients																		
Total fat (g)	17	3.9	11	12	14	17	20	22	24	20	5.2	13	14	16	20	24	26	28
Saturated fat (g)	6	1.7	4	4	5	6	7	8	9	7	2.3	4	4	6	7	9	10	11
Monounsaturated fat (g)	6	1.4	4	4	4	5	6	7	8	7	1.9	4	4	5	7	8	9	10
Polyunsaturated fat (g)	4	1.3	2	2	3	4	5	5	6	4	1.4	2	3	3	4	5	6	6
Linoleic acid (g)	3	1.1	2	2	3	3	4	5	5	4	1.3	2	2	3	4	5	5	6
Alpha-linolenic acid (g)	0.4	0.14	0.2	0.2	0.3	0.3	0.4	0.5	0.6	0.4	0.15	0.2	0.2	0.3	0.4	0.5	0.6	0.7
Carbohydrate (g)	59	8.7	45	48	53	58	65	70	74	78	15.2	56	63	70	78	87	94	97
Protein (g)	25	3.1	20	22	23	25	27	29	30	31	4.9	24	25	28	30	33	35	37
Vitamins																		
Vitamin A (mcg RAE)	274	74.1	167	181	216	271	325	365	405	361	127.5	165	212	265	345	439	507	546
Vitamin C (mg)	17	7.8	6	7	11	16	22	28	32	25	13.0	8	9	14	23	32	46	48
Vitamin D (mcg)	2.8	0.40	2.3	2.5	2.6	2.7	2.9	3.1	3.4	3.3	0.66	2.7	2.9	3.1	3.3	3.5	3.8	3.9
Vitamin E (mg AT)	1.8	0.58	1.1	1.2	1.4	1.7	2.2	2.6	2.9	2.2	0.74	1.1	1.4	1.8	2.1	2.6	3.2	3.5
Vitamin B ₆ (mg)	0.5	0.10	0.4	0.4	0.4	0.5	0.5	0.6	0.7	0.6	0.17	0.4	0.5	0.5	0.6	0.7	0.8	0.9
Vitamin B ₁₂ (mcg)	1.6	0.27	1.2	1.3	1.4	1.6	1.8	1.9	2.0	1.9	0.44	1.3	1.5	1.7	1.9	2.2	2.4	2.5
Folate (mcg DFE)	99	21.1	66	71	84	98	114	126	132	121	29.1	80	88	102	118	141	154	160
Niacin (mg)	5.9	0.98	4.4	4.7	5.2	5.9	6.5	7.1	7.6	7.4	1.62	5.3	5.5	6.4	7.5	8.2	9.2	9.8
Riboflavin (mg)	0.7	0.06	0.6	0.6	0.6	0.7	0.7	0.7	0.7	0.8	0.11	0.7	0.7	0.8	0.8	0.8	0.9	0.9
Thiamin (mg)	0.4	0.08	0.3	0.3	0.3	0.4	0.4	0.5	0.5	0.5	0.10	0.3	0.4	0.4	0.5	0.5	0.6	0.6
Minerals																		
Calcium (mg)	412	70.3	314	335	366	403	445	501	526	499	108.9	371	392	446	496	548	621	638
Iron (mg)	2.9	0.49	2.3	2.3	2.6	2.9	3.3	3.6	3.8	3.7	0.79	2.7	2.9	3.2	3.7	4.1	4.5	4.9
Magnesium (mg)	79	9.9	64	65	73	77	85	90	94	100	15.1	76	84	94	99	108	116	123
Phosphorus (mg)	462	52.7	393	398	431	461	488	516	536	558	86.7	450	486	517	555	593	627	646
Potassium (mg)	829	69.7	723	745	783	833	874	906	924	1072	125.4	941	951	1016	1078	1136	1190	1259
Sodium (mg)	924	131.3	738	785	838	911	1000	1086	1117	1110	206.3	887	925	998	1086	1207	1307	1364
Zinc (mg)	3.2	0.62	2.3	2.5	2.7	3.1	3.5	3.9	4.4	3.9	0.92	2.8	2.9	3.2	3.9	4.4	4.8	5.4
Other Dietary Components																		
Cholesterol (mg)	60	21.1	40	43	50	58	68	77	87	72	33.7	42	47	56	66	80	96	106

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	5	1.1	4	4	5	5	6	7	7	7	1.7	4	5	6	7	8	9	10
Dietary fiber (g/1,000 Calories)	11	2.1	8	9	10	11	13	14	15	12	3.0	8	9	10	12	14	16	18
Total sugar (g)	28	5.6	19	20	25	28	32	35	37	40	10.1	26	28	34	41	47	52	55
Percentage of Calories From																		
Total fat	30.9	4.31	24.1	26.1	27.8	31.0	34.1	36.2	37.5	29.1	4.99	22.6	24.0	26.2	29.2	32.7	35.2	36.0
Saturated fat	11.1	2.16	7.8	8.6	9.7	11.1	12.3	14.0	14.9	10.5	2.40	6.3	7.7	9.0	10.6	11.5	13.8	14.5
Monounsaturated fat	9.9	1.66	7.4	7.9	8.8	9.9	11.0	12.0	12.5	9.5	1.98	6.9	7.6	8.3	9.5	10.6	11.7	12.6
Polyunsaturated fat	6.9	1.93	4.2	4.9	5.5	6.6	7.9	9.3	10.2	6.2	1.84	3.0	4.0	4.9	6.1	7.3	8.7	9.1
Linoleic acid	6.1	1.74	3.6	4.2	4.8	5.8	7.1	8.4	8.9	5.4	1.67	2.6	3.4	4.3	5.4	6.4	7.6	8.2
Alpha-linolenic acid	0.7	0.23	0.4	0.4	0.5	0.6	0.8	1.0	1.1	0.6	0.20	0.3	0.4	0.5	0.6	0.7	0.9	1.0
Carbohydrate	49.3	4.39	42.0	44.1	46.7	49.0	52.0	55.1	56.5	51.7	5.71	40.2	44.9	48.6	52.0	55.3	58.9	59.7
Added sugar	5.4	2.75	1.1	2.0	3.5	5.1	7.2	8.8	10.3	6.2	3.48	1.0	2.0	3.4	5.9	8.6	10.6	11.4
Protein	21.4	3.07	16.9	17.6	19.2	21.2	23.1	25.6	27.2	21.1	4.75	16.2	16.5	18.1	19.9	22.3	25.1	28.6
Number of Lunches	1,029									459								
Number of Child Care Centers	208									98								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Child Care Centers participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; DFE = dietary folate equivalents; CACFP= Child and Adult Care Food Program; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.10 Mean and Distribution of Calories and Nutrients in CACFP Suppers Served in Child Care Centers (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	368 ^a	41.7	282	285	320	386	398	403	406	361 ^a	56.6	250	259	318	370	386	401	416
Macronutrients																		
Total fat (g)	14 ^a	2.6	8	9	13	14	16	17	18	14 ^a	3.2	8	8	12	14	15	15	16
Saturated fat (g)	6 ^a	1.2	3	3	5	6	7	7	7	5 ^a	1.0	3	3	4	5	5	6	6
Monounsaturated fat (g)	5 ^a	1.0	3	3	4	5	6	6	6	5 ^a	1.3	3	3	4	5	5	6	6
Polyunsaturated fat (g)	2 ^a	0.9	1	1	1	2	3	3	3	3 ^a	1.1	1	1	2	3	3	3	4
Linoleic acid (g)	2 ^a	0.8	1	1	1	2	3	3	3	2 ^a	1.0	1	1	1	2	3	3	4
Alpha-linolenic acid (g)	0.3 ^a	0.09	0.1	0.1	0.2	0.3	0.3	0.4	0.4	0.3 ^a	0.12	0.1	0.1	0.2	0.3	0.3	0.4	0.4
Carbohydrate (g)	42 ^a	7.8	26	27	37	43	46	51	52	42 ^a	8.6	26	26	36	44	46	52	54
Protein (g)	19 ^a	2.4	16	16	16	19	20	21	22	19 ^a	2.1	16	16	16	19	21	21	21
Vitamins																		
Vitamin A (mcg RAE)	168 ^a	52.3	90	91	100	177	208	224	234	179 ^a	48.0	100	102	123	186	214	232	235
Vitamin C (mg)	14 ^a	8.7	3	4	6	12	20	28	30	16 ^a	8.6	5	6	9	12	21	27	31
Vitamin D (mcg)	2.4 ^a	0.27	2.1	2.1	2.2	2.2	2.4	2.6	2.6	2.3 ^a	0.34	2.0	2.0	2.1	2.2	2.4	2.6	3.0
Vitamin E (mg AT)	1.1 ^a	0.32	0.6	0.6	0.7	1.0	1.2	1.4	1.5	1.1 ^a	0.38	0.4	0.5	0.8	1.1	1.3	1.4	1.6
Vitamin B ₆ (mg)	0.4 ^a	0.07	0.3	0.3	0.3	0.3	0.4	0.5	0.5	0.4 ^a	0.06	0.3	0.3	0.3	0.3	0.4	0.5	0.5
Vitamin B ₁₂ (mcg)	1.3 ^a	0.25	0.9	0.9	1.1	1.2	1.4	1.6	1.7	1.3 ^a	0.26	0.9	0.9	1.0	1.2	1.4	1.6	1.7
Folate (mcg DFE)	68 ^a	17.5	32	40	54	64	83	89	90	69 ^a	14.5	41	47	57	64	78	86	89
Niacin (mg)	4.3 ^a	0.85	3.3	3.3	3.5	4.2	4.6	5.0	5.5	4.2 ^a	0.62	3.3	3.3	3.5	4.2	4.6	5.0	5.1
Riboflavin (mg)	0.5 ^a	0.04	0.4	0.4	0.5	0.5	0.5	0.5	0.5	0.5 ^a	0.04	0.5	0.5	0.5	0.5	0.5	0.6	0.6
Thiamin (mg)	0.3 ^a	0.06	0.2	0.3	0.3	0.3	0.3	0.4	0.4	0.3 ^a	0.06	0.2	0.2	0.3	0.3	0.3	0.4	0.4
Minerals																		
Calcium (mg)	302 ^a	74.7	242	242	243	280	336	348	353	315 ^a	71.5	243	245	268	282	336	356	389
Iron (mg)	2.2 ^a	0.26	1.8	1.8	1.9	2.2	2.4	2.5	2.5	2.1 ^a	0.37	1.3	1.5	1.8	2.1	2.5	2.6	2.6
Magnesium (mg)	58 ^a	6.1	51	52	54	55	60	65	68	59 ^a	6.1	52	53	54	56	60	69	71
Phosphorus (mg)	337 ^a	35.5	294	297	302	339	349	357	357	353 ^a	46.3	301	303	328	346	352	389	465
Potassium (mg)	633 ^a	56.1	525	538	581	630	673	709	710	660 ^a	67.0	566	570	612	658	708	715	739
Sodium (mg)	655 ^a	94.7	496	516	586	648	696	745	847	678 ^a	125.1	483	497	594	656	697	851	893
Zinc (mg)	2.5 ^a	0.64	1.6	1.7	1.8	2.3	2.8	3.5	3.5	2.5 ^a	0.68	1.6	1.7	1.9	2.2	2.9	3.5	3.6
Other Dietary Components																		
Cholesterol (mg)	48 ^a	11.0	28	29	37	52	55	62	63	43 ^a	11.1	28	28	31	43	48	57	60

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	4^	0.8	3	3	3	4	5	5	5	4^	0.8	3	3	3	4	5	5	5
Dietary fiber (g/1,000 Calories)	11^	2.0	7	7	8	11	12	13	13	11^	2.1	8	8	9	11	13	14	14
Total sugar (g)	20^	4.9	10	12	16	20	24	26	27	20^	4.8	10	11	16	20	23	26	26
Percentage of Calories From																		
Total fat	35.1^	5.11	25.3	25.5	30.4	36.3	39.0	39.3	39.9	33.1^	4.27	25.3	25.8	29.7	32.3	34.8	38.8	39.2
Saturated fat	13.9^	2.69	9.4	9.6	11.9	13.1	15.8	16.2	17.4	12.0^	1.80	9.0	9.2	10.0	11.9	12.7	13.2	14.5
Monounsaturated fat	11.5^	2.16	8.1	8.1	9.3	11.3	13.4	13.9	14.4	11.4^	2.06	8.1	8.3	9.6	11.0	12.6	13.8	15.0
Polyunsaturated fat	5.7^	1.99	2.4	2.9	3.9	4.9	7.6	8.2	8.4	6.2^	2.15	1.7	2.7	4.3	5.6	7.8	8.7	9.2
Linoleic acid	4.9^	1.79	1.8	2.4	3.2	4.3	6.8	7.1	7.2	5.4^	1.92	1.5	2.4	3.8	4.8	6.8	7.6	8.3
Alpha-linolenic acid	0.7^	0.20	0.4	0.4	0.5	0.6	0.9	1.0	1.0	0.6^	0.24	0.2	0.2	0.4	0.7	0.8	1.0	1.0
Carbohydrate	45.5^	5.59	33.6	34.9	41.2	44.6	50.2	51.4	52.0	47.0^	5.20	33.5	36.3	44.3	46.5	49.9	52.3	53.8
Added sugar	4.0^	2.61	1.0	1.1	1.5	3.4	5.6	7.5	8.2	3.7^	2.46	1.0	1.0	1.4	2.8	5.1	7.0	7.6
Protein	20.8^	3.10	16.2	16.7	18.8	19.5	21.6	25.0	26.3	21.4^	3.34	16.9	17.2	18.2	20.6	23.2	26.2	27.2
Number of Suppers	64									66								
Number of Child Care Centers	14									14								

Notes at the end of panel II.

Table D.1.10 Mean and Distribution of Calories and Nutrients in CACFP Suppers Served in Child Care Centers (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	459 ^a	68.2	325	334	412	471	484	505	513	569 ^a	93.0	369	414	482	582	623	633	643
Macronutrients																		
Total fat (g)	17 ^a	4.0	10	10	13	17	18	19	20	19 ^a	4.3	13	13	16	20	21	22	23
Saturated fat (g)	6 ^a	1.3	4	4	5	6	7	7	7	7 ^a	1.3	5	5	5	6	7	8	8
Monounsaturated fat (g)	6 ^a	1.7	3	3	4	6	7	7	7	6 ^a	2.0	4	4	5	6	7	8	9
Polyunsaturated fat (g)	3 ^a	1.5	1	1	2	3	4	5	6	4 ^a	1.4	2	2	3	4	5	6	6
Linoleic acid (g)	3 ^a	1.4	1	1	2	2	3	5	5	4 ^a	1.3	2	2	3	3	4	5	5
Alpha-linolenic acid (g)	0.3 ^a	0.16	0.1	0.1	0.2	0.3	0.4	0.5	0.6	0.4 ^a	0.14	0.1	0.2	0.3	0.4	0.5	0.5	0.6
Carbohydrate (g)	55 ^a	10.6	33	34	46	57	63	65	68	73 ^a	17.5	41	42	58	75	88	91	93
Protein (g)	24 ^a	2.7	20	21	22	25	27	27	28	29 ^a	3.5	23	24	26	28	33	33	34
Vitamins																		
Vitamin A (mcg RAE)	228 ^a	63.8	134	139	150	229	275	290	308	301 ^a	77.9	186	188	209	294	352	397	412
Vitamin C (mg)	20 ^a	10.9	7	7	12	15	28	34	38	31 ^a	16.7	9	14	18	24	42	56	60
Vitamin D (mcg)	2.8 ^a	0.44	2.4	2.5	2.5	2.7	3.0	3.1	3.7	3.4 ^a	0.64	2.0	2.3	3.1	3.3	3.6	4.2	4.3
Vitamin E (mg AT)	1.4 ^a	0.49	0.6	0.7	1.1	1.3	1.6	2.1	2.2	1.8 ^a	0.54	1.1	1.2	1.4	1.6	2.1	2.5	2.7
Vitamin B ₆ (mg)	0.5 ^a	0.08	0.3	0.3	0.4	0.4	0.5	0.6	0.6	0.6 ^a	0.11	0.4	0.4	0.5	0.6	0.6	0.7	0.8
Vitamin B ₁₂ (mcg)	1.6 ^a	0.33	1.2	1.2	1.3	1.5	1.7	2.1	2.2	1.9 ^a	0.40	1.0	1.2	1.6	1.8	2.0	2.3	2.5
Folate (mcg DFE)	89 ^a	22.1	41	53	76	82	105	112	124	113 ^a	25.7	71	75	91	107	125	147	154
Niacin (mg)	5.4 ^a	0.78	4.3	4.3	4.6	5.4	5.9	6.4	6.6	6.6 ^a	1.10	4.9	4.9	5.5	6.4	7.5	7.7	8.0
Riboflavin (mg)	0.6 ^a	0.05	0.6	0.6	0.6	0.6	0.7	0.7	0.8	0.8 ^a	0.08	0.6	0.6	0.7	0.8	0.8	0.9	0.9
Thiamin (mg)	0.4 ^a	0.08	0.3	0.3	0.3	0.4	0.4	0.5	0.5	0.5 ^a	0.09	0.3	0.4	0.4	0.5	0.5	0.6	0.7
Minerals																		
Calcium (mg)	408 ^a	95.8	322	323	332	367	450	482	527	520 ^a	157.3	391	392	404	438	546	832	878
Iron (mg)	2.8 ^a	0.47	1.8	2.0	2.4	2.8	3.2	3.3	3.4	3.4 ^a	0.67	2.1	2.3	2.9	3.2	4.0	4.2	4.3
Magnesium (mg)	76 ^a	7.8	66	66	69	74	80	87	90	96 ^a	9.6	85	85	89	91	101	109	113
Phosphorus (mg)	456 ^a	61.1	374	381	413	444	459	529	599	565 ^a	83.1	444	455	508	541	581	706	712
Potassium (mg)	839 ^a	79.6	717	735	776	813	881	923	926	1071 ^a	126.9	763	856	997	1042	1139	1200	1225
Sodium (mg)	883 ^a	156.5	639	665	769	857	925	1100	1124	1049 ^a	157.0	765	808	927	1056	1086	1221	1288
Zinc (mg)	3.3 ^a	0.86	2.0	2.2	2.5	3.0	3.6	4.5	4.6	3.9 ^a	0.89	2.6	2.6	3.1	3.6	4.2	5.2	5.5
Other Dietary Components																		
Cholesterol (mg)	54 ^a	11.5	36	37	41	56	61	68	71	64 ^a	15.6	42	43	49	62	75	86	87

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	5^	1.0	3	3	4	5	6	6	7	7^	1.4	4	4	6	7	8	8	9
Dietary fiber (g/1,000 Calories)	11^	2.1	8	8	9	12	13	14	14	12^	2.0	9	9	11	12	14	15	15
Total sugar (g)	25^	5.9	13	14	20	26	28	32	33	36^	11.3	16	17	27	37	42	50	53
Percentage of Calories From																		
Total fat	32.0^	4.51	24.5	24.6	28.1	32.1	34.9	37.3	37.6	29.8^	4.16	23.0	23.3	24.7	30.3	32.2	34.9	35.6
Saturated fat	11.3^	1.65	8.0	8.5	9.5	11.7	12.6	12.8	13.2	10.5^	1.50	7.5	8.1	9.2	10.5	12.0	12.2	12.3
Monounsaturated fat	11.1^	2.18	8.1	8.1	9.2	10.6	12.8	13.6	14.6	10.0^	2.20	6.2	6.3	7.9	9.8	10.9	12.7	13.5
Polyunsaturated fat	6.3^	2.51	2.0	2.9	4.4	5.1	7.2	10.1	10.5	6.3^	1.78	4.3	4.3	4.6	5.2	7.0	9.0	9.1
Linoleic acid	5.6^	2.24	1.7	2.5	3.8	4.5	6.4	8.9	9.3	5.5^	1.60	3.6	3.7	4.1	4.7	6.1	8.0	8.1
Alpha-linolenic acid	0.6^	0.25	0.2	0.3	0.4	0.5	0.8	1.0	1.0	0.6^	0.18	0.3	0.4	0.5	0.6	0.7	0.8	0.9
Carbohydrate	47.7^	5.52	33.6	36.8	46.0	47.3	51.5	54.0	54.5	50.9^	6.29	35.4	40.5	46.3	51.0	56.0	58.5	58.6
Added sugar	4.0^	2.53	1.1	1.1	1.4	3.3	6.1	7.3	7.8	4.4^	2.72	1.1	1.1	1.4	4.0	6.4	7.9	8.9
Protein	21.7^	3.22	17.1	17.9	18.6	20.9	23.5	25.8	27.3	21.3^	3.49	15.9	17.0	18.6	20.0	22.9	25.9	27.4
Number of Suppers	76									79								
Number of Child Care Centers	16									16								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Child Care Centers participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

A "A" identifies mean estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods. An indication of an imprecise mean is an indication that the standard deviation and percentiles are imprecise also.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.11 Mean and Distribution of Calories and Nutrients in CACFP Morning Snacks Served in Child Care Centers (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	214 ^a	56.7	120	148	176	203	226	253	302	198 ^a	59.6	104	144	164	179	211	251	295
Macronutrients																		
Total fat (g)	9 ^a	3.6	3	4	5	8	10	11	14	7 ^a	3.7	2	3	4	6	8	10	12
Saturated fat (g)	4 ^a	2.0	1	1	2	4	4	5	7	2 ^a	1.9	1	1	1	2	3	4	5
Monounsaturated fat (g)	3 ^a	1.1	1	1	2	2	3	4	4	2 ^a	1.2	1	1	1	2	3	4	4
Polyunsaturated fat (g)	2 ^a	0.6	1	1	1	1	2	3	3	2 ^a	0.7	0	1	1	2	2	2	3
Linoleic acid (g)	1 ^a	0.6	1	1	1	1	2	2	2	1 ^a	0.6	0	1	1	1	2	2	2
Alpha-linolenic acid (g)	0.2 ^a	0.07	0.1	0.1	0.2	0.2	0.2	0.3	0.3	0.1 ^a	0.08	0.0	0.1	0.1	0.1	0.2	0.3	0.3
Carbohydrate (g)	29 ^a	6.0	19	21	24	28	32	34	39	29 ^a	6.8	19	20	24	28	32	38	42
Protein (g)	6 ^a	2.6	2	3	4	6	7	10	11	6 ^a	2.8	2	3	4	7	8	11	12
Vitamins																		
Vitamin A (mcg RAE)	106 ^a	72.4	8	18	57	89	117	178	233	117 ^a	71.2	9	28	69	99	132	202	249
Vitamin C (mg)	10 ^a	8.8	1	2	3	6	12	25	27	10 ^a	8.3	0	2	3	7	12	25	27
Vitamin D (mcg)	1.5 ^a	0.90	0.0	0.0	0.6	1.5	2.1	2.6	2.7	1.4 ^a	0.82	0.0	0.1	0.7	1.4	1.9	2.5	2.6
Vitamin E (mg AT)	0.7 ^a	0.35	0.2	0.2	0.4	0.6	0.9	1.2	1.2	0.7 ^a	0.41	0.1	0.2	0.4	0.6	1.0	1.2	1.3
Vitamin B ₆ (mg)	0.2 ^a	0.11	0.0	0.1	0.1	0.2	0.3	0.4	0.4	0.2 ^a	0.12	0.1	0.1	0.1	0.2	0.3	0.4	0.4
Vitamin B ₁₂ (mcg)	0.7 ^a	0.41	0.0	0.0	0.4	0.7	0.9	1.2	1.4	0.7 ^a	0.42	0.0	0.1	0.5	0.8	0.9	1.3	1.4
Folate (mcg DFE)	60 ^a	30.6	21	28	32	43	92	97	99	69 ^a	38.7	22	28	33	56	95	109	137
Niacin (mg)	1.9 ^a	0.80	0.8	0.9	1.1	1.9	2.3	3.1	3.3	2.0 ^a	0.86	0.8	1.0	1.2	1.9	2.8	3.3	3.3
Riboflavin (mg)	0.3 ^a	0.13	0.1	0.1	0.2	0.3	0.4	0.5	0.6	0.3 ^a	0.13	0.1	0.2	0.2	0.3	0.4	0.5	0.6
Thiamin (mg)	0.2 ^a	0.08	0.1	0.1	0.1	0.2	0.2	0.3	0.3	0.2 ^a	0.08	0.1	0.1	0.1	0.2	0.2	0.3	0.3
Minerals																		
Calcium (mg)	176 ^a	74.0	29	54	101	192	226	260	273	183 ^a	77.5	30	59	111	203	234	270	280
Iron (mg)	1.6 ^a	0.90	0.6	0.7	0.8	1.2	2.3	2.7	3.1	1.8 ^a	1.05	0.6	0.7	0.8	1.7	2.4	3.1	3.7
Magnesium (mg)	28 ^a	8.7	14	19	22	26	33	41	43	30 ^a	10.5	16	19	21	27	36	45	47
Phosphorus (mg)	162 ^a	59.0	49	60	115	175	191	225	245	172 ^a	64.4	51	67	122	185	205	248	277
Potassium (mg)	284 ^a	88.4	132	180	225	264	295	404	443	304 ^a	104.5	153	177	218	284	317	479	492
Sodium (mg)	234 ^a	78.2	113	138	182	205	266	333	378	233 ^a	80.5	93	129	179	209	273	335	382
Zinc (mg)	1.2 ^a	0.61	0.3	0.4	0.7	0.9	1.5	1.9	2.3	1.3 ^a	0.64	0.3	0.4	0.8	1.1	1.7	2.2	2.4
Other Dietary Components																		
Cholesterol (mg)	22 ^a	24.8	1	4	7	16	18	48	72	17 ^a	23.4	1	1	5	8	13	37	59

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	2^	0.8	0	1	1	2	2	3	3	2^	0.8	0	1	1	2	2	3	3
Dietary fiber (g/1,000 Calories)	8^	3.6	2	3	5	7	11	12	13	9^	3.9	3	4	6	8	12	13	15
Total sugar (g)	16^	4.6	10	10	12	15	18	23	25	16^	4.8	9	10	12	15	19	23	25
Percentage of Calories From																		
Total fat	33.3^	7.32	14.6	23.6	27.9	33.5	38.2	41.5	42.9	27.0^	7.61	13.8	15.1	20.2	26.6	31.8	37.7	38.9
Saturated fat	13.0^	4.70	2.8	5.3	8.9	13.3	16.6	18.2	18.7	9.1^	3.82	3.0	4.7	6.1	8.4	10.9	12.8	15.9
Monounsaturated fat	10.3^	2.65	5.4	6.6	8.7	9.8	11.2	12.6	15.2	8.9^	3.06	4.0	5.4	6.0	8.8	10.5	12.1	13.9
Polyunsaturated fat	7.1^	2.52	3.4	4.4	5.1	5.9	8.9	10.4	11.5	7.1^	3.13	2.3	4.5	5.0	5.7	8.7	11.2	13.3
Linoleic acid	6.2^	2.35	2.6	3.6	4.3	5.2	8.0	9.3	10.3	6.4^	2.81	2.1	4.1	4.4	5.0	8.0	10.0	12.0
Alpha-linolenic acid	0.8^	0.29	0.4	0.5	0.7	0.7	0.9	1.1	1.1	0.7^	0.36	0.1	0.2	0.4	0.6	0.7	1.0	1.3
Carbohydrate	57.0^	9.36	41.1	47.6	50.4	54.4	63.1	67.7	69.7	62.3^	9.19	48.3	49.6	54.8	60.8	67.1	71.3	80.3
Added sugar	8.1^	4.06	1.9	2.6	4.3	8.1	10.4	13.2	13.7	8.6^	3.81	2.2	2.7	4.8	9.2	11.4	13.2	13.7
Protein	11.7^	2.86	4.1	8.1	9.6	12.1	13.5	14.0	14.9	13.1^	3.64	4.8	8.6	11.2	12.8	15.2	17.2	18.7
Number of Morning Snacks	95									121								
Number of Child Care Centers	20									26								

Notes at the end of panel II.

Table D.1.11 Mean and Distribution of Calories and Nutrients in CACFP Morning Snacks Served in Child Care Centers (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	216 ^a	50.0	159	171	183	194	230	280	306	278 ^a	36.0	208	217	253	272	288	324	335
Macronutrients																		
Total fat (g)	7 ^a	2.8	3	3	5	6	8	10	11	10 ^a	3.6	4	5	7	9	12	13	14
Saturated fat (g)	2 ^a	1.3	1	1	2	2	3	4	5	3 ^a	1.0	1	1	2	3	3	4	4
Monounsaturated fat (g)	2 ^a	1.0	1	1	2	2	3	4	4	3 ^a	1.5	1	2	2	3	4	5	6
Polyunsaturated fat (g)	2 ^a	0.9	1	1	1	2	2	3	4	3 ^a	2.0	1	1	2	3	3	5	6
Linoleic acid (g)	2 ^a	0.8	1	1	1	2	2	3	3	3 ^a	1.7	1	1	2	2	3	4	5
Alpha-linolenic acid (g)	0.2 ^a	0.13	0.0	0.1	0.1	0.2	0.2	0.3	0.5	0.3 ^a	0.29	0.0	0.0	0.1	0.2	0.3	0.6	0.8
Carbohydrate (g)	32 ^a	7.1	22	24	27	31	35	44	46	41 ^a	8.9	26	27	32	40	47	52	53
Protein (g)	7 ^a	2.9	2	4	5	7	8	12	13	8 ^a	2.8	3	3	5	9	10	10	11
Vitamins																		
Vitamin A (mcg RAE)	134 ^a	102.4	12	32	69	100	163	247	325	118 ^a	58.2	13	19	63	125	157	170	171
Vitamin C (mg)	12 ^a	9.6	1	3	4	8	14	29	30	18 ^a	20.8	0	2	4	10	14	44	68
Vitamin D (mcg)	1.4 ^a	0.84	0.0	0.2	0.6	1.4	2.0	2.4	2.5	1.3 ^a	1.07	0.0	0.0	0.0	1.3	2.3	2.5	2.5
Vitamin E (mg AT)	0.7 ^a	0.38	0.2	0.2	0.4	0.6	1.0	1.1	1.3	1.3 ^a	1.01	0.3	0.4	0.5	1.1	1.4	2.0	3.0
Vitamin B ₆ (mg)	0.2 ^a	0.16	0.1	0.1	0.1	0.2	0.3	0.4	0.5	0.2 ^a	0.11	0.1	0.1	0.1	0.2	0.2	0.3	0.4
Vitamin B ₁₂ (mcg)	0.8 ^a	0.48	0.0	0.1	0.4	0.8	1.2	1.5	1.6	0.7 ^a	0.51	0.0	0.0	0.0	0.9	1.0	1.1	1.2
Folate (mcg DFE)	79 ^a	50.6	26	29	40	58	100	120	174	86 ^a	51.7	35	40	53	62	112	123	139
Niacin (mg)	2.2 ^a	0.98	0.9	1.1	1.2	2.1	3.1	3.5	3.5	2.9 ^a	1.25	1.4	1.5	1.9	2.6	2.8	4.7	5.3
Riboflavin (mg)	0.3 ^a	0.13	0.1	0.2	0.2	0.3	0.4	0.5	0.6	0.3 ^a	0.15	0.1	0.1	0.2	0.3	0.5	0.5	0.5
Thiamin (mg)	0.2 ^a	0.09	0.1	0.1	0.1	0.2	0.2	0.3	0.3	0.2 ^a	0.06	0.1	0.1	0.2	0.2	0.2	0.3	0.3
Minerals																		
Calcium (mg)	195 ^a	79.8	38	62	134	212	249	285	311	195 ^a	121.4	29	30	58	198	301	320	327
Iron (mg)	2.1 ^a	1.27	0.8	0.8	1.0	1.9	2.6	3.5	4.3	2.2 ^a	1.18	1.0	1.1	1.3	1.7	2.7	3.1	3.5
Magnesium (mg)	32 ^a	12.9	16	19	23	28	37	49	56	41 ^a	15.4	15	21	29	37	47	55	65
Phosphorus (mg)	186 ^a	68.7	59	78	130	192	218	289	296	209 ^a	76.4	74	82	141	209	270	284	286
Potassium (mg)	330 ^a	127.8	181	206	230	287	388	524	534	397 ^a	117.5	183	217	298	374	454	573	584
Sodium (mg)	261 ^a	76.5	139	179	201	241	289	369	405	313 ^a	65.1	172	188	253	335	346	367	389
Zinc (mg)	1.4 ^a	0.82	0.4	0.5	0.8	1.1	1.7	2.5	2.5	1.4 ^a	0.63	0.3	0.4	0.9	1.2	1.8	2.1	2.1
Other Dietary Components																		
Cholesterol (mg)	16 ^a	21.1	1	1	7	9	13	28	55	9 ^a	6.6	0	0	1	10	14	16	16

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	2^	1.1	1	1	1	2	2	3	3	3^	2.1	1	1	1	2	3	4	6
Dietary fiber (g/1,000 Calories)	10^	4.1	3	4	6	9	12	14	17	10^	6.3	3	3	5	7	12	17	21
Total sugar (g)	17^	5.1	9	10	13	16	20	24	26	21^	7.7	6	9	14	20	27	29	32
Percentage of Calories From																		
Total fat	27.1^	6.70	14.6	17.3	22.1	25.8	31.6	36.4	37.0	30.7^	10.21	14.9	16.8	21.1	28.9	36.7	38.1	41.0
Saturated fat	8.8^	2.78	3.3	4.9	6.7	8.4	10.8	12.7	13.4	8.0^	2.62	2.8	3.5	5.8	7.5	10.3	11.0	11.1
Monounsaturated fat	8.6^	2.28	5.3	5.7	6.5	8.4	9.6	11.8	12.5	10.2^	3.56	5.1	5.5	6.7	9.6	11.9	13.8	15.7
Polyunsaturated fat	7.8^	3.90	3.9	4.6	5.4	5.8	9.8	12.1	16.2	10.5^	6.39	4.7	4.8	5.9	9.1	10.5	16.6	19.4
Linoleic acid	7.0^	3.37	3.7	4.3	4.7	5.2	8.7	11.0	14.1	9.5^	5.50	4.2	4.4	5.3	8.3	9.5	14.4	16.7
Alpha-linolenic acid	0.7^	0.56	0.2	0.2	0.4	0.6	0.8	1.4	2.1	1.0^	0.95	0.1	0.1	0.5	0.7	0.9	2.1	2.6
Carbohydrate	62.1^	7.38	49.5	51.4	55.8	61.6	66.7	68.7	70.4	60.4^	10.46	36.6	44.7	54.1	58.9	65.7	71.5	77.4
Added sugar	8.7^	4.56	0.8	1.6	4.6	9.2	11.5	14.2	15.0	7.7^	3.34	0.7	2.0	4.1	9.0	10.4	10.8	11.1
Protein	13.2^	3.59	5.5	8.6	11.2	12.8	15.2	16.4	19.9	11.3^	3.37	4.2	4.3	8.8	11.6	14.2	14.5	14.9
Number of Morning Snacks	131									55								
Number of Child Care Centers	29									14								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Child Care Centers participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

A "A" identifies mean estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods. An indication of an imprecise mean is an indication that the standard deviation and percentiles are imprecise also.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.12 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in Child Care Centers (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	198	38.1	143	152	173	194	222	251	261	190	33.6	144	150	166	185	211	233	250
Macronutrients																		
Total fat (g)	7	2.6	3	4	5	7	9	10	12	6	2.2	3	4	5	6	7	10	10
Saturated fat (g)	3	1.4	1	1	2	2	4	5	5	2	1.1	1	1	1	2	3	4	4
Monounsaturated fat (g)	2	0.8	1	1	2	2	3	3	4	2	0.8	1	1	1	2	2	3	3
Polyunsaturated fat (g)	2	0.6	1	1	1	2	2	2	3	2	0.6	1	1	1	2	2	2	3
Linoleic acid (g)	1	0.5	1	1	1	1	2	2	2	1	0.6	1	1	1	1	2	2	2
Alpha-linolenic acid (g)	0.2	0.08	0.1	0.1	0.1	0.2	0.2	0.3	0.3	0.2	0.07	0.1	0.1	0.1	0.1	0.2	0.2	0.3
Carbohydrate (g)	28	5.7	19	21	25	28	32	35	37	29	5.7	20	22	25	28	32	36	37
Protein (g)	6	2.3	2	3	4	5	7	9	10	6	2.3	2	3	4	6	8	9	10
Vitamins																		
Vitamin A (mcg RAE)	66	44.9	2	10	31	60	97	122	139	74	49.5	5	17	37	67	105	130	161
Vitamin C (mg)	12	10.5	0	1	3	10	17	26	32	12	10.6	0	1	3	10	18	28	33
Vitamin D (mcg)	1.0	0.81	0.0	0.0	0.3	0.9	1.8	2.2	2.3	1.0	0.74	0.0	0.0	0.3	0.8	1.6	2.1	2.2
Vitamin E (mg AT)	0.6	0.24	0.3	0.3	0.4	0.5	0.7	0.9	1.1	0.6	0.26	0.3	0.3	0.4	0.5	0.7	1.0	1.1
Vitamin B ₆ (mg)	0.1	0.06	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.1	0.06	0.1	0.1	0.1	0.1	0.2	0.2	0.2
Vitamin B ₁₂ (mcg)	0.5	0.31	0.0	0.0	0.2	0.4	0.7	0.9	0.9	0.5	0.32	0.0	0.1	0.2	0.4	0.7	0.9	1.0
Folate (mcg DFE)	43	17.8	25	28	32	39	47	69	86	44	18.1	24	28	33	40	47	65	85
Niacin (mg)	1.4	0.54	0.8	0.9	1.0	1.2	1.6	2.1	2.4	1.4	0.53	0.8	0.9	1.0	1.3	1.7	2.2	2.4
Riboflavin (mg)	0.2	0.10	0.1	0.1	0.2	0.2	0.3	0.4	0.4	0.3	0.10	0.1	0.1	0.2	0.2	0.3	0.4	0.4
Thiamin (mg)	0.1	0.04	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.1	0.04	0.1	0.1	0.1	0.1	0.2	0.2	0.2
Minerals																		
Calcium (mg)	156	84.3	40	52	81	148	214	273	298	163	85.1	45	62	84	153	220	284	307
Iron (mg)	1.1	0.51	0.6	0.7	0.8	1.0	1.1	1.7	2.3	1.1	0.49	0.7	0.7	0.8	1.0	1.1	1.6	2.2
Magnesium (mg)	25	7.1	14	16	20	24	30	35	37	26	7.5	15	18	21	25	31	37	38
Phosphorus (mg)	143	60.8	52	62	95	143	187	227	244	152	63.0	57	75	101	146	194	240	270
Potassium (mg)	252	74.5	129	171	204	238	287	358	396	269	83.0	153	178	209	259	306	384	435
Sodium (mg)	223	74.8	126	142	168	210	269	309	353	227	72.1	131	149	176	215	269	314	351
Zinc (mg)	0.8	0.34	0.3	0.4	0.6	0.8	1.0	1.3	1.4	0.9	0.34	0.3	0.5	0.6	0.8	1.1	1.3	1.5
Other Dietary Components																		
Cholesterol (mg)	14	10.5	0	1	6	12	20	27	32	11	9.4	1	2	5	9	14	22	31

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	1	0.6	1	1	1	1	2	2	3	1	0.6	1	1	1	1	2	2	3
Dietary fiber (g/1,000 Calories)	8	3.7	3	4	5	7	10	13	15	8	3.6	3	4	5	7	11	13	15
Total sugar (g)	16	5.1	7	9	13	16	20	23	25	16	5.1	7	10	12	16	20	23	25
Percentage of Calories From																		
Total fat	30.4	7.78	17.9	20.0	24.4	31.0	36.1	40.4	41.5	27.1	7.62	17.3	18.5	21.4	26.4	32.0	36.6	40.0
Saturated fat	11.3	4.83	4.3	4.9	7.6	10.5	15.8	18.3	19.0	9.1	3.82	4.0	4.4	6.6	8.4	10.7	14.5	17.1
Monounsaturated fat	9.1	2.49	5.1	5.8	7.4	8.8	10.7	12.3	13.0	8.5	2.66	4.8	5.5	6.7	8.2	10.4	12.2	13.1
Polyunsaturated fat	7.2	2.52	4.0	4.4	5.3	7.1	8.6	10.0	12.0	7.4	2.97	3.6	4.3	5.4	7.2	8.5	10.7	12.5
Linoleic acid	6.3	2.32	3.2	3.7	4.6	6.3	7.7	8.9	10.8	6.6	2.65	3.1	3.7	4.8	6.4	7.7	9.7	11.1
Alpha-linolenic acid	0.8	0.29	0.4	0.5	0.6	0.8	1.0	1.2	1.3	0.7	0.36	0.3	0.4	0.5	0.7	0.9	1.0	1.3
Carbohydrate	60.1	10.83	44.5	45.9	51.9	59.9	66.8	74.5	76.4	62.2	9.55	47.1	50.2	55.4	62.4	68.9	74.6	76.3
Added sugar	9.2	4.96	2.2	3.1	6.1	8.5	11.6	15.0	17.7	9.2	4.99	2.4	3.2	6.0	8.7	11.8	15.0	16.9
Protein	11.4	3.73	5.0	5.8	8.9	11.5	14.1	15.6	16.9	12.6	4.29	5.3	7.0	9.3	12.5	15.7	18.0	19.5
Number of Afternoon Snacks	740									893								
Number of Child Care Centers	152									183								

Notes at the end of panel II.

Table D.1.12 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in Child Care Centers (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	203	33.5	156	164	179	197	220	245	267	264	40.0	200	221	240	255	293	311	342
Macronutrients																		
Total fat (g)	6	2.0	3	4	5	6	7	9	10	8	2.4	5	5	6	8	10	12	12
Saturated fat (g)	2	0.9	1	1	1	2	3	3	4	3	1.1	1	1	2	2	3	4	5
Monounsaturated fat (g)	2	0.8	1	1	1	2	2	3	3	3	0.9	1	2	2	2	3	4	4
Polyunsaturated fat (g)	2	0.6	1	1	1	2	2	3	3	2	0.8	1	1	2	2	3	3	4
Linoleic acid (g)	2	0.6	1	1	1	2	2	2	3	2	0.8	1	1	2	2	3	3	3
Alpha-linolenic acid (g)	0.2	0.07	0.1	0.1	0.1	0.2	0.2	0.3	0.3	0.2	0.08	0.1	0.1	0.2	0.2	0.3	0.3	0.4
Carbohydrate (g)	31	6.2	22	25	27	30	35	39	42	42	8.4	29	32	35	40	47	52	55
Protein (g)	6	2.3	3	3	4	6	8	9	10	7	2.8	3	4	5	7	9	11	12
Vitamins																		
Vitamin A (mcg RAE)	74	50.2	5	16	35	66	108	138	169	88	61.7	5	24	39	72	127	164	192
Vitamin C (mg)	13	10.9	0	1	4	11	18	29	34	18	16.1	0	1	4	15	25	41	49
Vitamin D (mcg)	1.0	0.73	0.0	0.0	0.4	0.8	1.6	2.0	2.2	1.1	0.91	0.0	0.0	0.2	0.7	1.9	2.5	2.7
Vitamin E (mg AT)	0.6	0.26	0.3	0.3	0.4	0.6	0.8	1.0	1.1	0.9	0.38	0.4	0.5	0.6	0.8	1.0	1.4	1.5
Vitamin B ₆ (mg)	0.1	0.07	0.1	0.1	0.1	0.1	0.2	0.2	0.3	0.2	0.09	0.1	0.1	0.1	0.1	0.2	0.3	0.3
Vitamin B ₁₂ (mcg)	0.5	0.32	0.0	0.1	0.2	0.4	0.7	0.9	1.0	0.5	0.38	0.0	0.0	0.2	0.5	0.8	1.1	1.2
Folate (mcg DFE)	50	19.7	28	32	38	45	55	70	96	64	23.7	34	41	49	60	73	91	120
Niacin (mg)	1.5	0.53	0.9	1.0	1.2	1.4	1.8	2.3	2.5	2.1	0.63	1.2	1.4	1.6	2.0	2.4	2.9	3.2
Riboflavin (mg)	0.3	0.11	0.1	0.1	0.2	0.2	0.3	0.4	0.4	0.3	0.13	0.1	0.2	0.2	0.3	0.4	0.5	0.5
Thiamin (mg)	0.1	0.04	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.2	0.05	0.1	0.1	0.1	0.2	0.2	0.2	0.2
Minerals																		
Calcium (mg)	163	83.6	45	58	88	153	223	278	306	190	105.4	50	66	98	165	282	328	365
Iron (mg)	1.2	0.48	0.7	0.8	0.9	1.1	1.3	2.0	2.3	1.6	0.58	1.0	1.1	1.3	1.5	1.7	2.4	2.8
Magnesium (mg)	28	7.6	16	19	23	27	32	38	41	35	10.0	21	23	29	35	40	49	54
Phosphorus (mg)	157	61.6	62	78	109	151	200	238	279	189	77.7	76	88	124	179	248	287	316
Potassium (mg)	280	85.3	165	190	224	271	321	394	445	349	105.9	189	237	297	325	398	465	529
Sodium (mg)	243	69.4	149	167	194	233	283	328	372	316	84.7	185	202	259	310	362	425	447
Zinc (mg)	0.9	0.36	0.4	0.4	0.6	0.8	1.1	1.3	1.6	1.1	0.40	0.4	0.5	0.8	1.0	1.3	1.5	1.8
Other Dietary Components																		
Cholesterol (mg)	11	9.5	1	2	5	9	13	21	33	12	10.9	1	1	5	10	16	24	37

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Dietary fiber (g)	2	0.7	1	1	1	2	2	3	3	2	0.9	1	1	2	2	3	4	4
Dietary fiber (g/1,000 Calories)	9	3.5	4	4	6	8	11	13	15	9	3.6	4	4	6	8	11	13	15
Total sugar (g)	17	5.5	8	10	13	16	21	24	26	22	7.6	11	13	17	22	27	32	36
Percentage of Calories From																		
Total fat	26.4	6.38	17.0	18.5	21.7	26.2	31.0	34.6	36.9	26.3	6.39	16.8	18.4	21.4	26.6	31.4	33.9	36.7
Saturated fat	8.5	3.14	4.2	4.7	6.5	8.0	10.1	12.9	14.4	8.2	3.04	4.1	4.7	6.2	7.5	9.9	12.4	13.9
Monounsaturated fat	8.4	2.64	4.8	5.3	6.6	8.0	10.0	11.8	13.1	8.5	2.66	4.6	5.2	6.6	8.4	10.1	11.9	12.7
Polyunsaturated fat	7.5	2.45	4.1	4.5	5.5	7.4	8.9	10.6	11.9	7.7	2.56	4.0	4.6	5.5	7.5	9.5	11.1	12.6
Linoleic acid	6.7	2.23	3.6	4.0	4.9	6.6	8.1	9.9	10.7	6.9	2.34	3.5	4.1	4.9	6.8	8.6	9.9	11.3
Alpha-linolenic acid	0.7	0.27	0.3	0.4	0.5	0.7	0.9	1.1	1.2	0.7	0.28	0.4	0.4	0.5	0.7	0.9	1.1	1.3
Carbohydrate	63.2	8.32	50.5	52.1	57.4	63.3	69.9	74.3	76.3	64.2	8.49	51.5	52.5	57.4	63.8	71.3	75.6	77.3
Added sugar	9.2	4.51	2.6	3.5	6.3	8.9	11.4	15.0	16.3	9.3	4.71	2.6	3.8	6.5	8.6	11.3	15.1	17.9
Protein	12.3	4.07	5.4	6.7	8.9	12.4	15.6	17.2	18.7	11.6	3.99	5.1	5.8	8.3	11.7	14.4	16.7	18.2
Number of Afternoon Snacks	1,026									619								
Number of Child Care Centers	209									128								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Child Care Centers participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.13 Mean and Distribution of Calories and Nutrients in CACFP Breakfasts Served in Head Start Programs (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	257	52.2	125	209	231	263	286	302	328	241	44.5	179	186	211	231	266	286	322
Macronutrients																		
Total fat (g)	10	2.8	4	6	7	9	11	13	14	6	2.8	2	3	4	6	8	10	11
Saturated fat (g)	4	1.2	2	3	4	4	5	6	7	3	1.1	1	1	2	2	4	4	4
Monounsaturated fat (g)	3	1.0	1	1	2	3	3	4	4	2	1.1	1	1	1	2	3	3	4
Polyunsaturated fat (g)	1	0.7	0	1	1	1	2	2	3	1	0.7	0	0	1	1	1	2	2
Linoleic acid (g)	1	0.6	0	0	1	1	1	2	2	1	0.6	0	0	1	1	1	2	2
Alpha-linolenic acid (g)	0.2	0.07	0.1	0.1	0.2	0.2	0.3	0.3	0.3	0.1	0.07	0.0	0.0	0.1	0.1	0.1	0.2	0.2
Carbohydrate (g)	35	7.6	12	28	33	35	39	42	44	37	5.8	28	31	34	36	39	44	46
Protein (g)	9	1.9	6	8	8	9	10	12	13	10	2.1	8	8	9	9	11	14	15
Vitamins																		
Vitamin A (mcg RAE)	174	41.7	82	125	144	171	196	221	246	197	40.8	135	147	167	193	222	248	271
Vitamin C (mg)	12	6.8	1	4	6	11	16	21	25	15	6.9	4	6	9	15	19	24	27
Vitamin D (mcg)	2.6	0.23	2.2	2.3	2.4	2.5	2.7	2.9	2.9	2.5	0.28	2.2	2.2	2.3	2.4	2.6	2.9	3.0
Vitamin E (mg AT)	0.8	0.64	0.2	0.3	0.5	0.7	0.8	1.5	1.9	0.9	0.72	0.3	0.3	0.4	0.7	1.0	1.6	2.1
Vitamin B ₆ (mg)	0.3	0.11	0.1	0.2	0.3	0.3	0.4	0.4	0.5	0.4	0.11	0.2	0.2	0.3	0.3	0.4	0.5	0.6
Vitamin B ₁₂ (mcg)	1.3	0.33	0.8	0.9	1.1	1.3	1.5	1.8	1.9	1.4	0.37	1.0	1.1	1.2	1.4	1.6	2.0	2.1
Folate (mcg DFE)	112	48.9	18	45	77	110	136	181	189	122	51.7	47	58	88	108	147	188	213
Niacin (mg)	2.8	1.03	0.4	1.6	2.4	2.7	3.3	3.7	4.3	3.1	1.02	1.7	2.0	2.5	2.8	3.5	4.7	5.2
Riboflavin (mg)	0.5	0.09	0.3	0.4	0.4	0.5	0.5	0.6	0.6	0.5	0.09	0.4	0.4	0.5	0.5	0.6	0.6	0.7
Thiamin (mg)	0.3	0.08	0.1	0.2	0.3	0.3	0.3	0.4	0.4	0.3	0.08	0.2	0.2	0.2	0.3	0.3	0.3	0.4
Minerals																		
Calcium (mg)	268	37.7	201	233	244	262	293	302	319	294	45.4	233	249	262	285	316	337	365
Iron (mg)	3.0	1.16	0.2	1.5	2.4	3.0	3.5	4.5	5.2	3.2	1.11	1.4	2.1	2.4	3.0	3.6	5.0	5.3
Magnesium (mg)	39	8.2	19	30	35	39	46	49	51	43	8.4	31	36	37	41	46	51	53
Phosphorus (mg)	239	43.8	151	189	215	230	263	292	317	268	43.5	214	219	236	261	292	325	342
Potassium (mg)	411	61.0	249	345	392	412	442	475	486	454	51.8	371	403	425	448	471	514	547
Sodium (mg)	277	92.4	103	197	228	259	314	404	428	301	85.8	201	213	231	273	349	423	457
Zinc (mg)	2.0	0.67	0.7	1.2	1.6	1.9	2.2	2.6	3.2	2.1	0.76	1.1	1.5	1.7	2.0	2.3	3.0	3.6

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	34	18.8	13	16	20	26	48	60	68	29	23.2	8	9	12	17	44	59	77
Dietary fiber (g)	2	0.6	0	2	2	2	2	3	3	2	0.5	2	2	2	2	2	3	3
Dietary fiber (g/1,000 Calories)	8	2.5	2	6	7	9	10	10	11	10	2.2	7	7	9	10	11	13	14
Total sugar (g)	21	4.6	10	16	19	21	23	26	28	22	4.4	15	16	20	21	23	27	29
Percentage of Calories From																		
Total fat	32.5	6.27	17.3	26.1	29.1	33.1	35.6	37.4	42.7	21.5	6.56	10.5	12.4	16.4	21.4	25.5	31.8	33.0
Saturated fat	15.6	3.76	7.2	12.5	14.2	15.2	16.4	18.6	21.5	9.1	2.96	3.5	5.5	7.3	8.9	11.1	13.1	13.5
Monounsaturated fat	9.1	1.93	5.0	6.7	7.6	9.1	10.5	11.4	12.0	6.8	2.61	2.8	3.3	4.6	7.0	8.4	10.3	10.7
Polyunsaturated fat	4.4	1.40	2.0	2.5	3.4	4.3	5.4	6.0	6.8	4.0	1.61	1.7	1.8	2.6	3.9	5.1	5.7	7.2
Linoleic acid	3.6	1.28	1.7	1.8	2.7	3.4	4.5	5.0	5.8	3.5	1.45	1.6	1.6	2.4	3.3	4.5	5.0	6.5
Alpha-linolenic acid	0.7	0.18	0.4	0.5	0.6	0.8	0.8	1.0	1.0	0.4	0.19	0.1	0.2	0.2	0.3	0.5	0.6	0.7
Carbohydrate	55.0	7.89	34.7	47.0	51.8	54.9	58.4	62.5	67.2	64.0	7.21	50.9	53.6	59.0	64.4	69.9	73.6	74.4
Added sugar	7.0	3.69	0.7	2.1	4.6	5.8	9.1	12.2	12.8	8.1	3.93	2.3	3.4	5.5	7.1	10.4	13.0	14.3
Protein	14.9	2.09	12.0	12.5	13.3	14.6	15.4	17.4	19.5	17.3	2.47	13.6	14.3	15.7	17.2	18.7	20.3	22.3
Number of Breakfasts	239									307								
Number of Head Start Programs	50									64								

Notes at the end of panel II.

Table D.1.13 Mean and Distribution of Calories and Nutrients in CACFP Breakfasts Served in Head Start Programs (Panel II)

	Age Group (Years)								
	3-5								
			Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	317	58.6	236	253	278	307	347	391	435
Macronutrients									
Total fat (g)	8	3.5	3	4	6	8	11	13	15
Saturated fat (g)	3	1.5	1	2	2	3	4	5	6
Monounsaturated fat (g)	3	1.3	1	1	2	3	3	5	5
Polyunsaturated fat (g)	2	0.9	1	1	1	2	2	3	3
Linoleic acid (g)	2	0.8	0	1	1	1	2	3	3
Alpha-linolenic acid (g)	0.2	0.10	0.0	0.1	0.1	0.1	0.2	0.3	0.3
Carbohydrate (g)	50	7.8	40	42	45	49	53	59	65
Protein (g)	13	2.5	9	10	11	12	14	16	18
Vitamins									
Vitamin A (mcg RAE)	233	50.2	160	173	194	230	265	303	320
Vitamin C (mg)	19	10.4	5	6	12	19	25	33	37
Vitamin D (mcg)	2.9	0.32	2.5	2.5	2.7	2.8	3.1	3.3	3.4
Vitamin E (mg AT)	1.2	0.95	0.4	0.5	0.6	1.0	1.5	2.4	3.2
Vitamin B ₆ (mg)	0.4	0.16	0.2	0.3	0.3	0.4	0.5	0.6	0.7
Vitamin B ₁₂ (mcg)	1.7	0.44	1.1	1.2	1.4	1.6	1.9	2.2	2.5
Folate (mcg DFE)	144	60.2	64	73	103	133	173	223	266
Niacin (mg)	3.6	1.15	2.1	2.4	2.8	3.4	4.2	4.8	5.6
Riboflavin (mg)	0.6	0.10	0.5	0.5	0.6	0.6	0.7	0.7	0.8
Thiamin (mg)	0.3	0.09	0.2	0.2	0.3	0.3	0.4	0.4	0.5
Minerals									
Calcium (mg)	350	54.3	287	297	312	337	371	416	449
Iron (mg)	3.7	1.33	1.6	2.1	2.8	3.5	4.3	5.3	6.2
Magnesium (mg)	54	9.8	41	43	47	52	59	66	70
Phosphorus (mg)	325	52.7	253	263	287	313	357	401	421
Potassium (mg)	568	72.3	478	496	522	556	593	646	700
Sodium (mg)	378	112.1	246	259	290	346	449	541	586
Zinc (mg)	2.4	0.85	1.3	1.4	2.0	2.3	2.7	3.3	3.7

	Age Group (Years)								
	3-5								
	Percentiles								
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components									
Cholesterol (mg)	34	24.1	10	11	15	23	50	71	80
Dietary fiber (g)	3	0.7	2	2	3	3	4	4	4
Dietary fiber (g/1,000 Calories)	11	2.5	7	8	9	11	12	14	15
Total sugar (g)	30	6.2	21	23	25	29	32	37	41
Percentage of Calories From									
Total fat	21.6	5.85	12.3	13.4	17.5	21.7	25.4	29.4	31.4
Saturated fat	8.6	2.76	4.8	5.5	6.8	8.5	10.2	11.9	13.8
Monounsaturated fat	7.0	2.28	3.3	4.0	5.3	7.0	8.5	9.9	10.7
Polyunsaturated fat	4.4	1.83	1.8	2.1	3.1	4.3	5.5	6.9	7.4
Linoleic acid	3.9	1.62	1.6	1.9	2.7	3.8	4.9	6.2	6.6
Alpha-linolenic acid	0.4	0.21	0.1	0.2	0.2	0.4	0.5	0.7	0.8
Carbohydrate	65.3	6.49	53.4	56.7	61.3	65.5	70.0	74.3	75.2
Added sugar	9.4	4.23	3.1	4.5	6.2	8.9	12.0	14.8	16.8
Protein	16.1	2.13	13.1	13.6	14.8	15.7	17.4	18.8	20.0
Number of Breakfasts	1,034								
Number of Head Start Programs	227								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Head Start programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.14 Mean and Distribution of Calories and Nutrients in CACFP Lunches Served in Head Start Programs (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	376	71.5	189	330	360	378	404	442	461	357	45.1	281	293	334	353	379	410	420
Macronutrients																		
Total fat (g)	15	3.8	7	11	14	15	17	20	21	12	3.0	7	8	10	12	14	16	16
Saturated fat (g)	6	1.6	3	5	5	6	7	8	9	4	1.3	2	3	4	4	5	6	7
Monounsaturated fat (g)	4	1.2	2	3	4	4	5	6	6	4	1.0	2	3	3	4	4	5	5
Polyunsaturated fat (g)	3	1.2	1	2	2	3	4	4	5	3	1.0	1	2	2	3	4	4	4
Linoleic acid (g)	3	1.1	0	1	2	3	3	4	4	3	0.9	1	1	2	2	3	4	4
Alpha-linolenic acid (g)	0.4	0.13	0.1	0.3	0.3	0.4	0.5	0.5	0.6	0.3	0.12	0.1	0.2	0.2	0.3	0.4	0.4	0.5
Carbohydrate (g)	43	9.1	18	38	39	44	46	49	54	44	6.0	33	36	40	44	47	53	55
Protein (g)	18	3.5	9	16	17	18	20	21	22	19	2.3	15	16	17	19	20	22	23
Vitamins																		
Vitamin A (mcg RAE)	216	66.7	84	122	169	223	262	291	320	233	58.9	143	157	178	236	269	308	331
Vitamin C (mg)	15	7.3	1	5	10	16	20	23	25	17	6.3	6	7	12	17	21	24	25
Vitamin D (mcg)	2.4	0.56	1.9	2.1	2.2	2.3	2.5	2.6	2.8	2.3	0.52	2.0	2.0	2.0	2.1	2.4	2.5	2.7
Vitamin E (mg AT)	1.5	0.71	0.5	1.0	1.2	1.4	1.6	2.5	2.5	1.5	0.46	0.8	1.0	1.2	1.3	1.6	2.2	2.4
Vitamin B ₆ (mg)	0.4	0.09	0.1	0.3	0.3	0.4	0.4	0.4	0.5	0.4	0.06	0.3	0.3	0.3	0.4	0.4	0.5	0.5
Vitamin B ₁₂ (mcg)	1.2	0.19	0.8	1.0	1.1	1.2	1.3	1.4	1.4	1.2	0.16	1.0	1.1	1.1	1.2	1.3	1.4	1.5
Folate (mcg DFE)	76	22.1	30	54	62	77	89	100	109	76	17.4	53	56	62	72	85	102	110
Niacin (mg)	4.1	1.08	1.4	3.2	3.7	4.1	4.6	5.0	5.4	4.3	0.74	3.2	3.3	3.8	4.3	4.8	5.2	5.6
Riboflavin (mg)	0.5	0.06	0.3	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.04	0.4	0.5	0.5	0.5	0.5	0.6	0.6
Thiamin (mg)	0.3	0.07	0.1	0.2	0.3	0.3	0.4	0.4	0.4	0.3	0.06	0.2	0.2	0.2	0.3	0.3	0.4	0.4
Minerals																		
Calcium (mg)	310	55.2	201	248	275	302	352	375	389	324	57.7	243	254	275	320	363	397	432
Iron (mg)	2.1	0.53	0.9	1.7	2.0	2.1	2.5	2.6	2.8	2.2	0.35	1.6	1.6	1.9	2.1	2.4	2.6	2.7
Magnesium (mg)	59	11.1	31	49	56	61	64	69	71	62	7.3	50	53	57	62	67	71	74
Phosphorus (mg)	336	53.3	202	294	319	343	365	383	400	358	38.3	292	307	327	361	383	406	419
Potassium (mg)	624	96.7	372	582	618	631	657	715	726	668	58.5	565	592	638	661	696	750	766
Sodium (mg)	696	165.1	262	548	625	719	779	854	884	699	123.3	480	564	611	691	775	866	889
Zinc (mg)	2.3	0.53	1.2	1.9	2.0	2.2	2.5	3.0	3.2	2.4	0.42	1.9	2.0	2.1	2.3	2.7	3.0	3.2

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	48	12.0	26	34	40	47	54	63	67	43	9.5	28	32	35	43	49	54	60
Dietary fiber (g)	4	1.1	2	3	4	4	5	5	5	4	0.7	3	3	4	4	5	5	6
Dietary fiber (g/1,000 Calories)	11	2.9	6	9	10	11	12	14	15	12	2.2	9	9	10	12	13	14	16
Total sugar (g)	21	4.7	9	15	18	20	23	26	29	21	4.0	14	15	19	21	24	26	28
Percentage of Calories From																		
Total fat	36.6	4.74	28.4	31.7	33.7	36.6	39.0	41.6	45.9	30.1	4.49	21.9	23.3	26.9	30.1	33.4	35.2	37.2
Saturated fat	15.1	3.50	10.5	11.9	13.3	14.1	16.0	18.2	21.5	10.9	2.32	6.8	8.4	9.3	10.5	12.0	14.4	15.0
Monounsaturated fat	10.6	1.42	7.4	8.5	9.6	10.7	11.5	12.1	12.5	9.4	1.51	6.7	7.1	8.2	9.6	10.3	11.3	11.6
Polyunsaturated fat	7.1	2.18	3.1	4.3	5.4	7.1	8.1	10.3	11.0	7.0	2.27	4.0	4.5	5.4	6.4	8.0	10.1	10.9
Linoleic acid	6.0	2.03	2.1	3.5	4.4	6.1	6.9	8.7	9.6	6.1	2.02	3.4	3.8	4.7	5.7	7.1	9.0	9.7
Alpha-linolenic acid	0.9	0.23	0.6	0.7	0.8	0.9	1.1	1.2	1.4	0.7	0.28	0.4	0.4	0.5	0.6	0.9	1.1	1.2
Carbohydrate	45.2	4.87	35.4	39.1	42.4	44.6	49.5	51.0	51.2	49.8	4.18	42.9	44.6	46.5	49.4	52.5	55.8	56.8
Added sugar	4.3	2.83	0.2	0.6	2.2	3.8	5.8	7.7	9.5	4.7	2.67	0.7	1.3	2.6	4.3	6.1	8.2	8.9
Protein	19.7	2.42	15.7	16.9	18.0	19.3	21.8	22.8	23.4	21.9	2.82	17.9	18.4	19.8	21.5	24.2	25.5	26.2
Number of Lunches	243									316								
Number of Head Start Programs	51									66								

Notes at the end of panel II.

Table D.1.14 Mean and Distribution of Calories and Nutrients in CACFP Lunches Served in Head Start Programs (Panel II)

	Age Group (Years)								
	3-5								
	Percentiles								
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	475	62.9	380	392	433	470	506	553	580
Macronutrients									
Total fat (g)	17	4.0	11	12	14	16	19	22	24
Saturated fat (g)	6	1.7	3	4	5	6	7	8	9
Monounsaturated fat (g)	5	1.4	3	4	4	5	6	7	8
Polyunsaturated fat (g)	4	1.4	2	2	3	4	5	6	7
Linoleic acid (g)	4	1.2	2	2	3	3	4	5	6
Alpha-linolenic acid (g)	0.4	0.16	0.2	0.2	0.3	0.4	0.5	0.6	0.7
Carbohydrate (g)	58	8.3	44	47	52	57	63	69	73
Protein (g)	25	3.2	20	21	23	25	27	30	31
Vitamins									
Vitamin A (mcg RAE)	288	74.1	186	200	230	281	330	382	415
Vitamin C (mg)	21	8.5	7	10	16	21	28	32	35
Vitamin D (mcg)	2.8	0.48	2.4	2.5	2.5	2.7	2.9	3.2	3.4
Vitamin E (mg AT)	1.9	0.58	1.1	1.3	1.5	1.8	2.2	2.8	3.1
Vitamin B ₆ (mg)	0.5	0.09	0.4	0.4	0.4	0.5	0.5	0.6	0.7
Vitamin B ₁₂ (mcg)	1.6	0.26	1.2	1.3	1.4	1.5	1.7	1.9	2.1
Folate (mcg DFE)	100	21.1	67	73	85	100	113	125	138
Niacin (mg)	5.8	1.06	4.1	4.4	5.1	5.7	6.4	7.1	7.5
Riboflavin (mg)	0.7	0.06	0.5	0.6	0.6	0.7	0.7	0.7	0.7
Thiamin (mg)	0.4	0.08	0.3	0.3	0.3	0.4	0.4	0.5	0.6
Minerals									
Calcium (mg)	418	68.3	313	331	364	414	463	505	537
Iron (mg)	2.9	0.50	2.1	2.3	2.6	2.9	3.2	3.6	3.8
Magnesium (mg)	81	10.0	66	69	73	80	88	94	98
Phosphorus (mg)	465	48.9	390	398	425	465	498	526	543
Potassium (mg)	849	71.1	730	761	803	846	894	946	966
Sodium (mg)	905	149.3	708	741	802	892	1001	1096	1156
Zinc (mg)	3.2	0.67	2.4	2.4	2.7	3.0	3.6	4.1	4.5

	Age Group (Years)								
	3-5								
	Percentiles								
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components									
Cholesterol (mg)	58	15.0	37	43	47	56	65	78	84
Dietary fiber (g)	5	1.0	4	4	5	5	6	7	7
Dietary fiber (g/1,000 Calories)	12	2.2	9	9	10	12	13	15	15
Total sugar (g)	28	5.5	19	21	24	27	31	35	37
Percentage of Calories From									
Total fat	31.0	4.44	23.8	25.6	27.8	30.8	33.6	36.9	38.5
Saturated fat	10.7	2.12	7.2	8.2	9.3	10.5	12.1	13.4	14.3
Monounsaturated fat	9.7	1.64	7.0	7.7	8.6	9.6	10.7	11.8	12.6
Polyunsaturated fat	7.7	2.26	4.6	5.1	6.0	7.2	9.0	11.0	11.6
Linoleic acid	6.7	2.02	3.9	4.4	5.2	6.4	8.0	9.7	10.3
Alpha-linolenic acid	0.8	0.28	0.4	0.5	0.6	0.7	1.0	1.2	1.3
Carbohydrate	49.1	4.01	41.5	43.9	46.4	49.3	51.5	53.8	55.2
Added sugar	4.7	2.71	1.0	1.3	2.6	4.3	6.5	8.4	9.4
Protein	21.6	2.80	17.5	18.3	19.8	21.3	23.4	25.2	26.7
Number of Lunches	1,057								
Number of Head Start Programs	233								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Head Start programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.15 Mean and Distribution of Calories and Nutrients in CACFP Morning Snacks Served in Head Start Programs (*Panel I*)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	254 [^]	70.7	--	--	--	--	--	--	--	222 [^]	61.7	--	--	--	--	--	--	--
Macronutrients																		
Total fat (g)	9 [^]	1.8	--	--	--	--	--	--	--	6 [^]	2.2	--	--	--	--	--	--	--
Saturated fat (g)	4 [^]	1.1	--	--	--	--	--	--	--	2 [^]	0.9	--	--	--	--	--	--	--
Monounsaturated fat (g)	3 [^]	0.4	--	--	--	--	--	--	--	2 [^]	0.7	--	--	--	--	--	--	--
Polyunsaturated fat (g)	2 [^]	0.5	--	--	--	--	--	--	--	1 [^]	0.6	--	--	--	--	--	--	--
Linoleic acid (g)	1 [^]	0.4	--	--	--	--	--	--	--	1 [^]	0.5	--	--	--	--	--	--	--
Alpha-linolenic acid (g)	0.2 [^]	0.10	--	--	--	--	--	--	--	0.1 [^]	0.08	--	--	--	--	--	--	--
Carbohydrate (g)	37 [^]	16.5	--	--	--	--	--	--	--	35 [^]	13.9	--	--	--	--	--	--	--
Protein (g)	9 [^]	1.4	--	--	--	--	--	--	--	8 [^]	1.3	--	--	--	--	--	--	--
Vitamins																		
Vitamin A (mcg RAE)	154 [^]	35.8	--	--	--	--	--	--	--	163 [^]	39.7	--	--	--	--	--	--	--
Vitamin C (mg)	16 [^]	8.9	--	--	--	--	--	--	--	12 [^]	9.4	--	--	--	--	--	--	--
Vitamin D (mcg)	1.6 [^]	1.16	--	--	--	--	--	--	--	1.8 [^]	1.02	--	--	--	--	--	--	--
Vitamin E (mg AT)	0.7 [^]	0.16	--	--	--	--	--	--	--	0.5 [^]	0.25	--	--	--	--	--	--	--
Vitamin B ₆ (mg)	0.3 [^]	0.09	--	--	--	--	--	--	--	0.3 [^]	0.08	--	--	--	--	--	--	--
Vitamin B ₁₂ (mcg)	0.9 [^]	0.48	--	--	--	--	--	--	--	1.1 [^]	0.51	--	--	--	--	--	--	--
Folate (mcg DFE)	80 [^]	56.1	--	--	--	--	--	--	--	119 [^]	73.4	--	--	--	--	--	--	--
Niacin (mg)	1.8 [^]	1.16	--	--	--	--	--	--	--	2.3 [^]	1.19	--	--	--	--	--	--	--
Riboflavin (mg)	0.4 [^]	0.15	--	--	--	--	--	--	--	0.4 [^]	0.16	--	--	--	--	--	--	--
Thiamin (mg)	0.2 [^]	0.11	--	--	--	--	--	--	--	0.2 [^]	0.09	--	--	--	--	--	--	--
Minerals																		
Calcium (mg)	251 [^]	72.4	--	--	--	--	--	--	--	265 [^]	68.2	--	--	--	--	--	--	--
Iron (mg)	2.0 [^]	1.38	--	--	--	--	--	--	--	2.8 [^]	1.70	--	--	--	--	--	--	--
Magnesium (mg)	35 [^]	8.9	--	--	--	--	--	--	--	34 [^]	8.2	--	--	--	--	--	--	--
Phosphorus (mg)	216 [^]	50.8	--	--	--	--	--	--	--	219 [^]	47.5	--	--	--	--	--	--	--
Potassium (mg)	375 [^]	116.4	--	--	--	--	--	--	--	374 [^]	104.5	--	--	--	--	--	--	--
Sodium (mg)	265 [^]	28.9	--	--	--	--	--	--	--	240 [^]	42.6	--	--	--	--	--	--	--
Zinc (mg)	1.7 [^]	0.65	--	--	--	--	--	--	--	2.0 [^]	0.74	--	--	--	--	--	--	--

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	20^	2.9	--	--	--	--	--	--	--	14^	4.1	--	--	--	--	--	--	--
Dietary fiber (g)	2^	0.3	--	--	--	--	--	--	--	2^	0.5	--	--	--	--	--	--	--
Dietary fiber (g/1,000 Calories)	11^	2.0	--	--	--	--	--	--	--	11^	1.8	--	--	--	--	--	--	--
Total sugar (g)	23^	13.3	--	--	--	--	--	--	--	21^	11.5	--	--	--	--	--	--	--
Percentage of Calories From																		
Total fat	31.7^	8.31	--	--	--	--	--	--	--	23.2^	10.05	--	--	--	--	--	--	--
Saturated fat	13.8^	4.33	--	--	--	--	--	--	--	10.0^	4.43	--	--	--	--	--	--	--
Monounsaturated fat	9.1^	3.07	--	--	--	--	--	--	--	6.8^	3.58	--	--	--	--	--	--	--
Polyunsaturated fat	5.6^	0.18	--	--	--	--	--	--	--	4.5^	1.33	--	--	--	--	--	--	--
Linoleic acid	4.8^	0.05	--	--	--	--	--	--	--	4.0^	1.17	--	--	--	--	--	--	--
Alpha-linolenic acid	0.7^	0.17	--	--	--	--	--	--	--	0.5^	0.16	--	--	--	--	--	--	--
Carbohydrate	57.2^	10.01	--	--	--	--	--	--	--	64.0^	10.46	--	--	--	--	--	--	--
Added sugar	7.8^	6.34	--	--	--	--	--	--	--	10.4^	6.22	--	--	--	--	--	--	--
Protein	14.1^	2.08	--	--	--	--	--	--	--	15.9^	1.94	--	--	--	--	--	--	--
Number of Morning Snacks	14									19								
Number of Head Start Programs	3									4								

Notes at the end of panel II.

Table D.1.15 Mean and Distribution of Calories and Nutrients in CACFP Morning Snacks Served in Head Start Programs (Panel II)

	Age Group (Years)								
	3-5								
	Percentiles								
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	226^	91.9	69	112	163	190	268	336	399
Macronutrients									
Total fat (g)	6^	3.5	2	2	4	5	7	11	12
Saturated fat (g)	2^	1.5	1	1	1	2	3	3	4
Monounsaturated fat (g)	2^	1.1	0	1	1	1	2	3	4
Polyunsaturated fat (g)	2^	1.0	0	0	1	1	2	2	3
Linoleic acid (g)	1^	0.9	0	0	1	1	2	2	3
Alpha-linolenic acid (g)	0.2^	0.13	0.0	0.0	0.1	0.1	0.2	0.3	0.3
Carbohydrate (g)	36^	15.2	8	12	24	32	43	55	61
Protein (g)	9^	4.0	3	4	6	8	10	14	15
Vitamins									
Vitamin A (mcg RAE)	151^	71.2	67	70	96	137	172	217	278
Vitamin C (mg)	11^	8.1	0	0	3	12	16	22	23
Vitamin D (mcg)	1.7^	0.84	0.1	0.1	1.1	1.9	2.3	2.5	2.5
Vitamin E (mg AT)	0.8^	0.83	0.0	0.1	0.3	0.4	0.8	1.3	1.9
Vitamin B ₆ (mg)	0.3^	0.12	0.1	0.1	0.2	0.2	0.4	0.4	0.4
Vitamin B ₁₂ (mcg)	1.0^	0.44	0.2	0.2	0.6	0.9	1.3	1.5	1.5
Folate (mcg DFE)	79^	61.1	8	15	27	50	112	158	184
Niacin (mg)	2.1^	1.27	0.2	0.3	0.7	2.2	3.3	3.6	3.8
Riboflavin (mg)	0.4^	0.14	0.1	0.1	0.3	0.4	0.5	0.6	0.6
Thiamin (mg)	0.2^	0.10	0.0	0.0	0.1	0.2	0.3	0.3	0.3
Minerals									
Calcium (mg)	238^	77.0	75	103	176	240	278	340	347
Iron (mg)	2.0^	1.50	0.0	0.2	0.6	1.6	3.0	3.9	4.4
Magnesium (mg)	36^	14.5	18	20	24	30	44	61	67
Phosphorus (mg)	218^	75.3	73	88	156	216	260	291	311
Potassium (mg)	405^	146.4	238	239	259	357	485	620	689
Sodium (mg)	251^	136.7	73	104	155	211	289	402	524
Zinc (mg)	1.6^	0.77	0.7	0.7	0.9	1.3	1.9	2.8	2.8

	Age Group (Years)								
	3-5								
	Percentiles								
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components									
Cholesterol (mg)	18^	19.1	2	6	8	13	15	28	53
Dietary fiber (g)	3^	1.5	0	0	2	2	3	4	5
Dietary fiber (g/1,000 Calories)	11^	5.7	0	1	9	12	13	15	17
Total sugar (g)	22^	10.3	9	9	16	18	27	34	43
Percentage of Calories From									
Total fat	22.8^	7.45	11.7	12.7	16.4	21.8	24.9	34.0	36.1
Saturated fat	9.2^	3.70	4.1	5.1	6.2	8.0	10.8	14.2	16.1
Monounsaturated fat	6.5^	2.55	3.6	3.7	4.3	5.9	7.0	9.9	10.9
Polyunsaturated fat	5.4^	2.69	0.8	2.1	3.0	5.4	6.9	8.7	9.4
Linoleic acid	4.8^	2.36	0.6	1.9	2.7	4.8	6.0	7.5	8.2
Alpha-linolenic acid	0.6^	0.33	0.1	0.1	0.3	0.5	0.8	1.1	1.1
Carbohydrate	63.6^	10.55	47.5	47.8	50.4	66.6	71.7	74.4	75.9
Added sugar	10.6^	6.66	0.0	0.7	3.7	10.1	14.9	17.9	19.9
Protein	16.6^	5.47	6.5	9.9	13.7	15.0	17.8	21.3	24.8
Number of Morning Snacks	66								
Number of Head Start Programs	16								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Head Start programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

A "A" identifies mean estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods. An indication of an imprecise mean is an indication that the standard deviation and percentiles are imprecise also.

A "--" means not applicable, no data, or the sample size is not sufficiently large enough to yield a meaningful statistic (such as a percentile).

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.16 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in Head Start Programs (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	192	46.8	107	136	162	191	211	240	262	188	38.3	127	136	164	191	206	233	250
Macronutrients																		
Total fat (g)	7	2.6	3	4	5	7	9	10	11	6	2.4	3	3	4	6	7	9	11
Saturated fat (g)	3	1.4	1	1	2	3	4	4	5	2	1.1	1	1	1	2	3	3	5
Monounsaturated fat (g)	2	0.9	1	1	1	2	3	3	4	2	0.9	1	1	1	2	3	3	3
Polyunsaturated fat (g)	2	0.5	0	1	1	1	2	2	2	2	0.6	1	1	1	1	2	2	3
Linoleic acid (g)	1	0.5	0	1	1	1	2	2	2	1	0.5	1	1	1	1	2	2	2
Alpha-linolenic acid (g)	0.2	0.07	0.1	0.1	0.1	0.2	0.2	0.2	0.3	0.2	0.07	0.1	0.1	0.1	0.2	0.2	0.2	0.3
Carbohydrate (g)	26	6.6	10	19	22	27	30	34	37	28	5.4	20	22	23	28	32	34	36
Protein (g)	6	2.3	3	3	4	5	7	8	9	6	2.3	3	3	5	6	7	8	10
Vitamins																		
Vitamin A (mcg RAE)	74	43.2	4	13	41	74	107	127	145	81	49.6	8	20	43	67	116	134	171
Vitamin C (mg)	11	8.7	0	1	4	10	16	26	27	13	8.1	2	3	7	12	18	26	27
Vitamin D (mcg)	1.1	0.80	0.0	0.0	0.4	1.0	1.6	2.2	2.6	0.9	0.67	0.0	0.1	0.4	0.9	1.4	1.8	2.1
Vitamin E (mg AT)	0.6	0.35	0.1	0.3	0.4	0.5	0.7	0.9	1.1	0.6	0.26	0.3	0.3	0.4	0.6	0.7	0.9	1.1
Vitamin B ₆ (mg)	0.1	0.07	0.1	0.1	0.1	0.1	0.2	0.2	0.3	0.1	0.06	0.1	0.1	0.1	0.1	0.2	0.2	0.3
Vitamin B ₁₂ (mcg)	0.5	0.36	0.0	0.1	0.2	0.5	0.7	1.0	1.2	0.5	0.31	0.1	0.1	0.2	0.4	0.7	1.0	1.1
Folate (mcg DFE)	46	25.0	10	22	31	38	50	87	99	45	23.0	22	26	32	37	47	84	99
Niacin (mg)	1.3	0.60	0.2	0.7	0.9	1.2	1.8	2.0	2.3	1.4	0.60	0.8	0.9	0.9	1.3	1.7	2.1	2.4
Riboflavin (mg)	0.3	0.10	0.1	0.1	0.2	0.3	0.3	0.4	0.4	0.2	0.10	0.1	0.1	0.2	0.2	0.3	0.4	0.4
Thiamin (mg)	0.1	0.05	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.1	0.04	0.1	0.1	0.1	0.1	0.2	0.2	0.2
Minerals																		
Calcium (mg)	176	81.6	39	57	116	182	223	270	298	175	81.0	41	73	121	163	223	279	294
Iron (mg)	1.1	0.55	0.1	0.7	0.8	1.0	1.3	1.9	2.3	1.2	0.53	0.6	0.7	0.8	1.0	1.3	1.9	2.4
Magnesium (mg)	25	6.9	15	16	21	24	29	32	35	27	7.9	15	18	22	27	31	36	38
Phosphorus (mg)	152	57.4	72	77	105	141	188	213	263	157	61.0	74	83	110	147	195	225	279
Potassium (mg)	249	67.9	144	166	208	243	274	318	377	267	80.4	164	173	201	255	307	364	425
Sodium (mg)	225	85.8	78	111	169	218	276	310	345	231	81.9	112	141	173	218	276	313	379
Zinc (mg)	0.9	0.38	0.4	0.4	0.6	0.9	1.1	1.4	1.6	0.9	0.41	0.4	0.4	0.7	0.9	1.1	1.6	1.7

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	16	12.8	1	2	8	15	19	27	44	13	10.7	2	3	6	10	15	26	38
Dietary fiber (g)	1	0.8	0	1	1	1	2	2	3	2	0.6	1	1	1	2	2	2	3
Dietary fiber (g/1,000 Calories)	8	4.1	1	3	5	8	10	12	13	9	2.9	3	4	7	9	11	12	13
Total sugar (g)	15	5.4	7	8	11	14	19	22	22	16	4.9	8	9	13	16	19	21	22
Percentage of Calories From																		
Total fat	32.3	7.38	16.8	23.5	27.8	31.5	36.7	41.1	45.9	28.1	6.97	16.0	17.0	23.5	26.8	33.3	38.1	40.5
Saturated fat	12.5	5.10	4.0	5.2	9.2	11.9	14.8	18.1	19.1	9.5	3.37	3.9	5.1	7.2	9.2	11.0	14.4	15.4
Monounsaturated fat	9.7	3.29	5.5	6.5	7.4	8.9	11.3	13.2	14.7	8.8	2.86	4.9	5.1	6.5	8.1	10.6	12.4	13.7
Polyunsaturated fat	7.1	2.52	2.9	4.1	5.7	6.7	7.8	10.0	12.9	7.6	2.68	3.6	4.3	5.9	6.9	8.7	10.8	13.4
Linoleic acid	6.2	2.35	1.9	3.7	5.1	5.7	6.7	8.7	11.1	6.7	2.41	3.2	3.9	5.1	6.1	7.7	9.8	11.8
Alpha-linolenic acid	0.9	0.30	0.4	0.5	0.6	0.9	1.0	1.1	1.5	0.8	0.33	0.3	0.4	0.6	0.7	0.9	1.2	1.4
Carbohydrate	57.4	10.18	34.1	44.5	50.5	58.5	63.6	66.8	75.4	61.5	7.98	48.3	49.4	54.8	62.1	66.8	71.6	75.1
Added sugar	9.1	5.15	0.0	3.0	4.9	8.7	12.6	15.0	16.3	10.0	4.59	3.4	4.2	7.0	9.4	12.6	15.0	17.5
Protein	12.1	3.29	7.7	8.6	9.5	11.3	14.4	16.1	18.1	12.6	3.16	7.6	8.5	10.4	12.2	14.5	16.8	18.9
Number of Afternoon Snacks	202									257								
Number of Head Start Programs	45									54								

Notes at the end of panel II.

Table D.1.16 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in Head Start Programs (Panel II)

	Age Group (Years)								
	3-5								
	Percentiles								
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	201	41.7	143	153	176	191	220	257	290
Macronutrients									
Total fat (g)	6	2.3	3	3	4	6	7	9	10
Saturated fat (g)	2	1.0	1	1	1	2	3	3	4
Monounsaturated fat (g)	2	0.9	1	1	1	2	2	3	3
Polyunsaturated fat (g)	2	0.7	1	1	1	2	2	3	3
Linoleic acid (g)	1	0.6	0	1	1	1	2	2	3
Alpha-linolenic acid (g)	0.2	0.08	0.0	0.1	0.1	0.1	0.2	0.3	0.3
Carbohydrate (g)	31	7.4	21	23	26	30	36	42	46
Protein (g)	7	2.4	3	4	5	6	8	10	11
Vitamins									
Vitamin A (mcg RAE)	99	60.8	19	27	55	85	137	187	200
Vitamin C (mg)	13	9.7	2	2	4	12	17	27	32
Vitamin D (mcg)	1.2	0.76	0.1	0.2	0.6	1.0	1.8	2.2	2.4
Vitamin E (mg AT)	0.7	0.44	0.3	0.3	0.4	0.6	0.8	1.1	1.4
Vitamin B ₆ (mg)	0.2	0.11	0.1	0.1	0.1	0.1	0.2	0.3	0.3
Vitamin B ₁₂ (mcg)	0.6	0.44	0.1	0.2	0.3	0.6	0.9	1.1	1.3
Folate (mcg DFE)	59	44.1	21	24	35	43	64	111	147
Niacin (mg)	1.6	0.76	0.8	0.9	1.1	1.4	2.0	2.6	3.1
Riboflavin (mg)	0.3	0.13	0.1	0.1	0.2	0.3	0.4	0.5	0.5
Thiamin (mg)	0.2	0.06	0.1	0.1	0.1	0.1	0.2	0.2	0.3
Minerals									
Calcium (mg)	189	85.2	68	85	120	179	245	283	330
Iron (mg)	1.4	0.87	0.6	0.7	0.9	1.1	1.4	2.6	3.2
Magnesium (mg)	30	9.1	19	21	24	29	34	43	50
Phosphorus (mg)	175	61.9	82	95	126	173	209	251	284
Potassium (mg)	305	92.3	188	204	239	284	350	445	485
Sodium (mg)	238	83.5	130	145	177	223	279	331	397
Zinc (mg)	1.1	0.50	0.4	0.5	0.8	1.0	1.3	1.8	2.1

	Age Group (Years)								
	3-5								
	Percentiles								
	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components									
Cholesterol (mg)	12	10.7	2	2	5	9	15	23	39
Dietary fiber (g)	2	0.7	1	1	1	2	2	3	3
Dietary fiber (g/1,000 Calories)	9	3.5	3	4	7	9	11	13	15
Total sugar (g)	18	6.1	10	10	13	17	22	27	30
Percentage of Calories From									
Total fat	25.1	7.08	13.1	15.7	20.8	25.0	29.9	33.8	36.9
Saturated fat	8.4	3.09	4.0	4.4	5.9	8.1	10.2	12.6	13.9
Monounsaturated fat	7.7	2.62	3.7	4.6	5.9	7.5	9.0	10.9	12.5
Polyunsaturated fat	7.1	3.08	2.5	3.8	4.7	7.0	8.7	10.4	12.2
Linoleic acid	6.3	2.77	2.2	3.2	4.2	6.3	7.8	9.7	11.3
Alpha-linolenic acid	0.7	0.36	0.2	0.3	0.4	0.7	0.9	1.1	1.3
Carbohydrate	63.6	8.60	49.2	51.8	57.7	63.3	69.4	74.8	77.9
Added sugar	10.2	5.33	2.3	3.2	6.1	9.8	13.8	17.2	18.4
Protein	13.6	3.96	7.4	8.2	10.3	13.6	16.2	18.6	20.1
Number of Afternoon Snacks	809								
Number of Head Start Programs	181								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Head Start programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.17 Mean and Distribution of Calories and Nutrients in CACFP Breakfasts Served in Family Day Care Homes (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	252	42.2	202	209	219	241	274	304	345	228	41.0	172	182	200	223	246	267	313
Macronutrients																		
Total fat (g)	9	3.5	4	5	7	8	11	14	15	6	2.9	2	3	4	6	8	10	12
Saturated fat (g)	4	1.7	2	2	3	4	5	6	7	2	1.3	1	1	2	2	3	4	5
Monounsaturated fat (g)	3	1.2	1	2	2	2	3	4	5	2	1.1	1	1	1	2	3	3	4
Polyunsaturated fat (g)	1	0.6	1	1	1	1	2	2	2	1	0.6	0	0	1	1	2	2	2
Linoleic acid (g)	1	0.5	0	1	1	1	1	2	2	1	0.5	0	0	1	1	1	2	2
Alpha-linolenic acid (g)	0.2	0.07	0.0	0.1	0.1	0.2	0.2	0.3	0.3	0.1	0.07	0.0	0.0	0.1	0.1	0.1	0.2	0.2
Carbohydrate (g)	34	5.7	28	30	31	33	36	40	44	35	5.3	28	30	32	34	37	40	44
Protein (g)	9	1.6	7	8	8	9	10	11	13	10	1.5	8	8	9	9	10	12	13
Vitamins																		
Vitamin A (mcg RAE)	186	56.4	93	124	143	183	217	250	263	203	42.8	138	148	169	201	235	259	268
Vitamin C (mg)	12	6.4	4	4	7	11	14	20	25	13	7.4	4	5	8	12	16	25	27
Vitamin D (mcg)	2.5	0.47	2.1	2.2	2.3	2.5	2.6	2.8	3.1	2.4	0.25	2.1	2.1	2.2	2.4	2.6	2.7	2.9
Vitamin E (mg AT)	0.8	0.66	0.3	0.3	0.4	0.6	0.9	1.5	2.1	0.7	0.55	0.2	0.2	0.3	0.5	0.8	1.4	1.8
Vitamin B ₆ (mg)	0.3	0.12	0.2	0.2	0.3	0.3	0.4	0.5	0.5	0.4	0.13	0.2	0.2	0.3	0.3	0.4	0.5	0.5
Vitamin B ₁₂ (mcg)	1.3	0.35	0.8	0.9	1.1	1.3	1.5	1.8	1.9	1.4	0.37	0.9	1.0	1.2	1.3	1.6	1.8	2.0
Folate (mcg DFE)	105	52.7	32	44	72	96	127	172	194	111	58.4	36	45	78	102	133	181	197
Niacin (mg)	2.7	1.08	1.2	1.5	2.2	2.7	3.2	3.8	4.5	2.8	0.89	1.2	1.6	2.2	2.7	3.2	4.1	4.5
Riboflavin (mg)	0.5	0.09	0.4	0.4	0.4	0.5	0.5	0.6	0.6	0.5	0.07	0.4	0.4	0.4	0.5	0.5	0.6	0.6
Thiamin (mg)	0.3	0.08	0.2	0.2	0.2	0.3	0.3	0.4	0.4	0.3	0.07	0.1	0.2	0.2	0.3	0.3	0.4	0.4
Minerals																		
Calcium (mg)	271	50.0	220	231	247	261	283	306	351	284	34.2	244	250	264	277	296	325	355
Iron (mg)	3.0	2.21	0.9	1.2	2.2	2.8	3.6	4.3	4.7	2.9	1.14	1.2	1.5	2.2	2.9	3.5	4.3	4.8
Magnesium (mg)	42	8.0	32	34	36	41	46	53	57	44	7.1	32	36	40	43	48	54	58
Phosphorus (mg)	246	35.8	203	211	224	242	259	288	311	262	29.9	221	226	245	261	275	302	326
Potassium (mg)	418	54.5	341	365	384	412	446	474	506	452	49.4	369	392	423	447	476	511	547
Sodium (mg)	273	69.8	193	210	229	252	284	363	394	274	68.5	202	214	228	253	302	370	394
Zinc (mg)	1.9	0.75	1.0	1.1	1.4	1.8	2.1	2.6	3.0	2.0	0.68	1.1	1.2	1.6	1.9	2.4	2.9	3.5

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	31	21.2	10	13	19	24	32	60	69	24	21.2	7	8	10	17	30	53	72
Dietary fiber (g)	2	0.6	2	2	2	2	3	3	3	2	0.4	2	2	2	2	3	3	3
Dietary fiber (g/1,000 Calories)	10	3.0	6	7	8	10	11	13	14	11	2.5	7	8	9	11	13	14	15
Total sugar (g)	19	3.6	14	15	16	18	20	23	24	19	3.6	14	15	17	18	21	23	25
Percentage of Calories From																		
Total fat	31.5	7.65	16.6	20.1	27.3	31.7	35.6	40.4	43.5	21.8	7.15	11.4	13.3	16.6	21.1	26.1	31.5	35.6
Saturated fat	14.6	4.08	6.4	7.8	13.3	14.8	16.6	18.8	20.8	8.7	3.27	2.9	5.5	6.6	8.1	10.3	13.4	14.8
Monounsaturated fat	9.2	2.57	4.7	6.3	7.9	8.7	10.6	12.9	14.2	7.1	2.78	3.5	3.9	5.1	6.7	8.6	10.9	12.8
Polyunsaturated fat	4.5	1.41	2.4	2.8	3.5	4.5	5.6	6.2	6.4	4.3	1.66	1.9	2.3	3.0	4.0	5.4	6.5	6.9
Linoleic acid	3.8	1.24	1.7	2.2	2.9	3.7	4.8	5.3	5.6	3.8	1.45	1.7	2.0	2.7	3.6	4.9	5.7	6.0
Alpha-linolenic acid	0.7	0.22	0.2	0.3	0.5	0.7	0.8	0.9	1.0	0.4	0.23	0.1	0.1	0.2	0.3	0.5	0.7	0.8
Carbohydrate	55.8	7.39	42.4	46.7	51.6	55.6	59.7	65.8	69.2	63.4	7.01	50.4	52.8	59.1	64.5	68.3	72.1	74.2
Added sugar	5.5	3.27	1.1	1.8	2.9	4.8	7.2	10.5	12.2	6.2	3.45	1.3	1.6	3.8	5.8	8.7	10.8	11.9
Protein	15.1	1.92	12.5	13.1	14.0	15.0	16.1	17.2	18.4	17.6	1.87	14.5	15.2	16.1	17.5	19.0	20.0	20.5
Number of Breakfasts	513									640								
Number of Family Day Care Homes	118									141								

Notes at the end of panel II.

Table D.1.17 Mean and Distribution of Calories and Nutrients in CACFP Breakfasts Served in Family Day Care Homes (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	300	56.6	222	234	258	297	326	374	413	312	58.0	235	245	266	308	340	391	432
Macronutrients																		
Total fat (g)	9	4.5	3	4	5	8	11	14	17	9	4.7	4	4	6	8	12	16	20
Saturated fat (g)	4	2.3	1	1	2	3	5	6	7	4	2.2	1	2	2	3	5	8	9
Monounsaturated fat (g)	3	1.7	1	1	2	3	4	5	6	3	1.8	1	1	2	3	4	5	7
Polyunsaturated fat (g)	2	0.7	1	1	1	1	2	2	3	2	0.8	1	1	1	1	2	3	3
Linoleic acid (g)	1	0.6	0	1	1	1	2	2	2	1	0.8	1	1	1	1	2	2	3
Alpha-linolenic acid (g)	0.1	0.08	0.0	0.1	0.1	0.1	0.2	0.2	0.3	0.1	0.08	0.0	0.1	0.1	0.1	0.2	0.2	0.3
Carbohydrate (g)	46	6.7	38	39	41	45	49	54	59	47	6.5	38	39	42	46	51	55	58
Protein (g)	12	1.9	10	10	11	12	13	14	15	12	2.0	10	10	11	12	13	15	17
Vitamins																		
Vitamin A (mcg RAE)	257	55.9	173	187	217	250	299	321	337	260	55.1	174	192	225	252	302	332	344
Vitamin C (mg)	19	9.9	6	7	12	18	24	31	36	18	9.6	5	6	12	16	21	28	35
Vitamin D (mcg)	2.8	0.24	2.5	2.6	2.7	2.8	3.0	3.1	3.3	2.9	0.30	2.5	2.6	2.7	2.9	3.1	3.3	3.5
Vitamin E (mg AT)	1.0	0.67	0.3	0.4	0.5	0.8	1.1	1.8	2.2	0.9	0.63	0.3	0.4	0.5	0.7	1.0	1.8	2.4
Vitamin B ₆ (mg)	0.5	0.12	0.3	0.3	0.4	0.4	0.5	0.6	0.7	0.5	0.15	0.2	0.3	0.4	0.4	0.5	0.6	0.7
Vitamin B ₁₂ (mcg)	1.7	0.34	1.2	1.3	1.5	1.7	1.9	2.2	2.3	1.7	0.38	1.1	1.3	1.4	1.7	1.9	2.2	2.5
Folate (mcg DFE)	139	55.3	59	69	108	132	162	200	234	141	69.3	54	61	99	134	168	209	256
Niacin (mg)	3.6	0.93	2.1	2.6	3.0	3.5	4.2	4.9	5.3	3.7	1.08	1.7	2.6	3.1	3.7	4.3	5.0	5.7
Riboflavin (mg)	0.6	0.08	0.5	0.5	0.6	0.6	0.7	0.7	0.8	0.6	0.09	0.5	0.5	0.6	0.6	0.7	0.7	0.8
Thiamin (mg)	0.3	0.07	0.2	0.3	0.3	0.3	0.4	0.5	0.5	0.4	0.08	0.2	0.3	0.3	0.3	0.4	0.5	0.5
Minerals																		
Calcium (mg)	341	37.8	293	301	316	333	354	389	412	346	32.7	296	303	328	343	361	380	400
Iron (mg)	3.8	1.18	2.0	2.3	3.0	3.7	4.4	5.3	5.7	3.9	1.44	1.7	2.3	2.9	3.8	4.6	5.7	6.2
Magnesium (mg)	55	8.2	45	45	49	53	58	67	70	56	9.2	43	46	50	54	60	70	75
Phosphorus (mg)	321	37.5	269	278	294	317	341	371	394	331	42.1	262	278	301	329	353	383	407
Potassium (mg)	565	59.6	470	493	528	560	599	643	670	571	69.1	478	487	519	559	610	664	714
Sodium (mg)	359	95.7	255	263	289	338	399	467	544	378	110.6	240	267	303	353	413	515	625
Zinc (mg)	2.4	0.72	1.3	1.5	2.0	2.3	2.8	3.3	3.6	2.5	0.88	1.4	1.6	2.0	2.4	2.9	3.5	4.1

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	35	29.9	7	9	14	26	47	72	95	42	31.9	7	9	16	33	59	82	121
Dietary fiber (g)	3	0.6	2	3	3	3	4	4	4	3	0.6	2	3	3	3	4	4	4
Dietary fiber (g/1,000 Calories)	12	2.7	8	9	10	12	13	15	17	11	2.7	7	8	9	11	13	15	16
Total sugar (g)	25	4.7	20	20	21	24	28	31	33	25	4.2	19	20	22	25	28	30	33
Percentage of Calories From																		
Total fat	22.5	7.87	10.8	12.8	17.3	21.9	26.8	33.4	37.1	23.4	8.18	10.1	13.3	17.6	22.2	27.5	36.2	38.8
Saturated fat	9.2	4.23	3.0	5.3	6.6	8.3	11.2	15.1	17.1	9.8	4.27	3.1	5.5	6.6	8.7	12.3	16.5	17.8
Monounsaturated fat	7.3	2.89	3.1	4.1	5.3	7.1	8.9	11.5	13.2	7.6	2.96	3.1	4.3	5.6	7.3	8.9	12.1	13.4
Polyunsaturated fat	4.2	1.48	1.9	2.3	3.3	4.1	5.1	6.1	6.7	4.2	1.51	2.0	2.4	3.0	4.1	4.9	6.1	6.8
Linoleic acid	3.8	1.31	1.7	2.1	3.0	3.7	4.6	5.5	6.0	3.8	1.36	1.9	2.1	2.7	3.6	4.5	5.4	6.2
Alpha-linolenic acid	0.4	0.20	0.1	0.2	0.2	0.3	0.4	0.6	0.7	0.4	0.17	0.1	0.2	0.2	0.3	0.5	0.6	0.6
Carbohydrate	64.0	7.69	50.2	53.8	59.3	64.5	68.7	73.5	75.6	62.8	8.10	48.0	50.3	57.5	63.2	68.2	73.9	75.7
Added sugar	6.5	3.55	1.4	2.3	4.0	5.8	8.9	11.5	13.0	6.5	3.42	1.4	2.5	4.0	5.8	8.7	11.4	13.0
Protein	16.6	1.94	13.4	14.0	15.2	16.6	18.0	19.0	19.7	16.6	1.84	13.4	14.4	15.2	16.5	18.0	19.1	19.4
Number of Breakfasts	787									442								
Number of Family Day Care Homes	169									97								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Family Day Care Homes participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.18 Mean and Distribution of Calories and Nutrients in CACFP Lunches Served in Family Day Care Homes (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	364	52.7	297	304	320	359	399	431	452	346	48.4	270	286	312	350	377	401	424
Macronutrients																		
Total fat (g)	15	4.0	9	10	12	15	17	20	21	13	3.4	7	8	10	13	15	17	18
Saturated fat (g)	6	1.8	3	4	5	6	7	9	9	5	1.6	2	3	3	5	6	7	8
Monounsaturated fat (g)	5	1.3	3	3	4	4	5	6	6	4	1.2	2	3	3	4	5	5	6
Polyunsaturated fat (g)	3	1.0	1	2	2	3	3	4	5	3	1.0	1	1	2	2	3	4	4
Linoleic acid (g)	2	0.9	1	1	2	2	3	3	4	2	0.9	1	1	2	2	3	3	4
Alpha-linolenic acid (g)	0.3	0.11	0.2	0.2	0.3	0.3	0.4	0.5	0.5	0.3	0.10	0.1	0.1	0.2	0.2	0.3	0.4	0.4
Carbohydrate (g)	40	6.7	30	32	36	39	45	50	53	41	6.7	31	33	36	40	45	50	53
Protein (g)	18	2.4	15	15	16	18	20	21	22	19	2.7	15	16	17	19	21	22	24
Vitamins																		
Vitamin A (mcg RAE)	206	68.9	108	118	149	197	255	288	327	230	68.5	127	140	186	228	276	312	343
Vitamin C (mg)	15	7.8	5	6	9	13	20	26	29	15	8.2	4	6	9	13	20	28	30
Vitamin D (mcg)	2.4	0.53	2.0	2.1	2.2	2.3	2.5	2.8	3.0	2.3	0.35	2.0	2.0	2.1	2.2	2.4	2.7	2.9
Vitamin E (mg AT)	1.3	0.49	0.8	0.9	1.0	1.2	1.5	2.2	2.3	1.3	0.49	0.7	0.8	1.0	1.2	1.5	1.9	2.3
Vitamin B ₆ (mg)	0.4	0.08	0.2	0.3	0.3	0.4	0.4	0.5	0.5	0.4	0.08	0.3	0.3	0.3	0.4	0.4	0.5	0.5
Vitamin B ₁₂ (mcg)	1.2	0.26	0.9	0.9	1.0	1.2	1.3	1.5	1.6	1.3	0.35	1.0	1.0	1.1	1.2	1.4	1.6	1.7
Folate (mcg DFE)	76	18.6	48	52	63	76	90	96	106	77	20.1	48	54	62	75	88	106	111
Niacin (mg)	4.3	0.89	2.8	3.3	3.8	4.3	4.9	5.3	5.6	4.4	0.97	2.9	3.2	3.8	4.3	4.9	5.5	6.2
Riboflavin (mg)	0.5	0.06	0.4	0.4	0.5	0.5	0.5	0.6	0.6	0.5	0.06	0.4	0.5	0.5	0.5	0.5	0.6	0.6
Thiamin (mg)	0.3	0.06	0.2	0.2	0.3	0.3	0.3	0.4	0.4	0.3	0.05	0.2	0.2	0.3	0.3	0.3	0.3	0.4
Minerals																		
Calcium (mg)	294	58.6	223	236	253	283	332	365	402	317	63.7	236	249	269	305	359	408	422
Iron (mg)	2.0	0.42	1.5	1.5	1.7	2.0	2.3	2.6	2.7	2.1	0.44	1.5	1.6	1.8	2.1	2.3	2.6	2.8
Magnesium (mg)	58	7.3	46	49	52	58	64	66	70	59	8.2	47	49	53	59	64	71	73
Phosphorus (mg)	335	39.8	273	289	313	329	350	390	415	357	41.3	290	312	330	350	385	407	428
Potassium (mg)	611	60.8	504	524	577	611	646	693	709	638	71.8	519	549	599	638	675	721	751
Sodium (mg)	660	129.2	508	543	584	630	701	811	868	671	129.1	485	531	600	659	713	809	860
Zinc (mg)	2.2	0.53	1.6	1.7	1.8	2.0	2.5	3.0	3.1	2.4	0.56	1.7	1.8	2.0	2.3	2.7	3.0	3.4

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	55	19.7	29	35	42	51	62	77	91	49	17.0	27	30	36	47	59	69	80
Dietary fiber (g)	4	0.9	2	3	3	4	4	5	5	4	0.8	3	3	3	4	4	5	5
Dietary fiber (g/1,000 Calories)	11	2.6	7	8	9	10	12	14	15	11	2.4	8	8	9	11	13	14	16
Total sugar (g)	19	4.2	12	13	16	18	21	24	27	19	4.4	13	14	16	18	22	24	27
Percentage of Calories From																		
Total fat	36.1	5.77	24.8	28.1	33.5	36.0	39.8	44.6	45.8	31.2	5.66	22.0	24.1	27.5	31.1	34.6	38.0	40.7
Saturated fat	14.6	2.82	9.4	10.8	13.1	14.3	16.3	18.3	18.8	11.6	2.99	7.2	8.2	9.4	11.4	13.4	15.1	16.7
Monounsaturated fat	11.1	2.01	7.1	8.5	9.8	10.8	12.4	13.7	14.0	10.1	2.02	7.0	7.5	8.8	10.2	11.6	12.6	12.9
Polyunsaturated fat	6.5	1.95	3.5	4.2	5.2	6.2	7.8	9.1	10.2	6.5	2.10	3.1	4.0	5.1	5.9	8.0	9.0	10.2
Linoleic acid	5.6	1.77	2.8	3.4	4.3	5.2	6.6	8.1	8.7	5.7	1.89	2.6	3.4	4.4	5.2	7.1	8.0	9.0
Alpha-linolenic acid	0.8	0.22	0.5	0.5	0.7	0.8	0.9	1.1	1.2	0.6	0.23	0.3	0.4	0.5	0.6	0.8	1.0	1.1
Carbohydrate	44.6	5.26	35.8	38.1	41.3	44.5	47.5	50.7	52.4	47.5	4.87	39.8	41.2	44.2	47.6	50.7	53.0	55.6
Added sugar	3.1	2.35	0.4	0.7	1.2	2.5	4.3	6.4	8.0	3.3	2.59	0.4	0.8	1.4	2.5	4.9	6.9	8.7
Protein	20.7	3.31	15.7	16.3	18.5	20.9	22.7	25.1	26.3	22.7	3.82	17.0	18.0	20.0	22.4	25.2	27.6	29.2
Number of Lunches	621									774								
Number of Family Day Care Homes	136									168								

Notes at the end of panel II.

Table D.1.18 Mean and Distribution of Calories and Nutrients in CACFP Lunches Served in Family Day Care Homes (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	444	70.0	338	370	403	437	482	526	572	559	94.6	408	462	499	549	610	689	723
Macronutrients																		
Total fat (g)	16	4.7	9	11	12	16	19	21	23	20	5.9	10	13	15	20	24	27	29
Saturated fat (g)	6	2.1	3	4	4	6	7	9	10	7	2.4	3	4	5	7	9	10	11
Monounsaturated fat (g)	5	1.6	3	3	4	5	6	7	8	7	2.2	3	3	5	7	8	9	10
Polyunsaturated fat (g)	3	1.4	2	2	2	3	4	5	6	4	1.6	2	2	3	4	5	7	7
Linoleic acid (g)	3	1.2	1	2	2	3	4	4	5	4	1.4	2	2	3	4	5	6	6
Alpha-linolenic acid (g)	0.3	0.14	0.1	0.2	0.2	0.3	0.4	0.5	0.6	0.4	0.15	0.2	0.2	0.3	0.4	0.5	0.6	0.7
Carbohydrate (g)	52	9.5	38	42	46	51	57	64	70	69	14.5	45	51	59	68	76	89	94
Protein (g)	24	3.3	19	20	22	24	26	29	30	29	3.8	23	24	26	28	31	34	35
Vitamins																		
Vitamin A (mcg RAE)	283	85.9	155	170	221	281	339	383	415	345	124.0	171	191	236	341	423	498	527
Vitamin C (mg)	18	9.4	5	8	11	17	25	31	36	28	13.3	12	13	17	25	37	44	52
Vitamin D (mcg)	2.9	0.50	2.4	2.5	2.6	2.7	3.0	3.4	3.9	3.5	0.54	2.7	3.0	3.2	3.3	3.7	4.1	4.5
Vitamin E (mg AT)	1.7	0.63	0.9	1.0	1.3	1.5	1.9	2.6	2.9	2.1	0.82	1.1	1.2	1.6	1.9	2.5	3.2	3.7
Vitamin B ₆ (mg)	0.5	0.11	0.3	0.3	0.4	0.5	0.5	0.6	0.7	0.6	0.14	0.4	0.4	0.5	0.6	0.7	0.8	0.8
Vitamin B ₁₂ (mcg)	1.6	0.43	1.2	1.3	1.4	1.6	1.8	1.9	2.1	1.9	0.62	1.3	1.4	1.6	1.8	2.1	2.3	2.4
Folate (mcg DFE)	97	25.3	61	67	81	95	111	126	143	118	34.4	68	80	88	117	138	161	176
Niacin (mg)	5.6	1.20	3.8	4.1	4.8	5.4	6.3	7.0	7.8	6.7	1.39	4.3	5.2	5.7	6.4	7.5	8.5	8.8
Riboflavin (mg)	0.6	0.07	0.5	0.6	0.6	0.6	0.7	0.7	0.7	0.8	0.10	0.6	0.7	0.7	0.8	0.8	0.9	0.9
Thiamin (mg)	0.4	0.07	0.3	0.3	0.3	0.4	0.4	0.5	0.5	0.5	0.11	0.3	0.4	0.4	0.4	0.5	0.6	0.6
Minerals																		
Calcium (mg)	396	80.5	288	307	337	381	441	500	533	479	105.1	335	354	410	450	550	617	659
Iron (mg)	2.7	0.55	1.9	2.1	2.3	2.6	3.0	3.3	3.6	3.3	0.80	2.2	2.2	2.7	3.3	3.7	4.1	4.5
Magnesium (mg)	75	10.6	59	62	68	74	83	89	92	95	16.2	69	75	83	92	103	114	120
Phosphorus (mg)	449	51.5	370	392	419	441	480	518	538	549	71.1	441	454	501	536	590	643	673
Potassium (mg)	802	85.1	650	695	746	808	849	911	952	1042	124.0	833	867	955	1028	1124	1197	1230
Sodium (mg)	858	162.1	640	685	769	835	924	1056	1170	1046	218.6	788	814	926	995	1153	1301	1525
Zinc (mg)	3.0	0.69	2.1	2.3	2.5	2.8	3.4	3.9	4.2	3.5	0.89	2.5	2.5	2.9	3.2	4.0	4.7	5.2

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	62	23.3	32	36	45	56	74	88	108	76	29.0	39	47	58	73	88	102	129
Dietary fiber (g)	5	1.1	3	4	4	5	5	6	7	6	1.3	4	5	5	6	7	8	8
Dietary fiber (g/1,000 Calories)	11	2.7	8	8	9	11	13	15	16	11	2.7	7	8	9	11	13	15	17
Total sugar (g)	24	5.4	16	17	20	23	27	31	35	33	9.2	20	22	26	31	40	46	51
Percentage of Calories From																		
Total fat	31.3	5.94	22.0	23.5	27.3	30.9	34.9	39.1	41.3	30.9	6.38	21.2	23.3	26.6	30.8	34.8	39.4	42.4
Saturated fat	11.5	2.98	7.1	8.1	9.5	11.3	13.5	15.4	17.1	11.1	2.90	6.9	7.3	9.3	10.7	12.7	15.6	16.4
Monounsaturated fat	10.1	2.06	6.8	7.6	8.7	10.1	11.5	12.7	13.4	10.1	2.56	5.6	6.6	8.3	10.1	11.9	13.4	14.0
Polyunsaturated fat	6.6	2.30	3.3	4.0	5.1	6.1	7.8	9.3	10.9	6.7	2.12	3.6	4.0	4.9	6.7	8.2	9.3	10.4
Linoleic acid	5.8	2.08	2.8	3.3	4.4	5.4	6.9	8.4	9.5	5.9	1.92	3.1	3.3	4.3	5.9	7.1	8.2	9.3
Alpha-linolenic acid	0.6	0.25	0.3	0.4	0.5	0.6	0.7	0.9	1.1	0.7	0.22	0.4	0.4	0.5	0.6	0.8	0.9	1.1
Carbohydrate	47.5	5.34	38.9	40.9	44.0	47.9	50.5	54.0	55.9	49.3	6.18	38.8	41.6	45.5	48.8	54.4	55.9	58.9
Added sugar	3.4	2.57	0.3	0.8	1.4	2.7	4.7	6.8	8.5	4.1	3.25	0.1	0.9	1.7	3.2	6.0	8.7	10.2
Protein	22.6	3.83	17.1	18.0	19.4	22.2	25.1	27.2	29.1	21.6	3.89	16.0	17.1	18.5	21.2	23.8	26.3	29.4
Number of Lunches	900									378								
Number of Family Day Care Homes	192									90								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Family Day Care Homes participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.19 Mean and Distribution of Calories and Nutrients in CACFP Suppers Served in Family Day Care Homes (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	345	60.4	281	294	312	328	375	429	462	331	63.9	259	272	290	317	359	422	446
Macronutrients																		
Total fat (g)	14	3.2	9	10	11	14	16	18	19	11	3.3	5	7	9	11	13	15	16
Saturated fat (g)	6	1.4	3	4	5	5	6	7	8	4	1.4	1	2	3	4	5	5	7
Monounsaturated fat (g)	4	1.2	3	3	4	4	5	6	6	4	1.2	1	2	3	4	4	5	6
Polyunsaturated fat (g)	2	0.9	1	1	2	2	3	4	4	2	0.9	1	1	2	2	3	4	4
Linoleic acid (g)	2	0.8	1	1	1	2	3	3	3	2	0.8	1	1	1	2	3	3	3
Alpha-linolenic acid (g)	0.3	0.10	0.1	0.2	0.2	0.3	0.4	0.4	0.5	0.2	0.10	0.1	0.1	0.2	0.2	0.3	0.3	0.4
Carbohydrate (g)	38	9.7	26	28	31	36	42	46	56	40	9.6	28	31	34	36	44	49	57
Protein (g)	18	3.2	10	14	16	18	21	22	23	19	3.4	14	15	16	19	21	23	23
Vitamins																		
Vitamin A (mcg RAE)	196	177.5	88	100	128	150	208	241	306	214	172.0	108	117	138	172	228	273	377
Vitamin C (mg)	14	7.4	4	5	8	12	18	21	25	15	7.2	4	6	10	15	20	22	28
Vitamin D (mcg)	2.3	0.35	2.0	2.1	2.2	2.3	2.4	2.6	2.8	2.2	0.38	1.9	2.0	2.1	2.2	2.3	2.5	3.0
Vitamin E (mg AT)	1.1	0.37	0.7	0.7	0.9	1.1	1.3	1.6	1.8	1.2	0.47	0.5	0.7	0.9	1.1	1.3	1.7	2.3
Vitamin B ₆ (mg)	0.4	0.11	0.2	0.2	0.2	0.4	0.4	0.5	0.6	0.4	0.09	0.2	0.2	0.3	0.4	0.4	0.5	0.5
Vitamin B ₁₂ (mcg)	1.5	1.77	0.9	0.9	1.0	1.1	1.3	1.6	1.7	1.6	1.83	0.8	1.0	1.1	1.2	1.5	1.6	1.7
Folate (mcg DFE)	72	18.6	41	51	57	71	85	100	105	76	18.0	47	52	64	74	87	102	106
Niacin (mg)	4.3	1.28	2.0	2.4	3.2	4.1	5.3	6.1	6.3	4.3	0.98	2.7	2.9	3.7	4.2	5.0	5.7	5.9
Riboflavin (mg)	0.5	0.08	0.4	0.4	0.5	0.5	0.5	0.6	0.6	0.5	0.09	0.4	0.4	0.5	0.5	0.5	0.6	0.6
Thiamin (mg)	0.3	0.09	0.2	0.2	0.2	0.3	0.3	0.4	0.5	0.3	0.10	0.2	0.2	0.2	0.3	0.3	0.3	0.4
Minerals																		
Calcium (mg)	278	51.0	214	225	235	271	310	339	343	289	52.3	221	234	248	281	325	354	384
Iron (mg)	1.9	0.53	1.3	1.4	1.6	1.9	2.1	2.6	2.8	2.1	0.61	1.1	1.6	1.7	2.1	2.5	2.9	3.5
Magnesium (mg)	56	8.9	41	46	49	55	60	67	71	58	8.5	45	47	53	58	64	67	71
Phosphorus (mg)	330	48.8	263	284	292	331	361	386	396	346	48.0	269	286	325	349	373	390	395
Potassium (mg)	598	85.8	427	481	525	597	661	708	744	637	77.8	460	533	594	642	684	731	748
Sodium (mg)	619	169.3	287	465	517	589	699	837	892	643	154.8	419	480	547	603	719	798	1001
Zinc (mg)	2.1	0.53	1.5	1.6	1.8	2.0	2.4	2.6	3.0	2.4	0.69	1.6	1.8	2.1	2.2	2.7	3.3	3.5

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	53	15.6	27	35	41	52	59	69	74	46	18.3	24	24	33	44	54	68	75
Dietary fiber (g)	4	1.1	2	2	3	3	4	5	6	4	1.1	2	3	3	4	4	6	6
Dietary fiber (g/1,000 Calories)	10	2.7	7	7	8	10	12	15	16	12	2.9	9	9	9	11	13	16	18
Total sugar (g)	18	6.1	11	12	14	16	19	25	30	19	6.3	11	13	15	16	20	26	31
Percentage of Calories From																		
Total fat	35.2	5.20	27.4	28.7	30.5	34.2	39.1	42.8	43.6	29.2	5.11	16.1	21.7	27.0	29.5	32.4	34.4	36.3
Saturated fat	14.4	2.67	9.5	11.5	12.4	14.0	15.9	17.5	18.8	10.6	2.51	6.3	7.2	9.4	10.3	11.5	13.7	14.4
Monounsaturated fat	11.0	1.87	7.8	8.3	9.5	11.0	12.0	13.7	13.9	9.6	1.99	4.5	7.3	8.5	9.9	10.8	11.3	12.1
Polyunsaturated fat	6.2	1.98	3.4	3.7	4.7	5.7	7.4	8.8	9.4	6.2	2.12	3.0	3.7	4.4	5.7	7.3	9.0	9.3
Linoleic acid	5.3	1.79	2.6	3.2	3.7	4.8	6.6	7.7	8.3	5.3	1.91	2.5	3.2	3.7	5.0	6.3	8.0	8.5
Alpha-linolenic acid	0.8	0.22	0.4	0.5	0.7	0.7	0.9	1.2	1.2	0.6	0.26	0.3	0.4	0.4	0.5	0.8	0.9	1.0
Carbohydrate	44.2	5.55	34.4	38.2	39.6	43.5	47.2	52.3	53.6	48.7	5.85	40.5	41.9	43.8	47.9	51.6	57.0	58.9
Added sugar	3.0	3.07	0.2	0.4	0.7	2.4	3.2	7.1	8.9	3.3	3.49	0.1	0.4	0.8	2.2	4.2	7.7	10.8
Protein	21.8	4.38	14.4	16.0	18.6	21.0	24.4	27.9	29.8	23.4	4.42	15.7	19.1	20.4	22.4	25.4	30.8	32.6
Number of Suppers	176									193								
Number of Family Day Care Homes	43									46								

Notes at the end of panel II.

Table D.1.19 Mean and Distribution of Calories and Nutrients in CACFP Suppers Served in Family Day Care Homes (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	427	56.6	351	365	393	416	450	514	540	547	67.2	427	453	500	538	592	625	672
Macronutrients																		
Total fat (g)	15	4.2	8	10	12	15	18	20	22	19	4.5	11	13	16	19	22	24	27
Saturated fat (g)	6	1.9	3	3	4	5	7	8	9	7	2.0	4	4	5	7	8	9	10
Monounsaturated fat (g)	5	1.6	2	3	4	5	6	7	8	6	1.7	4	4	5	6	7	8	9
Polyunsaturated fat (g)	3	1.1	1	2	2	3	4	5	5	4	1.4	2	2	3	4	5	6	6
Linoleic acid (g)	3	1.0	1	1	2	3	3	4	4	4	1.3	2	2	2	3	5	5	5
Alpha-linolenic acid (g)	0.3	0.14	0.1	0.1	0.2	0.3	0.4	0.5	0.5	0.4	0.17	0.2	0.2	0.3	0.4	0.5	0.7	0.7
Carbohydrate (g)	49	8.8	36	36	42	48	53	62	64	65	11.2	45	50	58	66	71	81	83
Protein (g)	25	3.6	19	20	22	24	28	29	30	31	4.3	23	25	28	31	33	36	36
Vitamins																		
Vitamin A (mcg RAE)	259	183.1	143	153	184	228	264	319	384	344	233.8	182	207	237	286	383	443	578
Vitamin C (mg)	18	8.1	6	7	11	18	24	28	30	27	14.5	8	9	15	25	35	48	57
Vitamin D (mcg)	2.8	0.45	2.4	2.5	2.6	2.6	2.8	3.5	3.8	3.4	0.68	2.7	3.0	3.1	3.2	3.5	4.3	4.8
Vitamin E (mg AT)	1.5	0.63	0.9	1.0	1.2	1.4	1.6	2.2	2.7	2.0	0.78	1.2	1.3	1.5	1.8	2.1	3.0	3.2
Vitamin B ₆ (mg)	0.5	0.13	0.3	0.3	0.4	0.5	0.5	0.7	0.7	0.6	0.15	0.3	0.4	0.5	0.6	0.7	0.8	0.9
Vitamin B ₁₂ (mcg)	1.9	1.96	1.2	1.3	1.5	1.6	1.9	2.1	2.2	2.4	2.40	1.5	1.6	1.8	2.0	2.4	2.5	2.6
Folate (mcg DFE)	99	25.0	61	70	83	93	115	129	145	125	33.5	77	86	98	117	149	168	184
Niacin (mg)	5.6	1.33	3.4	3.7	4.6	5.5	6.5	7.4	7.7	7.3	1.60	4.1	5.1	6.2	7.4	8.3	9.1	9.5
Riboflavin (mg)	0.6	0.09	0.5	0.5	0.6	0.6	0.7	0.7	0.7	0.8	0.11	0.7	0.7	0.7	0.8	0.8	0.9	0.9
Thiamin (mg)	0.4	0.06	0.3	0.3	0.3	0.4	0.4	0.4	0.5	0.5	0.09	0.3	0.4	0.4	0.4	0.5	0.6	0.6
Minerals																		
Calcium (mg)	364	55.8	293	298	316	344	402	435	445	437	61.7	349	356	386	422	480	529	540
Iron (mg)	2.7	0.69	1.9	2.0	2.2	2.5	2.9	3.5	3.8	3.4	0.83	2.2	2.4	2.8	3.3	3.8	4.3	4.7
Magnesium (mg)	75	10.5	63	63	67	73	82	89	91	96	14.7	74	78	86	95	108	114	117
Phosphorus (mg)	443	43.8	371	380	415	436	482	494	510	550	58.7	437	479	526	551	584	615	620
Potassium (mg)	799	90.4	644	647	734	794	869	917	924	1052	128.7	804	836	954	1066	1168	1187	1209
Sodium (mg)	800	122.8	639	664	704	777	861	977	1022	999	149.4	774	799	893	964	1066	1188	1247
Zinc (mg)	3.2	0.86	2.3	2.3	2.5	3.0	3.5	4.3	4.9	3.9	1.02	2.8	2.8	3.2	3.7	4.4	5.2	5.9

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	63	22.6	29	35	47	59	74	98	99	78	25.2	41	52	59	74	92	115	120
Dietary fiber (g)	5	1.4	3	3	4	5	5	7	7	7	1.6	4	4	5	6	8	9	9
Dietary fiber (g/1,000 Calories)	11	3.3	7	8	9	11	14	15	16	12	2.8	7	8	10	12	14	16	17
Total sugar (g)	21	5.1	14	15	18	20	24	28	30	30	7.7	19	21	25	28	34	40	41
Percentage of Calories From																		
Total fat	30.9	6.41	18.0	23.4	26.7	30.9	34.0	38.4	41.5	30.6	5.53	22.2	22.7	26.7	31.0	33.0	37.0	40.8
Saturated fat	11.3	3.25	6.3	6.9	9.5	10.9	13.3	16.9	17.2	10.8	2.82	6.4	7.4	8.7	10.7	12.2	14.9	16.4
Monounsaturated fat	10.3	2.34	5.6	7.8	8.4	10.3	11.9	13.8	14.0	10.2	1.95	7.4	7.6	8.7	10.3	11.4	13.0	13.6
Polyunsaturated fat	6.4	2.06	3.5	4.1	4.7	6.0	8.0	9.3	9.8	6.7	2.13	3.6	4.3	4.7	6.6	8.4	9.2	10.8
Linoleic acid	5.5	1.80	3.2	3.3	4.0	5.3	6.9	7.8	8.7	5.8	1.87	3.0	3.5	3.9	5.9	7.1	8.1	9.0
Alpha-linolenic acid	0.7	0.26	0.3	0.3	0.4	0.6	0.8	1.0	1.1	0.7	0.26	0.3	0.4	0.5	0.7	0.8	1.1	1.2
Carbohydrate	46.4	6.42	34.3	38.1	41.5	46.5	50.1	53.0	58.3	47.9	5.71	34.9	40.8	44.8	48.1	51.5	53.8	55.7
Added sugar	2.5	2.06	0.1	0.4	0.8	2.2	3.2	5.0	7.3	2.8	2.56	0.1	0.4	0.8	1.8	3.4	6.2	7.2
Protein	23.9	4.11	17.0	19.8	20.8	22.9	26.4	29.8	31.4	23.1	3.70	17.3	18.4	20.4	22.7	25.3	29.0	29.9
Number of Suppers	265									244								
Number of Family Day Care Homes	58									56								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Family Day Care Homes participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.20 Mean and Distribution of Calories and Nutrients in CACFP Morning Snacks Served in Family Day Care Homes (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	231	70.4	126	145	183	214	278	336	352	210	60.3	130	145	162	196	245	308	321
Macronutrients																		
Total fat (g)	9	4.2	2	4	6	8	12	14	16	7	3.3	3	3	4	6	8	11	12
Saturated fat (g)	4	1.9	0	1	2	4	5	7	7	2	1.3	1	1	1	2	3	4	5
Monounsaturated fat (g)	3	1.5	1	1	2	2	4	5	5	2	1.4	1	1	1	2	3	4	5
Polyunsaturated fat (g)	2	1.0	0	1	1	2	2	2	4	2	0.8	0	1	1	2	2	3	3
Linoleic acid (g)	2	0.9	0	1	1	2	2	2	3	1	0.8	0	1	1	1	2	2	3
Alpha-linolenic acid (g)	0.2	0.11	0.0	0.1	0.1	0.2	0.3	0.3	0.3	0.1	0.09	0.0	0.0	0.1	0.1	0.2	0.2	0.3
Carbohydrate (g)	31	8.8	18	20	24	30	37	42	46	31	8.8	19	20	24	30	36	44	49
Protein (g)	8	3.6	3	3	6	8	11	14	14	8	3.2	3	4	5	7	10	12	14
Vitamins																		
Vitamin A (mcg RAE)	113	64.9	2	20	58	114	148	193	215	116	74.3	9	18	57	114	147	217	254
Vitamin C (mg)	14	12.1	1	2	4	12	19	24	37	15	12.3	0	2	4	13	22	26	42
Vitamin D (mcg)	1.7	0.97	0.0	0.0	0.8	2.1	2.4	2.6	2.9	1.5	0.97	0.0	0.0	0.5	1.7	2.2	2.6	2.9
Vitamin E (mg AT)	0.8	0.49	0.2	0.4	0.5	0.7	1.1	1.7	1.9	0.8	0.50	0.2	0.3	0.4	0.6	1.0	1.2	1.9
Vitamin B ₆ (mg)	0.2	0.12	0.1	0.1	0.1	0.2	0.3	0.4	0.5	0.2	0.11	0.1	0.1	0.1	0.2	0.3	0.3	0.4
Vitamin B ₁₂ (mcg)	0.8	0.46	0.0	0.1	0.5	0.8	1.1	1.4	1.4	0.8	0.45	0.0	0.1	0.4	0.8	1.1	1.3	1.4
Folate (mcg DFE)	62	45.5	23	28	33	45	70	122	155	61	39.7	20	26	34	48	81	110	130
Niacin (mg)	1.7	0.90	0.8	0.8	1.0	1.5	2.0	2.9	3.5	1.8	0.96	0.7	0.8	1.0	1.6	2.3	3.1	3.5
Riboflavin (mg)	0.3	0.14	0.1	0.1	0.2	0.4	0.5	0.5	0.5	0.3	0.15	0.1	0.1	0.2	0.4	0.4	0.5	0.6
Thiamin (mg)	0.2	0.07	0.1	0.1	0.1	0.2	0.2	0.3	0.3	0.2	0.07	0.1	0.1	0.1	0.1	0.2	0.3	0.3
Minerals																		
Calcium (mg)	230	109.0	35	52	160	235	306	368	381	218	104.0	42	51	141	233	284	329	356
Iron (mg)	1.5	1.28	0.4	0.5	0.8	1.0	1.7	3.1	3.9	1.5	1.15	0.5	0.6	0.8	1.0	1.8	2.8	4.0
Magnesium (mg)	36	12.5	17	20	25	37	45	51	54	36	13.7	18	20	25	34	46	56	59
Phosphorus (mg)	205	85.3	55	72	144	209	257	311	339	201	82.3	69	72	129	207	258	320	330
Potassium (mg)	367	123.1	167	195	270	364	450	517	574	366	137.0	160	192	251	352	454	574	602
Sodium (mg)	244	116.2	114	134	163	199	292	398	425	232	92.5	118	140	167	205	281	372	431
Zinc (mg)	1.3	0.70	0.3	0.5	0.8	1.2	1.8	2.2	2.5	1.3	0.63	0.3	0.5	0.8	1.2	1.7	2.2	2.4

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	24	23.8	0	4	9	16	26	59	84	17	18.5	0	3	7	10	19	34	66
Dietary fiber (g)	2	0.8	1	1	2	2	3	3	3	2	0.9	1	1	1	2	3	3	3
Dietary fiber (g/1,000 Calories)	10	4.3	4	5	6	9	12	15	18	10	4.3	4	5	7	9	13	16	18
Total sugar (g)	18	6.3	10	10	13	17	21	27	28	18	6.6	8	10	12	17	22	25	29
Percentage of Calories From																		
Total fat	32.6	9.39	14.8	18.5	25.3	32.6	39.0	44.2	46.9	26.5	8.70	13.4	15.1	20.3	25.2	32.6	35.5	38.7
Saturated fat	13.2	5.11	3.2	5.8	10.0	13.6	17.1	19.0	20.8	9.3	3.68	3.5	4.1	6.7	9.4	11.4	13.8	15.8
Monounsaturated fat	9.9	3.58	4.3	5.6	7.5	9.7	11.7	14.1	16.4	8.7	4.02	3.5	4.3	5.6	8.1	11.0	13.0	14.2
Polyunsaturated fat	6.6	2.85	2.3	2.8	5.0	6.4	8.2	9.3	11.1	6.6	2.93	1.9	2.5	4.6	6.4	8.3	10.4	11.8
Linoleic acid	5.8	2.58	1.8	2.4	4.3	5.6	7.2	8.2	9.6	5.9	2.69	1.5	2.4	4.1	5.8	7.5	9.1	10.5
Alpha-linolenic acid	0.8	0.37	0.2	0.4	0.5	0.7	0.9	1.2	1.4	0.6	0.35	0.1	0.2	0.3	0.5	0.7	1.1	1.2
Carbohydrate	55.5	11.82	34.9	42.4	46.4	54.3	61.9	70.8	76.4	61.0	9.67	46.0	48.6	54.6	59.9	67.6	73.3	77.3
Added sugar	6.0	4.82	0.3	1.1	2.3	4.8	7.5	11.5	16.3	6.8	5.27	0.3	1.4	2.9	5.7	8.8	14.9	17.4
Protein	14.5	4.55	4.7	8.7	11.6	14.3	17.6	18.5	22.1	15.3	4.65	6.9	8.8	12.2	15.1	18.4	20.4	22.8
Number of Morning Snacks	345									432								
Number of Family Day Care Homes	79									98								

Notes at the end of panel II.

Table D.1.20 Mean and Distribution of Calories and Nutrients in CACFP Morning Snacks Served in Family Day Care Homes (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	239	71.3	143	158	177	223	291	355	366	311	92.1	195	211	232	301	354	467	476
Macronutrients																		
Total fat (g)	8	3.9	3	3	4	7	10	12	14	10	5.3	3	5	7	9	12	16	23
Saturated fat (g)	3	1.7	1	1	1	2	4	5	6	4	2.1	1	2	2	3	5	6	8
Monounsaturated fat (g)	3	1.5	1	1	1	2	4	5	5	3	1.9	1	1	2	3	5	6	7
Polyunsaturated fat (g)	2	1.0	1	1	1	2	2	3	3	3	1.5	0	1	1	2	3	4	5
Linoleic acid (g)	2	0.9	0	1	1	2	2	3	3	2	1.4	0	1	1	2	3	4	5
Alpha-linolenic acid (g)	0.2	0.10	0.0	0.0	0.1	0.1	0.2	0.3	0.4	0.2	0.13	0.0	0.1	0.1	0.2	0.2	0.4	0.4
Carbohydrate (g)	34	9.7	21	22	27	32	40	48	53	44	12.5	26	31	34	41	53	59	65
Protein (g)	9	4.1	3	4	6	9	12	15	15	12	5.2	5	5	9	12	16	18	21
Vitamins																		
Vitamin A (mcg RAE)	130	74.6	3	30	84	128	158	237	271	156	85.2	19	55	108	146	178	225	322
Vitamin C (mg)	15	16.2	1	1	4	12	21	26	47	18	18.9	0	0	2	12	30	36	59
Vitamin D (mcg)	1.7	0.95	0.0	0.0	0.8	2.0	2.3	2.7	2.9	2.3	0.97	0.0	0.6	2.0	2.5	2.7	3.4	3.6
Vitamin E (mg AT)	0.9	0.55	0.2	0.3	0.5	0.7	1.1	1.8	2.0	1.2	0.73	0.3	0.4	0.7	1.0	1.5	2.3	2.7
Vitamin B ₆ (mg)	0.2	0.15	0.1	0.1	0.1	0.2	0.3	0.4	0.5	0.3	0.21	0.1	0.1	0.1	0.2	0.3	0.5	0.5
Vitamin B ₁₂ (mcg)	0.9	0.51	0.0	0.2	0.6	1.0	1.1	1.4	1.5	1.2	0.61	0.3	0.4	0.9	1.1	1.4	1.8	1.9
Folate (mcg DFE)	70	53.1	26	29	37	51	83	122	166	83	74.9	30	41	46	63	84	122	192
Niacin (mg)	2.1	1.26	0.8	1.0	1.3	1.8	2.7	3.6	3.8	2.8	1.78	0.5	1.3	1.6	2.4	3.4	4.4	5.1
Riboflavin (mg)	0.4	0.15	0.1	0.1	0.2	0.4	0.5	0.6	0.6	0.5	0.15	0.2	0.3	0.4	0.5	0.6	0.7	0.7
Thiamin (mg)	0.2	0.09	0.1	0.1	0.1	0.2	0.2	0.3	0.4	0.2	0.11	0.1	0.1	0.2	0.2	0.3	0.4	0.5
Minerals																		
Calcium (mg)	244	111.3	38	80	161	256	310	369	428	312	116.3	72	147	243	306	377	473	477
Iron (mg)	1.8	1.56	0.4	0.6	1.0	1.3	1.9	3.3	4.7	2.2	2.09	0.5	0.8	1.3	1.5	2.2	3.9	5.1
Magnesium (mg)	40	14.8	18	21	29	39	49	61	63	53	18.1	25	32	39	49	63	76	86
Phosphorus (mg)	230	88.5	74	95	167	235	284	338	370	298	101.1	96	154	221	292	364	408	466
Potassium (mg)	413	142.9	178	234	311	411	503	601	658	544	186.1	273	309	392	509	651	792	835
Sodium (mg)	282	129.9	132	152	190	238	355	432	588	368	187.3	119	168	243	309	444	715	785
Zinc (mg)	1.5	0.81	0.3	0.6	0.9	1.3	1.9	2.4	2.7	1.9	1.04	0.7	0.9	1.2	1.5	2.2	2.7	3.3

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	21	22.5	0	2	8	13	24	45	81	25	24.4	1	4	9	16	34	52	69
Dietary fiber (g)	2	1.0	1	1	2	2	3	3	4	3	1.6	1	1	2	2	4	5	5
Dietary fiber (g/1,000 Calories)	10	4.3	5	5	7	9	13	17	19	9	4.8	4	4	5	8	12	16	18
Total sugar (g)	19	6.7	10	11	14	19	23	28	30	25	7.3	14	17	20	22	30	35	36
Percentage of Calories From																		
Total fat	27.1	8.73	12.8	15.5	19.7	28.4	33.6	38.0	39.4	27.5	8.71	13.7	14.6	20.9	27.1	34.1	38.6	39.9
Saturated fat	9.7	4.14	3.0	4.9	6.6	9.2	12.7	15.6	16.9	9.9	4.78	3.9	5.5	6.7	8.7	10.4	16.8	18.4
Monounsaturated fat	8.9	3.83	3.6	4.3	5.6	8.6	11.5	13.3	14.7	9.1	3.66	3.5	4.2	6.2	8.7	11.9	13.1	13.4
Polyunsaturated fat	6.5	3.11	2.1	3.2	4.5	6.4	7.5	9.9	11.4	6.5	3.01	2.0	3.0	4.4	6.1	8.1	10.4	12.4
Linoleic acid	5.9	2.80	1.8	2.8	4.0	5.6	6.8	9.1	10.4	5.8	2.83	1.6	2.5	3.8	5.5	7.6	9.5	11.6
Alpha-linolenic acid	0.6	0.39	0.1	0.2	0.3	0.5	0.7	1.0	1.2	0.6	0.32	0.1	0.2	0.3	0.5	0.7	0.9	1.1
Carbohydrate	59.7	10.25	43.3	44.1	53.1	59.5	66.3	73.8	77.3	58.9	10.29	36.4	43.9	50.6	60.0	66.7	71.6	73.2
Added sugar	6.7	5.29	0.8	1.6	2.7	5.3	8.9	13.6	16.7	6.3	5.04	0.1	0.8	1.7	5.1	9.2	13.6	15.3
Protein	15.9	5.08	6.3	8.8	12.5	17.0	18.8	21.8	23.5	16.2	4.52	8.0	9.7	13.2	16.7	18.5	20.9	22.9
Number of Morning Snacks	477									200								
Number of Family Day Care Homes	106									48								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Family Day Care Homes participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.21 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in Family Day Care Homes (Panel I)

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	214	67.2	126	134	165	205	243	303	353	207	66.3	126	140	164	187	238	295	331
Macronutrients																		
Total fat (g)	8	3.9	3	3	5	7	10	13	16	7	3.3	3	3	4	6	9	12	13
Saturated fat (g)	3	1.8	1	1	2	3	4	6	7	2	1.3	1	1	2	2	3	4	5
Monounsaturated fat (g)	2	1.3	1	1	1	2	3	4	5	2	1.2	1	1	1	2	3	4	4
Polyunsaturated fat (g)	2	1.1	1	1	1	2	2	3	3	2	1.0	0	1	1	1	2	3	3
Linoleic acid (g)	2	1.0	0	1	1	1	2	2	3	2	0.9	0	1	1	1	2	3	3
Alpha-linolenic acid (g)	0.2	0.09	0.1	0.1	0.1	0.2	0.2	0.3	0.4	0.1	0.09	0.0	0.1	0.1	0.1	0.2	0.3	0.3
Carbohydrate (g)	30	8.7	16	20	23	29	34	40	44	31	10.5	20	21	24	29	34	41	45
Protein (g)	7	3.3	2	2	4	7	9	12	13	7	3.4	3	3	5	7	9	12	14
Vitamins																		
Vitamin A (mcg RAE)	94	59.6	7	19	50	95	121	154	168	102	72.8	20	23	48	99	136	176	202
Vitamin C (mg)	14	10.8	0	1	4	13	21	27	32	13	10.5	0	1	4	12	20	28	34
Vitamin D (mcg)	1.3	0.89	0.0	0.0	0.3	1.4	2.1	2.3	2.4	1.2	0.85	0.0	0.0	0.3	1.1	2.0	2.2	2.3
Vitamin E (mg AT)	0.8	0.75	0.3	0.3	0.4	0.6	0.9	1.3	1.7	0.7	0.61	0.2	0.3	0.4	0.6	0.9	1.3	1.5
Vitamin B ₆ (mg)	0.2	0.08	0.1	0.1	0.1	0.1	0.2	0.3	0.3	0.2	0.09	0.1	0.1	0.1	0.1	0.2	0.3	0.3
Vitamin B ₁₂ (mcg)	0.6	0.38	0.0	0.1	0.3	0.6	0.9	1.1	1.2	0.6	0.38	0.0	0.1	0.2	0.6	0.8	1.0	1.2
Folate (mcg DFE)	50	26.9	19	25	33	41	54	87	105	49	25.8	22	27	34	40	55	84	109
Niacin (mg)	1.5	0.78	0.6	0.7	1.0	1.3	1.9	2.4	2.9	1.6	0.97	0.7	0.8	1.0	1.4	2.0	2.4	3.4
Riboflavin (mg)	0.3	0.12	0.1	0.1	0.2	0.3	0.4	0.5	0.5	0.3	0.13	0.1	0.1	0.2	0.3	0.4	0.5	0.5
Thiamin (mg)	0.2	0.06	0.1	0.1	0.1	0.1	0.2	0.2	0.3	0.1	0.07	0.1	0.1	0.1	0.1	0.2	0.2	0.3
Minerals																		
Calcium (mg)	190	104.8	33	57	99	190	250	331	380	194	105.4	39	68	109	194	256	319	379
Iron (mg)	1.2	0.75	0.4	0.5	0.8	1.0	1.4	2.3	2.8	1.2	0.74	0.6	0.6	0.8	1.0	1.3	2.0	2.8
Magnesium (mg)	30	11.7	15	16	22	26	36	45	52	31	12.2	16	18	23	28	38	48	52
Phosphorus (mg)	174	78.4	51	64	121	166	224	281	311	184	81.7	70	79	120	180	231	293	338
Potassium (mg)	312	112.6	166	176	230	299	368	458	511	328	118.3	168	198	234	304	392	498	534
Sodium (mg)	232	113.1	107	125	162	204	262	377	441	245	118.3	123	140	174	211	274	378	458
Zinc (mg)	1.0	0.48	0.3	0.4	0.7	1.0	1.4	1.8	1.8	1.0	0.48	0.4	0.5	0.7	0.9	1.2	1.7	1.9

	Age Group (Years)																	
	1									2								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	16	11.6	0	1	7	14	21	32	41	13	10.9	1	2	6	10	18	28	39
Dietary fiber (g)	2	0.8	1	1	1	1	2	3	3	2	0.9	1	1	1	2	2	3	3
Dietary fiber (g/1,000 Calories)	9	4.9	3	4	5	8	11	14	18	9	4.3	4	4	6	8	12	15	17
Total sugar (g)	17	6.2	8	10	13	16	20	25	26	18	6.7	8	11	13	17	20	25	27
Percentage of Calories From																		
Total fat	31.1	8.32	15.5	19.8	26.0	31.3	36.8	40.4	43.3	27.1	8.18	15.8	17.3	20.9	26.4	31.4	37.5	43.0
Saturated fat	12.3	5.12	3.4	5.8	8.2	12.1	16.2	18.9	19.8	9.5	3.33	3.7	4.9	7.3	9.4	11.7	13.5	15.0
Monounsaturated fat	9.0	2.88	3.7	5.6	7.4	8.7	10.7	12.4	13.4	8.6	3.44	4.2	5.0	5.8	7.8	10.8	12.9	14.8
Polyunsaturated fat	7.1	3.77	3.0	3.8	4.9	6.5	8.2	10.6	13.3	7.0	3.31	2.6	3.5	4.6	6.7	8.5	10.8	11.5
Linoleic acid	6.2	3.51	2.0	3.0	4.2	5.7	7.1	9.9	10.7	6.3	3.09	2.4	3.0	4.2	6.0	7.7	9.5	10.5
Alpha-linolenic acid	0.8	0.37	0.4	0.4	0.5	0.7	0.9	1.3	1.4	0.6	0.30	0.2	0.3	0.4	0.6	0.8	1.0	1.2
Carbohydrate	58.0	11.01	43.0	44.0	50.2	56.9	65.4	70.9	79.5	60.8	9.13	45.1	49.0	54.8	60.9	67.2	72.7	75.4
Added sugar	7.1	5.07	0.0	1.0	3.4	6.4	9.5	13.7	15.1	7.9	5.31	1.0	2.0	3.9	7.0	10.9	14.9	16.6
Protein	13.0	4.68	5.5	6.4	9.5	13.4	16.2	18.2	20.2	14.5	5.09	7.0	7.8	10.8	14.2	17.7	20.5	22.1
Number of Afternoon Snacks	483									628								
Number of Family Day Care Homes	114									140								

Notes at the end of panel II.

Table D.1.21 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in Family Day Care Homes (Panel II)

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	225	71.1	128	144	178	204	270	330	365	311	93.2	175	216	245	286	368	451	485
Macronutrients																		
Total fat (g)	8	4.0	2	3	5	7	9	14	16	10	5.0	4	5	7	9	12	17	22
Saturated fat (g)	3	1.7	1	1	2	2	4	5	6	4	2.1	1	1	2	3	5	6	7
Monounsaturated fat (g)	2	1.4	1	1	1	2	3	5	5	3	1.7	1	1	2	3	4	6	7
Polyunsaturated fat (g)	2	1.0	0	1	1	2	2	3	4	3	1.4	1	1	2	3	3	4	5
Linoleic acid (g)	2	0.9	0	1	1	2	2	3	3	2	1.2	1	1	2	2	3	4	5
Alpha-linolenic acid (g)	0.2	0.10	0.0	0.1	0.1	0.1	0.2	0.3	0.4	0.2	0.14	0.1	0.1	0.1	0.2	0.3	0.4	0.5
Carbohydrate (g)	32	8.6	20	22	26	31	38	44	48	45	13.9	29	30	36	44	52	62	68
Protein (g)	8	3.5	3	4	6	8	10	14	15	11	4.3	4	5	7	10	13	17	19
Vitamins																		
Vitamin A (mcg RAE)	107	61.4	19	27	59	108	139	176	210	144	68.4	44	50	96	142	192	224	246
Vitamin C (mg)	14	10.6	0	1	4	13	22	28	32	20	16.0	0	2	5	17	32	41	50
Vitamin D (mcg)	1.4	0.83	0.0	0.1	0.6	1.6	2.1	2.2	2.4	1.9	1.05	0.0	0.2	1.0	2.1	2.7	2.9	3.1
Vitamin E (mg AT)	0.8	0.45	0.3	0.3	0.4	0.7	1.0	1.4	1.6	1.1	0.59	0.4	0.4	0.6	0.9	1.4	1.8	2.1
Vitamin B ₆ (mg)	0.2	0.08	0.1	0.1	0.1	0.1	0.2	0.3	0.3	0.2	0.13	0.1	0.1	0.1	0.2	0.3	0.4	0.5
Vitamin B ₁₂ (mcg)	0.7	0.36	0.1	0.1	0.4	0.8	0.9	1.1	1.2	0.9	0.49	0.1	0.2	0.5	1.0	1.2	1.5	1.6
Folate (mcg DFE)	51	23.6	20	27	37	46	58	79	102	73	36.6	25	39	49	64	86	117	143
Niacin (mg)	1.7	0.81	0.7	0.8	1.2	1.5	2.0	2.6	3.5	2.4	1.20	0.9	1.2	1.8	2.1	2.9	3.9	5.3
Riboflavin (mg)	0.3	0.13	0.1	0.1	0.2	0.4	0.4	0.5	0.5	0.5	0.17	0.2	0.2	0.3	0.5	0.6	0.7	0.7
Thiamin (mg)	0.2	0.06	0.1	0.1	0.1	0.1	0.2	0.2	0.3	0.2	0.09	0.1	0.1	0.1	0.2	0.3	0.3	0.4
Minerals																		
Calcium (mg)	219	102.0	67	75	135	228	275	366	388	290	130.5	80	109	185	295	371	471	495
Iron (mg)	1.2	0.62	0.5	0.7	0.9	1.1	1.4	2.0	2.4	1.8	1.04	0.6	0.9	1.1	1.5	2.1	2.7	3.7
Magnesium (mg)	35	13.6	18	21	25	31	40	53	59	47	17.6	26	29	34	46	53	71	84
Phosphorus (mg)	206	83.4	80	100	134	209	249	321	353	273	105.1	112	127	188	268	336	416	456
Potassium (mg)	361	124.2	190	215	271	341	414	548	581	488	167.9	217	285	374	459	569	744	774
Sodium (mg)	272	126.3	126	146	187	235	317	442	549	364	153.9	183	194	275	318	427	598	711
Zinc (mg)	1.1	0.50	0.5	0.6	0.8	1.1	1.4	1.8	2.0	1.5	0.66	0.7	0.7	1.0	1.5	1.9	2.4	2.7

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	15	12.5	2	3	7	11	20	31	41	19	15.6	3	5	8	14	26	35	50
Dietary fiber (g)	2	1.0	1	1	1	2	2	3	4	3	1.4	1	1	2	2	3	5	5
Dietary fiber (g/1,000 Calories)	9	4.0	4	5	6	8	11	14	16	9	4.6	4	4	6	8	11	15	18
Total sugar (g)	18	5.6	10	12	14	17	21	26	27	25	8.9	12	15	20	24	29	35	41
Percentage of Calories From																		
Total fat	27.4	7.95	15.2	16.7	21.3	27.4	33.3	38.6	39.2	28.1	7.72	14.6	18.8	21.8	28.6	33.8	37.4	39.5
Saturated fat	10.0	3.77	3.7	5.3	7.4	9.6	12.3	15.3	17.1	10.1	4.18	4.2	5.1	7.4	9.4	12.0	15.8	17.8
Monounsaturated fat	8.6	3.17	4.1	4.7	5.9	7.8	10.9	13.0	14.0	8.8	3.01	4.2	5.1	6.0	8.9	11.2	12.8	13.3
Polyunsaturated fat	6.9	2.72	2.7	3.0	4.9	6.7	8.7	10.3	11.2	7.1	2.84	2.6	3.5	5.1	7.0	8.9	10.1	10.9
Linoleic acid	6.1	2.46	2.3	2.7	4.4	6.1	7.9	9.3	10.0	6.4	2.56	2.3	3.2	4.6	6.3	8.0	9.0	9.7
Alpha-linolenic acid	0.6	0.30	0.2	0.3	0.4	0.6	0.8	1.1	1.2	0.7	0.35	0.2	0.3	0.4	0.6	0.9	1.0	1.2
Carbohydrate	59.9	8.80	44.2	47.3	53.3	60.9	66.2	71.3	73.4	59.8	9.41	42.9	47.9	52.4	60.6	67.6	71.7	74.0
Added sugar	7.1	4.52	1.0	1.5	3.7	6.5	9.6	12.7	15.0	7.1	4.22	0.8	1.6	3.7	6.5	10.6	12.9	14.3
Protein	15.0	4.39	7.3	8.4	12.7	15.4	17.9	20.0	22.1	14.5	4.34	6.8	7.9	11.6	15.0	17.8	19.2	21.2
Number of Afternoon Snacks	770									486								
Number of Family Day Care Homes	166									109								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Family Day Care Homes participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

Notes: Early child care programs may also provide care to older children.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.22 Mean and Distribution of Calories and Nutrients in CACFP Suppers Served in Outside-of-School Hours Programs

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	484 [^]	80.3	342	382	433	460	481	586	630	589 [^]	73.0	474	482	548	580	642	673	732
Macronutrients																		
Total fat (g)	17 [^]	5.0	9	11	15	16	17	22	27	20 [^]	3.2	13	15	18	19	22	23	24
Saturated fat (g)	6 [^]	1.6	3	4	5	5	6	9	9	7 [^]	1.4	4	5	6	7	7	8	9
Monounsaturated fat (g)	5 [^]	1.4	3	4	4	5	5	7	8	6 [^]	1.0	4	4	5	6	6	7	8
Polyunsaturated fat (g)	5 [^]	2.1	2	2	3	4	6	7	9	5 [^]	1.8	3	3	4	5	7	7	8
Linoleic acid (g)	4 [^]	1.9	2	2	3	3	5	6	7	5 [^]	1.6	3	3	4	4	6	7	7
Alpha-linolenic acid (g)	0.5 [^]	0.28	0.2	0.2	0.3	0.4	0.5	0.7	1.0	0.5 [^]	0.21	0.3	0.3	0.4	0.5	0.6	0.7	0.8
Carbohydrate (g)	57 [^]	10.1	45	45	47	54	61	72	77	74 [^]	12.6	51	59	62	73	81	89	95
Protein (g)	26 [^]	3.4	19	21	23	25	29	30	30	31 [^]	4.0	23	25	30	30	34	36	38
Vitamins																		
Vitamin A (mcg RAE)	247 [^]	70.3	159	159	175	225	284	343	372	303 [^]	73.6	205	220	242	293	349	375	379
Vitamin C (mg)	17 [^]	8.1	7	7	8	16	19	25	26	30 [^]	13.0	8	10	20	31	37	44	47
Vitamin D (mcg)	2.9 [^]	0.38	2.4	2.5	2.5	2.9	3.1	3.5	3.5	3.3 [^]	0.37	2.9	3.0	3.0	3.2	3.5	3.9	4.1
Vitamin E (mg AT)	1.6 [^]	0.48	0.9	0.9	1.0	1.5	2.0	2.3	2.3	2.2 [^]	0.60	1.2	1.4	1.7	2.3	2.6	3.0	3.1
Vitamin B ₆ (mg)	0.5 [^]	0.08	0.4	0.4	0.4	0.5	0.5	0.6	0.6	0.6 [^]	0.10	0.4	0.5	0.6	0.6	0.7	0.8	0.8
Vitamin B ₁₂ (mcg)	1.6 [^]	0.30	1.1	1.2	1.3	1.6	1.8	2.0	2.0	1.8 [^]	0.29	1.4	1.4	1.5	1.7	1.9	2.1	2.3
Folate (mcg DFE)	96 [^]	13.7	70	75	82	94	104	109	118	131 [^]	25.0	100	104	111	124	144	156	171
Niacin (mg)	6.2 [^]	0.95	4.1	4.4	5.7	6.1	6.6	7.0	7.3	7.6 [^]	1.70	4.6	5.1	6.4	7.7	8.2	10.0	10.5
Riboflavin (mg)	0.7 [^]	0.06	0.6	0.6	0.6	0.7	0.7	0.8	0.8	0.8 [^]	0.08	0.7	0.7	0.8	0.8	0.8	0.9	1.0
Thiamin (mg)	0.4 [^]	0.07	0.3	0.3	0.4	0.4	0.4	0.5	0.5	0.5 [^]	0.06	0.3	0.4	0.4	0.5	0.5	0.5	0.6
Minerals																		
Calcium (mg)	447 [^]	66.9	309	330	382	444	468	525	553	496 [^]	62.5	397	417	443	475	540	565	581
Iron (mg)	2.9 [^]	0.39	2.1	2.3	2.6	2.7	2.9	3.4	3.5	3.5 [^]	0.60	2.6	2.7	3.1	3.4	3.8	4.3	4.7
Magnesium (mg)	80 [^]	12.5	63	63	69	80	84	97	102	102 [^]	11.8	83	86	92	103	107	121	122
Phosphorus (mg)	482 [^]	57.2	352	406	443	467	494	554	574	558 [^]	48.8	449	485	530	558	575	634	634
Potassium (mg)	837 [^]	98.4	727	735	754	802	850	964	1031	1075 [^]	96.5	928	955	999	1081	1136	1204	1234
Sodium (mg)	941 [^]	141.2	723	817	831	886	968	1161	1233	1106 [^]	195.9	831	838	993	1033	1207	1325	1395
Zinc (mg)	3.1 [^]	0.43	2.1	2.3	2.7	3.0	3.2	3.7	3.7	3.6 [^]	0.55	2.8	2.9	3.2	3.5	4.0	4.5	4.6

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	58 ^A	9.4	31	39	53	59	63	68	71	72 ^A	17.5	39	47	60	71	80	97	103
Dietary fiber (g)	5 ^A	1.1	3	3	5	5	6	7	7	7 ^A	1.3	5	6	6	7	8	9	10
Dietary fiber (g/1,000 Calories)	11 ^A	1.3	8	8	11	11	11	12	12	13 ^A	2.0	9	9	11	13	13	13	15
Total sugar (g)	26 ^A	5.8	20	20	21	24	29	35	38	34 ^A	8.7	19	23	28	33	39	47	49
Percentage of Calories From																		
Total fat	31.3 ^A	3.99	24.2	26.5	28.4	29.9	32.2	34.3	35.9	29.8 ^A	3.52	22.6	26.9	27.9	29.2	31.8	33.6	34.5
Saturated fat	10.5 ^A	1.60	7.7	8.2	8.7	10.4	10.8	12.1	13.3	10.0 ^A	1.66	7.5	7.7	8.8	10.1	10.7	12.1	13.0
Monounsaturated fat	9.2 ^A	1.20	7.1	7.8	8.4	8.9	9.6	10.3	11.2	8.9 ^A	1.14	6.3	7.4	8.4	8.8	9.4	10.1	10.8
Polyunsaturated fat	8.7 ^A	2.65	3.8	5.5	7.0	7.6	10.3	11.4	11.7	8.1 ^A	2.42	4.3	5.1	5.3	7.9	10.1	10.6	11.3
Linoleic acid	7.7 ^A	2.31	3.4	4.9	6.1	6.6	9.2	10.1	10.2	7.1 ^A	2.14	3.8	4.4	4.7	6.9	8.9	9.4	10.0
Alpha-linolenic acid	0.9 ^A	0.36	0.4	0.5	0.7	0.7	1.1	1.2	1.4	0.8 ^A	0.30	0.4	0.5	0.6	0.8	1.0	1.1	1.2
Carbohydrate	47.8 ^A	3.91	38.8	40.9	44.4	46.9	50.5	51.9	52.5	50.4 ^A	3.98	42.3	44.2	48.1	50.7	53.2	54.1	55.2
Added sugar	4.1 ^A	2.21	0.8	1.6	2.5	3.2	4.8	6.3	7.8	3.9 ^A	2.54	0.5	1.2	1.8	3.5	4.8	7.1	8.9
Protein	22.3 ^A	3.26	16.6	17.8	19.2	22.3	24.2	25.6	26.7	21.6 ^A	2.80	17.0	17.4	19.4	21.6	23.0	24.4	26.7
Number of Suppers	57									134								
Number of Outside-of-School Hours Programs	12									28								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Outside-of-School Hours programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

A "A" identifies mean estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods. An indication of an imprecise mean is an indication that the standard deviation and percentiles are imprecise also.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.23 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in Outside-of-School Hours Programs

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	200	33.3	151	160	180	195	218	238	260	265	47.7	200	209	234	256	298	331	348
Macronutrients																		
Total fat (g)	6	1.8	3	3	5	6	8	8	8	8	2.6	4	4	5	7	10	10	11
Saturated fat (g)	2	0.7	1	1	1	2	2	3	3	2	1.0	1	1	2	2	3	4	4
Monounsaturated fat (g)	2	0.7	1	1	1	2	2	3	3	2	1.0	1	1	2	2	3	4	4
Polyunsaturated fat (g)	2	0.7	1	1	1	2	2	2	3	2	0.9	1	1	1	2	3	3	4
Linoleic acid (g)	1	0.6	1	1	1	1	2	2	2	2	0.8	1	1	1	2	2	3	3
Alpha-linolenic acid (g)	0.2	0.07	0.1	0.1	0.1	0.2	0.2	0.2	0.2	0.2	0.09	0.0	0.1	0.1	0.2	0.3	0.3	0.3
Carbohydrate (g)	32	7.1	20	22	26	31	36	41	43	43	9.5	28	30	35	43	50	55	59
Protein (g)	6	1.7	4	4	5	6	7	8	9	8	2.9	3	5	6	8	10	12	15
Vitamins																		
Vitamin A (mcg RAE)	94	54.2	13	36	54	84	112	183	200	133	78.1	20	35	72	116	186	248	273
Vitamin C (mg)	13	8.7	2	2	5	11	16	23	32	17	12.3	2	2	5	16	25	33	38
Vitamin D (mcg)	1.1	0.59	0.0	0.0	0.7	1.2	1.5	1.7	2.0	1.4	0.91	0.0	0.0	0.7	1.3	1.9	2.7	3.0
Vitamin E (mg AT)	0.6	0.35	0.3	0.3	0.4	0.6	0.8	1.0	1.1	0.8	0.42	0.3	0.4	0.6	0.8	1.0	1.3	1.5
Vitamin B ₆ (mg)	0.1	0.07	0.1	0.1	0.1	0.1	0.2	0.2	0.3	0.2	0.11	0.1	0.1	0.1	0.2	0.3	0.4	0.4
Vitamin B ₁₂ (mcg)	0.6	0.27	0.0	0.1	0.3	0.5	0.8	0.9	1.0	0.7	0.44	0.0	0.1	0.4	0.7	1.0	1.2	1.4
Folate (mcg DFE)	46	22.8	21	24	31	41	49	70	91	74	54.0	26	28	43	60	81	138	170
Niacin (mg)	1.4	0.56	0.8	0.8	1.1	1.3	1.4	2.2	2.4	2.2	1.00	0.9	1.1	1.6	1.9	2.8	3.6	4.0
Riboflavin (mg)	0.3	0.09	0.1	0.1	0.2	0.3	0.3	0.4	0.4	0.4	0.15	0.1	0.2	0.3	0.4	0.5	0.6	0.6
Thiamin (mg)	0.1	0.04	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.2	0.08	0.1	0.1	0.1	0.2	0.2	0.3	0.4
Minerals																		
Calcium (mg)	176	59.1	50	98	135	172	223	237	258	230	98.2	49	103	164	228	294	338	405
Iron (mg)	1.2	0.51	0.7	0.7	0.8	1.1	1.3	1.9	2.1	1.9	1.08	0.7	0.9	1.2	1.5	2.1	3.1	3.8
Magnesium (mg)	29	5.7	21	22	25	29	34	35	37	40	10.1	27	29	32	39	44	52	58
Phosphorus (mg)	166	45.7	83	105	133	166	188	231	234	218	77.0	83	128	164	213	262	315	390
Potassium (mg)	294	73.5	158	198	236	282	350	371	409	401	112.5	258	273	312	381	478	535	578
Sodium (mg)	233	59.3	147	157	193	235	253	306	322	316	103.8	184	204	258	298	365	448	552
Zinc (mg)	1.0	0.34	0.5	0.6	0.8	1.0	1.1	1.4	1.7	1.4	0.72	0.6	0.7	1.0	1.3	1.7	2.2	2.8

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	9	5.5	2	4	7	8	11	13	16	12	7.6	2	3	7	11	15	18	22
Dietary fiber (g)	2	0.6	1	1	1	2	2	2	3	2	0.9	1	2	2	2	3	4	4
Dietary fiber (g/1,000 Calories)	9	3.8	4	4	7	8	12	15	15	10	3.8	4	6	7	9	12	15	16
Total sugar (g)	18	6.0	9	10	12	18	22	27	28	24	7.7	13	14	18	22	28	35	37
Percentage of Calories From																		
Total fat	25.6	6.56	14.5	16.9	20.2	26.0	31.8	34.1	34.3	24.7	6.81	13.1	15.3	19.3	25.1	29.4	33.6	34.0
Saturated fat	8.2	2.81	3.7	4.4	6.1	8.0	9.7	11.6	14.3	8.1	2.81	3.5	3.9	6.0	8.5	9.8	11.1	14.0
Monounsaturated fat	8.3	2.63	4.1	4.6	6.6	7.9	9.8	12.1	12.3	7.7	2.71	3.4	3.8	5.6	7.3	9.5	11.4	12.8
Polyunsaturated fat	7.2	2.93	3.5	4.0	5.2	6.5	9.8	11.0	11.6	7.0	2.91	2.3	3.6	5.2	6.7	8.9	11.3	11.6
Linoleic acid	6.5	2.68	2.8	3.5	4.6	5.8	8.5	9.7	10.7	6.3	2.64	2.1	3.2	4.6	5.9	8.0	10.0	10.7
Alpha-linolenic acid	0.7	0.30	0.3	0.3	0.4	0.6	0.8	1.2	1.2	0.6	0.31	0.2	0.4	0.4	0.6	0.8	1.1	1.2
Carbohydrate	63.6	8.51	46.6	52.1	55.4	64.5	70.1	73.6	76.4	64.9	8.99	50.0	53.8	57.1	64.5	71.6	77.7	80.2
Added sugar	10.2	5.14	1.2	1.8	6.8	10.4	13.1	16.5	19.3	10.3	5.06	2.2	3.7	6.9	9.5	13.2	17.5	20.2
Protein	13.2	3.96	7.2	8.7	10.7	12.0	16.4	18.2	19.8	12.9	4.05	5.5	7.3	10.3	12.4	16.8	17.8	18.2
Number of Afternoon Snacks	317									573								
Number of Outside-of-School Hours Programs	65									120								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all Outside-of-School Hours programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.24 Mean and Distribution of Calories and Nutrients in CACFP Suppers Served in At-Risk Afterschool Programs

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	510	61.1	387	437	469	498	550	586	603	641	70.0	512	552	595	634	703	722	743
Macronutrients																		
Total fat (g)	19	3.9	14	15	16	18	21	24	26	22	4.7	14	17	19	21	24	29	30
Saturated fat (g)	6	1.6	3	4	5	6	7	9	9	7	1.9	4	5	6	7	8	10	11
Monounsaturated fat (g)	6	1.1	4	4	5	6	7	7	8	7	1.5	4	5	6	7	8	9	9
Polyunsaturated fat (g)	5	2.4	2	3	3	4	6	7	10	6	2.5	3	3	4	5	7	9	10
Linoleic acid (g)	5	2.2	2	2	3	4	5	6	10	5	2.4	2	3	3	5	6	8	10
Alpha-linolenic acid (g)	0.5	0.24	0.2	0.2	0.3	0.4	0.5	0.8	0.9	0.5	0.25	0.2	0.2	0.3	0.5	0.6	0.9	1.0
Carbohydrate (g)	65	9.3	44	52	60	66	71	77	78	86	12.8	59	70	78	86	94	103	105
Protein (g)	23	3.3	18	18	20	23	25	26	28	29	4.3	22	23	25	29	31	34	35
Vitamins																		
Vitamin A (mcg RAE)	291	75.4	160	177	231	294	357	373	391	391	117.0	215	235	307	380	460	530	549
Vitamin C (mg)	23	9.7	7	8	16	23	28	34	41	33	14.1	11	14	24	32	40	48	52
Vitamin D (mcg)	2.8	0.48	2.3	2.5	2.6	2.8	3.1	3.2	3.3	3.4	0.60	2.9	3.0	3.1	3.3	3.6	3.8	4.0
Vitamin E (mg AT)	2.2	1.34	1.2	1.2	1.5	1.8	2.4	3.5	3.7	2.8	1.72	1.3	1.6	1.9	2.4	2.8	4.4	5.6
Vitamin B ₆ (mg)	0.4	0.10	0.3	0.3	0.4	0.4	0.5	0.6	0.6	0.6	0.14	0.4	0.4	0.5	0.6	0.7	0.8	0.9
Vitamin B ₁₂ (mcg)	1.5	0.33	1.1	1.2	1.3	1.5	1.7	2.0	2.1	1.8	0.41	1.4	1.4	1.5	1.8	2.0	2.3	2.4
Folate (mcg DFE)	101	36.1	52	63	78	95	112	136	172	133	37.5	78	88	108	129	150	173	200
Niacin (mg)	5.2	1.17	2.9	3.6	4.3	5.2	5.9	6.9	7.1	6.6	1.61	4.0	4.4	5.5	6.6	7.7	8.6	8.8
Riboflavin (mg)	0.7	0.07	0.5	0.6	0.6	0.7	0.7	0.8	0.8	0.8	0.09	0.7	0.7	0.8	0.8	0.9	1.0	1.0
Thiamin (mg)	0.4	0.08	0.3	0.3	0.3	0.4	0.4	0.5	0.5	0.5	0.09	0.3	0.4	0.4	0.5	0.6	0.6	0.6
Minerals																		
Calcium (mg)	471	90.6	350	376	397	465	529	564	600	579	123.3	435	459	495	566	643	684	738
Iron (mg)	3.0	0.87	2.0	2.2	2.4	2.7	3.4	4.0	4.2	3.7	0.87	2.6	2.8	3.1	3.6	4.2	4.9	5.1
Magnesium (mg)	80	10.3	64	67	73	79	86	93	94	103	14.4	81	85	93	103	114	120	124
Phosphorus (mg)	490	61.4	400	416	441	488	519	578	583	605	74.4	494	518	555	603	636	703	724
Potassium (mg)	843	106.3	697	742	790	824	881	987	1037	1097	124.5	922	941	1018	1080	1166	1289	1321
Sodium (mg)	916	180.6	630	661	755	957	1052	1111	1178	1108	212.9	769	796	938	1106	1255	1337	1384
Zinc (mg)	3.0	0.66	2.0	2.2	2.5	2.9	3.4	3.9	4.1	3.8	0.76	2.7	2.9	3.2	3.7	4.3	4.7	5.1

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	47	15.5	19	21	34	48	56	65	71	57	18.4	26	35	44	58	66	78	86
Dietary fiber (g)	5	1.0	3	3	4	5	6	6	6	7	1.5	5	5	6	7	8	9	10
Dietary fiber (g/1,000 Calories)	10	1.9	6	8	9	10	11	12	13	11	2.2	8	9	9	11	13	14	14
Total sugar (g)	34	6.8	21	25	30	34	38	44	45	46	9.5	30	33	39	46	53	57	59
Percentage of Calories From																		
Total fat	32.3	3.88	25.8	27.5	29.7	31.4	34.6	36.7	39.7	30.0	5.05	22.7	24.3	26.8	29.5	32.6	36.1	37.9
Saturated fat	10.9	2.49	5.1	8.0	9.5	10.8	12.3	14.1	14.8	10.3	2.39	5.9	7.7	8.9	10.0	11.6	13.7	14.3
Monounsaturated fat	10.2	1.22	8.0	8.6	9.2	10.1	11.0	11.4	12.0	9.4	1.68	6.7	7.5	8.2	9.2	10.5	11.4	11.7
Polyunsaturated fat	8.6	3.22	4.6	5.1	6.0	8.2	9.6	12.3	15.2	7.8	3.13	3.7	4.2	5.6	7.1	8.8	12.0	13.7
Linoleic acid	7.7	3.01	3.9	4.3	5.3	7.3	8.6	11.1	13.4	6.9	2.93	3.2	3.6	4.9	6.3	7.8	10.8	12.0
Alpha-linolenic acid	0.8	0.33	0.4	0.5	0.5	0.7	0.9	1.3	1.4	0.7	0.32	0.2	0.3	0.5	0.6	0.9	1.1	1.3
Carbohydrate	51.6	4.76	42.8	44.2	48.7	51.4	55.0	57.2	57.9	53.9	5.49	44.3	47.7	50.2	53.7	57.9	61.0	62.5
Added sugar	7.0	2.93	1.9	3.3	4.7	6.5	8.9	11.1	12.0	7.3	3.37	2.6	2.9	4.7	7.2	9.3	12.3	13.4
Protein	18.1	2.93	14.0	14.1	16.3	17.5	19.3	21.7	23.6	18.2	2.81	14.0	14.6	16.6	17.6	19.4	22.2	23.6
Number of Suppers	217									448								
Number of At-Risk Afterschool Programs	47									100								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all At-Risk Afterschool programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

Table D.1.25 Mean and Distribution of Calories and Nutrients in CACFP Afternoon Snacks Served in At-Risk Afterschool Programs

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Calories (kcal)	201 [^]	45.0	122	152	172	193	222	251	278	272	66.2	181	199	245	257	286	343	398
Macronutrients																		
Total fat (g)	6 [^]	2.0	2	3	4	5	7	8	9	8	3.4	3	4	5	7	9	10	13
Saturated fat (g)	2 [^]	0.7	1	1	1	2	2	3	3	2	1.2	1	1	1	2	3	4	4
Monounsaturated fat (g)	2 [^]	0.8	1	1	1	2	2	3	3	3	1.3	1	1	2	2	3	4	4
Polyunsaturated fat (g)	2 [^]	0.8	0	0	1	1	2	3	3	2	1.2	1	1	2	2	3	4	4
Linoleic acid (g)	1 [^]	0.7	0	0	1	1	2	2	3	2	1.1	0	1	1	2	3	3	4
Alpha-linolenic acid (g)	0.1 [^]	0.08	0.0	0.0	0.1	0.1	0.2	0.3	0.3	0.2	0.13	0.0	0.1	0.1	0.2	0.3	0.3	0.4
Carbohydrate (g)	33 [^]	9.8	21	23	26	30	36	43	51	45	12.5	30	32	35	43	49	60	62
Protein (g)	6 [^]	2.3	2	2	4	5	8	9	9	7	3.5	3	3	5	7	10	12	13
Vitamins																		
Vitamin A (mcg RAE)	80 [^]	57.7	1	3	28	76	113	139	203	106	96.1	1	4	38	83	140	213	278
Vitamin C (mg)	14 [^]	13.5	0	0	3	9	24	35	40	21	19.6	0	1	5	15	32	51	59
Vitamin D (mcg)	1.0 [^]	0.74	0.0	0.0	0.2	1.1	1.6	2.0	2.1	1.2	0.99	0.0	0.0	0.1	1.0	2.0	2.6	2.7
Vitamin E (mg AT)	0.7 [^]	0.39	0.2	0.2	0.4	0.6	0.8	1.0	1.4	0.9	0.56	0.3	0.4	0.6	0.8	1.2	1.3	1.6
Vitamin B ₆ (mg)	0.2 [^]	0.08	0.1	0.1	0.1	0.1	0.2	0.3	0.3	0.2	0.10	0.1	0.1	0.1	0.2	0.2	0.3	0.4
Vitamin B ₁₂ (mcg)	0.5 [^]	0.39	0.0	0.0	0.2	0.5	0.8	1.1	1.2	0.6	0.47	0.0	0.0	0.2	0.5	0.9	1.3	1.5
Folate (mcg DFE)	56 [^]	34.1	21	27	34	43	57	99	114	70	34.8	27	36	48	58	83	106	148
Niacin (mg)	1.6 [^]	0.69	0.6	0.9	1.1	1.3	1.9	2.5	2.8	2.0	0.76	1.1	1.2	1.4	1.8	2.4	3.2	3.4
Riboflavin (mg)	0.3 [^]	0.11	0.1	0.1	0.1	0.3	0.3	0.4	0.4	0.3	0.16	0.1	0.1	0.2	0.3	0.5	0.6	0.6
Thiamin (mg)	0.1 [^]	0.05	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.2	0.06	0.1	0.1	0.1	0.2	0.2	0.3	0.3
Minerals																		
Calcium (mg)	158 [^]	79.4	28	40	86	147	218	271	290	197	115.7	35	46	91	189	281	346	370
Iron (mg)	1.4 [^]	0.77	0.4	0.8	0.9	1.0	1.6	2.4	2.7	1.8	0.77	0.9	1.0	1.2	1.5	2.0	3.0	3.2
Magnesium (mg)	28 [^]	8.2	19	19	21	26	34	39	42	37	10.5	24	26	29	36	43	52	58
Phosphorus (mg)	150 [^]	58.1	56	60	107	139	199	226	240	195	87.7	76	81	115	185	266	301	316
Potassium (mg)	286 [^]	80.1	170	192	217	261	351	404	417	383	118.8	222	250	286	362	464	554	584
Sodium (mg)	218 [^]	73.1	91	124	171	216	263	284	340	307	120.6	120	166	211	288	375	460	472
Zinc (mg)	1.0 [^]	0.51	0.4	0.4	0.6	0.9	1.3	1.6	2.1	1.2	0.59	0.4	0.5	0.8	1.1	1.5	1.9	2.5

	Age Group (Years)																	
	3-5									6-12								
			Percentiles									Percentiles						
	Mean	SD	5th	10th	25th	50th	75th	90th	95th	Mean	SD	5th	10th	25th	50th	75th	90th	95th
Other Dietary Components																		
Cholesterol (mg)	8 ^a	7.9	0	0	3	7	11	13	23	11	10.1	0	0	3	7	14	20	32
Dietary fiber (g)	2 ^a	0.6	1	1	1	1	2	2	3	2	1.0	1	1	2	2	3	4	4
Dietary fiber (g/1,000 Calories)	9 ^a	3.1	4	4	7	8	11	13	13	9	3.9	4	4	7	8	12	14	16
Total sugar (g)	19 ^a	8.4	8	10	14	17	22	25	32	25	11.2	12	13	18	23	29	36	44
Percentage of Calories From																		
Total fat	24.6 ^a	6.74	14.3	16.7	18.8	23.2	28.9	35.5	36.6	24.6	6.91	15.9	16.7	18.4	24.4	29.3	33.3	36.5
Saturated fat	7.5 ^a	2.43	3.9	4.5	4.9	7.5	9.4	10.3	10.6	7.5	2.60	3.3	3.9	5.7	7.3	9.2	10.4	11.2
Monounsaturated fat	7.9 ^a	2.56	4.4	4.6	6.2	7.2	9.0	11.9	12.6	8.0	2.57	4.2	4.6	6.3	8.0	9.3	11.1	13.0
Polyunsaturated fat	7.3 ^a	3.81	2.3	2.7	4.7	6.1	9.2	11.0	14.9	7.3	3.51	2.3	2.8	5.5	6.7	8.7	11.6	14.1
Linoleic acid	6.5 ^a	3.47	1.9	2.4	4.2	5.6	7.9	10.0	13.3	6.6	3.24	1.9	2.4	4.9	6.1	8.0	10.6	12.7
Alpha-linolenic acid	0.7 ^a	0.39	0.2	0.3	0.4	0.6	0.8	1.2	1.4	0.6	0.35	0.2	0.3	0.4	0.5	0.7	1.2	1.3
Carbohydrate	65.4 ^a	9.29	51.4	53.7	56.1	64.4	73.8	78.0	79.4	66.3	9.67	52.2	54.1	60.2	66.0	71.1	79.5	80.0
Added sugar	11.2 ^a	5.09	1.7	2.5	7.5	11.5	14.6	17.0	18.0	10.7	6.64	2.1	3.2	6.2	10.0	14.0	17.9	20.8
Protein	12.1 ^a	5.05	4.1	4.5	8.3	11.6	15.5	17.3	19.3	11.3	4.90	4.1	4.6	7.4	10.5	15.0	17.5	18.6
Number of Afternoon Snacks	162									258								
Number of At-Risk Afterschool Programs	35									58								

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all At-Risk Afterschool programs participating in the Child and Adult Care Program (CACFP). Table includes only programs for which the analysis variables were available.

A "A" identifies mean estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods. An indication of an imprecise mean is an indication that the standard deviation and percentiles are imprecise also.

AT = alpha-tocopherol; CACFP= Child and Adult Care Food Program; DFE = dietary folate equivalents; RAE = retinol activity equivalents; SD = standard deviation.

D.2 CACFP Meals Served Compared to CACFP Meal Patterns, 2015 DGA, and HEI Guidelines

Table D.2.1 Mean Percentage of Early Child Care Meals and Programs that Met All of the CACFP Meal Component Requirements, by Meal and Overall

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Breakfast															
Mean percentage of breakfasts meeting all component requirements ^a	95.4	96.7	96.9	96.7	93.0	98.1	98.0	94.5	97.0	97.4	97.0	94.7	96.9	97.3	96.9
Distribution of percentage of breakfasts meeting all component requirements															
Few or none (0 – 20%)	1.5 [^]	1.3 [^]	0.8 [^]	1.0 [^]	4.2 [^]	0.0 [^]	0.4 [^]	2.2 [^]	0.0 [^]	0.0 [^]	0.0 [^]	2.0 [^]	0.4 [^]	0.3 [^]	0.3 [^]
Some (21 – 40%)	1.6 [^]	0.5 [^]	0.4 [^]	0.0 [^]	1.5 [^]	0.0 [^]	0.0 [^]	0.7 [^]	0.7 [^]	0.5 [^]	0.9 [^]	1.0 [^]	0.6 [^]	0.5 [^]	0.6 [^]
Approximately half (41 – 60%)	0.5 [^]	1.4 [^]	1.3 [^]	2.2 [^]	1.3 [^]	1.2 [^]	0.9 [^]	2.2 [^]	1.3 [^]	1.1 [^]	1.8 [^]	1.7 [^]	1.3 [^]	1.1 [^]	1.9 [^]
Most (61 – 80%)	10.1	7.0 [^]	8.4	6.9 [^]	6.7 [^]	7.4 [^]	5.6	9.9	9.9	8.9	8.2 [^]	9.9	8.8	8.4	7.8
All (81 – 100%) ^b	86.3	89.8	89.1	89.9	86.4 [^]	91.4 [^]	93.1	85.0	88.1	89.5	89.1	85.5	88.8	89.7	89.4
Total Number of Early Child Care Programs Serving Breakfast	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204
Lunch															
Mean percentage of lunches meeting all component requirements ^a	88.2	88.9	88.5	86.5	88.9	88.9	91.1	89.1	90.0	87.9	84.4	88.8	89.6	88.4	85.0
Distribution of percentage of lunches meeting all component requirements															
Few or none (0 – 20%)	1.3 [^]	0.5 [^]	1.0 [^]	3.0 [^]	4.2 [^]	0.0 [^]	0.0 [^]	1.8 [^]	1.8 [^]	3.5 [^]	2.6 [^]	1.7 [^]	1.3 [^]	2.5 [^]	2.7 [^]
Some (21 – 40%)	2.4 [^]	3.1 [^]	2.9 [^]	3.9 [^]	0.0 [^]	3.7 [^]	2.9 [^]	3.6 [^]	1.9 [^]	3.8 [^]	6.1 [^]	3.2 [^]	2.3 [^]	3.4 [^]	5.5 [^]
Approximately half (41 – 60%)	8.7 [^]	7.8 [^]	8.6	7.7 [^]	6.0 [^]	10.0 [^]	5.0	6.2 [^]	5.1 [^]	4.8 [^]	12.2 [^]	6.9 [^]	6.1	5.8	11.0
Most (61 – 80%)	27.6	28.4	26.0	24.8	21.7 [^]	23.5	23.8	21.7	24.3	22.5	22.1	23.3	25.5	23.6	22.9
All (81 – 100%) ^b	60.0	60.3	61.5	60.6	68.1	62.9	68.4	66.7	66.9	65.4	56.9	64.9	64.7	64.6	58.0
Total Number of Early Child Care Programs Serving Lunch	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Supper															
Mean percentage of suppers meeting all component requirements ^a	87.3 [^]	89.9 ^{***^}	90.7 [^]	87.6 [^]	--	100.0 ^{†††^}	79.4 [^]	74.9 [#]	84.3	80.5 [#]	84.4	76.4	85.1	81.6	84.7
Distribution of percentage of suppers meeting all component requirements															
Few or none (0 – 20%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	15.0 [^]	5.0 [^]	2.2 [^]	2.2 [^]	1.3 [^]	4.4 [^]	1.9 [^]	2.1 [^]	1.1 [^]
Some (21 – 40%)	0.0 [^]	0.0 [^]	0.0 [^]	6.5 [^]	--	0.0 [^]	0.0 [^]	17.9 ^{#^}	6.0 [^]	11.3 [^]	8.4 [^]	15.8 [^]	5.2 [^]	10.0 [^]	8.2 [^]
Approximately half (41 – 60%)	7.6 [^]	7.6 [^]	7.0 [^]	8.9 [^]	--	0.0 [^]	0.0 ^{†^}	13.8 [^]	9.7 [^]	8.9 [^]	9.9 [^]	13.0 [^]	9.4 [^]	8.6 [^]	9.8 [^]
Most (61 – 80%)	44.3 [^]	35.2 [^]	32.3 [^]	24.8 [^]	--	0.0 ^{††^}	22.1 [^]	17.4 [^]	25.3 [^]	32.3	23.6	20.6 [^]	26.5	32.2	23.8
All (81 – 100%) ^b	48.1 [^]	57.2 ^{***^}	60.7 [^]	59.8 [^]	--	100.0 ^{†††^}	62.9 [^]	45.9	56.8	45.3	56.9	46.1	57.1	47.2	57.2
Total Number of Early Child Care Programs Serving Supper	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72
Morning Snack															
Mean percentage of morning snacks meeting all component requirements ^a	92.3 [^]	91.3 [^]	92.9 [^]	95.1 [^]	92.6 [^]	94.9 [^]	90.9 [^]	97.2	97.8	98.2	93.3	96.8	97.1	97.6	93.5
Distribution of percentage of morning snacks meeting all component requirements															
Few or none (0 – 20%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	6.5 [^]	0.0 [^]	0.0 [^]	0.0 [^]	2.4 [^]	0.0 [^]	0.0 [^]	0.1 [^]	2.1 [^]
Some (21 – 40%)	4.0 [^]	6.1 [^]	3.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	1.0 [^]	1.0 [^]	0.9 [^]	0.0 [^]	1.2 [^]	1.5 [^]	1.1 [^]	0.0 [^]
Approximately half (41 – 60%)	0.0 [^]	0.0 [^]	4.3 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.7 [^]	1.4 [^]	0.0 [^]	0.0 [^]	1.0 [^]	1.2 [^]
Most (61 – 80%)	26.6 [^]	25.3 [^]	17.9 [^]	24.7 [^]	36.9 [^]	25.4 [^]	11.9 [^]	10.8 [^]	7.2 [^]	5.0 [^]	18.9 [^]	12.3 [^]	9.1 [^]	6.4 [^]	19.4 [^]
All (81 – 100%) ^b	69.4 [^]	68.6 [^]	74.7 [^]	75.3 [^]	63.1 [^]	74.6 [^]	81.5 [^]	88.2 [^]	91.8 [^]	93.4 [^]	77.4	86.5	89.4 [^]	91.4 [^]	77.2
Total Number of Early Child Care Programs Serving Morning Snack	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Afternoon Snack															
Mean percentage of afternoon snacks meeting all component requirements ^a	93.7	95.0	95.6	95.1	87.4	94.1†	96.5	96.6#	97.8##	97.8#	97.5	95.4	96.7	97.1	96.8
Distribution of percentage of afternoon snacks meeting all component requirements															
Few or none (0 – 20%)	1.3 [^]	0.9 [^]	0.4 [^]	0.7 [^]	6.7 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.6 [^]	0.3 [^]	0.1 [^]	0.2 [^]
Some (21 – 40%)	1.9 [^]	1.7 [^]	1.6 [^]	0.7 [^]	4.0 [^]	2.0 [^]	0.7 [^]	2.5 [^]	0.0 [^]	0.0 [^]	0.0 [^]	2.4 [^]	0.6 [^]	0.5 [^]	0.2 [^]
Approximately half (41 – 60%)	2.9 [^]	1.5 [^]	1.9 [^]	5.0 [^]	3.7 [^]	4.6 [^]	1.9 [^]	0.5 [^]	1.6 [^]	1.3 [^]	2.7 [^]	1.4 [^]	1.7 [^]	1.5 [^]	3.4 [^]
Most (61 – 80%)	13.7	13.3	11.5	9.4	9.9 [^]	13.9 [^]	10.9	7.4 [^]	6.8 ^{#^}	7.8 [^]	6.8 [^]	9.4	9.2	9.1	7.6
All (81 – 100%) ^b	80.2	82.5	84.5	84.3	75.8 ^{†^}	79.6 ^{††^}	86.5	89.6 [#]	91.5 ^{##}	90.9	90.6 [^]	86.2	88.1	88.7	88.7
Total Number of Early Child Care Programs Serving Afternoon Snack	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237
Evening Snack															
Mean percentage of evening snacks meeting all component requirements ^a	96.4 [^]	96.4 [^]	96.4 [^]	95.6 [^]	100.0 [^]	100.0 [^]	100.0 [^]	100.0 [^]	85.1 [^]	96.6 [^]	96.9 [^]	99.3 [^]	88.5 [^]	96.6 [^]	96.8 [^]
Distribution of percentage of evening snacks meeting all component requirements															
Few or none (0 – 20%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Some (21 – 40%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Approximately half (41 – 60%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	20.9 [^]	6.0 [^]	5.5 [^]	0.0 [^]	14.8 [^]	5.4 [^]	5.1 [^]
Most (61 – 80%)	17.9 [^]	17.9 [^]	17.9 [^]	22.2 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	32.6 [^]	4.9 [^]	4.5 [^]	3.4 [^]	28.0 [^]	6.1 [^]	5.8 [^]
All (81 – 100%) ^b	82.1 [^]	82.1 [^]	82.1 [^]	77.8 [^]	100.0 [^]	100.0 ^{†^}	100.0 [^]	100.0 [^]	46.4 [^]	89.2 [^]	90.0 [^]	96.6 [^]	57.2 [^]	88.5 [^]	89.1 [^]
Total Number of Early Child Care Programs Serving Evening Snack	5	5	5	4	1	1	1	7	5	17	17	13	11	23	21

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Early Child Care Programs															
Percentage meeting all meal components requirements for all meals served during the target week	40.2	41.2	45.8**	54.6	53.3	51.3	62.8††	53.6#	52.0	49.7	50.3	49.9	48.7	49.8	51.6
Number of programs meeting all meal components requirements for all meals served during the target week	63	78	101	72	28	34	159	68	87	97	68	159	199	357	140
Total Number of Early Child Care Programs	157	189	222	137	51	66	247	138	170	195	129	346	425	664	266

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start program is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Since study data were collected prior to the fall 2017 implementation of the new CACFP meal patterns, this table uses benchmarks based on the pre-fall 2017 CACFP meal patterns.

^aMean percentage of meals (breakfast, lunch, supper, morning snack, afternoon snack, and evening snack) meeting component requirements is calculated in two steps. First, the percentage of meals meeting component requirements is calculated for each program as $100 * (\# \text{ of program meals meeting component requirements}) / (\# \text{ of meals served by program})$. Second, the mean percentage meeting the component requirements is calculated as the weighted mean of the program-level percentages.

^bPrograms in this category met all component requirements for all meals served during the target week since those meeting the requirements on 4 out of 5 days (or 3 out of 4 day; 3 out of 4; etc.) drop down to the “most” category.

CACFP = Child and Adult Care Food Program

Table D.2.2 Mean Percentage of Before and After School Program Meals and Programs that Met All of the CACFP Meal Component Requirements, by Meal and Overall

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Breakfast						
Mean percentage of breakfasts meeting all component requirements ^a	95.1 [^]	95.7 [^]	--	--	95.1 [^]	95.7 [^]
Distribution of percentage of breakfasts meeting all component requirements						
Few or none (0 – 20%)	0.0 [^]	0.0 [^]	--	--	0.0 [^]	0.0 [^]
Some (21 – 40%)	0.0 [^]	0.0 [^]	--	--	0.0 [^]	0.0 [^]
Approximately half (41 – 60%)	0.0 [^]	0.0 [^]	--	--	0.0 [^]	0.0 [^]
Most (61 – 80%)	24.2 [^]	21.1 [^]	--	--	24.2 [^]	21.1 [^]
All (81 – 100%) ^b	75.8 [^]	78.9 [^]	--	--	75.8 [^]	78.9 [^]
Total Number of Before and After School Programs Serving Breakfast	23	30	--	--	23	30
Supper						
Mean percentage of suppers meeting all component requirements ^a	94.9 [^]	92.7 [^]	86.9	91.4	87.1 [^]	91.4
Distribution of percentage of suppers meeting all component requirements						
Few or none (0 – 20%)	0.0 [^]	3.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.1 [^]
Some (21 – 40%)	0.0 [^]	0.0 [^]	8.5 [^]	4.3 [^]	8.2 [^]	4.1 [^]
Approximately half (41 – 60%)	0.0 [^]	1.5 [^]	1.5 [^]	2.9 [^]	1.5 [^]	2.8 [^]
Most (61 – 80%)	23.5 [^]	19.8 [^]	30.2	20.4	30.1 [^]	20.3
All (81 – 100%) ^b	76.5 [^]	75.7 [^]	59.8	72.5	60.2 [^]	72.6
Total Number of Before and After School Programs Serving Supper	12	28	47	100	59	128

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Afternoon Snack						
Mean percentage of afternoon snacks meeting all component requirements ^a	96.0	96.8	97.3 [^]	96.5	97.0	96.6
Distribution of percentage of afternoon snacks meeting all component requirements						
Few or none (0 – 20%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Some (21 – 40%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Approximately half (41 – 60%)	1.0 [^]	1.1 [^]	0.0 [^]	1.5 [^]	0.2 [^]	1.5 [^]
Most (61 – 80%)	18.0 [^]	13.5 [^]	11.6 [^]	11.2 [^]	12.8 [^]	11.6 [^]
All (81 – 100%) ^b	81.0 [^]	85.4	88.4 [^]	87.3 [^]	87.0 [^]	86.9
Total Number of Before and After School Programs Serving Afternoon Snack	65	120	35	58	100	178
Evening Snack						
Mean percentage of evening snacks meeting all component requirements ^a	94.8 [^]	93.5 ^{****^}	100.0 [^]	100.0 [^]	99.9 [^]	99.5 [^]
Distribution of percentage of evening snacks meeting all component requirements						
Few or none (0 – 20%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Some (21 – 40%)	8.7 [^]	1.6 [^]	0.0 [^]	0.0 [^]	0.2 [^]	0.1 [^]
Approximately half (41 – 60%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Most (61 – 80%)	0.0 [^]	27.9 ^{***^}	0.0 [^]	0.0 [^]	0.0 [^]	2.3 [^]
All (81 – 100%) ^b	91.3 [^]	70.6 ^{***^}	100.0 [^]	100.0 [^]	99.8 [^]	97.5 [^]
Total Number of Before and After School Programs Serving Evening Snack	3	7	6	8	9	15

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Before and After School Programs						
Percentage meeting all meal components requirements for all meals served during the target week	72.5	79.4	67.4	75.6	68.0	76.0
Number of programs meeting all meal components requirements for all meals served during the target week	58	115	50	105	108	220
Total Number of Before and After School Programs	75	145	73	138	148	283

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. This study limited data collection for At-Risk Afterschool programs to afternoon snack, supper, and evening snack. Since study data were collected prior to the fall 2017 implementation of the new CACFP meal patterns, this table uses benchmarks based on the pre-fall 2017 CACFP meal patterns.

^aMean percentage of meals (breakfast, supper, afternoon snack, and evening snack) meeting component requirements is calculated in two steps. First, the percentage of meals meeting component requirements is calculated for each program as $100 * (\# \text{ of program meals meeting component requirements}) / (\# \text{ of meals served by program})$. Second, the mean percentage meeting the component requirements is calculated as the weighted mean of the program-level percentages.

^bPrograms in this category met all component requirements for all meals served during the target week since those meeting the requirements on 4 out of 5 days (or 3 out of 4 day; 3 out of 4; etc.) drop down to the “most” category.

CACFP = Child and Adult Care Food Program

Table D.2.3 Mean Percentage of CACFP Meals and Snacks in Early Child Care Programs Including Each Meal Component

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Mean Percentage of Breakfasts ^a Including Components															
Milk	99.2	100.0	100.0	99.0	100.0	100.0	99.8	99.4	99.6	99.7	100.0	99.3	99.7	99.8	99.7
Fruits/Vegetables ^b	97.4	97.8	98.0 [*]	98.5	93.8	99.1	99.2	96.3	98.2	98.3	97.3	96.5	98.1	98.3	97.6
Only Fruits	95.8	96.2	96.5	97.0	91.3	96.7	96.7	93.9	95.4	95.8	95.4	94.4	95.7	96.1	95.8
Only Vegetables	1.2 [^]	1.1 [^]	0.9 [^]	1.1 [^]	1.4 [^]	0.9 [^]	0.4 [^]	1.4 [^]	2.3 [^]	1.6 [^]	1.6 [^]	1.4 [^]	1.8 [^]	1.3	1.5 [^]
Both Fruit and Vegetable	0.4 [^]	0.5 [^]	0.6 ^{^^}	0.4 [^]	1.2 [^]	1.5 [^]	2.0	0.9 [^]	0.5 [^]	0.9 [^]	0.3 [^]	0.8 [^]	0.6 [^]	0.9	0.3 [^]
Grains/Breads	98.2	98.9	98.9	98.9	94.0	98.5	99.1	98.8	99.2	99.4	99.7	98.5	99.1	99.2	99.4
Meats/Meat Alternates	11.2 ^{**}	11.6 ^{***}	12.8 ^{***}	8.9	21.6	28.2 [†]	26.4 [†]	14.7	15.6 [#]	16.1	18.1 ^{##}	13.9	14.8	16.2	15.4
Total Number of Early Child Care Programs Serving Breakfast	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204
Mean Percentage of Lunches ^a Including Components															
Milk	97.7	98.2	98.6	96.9	99.3	99.4 [†]	99.2	98.9	98.4	98.6	97.5	98.6	98.3	98.7	97.3
Fruits/Vegetables ^b	100.0	99.7	99.7	99.1	95.8	100.0	99.9	99.6	99.9	99.3	99.0	99.6	99.9	99.5	99.0
Only Fruits	3.2	2.9	3.5 [*]	4.0	1.7 ^{†^}	1.8 ^{†^}	1.9 ^{††}	3.8	4.7	5.2	4.1	3.6	4.0	4.5	4.0
Only Vegetables	10.1	10.0	9.8	10.8	15.9	15.3	8.2 ^{††}	17.1 [#]	19.3 [#]	17.1 [#]	19.6	15.1	16.3	14.4	17.1
Both Fruit and Vegetable	86.6	86.8	86.4	84.3	78.3	82.8	89.8 ^{†††}	78.7	75.9 [#]	77.0 ^{##}	75.4	80.9	79.5	80.7	77.9
Grains/Breads	96.5	96.6	96.4	95.2	93.5	94.7 [†]	96.0	98.9 ^{##}	98.5 [#]	97.4	96.7	98.0	97.8	97.0	96.3
Meats/Meat Alternates	99.3	99.2	98.8	98.5	95.4	99.0	99.1	98.2	98.4	98.7	99.2	98.4	98.7	98.8	99.0
Total Number of Early Child Care Programs Serving Lunch	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188
Mean Percentage of Suppers ^a Including Components															
Milk	100.0 [^]	100.0 [^]	100.0 [^]	95.6 [^]	--	100.0 [^]	85.0 [^]	99.0	98.2	98.5 [#]	97.7	99.1	98.4	98.5	97.4
Fruits/Vegetables ^b	100.0 [^]	100.0 [^]	100.0 [^]	100.0 [^]	--	100.0 [^]	85.0 [^]	98.3	99.7	98.7	98.8	98.5	99.7	98.7	99.0
Only Fruits	9.8 [^]	6.1 ^{^^}	5.6 ^{^^^}	9.3 [^]	--	0.0 ^{†††^}	0.0 ^{†††^}	12.2	10.2	10.8	4.1 [^]	11.9	9.6	10.1	4.7
Only Vegetables	13.3 [^]	16.0 [^]	16.3 ^{^^}	14.9 [^]	--	0.0 ^{†††^}	0.0 ^{†††^}	28.9	20.5	27.0	26.4	27.1	19.8	25.5	25.1
Both Fruit and Vegetable	76.9 [^]	78.0 ^{^^}	78.1 [^]	75.8 [^]	--	100.0 ^{†††^}	85.0 [^]	57.2 [#]	69.0	60.8 [#]	68.3	59.6	70.3	63.0	69.1
Grains/Breads	100.0 [^]	100.0 [^]	100.0 [^]	100.0 [^]	--	100.0 ^{††^}	94.5 [^]	97.2 [#]	95.0 ^{##}	97.8 ^{##}	97.8 ^{##}	97.6	95.6	98.0	98.0
Meats/Meat Alternates	100.0 [^]	100.0 [^]	100.0 [^]	98.2 [^]	--	100.0 [^]	100.0 ^{†^}	96.5 [#]	96.9	98.4 [#]	99.2	96.9	97.3	98.6	99.1
Total Number of Early Child Care Programs Serving Supper	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Group (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Mean Percentage of Morning Snacks ^a Including Components															
Milk	57.2 [^]	55.4 [^]	55.1 [^]	44.3 [^]	63.1 [^]	74.6 [^]	74.8 [^]	68.2	61.2	69.5	78.9 ^{##}	67.2	60.7	68.2	75.4
Fruits/Vegetables ^b	55.7 ^{****^}	59.3 [^]	58.9 [^]	59.6 [^]	92.6 ^{†^}	63.7 [^]	67.1 [^]	75.6 ^{##}	73.1 [#]	75.8 ^{##}	63.8	73.9	71.7	74.0	63.4
Only Fruits	51.8 ^{***^}	53.9 [^]	51.5 [^]	49.9 [^]	85.3 [^]	58.7 [^]	55.6 [^]	70.1 [#]	68.3 ^{##}	67.4 ^{##}	56.0	68.6	66.8	65.7	55.4
Only Vegetables	3.9 [^]	5.4 [^]	7.1 [^]	9.7 [^]	7.4 [^]	5.1 [^]	7.2 [^]	4.5 [^]	2.5	5.2	3.9 [^]	4.5 [^]	2.8	5.4	4.5 [^]
Both Fruit and Vegetable	0.0 [^]	0.0 [^]	0.3 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	4.2 [^]	0.9 ^{#^}	2.4 ^{#^}	3.2 [^]	3.8 [^]	0.8 [^]	2.1 [^]	2.9 [^]	3.4 [^]
Grains/Breads	88.7 [^]	87.0 [^]	88.8 [^]	94.5 [^]	70.5 [^]	79.7 [^]	72.1 [^]	76.4	80.9	78.8	75.6 ^{###}	77.5	81.5	79.7	77.5
Meats/Meat Alternates	19.6 [^]	21.8 [^]	23.5 [^]	23.4 [^]	37.3 [^]	25.7 [^]	29.9 [^]	39.7 ^{##}	38.6 ^{##}	44.6 ^{##}	40.9	38.0	36.8	42.3	39.1
Total Number of Early Child Care Programs Serving Morning Snack	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62
Mean Percentage of Afternoon Snacks ^a Including Components															
Milk	39.1	39.5	39.3	33.7	40.5	34.4 ^{††}	46.6 ^{††}	53.9 ^{##}	50.5 [#]	61.8 ^{###}	65.0 ^{###}	48.9	46.3	54.0	55.6
Fruits/Vegetables ^b	58.3	59.6	61.2	61.3	55.6 ^{†††}	62.4 [†]	63.1 [†]	71.6 ^{###}	71.1 ^{##}	71.3 ^{###}	71.2 [#]	67.0	67.0	67.7	68.2
Only Fruits	52.5	51.8	53.4	53.6	47.9 ^{††}	53.6	53.3	64.5 ^{##}	60.2 [#]	59.4 [#]	59.1	60.2	57.2	57.2	57.4
Only Vegetables	4.7	6.2	6.4	6.1	5.5 [^]	6.1 [^]	8.1	6.1	7.6	7.0	6.2	5.7	7.1	7.0	6.2
Both Fruit and Vegetable	1.0 [^]	1.6 [^]	1.4 [^]	1.6 [^]	2.2 [^]	2.7 [^]	1.7 ^{†^}	1.1 [^]	3.4	4.9 [#]	5.9 ^{#^}	1.1	2.8	3.6	4.6 [^]
Grains/Breads	83.4	83.5	84.4 [^]	85.6	78.4	80.7	78.7	78.4	79.8	77.9 [#]	78.3 [#]	80.0	81.1	79.9	80.5
Meats/Meat Alternates	28.5	30.5	29.5	30.6	30.8	35.3	33.8	31.2	36.4	36.7 [#]	38.6	30.4	34.4	34.4	36.2
Total Number of Early Child Care Programs Serving Afternoon Snack	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237
Mean Percentage of Evening Snacks ^a Including Components															
Milk	14.9 ^{****^}	14.9 ^{****^}	14.9 ^{****^}	8.9 [^]	80.0 ^{†^}	80.0 [^]	80.0 [^]	51.9 ^{##^}	83.5 ^{####^}	69.4 ^{####^}	74.4 ^{####^}	45.3 [^]	64.5 [^]	64.0 [^]	69.4 [^]
Fruits/Vegetables ^b	89.2 ^{****^}	89.2 ^{****^}	89.2 ^{****^}	86.7 [^]	0.0 ^{†††^}	0.0 ^{†††^}	20.0 ^{†††^}	71.7 [^]	72.9 [^]	74.3 [^]	72.4 [^]	74.2 [^]	76.1 [^]	75.5 [^]	73.5 [^]
Only Fruits	77.9 ^{****^}	77.9 ^{****^}	77.9 ^{****^}	77.5 [^]	0.0 ^{†††^}	0.0 ^{†††^}	0.0 ^{†††^}	69.2 [^]	66.1 [^]	63.3 [^]	64.6 [^]	70.0 [^]	68.2 [^]	64.4 [^]	65.6 [^]
Only Vegetables	7.7 ^{***^}	11.3 ^{***^}	11.3 ^{***^}	9.2 [^]	0.0 [^]	0.0 [^]	20.0 ^{††^}	2.6 [^]	3.4 [^]	7.5 [^]	5.7 [^]	3.5 [^]	5.5 [^]	8.0 [^]	6.0 [^]
Both Fruit and Vegetable	3.6 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	3.4 [^]	3.5 [^]	2.1 [^]	0.7 [^]	2.4 [^]	3.1 [^]	1.9 [^]
Grains/Breads	94.3 [^]	94.3 [^]	94.3 [^]	93.0 [^]	100.0 ^{†^}	100.0 ^{†^}	100.0 ^{††^}	78.7 [^]	59.3 [^]	77.6 ^{#^}	78.0 [^]	81.9 [^]	69.7 [^]	79.4 [^]	79.1 [^]
Meats/Meat Alternates	5.7 ^{****^}	5.7 ^{****^}	5.7 ^{****^}	7.0 [^]	20.0 [^]	20.0 [^]	20.0 ^{††^}	27.0 ^{#^}	19.0 ^{#^}	37.6 ^{####^}	34.2 ^{####^}	22.9 [^]	15.3 [^]	34.3 [^]	32.1 [^]
Total Number of Early Child Care Programs Serving Evening Snack	5	5	5	4	1	1	1	7	5	17	17	13	11	23	21

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. CACFP Meal Pattern for breakfast requires the meal to include Milk, Fruit/Vegetable, and Grains/Breads components to be reimbursable. Meat/Meat Alternates are allowed but not required. Only programs that served breakfast on at least one day of the target week are included in this table.

^aMean percentage of each meal or snack including a given component (Milk, Fruits/Vegetables, Grains/Breads, Meat/Meat Alternates) is calculated in two steps. First, the percentage of meals including the component is calculated for each program as $100 * (\# \text{ of meals serving the component}) / (\# \text{ of meals served by program})$. Second, the mean percentage of meals including the component is calculated as the weighted mean of this program-level percentage.

^bThe Fruit/Vegetable component can be met by serving fruit, vegetable, or both fruit and vegetable. The Fruit/Vegetable row shows the mean percentage of the meal or snack that included either fruit, vegetable, or both. The Only Fruits row shows the mean percentage of the meal or snack that included fruit but not vegetable. The Only Vegetables row shows the mean percentage of the meal or snack that included vegetable but not fruit. The Both Fruit and Vegetable row shows the mean percentage of the meal or snack that included both fruit and vegetable.

CACFP= Child and Adult Care Food Program.

Table D.2.4 Mean Percentage of CACFP Meals and Snacks in Before and After School Programs Including Each Meal Component

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Mean Percentage of Breakfasts ^a Including Components						
Milk	100.0 [^]	100.0 [^]	--	--	100.0 [^]	100.0 [^]
Fruits/Vegetables ^b	99.0 [^]	99.6 [^]	--	--	99.0 [^]	99.6 [^]
Only Fruits	92.1 [^]	93.6 [^]	--	--	92.1 [^]	93.6 [^]
Only Vegetables	2.9 [^]	2.5 [^]	--	--	2.9 [^]	2.5 [^]
Both Fruit and Vegetable	4.0 [^]	3.4 [^]	--	--	4.0 [^]	3.4 [^]
Grains/Breads	96.0 [^]	96.1 [^]	--	--	96.0 [^]	96.1 [^]
Meats/Meat Alternates	11.2 [^]	14.8 [^]	--	--	11.2 [^]	14.8 [^]
Total Number of Before and After School Programs Serving Breakfast	23	30	--	--	23	30
Mean Percentage of Suppers ^a Including Components						
Milk	100.0 [^]	100.0 [^]	98.6	99.3	98.7 [^]	99.3
Fruits/Vegetables ^b	100.0 [^]	100.0 [^]	99.7	99.8	99.7 [^]	99.8
Only Fruits	4.1 [^]	3.4 ^{**^}	15.2 [^]	11.7 [^]	14.9 [^]	11.4 [^]
Only Vegetables	4.1 [^]	12.7 [^]	5.4 [^]	5.7	5.3 [^]	6.0
Both Fruit and Vegetable	91.8 [^]	84.0 [^]	79.1	82.4	79.4 [^]	82.4
Grains/Breads	100.0 ^{***^}	99.4 ^{***^}	94.9	96.2	95.1 [^]	96.3
Meats/Meat Alternates	99.0 [^]	99.6 [^]	97.6	98.3	97.7 [^]	98.3
Total Number of Before and After School Programs Serving Supper	12	28	47	100	59	128
Mean Percentage of Afternoon Snacks ^a Including Components						
Milk	46.9	46.7	41.7 [^]	37.3	42.6	39.2
Fruits/Vegetables ^b	63.0	65.5	62.5 [^]	67.7	62.6	67.3
Only Fruits	52.1	53.7	53.5 [^]	57.2	53.2	56.5
Only Vegetables	9.9	10.4	8.6 [^]	9.7	8.9	9.8
Both Fruit and Vegetable	0.9 [^]	1.4	0.4 [^]	0.9 [^]	0.5 [^]	1.0 [^]
Grains/Breads	79.5	80.4	84.3 [^]	85.0	83.4	84.1
Meats/Meat Alternates	23.0	27.7	22.4 [^]	24.1	22.5	24.8
Total Number of Before and After School Programs Serving Afternoon Snack	65	120	35	58	100	178

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Mean Percentage of Evening Snacks ^a Including Components						
Milk	15.3 ^{**}	33.8 [^]	67.7 [^]	56.2 [^]	66.6 [^]	54.3 [^]
Fruits/Vegetables ^b	71.0 [^]	75.2 [^]	78.0 [^]	76.8 [^]	77.8 [^]	76.6 [^]
Only Fruits	59.6 [^]	73.1 [^]	63.6 [^]	66.4 [^]	63.6 [^]	67.0 [^]
Only Vegetables	0.0 [^]	0.0 [^]	10.7 [^]	7.7 [^]	10.5 [^]	7.1 [^]
Both Fruit and Vegetable	11.5 [^]	2.1 [^]	3.6 [^]	2.6 [^]	3.8 [^]	2.6 [^]
Grains/Breads	76.5 ^{***}	84.3 [^]	49.2 [^]	59.6 [^]	49.8 [^]	61.7 [^]
Meats/Meat Alternates	77.7 ^{**}	42.4 [^]	25.2 [^]	25.5 [^]	26.3 [^]	26.9 [^]
Total Number of Before and After School Programs Serving Evening Snack	3	7	6	8	9	15

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. This study limited data collection for At-Risk Afterschool programs to afternoon snack, supper, and evening snack. CACFP Meal Pattern for breakfast requires the meal to include Milk, Fruit/Vegetable, and Grains/Breads components to be reimbursable. Meat/Meat Alternates are allowed but not required. Only programs that served breakfast on at least one day of the target week are included in this table.

^aMean percentage of meals (breakfast, lunch, supper, morning snack, afternoon snack, and evening snack) including a given component (Milk, Fruits/Vegetables, Grains/Breads, Meat/Meat Alternates) is calculated in two steps. First, the percentage of meals including the component is calculated for each program as $100 \times (\text{\# of program meals serving the component}) / (\text{\# of meals served by program})$. Second, the mean percentage of meals including the component is calculated as the weighted mean of this program-level percentage.

^bThe Fruit/Vegetable component can be met by serving fruit, vegetable, or both fruit and vegetable. The Fruit/Vegetable row shows the mean percentage of the meal or snack that included either fruit, vegetable, or both. The Only Fruits row shows the mean percentage of the meal or snack that included fruit but not vegetable. The Only Vegetables row shows the mean percentage of the meal or snack that included vegetable but not fruit. The Both Fruit and Vegetable row shows the mean percentage of the meal or snack that included both fruit and vegetable.

CACFP= Child and Adult Care Food Program.

Table D.2.5 CACFP Meal Pattern Food Groups in Early Child Care Program Breakfasts Observed: Mean Amounts Served and Percent of Programs Meeting CACFP Portion Requirements^a

	Minimum Portion Required ^b	Child Care Centers		Head Start Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Milk (fl oz.)							
Age 1	4	4.6 [^]	86.7 [^]	6.7 [^]	83.8 [^]	4.9 [^]	86.4 [^]
Age 2	4	5.8 [^]	99.1 [^]	6.6 [^]	88.1 [^]	5.9 [^]	97.7 [^]
Ages 3-5	6	7.4 [^]	65.6 [^]	6.9	76.9	7.2	69.3
Ages 6-12	8	8.8 [^]	79.3 [^]	--	--	8.8 [^]	79.3 [^]
Fruits and Vegetables (cups)							
Age 1	.25	0.21 [^]	34.4 [^]	0.51 [^]	55.5 [^]	0.25 [^]	36.9 [^]
Age 2	.25	0.30 [^]	56.8 [^]	0.46 [^]	54.4 [^]	0.32 [^]	56.5 [^]
Ages 3-5	.50	0.32 ^{****^}	4.7 ^{****^}	0.52	36.6	0.38	15.3 [^]
Ages 6-12	.50	0.46 [^]	13.3 [^]	--	--	0.46 [^]	13.3 [^]
Grains/Breads (oz.)							
Age 1	.50	0.42 ^{****^}	0.7 ^{****^}	1.09 [^]	100.0 [^]	0.50 [^]	12.9 [^]
Age 2	.50	0.74 ^{*^}	53.8 [^]	1.03 [^]	92.2 [^]	0.78 [^]	58.6 [^]
Ages 3-5	.50	0.86 [^]	53.0 [^]	1.07	91.3 [^]	0.93	65.7
Ages 6-12	1	1.16 [^]	82.9 [^]	--	--	1.16 [^]	82.9 [^]
Meats/Meat Alternates (oz.) ^c							
Age 1	--	2.54 [^]	--	1.06 [^]	--	1.17 [^]	--
Age 2	--	0.49 ^{*^}	--	1.08 [^]	--	0.63 [^]	--
Ages 3-5	--	0.77 ^{*^}	--	1.34 [^]	--	1.16 [^]	--
Ages 6-12	--	0.00 [^]	--	--	--	0.00 [^]	--
Number of Breakfasts Observed ^d							
Age 1		8		10		18	
Age 2		72		26		98	
Ages 3-5		359		778		1,137	
Ages 6-12		16		--		16	

	Minimum Portion Required ^b	Child Care Centers		Head Start Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Number of Early Child Care Programs Observed by Age ^e							
Age 1		6		5		11	
Age 2		21		9		30	
Ages 3-5		68		107		175	
Ages 6-12		9		--		9	
Total Number of Early Child Care Programs Observed ^f		76		110		186	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This study limited data collection in Head Start programs to children aged 1 - 5 years old. CACFP Meal Pattern for breakfast requires the meal to include Milk, Fruit/Vegetable, and Grains/Breads components to be reimbursable. Mean amounts are calculated using the Food Pattern Equivalents Database for all meals where the component was served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. Since study data were collected prior to the fall 2017 implementation of the new CACFP meal patterns, this table uses benchmarks based on the pre-fall 2017 CACFP meal patterns.

^aThis table is based on meal observation data and includes only programs that served breakfast.

^bMinimum portion required is the amount of food from each food group for age grouping in the CACFP breakfast meal pattern.

^cNo benchmark has been added for Meat/Meat Alternates because Meat/Meat Alternates are allowed but not required at breakfast.

^dThe number of unique child breakfasts observed.

^eThe number of programs where each age group was observed. Programs with observations in more than one age group are counted in each age group.

^fThe total number of programs where breakfasts were observed.

CACFP = Child and Adult Care Food Program; fl oz. = fluid ounces; oz. = ounce equivalents.

Table D.2.6 CACFP Meal Pattern Food Groups in Early Child Care Program Lunches and Suppers Observed: Mean Amounts Served and Percent of Programs Meeting CACFP Portion Requirements^a

	Minimum Portion Required ^b	Child Care Centers		Head Start Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Milk (fl oz.)							
Age 1	4	4.2 ^{^a}	89.6 ^a	7.1 ^a	100.0 ^a	4.5 ^a	90.6 ^a
Age 2	4	4.5 ^{^a}	92.8 ^a	6.5 ^a	90.5 ^a	4.7 ^a	92.5 ^a
Ages 3-5	6	4.8 ^{***a}	17.3 ^{***a}	7.0	74.7	5.3	31.3 ^a
Ages 6-12	8	9.5 ^a	46.0 ^a	--	--	9.5 ^a	46.0 ^a
Fruits and Vegetables (cups) ^c							
Age 1	.25	0.44 ^{^a}	90.4 ^a	0.64 ^a	100.0 ^a	0.46 ^a	91.3 ^a
Age 2	.25	0.56 ^a	99.8 ^a	0.86 ^a	100.0 ^a	0.59 ^a	99.8 ^a
Ages 3-5	.50	0.66 ^{^a}	62.3 ^a	0.90	81.4 ^a	0.72	67.0
Ages 6-12	.75	0.57 ^a	17.4 ^a	--	--	0.57 ^a	17.4 ^a
Only Fruit (cups) ^c							
Age 1	.25	0.20 ^a	0.0 ^a	0.00 ^a	0.0 ^a	0.20 ^a	0.0 ^a
Age 2	.25	0.41 ^a	100.0 ^a	0.00 ^a	0.0 ^a	0.41 ^a	100.0 ^a
Ages 3-5	.50	0.32 ^a	33.4 ^a	0.57 ^a	38.2 ^a	0.42 ^a	35.4 ^a
Ages 6-12	.75	0.00 ^a	0.0 ^a	--	--	0.00 ^a	0.0 ^a
Only Vegetable (cups) ^c							
Age 1	.25	0.23 ^a	0.0 ^a	0.00 ^a	0.0 ^a	0.23 ^a	0.0 ^a
Age 2	.25	0.05 ^a	1.5 ^a	0.00 ^a	0.0 ^a	0.05 ^a	1.5 ^a
Ages 3-5	.50	0.45 ^a	17.9 ^a	0.47 ^a	29.6 ^a	0.47 ^a	27.0 ^a
Ages 6-12	.75	0.24 ^a	0.0 ^a	--	--	0.24 ^a	0.0 ^a
Both Fruit and Vegetable (cups) ^c							
Age 1	.25	0.47 ^a	100.0 ^a	0.64 ^a	100.0 ^a	0.49 ^a	100.0 ^a
Age 2	.25	0.56 ^a	99.8 ^a	0.86 ^a	100.0 ^a	0.60 ^a	99.8 ^a
Ages 3-5	.50	0.68 ^{***a}	65.0 ^a	0.96	86.8 ^a	0.75	70.4
Ages 6-12	.75	0.58 ^a	17.6 ^a	--	--	0.58 ^a	17.6 ^a

	Minimum Portion Required ^b	Child Care Centers		Head Start Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Grains/Breads (oz.)							
Age 1	.50	1.17^	99.9^	1.53^	57.2^	1.21^	95.4^
Age 2	.50	1.07^	99.4^	1.64^	77.4^	1.13^	97.0^
Ages 3-5	.50	1.21^	99.4 ^{**} ^	1.49	89.8^	1.28	97.1^
Ages 6-12	1	1.51^	83.5^	--	--	1.51^	83.5^
Meats/Meat Alternates (oz.)							
Age 1	1	1.22^	59.8^	1.47^	85.6^	1.24^	62.3^
Age 2	1	1.35^	55.7^	1.73^	78.0^	1.39^	58.2^
Ages 3-5	1.5	1.64^	41.8^	1.60	46.7	1.63	43.0^
Ages 6-12	2	2.77^	15.5^	--	--	2.77^	15.5^
Number of Lunches and Suppers Observed ^d							
Age 1		11		10		21	
Age 2		100		26		126	
Ages 3-5		457		880		1,337	
Ages 6-12		30		--		30	
Number of Early Child Care Programs Observed by Age ^e							
Age 1		8		5		13	
Age 2		26		9		35	
Ages 3-5		75		116		191	
Ages 6-12		11		--		11	
Total Number of Early Child Care Programs Observed ^f		83		119		202	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. CACFP Meal Pattern for lunch/supper requires the meal to include Milk, two Fruits/Vegetables, Grains/Breads, and Meat/Meat Alternate components to be reimbursable. Mean amounts are calculated using the Food Pattern Equivalents Database for all meals where the component was served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. Since study data were collected prior to the fall 2017 implementation of the new CACFP meal patterns, this table uses benchmarks based on the pre-fall 2017 CACFP meal patterns.

^aThis table is based on meal observation data and includes only programs that served lunch and/or supper.

^bMinimum portion required is the amount of food from each food group for age grouping in the CACFP lunch/supper meal pattern.

^cThe Fruit/Vegetable component can be met by serving fruit, vegetable, or both fruit and vegetable. The Fruits and Vegetables rows show the mean fruit and vegetable portion served at the meal or snack for all programs, whether fruit, vegetable, or both were served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. The Only Fruit rows show the mean fruit portion at the meal or snack for children who were served only fruit, no vegetables. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only fruits at the meal for that program type and age group. The Only Vegetable rows show the mean vegetable portion at the meal or snack for children who were served only vegetables, no fruit. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only vegetables at the meal for that program type and age group. The Both Fruit and Vegetable rows show the mean fruit and vegetable portion at the meal or snack (sum of all fruit and vegetable served) for children served both fruits and vegetables at the meal. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served both fruits and vegetables at the meal for that program type and age group. Children may not take all foods offered at a meal or snack and therefore one program may have served meals to children without all the offered components (i.e. One child takes fruit and vegetable, one takes just fruit, and one takes just vegetable). For this reason, the program can be counted in each of the Fruit and Vegetable subpanels; they are not mutually exclusive because the table is based on what children have on their plates, not what the program planned.

^dThe number of unique child lunches and suppers observed.

^eThe number of programs where each age group was observed. Programs with observations in more than one age group are counted in each age group.

^fThe total number of programs where lunch and/or supper were observed.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; fl oz. = fluid ounces; oz. = ounce equivalents.

Table D.2.7 CACFP Meal Pattern Food Groups in Before and After School Program Suppers Observed: Mean Amounts Served and Percent of Programs Meeting CACFP Portion Requirements^a

	Minimum Portion Required ^b	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Milk (fl oz.)							
Ages 3-5	6	0.0 [^]	0.0 [^]	8.1 [^]	100.0 [^]	8.1 [^]	100.0 [^]
Ages 6-12	8	7.8 [^]	58.7 ^{^a}	8.2 [^]	100.0 [^]	8.2 [^]	99.0 [^]
Fruits and Vegetables (cups) ^c							
Ages 3-5	.50	0.45 ^{****a}	0.0 [^]	1.23 [^]	100.0 [^]	1.22 [^]	99.6 [^]
Ages 6-12	.75	1.00 ^{***a}	58.8 [^]	1.40 [^]	95.9 [^]	1.39 [^]	94.9 [^]
Only Fruit (cups) ^c							
Ages 3-5	.50	0.00 [^]	0.0 [^]	0.52 [^]	100.0 [^]	0.52 [^]	100.0 [^]
Ages 6-12	.75	0.90 [^]	57.5 [^]	0.99 [^]	72.5 [^]	0.99 [^]	71.9 [^]
Only Vegetable (cups) ^c							
Ages 3-5	.50	0.00 [^]	0.0 [^]	0.55 [^]	100.0 [^]	0.55 [^]	100.0 [^]
Ages 6-12	.75	0.79 [^]	58.3 [^]	0.98 [^]	54.0 [^]	0.97 [^]	54.1 [^]
Both Fruit and Vegetable (cups) ^c							
Ages 3-5	.50	0.45 ^{****a}	0.0 [^]	1.40 [^]	100.0 [^]	1.39 [^]	99.5 [^]
Ages 6-12	.75	1.25 [^]	54.2 ^{***a}	1.44 [^]	99.6 [^]	1.43 [^]	98.8 [^]
Grains/Breads (oz.)							
Ages 3-5	.50	0.90 ^{****a}	100.0 [^]	1.98 [^]	100.0 [^]	1.97 [^]	100.0 [^]
Ages 6-12	1	1.76 [^]	95.6 [^]	2.01 [^]	98.0 [^]	2.01 [^]	97.9 [^]
Meats/Meat Alternates (oz.)							
Ages 3-5	1.5	1.46 [^]	0.0 ^{****a}	2.21 [^]	62.8 [^]	2.20 [^]	62.6 [^]
Ages 6-12	2	2.01 [^]	60.0 [^]	2.44 [^]	55.4 [^]	2.43 [^]	55.5 [^]
Number of Suppers Observed ^d							
Ages 3-5		2		12		14	
Ages 6-12		51		206		257	

	Minimum Portion Required ^b	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Number of Before and After School Programs Observed by Age ^e							
Ages 3-5		1		6		7	
Ages 6-12		10		30		40	
Total Number of Before and After School Programs Observed ^f		11		30		41	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the *** 0.001 level, ** 0.01 level, or * 0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. CACFP Meal Pattern for supper requires the meal to include Milk, two Fruits/Vegetables, Grains/Breads and Meat/Meat Alternate components to be reimbursable. Mean amounts are calculated using the Food Pattern Equivalents Database for all meals where the component was served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. Since study data were collected prior to the fall 2017 implementation of the new CACFP meal patterns, this table uses benchmarks based on the pre-fall 2017 CACFP meal patterns.

^aThis table is based on meal observation data and includes only programs that served supper.

^bMinimum portion required is the amount of food from each food group for age grouping in the CACFP supper meal pattern.

^cThe Fruit/Vegetable component can be met by serving fruit, vegetable, or both fruit and vegetable. The Fruits and Vegetables rows show the mean fruit and vegetable portion served at the meal or snack for all programs, whether fruit, vegetable, or both were served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. The Only Fruit rows show the mean fruit portion at the meal or snack for children who were served only fruit, no vegetables. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only fruits at the meal for that program type and age group. The Only Vegetable rows show the mean vegetable portion at the meal or snack for children who were served only vegetables, no fruit. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only vegetables at the meal for that program type and age group. The Both Fruit and Vegetable rows show the mean fruit and vegetable portion at the meal or snack (sum of all fruit and vegetable served) for children served both fruits and vegetables at the meal. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served both fruits and vegetables at the meal for that program type and age group. Children may not take all foods offered at a meal or snack and therefore one program may have served meals to children without all the offered components (i.e. One child takes fruit and vegetable, one takes just fruit, and one takes just vegetable). For this reason, the program can be counted in each of the Fruit and Vegetable subpanels; they are not mutually exclusive because the table is based on what children have on their plates, not what the program planned.

^dThe number of unique child suppers observed.

^eThe number of programs where each age group was observed. Programs with observations in more than one age group are counted in each age group.

^fThe total number of programs where suppers were observed.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; fl oz. = fluid ounces; oz. = ounce equivalents.

Table D.2.8 CACFP Meal Pattern Food Groups in Early Child Care Program Snacks Observed: Mean Amounts Served and Percent of Programs Meeting CACFP Portion Requirements^a

	Minimum Portion Required ^b	Child Care Centers		Head Start Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Milk (fl oz.)							
Age 1	4	5.0 [^]	100.0 [^]	8.0 [^]	100.0 [^]	5.6 [^]	100.0 [^]
Age 2	4	4.6 ^{***^}	69.0 ^{****^}	7.6 [^]	100.0 [^]	5.1 [^]	74.0 [^]
Ages 3-5	4	6.7 [^]	96.7 [^]	5.8 [^]	80.9 [^]	6.3 [^]	89.5 [^]
Ages 6-12	8	6.7 [^]	41.3 [^]	--	--	6.7 [^]	41.3 [^]
Fruits and Vegetables (cups) ^c							
Age 1	.50	0.71 [^]	43.7 [^]	0.72 [^]	100.0 [^]	0.71 [^]	45.7 [^]
Age 2	.50	0.64 [^]	54.0 [^]	0.56 [^]	55.6 [^]	0.63 [^]	54.1 [^]
Ages 3-5	.50	0.46 [^]	21.6 [^]	0.51 [^]	35.2 [^]	0.47	23.9 [^]
Ages 6-12	.75	0.95 [^]	87.7 [^]	--	--	0.95 [^]	87.7 [^]
Only Fruit (cups) ^c							
Age 1	.50	0.71 [^]	43.8 [^]	0.72 [^]	100.0 [^]	0.71 [^]	45.8 [^]
Age 2	.50	0.63 [^]	53.3 [^]	0.57 [^]	57.4 [^]	0.63 [^]	53.5 [^]
Ages 3-5	.50	0.46 [^]	21.5 [^]	0.53 [^]	34.6 [^]	0.47 [^]	23.5 [^]
Ages 6-12	.75	0.95 [^]	87.7 [^]	--	--	0.95 [^]	87.7 [^]
Only Vegetable (cups) ^c							
Age 1	.50	0.10 [^]	0.0 [^]	0.00 [^]	0.0 [^]	0.10 [^]	0.0 [^]
Age 2	.50	0.82 ^{****^}	100.0 [^]	0.49 [^]	33.3 [^]	0.75 [^]	86.9 [^]
Ages 3-5	.50	0.40 [^]	40.9 [^]	0.42 [^]	38.4 [^]	0.42 [^]	38.6 [^]
Ages 6-12	.75	0.00 [^]	0.0 [^]	--	--	0.00 [^]	0.0 [^]
Both Fruit and Vegetable (cups) ^c							
Age 1	.50	0.00 [^]	0.0 [^]	0.00 [^]	0.0 [^]	0.00 [^]	0.0 [^]
Age 2	.50	0.00 [^]	0.0 [^]	0.00 [^]	0.0 [^]	0.00 [^]	0.0 [^]
Ages 3-5	.50	1.19 ^{****^}	100.0 [^]	0.90 [^]	100.0 [^]	0.90 [^]	100.0 [^]
Ages 6-12	.75	0.00 [^]	0.0 [^]	--	--	0.00 [^]	0.0 [^]

	Minimum Portion Required ^b	Child Care Centers		Head Start Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Grains/Breads (oz.)							
Age 1	.50	0.78 ^{**^}	92.4 [^]	0.42 [^]	54.1 [^]	0.75 [^]	88.7 [^]
Age 2	.50	0.84 [^]	88.0 [^]	0.55 [^]	61.4 [^]	0.81 [^]	85.1 [^]
Ages 3-5	.50	0.89 [^]	94.5 [^]	0.88 [^]	75.2 [^]	0.89	89.2 [^]
Ages 6-12	1	0.69 [^]	17.2 [^]	--	--	0.69 [^]	17.2 [^]
Meats/Meat Alternates (oz.)							
Age 1	.50	1.59 [^]	28.9 ^{**^}	0.99 [^]	100.0 [^]	1.58 [^]	30.2 [^]
Age 2	.50	2.32 [^]	99.3 [^]	2.25 [^]	46.8 [^]	2.32 [^]	98.2 [^]
Ages 3-5	.50	1.66 [^]	75.9 [^]	3.06 [^]	88.3 [^]	1.89 [^]	77.9 [^]
Ages 6-12	1	1.94 [^]	97.1 [^]	--	--	1.94 [^]	97.1 [^]
Number of Snacks Observed ^d							
Age 1		11		6		17	
Age 2		94		19		113	
Ages 3-5		436		560		996	
Ages 6-12		39		--		39	
Number of Early Child Care Programs Observed by Age ^e							
Age 1		8		4		12	
Age 2		26		7		33	
Ages 3-5		81		85		166	
Ages 6-12		15		--		15	
Total Number of Early Child Care Programs Observed ^f		90		87		177	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. CACFP Meal Pattern for snack requires the meal to include two of the following components to be reimbursable: Milk, Fruit/Vegetable, Grains/Breads and Meat/Meat Alternate. Mean amounts are calculated using the Food Pattern Equivalents Database for all meals where the component was served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. Since study data were collected prior to the fall 2017 implementation of the new CACFP meal patterns, this table uses benchmarks based on the pre-fall 2017 CACFP meal patterns.

^aThis table is based on meal observation data and includes only programs that served morning snack, afternoon snack, and/or evening snack.

^bMinimum portion required is the amount of food from each food group for age grouping in the CACFP snack meal pattern.

^cThe Fruit/Vegetable component can be met by serving fruit, vegetable, or both fruit and vegetable. The Fruits and Vegetables rows show the mean fruit and vegetable portion served at the meal or snack for all programs, whether fruit, vegetable, or both were served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. The Only Fruit rows show the mean fruit portion at the meal or snack for children who were served only fruit, no vegetables. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only fruits at the meal for that program type and age group. The Only Vegetable rows show the mean vegetable portion at the meal or snack for children who were served only vegetables, no fruit. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only vegetables at the meal for that program type and age group. The Both Fruit and Vegetable rows show the mean fruit and vegetable portion at the meal or snack (sum of all fruit and vegetable served) for children served both fruits and vegetables at the meal. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served both fruits and vegetables at the meal for that program type and age group. Children may not take all foods offered at a meal or snack and therefore one program may have served meals to children without all the offered components (i.e. One child takes fruit and vegetable, one takes just fruit, and one takes just vegetable). For this reason, the program can be counted in each of the Fruit and Vegetable subpanels; they are not mutually exclusive because the table is based on what children have on their plates, not what the program planned.

^dThe number of unique child snacks observed.

^eThe number of programs where each age group was observed. Programs with observations in more than one age group are counted in each age group.

^fThe total number of programs where snacks were observed.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; fl oz. = fluid ounces; oz. = ounce equivalents.

Table D.2.9 CACFP Meal Pattern Food Groups in Before and After School Program Snacks Observed: Mean Amounts Served and Percent of Programs Meeting CACFP Portion Requirements^a

	Minimum Portion Required ^b	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Milk (fl oz.)							
Ages 3-5	4	7.3 ^{^a}	100.0 ^a	8.0 ^a	100.0 ^a	7.8 ^a	100.0 ^a
Ages 6-12	8	7.5 ^a	61.7 ^{***a}	8.0 ^a	100.0 ^a	7.8 ^a	86.7 ^a
Fruits and Vegetables (cups) ^c							
Ages 3-5	.50	0.63 ^a	44.1 ^{^a}	0.97 ^a	85.8 ^a	0.88 ^a	75.1 ^a
Ages 6-12	.75	0.73 ^{^a}	36.4 ^{***a}	1.02 ^a	89.1 ^a	0.92 ^a	70.9 ^a
Only Fruit (cups) ^c							
Ages 3-5	.50	0.70 ^a	49.2 ^{^a}	1.00 ^a	92.7 ^a	0.93 ^a	82.4 ^a
Ages 6-12	.75	0.82 ^a	46.7 ^{***a}	1.08 ^a	95.7 ^a	0.99 ^a	78.4 ^a
Only Vegetable (cups) ^c							
Ages 3-5	.50	0.47 ^a	41.4 ^a	0.22 ^a	0.0 ^a	0.27 ^a	7.7 ^a
Ages 6-12	.75	0.57 ^a	3.9 ^a	0.48 ^a	9.8 ^a	0.53 ^a	6.3 ^a
Both Fruit and Vegetable (cups) ^c							
Ages 3-5	.50	0.00 ^a	0.0 ^a	0.00 ^a	0.0 ^a	0.00 ^a	0.0 ^a
Ages 6-12	.75	1.40 ^a	100.0 ^a	0.00 ^a	0.0 ^a	1.40 ^a	100.0 ^a
Grains/Breads (oz.)							
Ages 3-5	.50	1.21 ^a	100.0 ^a	0.82 ^a	93.7 ^a	0.93 ^a	95.4 ^a
Ages 6-12	1	1.30 ^a	55.9 ^a	1.46 ^a	50.4 ^a	1.42 ^a	51.8 ^a
Meats/Meat Alternates (oz.)							
Ages 3-5	.50	2.44 ^{****a}	100.0 ^a	1.03 ^a	84.6 ^a	1.49 ^a	89.5 ^a
Ages 6-12	1	2.35 ^a	88.5 ^a	3.62 ^a	58.3 ^a	2.99 ^a	73.4 ^a
Number of Snacks Observed ^d							
Ages 3-5		23		11		34	
Ages 6-12		209		76		285	

	Minimum Portion Required ^b	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement	Mean Amount	Percentage Meeting CACFP Minimum Portion Requirement
Number of Before and After School Programs Observed by Age ^e							
Ages 3-5		10		3		13	
Ages 6-12		35		12		47	
Total Number of Before and After School Programs Observed ^f		37		13		50	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. CACFP Meal Pattern for snack requires the meal to include two of the following components to be reimbursable: Milk, Fruit/Vegetable, Grains/Breads and Meat/Meat Alternate. Mean amounts are calculated using the Food Pattern Equivalents Database for all meals where the component was served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. Since study data were collected prior to the fall 2017 implementation of the new CACFP meal patterns, this table uses benchmarks based on the pre-fall 2017 CACFP meal patterns.

^aThis table is based on meal observation data and includes only programs that served afternoon snack and/or evening snack.

^bMinimum portion required is the amount of food from each food group for age grouping in the CACFP snack meal pattern.

^cThe Fruit/Vegetable component can be met by serving fruit, vegetable, or both fruit and vegetable. The Fruits and Vegetables rows show the mean fruit and vegetable portion served at the meal or snack for all programs, whether fruit, vegetable, or both were served. The percent meeting the CACFP minimum portion requirement is out of all programs that served the food component to at least one child for that program type and age group. The Only Fruit rows show the mean fruit portion at the meal or snack for children who were served only fruit, no vegetables. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only fruits at the meal for that program type and age group. The Only Vegetable rows show the mean vegetable portion at the meal or snack for children who were served only vegetables, no fruit. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served only vegetables at the meal for that program type and age group. The Both Fruit and Vegetable rows show the mean fruit and vegetable portion at the meal or snack (sum of all fruit and vegetable served) for children served both fruits and vegetables at the meal. The mean percentage of programs meeting CACFP minimum portion requirement is the percentage of programs with at least one observed child served both fruits and vegetables at the meal for that program type and age group. Children may not take all foods offered at a meal or snack and therefore one program may have served meals to children without all the offered components (i.e. One child takes fruit and vegetable, one takes just fruit, and one takes just vegetable). For this reason, the program can be counted in each of the Fruit and Vegetable subpanels; they are not mutually exclusive because the table is based on what children have on their plates, not what the program planned.

^dThe number of unique child snacks observed.

^eThe number of programs where each age group was observed. Programs with observations in more than one age group are counted in each age group.

^fThe total number of programs where snacks were observed.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; fl oz. = fluid ounces; oz. = ounce equivalents.

Table D.2.10 USDA Food Pattern Food Groups Served for CACFP Breakfasts in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark	Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark	Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark	Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark
Calorie Levels ^b									
Age 2	1000	238.7	23.9	240.6	24.1	227.9 [#]	22.8 [#]	231.9	23.2
Ages 3-5	1400	307.1	21.9	317.0	22.6	300.2	21.4	303.8	21.7
Ages 6-12	1800	309.9	17.2	--	--	312.2	17.3	311.5	17.3
Fruits (cups)									
Age 2	1	0.3	33.2	0.3	33.5	0.3	33.0	0.3	33.1
Ages 3-5	1.5	0.5	32.3	0.5	33.1	0.5	32.4	0.5	32.4
Ages 6-12	1.5	0.5	31.2	--	--	0.5	30.5	0.5	30.7
Vegetables (cups) ^c									
Age 2	1	0.0 [^]	0.5 [^]	0.0 [^]	0.8 [^]	0.0 [^]	1.1 [^]	0.0	0.9
Ages 3-5	1.5	0.0	0.5	0.0	0.6	0.0	0.8	0.0	0.7
Ages 6-12	2.5	0.0 [^]	0.3 [^]	--	--	0.0 [^]	0.4 [^]	0.0 [^]	0.4 [^]
Grains (oz)									
Age 2	3	0.9	28.9	0.9	28.8	0.9	28.8	0.9	28.8
Ages 3-5	5	1.1	22.4	1.2	23.0	1.1	22.5	1.1	22.6
Ages 6-12	6	1.2	19.4	--	--	1.2	19.6	1.2	19.6
Whole Grains (oz)									
Age 2	1.5	0.3	20.4	0.3	22.3	0.4 ^{###}	25.7 ^{###}	0.4	23.8
Ages 3-5	2.5	0.4	15.6	0.4	17.8	0.5 [#]	18.5 [#]	0.4	17.6
Ages 6-12	3	0.4	13.5	--	--	0.5	16.8	0.5	15.8
Dairy (cups)									
Age 2	2	0.7 [*]	36.6 [*]	0.8	38.1	0.7	36.8	0.7	36.8
Ages 3-5	2.5	0.9 ^{**}	34.5 ^{**}	0.9 ^{†††}	36.2 ^{†††}	0.9	34.4	0.9	34.6
Ages 6-12	3	0.9	28.5	--	--	0.9	29.0	0.9	28.9
Protein Foods (oz) ^d									
Age 2	2	0.1 [*]	5.7 [*]	0.2	11.1	0.2 ^{###}	8.5 ^{###}	0.2	7.7
Ages 3-5	4	0.2 [*]	4.0 [*]	0.2	6.2	0.2 ^{##}	5.7 ^{##}	0.2	5.3
Ages 6-12	5	0.1	2.5	--	--	0.3 ^{###}	5.3 ^{###}	0.2	4.5

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark	Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark	Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark	Mean Amount (Breakfast)	Mean Percentage Contribution to Benchmark
Oils (g)									
Age 2	15	1.3	8.4	1.4	9.1	1.3	8.5	1.3	8.5
Ages 3-5	17	1.7**	10.3**	2.1††	12.3††	1.6	9.5	1.7	10.0
Ages 6-12	24	1.8	7.7	--	--	1.6	6.6	1.7	6.9
Empty Calories ^e									
Age 2	<150	49.8	33.2	45.8	30.5	39.3###	26.2###	43.0	28.7
Ages 3-5	<110	64.0	58.2	64.3	58.4	60.4	54.9	61.7	56.1
Ages 6-12	<170	64.9	38.2	--	--	66.3	39.0	65.9	38.8
Calories from Solid Fats									
Age 2	<100	24.3	24.3	25.2	25.2	24.0	24.0	24.1	24.1
Ages 3-5	<140	29.4	21.0	33.1	23.6	39.0##	27.9##	35.8	25.6
Ages 6-12	<180	27.9	15.5	--	--	44.3###	24.6###	39.5	21.9
Calories from Added Sugars									
Age 2	<100	25.5*	25.5*	20.6†	20.6†	15.3###	15.3###	18.9	18.9
Ages 3-5	<140	34.5	24.7	31.2†††	22.3†††	21.3###	15.2###	25.9	18.5
Ages 6-12	<180	37.1	20.6	--	--	22.0###	12.2###	26.4	14.7
Ha									
Age 2		177		64		141		382	
Ages 3-5		199		227		169		595	
Ages 6-12		107		--		97		204	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended daily amount of food from each USDA Food Pattern Food Group within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern.

^bThe Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^cIncludes legumes credited as a vegetable on the Menu Survey.

^dIncludes legumes credited as a meat alternate on the Menu Survey.

^eEmpty calories include: added sugars, added refined starches, and solid fats. Empty calories from solid fats should be less than 10% of the daily calorie level. Empty calories from added sugars should be less than 10% of the daily calorie level. These benchmarks separately, when summed, may exceed the “Empty Calories” benchmark.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans; g = grams; oz = ounce equivalents.

Table D.2.11 USDA Food Pattern Food Groups Served for CACFP Lunches in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark
Calorie Levels ^b									
Age 2	1000	377.3**	37.7**	357.4	35.7	346.4###	34.6###	356.2	35.6
Ages 3-5	1400	483.0	34.5	474.7††	33.9††	444.0###	31.7###	457.2	32.7
Ages 6-12	1800	602.2	33.5	--	--	558.8###	31.0###	571.0	31.7
Fruits (cups)									
Age 2	1	0.3	29.7	0.3	28.3	0.3	27.3	0.3	28.1
Ages 3-5	1.5	0.4	25.4	0.4††	26.2††	0.4	23.6	0.4	24.3
Ages 6-12	1.5	0.7	43.5	--	--	0.6	39.7	0.6	40.7
Vegetables (cups) ^c									
Age 2	1	0.4**	40.2**	0.4†††	42.7†††	0.4##	37.4##	0.4	38.5
Ages 3-5	1.5	0.5	32.8	0.5†††	34.1†††	0.5##	30.2##	0.5	31.3
Ages 6-12	2.5	0.6	25.1	--	--	0.6##	22.7##	0.6	23.4
Grains (oz)									
Age 2	3	1.2	38.6	1.1	37.1	1.1##	35.9##	1.1	36.7
Ages 3-5	5	1.5	30.9	1.6†††	31.4†††	1.4##	28.4##	1.5	29.4
Ages 6-12	6	1.8	30.4	--	--	1.8	29.3	1.8	29.6
Whole Grains (oz)									
Age 2	1.5	0.4	24.0	0.4	24.1	0.4	23.6	0.4	23.8
Ages 3-5	2.5	0.5	19.0	0.5	21.7	0.5	18.2	0.5	18.8
Ages 6-12	3	0.6	20.2	--	--	0.5	18.0	0.6	18.6
Dairy (cups)									
Age 2	2	0.8	42.0	0.8	41.7	0.8	41.0	0.8	41.3
Ages 3-5	2.5	1.0	41.8	1.1	42.1	1.0	40.8	1.0	41.2
Ages 6-12	3	1.2	41.4	--	--	1.2	40.2	1.2	40.6
Protein Foods (oz) ^d									
Age 2	2	1.1	54.4	1.0	50.9	1.1	55.1	1.1	54.7
Ages 3-5	4	1.4	36.1	1.4	34.3	1.4	36.0	1.4	35.9
Ages 6-12	5	1.7	34.9	--	--	1.8	35.0	1.8	35.0

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark
Oils (g)									
Age 2	15	3.3	21.9	3.5††	23.4††	2.9#	19.3#	3.0	20.3
Ages 3-5	17	4.4***	26.1***	5.3†††	31.3†††	4.0	23.3	4.2	24.7
Ages 6-12	24	4.7	19.5	--	--	5.1	21.3	5.0	20.8
Empty Calories ^e									
Age 2	<150	76.9***	51.2***	62.1	41.4	63.3##	42.2##	67.4	44.9
Ages 3-5	<110	93.3***	84.8***	80.0	72.7	80.1#	72.8#	83.6	76.0
Ages 6-12	<170	121.2	71.3	--	--	102.2#	60.1#	107.6	63.3
Calories from Solid Fats									
Age 2	<100	55.8***	55.8***	44.4	44.4	50.9	50.9	52.1	52.1
Ages 3-5	<140	66.4***	47.4***	56.5†	40.4†	64.1	45.8	64.0	45.7
Ages 6-12	<180	82.0	45.5	--	--	77.4	43.0	78.7	43.7
Calories from Added Sugars									
Age 2	<100	21.1	21.1	17.7††	17.7††	12.4###	12.4###	15.2	15.2
Ages 3-5	<140	27.0	19.3	23.5†††	16.8†††	16.0###	11.5###	19.6	14.0
Ages 6-12	<180	39.2	21.8	--	--	24.9###	13.8###	28.9	16.1
Number of Early Child Care Programs									
Age 2		185		66		168		419	
Ages 3-5		208		233		192		633	
Ages 6-12		98		--		90		188	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended daily amount of food from each USDA Food Pattern Food Group within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern.

^bThe Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^cIncludes legumes credited as a vegetable on the Menu Survey.

^dIncludes legumes credited as a meat alternate on the Menu Survey.

^eEmpty calories include: added sugars, added refined starches, and solid fats. Empty calories from solid fats should be less than 10% of the daily calorie level. Empty calories from added sugars should be less than 10% of the daily calorie level. These benchmarks separately, when summed, may exceed the “Empty Calories” benchmark.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans; g = grams; oz = ounce equivalents.

Table D.2.12 USDA Food Pattern Food Groups Served for CACFP Suppers in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark
Calorie Levels ^b									
Age 2	1000	361.0 [^]	36.1 [^]	338.1 [^]	33.8 [^]	331.2	33.1	335.1	33.5
Ages 3-5	1400	459.2 [^]	32.8 [^]	396.5 [^]	28.3 [^]	427.1 [#]	30.5 [#]	430.3	30.7
Ages 6-12	1800	568.6 [^]	31.6 [^]	--	--	546.6	30.4	548.9	30.5
Fruits (cups)									
Age 2	1	0.3 [^]	27.6 [^]	0.3 ^{+++^}	32.9 ^{+++^}	0.3	26.8	0.3	26.9
Ages 3-5	1.5	0.4 [^]	23.4 [^]	0.4 [^]	23.8 [^]	0.3	21.0	0.3	21.3
Ages 6-12	1.5	0.6 [^]	43.2 [^]	--	--	0.6	37.0	0.6	37.7
Vegetables (cups) ^c									
Age 2	1	0.4 [^]	37.9 [^]	0.4 [^]	36.1 [^]	0.4	35.8	0.4	36.1
Ages 3-5	1.5	0.5 [^]	31.7 [^]	0.4 [^]	28.4 [^]	0.4	29.1	0.4	29.3
Ages 6-12	2.5	0.6 [^]	23.4 [^]	--	--	0.6	24.3	0.6	24.2
Grains (oz)									
Age 2	3	1.1 ^{^A}	38.0 ^{^A}	1.3 ^{+++^}	42.9 ^{+++^}	1.0	33.4	1.0	34.1
Ages 3-5	5	1.5 [^]	30.5 [^]	1.5 [^]	29.5 [^]	1.3 [#]	26.8 [#]	1.4	27.2
Ages 6-12	6	1.9 [^]	30.9 [^]	--	--	1.7	27.7	1.7	28.0
Whole Grains (oz)									
Age 2	1.5	0.4 ^{***^}	26.3 ^{***^}	0.0 ^{+++^}	2.3 ^{+++^}	0.2	16.6	0.3	17.8
Ages 3-5	2.5	0.5 ^{***^}	20.6 ^{***^}	0.2 [^]	8.4 [^]	0.4	15.7	0.4	16.1
Ages 6-12	3	0.7 [^]	23.6 [^]	--	--	0.5	15.5	0.5	16.3
Dairy (cups)									
Age 2	2	0.8 [^]	40.9 [^]	0.8 [^]	42.4 [^]	0.8	37.9	0.8	38.4
Ages 3-5	2.5	1.0 [^]	41.5 [^]	1.0 [^]	41.0 [^]	1.0	38.1	1.0	38.5
Ages 6-12	3	1.3 [^]	43.0 [^]	--	--	1.1	37.3	1.1	37.9
Protein Foods (oz) ^d									
Age 2	2	1.1 [^]	55.8 [^]	1.1 [^]	55.0 [^]	1.2	58.9	1.2	58.5
Ages 3-5	4	1.4 [^]	36.0 [^]	1.1 [^]	27.6 [^]	1.6	40.0	1.6	39.5
Ages 6-12	5	1.6 [^]	32.5 [^]	--	--	2.0	39.8	1.9	39.0

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark
Oils (g)									
Age 2	15	3.5 [^]	23.2 [^]	3.1 ^{†^}	20.8 ^{†^}	2.4	16.3	2.6	17.2
Ages 3-5	17	4.6 [^]	27.3 [^]	4.5 [^]	26.4 [^]	3.9	22.7	4.0	23.3
Ages 6-12	24	5.7 [^]	23.9 [^]	--	--	4.8	19.9	4.9	20.3
Empty Calories ^e									
Age 2	<150	68.1 [^]	45.4 [^]	51.0 [^]	34.0 [^]	53.9 [#]	35.9 [#]	55.7	37.1
Ages 3-5	<110	80.6 ^{***^}	73.3 ^{***^}	59.7 [^]	54.3 [^]	66.7 [#]	60.6 [#]	68.2	62.0
Ages 6-12	<170	92.0 [^]	54.1 [^]	--	--	84.9	50.0	85.7	50.4
Calories from Solid Fats									
Age 2	<100	53.8 [^]	53.8 [^]	45.0 [^]	45.0 [^]	41.3 ^{##}	41.3 ^{##}	42.9	42.9
Ages 3-5	<140	61.2 ^{***^}	43.7 ^{***^}	49.3 [^]	35.2 [^]	54.9	39.2	55.5	39.7
Ages 6-12	<180	64.1 [^]	35.6 [^]	--	--	67.8	37.7	67.4	37.4
Calories from Added Sugars									
Age 2	<100	14.3 ^{***^}	14.3 ^{***^}	6.0 [^]	6.0 [^]	12.6	12.6	12.8	12.8
Ages 3-5	<140	19.4 ^{***^}	13.9 ^{***^}	10.5 [^]	7.5 [^]	11.8 ^{##}	8.4 ^{##}	12.6	9.0
Ages 6-12	<180	27.8 [^]	15.5 [^]	--	--	17.1 [#]	9.5 [#]	18.3	10.1
Number of Early Child Care Programs									
Age 2		14		2		46		62	
Ages 3-5		16		5		58		79	
Ages 6-12		16		--		56		72	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “[^]” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended daily amount of food from each USDA Food Pattern Food Group within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern.

^bThe Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^cIncludes legumes credited as a vegetable on the Menu Survey.

^dIncludes legumes credited as a meat alternate on the Menu Survey.

^eEmpty calories include: added sugars, added refined starches, and solid fats. Empty calories from solid fats should be less than 10% of the daily calorie level. Empty calories from added sugars should be less than 10% of the daily calorie level. These benchmarks separately, when summed, may exceed the “Empty Calories” benchmark.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans; g = grams; oz = ounce equivalents.

Table D.2.13 USDA Food Pattern Food Groups Served for CACFP Suppers in Before and After School Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Daily Amount ^a	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark
Calorie Levels ^b							
Ages 3-5	1400	483.7 [^]	34.6 [^]	510.1	36.4	509.4 [^]	36.4 [^]
Ages 6-12	1800	589.4 ^{***^}	32.7 ^{***^}	641.5	35.6	639.6	35.5
Fruits (cups)							
Ages 3-5	1.5	0.4 ^{**^}	27.3 ^{**^}	0.5	33.7	0.5 [^]	33.5 [^]
Ages 6-12	1.5	0.7 ^{***^}	43.5 ^{***^}	0.8	51.0	0.8	50.7
Vegetables (cups) ^c							
Ages 3-5	1.5	0.5 [^]	31.8 [^]	0.4	27.0	0.4 [^]	27.1 [^]
Ages 6-12	2.5	0.6 [^]	26.0 [^]	0.6	22.9	0.6	23.1
Grains (oz)							
Ages 3-5	5	1.7 [^]	34.2 [^]	1.6	31.1	1.6 [^]	31.2 [^]
Ages 6-12	6	2.0 [^]	32.8 [^]	2.0	33.0	2.0	33.0
Whole Grains (oz)							
Ages 3-5	2.5	0.7 [^]	28.6 [^]	0.5	18.5	0.5 [^]	18.7 [^]
Ages 6-12	3	0.7 [^]	23.0 [^]	0.6	20.4	0.6	20.5
Dairy (cups)							
Ages 3-5	2.5	1.1 [^]	44.3 [^]	1.2	48.1	1.2 [^]	48.0 [^]
Ages 6-12	3	1.2 ^{****^}	41.3 ^{****^}	1.5	49.1	1.5	48.8
Protein Foods (oz) ^d							
Ages 3-5	4	1.4 [^]	34.6 [^]	1.2	28.9	1.2 [^]	29.1 [^]
Ages 6-12	5	1.7 ^{***^}	34.1 ^{***^}	1.4	28.4	1.4	28.6
Oils (g)							
Ages 3-5	17	6.5 [^]	38.3 [^]	6.8	39.9	6.8 [^]	39.9 [^]
Ages 6-12	24	7.0 [^]	29.3 [^]	7.5	31.3	7.5	31.2
Empty Calories ^e							
Ages 3-5	<110	71.4 ^{**^}	64.9 ^{**^}	98.4	89.5	97.7 [^]	88.8 [^]
Ages 6-12	<170	84.7 ^{****^}	49.8 ^{****^}	121.3	71.4	120.0	70.6

Age Groups (Years)	Recommended Daily Amount ^a	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark
Calories from Solid Fats							
Ages 3-5	<140	50.3^	35.9^	63.3	45.2	63.0^	45.0^
Ages 6-12	<180	60.3^^	33.5^^	74.1	41.2	73.6	40.9
Calories from Added Sugars							
Ages 3-5	<140	21.1^^	15.1^^	35.1	25.1	34.8^	24.8^
Ages 6-12	<180	24.5^^^	13.6^^^	47.3	26.3	46.4	25.8
Number of Before and After School Programs							
Ages 3-5		12		47		59	
Ages 6-12		28		100		128	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended daily amount of food from each USDA Food Pattern Food Group within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern.

^bThe Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1400 and 1800 calories as reference standards for 3-5 year olds and 6-12 year olds, respectively.

^cIncludes legumes credited as a vegetable on the Menu Survey.

^dIncludes legumes credited as a meat alternate on the Menu Survey.

^eEmpty calories include: added sugars, added refined starches, and solid fats. Empty calories from solid fats should be less than 10% of the daily calorie level. Empty calories from added sugars should be less than 10% of the daily calorie level. These benchmarks separately, when summed, may exceed the "Empty Calories" benchmark.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans; g = grams; oz = ounce equivalents.

Table D.2.14 USDA Food Pattern Food Groups Served for CACFP Morning Snacks in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark
Calorie Levels ^b									
Age 2	1000	198.1 [^]	19.8 [^]	221.8 [^]	22.2 [^]	209.8	21.0	208.7	20.9
Ages 3-5	1400	215.6 [^]	15.4 [^]	226.2 [^]	16.2 [^]	238.7	17.0	236.3	16.9
Ages 6-12	1800	277.8 [^]	15.4 [^]	--	--	311.0	17.3	307.7	17.1
Fruits (cups)									
Age 2	1	0.3 [^]	30.0 [^]	0.3 [^]	32.0 [^]	0.4 ^{###}	39.4 ^{###}	0.4	38.4
Ages 3-5	1.5	0.3 [^]	20.6 [^]	0.4 [^]	23.5 [^]	0.4 ^{##}	27.5 ^{##}	0.4	26.8
Ages 6-12	1.5	0.5 [^]	33.1 [^]	--	--	0.5	33.4	0.5	33.4
Vegetables (cups) ^c									
Age 2	1	0.0 [^]	2.3 [^]	0.0 [^]	4.2 [^]	0.0	1.9	0.0	2.0
Ages 3-5	1.5	0.0 [^]	2.9 [^]	0.1 [^]	3.8 [^]	0.0	2.4	0.0	2.4
Ages 6-12	2.5	0.1 [^]	2.2 [^]	--	--	0.1 [^]	2.0 [^]	0.1 [^]	2.0 [^]
Grains (oz)									
Age 2	3	0.7 [^]	24.4 [^]	0.7 [^]	23.2 [^]	0.7	24.0	0.7	24.1
Ages 3-5	5	0.9 [^]	17.3 [^]	0.7 [^]	14.2 [^]	0.8	17.0	0.8	16.9
Ages 6-12	6	1.2 [^]	20.0 [^]	--	--	1.1	18.1	1.1	18.3
Whole Grains (oz)									
Age 2	1.5	0.2 [^]	14.1 [^]	0.2 [^]	15.5 [^]	0.2	13.9	0.2	13.9
Ages 3-5	2.5	0.2 [^]	9.2 [^]	0.2 [^]	9.6 [^]	0.2	9.3	0.2	9.3
Ages 6-12	3	0.3 [^]	8.5 [^]	--	--	0.3	9.5	0.3	9.4
Dairy (cups)									
Age 2	2	0.5 ^{**}	23.0 [^]	0.7 [^]	34.3 [^]	0.6 [#]	28.7 [#]	0.6	28.1
Ages 3-5	2.5	0.5 [^]	19.0 [^]	0.6 [^]	25.1 [^]	0.6 ^{##}	25.7 ^{##}	0.6	25.1
Ages 6-12	3	0.5 [^]	15.7 [^]	--	--	0.8 ^{##}	28.2 ^{##}	0.8	26.9
Protein Foods (oz) ^d									
Age 2	2	0.2 ^{**}	8.0 [^]	0.0 ^{†††^}	1.4 ^{†††^}	0.2	10.5	0.2	10.2
Ages 3-5	4	0.2 [^]	4.0 [^]	0.2 [^]	3.9 [^]	0.3	6.8	0.3	6.5
Ages 6-12	5	0.3 [^]	5.8 [^]	--	--	0.4	8.2	0.4	7.9

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark
Oils (g)									
Age 2	15	2.4 [^]	16.2 [^]	1.5 [^]	10.0 [^]	2.4	16.0	2.4	16.0
Ages 3-5	17	2.7 [^]	16.0 [^]	1.9 [^]	11.4 [^]	2.7	15.9	2.7	15.9
Ages 6-12	24	5.5 [^]	23.0 [^]	--	--	4.1	17.0	4.2	17.6
Empty Calories ^e									
Age 2	<150	42.5 [^]	28.4 [^]	48.6 [^]	32.4 [^]	38.3	25.6	38.8	25.9
Ages 3-5	<110	42.6 [^]	38.7 [^]	48.2 [^]	43.8 [^]	43.8	39.8	43.8	39.8
Ages 6-12	<170	41.9 [^]	24.6 [^]	--	--	50.5	29.7	49.6	29.2
Calories from Solid Fats									
Age 2	<100	25.0 [^]	25.0 [^]	23.3 [^]	23.3 [^]	23.2	23.2	23.4	23.4
Ages 3-5	<140	23.6 [^]	16.9 [^]	21.9 [^]	15.6 [^]	27.5	19.6	27.0	19.3
Ages 6-12	<180	20.5 [^]	11.4 [^]	--	--	32.3 [#]	18.0 [#]	31.2	17.3
Calories from Added Sugars									
Age 2	<100	17.5 [^]	17.5 [^]	25.3 [^]	25.3 [^]	15.2	15.2	15.5	15.5
Ages 3-5	<140	19.0 [^]	13.5 [^]	26.3 [^]	18.8 [^]	16.4	11.7	16.8	12.0
Ages 6-12	<180	21.4 [^]	11.9 [^]	--	--	18.1	10.1	18.4	10.2
Number of Early Child Care Programs									
Age 2		26		4		98		128	
Ages 3-5		29		16		106		151	
Ages 6-12		14		--		48		62	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “[^]” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended daily amount of food from each USDA Food Pattern Food Group within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern.

^bThe Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^cIncludes legumes credited as a vegetable on the Menu Survey.

^dIncludes legumes credited as a meat alternate on the Menu Survey.

^eEmpty calories include: added sugars, added refined starches, and solid fats. Empty calories from solid fats should be less than 10% of the daily calorie level. Empty calories from added sugars should be less than 10% of the daily calorie level. These benchmarks separately, when summed, may exceed the “Empty Calories” benchmark.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans; g = grams; oz = ounce equivalents.

Table D.2.15 USDA Food Pattern Food Groups Served for CACFP Afternoon Snacks in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark
Calorie Levels ^b									
Age 2	1000	190.0	19.0	188.4 [†]	18.8 [†]	207.4 [#]	20.7 [#]	201.0	20.1
Ages 3-5	1400	202.7	14.5	201.0 [†]	14.4 [†]	224.6 [#]	16.0 [#]	216.3	15.5
Ages 6-12	1800	264.0	14.7	--	--	310.6 ^{###}	17.3 ^{###}	296.6	16.5
Fruits (cups)									
Age 2	1	0.3	30.8	0.3	31.7	0.4 [#]	36.2 [#]	0.3	34.3
Ages 3-5	1.5	0.3	22.2	0.3 [†]	21.5 [†]	0.4 [#]	25.3 [#]	0.4	24.1
Ages 6-12	1.5	0.5	31.4	--	--	0.6	37.1	0.5	35.4
Vegetables (cups) ^c									
Age 2	1	0.0	3.6	0.0	4.1	0.0	4.9	0.0	4.4
Ages 3-5	1.5	0.0	2.6	0.0	2.9	0.1	3.4	0.0	3.1
Ages 6-12	2.5	0.0	1.9	--	--	0.1	2.7	0.1	2.4
Grains (oz)									
Age 2	3	0.7	24.8	0.7	23.2	0.8	25.4	0.8	25.1
Ages 3-5	5	0.9 ^{**}	17.4 ^{**}	0.8	15.8	0.8	16.7	0.8	16.8
Ages 6-12	6	1.2	19.8	--	--	1.2	19.4	1.2	19.5
Whole Grains (oz)									
Age 2	1.5	0.1 [*]	9.3 [*]	0.2	12.3	0.2	10.1	0.1	9.9
Ages 3-5	2.5	0.2 ^{**}	6.4 ^{**}	0.2	8.4	0.2	6.6	0.2	6.7
Ages 6-12	3	0.2	7.0	--	--	0.2	7.3	0.2	7.2
Dairy (cups)									
Age 2	2	0.4	21.2	0.4	21.7	0.5 [#]	25.8 [#]	0.5	24.1
Ages 3-5	2.5	0.4 [*]	16.5 [*]	0.5 ^{††}	19.3 ^{††}	0.6 ^{###}	23.6 ^{###}	0.5	21.2
Ages 6-12	3	0.5	15.6	--	--	0.8 ^{###}	26.1 ^{###}	0.7	22.9
Protein Foods (oz) ^d									
Age 2	2	0.1	5.8	0.1	6.3	0.2 ^{##}	9.5 ^{##}	0.2	8.2
Ages 3-5	4	0.1	2.9	0.1 [†]	2.6 [†]	0.2 [#]	4.7 [#]	0.2	4.0
Ages 6-12	5	0.2	3.0	--	--	0.2 [#]	5.0 [#]	0.2	4.4

Age Groups (Years)	Recommended Daily Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark
Oils (g)									
Age 2	15	2.3	15.7	2.4	16.2	2.3	15.3	2.3	15.4
Ages 3-5	17	2.6	15.4	2.4	14.2	2.8	16.6	2.7	16.0
Ages 6-12	24	3.6	15.0	--	--	4.0	16.7	3.9	16.2
Empty Calories ^e									
Age 2	<150	41.6	27.7	41.4	27.6	43.1	28.7	42.6	28.4
Ages 3-5	<110	41.7	37.9	40.6	36.9	43.5	39.6	42.8	38.9
Ages 6-12	<170	52.3	30.8	--	--	58.9	34.6	56.9	33.5
Calories from Solid Fats									
Age 2	<100	23.3	23.3	22.9	22.9	25.5	25.5	24.7	24.7
Ages 3-5	<140	21.8	15.6	19.3†††	13.8†††	27.4##	19.6##	25.1	17.9
Ages 6-12	<180	27.0	15.0	--	--	37.1###	20.6###	34.1	18.9
Calories from Added Sugars									
Age 2	<100	18.3	18.3	18.5	18.5	17.6	17.6	17.9	17.9
Ages 3-5	<140	19.9	14.2	21.2††	15.2††	16.1##	11.5##	17.6	12.6
Ages 6-12	<180	25.3	14.1	--	--	21.8	12.1	22.9	12.7
Number of Early Child Care Programs									
Age 2		183		54		140		377	
Ages 3-5		209		181		166		556	
Ages 6-12		128		--		109		237	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended daily amount of food from each USDA Food Pattern Food Group within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern.

^bThe Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^cIncludes legumes credited as a vegetable on the Menu Survey.

^dIncludes legumes credited as a meat alternate on the Menu Survey.

^eEmpty calories include: added sugars, added refined starches, and solid fats. Empty calories from solid fats should be less than 10% of the daily calorie level. Empty calories from added sugars should be less than 10% of the daily calorie level. These benchmarks separately, when summed, may exceed the “Empty Calories” benchmark.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans; g = grams; oz = ounce equivalents.

Table D.2.16 USDA Food Pattern Food Groups Served for CACFP Afternoon Snacks in Before and After School Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Daily Amount ^a	Outside-of-School Hours Programs		At-Risk-AfterSchool Programs		All	
		Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark
Calorie Levels ^b							
Ages 3-5	1400	200.5	14.3	200.9^	14.3^	200.8	14.3
Ages 6-12	1800	265.3	14.7	272.3	15.1	270.9	15.0
Fruits (cups)							
Ages 3-5	1.5	0.3	21.2	0.3^	22.9^	0.3	22.6
Ages 6-12	1.5	0.5	31.4	0.5	34.7	0.5	34.0
Vegetables (cups) ^c							
Ages 3-5	1.5	0.1	3.6	0.0^	2.8^	0.0	3.0
Ages 6-12	2.5	0.1	2.9	0.1	2.6	0.1	2.7
Grains (oz)							
Ages 3-5	5	0.8	15.6	0.8^	16.0^	0.8	15.9
Ages 6-12	6	1.1	17.7	1.1	18.8	1.1	18.6
Whole Grains (oz)							
Ages 3-5	2.5	0.2	6.9	0.2^	8.4^	0.2	8.1
Ages 6-12	3	0.3	9.0	0.3	9.1	0.3	9.1
Dairy (cups)							
Ages 3-5	2.5	0.5	18.7	0.4^	15.7^	0.4	16.3
Ages 6-12	3	0.6	19.6	0.5	16.1	0.5	16.8
Protein Foods (oz) ^d							
Ages 3-5	4	0.1	1.4	0.1^	2.2^	0.1	2.1
Ages 6-12	5	0.1	1.9	0.1	2.0	0.1	2.0
Oils (g)							
Ages 3-5	17	2.5	14.5	2.5^	14.5^	2.5	14.5
Ages 6-12	24	3.0	12.7	3.4	14.2	3.3	13.9
Empty Calories ^e							
Ages 3-5	<110	42.8	38.9	41.9^	38.1^	42.1	38.2
Ages 6-12	<170	53.4	31.4	53.7	31.6	53.7	31.6

Age Groups (Years)	Recommended Daily Amount ^a	Outside-of-School Hours Programs		At-Risk-Afterschool Programs		All	
		Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark
Calories from Solid Fats							
Ages 3-5	<140	20.7	14.8	17.7^	12.6^	18.2	13.0
Ages 6-12	<180	25.5	14.2	24.6	13.7	24.8	13.8
Calories from Added Sugars							
Ages 3-5	<140	22.2	15.8	24.2^	17.3^	23.8	17.0
Ages 6-12	<180	28.0	15.5	29.1	16.2	28.9	16.0
Number of Before and After School Programs							
Ages 3-5		65		35		100	
Ages 6-12		120		58		178	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended daily amount of food from each USDA Food Pattern Food Group within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern.

^bThe Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1400 and 1800 calories as reference standards for 3-5 year olds and 6-12 year olds, respectively.

^cIncludes legumes credited as a vegetable on the Menu Survey.

^dIncludes legumes credited as a meat alternate on the Menu Survey.

^eEmpty calories include: added sugars, added refined starches, and solid fats. Empty calories from solid fats should be less than 10% of the daily calorie level. Empty calories from added sugars should be less than 10% of the daily calorie level. These benchmarks separately, when summed, may exceed the "Empty Calories" benchmark.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans; g = grams; oz = ounce equivalents.

Table D.2.17 USDA Food Pattern Vegetable Subgroups Served for CACFP Lunches in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Weekly Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark	Mean Amount (Lunch)	Mean Percentage Contribution to Benchmark
Dark Green (cups/week)									
Age 2	0.5	0.2*	40.8*	0.3††	60.4††	0.2	41.6	0.2	42.0
Ages 3-5	1	0.2***	24.6***	0.4†††	40.6†††	0.2	20.3	0.2	23.0
Ages 6-12	1.5	0.3	17.5	--	--	0.2	15.0	0.2	15.8
Red and Orange (cups/week)									
Age 2	2.5	0.5**	21.5**	0.6††	25.9††	0.5	20.4	0.5	21.0
Ages 3-5	3	0.7	22.4	0.7	24.7	0.7	22.0	0.7	22.3
Ages 6-12	5.5	0.8	15.2	--	--	0.7	13.3	0.8	14.0
Legumes (cups/week) ^b									
Age 2	0.5	0.1	28.6	0.2†	37.3†	0.1	24.2	0.1	26.2
Ages 3-5	0.5	0.2	36.9	0.2	43.7	0.2	37.3	0.2	37.6
Ages 6-12	1.5	0.3	17.6	--	--	0.2	12.5	0.2	14.2
Starchy (cups/week)									
Age 2	2	0.7***	33.9***	0.5	24.4	0.5##	26.5##	0.6	28.9
Ages 3-5	3.5	0.8***	22.5***	0.5	15.1	0.6##	18.0##	0.7	19.2
Ages 6-12	5	1.1	21.8	--	--	0.9#	17.4#	0.9	18.9
Other (cups/week)									
Age 2	1.5	0.5	31.9	0.5	35.2	0.5	35.3	0.5	34.1
Ages 3-5	2.5	0.6*	24.2*	0.7	27.9	0.6	25.8	0.6	25.5
Ages 6-12	4	0.7	18.6	--	--	0.8	21.1	0.8	20.2
Number of Early Child Care Programs									
Age 2		177		59		133		369	
Ages 3-5		198		139		157		494	
Ages 6-12		87		--		62		149	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended weekly amount of food from each USDA Food Pattern Vegetable Subgroup within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern. The Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^bIncludes legumes credited as a vegetable or meat-alternate on the Menu Survey.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans.

Table D.2.18 USDA Food Pattern Vegetable Subgroups Served for CACFP Suppers in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Weekly Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark
Dark Green (cups/week)									
Age 2	0.5	0.2 [^]	39.8 [^]	0.1 [^]	16.8 [^]	0.2 [^]	33.1 [^]	0.2 [^]	34.2 [^]
Ages 3-5	1	0.3 [^]	27.3 [^]	0.3 [^]	30.7 [^]	0.3	27.0	0.3	27.1
Ages 6-12	1.5	0.4 [^]	24.9 [^]	--	--	0.4 [^]	25.3 [^]	0.4	25.2
Red and Orange (cups/week)									
Age 2	2.5	0.4 [^]	17.2 [^]	0.6 [^]	22.3 [^]	0.5 [^]	19.8 [^]	0.5 [^]	19.4 [^]
Ages 3-5	3	0.6 [^]	19.2 [^]	0.7 ^{†^}	22.9 ^{†^}	0.6	19.8	0.6	19.7
Ages 6-12	5.5	0.7 [^]	13.1 [^]	--	--	0.8 [^]	13.8 [^]	0.8	13.7
Legumes (cups/week) ^b									
Age 2	0.5	0.1 ^{**^}	26.5 ^{**^}	0.0 ^{†††^}	0.0 ^{†††^}	0.2 [^]	38.2 [^]	0.2 [^]	35.8 [^]
Ages 3-5	0.5	0.2 ^{**^}	37.1 ^{**^}	0.0 ^{†††^}	0.0 ^{†††^}	0.2	47.1	0.2	45.4
Ages 6-12	1.5	0.2 [^]	15.0 [^]	--	--	0.3 [^]	20.6 [^]	0.3	19.9
Starchy (cups/week)									
Age 2	2	0.8 ^{**^}	38.6 ^{**^}	0.4 [^]	21.8 [^]	0.5 ^{#^}	25.6 ^{#^}	0.6 [^]	27.9 [^]
Ages 3-5	3.5	0.9 ^{**^}	25.8 ^{**^}	0.6 [^]	17.7 [^]	0.7 [#]	18.9 [#]	0.7	19.7
Ages 6-12	5	1.1 [^]	21.2 [^]	--	--	1.0 [^]	19.5 [^]	1.0	19.7
Other (cups/week)									
Age 2	1.5	0.4 ^{****^}	27.1 ^{****^}	0.7 ^{††^}	48.6 ^{††^}	0.5 [^]	33.5 [^]	0.5 [^]	32.4 [^]
Ages 3-5	2.5	0.5 ^{****^}	19.6 ^{****^}	0.9 ^{†††^}	35.1 ^{†††^}	0.6	22.0	0.5	21.8
Ages 6-12	4	0.7 [^]	17.2 [^]	--	--	0.7 [^]	17.6 [^]	0.7	17.5
Number of Early Child Care Programs									
Age 2		13		2		31		46	
Ages 3-5		15		3		45		63	
Ages 6-12		15		--		38		53	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended weekly amount of food from each USDA Food Pattern Vegetable Subgroup within the specified calorie level of the USDA Healthy U.S.-Style Food Pattern. The Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^bIncludes legumes credited as a vegetable or meat-alternate on the Menu Survey.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans.

Table D.2.19 USDA Food Pattern Vegetable Subgroups Served for CACFP Suppers in Before and After School Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Weekly Amount ^a	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark	Mean Amount (Supper)	Mean Percentage Contribution to Benchmark
Dark Green (cups/week)							
Ages 3-5	1	0.2 [^]	24.4 [^]	0.2 [^]	15.5 [^]	0.2 [^]	15.8 [^]
Ages 6-12	1.5	0.5 [^]	30.8 [^]	0.3	21.1	0.3	21.6
Red and Orange (cups/week)							
Ages 3-5	3	0.6 [^]	19.2 [^]	0.8 [^]	26.8 [^]	0.8 [^]	26.6 [^]
Ages 6-12	5.5	0.8 ^{**}	14.2 ^{**}	1.1	19.8	1.1	19.5
Legumes (cups/week) ^b							
Ages 3-5	0.5	0.1 [^]	21.5 [^]	0.2 [^]	41.8 [^]	0.2 [^]	41.1 [^]
Ages 6-12	1.5	0.3 [^]	17.9 [^]	0.2	16.5	0.2	16.5
Starchy (cups/week)							
Ages 3-5	3.5	0.7 [^]	20.3 [^]	0.4 [^]	12.1 [^]	0.4 [^]	12.3 [^]
Ages 6-12	5	0.9 [^]	17.2 [^]	0.6	12.4	0.6	12.6
Other (cups/week)							
Ages 3-5	2.5	0.6 ^{**}	25.6 ^{**}	0.5 [^]	18.1 [^]	0.5 [^]	18.3 [^]
Ages 6-12	4	1.0 ^{**}	24.0 ^{**}	0.6	15.2	0.6	15.6
Number of Before and After School Programs							
Ages 3-5		10		34		44	
Ages 6-12		23		62		85	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended weekly amount of food from each USDA Food Pattern Vegetable Subgroup within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern. The Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1400 and 1800 calories as reference standards for 3-5 year olds and 6-12 year olds, respectively.

^bIncludes legumes credited as a vegetable or meat-alternate on the Menu Survey.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans.

Table D.2.20 USDA Food Pattern Vegetable Subgroups Served for CACFP Morning Snacks in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Weekly Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Morning Snack)	Mean Percentage Contribution to Benchmark
Dark Green (cups/week)									
Age 2	0.5	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.7 ^a	0.0 ^a	0.7 ^a
Ages 3-5	1	0.0 ^a	1.5 ^a	0.0 ^a	1.3 ^a	0.0 ^a	0.3 ^a	0.0 ^a	0.5 ^a
Ages 6-12	1.5	0.0 ^a	0.0 ^a	--	--	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a
Red and Orange (cups/week)									
Age 2	2.5	0.0 ^a	1.0 ^a	0.1 ^a	2.5 ^a	0.1 ^a	2.1 ^a	0.0 ^a	2.0 ^a
Ages 3-5	3	0.0 ^a	1.3 ^a	0.0 ^a	1.7 ^a	0.1	1.7	0.1	1.7
Ages 6-12	5.5	0.1 ^a	1.3 ^a	--	--	0.1 ^a	1.1 ^a	0.1 ^a	1.1 ^a
Legumes (cups/week) ^b									
Age 2	0.5	0.0 ^a	0.0 ^a	0.1 ^a	25.3 ^a	0.0 ^a	0.9 ^a	0.0 ^a	0.9 ^a
Ages 3-5	0.5	0.0 ^a	0.0 ^a	0.1 ^a	13.1 ^a	0.0 ^a	2.1 ^a	0.0 ^a	2.0 ^a
Ages 6-12	1.5	0.0 ^a	0.0 ^a	--	--	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a
Starchy (cups/week)									
Age 2	2	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0	0.0	0.0	0.0
Ages 3-5	3.5	0.0 ^a	0.6 ^a	0.0 ^a	0.0 ^a	0.0	0.0	0.0 ^a	0.1 ^a
Ages 6-12	5	0.0 ^a	0.0 ^a	--	--	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a
Other (cups/week)									
Age 2	1.5	0.1 ^a	6.9 ^a	0.1 ^a	4.2 ^a	0.0 ^a	1.8 ^a	0.0 ^a	2.4 ^a
Ages 3-5	2.5	0.1 ^a	2.5 ^a	0.0 ^a	2.0 ^a	0.1 ^a	4.6 ^a	0.1 ^a	4.3 ^a
Ages 6-12	4	0.1 ^a	2.1 ^a	--	--	0.2 ^a	4.9 ^a	0.2 ^a	4.6 ^a
Number of Early Child Care Programs									
Age 2		22		3		72		97	
Ages 3-5		23		7		81		111	
Ages 6-12		10		--		35		45	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended weekly amount of food from each USDA Food Pattern Vegetable Subgroup within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern. The Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^bIncludes legumes credited as a vegetable or meat-alternate on the Menu Survey.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans.

Table D.2.21 USDA Food Pattern Vegetable Subgroups Served for CACFP Afternoon Snacks in Early Child Care Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Weekly Amount ^a	Child Care Centers		Head Start Programs		Family Day Care Homes		All	
		Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark
Dark Green (cups/week)									
Age 2	0.5	0.0 ^a	2.1 ^a	0.0 ^a	2.6 ^a	0.0 ^a	2.6 ^a	0.0 ^a	2.4 ^a
Ages 3-5	1	0.0 ^a	1.1 ^a	0.0 ^a	2.4 ^a	0.0 ^a	2.1 ^a	0.0 ^a	1.8 ^a
Ages 6-12	1.5	0.0 ^a	1.5 ^a	--	--	0.0 ^a	2.8 ^a	0.0 ^a	2.3 ^a
Red and Orange (cups/week)									
Age 2	2.5	0.1 ^a	2.2 ^a	0.0 ^a	2.0 ^a	0.1	4.2	0.1	3.3
Ages 3-5	3	0.1	1.8	0.1	2.9	0.1	3.0	0.1	2.6
Ages 6-12	5.5	0.1 ^a	1.4 ^a	--	--	0.1	1.9	0.1	1.7
Legumes (cups/week) ^b									
Age 2	0.5	0.0 ^a	4.7 ^a	0.0 ^a	9.7 ^a	0.0 ^a	5.2 ^a	0.0 ^a	5.2 ^a
Ages 3-5	0.5	0.0 ^a	5.4 ^a	0.0 ^a	8.4 ^a	0.0 ^a	3.9 ^a	0.0 ^a	4.7 ^a
Ages 6-12	1.5	0.0 ^a	1.5 ^a	--	--	0.0 ^a	2.4 ^a	0.0 ^a	2.1 ^a
Starchy (cups/week)									
Age 2	2	0.0 ^a	1.1 ^a	0.0 ^a	1.0 ^a	0.0 ^a	0.6 ^a	0.0	0.8
Ages 3-5	3.5	0.0 ^a	0.6 ^a	0.0 ^a	0.2 ^a	0.0 ^a	0.4 ^a	0.0	0.4
Ages 6-12	5	0.0 ^a	0.6 ^a	--	--	0.0 ^a	0.4 ^a	0.0 ^a	0.5 ^a
Other (cups/week)									
Age 2	1.5	0.1	4.5	0.1 ^a	4.1 ^a	0.1	5.5	0.1	5.1
Ages 3-5	2.5	0.1	3.3	0.1	3.5	0.1	4.6	0.1	4.1
Ages 6-12	4	0.1	2.3	--	--	0.2 ^a	4.5 ^a	0.1	3.7
Number of Early Child Care Programs									
Age 2		167		47		103		317	
Ages 3-5		190		100		128		418	
Ages 6-12		114		--		80		194	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This study limited data collection in Head Start programs to children aged 1 - 5 years old. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended weekly amount of food from each USDA Food Pattern Vegetable Subgroup within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern. The Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1000, 1400, and 1800 calories as reference standards for 2 year olds, 3-5 year olds, and 6-12 year olds, respectively.

^bIncludes legumes credited as a vegetable or meat-alternate on the Menu Survey.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans.

Table D.2.22 USDA Food Pattern Vegetable Subgroups Served for CACFP Afternoon Snacks in Before and After School Programs: Mean Amounts and Mean Percentage Contribution to 2015 Dietary Guidelines Recommended Amounts

Age Groups (Years)	Recommended Weekly Amount ^a	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark	Mean Amount (Afternoon Snack)	Mean Percentage Contribution to Benchmark
Dark Green (cups/week)							
Ages 3-5	1	0.0 ^a	2.9 ^a	0.0 ^a	3.3 ^a	0.0 ^a	3.2 ^a
Ages 6-12	1.5	0.0 ^a	2.6 ^a	0.0 ^a	1.9 ^a	0.0 ^a	2.0 ^a
Red and Orange (cups/week)							
Ages 3-5	3	0.1 ^a	3.4 ^a	0.1 ^a	4.4 ^a	0.1	4.2
Ages 6-12	5.5	0.2	2.8	0.2 ^a	4.2 ^a	0.2	3.9
Legumes (cups/week) ^b							
Ages 3-5	0.5	0.0 ^a	4.8 ^a	0.0 ^a	0.0 ^a	0.0 ^a	1.1 ^a
Ages 6-12	1.5	0.0	2.1	0.0 ^a	1.5 ^a	0.0 ^a	1.7 ^a
Starchy (cups/week)							
Ages 3-5	3.5	0.0 ^a	1.4 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.3 ^a
Ages 6-12	5	0.0 ^a	0.9 ^a	0.0 ^a	0.4 ^a	0.0 ^a	0.5 ^a
Other (cups/week)							
Ages 3-5	2.5	0.1 ^a	2.6 ^a	0.1 ^a	2.9 ^a	0.1	2.8
Ages 6-12	4	0.1	2.8	0.1 ^a	2.3 ^a	0.1	2.4
Number of Before and After School Programs							
Ages 3-5		58		24		82	
Ages 6-12		101		37		138	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted.

^a2015-2020 Dietary Guidelines for Americans (DGA) recommended weekly amount of food from each USDA Food Pattern Vegetable Subgroup within the specified calorie level of the USDA Healthy U.S.-Style Eating Pattern. The Healthy U.S.-Style Eating Pattern assigns individuals to a calorie level based on their sex, age, and activity level. To assess the potential contribution of CACFP meals to USDA Food Pattern Food Group recommendations under the DGA, we used Food Patterns for 1400 and 1800 calories as reference standards for 3-5 year olds and 6-12 year olds, respectively.

^bIncludes legumes credited as a vegetable or meat-alternate on the Menu Survey.

CACFP = Child and Adult Care Food Program; cups = cup equivalents; DGA = Dietary Guidelines for Americans.

Table D.2.23 Mean Healthy Eating Index-2015 Scores for CACFP Breakfasts Served in Early Child Care Programs

HEI-2015 Component	Maximum (Max) Score	Child Care Centers			Head Start Programs		Family Day Care Homes			All		
		Age Group (Years)										
		2	3-5	6-12	2	3-5	2	3-5	6-12	2	3-5	6-12
		Mean Score (% of Max Score)										
Adequacy Components (higher scores reflect higher concentrations in CACFP breakfasts)												
Total Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Whole Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Total Vegetables	5	0.1 (2.1)	0.1 (2.0)	0.1^ (2.0)	0.1^ (2.9)	0.1 (2.5)	0.2^ (4.4)	0.2 (3.7)	0.1^ (3.0)	0.2 (3.6)	0.2 (3.1)	0.1^ (2.7)
Greens and Beans	5	0.1^ (1.8)	0.1^ (2.1)	0.0 (0.0)	0.0 (0.0)	0.1^ (1.2)	0.1^ (1.8)	0.1^ (2.6)	0.2^ (4.2)	0.1^ (1.7)	0.1^ (2.4)	0.1^ (3.0)
Whole Grains	10	8.6 (85.6)	8.5 (84.6)	8.7 (86.8)	9.1 (91.3)	9.3 (93.2)	10.0## (100.0)	9.9# (99.3)	10.0 (99.5)	9.9 (99.2)	9.6 (96.5)	9.8 (98.5)
Dairy	10	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)
Total Protein Foods	5	1.0* (19.7)	1.1* (21.4)	0.8 (16.3)	1.8 (36.9)	1.6 (31.2)	1.5### (30.3)	1.5## (30.6)	1.7### (34.4)	1.4 (27.0)	1.4 (28.1)	1.5 (29.2)
Seafood and Plant Proteins	5	0.6 (12.5)	0.7 (14.2)	0.7 (13.4)	1.3^ (26.8)	1.0 (20.3)	1.5### (30.5)	1.3 (26.6)	1.3# (26.3)	1.2 (24.3)	1.1 (22.5)	1.1 (22.6)
Fatty Acids	10	0.4^ (4.3)	1.1 (10.9)	1.5 (15.4)	0.3^ (3.0)	1.2 (11.6)	0.9 (9.3)	0.4^ (4.1)	0.2###^ (1.7)	0.7 (7.3)	0.6^ (6.3)	0.4^ (3.9)
Moderation Components (higher scores reflect lower concentrations in CACFP breakfasts)												
Refined Grains	10	7.8 (78.3)	7.7 (76.6)	7.4 (73.6)	8.4 (84.1)	8.3 (82.8)	8.8 (87.7)	8.4 (83.5)	8.6 (85.7)	8.4 (84.4)	8.2 (81.5)	8.2 (82.1)
Sodium	10	9.5* (94.7)	9.7* (96.6)	9.7 (97.4)	8.3 (83.4)	9.0 (89.7)	8.9# (88.6)	8.9# (89.3)	8.8## (87.8)	9.0 (90.5)	9.1 (91.4)	9.1 (90.6)
Added Sugars	10	7.9* (78.6)	7.6* (75.7)	7.2 (72.0)	8.9† (89.4)	8.3††† (82.9)	9.9### (98.5)	9.7### (96.8)	9.7### (97.0)	9.2 (91.6)	9.0 (89.6)	9.0 (89.8)
Saturated Fats	10	8.8 (87.6)	9.3* (93.5)	9.8 (98.0)	7.7 (77.2)	8.2† (81.9)	8.1 (81.0)	6.9## (68.7)	6.0### (60.2)	8.3 (83.0)	7.7 (76.9)	7.2 (71.6)
Total Score	100	64.7	65.8	65.9	66.2†	67.0	69.9###	67.4	66.6	68.4	67.0	66.5
Number of Breakfasts		875	983	504	307	1,034	640	787	442	1,822	2,804	946
Number of Early Child Care Programs		177	199	107	64	227	141	169	97	382	595	204

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.24 Mean Healthy Eating Index-2015 Scores for CACFP Lunches Served in Early Child Care Programs

HEI-2015 Component	Maximum (Max) Score	Child Care Centers			Head Start Programs		Family Day Care Homes			All			
		Age Group (Years)											
		2	3-5	6-12	2	3-5	2	3-5	6-12	2	3-5	6-12	
		Mean Score (% of Max Score)											
Adequacy Components (higher scores reflect higher concentrations in CACFP lunches)													
Total Fruits	5	4.9 (98.4)	4.9 (98.5)	5.0 (100.0)	4.9 (97.6)	5.0 (100.0)	4.9 (97.6)	4.9 (98.8)	5.0 (100.0)	4.9 (98.1)	5.0 (99.1)	5.0 (100.0)	
Whole Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	
Total Vegetables	5	4.9 (97.7)	4.7* (93.5)	4.8 (95.5)	5.0 (100.0)	4.9 (98.9)	4.9 (98.9)	4.7 (94.9)	4.7 (94.2)	5.0 (99.0)	4.7 (94.9)	4.7 (94.5)	
Greens and Beans	5	4.4 (88.9)	4.5 (89.1)	4.3 (86.1)	5.0 (99.9)	5.0 (100.0)	4.7 (94.3)	4.5 (89.4)	4.0 (79.9)	4.7 (94.3)	4.6 (92.6)	4.1 (82.2)	
Whole Grains	10	6.4 (63.6)	6.6* (65.6)	6.7 (67.2)	6.7 (67.5)	7.6 (76.2)	6.8 (68.2)	6.8 (68.5)	6.4 (64.4)	6.7 (66.7)	6.8 (68.4)	6.5 (65.2)	
Dairy	10	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	
Total Protein Foods	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	
Seafood and Plant Proteins	5	3.5** (69.7)	3.7 (74.1)	3.5 (70.4)	4.7 (93.3)	4.3† (85.2)	4.2 (83.6)	4.9### (98.3)	4.6# (91.7)	4.0 (79.6)	4.7 (93.8)	4.4 (87.4)	
Fatty Acids	10	2.0 (19.7)	2.4* (23.7)	2.2 (22.1)	2.3 (23.3)	3.2††† (32.0)	1.7 (17.3)	1.9 (19.2)	2.5 (25.3)	1.8 (18.2)	2.2 (21.5)	2.4 (24.4)	
Moderation Components (higher scores reflect lower concentrations in CACFP lunches)													
Refined Grains	10	8.8 (87.5)	8.3 (83.2)	9.1 (91.3)	8.8 (88.0)	8.5 (85.3)	8.9 (88.6)	8.5 (84.9)	8.5 (84.8)	8.8 (88.2)	8.4 (84.5)	8.7 (86.7)	
Sodium	10	0.9 (9.3)	1.0 (9.5)	1.7 (17.5)	0.5^ (5.1)	1.1 (10.5)	0.7^ (6.9)	0.7^ (7.5)	1.4 (14.2)	0.8 (7.6)	0.8 (8.3)	1.5 (15.2)	
Added Sugars	10	10.0 (100.0)	10.0 (100.0)	9.9 (99.2)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	
Saturated Fats	10	5.1 (50.8)	5.6 (56.2)	6.4 (63.6)	6.0 (59.6)	6.2†† (62.0)	4.9 (48.8)	5.0 (49.8)	5.7 (57.3)	5.0 (49.8)	5.3 (52.7)	5.9 (59.1)	
Total Score	100	70.8**	71.6**	73.7	73.9	75.8†††	71.7	72.1	72.9	71.6	72.6	73.3	
Number of Lunches		914	1,029	459	316	1,057	774	900	378	2,004	2,986	837	
Number of Early Child Care Programs		185	208	98	66	233	168	192	90	419	633	188	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.25 Mean Healthy Eating Index-2015 Scores for CACFP Suppers Served in Early Child Care Programs

HEI-2015 Component	Maximum (Max) Score	Child Care Centers			Head Start Programs		Family Day Care Homes			All		
		Age Group (Years)										
		2	3-5	6-12	2	3-5	2	3-5	6-12	2	3-5	6-12
		Mean Score (% of Max Score)										
Adequacy Components (higher scores reflect higher concentrations in CACFP suppers)												
Total Fruits	5	4.7^ (94.0)	4.7^ (94.0)	5.0^ (100.0)	5.0^ (100.0)	4.9^ (98.2)	4.9 (98.2)	4.6 (91.9)	5.0 (100.0)	4.9 (98.2)	4.6 (92.5)	5.0 (100.0)
Whole Fruits	5	5.0^ (100.0)	5.0^ (100.0)	5.0^ (100.0)	5.0^ (100.0)	5.0^ (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Total Vegetables	5	4.9^ (97.5)	4.8^ (96.2)	4.8^ (95.7)	4.8^ (95.5)	4.7^ (93.5)	5.0 (99.7)	4.8 (96.9)	5.0 (99.8)	5.0 (99.8)	4.8 (97.0)	5.0 (99.8)
Greens and Beans	5	3.9^ (78.5)	4.2^ (84.0)	4.3^ (86.7)	1.2†††^ (24.9)	2.8†^ (56.8)	5.0 (99.4)	5.0 (100.0)	5.0 (100.0)	5.0 (99.2)	5.0 (100.0)	5.0 (100.0)
Whole Grains	10	7.2***^ (72.1)	7.3^ (73.4)	8.2^ (82.4)	0.7†††^ (6.8)	3.3^ (33.3)	5.0 (50.1)	6.1 (61.1)	5.7 (56.6)	5.3 (53.2)	6.3 (62.6)	6.0 (59.5)
Dairy	10	10.0^ (100.0)	10.0^ (100.0)	10.0^ (100.0)	10.0^ (100.0)	10.0^ (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)
Total Protein Foods	5	5.0^ (100.0)	5.0^ (100.0)	5.0^ (99.7)	5.0^ (100.0)	4.8^ (95.8)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Seafood and Plant Proteins	5	2.0^ (40.0)	2.2^ (43.7)	2.2^ (43.7)	0.0†††^ (0.2)	1.8††^ (36.3)	5.0## (99.7)	5.0## (100.0)	5.0### (99.7)	4.9 (98.3)	5.0 (100.0)	5.0 (99.3)
Fatty Acids	10	2.2^ (22.1)	2.8^ (28.4)	2.9^ (28.8)	2.8^ (27.6)	3.4^ (34.0)	2.3 (23.3)	2.1 (21.4)	2.9 (29.4)	2.3 (23.2)	2.2 (22.3)	2.9 (29.4)
Moderation Components (higher scores reflect lower concentrations in CACFP suppers)												
Refined Grains	10	8.7***^ (87.4)	8.2***^ (82.5)	9.1^ (90.8)	2.4†††^ (23.9)	4.4^ (43.5)	8.1 (81.0)	8.3 (83.3)	8.4 (84.2)	8.2 (82.0)	8.3 (83.1)	8.5 (85.1)
Sodium	10	1.3^ (13.3)	0.8^ (8.3)	1.7^ (17.1)	0.0^ (0.0)	0.0†††^ (0.1)	0.7^ (7.0)	1.4 (14.1)	1.9 (19.1)	0.8^ (7.6)	1.3 (12.9)	1.9 (18.9)
Added Sugars	10	10.0^ (100.0)	10.0^ (100.0)	10.0^ (100.0)	10.0^ (100.0)	10.0^ (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)
Saturated Fats	10	4.8^ (48.4)	5.8^ (57.8)	6.9^ (68.9)	6.1^ (60.6)	6.2^ (61.7)	6.4 (64.0)	5.4 (53.5)	6.2 (62.3)	6.2 (61.7)	5.4 (54.1)	6.3 (63.0)
Total Score	100	69.8***^	70.9^	75.1^	52.9†††^	61.3^	72.4	72.8	75.1	72.5	73.0	75.5
Number of Suppers		66	76	79	10	20	193	265	244	269	361	323
Number of Early Child Care Programs		14	16	16	2	5	46	58	56	62	79	72

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.26 Mean Healthy Eating Index-2015 Scores for CACFP Suppers Served in Before and After School Programs

HEI-2015 Component	Maximum (Max) Score	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Age Group (Years)					
		3-5	6-12	3-5	6-12	3-5	6-12
		Mean Score (% of Max Score)					
Adequacy Components (higher scores reflect higher concentrations in CACFP suppers)							
Total Fruits	5	5.0^ (99.6)	5.0^ (100.0)	5.0 (100.0)	5.0 (100.0)	5.0^ (100.0)	5.0 (100.0)
Whole Fruits	5	5.0^ (100.0)	5.0^ (100.0)	5.0 (100.0)	5.0 (100.0)	5.0^ (100.0)	5.0 (100.0)
Total Vegetables	5	4.5^ (89.7)	5.0 ^{***} (100.0)	3.6 (72.1)	4.1 (81.3)	3.6^ (72.7)	4.1 (82.0)
Greens and Beans	5	3.6^ (72.2)	5.0^ (99.4)	3.5 (69.2)	4.1 (82.2)	3.5^ (69.4)	4.2 (83.8)
Whole Grains	10	8.6^ (86.5)	7.7^ (76.8)	6.0 (60.3)	6.4 (63.7)	6.1^ (61.4)	6.4 (64.1)
Dairy	10	10.0^ (100.0)	10.0^ (100.0)	10.0 (100.0)	10.0 (100.0)	10.0^ (100.0)	10.0 (100.0)
Total Protein Foods	5	5.0^ (99.9)	5.0^ (100.0)	4.9 (98.9)	4.9 (98.4)	5.0^ (99.0)	4.9 (98.9)
Seafood and Plant Proteins	5	3.3^ (66.0)	3.6^ (72.0)	4.6 (92.0)	4.4 (87.8)	4.6^ (91.5)	4.4 (87.6)
Fatty Acids	10	3.9^ (39.2)	3.9^ (38.9)	4.4 (43.8)	3.8 (38.4)	4.3^ (43.5)	3.8 (38.4)
Moderation Components (higher scores reflect lower concentrations in CACFP suppers)							
Refined Grains	10	8.7^ (87.3)	8.4^ (84.2)	8.6 (86.3)	8.7 (86.7)	8.6^ (86.4)	8.7 (86.7)
Sodium	10	0.7^ (6.5)	1.4^ (14.0)	2.3 (22.8)	3.0 (30.4)	2.2^ (22.3)	3.0 (29.8)
Added Sugars	10	10.0^ (100.0)	10.0 ^{^^} (100.0)	9.7 (97.4)	9.6 (95.5)	9.8^ (97.7)	9.6 (96.1)
Saturated Fats	10	6.5^ (64.9)	7.3^ (73.4)	6.2 (62.4)	7.0 (70.3)	6.2^ (62.3)	7.0 (70.4)
Total Score	100	74.8^	77.3^	73.9	76.0	74.0^	76.2
Number of Suppers		57	134	217	448	274	582
Number of Before and After School Programs		12	28	47	100	59	128

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.27 Mean Healthy Eating Index-2015 Scores for CACFP Morning Snacks Served in Early Child Care Programs

HEI-2015 Component	Maximum (Max) Score	Child Care Centers			Head Start Programs		Family Day Care Homes			All			
		Age Group (Years)											
		2	3-5	6-12	2	3-5	2	3-5	6-12	2	3-5	6-12	
		Mean Score (% of Max Score)											
Adequacy Components (higher scores reflect higher concentrations in CACFP morning snacks)													
Total Fruits	5	5.0^ (100.0)	5.0^ (100.0)	5.0^ (99.8)	4.9^ (97.5)	5.0^ (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	
Whole Fruits	5	5.0^ (100.0)	5.0^ (100.0)	4.7^ (94.0)	4.9^ (98.9)	5.0^ (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	
Total Vegetables	5	0.5^ (10.4)	0.9^ (17.9)	0.9^ (18.5)	0.9^ (18.7)	1.2^ (24.0)	0.4 (8.4)	0.7 (13.5)	0.7^ (14.5)	0.4 (8.6)	0.7 (14.1)	0.7^ (14.8)	
Greens and Beans	5	0.0^ (0.0)	1.4^ (28.2)	0.0^ (0.0)	2.3^ (46.9)	1.3^ (25.4)	0.3^ (5.5)	0.6^ (11.0)	0.7^ (13.8)	0.3^ (5.3)	0.6^ (12.9)	0.6^ (12.4)	
Whole Grains	10	7.1^ (70.6)	7.1^ (71.2)	6.1^ (61.4)	7.1^ (70.6)	7.1^ (70.8)	6.6 (66.2)	6.5 (65.3)	6.1 (61.0)	6.7 (66.7)	6.6 (66.0)	6.1 (60.9)	
Dairy	10	10.0^ (100.0)	10.0^ (100.0)	9.8^ (98.3)	10.0^ (100.0)	10.0^ (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	
Total Protein Foods	5	1.6^ (32.3)	1.9^ (37.5)	2.0^ (41.0)	1.1^ (21.5)	1.7^ (33.1)	2.1 (41.3)	2.4 (48.0)	2.7 (54.9)	2.0 (40.1)	2.3 (46.9)	2.7 (53.5)	
Seafood and Plant Proteins	5	2.6^ (51.1)	3.6^ (71.3)	4.0^ (79.4)	2.6^ (52.1)	2.5^ (50.4)	4.4 (88.0)	4.3 (87.0)	4.7 (94.0)	4.3 (85.8)	4.3 (86.1)	4.8 (95.2)	
Fatty Acids	10	3.2^ (31.8)	4.2^ (42.4)	9.3^ (92.9)	0.3†+^ (2.6)	1.4^ (14.2)	3.2 (32.5)	2.9 (28.6)	3.6###^ (35.9)	3.2 (32.0)	3.0 (29.5)	4.1 (40.8)	
Moderation Components (higher scores reflect lower concentrations in CACFP morning snacks)													
Refined Grains	10	6.6^ (66.1)	5.4*** (54.0)	3.6^ (36.1)	8.7^ (86.8)	9.0†^ (89.7)	7.4 (74.3)	6.9 (69.4)	6.9## (68.8)	7.4 (73.6)	6.8 (68.3)	6.6 (65.6)	
Sodium	10	9.1^ (91.4)	8.7^ (87.5)	9.6^ (95.6)	9.8^ (97.6)	9.7^ (96.6)	9.8 (98.4)	9.1 (91.3)	9.0 (90.5)	9.8 (98.1)	9.1 (91.1)	9.1 (91.1)	
Added Sugars	10	8.8^ (88.2)	8.8^ (88.1)	9.4^ (93.7)	7.5^ (74.9)	7.5†^ (74.6)	9.6 (96.1)	9.8# (97.6)	9.9 (99.5)	9.5 (95.3)	9.7 (96.7)	9.9 (99.3)	
Saturated Fats	10	6.4^ (63.9)	7.6^ (76.4)	9.1^ (91.3)	7.0^ (70.4)	8.2^ (81.9)	7.2 (72.1)	6.8 (67.8)	7.0 (69.6)	7.1 (71.3)	6.9 (68.8)	7.2 (71.7)	
Total Score	100	65.9^	69.7^	73.6^	67.1^	69.4^	71.1	70.0	71.4	70.7	70.0	71.8	
Number of Morning Snacks		121	131	55	19	66	432	477	200	572	674	255	
Number of Early Child Care Programs		26	29	14	4	16	98	106	48	128	151	62	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between child care center and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between child care center and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include child care center, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.28 Mean Healthy Eating Index-2015 Scores for CACFP Afternoon Snacks Served in Early Child Care Programs

HEI-2015 Component	Maximum (Max) Score	Child Care Centers			Head Start Programs		Family Day Care Homes			All		
		Age Group (Years)										
		2	3-5	6-12	2	3-5	2	3-5	6-12	2	3-5	6-12
		Mean Score (% of Max Score)										
Adequacy Components (higher scores reflect higher concentrations in CACFP afternoon snacks)												
Total Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Whole Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Total Vegetables	5	0.9 (17.5)	0.9 (17.2)	0.8 (16.4)	1.0 (19.9)	1.0 (20.0)	1.1 (21.3)	1.0 (20.5)	1.0 (19.5)	1.0 (20.0)	1.0 (19.6)	0.9 (18.6)
Greens and Beans	5	0.8 (16.9)	0.9 (18.6)	0.7^ (15.0)	1.7^ (33.5)	1.2 (24.7)	1.2 (23.1)	1.0 (20.5)	1.1^ (21.3)	1.1 (21.4)	1.0 (20.3)	1.0 (19.7)
Whole Grains	10	4.9* (48.8)	5.2** (52.4)	5.3 (53.1)	6.6 (65.5)	7.0†† (69.9)	4.8 (48.4)	4.9 (49.2)	4.7 (46.9)	4.9 (49.1)	5.2 (51.6)	4.9 (48.5)
Dairy	10	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)
Total Protein Foods	5	1.4 (28.2)	1.4 (27.4)	1.3 (25.5)	1.8 (35.3)	1.3† (26.0)	2.0# (40.9)	1.8# (36.2)	1.7 (34.7)	1.8 (36.7)	1.7 (33.0)	1.6 (32.2)
Seafood and Plant Proteins	5	3.1 (62.4)	3.1 (61.7)	3.1 (61.4)	3.8 (76.1)	2.9† (57.1)	4.4 (87.8)	4.2 (83.0)	4.2 (84.8)	4.1 (81.0)	3.8 (75.4)	3.9 (78.6)
Fatty Acids	10	3.6 (35.6)	4.8 (47.9)	5.6 (55.8)	3.2 (32.3)	4.0† (39.9)	3.0 (29.9)	2.8### (28.5)	3.2### (32.2)	3.2 (31.7)	3.4 (34.0)	3.8 (37.7)
Moderation Components (higher scores reflect lower concentrations in CACFP afternoon snacks)												
Refined Grains	10	4.5** (44.6)	3.2*** (32.1)	2.4 (24.2)	6.3 (63.3)	5.7 (56.7)	5.4 (54.3)	5.3## (52.8)	5.1## (50.6)	5.1 (51.5)	4.7 (47.4)	4.3 (43.4)
Sodium	10	9.0 (89.7)	8.9 (88.9)	8.9 (89.2)	8.6 (86.1)	9.1 (90.7)	9.1 (90.9)	8.8 (87.8)	9.2 (92.2)	9.0 (90.5)	8.8 (88.3)	9.1 (91.5)
Added Sugars	10	8.4 (83.8)	8.3 (83.1)	8.4 (84.2)	8.3 (83.1)	7.9††† (79.2)	9.0 (89.9)	9.6### (96.4)	9.7### (97.0)	8.8 (87.7)	9.2 (91.5)	9.4 (93.7)
Saturated Fats	10	7.4 (73.8)	8.5 (85.5)	9.0 (90.2)	6.8 (67.9)	8.7††† (87.2)	7.0 (70.4)	6.4### (64.0)	6.6### (66.2)	7.1 (71.4)	7.2 (71.6)	7.3 (72.8)
Total Score	100	63.9	65.2	65.6	68.1	68.7	67.0	65.9	66.5	66.1	65.9	66.2
Number of Afternoon Snacks		893	1,026	619	257	809	628	770	486	1,778	2,605	1,105
Number of Early Child Care Programs		183	209	128	54	181	140	166	109	377	556	237

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.29 Mean Healthy Eating Index-2015 Scores for CACFP Afternoon Snacks Served in Before and After School Programs

HEI-2015 Component	Maximum (Max) Score	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Age Group (Years)					
		3-5	6-12	3-5	6-12	3-5	6-12
		Mean Score (% of Max Score)					
Adequacy Components (higher scores reflect higher concentrations in CACFP afternoon snacks)							
Total Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0^ (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Whole Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0^ (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Total Vegetables	5	1.2 (24.6)	1.2 (24.6)	1.0^ (19.1)	1.1 (21.8)	1.0 (20.1)	1.1 (22.3)
Greens and Beans	5	1.2^ (23.2)	1.1 (22.2)	0.8^ (16.6)	0.8^ (15.7)	0.9^ (17.9)	0.9^ (17.0)
Whole Grains	10	5.8 (57.6)	6.8 (68.2)	7.0^ (69.9)	6.7 (66.8)	6.8 (67.6)	6.7 (67.2)
Dairy	10	10.0 (100.0)	10.0 (100.0)	10.0^ (99.8)	10.0 (99.8)	10.0 (100.0)	10.0 (100.0)
Total Protein Foods	5	0.7 (14.8)	0.9 (17.4)	1.0^ (19.4)	0.9 (17.8)	0.9 (18.7)	0.9 (17.8)
Seafood and Plant Proteins	5	1.7^ (34.5)	1.8 (36.1)	2.1^ (42.5)	1.9^ (37.5)	2.1^ (41.2)	1.9 (37.4)
Fatty Acids	10	5.1 (51.0)	4.7 (47.0)	6.3^ (62.5)	6.5 (64.9)	6.0 (60.2)	6.1 (61.1)
Moderation Components (higher scores reflect lower concentrations in CACFP afternoon snacks)							
Refined Grains	10	5.0 (50.5)	5.2 (52.4)	5.5^ (54.9)	4.6 (46.1)	5.4 (54.3)	4.7 (47.4)
Sodium	10	9.3 (92.8)	9.0 (89.8)	9.9^ (98.7)	9.6 (96.1)	9.8 (98.2)	9.5 (95.4)
Added Sugars	10	7.7 (76.6)	7.9 (79.3)	7.1^ (71.4)	7.8 (78.5)	7.2 (72.4)	7.9 (78.6)
Saturated Fats	10	9.3 (92.5)	9.5 (95.2)	9.9^ (98.6)	9.9 (99.1)	9.8 (98.5)	9.9 (99.1)
Total Score	100	67.0	68.2	70.5^	69.8	70.0	69.6
Number of Afternoon Snacks		317	573	162	258	479	831
Number of Before and After School Programs		65	120	35	58	100	178

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.30 Mean Healthy Eating Index-2015 Scores for All CACFP Meals Served in Early Child Care Programs

HEI-2015 Component	Maximum (Max) Score	Child Care Centers			Head Start Programs		Family Day Care Homes			All		
		Age Group (Years)										
		2	3-5	6-12	2	3-5	2	3-5	6-12	2	3-5	6-12
		Mean Score (% of Max Score)										
Adequacy Components (higher scores reflect higher concentrations in all CACFP meals)												
Total Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Whole Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Total Vegetables	5	2.6* (52.0)	2.6 (51.3)	2.6 (52.1)	2.9 (57.4)	2.7 (54.1)	2.7 (53.2)	2.6 (52.2)	2.8 (55.5)	2.6 (53.0)	2.6 (52.1)	2.7 (54.7)
Greens and Beans	5	2.3** (46.9)	2.5** (49.8)	2.3 (47.0)	3.5† (70.9)	3.3† (66.6)	2.7 (54.8)	2.7 (54.2)	3.0 (59.2)	2.7 (53.1)	2.7 (54.1)	2.8 (56.4)
Whole Grains	10	6.7 (66.5)	6.9* (68.6)	6.9 (69.1)	7.4 (73.9)	8.0† (80.2)	7.1 (70.8)	7.1 (71.1)	6.6 (65.6)	7.0 (69.7)	7.1 (71.2)	6.6 (66.4)
Dairy	10	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)
Total Protein Foods	5	3.7 (73.1)	3.9 (77.3)	3.7 (73.3)	4.0 (79.6)	3.9†† (78.6)	4.3## (86.1)	4.5## (89.4)	4.6## (91.7)	4.1 (82.2)	4.3 (85.6)	4.4 (87.4)
Seafood and Plant Proteins	5	2.6* (51.0)	2.7 (53.8)	2.7 (54.0)	3.5 (69.1)	2.9††† (58.8)	4.0### (80.2)	4.3### (86.1)	4.4### (88.2)	3.6 (71.5)	3.8 (76.0)	4.0 (80.3)
Fatty Acids	10	2.0 (20.2)	2.6 (25.9)	3.1 (31.3)	1.9 (18.8)	2.7††† (26.9)	2.0 (20.5)	1.8# (18.5)	2.4 (23.8)	2.0 (20.3)	2.1 (20.7)	2.5 (25.3)
Moderation Components (higher scores reflect lower concentrations in all CACFP meals)												
Refined Grains	10	7.5 (74.7)	7.0** (70.4)	6.9 (68.8)	8.1 (80.7)	7.9 (79.4)	7.9 (79.2)	7.7 (77.0)	7.6 (75.6)	7.8 (78.0)	7.6 (75.6)	7.4 (74.0)
Sodium	10	5.3 (52.8)	5.2 (51.5)	5.6 (56.4)	4.6 (46.5)	5.0 (49.8)	5.2 (52.1)	5.0 (50.1)	5.2 (52.3)	5.2 (52.1)	5.0 (50.4)	5.3 (53.3)
Added Sugars	10	9.3 (92.9)	9.2 (92.2)	9.0 (89.9)	9.7 (96.9)	9.5††† (94.8)	10.0### (100.0)	10.0### (100.0)	10.0### (100.0)	10.0 (99.7)	10.0 (100.0)	10.0 (100.0)
Saturated Fats	10	6.6 (66.3)	7.3 (73.1)	8.0 (80.2)	6.7 (66.7)	7.3††† (72.8)	6.4 (64.2)	5.9## (58.8)	6.2## (62.0)	6.5 (64.9)	6.3 (63.4)	6.6 (66.3)
Total Score	100	68.5**	69.8***	70.9	72.2	73.3	72.4##	71.6	72.7	71.5	71.5	72.5
Number of CACFP Meals		2,893	3,269	1,735	914	2,991	2,688	3,258	1,821	6,495	9,518	3,556
Number of Early Child Care Programs		189	222	137	66	247	170	195	129	425	664	266

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table does not report on 1 year olds as the 2015-2020 Dietary Guidelines for Americans (DGA) have no recommendations for children under the age of 2. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

Table D.2.31 Mean Healthy Eating Index-2015 Scores for All CACFP Meals Served in Before and After School Programs

HEI-2015 Component	Maximum (Max) Score	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
		Age Group (Years)					
		3-5	6-12	3-5	6-12	3-5	6-12
		Mean Score (% of Max Score)					
Adequacy Components (higher scores reflect higher concentrations in all CACFP meals)							
Total Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Whole Fruits	5	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)	5.0 (100.0)
Total Vegetables	5	1.7** (34.3)	2.2** (45.0)	3.0 (59.7)	3.4 (68.3)	2.9 (57.5)	3.3 (66.4)
Greens and Beans	5	1.4* (27.0)	2.5 (50.5)	2.8 (56.0)	3.4 (67.6)	2.7 (53.6)	3.3 (66.0)
Whole Grains	10	7.0 (69.5)	7.2 (71.7)	6.3 (62.6)	6.4 (64.2)	6.3 (63.3)	6.5 (64.9)
Dairy	10	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)	10.0 (100.0)
Total Protein Foods	5	1.9*** (37.1)	2.5*** (49.7)	4.2 (83.5)	4.1 (82.0)	4.0 (79.6)	4.0 (79.3)
Seafood and Plant Proteins	5	1.7** (34.0)	2.1** (42.7)	4.3 (86.4)	4.0 (79.4)	4.2 (83.2)	3.8 (76.7)
Fatty Acids	10	4.1 (40.7)	4.0 (40.5)	4.7 (46.6)	4.3 (42.6)	4.6 (46.2)	4.2 (42.5)
Moderation Components (higher scores reflect lower concentrations in all CACFP meals)							
Refined Grains	10	6.5* (65.3)	6.5* (65.3)	8.0 (80.1)	7.9 (78.7)	7.9 (78.9)	7.8 (77.7)
Sodium	10	7.4*** (73.9)	6.7** (66.6)	4.2 (41.8)	4.5 (45.2)	4.5 (44.5)	4.7 (47.0)
Added Sugars	10	8.5 (85.3)	9.0 (90.1)	9.2 (92.3)	9.2 (91.9)	9.2 (91.7)	9.2 (91.8)
Saturated Fats	10	8.7** (86.8)	8.9** (89.1)	7.2 (71.7)	7.7 (77.3)	7.3 (73.0)	7.8 (78.4)
Total Score	100	68.8	71.7	73.8	74.9	73.4	74.6
Number of CACFP Meals		501	889	409	746	910	1,635
Number of Before and After School Programs		75	145	73	138	148	283

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. Mean HEI scores were estimated using the population ratio method.

CACFP= Child and Adult Care Food Program; HEI = Healthy Eating Index.

D.3 Foods Served in CACFP Meals: Variety, Frequency, and Contribution to Key Nutrients

Table D.3.1 Variety in CACFP Breakfasts Served in Early Child Care Programs

	Mean Percentage of Daily CACFP Breakfast Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Types of Milk Served per Day ^a															
0	0.8 ^a	0.0 ^a	0.0 ^a	1.0 ^a	0.0 ^a	0.0 ^a	0.2 ^a	0.6 ^a	0.4 ^a	0.3 ^a	0.0 ^a	0.7 ^a	0.3 ^a	0.2 ^a	0.3 ^a
1	98.3 ^a	97.8 ^a	97.5 ^a	97.4 ^a	97.9 ^a	96.3 ^a	96.5 ^a	98.1 ^a	96.2 ^a	97.1 ^a	98.9 ^a	98.1 ^a	96.8 ^a	97.2	98.5 ^a
2 or 3	0.9 ^a	2.2 ^a	2.5 ^a	1.6 ^a	2.1 ^a	3.7 ^a	3.3 ^a	1.3 ^a	3.3 ^a	2.5 ^a	1.1 ^a	1.2 ^a	3.0 ^a	2.6	1.2 ^a
Median number of different Milks per day	0.5	1.0	1.0	0.5	1.0	1.0	0.9	0.9	0.9	0.9	1.0	0.9	0.9	0.9	0.5
Median number of different Milks per week ^{bc}	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Number of Fruits/Vegetables/100% Juices Served per Day ^d															
0	3.2 ^a	2.6 ^a	2.3 ^{***a}	1.7 ^a	6.4 ^a	0.9 ^a	0.9 ^{†a}	3.8 ^a	2.1 ^a	2.1 ^a	2.9 ^a	3.7 ^a	2.2 ^a	2.0 ^a	2.6 ^a
1	94.2 ^a	94.0	92.9	92.3 ^a	91.4 ^a	96.0 ^a	93.3	90.8	90.9	89.0	87.1	91.8	92.1	90.5	88.6
2	2.5 ^a	2.8 ^a	3.7 ^a	4.0 ^a	2.1 ^a	2.9 ^a	4.7 ^a	4.6 ^a	5.8 ^{#a}	8.0	9.5 ^a	3.9 ^a	4.7	6.5	7.9
3 to 5	0.1 ^a	0.6 ^a	1.1 ^a	1.9 ^a	0.0 ^a	0.2 ^a	1.1 ^a	0.8 ^a	1.2 ^a	0.9 ^a	0.4 ^a	0.6 ^a	1.0 ^a	1.0 ^a	0.9 ^a
Median number of different Fruits/Vegetables/100% Juices per day	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
Median number of different Fruits/Vegetables/100% Juices per week ^{bc}	4.1	4.1	4.2	4.1	4.2	4.3	4.3	3.9	3.8	4.0	4.0	4.0	4.0	4.1	4.1
Number of Fruits/Vegetables Served per Day ^e															
0	16.3	16.0	16.0 [*]	18.7	17.6 ^a	12.4 ^a	11.6 [†]	7.3 ^{#a}	7.3 ^{#a}	6.9 ^{##}	7.3 ^{#a}	10.3	10.4	9.8	10.7
1	82.0	81.4	80.6	77.1	81.2 ^a	85.5 ^a	85.1	88.8	88.5	87.1	86.4	86.6	86.1	85.1	83.7
2	1.6 ^a	2.2 ^a	2.8 ^a	3.1 ^a	1.3 ^a	2.0 ^a	2.7 ^a	3.4 ^a	3.4 ^a	5.5 ^a	5.9 ^a	2.8 ^a	3.0 ^a	4.5	5.1 ^a
3 or 4	0.1 ^a	0.4 ^a	0.6 ^a	1.0 ^a	0.0 ^a	0.0 ^a	0.6 ^a	0.5 ^a	0.7 ^a	0.6 ^a	0.4 ^a	0.4 ^a	0.6 ^a	0.6 ^a	0.6 ^a
Median number of different Fruits/Vegetables per day	0.9	0.9	0.9	0.9	0.8	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
Median number of different Fruits/Vegetables per week ^{bc}	3.7	3.7	3.7	3.6	3.8	3.7	4.0	3.6	3.5	3.7	3.7	3.7	3.6	3.7	3.7
Number of 100% Juices Served per Day ^f															
0	86.3	85.9	84.8	81.3	88.0 ^a	87.2 ^a	86.8	94.6 ^{#a}	91.2	91.8	91.5 ^a	92.0	89.3	89.4	88.5
1	13.4	13.8	14.3	17.3	12.0 ^a	12.8 ^a	12.7	5.4 ^{#a}	8.7	8.1	8.3 ^a	7.9	10.5	10.3	10.9
2	0.3 ^a	0.3 ^a	0.8 ^a	1.4 ^a	0.0 ^a	0.0 ^a	0.6 ^a	0.0 ^a	0.1 ^a	0.1 ^a	0.1 ^a	0.1 ^a	0.2 ^a	0.3 ^a	0.5 ^a
Median number of different 100% Juices per day	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Median number of different 100% Juices per week ^{bc}	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

	Mean Percentage of Daily CACFP Breakfast Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Combination Entrees/ Meat/ Meat Alternates Served per Day ^g															
0	89.0**	88.5***	87.3***	91.3 [^]	78.4 [^]	71.8†	73.6†	85.2	84.3#	83.6	81.7##	86.1	85.1	83.7	84.6
1	10.9**	11.5***	12.5***	8.7 [^]	21.6 [^]	28.2†	26.0†	14.5	14.9	16.1	17.7##	13.7	14.3	16.1	15.1
2	0.1 [^]	0.0 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.0† [^]	0.4 [^]	0.3 [^]	0.8# [^]	0.3 [^]	0.6# [^]	0.2 [^]	0.5 [^]	0.3 [^]	0.4 [^]
Median number of different Combination Entrees/ Meat/ Meat Alternates per day	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Median number of different Combination Entrees/ Meat/ Meat Alternates per week ^{bc}	0.0	0.0	0.0	0.0	0.4	0.5	0.5	0.0	0.0	0.1	0.2	0.0	0.0	0.0	0.0
Number of Separate Grains/Breads Served per Day ^h															
0	5.7 [^]	4.9 [^]	5.8	4.0 [^]	11.6 [^]	7.0 [^]	8.4	5.4 [^]	5.1 [^]	5.6 [^]	4.6 [^]	5.7	5.1	5.9	4.4 [^]
1	91.6	91.7	90.6	92.3 [^]	87.3 [^]	90.5 [^]	88.4	92.4 [^]	91.9	90.9	91.3 [^]	92.0	91.8	90.6	91.6
2 to 4	2.7 [^]	3.4 [^]	3.6 [^]	3.7 [^]	1.1 [^]	2.6 [^]	3.2 [^]	2.2 [^]	3.0 [^]	3.6 [^]	4.0 [^]	2.3 [^]	3.1 [^]	3.5	3.9 [^]
Median number of different Grains/Breads per day	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
Median number of different Grains/Breads per week ^{bc}	3.5	3.4	3.5	3.4	3.5	3.5	3.6	3.7	3.7	3.7	3.8	3.6	3.6	3.6	3.7
Number of Other Menu Items Served per Day ⁱ															
0	90.2	89.9	89.7	89.3	90.3 [^]	88.7 [^]	85.5	89.8	88.8	88.5	87.3	89.9	89.1	88.6	87.9
1	9.8 [^]	10.1 [^]	10.3 [^]	10.7 [^]	9.7 [^]	11.3 [^]	14.3	10.2	10.7	11.4	12.7	10.1	10.5	11.4	12.1
2	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.0 [^]	0.5 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.1 [^]	0.0 [^]
Median number of different other menu items per day	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Median number of different other menu items per week ^{bc}	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Number of Daily Breakfast Menus	734	875	983	504	239	307	1,034	513	640	787	442	1,486	1,822	2,804	946
Number of Early Child Care Programs	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table reports the number of different types of foods offered within a given food category (i.e. number of different types of Milks, number of different types of Fruits/Vegetables, etc.).

^aIncludes differences in fat content, flavors, or both.

^bDifferences in medians were not tested for statistical significance.

^cIncludes only programs that provided menu information for five days for a meal and age group.

^dVegetables and fruits (including 100% fruit or vegetable juices) not included in combination entrées.

^eIncludes whole fruits (fresh, canned, or dried) and whole vegetables served separately (not included in combination entrées); excludes 100% fruit juice and 100% vegetable juice.

^fIncludes 100% fruit juice and 100% vegetable juice.

^gIncludes meats and meat alternates as well as combination entrées which include two or more CACFP meal components.

^hGrains and breads not included in combination entrées or served solely with a specific menu item; includes creditable grain-based desserts. All varieties of cold cereal, including sweetened and unsweetened cereals, were counted as one grain/bread choice.

ⁱIncludes non-creditable grain-based desserts, dairy-based, and other desserts, and other non-creditable items such as fruit drinks (not 100 percent juice); non-vegetable/non-entrée soups; and other items.

CACFP= Child and Adult Care Food Program.

Table D.3.2 Variety in CACFP Lunches Served in Early Child Care Programs

	Mean Percentage of Daily CACFP Lunch Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Types of Milk Served per Day ^a															
0	2.3 [^]	1.8 [^]	1.4 [^]	3.1 [^]	0.7 [^]	0.6 ^{†^}	0.8 [^]	1.1 [^]	1.6 [^]	1.4 [^]	2.5 [^]	1.4 [^]	1.7 [^]	1.3 [^]	2.7 [^]
1	96.5 [^]	95.7 [^]	94.9	93.8 [^]	97.2 [^]	96.7 [^]	96.0 [^]	98.3 [^]	95.7 [^]	96.5 [^]	96.5 [^]	97.8 [^]	95.7	96.0	95.8 [^]
2 or 3	1.2 [^]	2.5 [^]	3.7 [^]	3.1 [^]	2.1 [^]	2.8 [^]	3.2 [^]	0.6 [^]	2.7 [^]	2.2 [^]	0.9 [^]	0.8 [^]	2.6 [^]	2.7 [^]	1.5 [^]
Median number of different Milks per day	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
Median number of different Milks per week ^{bc}	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Number of Fruits/Vegetables/100% Juices Served per Day ^d															
0	0.7 [^]	0.9 ^{^A}	1.1 [^]	1.7 [^]	4.2 [^]	0.0 ^{††^}	0.2 ^{†^}	3.2 [^]	2.0 [^]	3.1 [^]	4.6 [^]	2.5 [^]	1.6 [^]	2.3 [^]	3.8 [^]
1	11.4	11.5	12.0	11.3	11.8 [^]	13.9 [^]	14.0	13.5	13.7	12.5	13.9	12.8	13.0	12.5	13.1
2	80.3 [*]	78.3 ^{**}	77.7 [*]	79.0	70.7	69.1	70.4	73.4	74.0	72.6	71.4 [#]	75.2	75.1	73.7	73.5
3	7.0	7.8	7.2 ^{**}	5.7 [^]	11.4 [^]	15.1 [^]	13.4	8.8 [^]	9.0	10.5	8.3 [^]	8.4	8.9	9.9	7.6
4 to 6	0.7 [^]	1.5 [^]	2.0 [^]	2.3 [^]	1.9 [^]	1.9 [^]	2.0 [^]	1.2 [^]	1.3 [^]	1.4 [^]	1.9 [^]	1.0 [^]	1.4 [^]	1.6 [^]	2.0 [^]
Median number of different Fruits/Vegetables/100% Juices per day	1.9	1.9	1.9	1.9	1.9	1.9	1.9	1.9	1.9	1.9	1.8	1.9	1.9	1.9	1.8
Median number of different Fruits/Vegetables/100% Juices per week ^{bc}	8.5	8.6	8.6	8.5	8.8	8.8	8.8	8.2	8.0	8.2	7.8	8.3	8.3	8.4	8.1
Number of Vegetables Served per Day ^e															
0	9.4	9.6	10.8	10.7	13.0 [^]	10.5 [^]	11.9	14.4 [#]	14.9 [#]	15.6 ^{##}	16.1	13.0	13.1	14.0	14.6
1	77.5 [*]	76.8 [*]	75.9 [*]	76.1	62.2	62.3	69.0	67.6 ^{##}	63.9 ^{###}	65.0 ^{###}	65.3 [#]	70.2	67.8	68.3	68.3
2	12.3	12.1 [*]	11.2 [*]	10.2	23.3 [^]	25.7	17.4	16.9	19.8 ^{##}	18.4 ^{##}	17.2	15.8	17.7	16.4	15.2
3 or 4	0.8 [^]	1.6 [^]	2.2 [^]	2.9 [^]	1.6 [^]	1.6 [^]	1.7 [^]	1.0 [^]	1.3 [^]	1.1 [^]	1.4 [^]	1.0 [^]	1.4 [^]	1.4 [^]	1.9 [^]
Median number of different Vegetables per day	0.9	0.9	0.9	0.9	1.0	1.0	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
Median number of different Vegetables per week ^{bc}	4.3	4.4	4.3	4.2	4.6	4.6	4.5	3.9	4.1	4.1	3.9	4.1	4.2	4.2	4.1
Number of Fruits Served per Day ^f															
0	10.6	10.7	10.5	13.8	20.1 [^]	15.9 [^]	8.8 ^{††}	18.4 [#]	19.7 [#]	18.2 [#]	20.9	16.3	16.8	15.3	18.9
1	88.1 [*]	87.2	87.5	84.8	78.6 [^]	82.5	89.2 ^{†††}	77.9 ^{##}	75.8 ^{##}	75.5 ^{##}	74.6	80.8	79.5	79.9	77.5
2	1.1 [^]	1.8 [^]	1.6 [^]	1.1 [^]	1.0 [^]	1.3 ^{††^}	1.6 ^{††^}	3.4 [^]	4.3 ^{#^}	6.0 [#]	4.1 ^{#^}	2.7 [^]	3.4	4.4	3.2 [^]
3 or 4	0.2 [^]	0.3 [^]	0.4 [^]	0.3 [^]	0.3 [^]	0.3 [^]	0.4 [^]	0.3 [^]	0.2 [^]	0.3 [^]	0.5 [^]	0.3 [^]	0.2 [^]	0.3 [^]	0.4 [^]
Median number of different Fruits per day	0.9	0.9	0.9	0.9	0.8	0.8	0.9	0.8	0.8	0.8	0.8	0.8	0.8	0.9	0.8
Median number of different Fruits per week ^{bc}	3.8	3.8	3.8	3.7	3.5	3.7	3.8	3.7	3.4	3.5	3.4	3.7	3.5	3.6	3.5

	Mean Percentage of Daily CACFP Lunch Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of 100% Fruit Juices Served per Day															
0	99.5 ^a	99.5 ^a	99.5 ^a	98.0 ^a	100.0 ^a	99.5 ^a	99.4 ^a	99.1 ^a	98.8 ^a	98.8 ^a	99.5 ^a	99.3 ^a	99.1 ^a	99.1 ^a	99.1 ^a
1 or 2	0.5 ^a	0.5 ^a	0.5 ^a	2.0 ^a	0.0 ^a	0.5 ^a	0.6 ^a	0.9 ^a	1.2 ^a	1.2 ^a	0.5 ^a	0.7 ^a	0.9 ^a	0.9 ^a	0.9 ^a
Median number of different 100% Fruit Juices per day	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Median number of different 100% Fruit Juices per week ^{bc}	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Number of Combination Entrees/ Meat/ Meat Alternates Served per Day ^g															
0	0.8 ^a	0.8 ^a	1.1 ^a	1.5 ^a	4.6 ^a	0.6 ^a	0.9 ^a	1.4 ^a	1.0 ^a	1.0 ^a	0.5 ^a	1.3 ^a	0.9 ^a	1.0 ^a	0.8 ^a
1	94.1 ^a	93.5	92.6	91.2 ^a	91.6 ^a	95.3 ^a	94.6	94.0 ^a	93.9 ^a	94.3	94.6 ^a	94.0	93.9	93.9	93.7 ^a
2	4.4 ^a	5.1 ^a	5.7	6.2 ^a	3.7 ^a	4.1 ^a	4.5 ^a	4.0 ^a	4.5 ^a	4.3 ^a	4.4 ^a	4.1	4.7	4.7	4.9 ^a
3 or 4	0.6 ^a	0.6 ^a	0.6 ^{aa}	1.2 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.6 ^a	0.5 ^a	0.4 ^a	0.4 ^a	0.6 ^a	0.5 ^a	0.4 ^a	0.6 ^a
Median number of different Combination Entrees/ Meat/ Meat Alternates per day	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
Median number of different Combination Entrees/ Meat/ Meat Alternates per week ^{bc}	4.6	4.6	4.6	4.6	4.5	4.6	4.6	4.4	4.6	4.5	4.5	4.5	4.6	4.5	4.5
Number of Separate Grains/Breads Served per Day ^h															
0	60.5	60.8	60.4	59.5	58.0 [†]	55.9	58.5 [†]	48.5 ^{##}	51.3 ^{##}	51.5 [#]	50.2	52.1	54.3	54.5	52.8
1	38.2	37.5	37.9	39.0	41.2 [†]	42.9	40.5 [†]	50.4 ^{##}	47.6 ^{##}	46.7 ^{##}	47.9 [#]	46.7	44.3	43.8	45.4
2 or 3	1.3 ^a	1.7 ^a	1.7 ^{aa}	1.5 ^a	0.8 ^a	1.2 ^a	0.9 ^a	1.2 ^a	1.2 ^a	1.8 ^a	1.8 ^a	1.2 ^a	1.3 ^a	1.7 ^a	1.7 ^a
Median number of different Grains/Breads per day	0.3	0.3	0.4	0.4	0.3	0.4	0.4	0.5	0.4	0.4	0.5	0.4	0.4	0.4	0.4
Median number of different Grains/Breads per week ^{bc}	1.0	1.1	1.1	0.9	1.3	1.3	1.3	1.5	1.4	1.4	1.6	1.3	1.3	1.3	1.4
Number of Other Menu Items Served per Day ⁱ															
0	87.3	88.0	88.0	86.3	89.9 ^a	87.6 ^a	84.1	81.4	83.1	80.9	74.2	83.3	84.7	83.1	77.6
1	12.6 ^a	11.9	11.9	13.5 ^a	10.1 ^a	12.4 ^a	15.6	18.6	16.8	19.0	25.3	16.7	15.2	16.8	22.0
2	0.1 ^a	0.1 ^a	0.1 ^a	0.2 ^a	0.0 ^a	0.0 ^a	0.3 ^a	0.0 ^a	0.1 ^a	0.1 ^a	0.5 ^a	0.0 ^a	0.1 ^a	0.1 ^a	0.4 ^a
Median number of different other menu items per day	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Median number of different other menu items per week ^{bc}	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Number of Daily Lunch Menus	767	914	1,029	459	243	316	1,057	621	774	900	378	1,631	2,004	2,986	837
Number of Early Child Care Programs	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table reports the number of different types of foods offered within a given food category (i.e. number of different types of Milks, number of different types of Vegetables, etc.).

^aIncludes differences in fat content, flavors, or both.

^bDifferences in medians were not tested for statistical significance.

^cIncludes only programs that provided menu information for five days for a meal and age group.

^dVegetables and fruits (including 100% fruit or vegetable juices) not included in combination entrées.

^eVegetables served separately (not included in combination entrées); includes 100% vegetable juice.

^fIncludes whole fruits (fresh, canned, or dried) not included in combination entrées; excludes 100% fruit juice.

^gIncludes meats and meat alternates as well as combination entrées which include two or more CACFP meal components.

^hGrains and breads not included in combination entrées or served solely with a specific menu item; includes creditable grain-based desserts. All varieties of cold cereal, including sweetened and unsweetened cereals, were counted as one grain/bread choice.

ⁱIncludes non-creditable grain-based desserts, dairy-based, and other desserts, and other non-creditable items such as fruit drinks (not 100 percent juice); non-vegetable/non-entrée soups; and other items.

CACFP= Child and Adult Care Food Program.

Table D.3.3 Variety in CACFP Suppers Served in Early Child Care Programs

	Mean Percentage of Daily CACFP Supper Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Types of Milk Served per Day ^a															
0	0.0 [^]	0.0 [^]	0.0 [^]	4.4 [^]	--	0.0 [^]	15.0 [^]	1.0 [^]	1.8 [^]	1.5 ^{#^}	2.3 [^]	0.9 [^]	1.6 [^]	1.5 [^]	2.6 [^]
1	100.0 [^]	100.0 [^]	95.8 [^]	82.4 [^]	--	100.0 [^]	62.9 [^]	99.0 [^]	96.3 [^]	97.3 [^]	97.7 [^]	99.1 [^]	96.8 [^]	96.8 [^]	96.1 [^]
2	0.0 [^]	0.0 [^]	0.0 [^]	9.3 [^]	--	0.0 [^]	22.1 [^]	0.0 [^]	1.9 [^]	1.2 [^]	0.0 [^]	0.0 [^]	1.7 [^]	1.3 [^]	1.0 [^]
3	0.0 [^]	0.0 [^]	4.2 [^]	3.9 [^]	--	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.5 [^]	0.4 [^]
Median number of different Milks per day	1.0 [^]	1.0 [^]	1.0 [^]	0.9 [^]	--	1.0 [^]	0.6 [^]	0.7	0.9	0.9	0.9	0.7	0.9	0.9	0.9
Median number of different Milks per week ^{bc}	1.0 [^]	1.0 [^]	1.0 [^]	1.0 [^]	--	1.0 [^]	1.0 [^]	1.0 [^]	1.0 [^]	1.0	1.0 [^]	1.0 [^]	1.0 [^]	1.0	1.0
Number of Fruits/Vegetables/100% Juices Served per Day ^d															
0	3.2 [^]	4.3 [^]	4.0 [^]	3.7 [^]	--	0.0 [^]	15.0 [^]	6.4 [^]	1.3 [^]	5.6 [^]	4.8 [^]	6.0 [^]	1.6 [^]	5.5 [^]	4.7 [^]
1	20.8 [^]	16.5 ^{****^}	16.7 ^{****^}	19.9 [^]	--	0.0 ^{†††^}	4.1 ^{†††^}	23.1 [^]	19.9 [^]	23.6	15.2 [^]	22.8 [^]	19.4 [^]	22.6	15.7 [^]
2	64.8 [^]	66.4 [^]	66.6 [^]	68.8 [^]	--	81.9 [^]	69.1 [^]	63.3	68.5	59.8	68.5	63.5	68.3	60.7	68.6
3	10.3 [^]	12.0 [^]	11.8 [^]	6.8 [^]	--	18.1 [^]	11.7 [^]	6.2 [^]	8.9 [^]	7.8 [^]	7.9 [^]	6.7 [^]	9.3 [^]	8.3 [^]	7.8 [^]
4 or 5	0.9 [^]	0.9 [^]	0.8 [^]	0.8 [^]	--	0.0 ^{†^}	0.0 ^{†^}	1.0 [^]	1.5 [^]	3.3 [^]	3.6 [^]	1.0 [^]	1.4 [^]	3.0 [^]	3.3 [^]
Median number of different Fruits/Vegetables/100% Juices per day	1.6 [^]	1.7 [^]	1.7 [^]	1.7 [^]	--	2.0 [^]	1.1 [^]	1.7	1.9	1.8	1.9	1.7	1.8	1.8	1.9
Median number of different Fruits/Vegetables/100% Juices per week ^{bc}	7.1 [^]	7.4 [^]	7.4 [^]	7.3 [^]	--	6.0 [^]	6.8 [^]	6.7 [^]	7.5 [^]	7.7	8.0 [^]	6.9 [^]	7.5 [^]	7.6	7.9
Number of Vegetables Served per Day ^e															
0	24.3 [^]	21.0 ^{****^}	20.1 [^]	24.6 [^]	--	0.0 ^{†††^}	19.1 [^]	26.1	21.0 [^]	27.4	15.3 [^]	25.9	20.9 [^]	26.5	16.3 [^]
1	56.5 [^]	58.2 [^]	60.0 [^]	62.1 [^]	--	81.9 [^]	69.1 [^]	52.4	58.5	50.3	61.8	52.9	58.6	51.6	61.8
2	19.2 [^]	19.0 [^]	17.5 [^]	11.0 [^]	--	18.1 [^]	11.7 [^]	20.8 [^]	19.8 [^]	21.8	22.7	20.6 [^]	19.7 [^]	21.2	21.4
3	0.0 [^]	1.7 [^]	2.4 [^]	2.2 [^]	--	0.0 [^]	0.0 [^]	0.7 [^]	0.6 [^]	0.5 [^]	0.3 [^]	0.6 [^]	0.8 [^]	0.7 [^]	0.5 [^]
Median number of different Vegetables per day	0.7 [^]	0.8 [^]	0.8 [^]	0.8 [^]	--	1.0 [^]	0.5 [^]	0.9	0.9	0.9	0.9	0.8	0.9	0.9	0.9
Median number of different Vegetables per week ^{bc}	2.9 [^]	3.3 [^]	3.4 [^]	3.4 [^]	--	3.0 [^]	3.8 [^]	3.2 [^]	3.6 [^]	3.6	4.5 [^]	3.1 [^]	3.5 [^]	3.6	4.2
Number of Fruits Served per Day ^f															
0	13.3 [^]	16.0 [^]	16.3 [^]	14.9 [^]	--	0.0 ^{†††^}	15.0 [^]	30.6	20.8 [^]	28.3	27.5	28.6	20.1 [^]	26.9	26.2
1	84.3 [^]	81.6 ^{**^}	81.4 [^]	83.1 [^]	--	100.0 ^{†††^}	85.0 [^]	63.6 [#]	70.0	61.3 [#]	64.9	66.1	71.7	63.8	66.8
2	1.5 [^]	1.5 [^]	1.4 [^]	1.3 [^]	--	0.0 ^{†††^}	0.0 ^{††^}	5.8 [^]	9.2 ^{##^}	8.9 ^{#^}	6.3 ^{##^}	5.3 [^]	8.1 [^]	8.0 [^]	5.8 [^]
3	0.9 [^]	0.9 [^]	0.8 [^]	0.8 [^]	--	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	1.5 [^]	1.3 [^]	0.1 [^]	0.1 [^]	1.4 [^]	1.2 [^]
Median number of different Fruits per day	0.9 [^]	0.9 [^]	0.9 [^]	0.8 [^]	--	1.0 [^]	0.4 [^]	0.8	0.9	0.8	0.8	0.8	0.9	0.8	0.8
Median number of different Fruits per week ^{bc}	3.6 [^]	3.5 [^]	3.4 [^]	3.4 [^]	--	2.1 [^]	2.5 [^]	3.1 [^]	2.8 [^]	3.2	3.2 [^]	3.2 [^]	3.0 [^]	3.3	3.2

	Mean Percentage of Daily CACFP Supper Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of 100% Fruit Juices Served per Day															
0	100.0 ^a	100.0 ^a	100.0 ^a	97.7 ^a	--	100.0 ^a	100.0 ^a	99.0 ^a	98.9 ^a	99.2 ^a	99.1 ^a	99.1 ^a	99.1 ^a	99.3 ^a	98.9 ^a
1	0.0 ^a	0.0 ^a	0.0 ^a	2.3 ^a	--	0.0 ^a	0.0 ^a	1.0 ^a	1.1 ^a	0.8 ^a	0.9 ^a	0.9 ^a	0.9 ^a	0.7 ^a	1.1 ^a
Median number of different 100% Fruit Juices per day	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^a	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Median number of different 100% Fruit Juices per week ^{bc}	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0	0.0 ^a	0.0 ^a	0.0 ^a	0.0	0.0
Number of Combination Entrees/ Meat/ Meat Alternates Served per Day ^g															
0	0.0 ^a	0.0 ^a	0.0 ^a	1.8 ^a	--	0.0 ^a	0.0 ^{†a}	3.5 ^{#a}	3.1 ^a	1.4 ^{#a}	0.8 ^a	3.1 ^a	2.7 ^a	1.3 ^a	0.9 ^a
1	98.8 ^a	97.3 ^a	97.5 ^a	94.6 ^a	--	100.0 ^{†††a}	95.9 ^a	91.9 ^{##a}	88.9 ^{##a}	93.2 ^{#a}	94.8 ^a	92.8 ^a	90.1 ^a	93.7 ^a	94.8 ^a
2	1.2 ^a	2.7 ^a	2.5 ^a	3.6 ^a	--	0.0 ^{†††a}	4.1 ^a	4.6 ^a	8.0 ^{#a}	5.3 ^a	4.4 ^a	4.2 ^a	7.2 ^a	5.0 ^a	4.3 ^a
Median number of different Combination Entrees/ Meat/ Meat Alternates per day	1.0 ^a	1.0 ^a	1.0 ^a	0.9 ^a	--	1.0 ^a	1.0 ^a	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
Median number of different Combination Entrees/ Meat/ Meat Alternates per week ^{bc}	4.4 ^a	4.5 ^a	4.5 ^a	4.3 ^a	--	3.0 ^a	3.4 ^a	4.4 ^a	4.5 ^a	4.6	4.6 ^a	4.4 ^a	4.5 ^a	4.5	4.5
Number of Separate Grains/Breads Served per Day ^h															
0	56.0 ^a	57.8 ^a	57.2 ^a	60.2 ^a	--	43.9 ^a	44.8 ^a	38.9	53.1	42.0	37.6 [#]	40.9	53.7	43.7	40.0
1	44.0 ^a	42.2 ^a	42.8 ^a	39.8 ^a	--	47.1 ^a	51.3 ^a	58.6	43.7	54.2	59.3 [#]	56.8	43.5	52.9	57.2
2 or 3	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	9.0 ^a	3.8 ^a	2.6 ^a	3.1 ^a	3.8 ^{#a}	3.1 ^{#a}	2.2 ^a	2.8 ^a	3.4 ^a	2.7 ^a
Median number of different Grains/Breads per day	0.4 ^a	0.3 ^a	0.4 ^a	0.3 ^a	--	0.2 ^a	0.3 ^a	0.6	0.5	0.6	0.6	0.6	0.5	0.6	0.6
Median number of different Grains/Breads per week ^{bc}	1.3 ^a	1.2 ^a	1.2 ^a	1.4 ^a	--	1.0 ^a	1.4 ^a	1.9 ^a	1.8 ^a	2.2	2.2 ^a	1.8 ^a	1.7 ^a	2.1	2.1
Number of Other Menu Items Served per Day ⁱ															
0	68.4 ^a	64.4 ^{*a}	66.5 ^a	73.0 ^a	--	100.0 ^{†a}	85.0 ^a	79.2 ^a	85.4 ^a	75.0	77.6	77.9 ^a	82.7 ^a	74.1	77.1
1	31.6 ^a	35.6 ^{*a}	33.5 ^a	27.0 ^a	--	0.0 ^{†a}	15.0 ^a	20.8 ^a	14.6 ^a	24.9	21.8	22.1 ^a	17.3 ^a	25.7	22.3
2	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.2 ^a	0.6 ^a	0.0 ^a	0.0 ^a	0.1 ^a	0.5 ^a
Median number of different other menu items per day	0.0 ^a	0.1 ^a	0.1 ^a	0.0 ^a	--	0.0 ^a	0.0 ^a	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Median number of different other menu items per week ^{bc}	0.2 ^a	0.2 ^a	0.2 ^a	0.0 ^a	--	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0	0.0 ^a	0.0 ^a	0.0 ^a	0.0	0.0
Number of Daily Supper Menus	64	66	76	79	0	10	20	176	193	265	244	240	269	361	323
Number of Early Child Care Programs	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table reports the number of different types of foods offered within a given food category (i.e. number of different types of Milks, number of different types of Vegetables, etc.).

^aIncludes differences in fat content, flavors, or both.

^bDifferences in medians were not tested for statistical significance.

^cIncludes only programs that provided menu information for five days for a meal and age group.

^dVegetables and fruits (including 100% fruit or vegetable juices) not included in combination entrées.

^eVegetables served separately (not included in combination entrées); includes 100% vegetable juice.

^fIncludes whole fruits (fresh, canned, or dried) not included in combination entrées; excludes 100% fruit juice.

^gIncludes meats and meat alternates as well as combination entrées which include two or more CACFP meal components.

^hGrains and breads not included in combination entrées or served solely with a specific menu item; includes creditable grain-based desserts. All varieties of cold cereal, including sweetened and unsweetened cereals, were counted as one grain/bread choice.

ⁱIncludes non-creditable grain-based desserts, dairy-based, and other desserts, and other non-creditable items such as fruit drinks (not 100 percent juice); non-vegetable/non-entrée soups; and other items.

CACFP= Child and Adult Care Food Program.

Table D.3.4 Variety in CACFP Suppers Served in Before and After School Programs

	Mean Percentage of Daily CACFP Supper Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Number of Types of Milk Served per Day ^a						
0	0.0 [^]	0.0 [^]	1.4 [^]	0.7 [^]	1.3 [^]	0.7 [^]
1	95.9 ^{****^}	88.2 ^{****^}	52.7	45.8	53.8 [^]	47.4
2	4.1 ^{**^}	11.8 ^{****^}	31.3	41.8	30.6 [^]	40.7
3	0.0 [^]	0.0 ^{*^}	10.7 [^]	8.8 [^]	10.4 [^]	8.5 [^]
4	0.0 [^]	0.0 [^]	4.0 [^]	2.9 [^]	3.9 [^]	2.8 [^]
Median number of different Milks per day	1.0 [^]	1.0 [^]	1.1	1.6	1.1 [^]	1.6
Median number of different Milks per week ^{bc}	1.0 [^]	1.0 [^]	1.3 [^]	1.3	1.3 [^]	1.3
Number of Fruits/Vegetables/100% Juices Served per Day ^d						
0	0.0 [^]	0.5 [^]	0.8 [^]	0.7 [^]	0.8 [^]	0.7 [^]
1	10.7 [^]	14.0 [^]	10.5 [^]	8.6 [^]	10.5 [^]	8.8 [^]
2	66.1 [^]	77.9 [^]	72.1	72.7	72.0 [^]	72.9
3	14.9 [^]	6.0 ^{*^}	11.7 [^]	11.8	11.8 [^]	11.6 [^]
4	8.4 [^]	1.6 [^]	3.0 [^]	3.7 [^]	3.2 [^]	3.7 [^]
5 or more	0.0 [^]	0.0 [^]	1.8 [^]	2.5 [^]	1.7 [^]	2.4 [^]
Median number of different Fruits/Vegetables/100% Juices per day	2.0 [^]	1.9 [^]	1.9	1.9	1.9 [^]	1.9
Median number of different Fruits/Vegetables/100% Juices per week ^{bc}	8.8 [^]	8.5 [^]	8.4 [^]	8.2	8.5 [^]	8.3
Number of Vegetables Served per Day ^e						
0	9.8 ^{**^}	9.5 [^]	26.1	20.2	25.6 [^]	19.8
1	68.1 [^]	77.5 [^]	66.0	69.4	66.1 [^]	69.7
2	22.0 [^]	13.0 [^]	7.9 [^]	9.2 [^]	8.3 [^]	9.3 [^]
3 or 4	0.0 [^]	0.0 [^]	0.0 [^]	1.2 [^]	0.0 [^]	1.2 [^]
Median number of different Vegetables per day	1.0 [^]	0.9 [^]	0.8	0.9	0.8 [^]	0.9
Median number of different Vegetables per week ^{bc}	3.9 [^]	4.1 [^]	3.3 [^]	3.5	3.4 [^]	3.6
Number of Fruits Served per Day ^f						
0	4.1 [^]	12.7 [^]	14.9 [^]	14.8	14.6 [^]	14.7
1	84.2 [^]	85.3 [^]	70.4	73.2	70.7 [^]	73.6
2	11.7 [^]	2.1 [^]	14.0 [^]	9.3 [^]	14.0 [^]	9.1 [^]
3 to 5	0.0 [^]	0.0 [^]	0.7 [^]	2.7 [^]	0.7 [^]	2.6 [^]
Median number of different Fruits per day	0.9 [^]	0.9 [^]	0.9	0.9	0.9 [^]	0.9
Median number of different Fruits per week ^{bc}	4.1 [^]	3.6 [^]	3.7 [^]	3.7	3.7 [^]	3.7

	Mean Percentage of Daily CACFP Supper Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Number of 100% Fruit Juices Served per Day						
0	98.8 ^{****A}	98.9 ^{****A}	76.1	76.9	76.7 ^A	77.7
1	1.2 ^{****A}	1.1 ^{****A}	19.0 ^A	18.9	18.5 ^A	18.2
2	0.0 ^A	0.0 ^A	5.0 ^A	3.5 ^A	4.8 ^A	3.4 ^A
3 or 4	0.0 ^A	0.0 ^A	0.0 ^A	0.7 ^A	0.0 ^A	0.7 ^A
Median number of different 100% Fruit Juices per day	0.0 ^A	0.0 ^A	0.0	0.0	0.0 ^A	0.0
Median number of different 100% Fruit Juices per week ^{bc}	0.0 ^A	0.0 ^A	0.0 ^A	0.0	0.0 ^A	0.0
Number of Combination Entrees/ Meat/ Meat Alternates Served per Day ^g						
0	1.0 ^A	0.4 ^A	2.4 ^A	1.5 ^A	2.3 ^A	1.5 ^A
1	92.9 ^A	95.7 ^{***A}	82.4 ^A	80.6	82.7 ^A	81.1
2	6.2 ^A	3.4 ^{***A}	14.9 ^A	15.5	14.7 ^A	15.1
3 or more	0.0 ^A	0.5 ^A	0.3 ^A	2.4 ^A	0.3 ^A	2.3 ^A
Median number of different Combination Entrees/ Meat/ Meat Alternates per day	0.9 ^A	0.9 ^A	0.9	1.0	0.9 ^A	1.0
Median number of different Combination Entrees/ Meat/ Meat Alternates per week ^{bc}	5.0 ^A	4.6 ^A	4.4 ^A	4.6	4.5 ^A	4.6
Number of Separate Grains/Breads Served per Day ^h						
0	61.7 ^A	57.4 ^A	61.5	62.0	61.5 ^A	61.8
1	37.2 ^A	40.2 ^A	38.2	36.6	38.1 ^A	36.7
2	1.2 ^A	2.4 ^A	0.3 ^A	1.4 ^A	0.3 ^A	1.5 ^A
Median number of different Grains/Breads per day	0.4 ^A	0.4 ^A	0.3	0.3	0.3 ^A	0.3
Median number of different Grains/Breads per week ^{bc}	1.2 ^A	1.2 ^A	1.1 ^A	0.9	1.1 ^A	1.0
Number of Other Menu Items Served per Day ⁱ						
0	85.2 ^A	86.6 ^{***A}	93.7 ^A	94.7 ^A	93.5 ^A	94.4 ^A
1	14.8 ^A	13.4 ^{***A}	5.8 ^A	5.1 ^A	6.1 ^A	5.4 ^A
2	0.0 ^A	0.0 ^A	0.5 ^A	0.2 ^A	0.5 ^A	0.2 ^A
Median number of different other menu items per day	0.0 ^A	0.0 ^A	0.0	0.0	0.0 ^A	0.0
Median number of different other menu items per week ^{bc}	0.2 ^A	0.0 ^A	0.0 ^A	0.0	0.0 ^A	0.0
Number of Daily Supper Menus	57	134	217	448	274	582
Number of Before and After School Programs	12	28	47	100	59	128

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. This table reports the number of different types of foods offered within a given food category (i.e. number of different types of Milks, number of different types of Vegetables, etc.).

^aIncludes differences in fat content, flavors, or both.

^bDifferences in medians were not tested for statistical significance.

^cIncludes only programs that provided menu information for five days for a meal and age group.

^dVegetables and fruits (including 100% fruit or vegetable juices) not included in combination entrées.

^eVegetables served separately (not included in combination entrées); includes 100% vegetable juice.

^fIncludes whole fruits (fresh, canned, or dried) not included in combination entrées; excludes 100% fruit juice.

^gIncludes meats and meat alternates as well as combination entrées which include two or more CACFP meal components.

^hGrains and breads not included in combination entrées or served solely with a specific menu item; includes creditable grain-based desserts. All varieties of cold cereal, including sweetened and unsweetened cereals, were counted as one grain/bread choice.

ⁱIncludes non-creditable grain-based desserts, dairy-based, and other desserts, and other non-creditable items such as fruit drinks (not 100 percent juice); non-vegetable/non-entrée soups; and other items.

CACFP= Child and Adult Care Food Program.

Table D.3.5 Variety in CACFP Morning Snacks Served in Early Child Care Programs

	Mean Percentage of Daily CACFP Morning Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Types of Milk Served per Day ^a															
0	42.8 [^]	44.6 [^]	44.9 [^]	55.7 [^]	36.9 [^]	25.4 [^]	25.2 [^]	31.8	38.8	30.5	21.1 ^{##^}	32.8	39.3	31.8	24.6
1	53.7 [^]	50.1 [^]	50.4 [^]	36.2 [^]	63.1 [^]	74.6 [^]	74.8 [^]	67.1	59.0	67.5	78.9 ^{###^}	65.9	58.2	66.0	74.6
2	3.4 [^]	5.3 [^]	4.7 [^]	8.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	1.0 [^]	2.0 [^]	1.7 [^]	0.0 [^]	1.2 [^]	2.3 [^]	2.0 [^]	0.8 [^]
3	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.3 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.2 [^]	0.0 [^]
Median number of different Milks per day	0.6 [^]	0.5 [^]	0.4 [^]	0.3 [^]	0.2 [^]	0.3 [^]	0.8 [^]	0.8	0.7	0.8	0.8	0.8	0.7	0.8	0.8
Median number of different Milks per week ^{bc}	0.4 [^]	0.5 [^]	0.5 [^]	0.5 [^]	0.0 [^]	0.3 [^]	0.4 [^]	0.4	0.4	0.5	0.5 [^]	0.4	0.4	0.5	0.5 [^]
Number of Fruits/Vegetables/100% Juices Served per Day ^d															
0	45.4 ^{****^}	41.7 [^]	42.0 [^]	42.1 [^]	7.4 ^{†^}	36.3 [^]	34.4 [^]	24.7 ^{##}	27.2 [#]	24.5 ^{##}	36.2	26.4	28.7	26.4	36.8
1	48.6 ^{***^}	52.1 [^]	48.2 [^]	41.1 [^]	85.3 [^]	58.7 [^]	55.4 [^]	68.5 ^{##}	64.9 ^{##}	65.4 ^{###}	54.4	66.8	63.6	63.6	53.1
2	6.0 [^]	6.2 [^]	9.6 [^]	16.8 [^]	0.0 ^{††^}	0.0 ^{†††^}	6.6 [^]	5.6 [^]	6.1 [^]	8.0 [^]	7.5 [^]	5.6 [^]	6.1 [^]	8.2 [^]	8.4 [^]
3	0.0 [^]	0.0 [^]	0.3 [^]	0.0 [^]	7.4 [^]	5.1 [^]	3.6 [^]	1.3 [^]	1.7 [^]	2.1 [^]	1.9 [^]	1.2 [^]	1.6 [^]	1.9 [^]	1.7 [^]
Median number of different Fruits/Vegetables/100% Juices per day	0.5 [^]	0.6 [^]	0.6 [^]	0.4 [^]	1.0 [^]	0.4 [^]	0.9 [^]	0.8	0.8	0.8	0.7	0.8	0.8	0.8	0.7
Median number of different Fruits/Vegetables/100% Juices per week ^{bc}	2.1 [^]	2.3 [^]	2.2 [^]	2.0 [^]	5.0 [^]	2.0 [^]	3.4 [^]	2.8	3.1	2.9	2.0 [^]	2.7	3.0	2.8	2.0 [^]
Number of Combination Entrees/ Meat/ Meat Alternates Served per Day ^e															
0	80.4 [^]	78.2 [^]	76.5 [^]	76.6 [^]	62.7 [^]	74.3 [^]	70.1 [^]	60.3 ^{##}	61.4 ^{##}	55.4 ^{##}	59.1	62.0	63.2	57.7	60.9
1	18.6 [^]	20.9 [^]	22.7 [^]	21.9 [^]	37.3 [^]	25.7 [^]	29.9 [^]	38.2 ^{##}	37.3 ^{##}	41.8 ^{##}	38.1	36.5	35.6	39.8	36.5
2	1.0 [^]	0.8 [^]	0.8 [^]	1.5 [^]	0.0 [^]	0.0 [^]	0.0 ^{†^}	1.5 [^]	1.3 [^]	2.8 [^]	2.7 [^]	1.5 [^]	1.2 [^]	2.5 [^]	2.6 [^]
Median number of different Combination Entrees/ Meat/ Meat Alternates per day	0.1 [^]	0.1 [^]	0.1 [^]	0.0 [^]	0.1 [^]	0.0 [^]	0.2 [^]	0.3	0.3	0.4	0.3	0.3	0.3	0.4	0.3
Median number of different Combination Entrees/ Meat/ Meat Alternates per week ^{bc}	0.4 [^]	0.5 [^]	0.8 [^]	0.4 [^]	1.0 [^]	0.4 [^]	0.7 [^]	1.0	0.7	1.2	0.9 [^]	0.9	0.7	1.1	0.8 [^]
Number of Separate Grains/Breads Served per Day ^f															
0	15.1 [^]	17.3 [^]	15.1 [^]	18.1 [^]	29.5 [^]	20.3 [^]	33.8 [^]	27.5	25.0	26.6	30.0	26.4	24.2	25.6	28.8
1	83.4 [^]	80.9 [^]	82.7 [^]	76.4 [^]	70.5 [^]	79.7 [^]	66.2 [^]	71.8	73.9	70.6	65.6	72.8	74.7	71.7	66.7
2 or 3	1.4 [^]	1.7 [^]	2.2 [^]	5.5 [^]	0.0 [^]	0.0 ^{†^}	0.0 [^]	0.7 [^]	1.1 [^]	2.8 [^]	4.4 [^]	0.8 [^]	1.1 [^]	2.7 [^]	4.5 [^]
Median number of different Grains/Breads per day	0.8 [^]	0.8 [^]	0.8 [^]	0.8 [^]	0.4 [^]	0.5 [^]	0.6 [^]	0.8	0.8	0.8	0.7	0.8	0.8	0.8	0.7
Median number of different Grains/Breads per week ^{bc}	3.6 [^]	3.3 [^]	3.4 [^]	4.0 [^]	1.1 [^]	1.5 [^]	2.1 [^]	2.6	2.7	2.5	2.4 [^]	2.7	2.7	2.6	2.5 [^]

	Mean Percentage of Daily CACFP Morning Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Other Menu Items Served per Day ^g															
0	64.3 ^a	63.3 ^a	60.3 ^a	65.4 ^a	60.9 ^a	73.1 ^a	73.2 ^a	61.7	61.9	65.7	61.1	61.9	62.1	65.3	61.5
1	34.6 ^a	35.7 ^a	38.5 ^a	32.9 ^a	39.1 ^a	26.9 ^a	26.8 ^a	37.9	37.5	33.8	38.6	37.7	37.3	34.2	38.0
2	1.1 ^a	1.0 ^a	1.2 ^a	1.7 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.4 ^a	0.6 ^a	0.5 ^a	0.3 ^a	0.5 ^a	0.6 ^a	0.6 ^a	0.4 ^a
Median number of different other menu items per day	0.1 ^a	0.1 ^a	0.2 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.1	0.0	0.0	0.1	0.1	0.1	0.0	0.0
Median number of different other menu items per week ^{bc}	0.2 ^a	0.2 ^a	0.1 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.2	0.2	0.1	0.3 ^a	0.2	0.2	0.1	0.3 ^a
Number of Daily Morning Snack Menus	95	121	131	55	14	19	66	345	432	477	200	454	572	674	255
Number of Early Child Care Programs	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table reports the number of different types of foods offered within a given food category (i.e. number of different types of Milks, number of different types of Fruits/Vegetables/100% Juices, etc.).

^aIncludes differences in fat content, flavors, or both.

^bDifferences in medians were not tested for statistical significance.

^cIncludes only programs that provided Menu Survey information for five days for a meal and age group.

^dVegetables and fruits (including 100% fruit or vegetable juices) not included in combination entrées.

^eIncludes meats and meat alternates as well as combination entrées which include two or more CACFP meal components.

^fGrains and breads not included in combination entrées or served solely with a specific menu item; does not include grain-based desserts.

^gIncludes grain-based, dairy-based, and other desserts (which may or may not be creditable); and other non-creditable items such as fruit drinks (not 100 percent juice); non-vegetable/non-entrée soups; and other items

CACFP= Child and Adult Care Food Program.

Table D.3.6 Variety in CACFP Afternoon Snacks Served in Early Child Care Programs

	Mean Percentage of Daily CACFP Afternoon Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Types of Milk Served per Day ^a															
0	60.9	60.5	60.7	66.3	59.5	65.6 ^{††}	53.4 ^{††}	46.1 ^{##}	49.5 [#]	38.2 ^{###}	35.0 ^{###}	51.1	53.7	46.0	44.4
1	38.2	38.5	38.4	32.9	39.6	33.6 [†]	44.1 ^{††}	53.9 ^{##}	49.3 [#]	60.8 ^{###}	64.7 ^{###}	48.6	45.1	52.9	55.1
2 or 3	0.8 [^]	1.0 [^]	0.9 [^]	0.8 [^]	0.9 [^]	0.8 [^]	2.5 [^]	0.0 [^]	1.3 [^]	1.0 [^]	0.3 [^]	0.3 [^]	1.2 [^]	1.1 [^]	0.4 [^]
Median number of different Milks per day	0.2	0.2	0.3	0.1	0.3	0.2	0.4	0.5	0.5	0.8	0.8	0.4	0.4	0.5	0.5
Median number of different Milks per week ^{bc}	0.3	0.3	0.3	0.2	0.3 [^]	0.3	0.4	0.4	0.4	0.4	0.4	0.3	0.3	0.4	0.4
Number of Fruits/Vegetables/100% Juices Served per Day ^d															
0	42.4	41.1	39.4	39.5	44.9 ^{†††}	38.0 [†]	37.5 [†]	28.7 ^{###}	29.3 ^{##}	29.0 ^{###}	28.9 [#]	33.4	33.5	32.7	32.1
1	54.0	54.4	54.7	55.5	51.0 [†]	57.2	58.1	64.5 [#]	62.4 [#]	60.4	57.8	60.9	59.6	58.6	57.1
2	3.1 [^]	4.0 [^]	5.0	4.1 [^]	4.1 [^]	4.5 [^]	3.5 ^{†^}	5.2 [^]	6.7 [^]	8.0	10.9 [#]	4.5 [^]	5.7	6.7	8.8
3 or 4	0.5 [^]	0.4 [^]	0.9 [^]	1.0 [^]	0.0 ^{†^}	0.3 [^]	0.9 [^]	1.6 [^]	1.6 [^]	2.6 [^]	2.4 [^]	1.2 [^]	1.2 [^]	2.0 [^]	1.9 [^]
Median number of different Fruits/Vegetables/100% Juices per day	0.6	0.6	0.6	0.6	0.6	0.6	0.7	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8
Median number of different Fruits/Vegetables/100% Juices per week ^{bc}	2.1	2.2	2.3	2.1	2.6 [^]	2.8	2.8	3.0	3.1	3.2	3.0	2.5	2.7	2.7	2.6
Number of Combination Entrees/ Meat/ Meat Alternates Served per Day ^e															
0	71.3	69.6	70.6	69.5	69.2	64.7	66.2	68.8	63.6	63.4 [#]	61.7	69.6	65.6	65.7	64.0
1	28.4	29.8	29.1	30.3	30.4	34.9	33.5	30.7	35.0	34.9	36.9	30.0	33.3	33.1	34.9
2	0.3 [^]	0.5 [^]	0.3 [^]	0.2 [^]	0.4 [^]	0.4 ^{†^}	0.2 ^{†^}	0.5 [^]	1.4 [^]	1.6 ^{#^}	1.5 ^{#^}	0.4 [^]	1.1 [^]	1.1 [^]	1.1 [^]
Median number of different Combination Entrees/ Meat/ Meat Alternates per day	0.2	0.2	0.2	0.2	0.3	0.3	0.3	0.2	0.3	0.3	0.4	0.2	0.3	0.3	0.3
Median number of different Combination Entrees/ Meat/ Meat Alternates per week ^{bc}	0.8	0.9	0.9	1.0	1.2 [^]	1.2	1.1	0.7	1.0	1.1	1.2	0.8	1.0	1.0	1.1
Number of Separate Grains/Breads Served per Day ^f															
0	20.5	20.7	19.6	18.4	27.5	24.5	25.1	26.9	26.6	28.6 ^{##}	28.9 [#]	24.9	24.6	25.7	25.7
1	78.5	78.2	79.2	80.8	71.6	74.3	73.9	73.1	72.5	69.3 ^{##}	68.6 ^{##}	74.8	74.5	72.6	72.3
2 to 5	1.0 [^]	1.1 [^]	1.2 [^]	0.8 [^]	0.9 [^]	1.2 [^]	0.9 [^]	0.0 [^]	0.9 [^]	2.1 [^]	2.6 [^]	0.3 [^]	1.0 [^]	1.8 [^]	2.0 [^]
Median number of different Grains/Breads per day	0.8	0.8	0.8	0.8	0.7	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8
Median number of different Grains/Breads per week ^{bc}	3.4	3.4	3.4	3.4	3.3 [^]	3.2	2.9	2.9	2.8	2.8	2.6	3.1	3.1	3.1	3.0

	Mean Percentage of Daily CACFP Afternoon Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Other Menu Items Served per Day ^a															
0	62.8	64.3	63.3	63.6	70.1	64.8	60.7	66.1	64.8	65.8	67.4	65.2	64.6	64.7	66.2
1	36.2	34.6	35.7	35.3	28.6	33.4	38.9	33.4	35.1	33.8	32.5	34.1	34.8	34.7	33.4
2 or 3	1.0 ^a	1.1 ^a	1.0 ^a	1.1 ^a	1.3 ^a	1.8 ^a	0.4 ^a	0.5 ^a	0.1 ^{##a}	0.4 ^a	0.1 ^{##a}	0.7 ^a	0.5 ^a	0.6 ^a	0.4 ^a
Median number of different other menu items per day	0.2	0.2	0.2	0.1	0.1	0.3	0.3	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Median number of different other menu items per week ^{bc}	0.3	0.3	0.3	0.3	0.2 ^a	0.3	0.3	0.3	0.1	0.2	0.2	0.3	0.2	0.2	0.2
Number of Daily Afternoon Snack Menus	740	893	1,026	619	202	257	809	483	628	770	486	1,425	1,778	2,605	1,105
Number of Early Child Care Programs	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. This table reports the number of different types of foods offered within a given food category (i.e. number of different types of Milks, number of different types of Fruits/Vegetables/100% Juices, etc.).

^aIncludes differences in fat content, flavors, or both.

^bDifferences in medians were not tested for statistical significance.

^cIncludes only programs that provided Menu Survey information for five days for a meal and age group.

^dVegetables and fruits (including 100% fruit or vegetable juices) not included in combination entrées.

^eIncludes meats and meat alternates as well as combination entrées which include two or more CACFP meal components.

^fGrains and breads not included in combination entrées or served solely with a specific menu item; does not include grain-based desserts.

^gIncludes grain-based, dairy-based, and other desserts (which may or may not be creditable); and other non-creditable items such as fruit drinks (not 100 percent juice); non-vegetable/non-entrée soups; and other items

CACFP= Child and Adult Care Food Program.

Table D.3.7 Variety in CACFP Afternoon Snacks Served in Before and After School Programs

	Mean Percentage of Daily CACFP Afternoon Snack Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Number of Types of Milk Served per Day ^a						
0	53.1	53.3	58.3 ^a	62.7	57.4	60.8
1	42.9	36.4	34.1 ^a	28.5	35.7	30.1
2	4.0 ^a	10.0 ^a	5.4 ^a	7.5 ^a	5.1 ^a	8.0 ^a
3	0.0 ^a	0.3 ^a	2.2 ^a	1.3 ^a	1.8 ^a	1.1 ^a
Median number of different Milks per day	0.5	0.4	0.3 ^a	0.2	0.4	0.2
Median number of different Milks per week ^{bc}	0.4	0.4	0.4 ^a	0.3 ^a	0.4	0.4
Number of Fruits/Vegetables/100% Juices Served per Day ^d						
0	39.0	36.0	37.5 ^a	32.8	37.8	33.5
1	53.4	56.0	50.2 ^a	55.3	50.8	55.4
2	6.2 ^a	6.9 ^a	8.7 ^a	9.0 ^a	8.2 ^a	8.6 ^a
3 to 5	1.5 ^a	1.1 ^a	3.5 ^a	2.8 ^a	3.2 ^a	2.5 ^a
Median number of different Fruits/Vegetables/100% Juices per day	0.6	0.7	0.6 ^a	0.8	0.6	0.8
Median number of different Fruits/Vegetables/100% Juices per week ^{bc}	2.4	2.5	2.5 ^a	2.5 ^a	2.5	2.5
Number of Combination Entrees/ Meat/ Meat Alternates Served per Day ^e						
0	77.0	72.3	78.1 ^a	76.3	77.9	75.5
1	21.7	26.6	21.4 ^a	23.5	21.5	24.1
2 or 3	1.3 ^a	1.0 ^a	0.4 ^a	0.3 ^a	0.6 ^a	0.4 ^a
Median number of different Combination Entrees/ Meat/ Meat Alternates per day	0.1	0.2	0.1 ^a	0.1	0.1	0.1
Median number of different Combination Entrees/ Meat/ Meat Alternates per week ^{bc}	0.5	0.6	0.5 ^a	0.3 ^a	0.5	0.4
Number of Separate Grains/Breads Served per Day ^f						
0	23.0	23.7	17.1 ^a	17.3 ^a	18.2	18.5
1	74.9	74.3	77.8 ^a	78.4	77.3	77.5
2 to 4	2.1 ^a	2.0 ^a	5.1 ^a	4.4 ^a	4.5 ^a	3.9 ^a
Median number of different Grains/Breads per day	0.8	0.8	0.8 ^a	0.8	0.8	0.8
Median number of different Grains/Breads per week ^{bc}	3.6	3.4	3.5 ^a	3.6 ^a	3.5	3.5

	Mean Percentage of Daily CACFP Afternoon Snack Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Number of Other Menu Items Served per Day ^g						
0	60.2	61.5	76.3 ^a	74.6	73.3	71.9
1	38.9	37.1	22.2 ^a	25.1 ^a	25.2 ^a	27.5
2	0.9 ^a	1.4 ^a	1.6 ^a	0.4 ^a	1.4 ^a	0.6 ^a
Median number of different other menu items per day	0.2	0.2	0.0 ^a	0.0	0.0	0.0
Median number of different other menu items per week ^{bc}	0.3	0.3	0.0 ^a	0.0 ^a	0.0	0.0
Number of Daily Afternoon Snack Menus	317	573	162	258	479	831
Number of Before and After School Programs	65	120	35	58	100	178

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. This table reports the number of different types of foods offered within a given food category (i.e. number of different types of Milks, number of different types of Fruits/Vegetables/100% Juices, etc.).

^aIncludes differences in fat content, flavors, or both.

^bDifferences in medians were not tested for statistical significance.

^cIncludes only programs that provided Menu Survey information for five days for a meal and age group.

^dVegetables and fruits (including 100% fruit or vegetable juices) not included in combination entrées.

^eIncludes meats and meat alternates as well as combination entrées which include two or more CACFP meal components.

^fGrains and breads not included in combination entrées or served solely with a specific menu item; does not include grain-based desserts.

^gIncludes grain-based, dairy-based, and other desserts (which may or may not be creditable); and other non-creditable items such as fruit drinks (not 100 percent juice); non-vegetable/non-entrée soups; and other items

CACFP= Child and Adult Care Food Program.

Table D.3.8 Foods Served Most Frequently in CACFP Breakfasts in Early Child Care Programs

	Mean Percentage of Daily CACFP Breakfast Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Breakfast Component/Food															
Milk	99.2	100.0	100.0	99.0	100.0	100.0	99.8	99.4	99.6	99.7	100.0	99.3	99.7	99.8	99.7
1%	13.3	70.0	79.4	73.4	7.6^	82.0	85.4	14.9	77.9	73.3	70.3	14.2	75.5	76.2	71.2
Unflavored	13.3	69.5	78.8	72.6	7.6^	82.0	85.2	14.9	77.9	73.3	70.3	14.2	75.3	76.0	71.0
Skim	2.1^	16.7	16.7	21.0	0.0	11.7^	13.6	1.4^	18.2	18.7	17.7	1.5^	17.4	17.6	18.7
Unflavored	2.1^	16.7	16.7	21.0	0.0	11.7^	13.6	1.4^	18.2	18.7	17.7	1.5^	17.4	17.6	18.7
2%	2.0^	5.1	5.0*	4.8	0.0	2.5^	2.2^	7.4^	3.1^	7.4^	8.4^	5.6^	3.8	6.2	7.3^
Unflavored	2.0^	5.1	5.0*	4.8	0.0	2.5^	2.2^	7.4^	3.1^	7.4^	8.4^	5.6^	3.8	6.2	7.3^
Whole	82.7*	10.4	1.2^	1.4^	94.5††	7.5^	1.0†^	76.5	4.1#^	3.1^	4.6^	78.9	6.3	2.4^	3.7^
Unflavored	82.7*	10.4	1.2^	1.4^	94.5††	7.5^	1.0†^	76.5	4.1#^	3.1^	4.6^	78.9	6.3	2.4^	3.7^
Fruit	96.1	96.5	96.9**	97.1	92.4	98.2	98.7†	94.8	95.9	96.7	95.7	95.1	96.2	97.0	96.1
Fresh	39.0	41.2	42.9	39.4	34.1†††	42.9†††	44.3†††	77.2###	76.1###	77.4###	78.1###	64.5	63.3	64.7	66.7
Banana	15.3	15.2	14.4	15.0	13.4††	12.9†††	12.6†††	23.5##	24.8##	22.9###	22.9##	20.8	21.2	19.6	20.6
Apple	5.1	5.5	6.3	6.1	5.1	6.1†	8.4	9.4#	9.8##	10.5##	10.7##	8.0	8.3	9.1	9.4
Strawberries	3.2***	2.9	3.2	2.0^	0.6†††^	1.7†††^	2.9†††	11.0###	12.5###	11.9###	11.6###	8.3	8.9	8.7	8.8
Orange	5.5	7.0	7.5	6.7	5.8	10.4†	9.4	4.5	5.8	7.2	5.8	4.9	6.4	7.5	6.0
Blueberries	0.9	0.9	1.0	0.7	0.3†††^	1.2†††^	1.5††	8.2###	7.5###	6.5###	7.3###	5.8	5.1	4.5	5.4
Canned	41.4	39.7	37.9	38.8	44.0†††	39.1†††	39.1†††	12.2###	12.4###	12.2###	10.8###	21.8	22.4	21.9	19.0
Applesauce	9.5	9.5	8.8	9.7	10.4†	9.3††	9.6†††	4.5#^	4.1###	4.1###	4.0###	6.2	6.1	5.9	5.6
Peaches	8.0	8.2	7.8	8.0	10.0††	9.8††	9.6†††	2.0###	1.9###	2.1###	2.1###^	4.0	4.3	4.4	3.8
Pear	6.3	6.2	5.9	5.2	5.7	5.5††	6.4†††	2.7##^	2.6###	2.7###	1.6###^	3.9	3.9	3.9	2.7
Fruit cocktail	7.5	7.2**	6.7	8.0	4.5^	2.7	5.0†	1.4###^	2.0###^	1.8###^	1.1##^	3.3	3.7	3.5	3.1
Pineapple	5.0	5.1	4.8	4.2	5.4††^	5.2††	3.4††	0.5###^	0.7###^	0.7###^	0.7###^	2.0	2.3	2.1	1.8
Mandarin oranges	4.6	3.7	3.7	3.1	7.2††	5.9†††	3.5†††	0.6###^	0.6###^	0.7###^	0.3##^	2.0	1.8	1.8	1.1
Juice	13.7	14.1	15.2	18.7	12.0^	12.8^	13.2	5.4#	8.8	8.2	8.5	8.0	10.7	10.6	11.5
Orange	4.8^	5.4	5.5	7.0	3.5^	4.2^	4.7	2.4^	4.4	4.5	5.4	3.1	4.7	4.8	5.9
Apple	5.9	5.7	6.7	9.0	6.1^	5.6^	4.4^	1.8#^	3.2^	2.8	1.9#^	3.1	4.1	4.0	4.0
Combination Entrees	4.7	4.5	5.7	3.8	6.2^	5.9^	8.3	4.4	4.8	5.3	4.9	4.5	4.7	5.7	4.6

	Mean Percentage of Daily CACFP Breakfast Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Breakfast Component/Food															
Meat/Meat Alternate	6.4*	6.9**	7.1***	4.9	15.4	22.2†	18.1†	10.4#	11.0#	11.1#	13.4##	9.4	10.1	10.7	10.9
Other Protein	3.5	4.0**^	4.3**	3.2	8.3	13.1	10.4	7.2#	7.3#	7.7	9.1##	6.2	6.5	7.0	7.4
Eggs	2.6^	3.0^	2.9	1.9^	5.2	6.8	4.9	4.7	5.0	5.9#	7.6##	4.1	4.4	5.0	5.9
Breads and Grains	94.3	95.1	94.2	96.0	88.4	93.0	91.7	94.6	94.9	94.4	95.4	94.3	94.9	94.1	95.6
Cold cereal	34.8	36.2	36.0*	36.9	29.6	33.4†	30.9	27.0##	28.0##	30.1#	28.5#	29.4	30.9	31.8	31.0
Unsweetened	22.7	23.3	23.9	22.3	25.7	27.7†	24.7	21.5	20.9	22.3	21.4	22.0	22.0	22.9	21.7
Sweetened	13.1*	13.9†	13.3**	16.2	4.8^	6.4^	6.5	5.5##	7.2##	7.9#	7.4##	7.7	9.4	9.3	10.0
Pancakes, waffles, French toast	17.5	17.7	18.7	18.6	16.8†	15.7††	16.4†††	24.2###	24.6###	25.0##	25.0#	22.0	22.0	22.4	23.1
Breads, rolls, bagels, and other plain breads	19.2	19.8	19.0	19.7	19.3	21.0	19.8	18.2	21.7	19.5	20.0	18.5	21.0	19.4	19.9
Breads, rolls, and other plain breads	14.6	15.4	14.1	15.7	16.1	15.7	14.4	11.9	15.4	13.9	15.3	12.8	15.4	14.0	15.4
Bagel	4.6	4.4	4.9	4.0	3.2†^	5.2^	5.4	6.3	6.3	5.6	4.7	5.7	5.6	5.4	4.5
Hot cereal	7.4	7.0	6.4	5.6	9.1††	9.6†	7.1†††	16.6##	15.6###	14.6###	18.2###	13.6	12.5	11.6	14.5
Biscuits and cornbread	6.9	6.8	6.4	5.9	7.3†^	8.4†††	6.1††	2.2##^	1.7###	2.6##	2.2##	3.8	3.7	4.0	3.3
Muffins, sweet/quick breads	5.0	5.0	5.4	5.0	5.3†	4.3	7.3†††	2.5#	2.9	2.4#	2.2	3.3	3.6	3.7	3.1
Dessert/Other Menu Items	9.7^	9.9^	9.9^	10.6^	9.7^	11.3^	14.3	10.2	11.2	11.5	12.7	10.1	10.8	11.3	12.0
Water	9.1^	9.3^	9.1^	9.9^	9.7^	11.3^	14.1	9.0	10.7	10.8	11.3	9.1	10.3	10.6	10.9
Number of Daily Breakfast Menus	734	875	983	504	239	307	1,034	513	640	787	442	1,486	1,822	2,804	946
Number of Early Child Care Programs	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in CACFP. Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Includes food items served in 5% or more of daily Menu Surveys for any age group in any program type. Indented rows under each major category list the most frequently served minor category food to least frequently served minor category food by the all programs/3-5 age group column.

CACFP= Child and Adult Care Food Program.

Table D.3.9 Foods Served Most Frequently in CACFP Lunches in Early Child Care Programs

	Mean Percentage of Daily CACFP Lunch Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Lunch Component/Food															
Milk	97.7	98.2	98.6	96.9	99.3	99.4†	99.2	98.9	98.4	98.6	97.5	98.6	98.3	98.7	97.3
1%	13.1	67.9	78.2	71.8	9.3^	79.6	84.6†	15.7	77.1	71.5	65.9	14.8	74.4	74.5	67.6
Unflavored	13.1	66.9	77.1	70.7	9.3^	79.6	84.0†	15.7	77.1	71.5	65.9	14.8	74.1	74.1	67.3
Skim	1.3^	16.3	16.3	22.2	0.0	12.5^	13.9	1.1^	16.6	18.9	19.4	1.1^	16.3	17.8	20.2
Unflavored	1.3^	16.1	16.2	22.2	0.0	11.3^	13.5	1.1^	16.6	18.9	19.4	1.1^	16.2	17.7	20.2
2%	2.9^	5.8	5.5*	4.3^	0.0	2.8^	2.2^	6.2^	3.7^	7.2^	8.2^	5.1^	4.3	6.3	7.1^
Unflavored	2.9^	5.8	5.5*	4.3^	0.0	2.8^	2.2^	6.2^	3.7^	7.2^	8.2^	5.1^	4.3	6.3	7.1^
Whole	81.6	10.8	1.3^	1.7^	92.2††	7.3^	0.9†^	76.0	3.9#^	3.5#	5.0^	78.1	6.2	2.7	4.0^
Unflavored	81.6	10.8	1.3^	1.7^	92.2††	7.3^	0.9†^	76.0	3.9#^	3.5#	5.0^	78.1	6.2	2.7	4.0^
Fruit	89.8	89.6	89.9	88.1	79.9	84.7	91.7††	81.8#	80.4#	82.0#	79.5	84.0	83.4	85.0	81.9
Fresh	29.8	32.0	34.2**	32.6	35.4††	38.4††	46.1††	58.2###	56.2###	57.0###	53.5###	49.7	48.1	49.9	47.6
Apple	5.9	7.1	8.0	7.5	5.8	6.7†	10.4	9.4#	11.1#	12.1#	9.5	8.3	9.7	10.8	9.0
Banana	5.2	5.3	5.1	5.4	4.7	3.6	4.2	7.7	6.5	6.5	5.7	6.9	6.1	5.9	5.6
Orange	3.4^	4.1	4.9*	3.9^	8.1^	5.8	8.4†	5.9	5.0	5.2	3.6^	5.3	4.8	5.4	3.7^
Cantaloupe	2.4	2.2	2.6*	2.2	6.1^	4.8^	4.8	4.2^	5.0##	5.1#	7.6#	3.7	4.1	4.4	6.1
Watermelon	3.3	3.3	3.3	3.3	2.5†^	3.7^	3.1	5.8	4.4	4.8	5.7	5.0	4.0	4.2	5.0
Grapes	1.3^a	1.3	1.6	1.9^	0.3†††^	1.3††^	1.6^	5.1##	5.9##	5.6##	5.4#	3.9	4.3	4.2	4.4
Strawberries	1.1^	1.4^	1.1^	0.7^	0.6††^	0.5†††^	1.3†††	5.0#	4.8##	4.5###	5.2###	3.8	3.6	3.3	4.0
Canned	59.2*	57.2*	55.2**	53.9	41.3†††	43.0†††	42.6†††	23.3###	23.9###	25.1###	26.4###	33.8	34.8	34.7	34.1
Fruit cocktail	12.3	12.3	12.1*	10.6	8.1^	8.3	8.6	5.2##	5.4##	6.1###	4.9##	7.3	7.6	7.9	6.5
Peaches	13.3**	12.3*	11.7*	11.9	5.9	6.8	8.8††	3.9###	5.8##	4.8###	4.4##^	6.6	7.8	7.0	6.5
Applesauce	8.3	7.8	7.3	7.1	9.9	8.4	6.3	5.9#	4.8#	5.9	7.3	6.7	5.9	6.3	7.3
Pear	8.5	8.6	8.2	7.5	6.9†	6.9††	6.4††	2.5###	2.5###	3.1###	3.2##^	4.3	4.5	4.8	4.4
Pineapple	9.4*	9.1*	8.6*	9.0	5.6	6.0†	6.0†††	3.0###	2.8###	2.5###	3.8##^	4.8	4.9	4.4	5.3
Mandarin oranges	6.6	6.7	6.5	6.6	5.2	5.6	5.2	2.7#^	2.5##^	2.9#^	2.6^	3.9	3.9	4.1	3.7^

Lunch Component/Food	Mean Percentage of Daily CACFP Lunch Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Vegetables	90.7	90.4	89.2	89.3	87.0	89.5	88.1	86.2#	85.2#	84.9#	84.2	87.5	87.0	86.3	85.6
Cooked	77.6	76.2	73.3**	76.4	75.8	77.2	64.3	67.7###	65.4##	64.4##	63.0##	70.7	69.1	66.8	66.8
Starchy	36.2*	35.7	33.5***	36.3	27.2	28.9	24.9	28.9###	28.4###	27.3##	31.3	30.9	30.6	28.7	32.7
Corn	12.3*	12.2	11.9***	12.2	8.0	9.0	7.0††	11.5	12.0	10.6	10.7	11.6	12.0	10.6	11.1
French fries/similar products	6.4*	7.0	6.6	5.3	3.9	5.1^	5.4	6.6	6.6	7.3	8.7	6.4	6.7	6.9	7.8
Green peas	9.1	8.4	7.5*	8.6	7.5	7.2	5.6	7.2	6.5	5.6	4.5^	7.7	7.1	6.1	5.6
White potatoes	9.3	8.9	8.5	12.7	7.5	7.7	8.0††	4.6##	5.3##	4.7##	7.2^	6.0	6.5	6.0	8.7
Other	17.6	17.8	16.8*	16.5	17.2	17.7	13.3	16.1	14.5	13.5	12.4	16.5	15.6	14.4	13.5
String beans	15.5	15.8*	14.4**	14.6	11.7	11.3	9.6	11.5	10.7##	10.3#	8.7##	12.6	12.3	11.4	10.4
Red/Orange	9.9*	9.5*	8.7	9.1	16.4	16.0	9.8	10.4	9.9	9.6	7.2	10.4	10.0	9.4	7.8
Carrots	7.6	7.0*	5.9	7.5	10.5	10.3	5.1	8.0	7.3	7.3	3.4#	8.0	7.3	6.7	4.5
Dark green	6.9**	7.4***	7.1*	6.1^	15.3†	16.7†	10.2	8.7	10.2	8.4	7.2	8.4	9.6	8.2	6.9
Broccoli	5.9**	6.3***	6.2	5.2^	10.4†	12.9†	7.2	7.4	8.0	6.5	4.7^	7.0	7.7	6.5	4.9
Mixture	10.2	9.9	10.1	10.8	10.9	9.9	9.2	6.6#	7.0	7.3	5.7#	7.7	8.0	8.2	7.1
Beans and peas	6.3	6.6	6.8	6.7	10.2	8.7	7.1	7.9	6.7	8.8	8.0^	7.5	6.8	8.1	7.6
Baked beans/mixtures	2.8	3.2	3.3	2.8	6.0^	4.9^	3.9	3.4^	2.5^	3.6	3.3^	3.3	2.8	3.5	3.2^
Raw	15.5	17.0	19.9**	16.2	16.6	20.6	32.5	23.1##	25.8##	26.0	28.9##	20.8	22.9	25.0	25.4
Other	5.2	5.5	5.7**	4.8	6.0†††	6.5†	10.0	12.3###	11.9##	13.0###	13.8###	10.1	9.8	10.8	11.3
Cucumber	1.8^	1.6^	2.0	1.9^	3.2^	3.3^	3.5	4.4	4.9###	5.4#	3.2	3.6	3.9	4.3	2.8
Red/Orange	5.6	6.3	7.4	7.4	4.8^	6.7†	8.5	9.9#	11.6##	11.6#	14.0##	8.6	9.8	10.2	12.1
Carrots	3.7	4.6	5.8	5.8	2.2††^	5.1†^	7.7	6.5	8.5##	8.4	10.1#	5.6	7.2	7.6	8.9
Mixture	3.4	3.7	5.0*	2.9^	4.8	5.7†	8.9††	2.2^	2.7	2.9	3.8^	2.7	3.1	4.0	3.6
Side salads	3.4	3.7	5.0*	2.9^	4.3	5.3	8.8††	2.2^	2.7	2.9	3.8^	2.6	3.1	4.0	3.6
Dark green	2.7	3.0	3.5**	3.4	1.7^	2.3^	7.0†††	1.2^	2.5^	1.7	1.4^	1.6	2.7	2.7	2.0
Combination Entrees	68.8	69.0	69.3	67.9	61.9	64.2	68.9†††	56.9##	60.8#	58.5###	54.5##	60.3	63.4	62.3	58.2
Mixtures with grain, meat/meat alternate and/or vegetables	22.1	22.0	21.7	20.9	19.0	20.4	19.9	18.2	20.3	18.1	12.7#	19.3	20.8	19.2	15.0
Spaghetti	7.1	7.0	7.1	5.8	5.3	7.3	6.4	7.0	7.6	6.4	3.8^	7.0	7.4	6.6	4.4
Macaroni and cheese	3.4	3.8	3.6	3.8	1.9^	1.9^	2.8	5.4	4.9	5.1	4.5^	4.7	4.4	4.5	4.3
Chicken/turkey, beef or pork with noodles	5.6	5.1	5.2	4.3	5.7^	5.8	4.9	2.6^	4.0^	3.2	1.4^	3.5	4.4	3.8	2.2

	Mean Percentage of Daily CACFP Lunch Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Lunch Component/Food															
Sandwich with plain meat, poultry, or fish	9.9*	9.6	9.8	9.1	12.3	11.7	9.5	9.1	8.9	9.4	9.2	9.4	9.2	9.5	9.2
With poultry	4.9**	4.9**	5.7	5.0	10.0†	9.8††	6.8††	4.7	4.4	4.0	3.5	4.9	4.8	4.7	4.0
With meat	4.9	4.5	4.1	3.9	2.3^	2.0^	2.6†	3.9	4.0	5.0	5.6	4.1	4.1	4.5	5.2
Mexican-style entrees	9.0	8.8	9.1	7.9	9.4	9.4	9.8††	5.2#	6.0	5.4#	6.6^	6.4	7.0	6.8	7.0
Frankfurter, corn dog, similar sausage sandwiches	5.1***	5.2***	5.2**	7.1	1.0†^	0.8†††^	2.1††	4.4	4.9	5.1	8.5	4.5	4.8	4.8	8.1
Frankfurters	3.7**	3.8***	3.9**	6.2	0.6†^	0.5†††^	1.3††^	2.5	3.5	4.1	6.8	2.8	3.5	3.7	6.7
Other mixtures with meat/meat alternate and/or vegetables	3.8	3.6	3.9*	3.5	4.2^	5.8	6.0†	3.1^	3.4^	3.4^	1.8^	3.3	3.5	3.7	2.3
Hamburger, similar beef/pork sandwiches	5.4	5.5	5.5	5.7	4.2^	3.9^	5.4†††	2.4###^	3.0##	2.3###	2.3#^	3.2	3.8	3.4	3.2
Sandwich with only cheese	1.4^	1.6	1.5	2.0^	1.6^	2.0†^	2.0†	4.2#	4.8##	4.4##	6.3#^	3.4	3.7	3.4	5.1
Meat/Meat Alternate	33.3	33.3	32.8	35.2	32.5††	35.2	31.4†††	44.7##	42.7#	43.2##	49.0##	41.2	39.6	39.3	45.1
Chicken and turkey	16.2	15.9	16.2	19.2	13.2	15.6	14.4	17.9	17.9	15.7	17.7	17.3	17.2	15.7	18.1
Breaded or fried	8.3	8.1	8.0	9.2	7.0	8.1	6.9	7.7	7.0	6.6	5.6#	7.9	7.3	7.0	6.6
Plain	4.7^	4.3	4.1	5.5^	4.6†	3.9†††	3.0†††	8.6	9.6##	8.1#	9.6	7.4	7.7	6.6	8.4
Meat (beef and pork)	7.1	7.0	6.7	6.5	7.7	9.0	6.9	8.1	7.3	8.6	7.6	7.8	7.3	8.0	7.3
Plain	3.9	4.0	4.0	4.1	2.9^	3.5^	3.5	6.1	5.5	5.7	5.4	5.4	4.9	5.0	5.0
With sauce, gravy, or mayonnaise	2.5^	2.5^	2.0	2.2	4.4††	5.2†††	3.2	1.1^	1.1^	1.9^	2.2^	1.6	1.7	2.1	2.2^
Other Protein	4.2	4.7	4.5	5.5	2.2†^	3.2†^	3.8†	8.2	8.0	8.3	10.7	6.9	6.8	6.9	9.3
Fish and shellfish	3.9**	4.0**	3.9	3.0	8.1	6.9	4.5†	5.8	5.4	7.1#	8.8##	5.3	5.0	6.0	7.1
Breads and Grains	39.1	38.6	39.2	40.0	42.6	44.6	41.5	49.3#	46.6#	46.6	47.3	46.3	44.1	44.2	45.3
Breads, rolls, bagels, and other plain breads	24.6	24.1	23.5	26.7	22.9	23.1	22.6	27.0	22.6	24.7	24.9	26.2	23.1	24.2	25.4
Breads, rolls, and other plain breads	24.6	24.1	23.5	26.7	22.9	23.1	22.6	26.6	22.1	24.2	24.9	25.9	22.7	23.9	25.4
Rice	8.0	8.1	9.0	7.7	6.6^	8.6	8.0	13.0	11.6	11.6	10.4^	11.4	10.4	10.6	9.7
Biscuits and cornbread	2.7	2.6	2.5	2.2	3.9^	4.2^	3.7	2.5^	3.8	3.4	5.5^	2.6	3.4	3.2	4.6^
Crackers, croutons, and pretzels	2.1*	2.1*	2.1	1.7^	5.9	5.2	3.4	3.1^	3.5	3.5	3.1^	2.9	3.1	3.1	2.7^
Dessert/Other Menu Items	12.7	12.0	12.0	13.7^	9.4^	11.9^	15.8	18.6	16.9	19.1	25.8	16.7	15.2	16.9	22.4
Water	11.8^	11.4	11.3	13.3^	9.2^	11.5^	14.8	17.2	15.6	17.9	24.5	15.5	14.2	15.8	21.4
Number of Daily Lunch Menus	767	914	1,029	459	243	316	1,057	621	774	900	378	1,631	2,004	2,986	837
Number of Early Child Care Programs	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in CACFP. Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Includes food items served in 5% or more of daily Menu Surveys for any age group in any program type. Indented rows under each major category list the most frequently served minor category food to least frequently served minor category food by the all programs/3-5 age group column.

CACFP= Child and Adult Care Food Program.

Table D.3.10 Foods Served Most Frequently in CACFP Suppers in Early Child Care Programs

Supper Component/Food	Mean Percentage of Daily CACFP Supper Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Milk	100.0 ^a	100.0 ^a	100.0 ^a	95.6 ^a	--	100.0 ^a	85.0 ^a	99.0	98.2	98.5 [#]	97.7	99.1	98.4	98.5	97.4
1%	35.2 ^a	63.8 ^{***a}	84.5 ^a	81.9 ^a	--	100.0 ^{†††a}	64.6 ^a	16.5 ^a	81.2 [#]	68.5	71.3	18.7 ^a	79.0	70.2	72.4
Unflavored	35.2 ^a	63.8 ^{***a}	84.5 ^a	81.9 ^a	--	100.0 ^{†††a}	64.6 ^a	16.5 ^a	81.2 [#]	68.5	71.3	18.7 ^a	79.0	70.2	72.4
Skim	0.0 ^a	16.9 ^a	19.7 ^a	26.9 ^a	--	0.0 ^a	42.4 ^a	0.0	10.6 ^a	11.7	9.1 ^a	0.0	11.3 ^a	12.9	11.0
Unflavored	0.0 ^a	16.9 ^a	19.7 ^a	25.0 ^a	--	0.0 ^a	42.4 ^a	0.0	10.6 ^a	11.7	9.1 ^a	0.0	11.3 ^a	12.9	10.8
Flavored	0.0 ^a	0.0 ^a	4.2 ^a	5.8 ^a	--	0.0 ^a	0.0 ^a	0.0	0.0	0.0	0.0	0.0	0.0	0.5 ^a	0.6 ^a
2%	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^{†a}	11.5 ^a	4.2 ^a	13.1 ^{#a}	12.4 ^{#a}	10.1 ^a	3.7 ^a	11.5 ^a	11.1 ^a
Unflavored	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^{†a}	11.5 ^a	4.2 ^a	13.1 ^{#a}	12.4 ^{#a}	10.1 ^a	3.7 ^a	11.5 ^a	11.1 ^a
Whole	64.8 ^a	19.3 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^{†a}	71.1	4.1 ^a	6.4 ^{#a}	4.8 ^a	70.3	6.0 ^a	5.6 ^a	4.3 ^a
Unflavored	64.8 ^a	19.3 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^{†a}	71.1	4.1 ^a	6.4 ^{#a}	4.8 ^a	70.3	6.0 ^a	5.6 ^a	4.3 ^a
Fruit	86.7 ^a	84.0 ^a	83.7 ^a	85.1 ^a	--	100.0 ^{††††a}	85.0 ^a	69.4	79.2	71.7	72.5	71.4	79.9	73.1	73.8
Fresh	47.6 ^a	49.9 ^{***a}	50.6 ^a	55.7 ^a	--	100.0 ^{††††a}	75.4 ^a	49.1	58.8	57.3	59.2	48.9	57.9	56.7	58.8
Apple	9.8 ^a	10.9 ^a	12.4 ^a	18.7 ^a	--	32.9 ^a	27.7 ^a	9.2	14.3	14.1	14.1	9.3	14.0	14.0	14.6
Banana	9.3 ^a	9.3 ^{**a}	9.4 ^a	7.7 ^a	--	0.0 ^{††††a}	9.6 ^a	7.2	7.5	7.9	6.9	7.4	7.7	8.0	7.0
Orange	13.9 ^a	17.3 ^a	16.7 ^a	16.3 ^a	--	11.0 ^a	8.7 ^a	5.5 ^a	6.0 ^{#a}	5.8 ^{#a}	4.2 ^{##a}	6.5 ^a	7.5 ^a	7.0	5.5 ^a
Pineapple	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^{††a}	0.0 ^{††††a}	2.4 ^{##a}	3.4 ^{##}	5.9 ^{###}	2.6 ^{#a}	2.1 ^a	3.0	5.2	2.3 ^a
Grapes	4.0 ^a	4.0 ^a	3.6 ^a	3.4 ^a	--	0.0 ^{†a}	0.0 ^{††a}	4.7 ^a	6.3 ^a	5.3	8.5 ^a	4.6 ^a	5.9 ^a	5.1	7.9 ^a
Strawberries	2.9 ^a	2.9 ^a	2.7 ^a	2.5 ^a	--	0.0 ^{††a}	0.0 ^{††††a}	5.1 ^a	7.5 ^a	5.0	5.1 ^a	4.8 ^a	6.8 ^a	4.7	4.8 ^a
Pear	2.5 ^a	2.5 ^a	2.3 ^a	3.9 ^a	--	0.0 ^{†a}	5.5 ^a	3.4 ^a	5.0 ^a	4.1 ^a	6.3	3.3 ^a	4.6 ^a	3.9 ^a	6.1
Watermelon	4.5 ^a	4.5 ^{***a}	4.1 ^a	3.8 ^a	--	20.0 ^{††††a}	8.5 ^a	1.3 ^a	2.0 ^a	2.6 ^a	2.2 ^a	1.7 ^a	2.5 ^a	2.8 ^a	2.4 ^a
Mix w/o citrus	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	36.1 ^a	15.4 ^a	0.0	0.0	0.0	0.0	0.0	0.2 ^a	0.2 ^a	0.0
Canned	38.0 ^a	31.9 ^{**a}	31.0 ^a	22.8 ^a	--	0.0 ^{††a}	9.6 ^a	19.6	20.4 ^a	14.0	13.0	21.8	21.8	15.9	14.1
Fruit cocktail	10.0 ^a	6.2 ^{***a}	5.7 ^a	5.3 ^a	--	0.0 ^a	5.5 ^a	8.3 ^a	10.6 ^a	5.6 ^a	4.6 ^a	8.5 ^a	10.0 ^a	5.6 ^a	4.7 ^a
Applesauce	4.5 ^a	4.1 ^a	3.8 ^a	3.5 ^a	--	0.0 ^a	0.0 ^a	5.0 ^a	2.3 ^a	3.4 ^a	3.0 ^a	5.0 ^a	2.5 ^a	3.4 ^a	3.1 ^a
Pear	12.9 ^a	11.0 ^a	10.1 ^a	3.4 ^a	--	0.0 ^{†a}	0.0 ^{†a}	1.0 ^a	1.9 ^a	1.4 ^a	1.9 ^a	2.4 ^a	3.0 ^a	2.4 ^a	2.1 ^a
Dried	0.0 ^a	1.1 ^a	1.0 ^a	5.6 ^a	--	0.0 ^a	0.0 ^a	0.6 ^a	0.0	0.5 ^a	0.5 ^a	0.5 ^a	0.1 ^a	0.6 ^a	1.0 ^a
Raisins	0.0 ^a	1.1 ^a	1.0 ^a	5.6 ^a	--	0.0 ^a	0.0 ^a	0.6 ^a	0.0	0.5 ^a	0.5 ^a	0.5 ^a	0.1 ^a	0.6 ^a	1.0 ^a

	Mean Percentage of Daily CACFP Supper Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Supper Component/Food															
Vegetables	75.7^	79.0****	79.9^	75.4^	--	100.0†††^	80.9^	73.9	79.0	73.6	85.6#	74.1	79.1	74.3	84.5
Cooked	64.4^	63.2^	64.6^	53.5^	--	67.1^	58.8^	64.0	65.3	59.2	67.5	64.0	65.0	59.8	66.0
Starchy	46.4^	46.8^	44.5****	34.1^	--	18.1^	21.3^	23.9#	20.4###	26.4##	26.1	26.6	23.8	28.3	26.9
White potatoes	15.1^	15.1^	13.9^	8.7^	--	18.1^	15.8^	7.7^	5.6	9.4	9.1	8.6	6.9	10.0	9.0
Corn	13.3^	11.4***	11.3^	10.5^	--	0.0†††^	5.5^	7.8^	8.6	9.3	9.2^	8.5	8.9	9.5	9.3
French fries/similar products	12.1^	14.4***	14.0***	9.9^	--	0.0†^	0.0††^	5.5^	3.5#^	4.7#^	6.3^	6.3^	4.9^	5.7	6.6^
Green peas	12.8^	12.8^	11.8^	5.0^	--	9.0^	3.8^	1.9^	3.0^	2.6	1.5^	3.2^	4.3	3.6	1.9^
Other	11.2^	11.3^	11.1^	10.4^	--	18.1^	13.2^	14.8	13.7	12.0	13.0	14.4	13.4	11.9	12.7
String beans	9.6^	9.6****	9.6^	8.9^	--	0.0†^	5.5^	6.1	6.6^	6.9	7.4	6.5	6.9^	7.2	7.6
Summer squash	0.0^	0.0^	0.0^	0.0^	--	18.1^	7.7^	2.3^	1.3^	0.6^	0.6^	2.0^	1.2^	0.6^	0.6^
Beans and peas	4.6^	4.6^	5.0^	4.6^	--	0.0††^	0.0†††^	14.9#	16.4#^	10.2	11.2	13.7	14.8^	9.5	10.5
Baked beans/mixtures	2.8^	2.8^	3.3^	3.1^	--	0.0^	0.0†^	7.4^	9.2^	3.0^	2.9^	6.9^	8.3^	3.0^	2.9^
Mixture	4.6^	4.6^	5.0^	2.6^	--	21.9^	14.9^	10.7^	14.6#	9.8	12.4##	10.0	13.3	9.3	11.3
Dark green	0.0^	1.8^	3.3^	3.1^	--	9.0^	3.8^	7.5#^	8.2^	8.8#	11.0##	6.6^	7.4^	8.1	10.2
Broccoli	0.0^	1.8^	2.5^	2.3^	--	9.0^	3.8^	6.7#^	7.3^	6.0#	7.5#	5.9^	6.6^	5.6	6.9
Red/Orange	8.5^	5.1^	5.5^	6.9^	--	9.0^	9.4^	5.6	4.9^	5.6	6.2	6.0	5.0^	5.6	6.3
Carrots	7.2^	3.7^	3.4^	3.2^	--	9.0^	9.4^	2.8^	3.5^	3.7^	2.1^	3.3	3.5	3.7^	2.2^
Raw	13.1^	19.2^	19.3^	27.4^	--	32.9^	26.2^	18.0	19.8	20.3	25.4	17.4	19.8	20.3	25.6
Other	6.8^	8.6^	8.8^	11.2^	--	21.9^	17.5^	9.1	7.7	8.0	7.6	8.9	7.9	8.2	8.0
Cabbage	0.0^	0.0^	0.0^	1.8^	--	0.0^	8.1^	3.2^	0.0	2.0^	1.4^	2.8^	0.0	1.9^	1.4^
Side salads	0.0^	1.8^	2.5^	2.3^	--	21.9^	9.3^	0.6^	1.8^	0.0	2.0^	0.6^	2.0^	0.4^	2.1^
Red/Orange	2.6^	6.9^	7.2^	9.0^	--	11.0^	4.7^	6.6^	7.6	6.1	9.8	6.1^	7.5	6.2	9.7
Carrots	1.0^	5.3^	4.8^	6.8^	--	11.0^	4.7^	2.1^	4.0^	3.8	7.1	2.0^	4.2^	3.9	7.1
Mixture	0.0^	0.0^	0.0^	4.1^	--	0.0^	4.1^	2.5#^	4.9^	5.6##	6.8	2.2^	4.2^	5.0	6.5
Side salads	0.0^	0.0^	0.0^	1.8^	--	0.0^	4.1^	2.5#^	4.9^	5.6##	6.8#	2.2^	4.2^	5.0	6.3
Dark green	5.3^	6.8^	7.1^	6.6^	--	0.0^	0.0†^	0.4^	2.0^	3.1^	4.1^	1.0^	2.6^	3.5	4.4^

Supper Component/Food	Mean Percentage of Daily CACFP Supper Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Combination Entrees	64.3^	66.1^	68.1^	72.2^	--	61.9^	59.2^	44.7	53.6	51.4	44.9###	47.1	55.3	53.4	47.8
Mixtures with grain, meat/meat alternate and/or vegetables	10.4^	10.4^	12.1^	10.2^	--	18.1^	7.7^	15.0	16.7	18.0#	15.7	14.4	15.9	17.2	15.1
Spaghetti	3.0^	3.0^	3.6^	3.3^	--	9.0^	3.8^	3.9^	7.4^	7.2#	6.7^	3.8^	6.8^	6.8	6.4
Lasagna, ravioli, stuffed shells	2.1^	2.1^	2.7^	2.5^	--	9.0^	3.8^	2.1^	1.2^	1.9^	1.8^	2.1^	1.3^	2.0^	1.9^
Mexican-style entrees	10.8^	10.8**^	11.5**^	10.7^	--	0.0†^	0.0†††^	6.0^	7.2^	8.9	8.2	6.6^	7.7^	9.1	8.5
Tacos	10.8^	10.8**^	9.9**^	9.2^	--	0.0††^	0.0†^	1.2#^	2.6#	3.3^	3.3^	2.3^	3.7	4.0^	3.9
Sandwich with plain meat, poultry, or fish	9.7^	13.0^	12.8^	17.3^	--	32.9^	18.1^	3.2#^	4.7#	6.5	3.4###^	4.0	5.9	7.3	4.8
With meat	5.0^	7.2^	6.6^	7.4^	--	32.9^	14.0^	2.1^	3.2	3.8	1.6##^	2.5^	3.9	4.2	2.2
With poultry	4.7^	5.8**^	6.2^	9.9^	--	0.0^	4.1^	1.1^	1.4^	2.7^	1.8#^	1.5^	2.0^	3.1^	2.7
Other mixtures with meat/meat alternate and/or vegetables	2.3^	2.3^	2.9^	6.3^	--	0.0††^	12.2^	5.0^	3.9^	5.6	3.9^	4.7^	3.7^	5.4	4.2^
Other	2.3^	2.3^	2.1^	5.5^	--	0.0^	12.2^	3.7^	3.5^	4.0^	3.3^	3.5^	3.3^	3.9^	3.6^
Pizza	4.5^	4.5**^	5.0^	7.0^	--	0.0††^	5.5^	4.7^	4.2^	5.1^	4.6^	4.7	4.2	5.1^	4.8^
With meat	3.6^	3.6**^	3.3^	3.1^	--	0.0^	5.5^	1.6^	1.2^	3.0^	2.3^	1.8^	1.5^	3.1^	2.4^
Hamburger, similar beef/pork sandwiches	12.9^	9.1^	8.4^	6.8^	--	0.0†^	0.0†^	2.5##^	6.4^	2.0^	3.4^	3.7^	6.7^	2.7^	3.7^
Hamburger	6.1^	6.1^	5.6^	5.2^	--	0.0^	0.0^	1.6^	5.4^	1.3^	2.8^	2.2^	5.5^	1.8^	3.0^
Similar beef/pork sandwiches	6.8^	3.0^	2.8^	1.5^	--	0.0^	0.0^	0.8^	1.0^	0.7^	0.6^	1.6^	1.2^	0.9^	0.7^
Frankfurter, corn dog, similar sausage sandwiches	6.9^	6.9^	6.4^	4.9^	--	11.0^	4.7^	6.2^	7.8^	1.7^	3.7^	6.3^	7.7^	2.3^	3.9^
Frankfurters	6.0^	6.1^	5.6^	4.1^	--	11.0^	4.7^	6.2^	6.8^	1.0^	2.1^	6.2^	6.7^	1.5^	2.3^
Sandwich with only cheese	3.6^	3.6^	3.3^	2.0^	--	0.0^	5.5^	0.0#	0.0#	0.6^	0.5^	0.4^	0.5^	0.9^	0.6^
Cheeseburger, similar beef/pork sandwiches with cheese	0.0^	1.1^	1.0^	2.7^	--	0.0^	5.5^	0.0	0.0	0.4^	0.4^	0.0	0.1^	0.5^	0.6^
Cheeseburger	0.0^	1.1^	1.0^	2.7^	--	0.0^	5.5^	0.0	0.0	0.4^	0.4^	0.0	0.1^	0.5^	0.6^
Meat/Meat Alternate	33.3^	31.5^	29.7^	22.9^	--	38.1^	44.9^	54.4	48.2	49.0	56.9###	51.9	46.0	46.8	53.3
Meat (beef and pork)	13.7^	13.8^	13.4^	6.5^	--	9.0^	3.8†^	16.1	15.9	17.4	18.8#	15.8	15.6	16.8	17.5
Plain	4.2^	4.2^	3.9^	3.6^	--	9.0^	3.8^	12.5	12.6^	13.1	14.5#	11.5	11.5	12.0	13.3
With sauce, gravy, or mayonnaise	9.5^	9.5^	9.5^	2.9^	--	0.0^	0.0†^	2.2^	1.5^	2.9^	2.6^	3.0^	2.6^	3.6^	2.6^

	Mean Percentage of Daily CACFP Supper Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Supper Component/Food															
Chicken and turkey	14.4 [^]	12.5 [^]	11.5 [^]	9.6 [^]	--	29.0 [^]	12.3 [^]	20.2	18.3	15.4	19.2 [#]	19.5	17.6	14.9	18.2
Plain	9.0 [^]	7.1 [^]	6.5 [^]	6.1 [^]	--	0.0 ^{†††^}	0.0 ^{†††^}	11.7	9.1	9.5	9.9	11.3	8.8	9.1	9.5
Breaded or fried	5.4 [^]	5.4 ^{**^}	5.0 [^]	3.6 [^]	--	29.0 ^{††^}	12.3 [^]	5.7 [^]	6.0 [^]	4.6 [^]	6.8	5.6 [^]	6.1	4.7	6.4
Parts	1.2 [^]	1.2 [^]	1.1 [^]	0.0 [^]	--	9.0 [^]	3.8 [^]	1.2 [^]	1.3 [^]	2.1 [^]	2.2 ^{#^}	1.2 [^]	1.3 [^]	2.0 [^]	2.0 [^]
Nuggets	0.9 [^]	0.9 [^]	0.8 [^]	0.8 [^]	--	11.0 [^]	4.7 [^]	4.3 ^{#^}	4.5 ^{#^}	2.0 [^]	3.8 [^]	3.9 [^]	4.1 [^]	1.9 [^]	3.4 [^]
Patties	3.3 [^]	3.3 [^]	3.0 [^]	2.8 [^]	--	9.0 [^]	3.8 [^]	0.2 [^]	0.2 [^]	0.5 [^]	0.8 [^]	0.6 [^]	0.7 [^]	0.8 [^]	1.0 [^]
Fish and shellfish	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 ^{†††^}	5.5 [^]	5.6 ^{#^}	5.0 ^{###}	9.5 ^{###}	10.4 ^{###}	4.9 [^]	4.3	8.4	9.3
Breaded or fried	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 ^{††^}	5.5 [^]	2.7 [^]	2.5 ^{###^}	4.0 [#]	5.9 ^{###}	2.3 [^]	2.1	3.6	5.2
Other Protein	3.6 [^]	3.6 ^{**^}	3.3 [^]	5.4 [^]	--	0.0 ^{†^}	23.2 [^]	7.6 [^]	4.7 [^]	3.9 [^]	2.5 [^]	7.1 [^]	4.5 [^]	4.1 [^]	2.8 [^]
Cheese	1.5 [^]	1.5 [^]	1.4 [^]	3.6 [^]	--	0.0 ^{†^}	15.0 [^]	4.0 [^]	3.9 ^{#^}	2.9 [^]	1.7 [^]	3.7 [^]	3.6 [^]	2.9 [^]	1.9 [^]
Eggs	2.1 [^]	2.1 [^]	1.9 [^]	1.8 [^]	--	0.0 [^]	8.1 [^]	2.3 [^]	0.8 [^]	1.0 [^]	0.8 [^]	2.3 [^]	1.0 [^]	1.2 [^]	0.9 [^]
Sausage, frankfurters, and cold cuts	1.7 [^]	1.7 [^]	1.5 [^]	1.4 [^]	--	0.0 [^]	0.0 [^]	1.6 [^]	1.3 [^]	2.2 [^]	5.2 [^]	1.6 [^]	1.4 [^]	2.1 [^]	4.8 [^]
Breads and Grains	44.0 [^]	42.2 [^]	42.8 [^]	39.8 [^]	--	56.1 [^]	55.2 [^]	60.8	46.3	57.1	61.9 [#]	58.8	45.8	55.5	59.5
Breads, rolls, bagels, and other plain breads	22.5 [^]	22.6 [^]	24.0 [^]	16.4 [^]	--	47.1 [^]	20.0 [^]	29.1	17.5	26.9	26.8	28.4	18.3	26.5	25.7
Breads, rolls, and other plain breads	22.5 [^]	22.6 [^]	24.0 [^]	16.4 [^]	--	47.1 [^]	20.0 [^]	29.1	17.5	26.9	26.8	28.4	18.3	26.5	25.7
Rice	5.1 [^]	5.2 [^]	4.7 [^]	8.0 [^]	--	9.0 [^]	16.0 [^]	15.0 [#]	15.5 [#]	12.2	14.7	13.8	14.1	11.4	14.0
Biscuits and cornbread	1.4 [^]	1.4 [^]	2.1 [^]	2.0 [^]	--	0.0 [^]	0.0 ^{†††^}	7.5 [^]	5.9 [^]	6.6	7.1 [^]	6.7 [^]	5.3 [^]	6.1	6.6
Crackers, croutons, and pretzels	5.2 [^]	6.7 ^{**^}	6.2 [^]	5.8 [^]	--	0.0 ^{†^}	15.0 [^]	6.4 [^]	3.5 [^]	4.6 [^]	5.4 [^]	6.2 [^]	3.9 [^]	4.9	5.4
Pasta	5.5 [^]	3.6 [^]	3.3 [^]	3.1 [^]	--	0.0 ^{†††^}	4.1 [^]	4.1	4.8	5.1	6.5	4.3	4.6	4.9	6.1
Bread or bread alternates with added fat	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	9.0 [^]	3.8 [^]	0.0	0.2 [^]	1.9 ^{#^}	1.3 ^{#^}	0.0	0.2 [^]	1.7 [^]	1.1 [^]
Pre-buttered bread and rolls	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	9.0 [^]	3.8 [^]	0.0	0.2 [^]	1.9 ^{#^}	1.3 ^{#^}	0.0	0.2 [^]	1.7 [^]	1.1 [^]
Dessert/Other Menu Items	31.6 [^]	35.6 ^{**^}	33.5 [^]	27.0 [^]	--	0.0 ^{†^}	15.0 [^]	20.8 [^]	14.6 [^]	25.0	22.4	22.1	17.3 [^]	25.9	22.9
Water	31.6 [^]	33.4 ^{**^}	30.7 [^]	24.3 [^]	--	0.0 ^{†^}	15.0 [^]	20.3 [^]	14.1 [^]	22.2	19.3	21.7	16.5 [^]	23.1	19.9
Number of Daily Supper Menus	64	66	76	79	0	10	20	176	193	265	244	240	269	361	323
Number of Early Child Care Programs	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in CACFP. Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Includes food items served in 5% or more of daily Menu Surveys for any age group in any program type. Indented rows under each major category list the most frequently served minor category food to least frequently served minor category food by the all programs/3-5 age group column.

CACFP= Child and Adult Care Food Program.

Table D.3.11 Foods Served Most Frequently in CACFP Suppers in Before and After School Programs

Supper Component/Food	Mean Percentage of Daily CACFP Supper Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Milk	100.0^	100.0^	98.6	99.3	98.7^	99.3
1%	79.6^	87.6^	84.6	84.3	84.5^	84.5
Unflavored	75.0^	83.0^	83.9	81.6	83.6^	81.6
Flavored	4.6^	6.1^	5.2	8.3^	5.2^	8.2^
Skim	20.4^	19.2***^	48.7	55.5	48.0^	54.2
Flavored	4.1***^	5.8***^	36.2	42.2	35.3^	40.9
Unflavored	20.4^	15.0^	26.9	24.8	26.8^	24.5
Fruit	95.9^	87.3^	94.3	93.9	94.3^	93.6
Fresh	79.1***^	68.7^	44.7	46.5	45.6^	47.3
Apple	29.4^	22.3^	19.2	22.5	19.5^	22.5
Orange	13.0^	13.0^	11.7	13.4	11.7^	13.4
Banana	9.3^	9.8^	5.7	7.6	5.8^	7.7
Pear	14.2***^	7.6^	2.8^	2.6^	3.1^	2.8^
Canned	18.9^	15.9**^	36.2	35.7	35.7^	35.0
Applesauce	4.2^	2.2**^	11.1^	9.4	10.9^	9.2
Peaches	2.4^	4.9^	7.1^	7.1	7.0^	7.0
Pineapple	4.1^	4.5^	5.6^	6.4	5.6^	6.3
Fruit cocktail	4.0^	1.5^	4.9^	5.9	4.9^	5.7
Juice	1.2***^	1.1***^	23.9	23.1	23.3^	22.3
Blend	0.0^	0.0**^	7.2^	11.0^	7.0^	10.6^
Apple	0.0^	0.7**^	11.1^	8.9	10.8^	8.6
Orange	0.0^	0.0^	7.3^	5.7^	7.1^	5.5^
Dried	2.2**^	0.8**^	13.3	9.0	13.0^	8.7
Raisins	2.2^	0.8^	10.9	7.0^	10.6^	6.8^

Supper Component/Food	Mean Percentage of Daily CACFP Supper Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Vegetables	90.2 [^]	90.5 [^]	73.9	79.8	74.4 [^]	80.2
Cooked	69.1 [^]	66.8 [^]	46.5	45.4	47.1 [^]	46.2
Starchy	37.1 [^]	29.3 [^]	18.7	18.2	19.2 [^]	18.6
Corn	14.5 ^{**}	12.7 [^]	6.1 [^]	7.1	6.3 [^]	7.3
French fries/similar products	7.4 [^]	2.1 [^]	6.8	5.6	6.8 [^]	5.5
White potatoes	12.2 [^]	11.1 [^]	3.5 [^]	4.1	3.8 [^]	4.3
Green peas	5.1 [^]	5.1 ^{***}	1.7 [^]	1.6 [^]	1.8 [^]	1.7 [^]
Other	17.6 [^]	15.9 [^]	10.0	9.0	10.2 [^]	9.3
String beans	17.6 [^]	14.5 [^]	8.5	8.0	8.8 [^]	8.2
Red/Orange	3.5 [^]	4.3 [^]	6.8	6.2	6.7 [^]	6.1
Mixture	7.5 [^]	9.3 [^]	3.8	5.5	3.9 [^]	5.6
Beans and peas	5.4 [^]	6.5 [^]	6.0 [^]	5.5	6.0 [^]	5.5
Dark green	6.2 [^]	10.1 [^]	3.3 [^]	3.8 [^]	3.4 [^]	4.1 [^]
Broccoli	6.2 [^]	9.2 [^]	3.0 [^]	3.0 [^]	3.1 [^]	3.3 [^]
Raw	28.4 [^]	27.6 [^]	31.3	39.4	31.2 [^]	39.0
Red/Orange	8.8 [^]	3.9 ^{***}	17.3	20.4	17.1 [^]	19.8
Carrots	8.8 [^]	3.9 ^{***}	15.6	19.0	15.4 [^]	18.4
Mixture	8.6 [^]	9.5 [^]	7.9 [^]	8.3	8.0 [^]	8.3
Side salads	8.6 [^]	9.5 [^]	6.9 [^]	7.7	6.9 [^]	7.8
Other	9.0 [^]	9.6 [^]	4.8 [^]	8.0	5.0 [^]	8.0
Combination Entrees	69.7 [^]	66.8 [^]	63.9	70.2	64.1 [^]	70.1
Sandwich with plain meat, poultry, or fish	12.2 [^]	10.7 [^]	17.9	17.7	17.8 [^]	17.5
With poultry	8.1 [^]	9.4 [^]	13.2	12.7	13.1 [^]	12.6
With meat	4.1 [^]	1.3 [^]	4.7 [^]	5.0 [^]	4.7 [^]	4.9 [^]
Mixtures with grain, meat/meat alternate and/or vegetables	10.9 [^]	23.3 ^{***}	8.4	10.2	8.4 [^]	10.7
Spaghetti	4.6 [^]	8.7 ^{**}	1.7 [^]	3.1 [^]	1.7 [^]	3.3 [^]
Mexican-style entrees	2.0 [^]	2.1 ^{**}	6.5 [^]	8.9	6.4 [^]	8.7
Pizza	9.0 [^]	2.7 ^{***}	6.5	7.7	6.6 [^]	7.5
Without meat	6.9 [^]	2.7 [^]	2.7 [^]	4.7	2.8 [^]	4.6
Hamburger, similar beef/pork sandwiches	8.1 [^]	7.1 [^]	3.2 [^]	5.1	3.3 [^]	5.2
Hamburger	7.4 [^]	2.8 [^]	2.6 [^]	3.2	2.8 [^]	3.2

	Mean Percentage of Daily CACFP Supper Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Supper Component/Food						
Frankfurter, corn dog, similar sausage sandwiches	2.0^	3.5^	5.2	5.0	5.1^	4.9
Sandwich with breaded/fried meat, poultry, or fish	7.5^	5.1^	2.6^	3.7^	2.7^	3.8^
Sandwich with only cheese	7.8^	5.0^	3.1^	2.8^	3.2^	2.9^
Sandwich with mayonnaise-based poultry, tuna or egg salads	4.8^	5.6***	2.3^	1.1^	2.3^	1.3^
Meat/Meat Alternate	35.5^	34.2^	38.8	36.2	38.7^	36.2
Other Protein	4.2^*	4.7***	20.1^	19.5	19.6^	19.0
Cheese	4.2^	4.0****	10.8^	13.9	10.6^	13.6
Nuts, nut butters, seeds, nut mixtures	0.0^*	0.0***	11.7^	9.2^	11.4^	8.9^
Chicken and turkey	22.6***	23.4****	11.8	11.9	12.1^	12.3
Breaded or fried	11.9^	11.6^	9.2^	7.4	9.3^	7.5
Nuggets	8.4^	6.5^	5.7^	5.0^	5.8^	5.0^
Patties	3.5^	5.0^	3.1^	2.2^	3.1^	2.3^
With sauce, gravy, or mayonnaise	6.5^*	5.6^	1.2^	2.5^	1.3^	2.6
Plain	4.2^	6.2****	1.5^	2.0^	1.6^	2.2
Yogurt	0.0^*	0.7^	5.6^	4.3^	5.5^	4.1^
Low-fat/fat-free	0.0^*	0.7^	5.6^	4.3^	5.5^	4.1^
Breads and Grains	38.3^	42.6^	38.4	38.2	38.4^	38.3
Crackers, croutons, and pretzels	0.7^*	1.4****	17.8^	14.7	17.3^	14.3
Breads, rolls, bagels, and other plain breads	22.4^	20.0^*	7.0^	11.3	7.4^	11.7
Breads, rolls, and other plain breads	22.4^	19.3^*	5.7	10.5	6.1^	10.8
Rice	8.0^	11.7****	2.5^	2.7	2.6^	3.0
Dessert/Other Menu Items	14.8^	13.4****	5.5^	4.5^	5.8^	4.8^
Water	13.6^	11.4****	3.5^	2.7^	3.8^	3.0^
Number of Daily Supper Menus	57	134	217	448	274	582
Number of Before and After School Programs	12	28	47	100	59	128

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in CACFP. Table includes only programs for which the analysis variables were available. Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. Includes food items served in 5% or more of daily Menu Surveys for any age group in any program type. Indented rows under each major category list the most frequently served minor category food to least frequently served minor category food by the all programs/6-12 age group column.

CACFP= Child and Adult Care Food Program

Table D.3.12 Foods Served Most Frequently in CACFP Morning Snacks in Early Child Care Programs

	Mean Percentage of Daily CACFP Morning Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Morning Snack Component/Food															
Milk	57.2 [^]	55.4 [^]	55.1 [^]	44.3 [^]	63.1 [^]	74.6 [^]	74.8 [^]	68.2	61.2	69.5	78.9 ^{##}	67.2	60.7	68.2	75.4
1%	3.4 [^]	35.3 [^]	42.1 ^{^^}	42.7 [^]	18.0 [^]	70.5 [^]	69.0 [^]	14.7 [#]	47.3	49.0	52.5	13.8	46.2	48.7	51.5
Unflavored	3.4 [^]	35.3 [^]	42.1 ^{^^}	42.7 [^]	18.0 [^]	70.5 [^]	69.0 [^]	14.7 [#]	47.3	49.0	52.5	13.8	46.2	48.7	51.5
Skim	0.0 [^]	12.5 [^]	10.7 [^]	1.7 [^]	6.0 [^]	4.1 [^]	5.9 [^]	1.0 [^]	11.7	13.4	12.8 ^{#^}	1.0 [^]	11.7	13.1	11.7
Unflavored	0.0 [^]	12.5 [^]	10.7 [^]	1.7 [^]	6.0 [^]	4.1 [^]	5.9 [^]	1.0 [^]	11.7	13.4	12.8 ^{#^}	1.0 [^]	11.7	13.1	11.7
2%	3.4 [^]	5.1 [^]	7.0 ^{^^}	8.1 [^]	0.0 [^]	0.0 ^{†^}	0.0 [^]	6.4 [^]	2.0 [^]	5.1 [^]	8.5 [^]	6.1 [^]	2.3 [^]	5.2 [^]	8.4 [^]
Unflavored	3.4 [^]	5.1 [^]	7.0 ^{^^}	8.1 [^]	0.0 [^]	0.0 ^{†^}	0.0 [^]	6.4 [^]	2.0 [^]	5.1 [^]	8.5 [^]	6.1 [^]	2.3 [^]	5.2 [^]	8.4 [^]
Whole	53.7 [^]	7.8 [^]	0.0 [^]	0.0 [^]	39.1 [^]	0.0 [^]	0.0 ^{†^}	47.0	2.8 [^]	4.2 ^{#^}	5.1 [^]	47.6	3.3 [^]	3.7 [^]	4.6 [^]
Unflavored	53.7 [^]	7.8 [^]	0.0 [^]	0.0 [^]	39.1 [^]	0.0 [^]	0.0 ^{†^}	47.0	2.8 [^]	4.2 ^{#^}	5.1 [^]	47.6	3.3 [^]	3.7 [^]	4.6 [^]
Fruit	50.6 ^{***}	52.9 [^]	50.9 [^]	48.2 [^]	85.3 [^]	58.7 [^]	58.3 [^]	71.0 ^{##}	70.6 ^{###}	70.6 ^{###}	59.9	69.3	68.8	68.5	58.7
Fresh	24.2 [^]	26.7 [^]	28.6 [^]	20.7 [^]	37.8 [^]	26.0 ^{†^}	25.1 ^{†††^}	56.3 ^{###}	51.9 ^{###}	53.1 ^{###}	40.6 [#]	53.4	49.2	50.3	38.6
Banana	5.2 ^{^^}	7.6 [^]	9.3 [^]	3.4 [^]	15.2 [^]	10.5 [^]	8.9 [^]	15.9 ^{##}	11.6	13.3	10.2 [#]	14.9	11.2	12.9	9.5
Apple	9.3 [^]	9.9 [^]	9.0 [^]	12.7 [^]	7.4 [^]	5.1 [^]	4.6 ^{†^}	15.2	10.8	12.8	7.4 [^]	14.7	10.7	12.3	8.0 [^]
Strawberries	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 ^{†††^}	0.0 ^{†††^}	2.0 [^]	6.5 ^{###}	6.2 ^{###}	6.3 ^{###}	4.1 [^]	5.9	5.5	5.6	3.7 [^]
Grapes	2.8 [^]	2.4 [^]	2.7 [^]	1.7 [^]	7.4 [^]	5.1 [^]	3.1 [^]	4.4 [^]	5.9	5.5	6.8 [#]	4.3 [^]	5.5	5.2	6.3
Orange	0.0 [^]	0.0 [^]	0.6 [^]	0.0 [^]	7.8 [^]	5.4 [^]	4.1 [^]	3.5 ^{##}	4.5 ^{##}	4.2 [^]	3.6 ^{#^}	3.2 [^]	4.1 [^]	3.9 [^]	3.2 [^]
Blueberries	2.9 ^{***}	3.2 ^{****}	2.8 [^]	1.1 [^]	0.0 ^{†^}	0.0 ^{††^}	1.0 [^]	4.2 [^]	4.3 [^]	3.8 [^]	2.4 [^]	4.1 [^]	4.1 [^]	3.6 [^]	2.2 [^]
Kiwi	0.0 [^]	0.0 [^]	2.4 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	2.0 [^]	2.1 [^]	3.0 [^]	2.4 ^{#^}	1.8 [^]	1.9 [^]	2.9 [^]	2.2 [^]
Watermelon	0.0 [^]	0.3 [^]	0.2 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{††^}	0.0 ^{††^}	1.9 ^{#^}	2.6 ^{##^}	1.5 ^{#^}	1.6 [^]	1.7 [^]	2.4 [^]	1.4 [^]	1.5 [^]
Juice	16.7 [^]	16.3 [^]	13.3 [^]	22.2 [^]	7.8 [^]	5.4 [^]	5.1 ^{†^}	10.5	14.0	11.7	12.9	11.0	14.2	11.8	13.8
Apple	12.3 ^{***}	12.6 ^{***}	10.4 [^]	14.4 [^]	0.0 ^{††^}	0.0 ^{†††^}	2.2 [^]	4.8 [^]	7.4	6.3	6.9 [^]	5.5	7.9	6.6	7.6 [^]
Blend	0.0 [^]	0.8 [^]	1.3 [^]	0.6 [^]	7.8 [^]	5.4 [^]	1.7 [^]	2.2 [^]	3.2 [^]	2.2 [^]	2.3 [^]	2.0 [^]	3.0 [^]	2.1 [^]	2.1 [^]
Grapes	7.1 [^]	6.2 [^]	4.7 [^]	9.2 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.9 [^]	1.1 [^]	1.7 [^]	2.9 [^]	1.5 [^]	1.6 [^]	2.0 [^]	3.5 [^]
Orange	1.4 [^]	1.3 [^]	1.1 [^]	5.5 [^]	0.0 ^{†^}	0.0 ^{††^}	3.3 [^]	2.0 [^]	1.8 [^]	1.5 [^]	0.8 [^]	1.9 [^]	1.7	1.5	1.3 [^]

	Mean Percentage of Daily CACFP Morning Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Morning Snack Component/Food															
Canned	9.6^	9.8^	8.1^	12.8^	39.7^	27.3^	25.7^	3.5	4.6	5.1	5.6	4.2	5.3	5.7	6.3^
Applesauce	2.6^	3.2^	1.8^	0.0^	19.8^	13.6^	6.3^	1.1^	1.7^	1.7^	2.5^	1.3	1.9^	1.8^	2.2^
Peaches	2.5^	2.7^	2.9^	11.1^	7.8^	5.4^	5.8^	0.8^	0.9^	1.3^	0.8^	1.0^	1.1^	1.5^	1.8^
Fruit cocktail	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	6.7^	1.2^	1.4^	1.0^	0.9^	1.1^	1.3^	1.0^	0.8^
Pear	1.1^	1.0^	0.9^	1.7^	0.0^	0.0^	3.3^	0.1^	0.3^	0.6^	0.4^	0.2^	0.4^	0.6^	0.5^
Mandarin oranges	3.3^	2.9^	2.6^	0.0^	12.0^	8.3^	2.7^	0.0	0.0	0.0	0.0	0.3^	0.3^	0.3^	0.0
Dried	1.2^	1.0^	0.9^	1.8^	0.0^	0.0†^	3.4^	2.7#^	2.8^	3.0#	2.6^	2.5^	2.6^	2.8	2.6^
Raisins	0.0^	0.0^	0.0^	0.0^	0.0^	0.0†^	1.4^	2.7^	2.5##^	2.5##	2.6^	2.4^	2.2	2.2	2.4^
Apple	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	2.0^	0.0	0.0	0.0	0.0	0.0	0.0	0.0^	0.0
Vegetables	3.9^	5.4^	7.4^	9.7^	7.4^	5.1^	10.6^	4.9^	4.5^	8.1	7.7^	4.9^	4.6^	8.0	7.9^
Raw	2.8^	4.4^	6.5^	8.1^	7.4^	5.1^	9.6^	3.8^	3.2	6.1	5.2^	3.7^	3.3	6.2	5.5^
Other	2.8^	4.1^	2.4^	7.5^	7.4^	5.1^	5.5^	3.0^	1.6	4.1	3.8^	3.0^	1.9	3.9	4.2^
Celery	0.0^	1.0^	1.2^	1.8^	0.0^	0.0^	1.4^	2.2^	0.7^	2.4^	2.9^	2.0^	0.7^	2.3^	2.8^
Cucumber	0.8^	0.7^	0.6^	0.0^	7.4^	5.1^	1.6^	0.8^	0.9^	1.2^	0.2^	0.8^	0.9^	1.2^	0.2^
Green peppers	1.0^	1.6^	0.6^	5.7^	0.0^	0.0^	1.0^	0.5^	0.0	0.5^	0.0	0.6^	0.2^	0.5^	0.6^
Red/Orange	0.0^	0.3^	3.0^	0.6^	0.0^	5.1^	4.5^	1.3^	1.5#^	2.1^	0.6^	1.2^	1.4^	2.2^	0.6^
Carrots	0.0^	0.3^	3.0^	0.6^	0.0^	5.1^	4.5^	1.3^	1.5#^	2.1^	0.6^	1.2^	1.4^	2.2^	0.6^
Starchy	0.0^	0.0^	0.9^	0.0^	0.0^	0.0^	2.2^	0.0	0.0	0.0	0.0	0.0	0.0	0.1^	0.0
Jicama	0.0^	0.0^	0.9^	0.0^	0.0^	0.0^	2.2^	0.0	0.0	0.0	0.0	0.0	0.0	0.1^	0.0
Cooked	1.1^	1.0^	3.3^	1.7^	7.4^	5.1^	2.7^	1.1^	1.3^	2.0^	2.5^	1.2^	1.3^	2.1^	2.4^
Beans and peas	0.0^	0.0^	2.4^	0.0^	7.4^	5.1^	1.6^	0.0	0.8^	1.0^	0.7^	0.0^	0.7^	1.2^	0.7^
Other beans	0.0^	0.0^	2.4^	0.0^	7.4^	5.1^	1.6^	0.0	0.6^	1.0^	0.7^	0.0^	0.6^	1.1^	0.7^
Red/Orange	1.1^	1.0^	0.9^	1.7^	7.4^	0.0^	0.0^	0.4^	0.6^	0.2^	0.5^	0.5^	0.6^	0.3^	0.6^
Carrots	0.0^	0.0^	0.0^	0.0^	7.4^	0.0^	0.0^	0.4^	0.3^	0.0	0.0	0.4^	0.3^	0.0	0.0
Combination Entrees	3.8^	4.3^	3.9^	12.6^	0.0†^	0.0†^	6.9^	3.9^	6.0^	5.5^	5.7^	3.9^	5.8^	5.4	6.3^
Peanut butter sandwich	2.1^	2.9^	2.6^	12.6^	0.0†^	0.0†^	1.5^	2.3^	4.4^	2.9^	3.2^	2.2^	4.2^	2.8^	4.1^
Sandwich with only cheese	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	2.0^	0.3^	0.3^	0.2^	0.0	0.2^	0.2^	0.2^	0.0

	Mean Percentage of Daily CACFP Morning Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Morning Snack Component/Food															
Meat/Meat Alternate	15.8 [^]	17.4 [^]	19.6 [^]	10.8 [^]	37.3 [^]	25.7 [^]	23.0 ^{†^}	35.8 ^{##}	32.7 ^{##}	39.2 ^{##}	35.4 ^{###}	34.1	31.2	37.0	33.0
Other Protein	6.8 [^]	8.0 [^]	9.2 [^]	6.8 [^]	29.9 [^]	20.6 [^]	16.7 [^]	24.2 ^{##}	19.6 ^{##}	25.1 ^{##}	23.5 ^{###}	22.7	18.4	23.4	21.9
Cheese	4.5 [^]	4.5 [^]	6.4 [^]	5.2 [^]	29.9 [^]	20.6 [^]	12.8 [^]	13.1 [#]	9.9	13.0	10.3 [^]	12.4	9.4	12.4	9.8
Nuts, nut butters, seeds, nut mixtures	2.0 [^]	2.8 [^]	2.6 [^]	3.2 [^]	0.0 ^{††^}	0.0 ^{††^}	1.5 ^{†^}	6.4 [^]	6.6 [^]	7.8	9.8	6.0 [^]	6.2 [^]	7.2	9.2
Eggs	1.2 [^]	1.5 [^]	1.0 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	2.4 [^]	4.7 [^]	3.1 [^]	4.3 [^]	3.6 [^]	4.4 [^]	2.9 [^]	4.0 [^]	3.3 [^]
Yogurt	5.0 [^]	6.0 [^]	7.3 [^]	2.3 [^]	7.4 [^]	5.1 [^]	5.4 ^{†^}	11.5	12.6 [#]	11.9	7.6	10.9	11.9	11.3	7.1
Low-fat/fat-free	4.0 [^]	5.1 [^]	6.5 [^]	2.3 [^]	7.4 [^]	5.1 [^]	5.4 ^{†^}	11.2 [#]	12.2 [#]	11.6	7.5	10.6	11.5	11.0	7.0
Sausage, frankfurters, and cold cuts	2.8 [^]	2.4 [^]	2.2 [^]	1.7 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.8 [^]	1.5 [^]	2.3 [^]	3.2 [^]	1.0 [^]	1.5 [^]	2.3 [^]	3.0 [^]
Cold cuts	1.1 [^]	1.0 [^]	0.9 [^]	1.7 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.8 [^]	1.3 [^]	2.1 [^]	3.2 [^]	0.8 [^]	1.2 [^]	2.0 [^]	3.0 [^]
Breads and Grains	79.9 [^]	78.4 [^]	81.1 [^]	75.6 [^]	70.5 [^]	79.7 [^]	61.8 [^]	69.1	72.1	71.0	64.3	70.0	72.8	71.8	65.4
Crackers, croutons, and pretzels	41.9 [^]	40.5 [^]	38.8 [^]	54.3 [^]	30.9 [^]	21.2 [^]	27.0 [^]	34.9	38.9	36.6	30.8 [#]	35.5	39.0	36.7	33.1
Breads, rolls, bagels, and other plain breads	7.1 [^]	5.8 [^]	9.3 [^]	3.3 [^]	12.0 [^]	20.7 [^]	9.9 [^]	11.1	8.6	11.7	14.6 ^{###^}	10.8	8.4	11.4	13.5 [^]
Breads, rolls, and other plain breads	5.9 [^]	5.1 [^]	8.6 [^]	3.3 [^]	0.0 ^{†††^}	12.5 [^]	6.3 [^]	9.0	6.8	9.2	11.2 [#]	8.7	6.6	9.1	10.5
Bagel	1.2 [^]	0.8 [^]	0.7 [^]	0.0 [^]	12.0 [^]	8.3 [^]	3.6 [^]	2.1 [^]	1.9 [^]	2.4 [^]	3.4 [^]	2.1 [^]	1.8 [^]	2.3 [^]	3.0 [^]
Cold cereal	11.6 [^]	14.3 [^]	15.4 [^]	12.3 [^]	15.7 [^]	29.5 [^]	13.9 [^]	8.4	9.0	8.9 [#]	9.1 [^]	8.7	9.6	9.6	9.4 [^]
Unsweetened	7.8 [^]	10.7 [^]	10.6 [^]	11.8 [^]	15.7 [^]	29.5 [^]	12.5 [^]	7.1 [^]	6.2	6.6	7.4 [^]	7.1	6.8	7.1	7.8 [^]
Sweetened	3.8 [^]	3.6 [^]	4.8 [^]	0.6 [^]	0.0 ^{†^}	0.0 ^{††^}	1.4 [^]	1.4 [^]	2.7	2.3	1.7 [^]	1.6 [^]	2.8	2.5	1.6 [^]
Hot cereal	2.9 ^{***}	3.0 ^{***}	2.8 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	2.0 [^]	2.1 [^]	2.6 [^]	4.6 [^]	5.3 [^]	2.2 [^]	2.6 [^]	4.4 [^]	4.8 [^]
Pancakes, waffles, French toast	4.4 [^]	3.8 [^]	4.4 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{††^}	2.0 [^]	3.4 [^]	2.6 [^]	3.4 [^]	1.5 [^]	3.5 [^]	2.7	3.5	1.4 [^]
Muffins, sweet/quick breads	3.5 [^]	4.3 [^]	4.5 [^]	4.4 [^]	12.0 [^]	8.3 [^]	4.7 [^]	4.0 [^]	4.9 [^]	2.6	2.9 [^]	4.0 [^]	4.8 [^]	2.8	3.1 [^]
Granola bars and breakfast bars	3.7 [^]	3.2 [^]	2.9 [^]	1.5 [^]	0.0 ^{††^}	0.0 ^{††^}	1.4 [^]	1.7 [^]	2.2 [^]	2.3 [^]	1.3 [^]	1.8 [^]	2.3 [^]	2.3 [^]	1.3 [^]
Pastries	0.0 [^]	0.0 [^]	0.9 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	0.0 ^{†^}	2.1 ^{#^}	1.7 ^{#^}	1.5 [^]	0.2 [^]	1.9 [^]	1.5 [^]	1.4 [^]	0.2 [^]
Corn/tortilla chips	3.3 [^]	2.8 [^]	1.5 [^]	1.8 [^]	0.0 [^]	0.0 ^{†^}	1.0 [^]	0.7 [^]	1.2 [^]	0.7 [^]	1.5 [^]	0.9 [^]	1.4 [^]	0.8	1.6 [^]
Dessert/Other Menu Items	38.7 [^]	39.3 [^]	42.1 [^]	39.3 [^]	39.1 [^]	26.9 [^]	28.4 [^]	40.2	40.2	36.1	43.2	40.1	40.0	36.5	42.8
Water	31.9 [^]	33.1 [^]	34.8 [^]	30.8 [^]	39.1 [^]	26.9 [^]	26.8 [^]	36.5	37.1	32.8	34.7	36.1	36.7	32.9	34.3
Grain-based desserts	4.9 [^]	4.3 ^{^^}	3.8 [^]	6.3 [^]	0.0 ^{††^}	0.0 ^{†^}	4.3 [^]	3.6 [^]	2.9 [^]	2.4 [^]	5.7 [^]	3.7	3.0 [^]	2.6 [^]	5.8 [^]
Cookies	3.8 ^{***}	3.3 ^{^^}	2.9 [^]	4.6 [^]	0.0 ^{††^}	0.0 ^{†^}	2.9 [^]	3.6 [^]	2.9 [^]	2.4 [^]	5.7 [^]	3.6	2.9 [^]	2.5 [^]	5.6 [^]
Number of Daily Morning Snack Menus	95	121	131	55	14	19	66	345	432	477	200	454	572	674	255
Number of Early Child Care Programs	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in CACFP. Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Includes food items served in 2% or more of daily Menu Surveys for any age group in any program type. Indented rows under each major category list the most frequently served minor category food to least frequently served minor category food by the all programs/3-5 age group column.

CACFP= Child and Adult Care Food Program.

Table D.3.13 Foods Served Most Frequently in CACFP Afternoon Snacks in Early Child Care Programs

	Mean Percentage of Daily CACFP Afternoon Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Afternoon Snack Component/Food															
Milk	39.1	39.5	39.3	33.7	40.5	34.4††	46.6††	53.9##	50.5#	61.8###	65.0###	48.9	46.3	54.0	55.6
1%	4.4^	25.1	30.0	24.2	3.4^	25.9†	39.1	11.1^	38.5#	42.7#	45.7###	8.8	33.6	38.7	39.2
Unflavored	4.4^	25.1	30.0	24.2	3.4^	25.9†	39.0	11.1^	38.3#	42.5#	45.5###	8.8	33.5	38.6	39.0
Skim	0.7^	8.2	7.3	7.7^	0.0	4.2^	8.7	0.0	8.1	10.9	9.4	0.2^	8.0	9.7	8.9
Unflavored	0.7^	8.2	7.3	7.7^	0.0	4.2^	7.4	0.0	8.1	10.9	9.4	0.2^	8.0	9.6	8.9
2%	1.1^	2.9^	2.7***	2.3^	0.0	1.4^	0.3†^	4.6^	2.4^	6.3^	6.4^	3.4^	2.5	4.8^	5.2^
Unflavored	1.1^	2.9^	2.7***	2.3^	0.0	1.4^	0.3†^	4.5^	2.3^	6.2^	6.2^	3.3^	2.5	4.7^	5.1^
Whole	33.7	4.4^	0.2^	0.3^	38.0	3.7^	0.6†^	37.7	3.0	3.1##^	3.9#^	36.5	3.5	2.0^	2.8^
Unflavored	33.7	4.4^	0.2^	0.3^	38.0	3.7^	0.6†^	37.6	2.9	3.0##^	3.7^	36.4	3.4	2.0^	2.7^
Fruit	53.4	53.3	54.7	55.0	50.1††	56.2	54.9†	65.5##	63.6#	64.3##	65.0#	61.3	59.9	60.7	62.0
Fresh	16.1	17.5	19.1	16.7	17.7††	22.3†	21.0†††	37.4###	36.8###	39.9###	39.7###	30.2	29.9	32.3	32.8
Apple	4.9	5.3	6.4	7.3	3.5†^	4.7†	5.8†	7.1	8.9	8.5	8.2^	6.3	7.6	7.7	7.9
Banana	4.4	4.6	4.3	4.2	2.3†^	3.2†^	4.6	6.3	6.8#	5.8	7.1#	5.6	5.9	5.3	6.2
Grapes	1.1^	1.2^	1.2^	1.2^	1.8^	1.7^	1.2††^	3.7#	4.5##	5.4##	4.7##	2.9	3.3	3.8	3.6
Orange	2.2	2.8	3.2	2.3	2.3^	3.1^	3.4	3.6^	3.8^	4.2	3.0	3.2	3.5	3.8	2.8
Strawberries	1.1^	1.0^	0.9^	0.6^	2.3^	1.9^	1.1††^	4.3^	3.8#	5.1##	5.4#^	3.2	2.8	3.6	4.0^
Watermelon	0.5^	0.8^	0.6^	0.4^	1.4^	1.6^	1.0†^	2.8##	2.8#^	3.7##	3.5##	2.1	2.1	2.6	2.5
Blueberries	0.5^*	0.5^	0.5^	0.5^	0.0†	0.3†^	0.5^	2.6^	2.1#^	3.1#^	4.1#^	1.9^	1.5	2.1^	3.0^
Cantaloupe	0.3^	0.4^	0.4^	0.2^	1.0^	2.3^	0.5†^	3.3#^	1.3^	2.3##	2.0^	2.3^	1.1	1.6	1.4^
Peaches	0.3^	0.3^	0.3^	0.0	0.0†	0.0†	0.0†	2.0^	1.4^	1.5#^	2.1#^	1.4^	1.0^	1.0^	1.4^
Juice	24.6	25.2	25.3*	27.0	16.2	18.7	14.8	21.2	20.1	16.9##	18.7	22.1	21.7	19.2	21.2
Apple	12.4*	12.6*	13.3***	13.6	6.5	7.7	5.8††	12.8	11.3	10.2	9.6	12.4	11.6	10.7	10.8
Blend	5.6*	5.7*	5.4*	5.8^	1.2^	1.9^	2.4^	2.9	4.5^	2.9	4.3	3.7	4.8	3.6	4.8
Grapes	3.5	3.9	3.6	3.9	5.0^	5.5^	3.9^	3.4^	2.2^	2.1^	2.6^	3.5	2.9	2.7	3.0
Orange	2.3	2.5	3.3	4.1^	1.4^	1.5^	1.4^	1.7^	2.0^	1.5^	2.2^	1.9	2.2	2.0	2.8

	Mean Percentage of Daily CACFP Afternoon Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Afternoon Snack Component/Food															
Canned	12.2	10.3	10.4***	11.0	13.5	13.5†	17.3†††	5.9##^	6.0#	6.1#	5.8#^	8.1	7.7	8.2	7.3
Applesauce	4.8	3.5	3.7	3.2	5.0^	3.8^	3.8	2.2^	2.8	2.5	2.0	3.1	3.1	2.9	2.3
Pineapple	2.1*	2.0	1.9	1.8	4.0††	3.4††	3.2††	0.7#^	0.5###^	0.5#^	0.4#^	1.2	1.1	1.1	0.9
Peaches	1.5*	1.4	1.4*	1.8	0.3^	1.1^	2.9††	0.7#^	0.7^	0.7#^	1.0^	0.9^	1.0	1.1	1.2^
Fruit cocktail	1.5^	1.4	1.4*	2.2^	1.0^	1.8^	2.9†††	0.7^	0.8^	0.6^	0.4	0.9^	1.1	1.0	1.0^
Dried	0.8^	0.9	0.9	0.6^	0.6††^	0.8†^	0.6†††	2.9##	3.0##	3.5##	3.2##	2.2	2.2	2.5	2.4
Raisins	0.6^	0.7^	0.7^	0.6^	0.6†^	0.8†^	0.4††^	2.6##	2.8##	3.1##	3.1##	1.9	2.0	2.2	2.3
Frozen	0.7^	0.7^	0.7**^	0.8^	2.1†^	2.0^	1.9†††	0.0#	0.2^	0.2^	0.0#^	0.3^	0.4^	0.5	0.3^
Vegetables	5.0	7.0	7.2	6.8	6.8^	7.7	9.0	6.9	10.4	10.6	10.6	6.3	9.2	9.5	9.4
Raw	3.2	5.4	5.8	5.5	5.9^	4.9	7.6	4.1	7.3	7.7	7.5	3.9	6.6	7.1	6.9
Other	1.9	3.4	3.7	3.2	4.9^	2.9^	3.4	2.3^	3.6^	4.6	4.1	2.3	3.5	4.2	3.8
Celery	1.1^	2.0	1.9^	2.1^	1.3^	1.1^	1.3^	1.5^	2.2^	3.0	3.1	1.4^	2.1	2.5	2.8
Cucumber	0.8^	1.3^	1.3	0.8^	3.4^	1.6^	1.9	0.8^	1.0^	0.7^	0.4^	0.9	1.1	1.0	0.5^
Red/Orange	1.5^	2.1^	2.4^	2.8^	1.0^	1.3^	3.8	2.1	3.6	3.0	3.0	1.9	3.0	2.9	3.0
Carrots	1.4^	1.9^	2.1^	2.5^	0.5^	0.9^	3.3	1.4	2.8	2.4	2.5	1.4	2.5	2.4	2.5
Cooked	2.0^	1.8^	1.9	1.2^	3.2^	3.4^	2.1^	2.6^	2.8	2.7	3.1^	2.4	2.5	2.4	2.5
Beans and peas	1.1^	1.1^	1.3^	0.7^	2.8^	2.1^	1.6^	0.4^	1.3^	1.0^	1.0^	0.7^	1.3^	1.2	0.9^
Other beans	0.9^	0.9^	1.2^	0.5^	2.8^	1.7^	1.2†^	0.3^	0.3^	0.2#^	0.3^	0.5^	0.5^	0.6^	0.3^
Combination Entrees	4.0	4.4	4.2	4.3	5.9^	5.5	4.0	5.5^	7.0	7.0	7.6^	5.0	6.1	5.9	6.6
Peanut butter sandwich	1.5	1.9	1.6	2.0	2.1^	1.9^	1.0^	2.4^	2.0^	2.5^	2.9^	2.1^	1.9	2.1	2.6
Sandwich with only cheese	0.2^	0.3^	0.2^	0.1^	2.1^	1.8^	0.8^	0.7^	1.8^	0.6^	0.6^	0.6^	1.3^	0.5^	0.4^
Meat/Meat Alternate	24.7	26.0	25.2	26.3	24.9	29.7	29.8	25.7	29.5	29.7	30.7	25.4	28.3	28.4	29.4
Other Protein	15.3	16.3	16.1	17.1	15.0	19.4	18.3	16.8	18.8	20.5#	22.2	16.3	18.0	19.0	20.7
Cheese	11.9	12.0	11.8	12.0	12.4	14.5	14.0	12.4	11.3	14.3	15.1	12.2	11.6	13.6	14.1
Nuts, nut butters, seeds, nut mixtures	2.2	3.3	3.1	4.0	0.8†^	3.2^	2.7††^	4.1^	6.8	6.0#	7.1#	3.4	5.5	4.9	6.2
Yogurt	8.0	8.4	8.1	8.0	8.6	9.2	10.9	7.7	9.8	8.3	7.2	7.9	9.3	8.5	7.5
Low-fat/fat-free	7.9	8.2	8.0	8.0	8.6	9.2	10.6	7.5	9.4	8.0	7.2	7.6	9.0	8.2	7.5

	Mean Percentage of Daily CACFP Afternoon Snack Menus														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Afternoon Snack Component/Food															
Breads and Grains	70.2	70.2	71.6	73.1	65.5	68.0	69.5	66.7	67.4	66.5#	65.4	67.8	68.4	68.2	67.7
Crackers, croutons, and pretzels	53.2	52.8	53.1*	54.8	47.6	50.3	45.3	47.4	45.7#	46.2#	41.2##	49.2	48.2	48.2	45.3
Breads, rolls, bagels, and other plain breads	5.7	5.8	5.9	5.6	4.2^	4.5	6.3	5.8	5.6	7.2	9.3	5.7	5.6	6.7	8.2
Breads, rolls, and other plain breads	5.3	5.3*	5.2	4.9	3.4^	2.9	4.2	5.3	5.0	6.3	8.0	5.2	5.0	5.8	7.1
Bagel	0.4^	0.5^	0.6^^	0.7^	0.8^	1.6^	2.1	0.5^	0.6^	0.9^	1.2^	0.5^	0.6^	0.9	1.1
Muffins, sweet/quick breads	2.9	2.8	3.0	2.9	4.8^	5.6^	4.1	3.1	3.7	3.5	3.8	3.1	3.5	3.4	3.5
Cold cereal	2.4*	2.5	2.7**	2.5	4.5	3.5^	6.7†	3.6	2.7	2.8	3.7	3.2	2.6	3.1	3.4
Unsweetened	1.9	1.8	1.8**	1.9	2.8^	2.3^	4.9††	2.5	1.9^	1.9^	2.6^	2.3	1.9	2.1	2.4
Granola bars and breakfast bars	1.4^	1.8^	2.1	2.5^	2.4	2.3^	2.9	1.2^	2.3	1.9^	2.2^	1.3	2.1	2.1	2.3^
Corn/tortilla chips	2.2	2.4	2.6	2.6	1.3^	2.5†	2.9††	0.6###^	1.0##	0.9##	1.2	1.1^	1.5	1.6	1.6
Pastries	1.3^	1.5***	1.1^	1.1^	0.7^	0.0	0.3†^	2.3^	3.0^	1.1	2.6^	1.9^	2.4^	1.1	2.1^
Dessert/Other Menu Items	43.6	41.9	42.5	42.4	35.1	40.9	42.8	38.6	39.9	37.8	37.7	40.1	40.6	39.6	39.2
Water	35.0	33.8	34.8	34.4	27.2	33.0	38.4	31.9	33.6	32.2	30.6	32.7	33.6	33.5	31.7
Grain-based desserts	9.7	9.0	8.9†	8.7	7.0	7.5	5.4	6.5	6.1	5.2#	6.1	7.5	7.1	6.3	6.9
Cookies	8.8	8.2	8.2	7.7	6.5^	7.1^	4.9	5.1#	4.8#	4.5##	5.6	6.3	6.0	5.6	6.2
Number of Daily Afternoon Snack Menus	740	893	1,026	619	202	257	809	483	628	770	486	1,425	1,778	2,605	1,105
Number of Early Child Care Programs	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in CACFP. Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Includes food items served in 2% or more of daily Menu Surveys for any age group in any program type. Indented rows under each major category list the most frequently served minor category food to least frequently served minor category food by the all programs/3-5 age group column.

CACFP= Child and Adult Care Food Program.

Table D.3.14 Foods Served Most Frequently in CACFP Afternoon Snacks in Before and After School Programs

	Mean Percentage of Daily CACFP Afternoon Snack Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Afternoon Snack Component/Food						
Milk	46.9	46.7	41.7^	37.3	42.6	39.2
1%	36.0	42.5	34.9^	34.4	35.1	36.0
Unflavored	36.0	35.0	34.9^	32.4	35.1	32.9
Flavored	0.6^	8.4^	0.0^	5.1^	0.1^	5.7^
Skim	13.2^	12.9^	9.3^	5.6^	10.0^	7.1^
Unflavored	10.2^	11.3^	4.1^	2.5^	5.2^	4.2^
Flavored	3.0^	1.9^	7.0^	4.2^	6.2^	3.8^
2%	1.1^	0.9	3.3^	2.0^	2.9^	1.8^
Unflavored	1.1^	0.9	3.3^	2.0^	2.9^	1.8^
Fruit	53.1	55.1	53.8^	58.0	53.7	57.5
Juice	19.0	20.8	26.5^	29.9	25.2	28.1
Blend	2.9***	3.4***	12.1^	12.1	10.4	10.4
Apple	7.6	11.0	8.7^	8.7^	8.5	9.1
Orange	1.4^	1.2^a	3.3^	7.3^	2.9^	6.1^
Grapes	5.0	4.2	5.4^	5.3^	5.3^	5.1^
Strawberries	0.0	0.1^	2.1^	1.3^	1.7^	1.0^
Pineapple	2.8^	1.5^	0.8^	0.5^	1.2^	0.7^
Fresh	22.8	23.0	19.1^	16.0	19.8	17.4
Apple	9.4	8.1	8.5^	8.1	8.7	8.1
Banana	3.8^	4.9	4.9^	3.0^	4.7	3.4
Orange	1.8	2.5	1.9^	1.7^	1.9^	1.9^
Pear	2.7^a	1.5^	0.0^	0.3^	0.5^	0.5^
Canned	12.4	10.4	10.5^	14.3^	10.9^	13.5
Applesauce	4.1	4.5	5.5^	5.6^	5.3^	5.3
Fruit cocktail	1.9^	1.1^	4.3^	5.7^	3.9^	4.8^
Dried	1.0^	1.9^	3.2^	2.5^	2.8^	2.4^
Raisins	0.3^	0.6^	3.2^	2.5^	2.6^	2.1^

	Mean Percentage of Daily CACFP Afternoon Snack Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Afternoon Snack Component/Food						
Vegetables	8.9	10.1	8.6^	9.7	8.7	9.8
Raw	8.2	9.2	7.6^	7.6	7.8	8.0
Red/Orange	5.1^	5.7	5.1^	5.7	5.1^	5.7
Carrots	4.8^	5.3	4.6^	5.4	4.6	5.3
Other	3.3^	3.5	4.4^	3.1	4.2	3.2
Dark green	2.0^	1.5^	1.5^	0.9^	1.6^	1.1^
Broccoli	2.0^	1.4^	1.5^	0.9^	1.6^	1.0^
Cooked	1.4^	1.5	1.0^	2.1^	1.1^	2.0^
Combination Entrees	2.5^	3.7^	1.8^	3.0^	1.9^	3.1^
Meat/Meat Alternate	20.5	24.0	20.1^	21.0	20.2	21.6
Other Protein	13.0	13.9	11.0^	12.0	11.4	12.4
Cheese	12.0	11.6	8.6^	9.8	9.3	10.2
Nuts, nut butters, seeds, nut mixtures	0.8^	2.0^	2.4^	2.3^	2.1^	2.2
Yogurt	7.4	10.0	7.7^	7.5	7.7	8.0
Low-fat/fat-free	7.4	10.0	7.7^	7.5	7.7	8.0
Breads and Grains	64.7	67.0	74.7^	72.2	72.9	71.2
Crackers, croutons, and pretzels	44.6	44.9	48.5^	48.1	47.8	47.5
Corn/tortilla chips	5.3	4.4^	6.2^	7.2	6.0	6.6
Granola bars and breakfast bars	6.2^	7.0	7.5^	5.5	7.3	5.8
Cold cereal	2.9^	6.5	6.6^	5.4^	5.9^	5.6
Unsweetened	1.3^	4.7	3.3^	3.3^	3.0^	3.6
Sweetened	1.6^	2.3^	4.2^	2.9^	3.7^	2.8^
Muffins, sweet/quick breads	1.6^	1.5^	4.7^	4.0^	4.1^	3.5^
Breads, rolls, bagels, and other plain breads	2.6	2.3^	2.8^	3.2^	2.8^	3.0^
Breads, rolls, and other plain breads	2.0	1.5^	1.8^	1.8^	1.8^	1.7^

	Mean Percentage of Daily CACFP Afternoon Snack Menus					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Afternoon Snack Component/Food						
Dessert/Other Menu Items	48.4	44.8	32.2^	34.4	35.2	36.5
Water	34.5	34.1	22.3^	22.9^	24.6^	25.1
Grain-based desserts	12.8	9.6	10.0^	11.5	10.5	11.1
Cookies	12.6	9.3	8.5^	10.2^	9.3^	10.0
Snacks	2.0^	2.0^	0.7^	1.2^	0.9^	1.3^
Candy (hard candy, chocolate, gum)	2.4^	1.8^	0.0^	0.0	0.4^	0.4^
Number of Daily Afternoon Snack Menus	317	573	162	258	479	831
Number of Before and After School Programs	65	120	35	58	100	178

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in CACFP. Table includes only programs for which the analysis variables were available. Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. Includes food items served in 2% or more of daily Menu Surveys for any age group in any program type. Indented rows under each major category list the most frequently served minor category food to least frequently served minor category food by the all programs/6-12 age group column.

CACFP= Child and Adult Care Food Program.

Table D.3.15 Major Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Breakfasts Served in Early Child Care Programs

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories															
Breads and Grains	36.5***	40.2**	39.6	42.7	31.6†	36.1	36.6	37.1	39.4	39.4	39.9	36.7	39.5	39.2	40.7
Milk	36.9	30.4	26.6	26.2	39.1	29.6	25.7†	37.7	30.5	27.2	26.9	37.5	30.4	26.9	26.7
Fruit	16.9*	18.4	20.4***	19.8	15.6††	17.2††	18.9†††	12.7###	15.1###	16.3###	14.8###	14.1	16.3	17.7	16.2
Accompaniments	3.3	3.8	5.0	5.5	4.0	3.8	5.0†	3.7	4.8	6.7	7.6	3.6	4.4	6.1	7.0
Combination Entrees	3.9	4.2	5.5	3.4	4.5^	4.9^	7.4	4.0	4.5	5.1	4.7	4.0	4.4	5.5	4.3
Meat/Meat Alternate	2.1*	2.5**	2.4***	1.8	4.9	8.0	6.0	3.9##	4.5#	4.2##	5.2###	3.4	4.0	3.9	4.2
Vegetables	0.2^	0.3^	0.2^	0.4^	0.3^	0.4^	0.3^	0.6^	0.9^	0.7	0.6^	0.5^	0.7^	0.6	0.5^
Dessert/Other Menu Items	0.2^	0.2^	0.3^	0.2^	0.0	0.0	0.1	0.3^	0.2^	0.2^	0.4^	0.2^	0.2^	0.2^	0.4^
Mean Amount (kcal)	262	239	307	310	257	241	317	252	228#	300	312	255	232	304	311
Total Fat															
Breads and Grains	26.5**	39.3*	40.3	44.9	21.0	31.8	34.7	25.7	34.6	34.3	33.0##	25.7	36.0	35.8	35.9
Milk	54.9	31.8	23.9*	23.7	54.9†	27.2	20.9	50.2#	25.8##	21.8	21.6	51.7	27.8	22.2	22.1
Accompaniments	6.5	10.2	13.7	15.2	8.4	10.4	14.0†	8.3	14.4	19.4#	21.5	7.8	12.9	17.4	19.9
Combination Entrees	6.3	9.3	12.8	8.4	5.7^	9.3^	14.9	6.1	9.0	10.0	8.6	6.2	9.1	11.2	8.6
Meat/Meat Alternate	4.2*	6.8**	6.4**	4.9	8.7	19.1	13.2	7.3#	12.1#	10.8##	12.1##	6.5	10.8	9.9	10.3
Fruit	1.2**	1.8	2.0**	2.0	1.0†	1.6††	1.7†	1.3	2.0	2.0	1.8	1.2	1.9	2.0	1.8
Vegetables	0.3^	0.5^	0.5^	0.7^	0.4^	0.8^	0.5^	0.7^	1.8^	1.3^	0.7^	0.6^	1.3^	1.0^	0.7^
Dessert/Other Menu Items	0.2^	0.2^	0.3^	0.2^	0.0	0.0	0.1	0.5^	0.3^	0.4^	0.7^	0.4^	0.3^	0.3^	0.6^
Mean Amount (g)	9	6	7*	7	10	6	8	9	6	9#	9##	9	6	8	9
Saturated Fat															
Milk	69.8	48.8	39.3*	39.8	67.4	41.9	34.1	63.4#	41.6#	34.2#	33.0##	65.3	44.0	35.4	34.5
Accompaniments	6.9	12.3	16.9	18.5	9.5	13.2	17.4††	10.0	18.5	25.7##	29.4##	9.1	16.3	22.8	26.9
Breads and Grains	14.6	24.2	25.0	28.6	11.7	20.3	22.1	15.4	21.6	21.2	20.2#	15.1	22.4	22.2	22.1
Combination Entrees	4.5	7.4	11.5	7.1	4.2^	7.8^	13.6	4.9	6.7	9.1	6.9	4.8	7.0	10.1	6.9
Meat/Meat Alternate	3.4*	6.1**	5.9**	4.6	6.7	15.9	11.8†	5.2	9.6	8.1	9.0##	4.7	8.8	7.9	8.0
Fruit	0.5*	0.8*	0.9**	0.9	0.4†	0.7†††	0.7†	0.5	1.0#	0.9	0.8	0.5	0.9	0.9	0.8
Vegetables	0.1^	0.2^	0.2^	0.3^	0.1^	0.3^	0.2^	0.3^	0.7^	0.5^	0.3^	0.2^	0.5^	0.4	0.3^
Dessert/Other Menu Items	0.1^	0.2^	0.3^	0.2^	0.0	0.0	0.1	0.4^	0.3^	0.3^	0.5^	0.3^	0.2^	0.3^	0.5^
Mean Amount (g)	4	2	3*	3	4	3	3	4	2	4##	4###	4	2	3	4

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Sodium															
Breads and Grains	56.9**	56.3**	55.9**	59.9	49.1	49.4	48.8†	54.3	53.7	55.1	55.2#	54.9	54.4	54.7	56.5
Milk	26.6	27.0	25.0*	24.9	26.2	24.5	22.8	26.5	26.7	23.9	23.2	26.5	26.7	24.1	23.6
Combination Entrees	7.6	7.5	9.4	6.5	8.4^	7.8^	13.1†	6.9	6.4	7.5	6.5	7.1	6.8	8.6	6.5
Meat/Meat Alternate	4.7**	5.0**	4.7***	3.2	11.7	14.3	10.0	7.4	8.1	7.3#	8.7##	6.7	7.4	6.9	7.1
Accompaniments	2.2	2.3	3.1	3.3	3.0	2.4	3.5	2.5	3.0	4.2	4.5	2.4	2.7	3.8	4.2
Vegetables	0.6^	0.6^	0.5^	0.8^	0.4^	0.6^	0.5^	0.9^	1.0^	1.0^	0.7^	0.8^	0.9	0.8	0.7^
Fruit	1.0	1.0	1.1	1.1	1.0†††	0.9†††	1.0†††	0.6###	0.6###	0.6###	0.5###	0.7	0.7	0.8	0.7
Dessert/Other Menu Items	0.4^	0.4^	0.4^	0.4^	0.1^	0.2^	0.4	1.0^	0.5^	0.4^	0.8^	0.8^	0.5^	0.4	0.7^
Mean Amount (mg)	272	274	347	348	277	301	378	273	274	359	378#	273	275	358	369
Dietary Fiber															
Breads and Grains	51.5	52.1	47.3	52.0	51.5	50.8	45.1†	52.6	52.0	48.2	52.1	52.2	52.0	47.6	52.0
Fruit	43.2	43.2	46.6	43.9	42.2	42.8	47.7	41.4	40.5	45.5	42.1	42.0	41.5	46.0	42.6
Combination Entrees	4.1	3.5	4.7	2.1	5.0^	4.3^	5.5	3.5	4.6	4.1	3.9#	3.7	4.3	4.4	3.4
Vegetables	0.4^	0.4^	0.3^	0.5^	0.5^	0.6^	0.5	1.5^	1.8^	1.1#	0.8^	1.2^	1.3^	0.9	0.7^
Meat/Meat Alternate	0.1^	0.1^	0.1***	0.2^	0.3^	1.2^	0.8	0.8^	0.8#^	0.7#^	0.7^	0.6^	0.6^	0.6^	0.6^
Accompaniments	0.5^	0.5	0.6	0.9^	0.4†	0.5	0.4	0.2#	0.2	0.3#	0.2	0.3	0.3	0.4	0.4
Dessert/Other Menu Items	0.1^	0.1^	0.2^	0.2^	0.0	0.0	0.1	0.0^	0.0^	0.1^	0.2^	0.0^	0.0^	0.1^	0.2^
Milk	0.0	0.0^	0.1^	0.2^	0.0	0.0	0.0††	0.1^	0.0	0.0	0.0	0.0^	0.0^	0.0^	0.1^
Mean Amount (g)	2	2	3	3	2	2	3	2	2#	3	3	2	2	3	3
Iron															
Breads and Grains	88.8	89.0	87.5*	89.6	86.7	87.0	84.1†	89.3	88.7	87.9	88.0	89.1	88.7	87.4	88.5
Fruit	6.2	6.0	6.9	6.2	6.4††	5.9†	7.2†††	4.7##	5.0#	5.6##	5.1#	5.2	5.4	6.1	5.5
Combination Entrees	2.2	2.1	2.8	1.6	2.7^	2.5^	4.3	2.2	2.1	2.6	2.5	2.2	2.2	2.8	2.3
Meat/Meat Alternate	0.9*	1.0*	1.0**	0.7	2.3	2.8	2.1	1.7	2.0##	2.0##	2.4###	1.5	1.7	1.7	1.9
Milk	1.6	1.6	1.5	1.5	1.7	1.6	1.9	1.7	1.7	1.5	1.5	1.7	1.6	1.6	1.5
Accompaniments	0.1	0.1	0.2	0.2	0.1†	0.1	0.2	0.1^	0.1	0.1	0.1	0.1	0.1	0.2	0.1
Vegetables	0.1^	0.1^	0.1^	0.1^	0.1^	0.2^	0.1	0.2^	0.2^	0.2	0.2^	0.2^	0.2^	0.1	0.1^
Dessert/Other Menu Items	0.1^	0.1^	0.1^	0.1^	0.0	0.0	0.0^	0.1^	0.1^	0.1^	0.2^	0.1^	0.1^	0.1^	0.1^
Mean Amount (mg)	3.2	3.2	4.0**	4.2	3.0	3.2†	3.7	3.0	2.9#	3.8	3.9	3.1	3.1	3.8	4.0

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
Breads and Grains	59.4	57.2	55.8**	59.5	54.4	52.5	48.7††	55.4#	54.9	54.7	55.1	56.6	55.6	54.4	56.4
Milk	31.5	33.9	33.2	32.3	31.8	32.8	34.3	34.0#	34.7	33.9	33.2	33.1	34.4	33.7	32.9
Fruit	3.9	3.6	4.3	3.7	4.2	3.7	4.4††	3.3#	3.1#	3.8	3.4	3.5	3.3	4.0	3.5
Meat/Meat Alternate	2.2*	2.4**	2.4***	1.7	5.8	7.4	6.5††	3.7#	3.7#	3.8#	4.8###	3.3	3.4	3.7	3.9
Combination Entrees	2.6	2.5	3.7	2.0	3.5^	3.2^	5.5	3.0	3.0	3.3	2.9	2.9	2.8	3.6	2.6
Accompaniments	0.2	0.2	0.3	0.4^	0.2	0.2	0.3	0.2	0.2	0.3	0.3	0.2	0.2	0.3	0.3
Dessert/Other Menu Items	0.1^	0.1^	0.1^	0.2^	0.1^	0.1^	0.2	0.3^	0.1^	0.1^	0.2^	0.2^	0.1^	0.1	0.2^
Vegetables	0.1^	0.1^	0.1^	0.1^	0.1^	0.1^	0.1	0.2^	0.2^	0.2#	0.1^	0.2^	0.2^	0.1	0.1^
Mean Amount (mg)	2.0	2.1	2.5	2.6	2.0	2.1	2.4	1.9	2.0	2.4	2.5	1.9	2.0	2.5	2.6
Calcium															
Milk	73.1	74.6**	72.8*	72.9	71.5	70.7	69.6	70.9	72.8	71.2	71.1	71.5	73.3	71.4	71.6
Breads and Grains	19.7	18.1	18.5**	20.0	17.9	17.3	16.7†††	20.8	19.3	20.9##	21.1	20.4	18.8	19.8	20.8
Fruit	2.7	2.7	3.2	3.0	2.8	2.9	3.3	2.3	2.5	3.1	2.7	2.4	2.6	3.1	2.8
Combination Entrees	1.9	1.9	2.8	1.8	2.9^	2.5^	4.5	2.5	2.2	2.6	2.0	2.3	2.1	2.9	1.9
Meat/Meat Alternate	2.1	2.1^a	2.1***	1.6^	4.5^	6.3	5.3†††	3.1^	2.8^	1.7	2.4	2.8	2.7	2.1	2.2
Accompaniments	0.3	0.3	0.4	0.4	0.2	0.2	0.3	0.2	0.2	0.3	0.4	0.2	0.2	0.3	0.4
Dessert/Other Menu Items	0.3^	0.2^	0.3^	0.3^	0.1^	0.1^	0.2	0.2^	0.2	0.2	0.3^	0.2	0.2	0.2	0.3
Vegetables	0.0^	0.0^	0.0^	0.1^	0.0^	0.0^	0.0^	0.1^	0.1^	0.1	0.0^	0.1^	0.1^	0.1	0.0^
Mean Amount (mg)	263	278**	337*	336	268	294	350	271	284	341	346	268	283	340	343
Potassium															
Milk	54.9	57.2	53.5	54.2	54.5	55.2	52.0	53.8	55.5#	52.0#	52.2#	54.2	56.0	52.4	52.8
Fruit	25.4	24.1	27.3*	26.6	24.2	23.1	26.0	24.1	23.6	27.3	25.6	24.5	23.7	27.2	25.9
Breads and Grains	15.2	14.5	14.3	15.6	14.3	13.5	13.7†	16.1	15.0	15.0	15.6	15.8	14.8	14.7	15.6
Meat/Meat Alternate	1.6	1.6**	1.6***	1.1	3.8	5.2†	4.2†	2.5#	2.5	2.4#	3.2##	2.3	2.3	2.3	2.6
Combination Entrees	2.1	1.9	2.4	1.5	2.4^	2.1^	3.2	1.9	2.0	2.1	2.0	2.0	1.9	2.3	1.9
Vegetables	0.3^	0.3^	0.3^	0.4^	0.5^	0.6^	0.4	1.2^	1.2^	0.9^	0.8^	0.9^	0.9^	0.7	0.7^
Accompaniments	0.3	0.3	0.4	0.4	0.2	0.2	0.4	0.2#	0.2	0.3	0.3	0.2	0.2	0.3	0.4
Dessert/Other Menu Items	0.2^	0.1^	0.3^	0.2^	0.0	0.0	0.1	0.2^	0.1^	0.1^	0.2^	0.2^	0.1^	0.1	0.2^
Mean Amount (mg)	412	439	555	550	411	454	568	418	452#	565	571#	416	448	562	565

STUDY OF NUTRITION AND ACTIVITY IN CHILD CARE SETTINGS: APPENDIX D

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Vitamin D															
Milk	83.9	82.8	82.2	81.6	84.9	81.1	81.6	83.8	83.6	82.7	82.0	83.9	83.2	82.5	81.9
Breads and Grains	13.0	13.9	13.9*	15.5	10.5	12.7	12.1	12.1	12.0	12.9	12.8#	12.3	12.7	13.1	13.5
Meat/Meat Alternate	1.7	2.0*	2.0**	1.3	3.3	4.8	3.7	3.0	3.3	3.0	4.0###	2.6	2.9	2.8	3.2
Combination Entrees	1.0	1.0	1.4	1.1^	0.9^	1.0^	2.1†	0.7^	0.6	0.9	0.9	0.8	0.8	1.2	0.9
Accompaniments	0.2^	0.2	0.3	0.3^	0.2^	0.2^	0.3	0.2^	0.2^	0.3^	0.2^	0.2	0.2^	0.3	0.2
Fruit	0.0^	0.1^	0.0^	0.0	0.2^	0.1^	0.2^	0.1^	0.2^	0.1^	0.1^	0.1^	0.1^	0.1^	0.1^
Dessert/Other Menu Items	0.1^	0.1^	0.1^	0.2^	0.0	0.0	0.0†^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.1^
Vegetables	0.0^	0.0^	0.0^	0.0^	0.0	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Amount (mcg)	2.6	2.5	2.9	2.9	2.6	2.5†	2.9	2.5	2.4	2.8	2.9	2.5	2.4	2.9	2.9
Calories from Solid Fats															
Accompaniments	8.6	18.8	25.9	28.7	11.6	20.8	26.9	11.8	28.4	34.5	38.1	10.9	24.9	31.9	36.1
Breads and Grains	13.4*	26.5	27.7	32.1	8.6	20.8	21.4	16.5	26.1	26.4	23.9	15.4	26.0	26.3	25.6
Milk	68.8	36.0	22.2	22.8	68.7†	28.8	18.5	61.1#	26.0##	19.6	19.8	63.5	29.4	20.1	20.4
Combination Entrees	5.1	10.0	15.8	9.9^	3.8^	10.3^	18.9	4.9	6.0	9.8	7.5	4.9	7.5	12.0	8.0
Meat/Meat Alternate	3.8	8.1*	7.6*	5.6	7.2	19.3	14.1†	4.9	12.7	9.0	9.5	4.7	11.5	9.1	8.7
Dessert/Other Menu Items	0.2^	0.3^	0.4^	0.3^	0.0	0.0	0.2	0.7^	0.6^	0.7^	1.2^	0.5^	0.5^	0.6^	1.0^
Vegetables	0.2^	0.3^	0.3^	0.6^	0.0	0.1^	0.0^	0.1^	0.2^	0.1^	0.1^	0.1^	0.2^	0.1^	0.2^
Fruit	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mean Amount (kcal)	49	24	29	28	55	25	33	53	24	39##	44###	52	24	36	39
Calories from Added Sugars															
Breads and Grains	53.3	53.1	48.4	51.6	48.3†††	46.5††	46.9†††	69.3###	64.9##	62.8##	62.3#	62.1	58.9	55.6	57.9
Fruit	34.5	33.5	34.9	31.4	35.5†††	34.4†††	32.8†††	12.6###	14.8###	13.5###	11.2###	22.3	24.0	23.6	19.5
Accompaniments	9.4	10.0	12.4	13.8	10.9	10.9	11.5†	10.6	13.9	17.3	18.1	10.1	12.1	14.8	16.4
Combination Entrees	1.4	1.4	1.9	0.8^	2.5^	2.0^	2.4	2.7^	2.7#	3.9^	4.0#^	2.1	2.1	3.0	2.7^
Meat/Meat Alternate	1.0^	1.0^	1.0***	0.9^	2.8^	6.3^	5.9	4.1#	3.6#^	2.1^	3.6^	2.8	2.5	2.1	2.5^
Dessert/Other Menu Items	0.4^	0.3^	0.5^	0.4^	0.0	0.0	0.0	0.1^	0.1^	0.5^	0.8^	0.2^	0.2^	0.4^	0.6^
Milk	0.0	0.6^	0.9^	1.0^	0.0	0.0	0.7††^	0.6^	0.0	0.0	0.0	0.4^	0.2^	0.4^	0.4^
Vegetables	0.1^	0.0^	0.0^	0.0^	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0^	0.0^	0.0^	0.0^
Mean Amount (kcal)	25***	25*	35	37	19	21†	31†††	15###	15###	21###	22###	18	19	26	26

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Breakfasts	734	875	983	504	239	307	1,034	513	640	787	442	1,486	1,822	2,804	946
Number of Early Child Care Programs	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. For each nutrient panel, major food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Accompaniments includes condiments and salad dressings.

CACFP= Child and Adult Care Food Program.

Table D.3.16 Major Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Lunches Served in Early Child Care Programs

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories															
Combination Entrees	35.5	37.9	40.7	36.6	32.6	35.2	40.8††	30.7#	35.4	36.4#	31.9	32.2	36.2	38.0	33.3
Milk	22.8**	18.2	16.8	16.0	25.3	19.2	17.2†	24.9###	19.1#	18.3###	17.7##	24.3	18.8	17.8	17.2
Meat/Meat Alternate	10.5	11.2	10.9	11.2	10.6†	12.1	10.3†††	13.8##	13.5#	13.9##	14.9##	12.7	12.7	12.7	13.8
Vegetables	10.2	11.0	10.2	10.5	11.4	11.8	10.1	10.3	10.5	10.2	11.5	10.3	10.7	10.2	11.2
Fruit	11.2*	11.7	11.4*	15.8	9.3	10.3††	10.3†††	7.9###	8.4###	8.5###	11.6###	8.9	9.6	9.5	12.8
Breads and Grains	6.3*	6.8**	7.2	7.3	7.9	8.7	8.2†	9.2###	9.5###	9.8##	10.4#	8.3	8.6	8.9	9.5
Accompaniments	2.4	2.9	2.5	2.2	2.8	2.5	2.7	2.6	2.8	2.2	1.5	2.5	2.8	2.4	1.7
Dessert/Other Menu Items	1.0^	0.4^	0.4^	0.4^	0.1^	0.2^	0.4	0.6^	0.7^	0.6^	0.4^	0.7^	0.6^	0.5^	0.4^
Mean Amount (kcal)	401	377**	483	602	376	357	475††	364###	346###	444###	559###	375	356	457	571
Total Fat															
Combination Entrees	38.3	46.2	50.8	48.7	32.6	42.7	49.9†	32.8#	43.7	45.7#	41.1	34.4	44.5	47.5	43.3
Meat/Meat Alternate	13.9	16.9	16.4	17.8	13.9†	18.4	15.0†††	18.1#	19.9	20.8##	23.9##	16.7	18.9	19.0	22.2
Milk	27.8***	13.0	10.2	9.7	31.8†	13.3	10.4	29.5	12.1	11.6	11.8#	29.1	12.4	11.1	11.2
Vegetables	9.2	11.4	10.6	11.1	9.9†	12.4	11.4††	8.0	9.9	9.0#	10.8	8.4	10.5	9.7	10.9
Accompaniments	5.8	7.7	6.7	6.7	6.0	6.2	6.7	6.2	7.4	5.8	4.2	6.1	7.4	6.1	4.9
Breads and Grains	3.1**	3.7***	4.1**	4.4	5.2	6.2	5.5	4.1#	5.3###	5.4##	6.9##	3.9	4.9	5.1	6.1
Dessert/Other Menu Items	1.4^	0.5^	0.5^	0.7^	0.1^	0.2^	0.4^	0.7^	1.0^	1.0^	0.3^	0.9^	0.8^	0.8^	0.4^
Fruit	0.5	0.6	0.6	0.9	0.5†	0.6	0.6	0.6#	0.7	0.7	0.9	0.6	0.6	0.6	0.9
Mean Amount (g)	16	14***	17	20	15	12	17	15#	13#	16	20	15	13	16	20
Saturated Fat															
Combination Entrees	34.8	45.9	51.0	48.9	29.9	42.6	50.8†	29.0#	43.0	45.2	42.5	30.7	43.9	47.3	44.3
Milk	40.3**	22.1	18.4	17.4	45.4	23.4	19.4	42.4	20.8	20.1	21.1#	41.9	21.3	19.6	20.0
Meat/Meat Alternate	9.6	12.6	12.4	13.4	8.9†	13.4	11.6†††	12.3#	15.0#	15.7##	18.3#	11.4	14.2	14.4	16.9
Vegetables	6.9	8.9	8.3	9.2	6.9††	9.4†	8.1†††	5.0###	7.1##	6.3###	7.2#	5.6	7.8	7.0	7.8
Accompaniments	5.2	7.6	6.7	7.1	5.8^	6.8^	5.7	7.6	8.8	7.3	4.8	6.8	8.3	7.0	5.4
Breads and Grains	1.8**	2.3***	2.7**	2.9	2.9	3.9	3.8	2.5#	3.6##	3.8#	5.5##	2.4	3.2	3.5	4.8
Dessert/Other Menu Items	1.1^	0.5^	0.4^	0.6^	0.1^	0.2^	0.3^	0.9^	1.4^	1.2^	0.2^	1.0^	1.1^	0.9^	0.3^
Fruit	0.2	0.2	0.2*	0.4	0.2	0.3	0.3	0.2#	0.3	0.3	0.4	0.2	0.3	0.3	0.4
Mean Amount (g)	7	5**	6	7	6	4	6	6#	5	6	7	6	5	6	7

STUDY OF NUTRITION AND ACTIVITY IN CHILD CARE SETTINGS: APPENDIX D

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Sodium															
Combination Entrees	45.2	45.6	47.9	45.1	42.1	41.6	47.7††	38.9#	41.3	43.0#	39.3#	40.9	42.7	44.8	41.0
Vegetables	20.6	20.3	18.6	20.7	22.2	21.5	17.2	20.2	19.3	17.4	19.4	20.4	19.7	17.7	19.8
Meat/Meat Alternate	13.8	13.6	13.4	14.3	13.0††	13.9	12.5†††	18.3##	16.5#	17.3##	18.8#	16.8	15.5	15.8	17.5
Milk	9.5	9.6*	9.3	9.3	9.9	10.2	9.6	10.5###	10.4##	9.9##	9.9#	10.2	10.1	9.7	9.7
Breads and Grains	6.7	6.7	7.0	7.2	7.6†	8.0	7.8	9.3##	9.0##	9.3#	10.3#	8.5	8.2	8.5	9.4
Accompaniments	3.1*	3.6	3.2*	2.4	4.7††	4.2	4.6††	2.3	3.0	2.5	1.7	2.6	3.2	2.9	1.9
Fruit	0.5	0.5	0.4	0.6	0.4†	0.4†††	0.4††	0.3###	0.3###	0.3###	0.4##	0.3	0.3	0.3	0.5
Dessert/Other Menu Items	0.6^	0.2^	0.2^	0.3^	0.1^	0.1^	0.3	0.2^	0.3^	0.3	0.3	0.3^	0.2	0.3	0.3
Mean Amount (mg)	719	723	924	1,110	696	699	905†	660###	671###	858###	1,046#	677	688	880	1,064
Dietary Fiber															
Vegetables	33.2	33.3	31.0	30.5	37.1	35.6	29.2††	36.5#	34.4	33.9#	32.7	35.6	34.1	32.6	32.1
Combination Entrees	29.7	29.9	32.1	26.5	28.9	29.6	34.7††	27.7	29.1	29.1#	23.5	28.3	29.4	30.5	24.4
Fruit	24.9*	24.8*	24.6	30.8	21.1	21.4	23.4	21.7##	21.9##	22.0#	28.3	22.6	22.8	22.8	29.0
Breads and Grains	8.0	8.2	8.6	8.9	8.8	8.9	8.9††	10.7#	11.2##	11.4##	11.9#	9.8	10.1	10.4	10.9
Meat/Meat Alternate	3.3	3.2	3.1	2.8	3.6	4.0	3.2	2.8	2.8	3.0	3.3	3.0	3.0	3.0	3.1
Dessert/Other Menu Items	0.6^	0.2^	0.2^	0.2^	0.0^	0.1^	0.3^	0.4^	0.5^	0.4^	0.3^	0.5^	0.4^	0.3^	0.3^
Accompaniments	0.3	0.3	0.3	0.1	0.5^	0.4^	0.5††	0.2	0.2	0.2	0.1^	0.2	0.3	0.3	0.1
Milk	0.0	0.0^	0.1^	0.1^	0.0	0.0	0.0†^	0.0^	0.0	0.0	0.0	0.0^	0.0^	0.0^	0.0^
Mean Amount (g)	4	4	5	7	4†	4†††	5†††	4##	4###	5###	6###	4	4	5	7
Iron															
Combination Entrees	47.7	48.1	50.3	46.0	43.9	43.2	50.1†	42.0#	44.5	44.3#	39.4#	43.8	45.7	46.6	41.4
Vegetables	17.7	17.8	16.2	16.8	21.6	20.3	16.2	19.2	17.6	17.5	18.9	18.9	17.8	17.0	18.2
Breads and Grains	11.2	11.1	11.4	11.7	13.2††	13.6	12.8††	16.7###	16.4###	16.5###	17.1##	14.9	14.6	14.7	15.5
Meat/Meat Alternate	9.6	9.8	9.5	9.5	10.2	11.3	9.3†	11.7	11.2	11.7#	12.1	11.0	10.8	10.8	11.3
Fruit	10.4**	10.2*	9.7***	13.3	8.1	8.4†	8.2†	7.1###	7.0###	7.0###	10.0##	8.1	8.1	7.9	11.0
Milk	2.1	2.2	2.1	2.1	2.2	2.4	2.4	2.4##	2.3	2.1	2.1	2.3	2.2	2.2	2.1
Dessert/Other Menu Items	1.0^	0.3^	0.3^	0.3^	0.1^	0.2^	0.3^	0.5^	0.7^	0.6^	0.2^	0.6^	0.5^	0.5^	0.2^
Accompaniments	0.4	0.4	0.4*	0.2	0.7†	0.6	0.6††	0.3	0.3	0.3	0.2	0.3	0.4	0.4	0.2
Mean Amount (mg)	2.3	2.3	2.9	3.7	2.1	2.2	2.9†††	2.0###	2.1##	2.7###	3.3##	2.1	2.1	2.8	3.4

STUDY OF NUTRITION AND ACTIVITY IN CHILD CARE SETTINGS: APPENDIX D

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
Combination Entrees	43.7	42.6	44.5	41.9	39.0	39.2	45.1†††	35.2###	38.1#	37.4##	33.7##	37.8	39.5	40.1	36.2
Milk	25.0	26.9	25.8	25.3	26.3	27.6	26.0†	27.9###	28.1	27.6#	28.3##	27.0	27.7	27.0	27.4
Meat/Meat Alternate	12.9	12.6	12.4	13.3	12.6	13.3	11.4††	16.9	15.6	16.3#	16.5	15.6	14.6	14.7	15.5
Vegetables	9.6*	9.5*	9.0	9.3	13.7	11.7†	9.4	10.3	8.9	9.2	10.2	10.2	9.2	9.2	10.0
Breads and Grains	4.5	4.4	4.5	5.0	4.9	4.8†	4.7††	6.5##	6.3###	6.3##	7.0##	5.8	5.7	5.7	6.4
Fruit	3.8*	3.6*	3.5*	4.9	3.1	3.0	3.0	2.8##	2.5##	2.6##	4.1	3.1	2.9	2.9	4.3
Dessert/Other Menu Items	0.3^	0.2^	0.1^	0.2^	0.1^	0.1^	0.1	0.3^	0.3^	0.3^	0.2	0.3^	0.2^	0.2^	0.2
Accompaniments	0.2	0.2	0.2*	0.1	0.4	0.3	0.3	0.2	0.2	0.2	0.1	0.2	0.2	0.2	0.1
Mean Amount (mg)	2.4	2.5	3.2	3.9	2.3	2.4	3.2††	2.2##	2.4	3.0#	3.5###	2.3	2.4	3.1	3.6
Calcium															
Milk	58.7	59.8	58.6	58.2	58.9†	61.2	58.4	62.6#	62.2	60.8	60.6	61.4	61.4	60.0	59.9
Combination Entrees	27.1	26.7	28.3	26.4	26.4†	24.5	28.1†	22.1#	23.7	24.6#	23.5	23.7	24.7	26.0	24.3
Vegetables	4.7*	4.4*	4.2*	4.6	6.3†	5.7	4.9	4.7	4.5	4.2	4.6	4.8	4.5	4.3	4.6
Breads and Grains	3.4	3.2	3.3	3.8	3.7	3.5	3.3	3.7	3.3	4.0	4.4	3.6	3.3	3.7	4.2
Meat/Meat Alternate	3.5	3.4	3.2	3.9	2.5††	2.8†	2.6†	4.2	4.0	3.9	3.9	3.9	3.8	3.6	3.9
Fruit	2.1	2.0	2.1	2.8	2.0	1.9	2.2††	1.9	1.7	1.8	2.6	2.0	1.8	1.9	2.6
Dessert/Other Menu Items	0.2^	0.2^	0.2	0.2^	0.1^	0.1^	0.2	0.4^	0.3^	0.4^	0.4^	0.3^	0.3^	0.3	0.3
Accompaniments	0.2	0.2	0.2	0.2	0.3	0.2	0.3	0.3	0.3	0.3	0.1	0.3	0.3	0.3	0.1
Mean Amount (mg)	309	326	412	499	310	324	418††	294	317	396#	479	299	320	402	484
Potassium															
Milk	33.8	36.1	35.3	33.0	34.2	35.9†	34.8††	35.3##	37.3##	36.3#	33.7	34.9	36.9	35.9	33.5
Combination Entrees	23.0	22.2	23.8	20.8	21.3	21.3	24.5†††	18.6###	19.3##	19.7###	16.2##	19.9	20.3	21.3	17.5
Vegetables	17.3	16.8	15.9	16.7	20.3	19.1	16.6	18.7	17.6	17.3	19.7#	18.3	17.4	16.9	18.8
Fruit	14.5*	13.8*	13.9	18.3	12.7	12.2	13.2	12.8#	12.2#	12.4#	16.6	13.3	12.7	12.9	17.1
Meat/Meat Alternate	8.2	7.8	7.9	8.1	7.9††	8.0	7.3†††	10.8#	9.7#	10.3##	10.0	9.9	9.1	9.4	9.5
Breads and Grains	2.5	2.4	2.5	2.6	2.7	2.6	2.6†	3.1#	3.1##	3.2#	3.3	2.9	2.8	2.9	3.1
Accompaniments	0.6	0.7	0.6	0.4	0.9††	0.8	0.9†††	0.4#	0.5#	0.4#	0.2	0.5	0.6	0.5	0.3
Dessert/Other Menu Items	0.2^	0.2^	0.2^	0.1^	0.0^	0.0^	0.2^	0.4^	0.3^	0.3^	0.3^	0.3^	0.2^	0.3^	0.2^
Mean Amount (mg)	630	652	829*	1,072	624	668††	849†††	611#	638#	802#	1,042	617	643	814	1,051

STUDY OF NUTRITION AND ACTIVITY IN CHILD CARE SETTINGS: APPENDIX D

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Vitamin D															
Milk	85.9	84.4	84.0	84.4	86.3	85.4	84.6	84.4	83.7	82.0	82.0#	84.9	83.9	82.7	82.6
Combination Entrees	9.0*	10.3	10.9	9.9	7.0	8.1	10.3	7.0	8.7	9.1	8.9	7.5	9.1	9.7	9.2
Meat/Meat Alternate	3.6	3.8	3.7	4.0	5.0^	4.8^	3.8†	7.8	6.6#	7.9##	8.0#	6.5	5.7	6.4	6.9
Vegetables	1.0	1.0	0.9	1.2	1.3^	1.3^	0.9	0.5###	0.5###	0.5#	0.4###	0.7	0.7	0.7	0.7
Breads and Grains	0.1***	0.1***	0.1*	0.1^	0.4^	0.4	0.2	0.2^	0.3^	0.3#^	0.6#^	0.2^	0.2	0.3	0.4^
Accompaniments	0.3*	0.3*	0.3	0.3	0.1^	0.1†^	0.2	0.2^	0.2^	0.2^	0.1^	0.2	0.3	0.2	0.2
Dessert/Other Menu Items	0.0^	0.0^	0.0^	0.0^	0.0	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Fruit	0.0	0.0	0.0	0.0	0.0	0.0	0.0^	0.0	0.0	0.0	0.0	0.0	0.0	0.0^	0.0
Mean Amount (mcg)	2.4	2.3	2.8	3.3	2.4	2.3	2.8	2.4	2.3	2.9	3.5	2.4	2.3	2.8	3.4
Calories from Solid Fats															
Combination Entrees	34.3	49.9	57.0	54.5	28.4	47.3	57.9†	28.8	47.5	50.9	49.7	30.4	48.2	53.2	51.1
Meat/Meat Alternate	8.4	12.6	12.2	13.4	7.7†	14.1	12.0†††	12.2#	16.7#	16.0#	18.9#	10.9	15.3	14.6	17.3
Milk	40.2**	15.1	9.8	8.9	48.6†	15.6	10.8	42.6	11.9#	12.0	13.4#	42.1	13.0	11.3	12.1
Accompaniments	6.0	9.5	8.5	9.3	6.0^	8.4^	6.9	9.1	11.5	9.7	6.2	8.1	10.8	9.1	7.1
Vegetables	7.5	10.4	9.9	11.1	7.2†††	11.4††	8.9††	4.7###	7.4###	6.7###	7.3###	5.6	8.5	7.8	8.4
Breads and Grains	1.2	1.7	1.8	1.6	1.9^	2.8^	2.9	1.5	2.8	2.8	4.2#	1.4	2.4	2.5	3.4
Dessert/Other Menu Items	2.3^	0.8^	0.8^	1.2^	0.2^	0.3^	0.6^	1.1^	2.2^	1.9^	0.3^	1.5^	1.7^	1.5^	0.5^
Fruit	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mean Amount (kcal)	81	56***	66***	82	73	44	57†	73#	51	64	77	75	52	64	79
Calories from Added Sugars															
Fruit	67.0**	63.9*	60.5***	70.4	51.0†	52.1†	47.8†	35.7###	39.7###	37.6###	50.8##	48.8	50.4	47.1	58.3
Combination Entrees	16.2	16.3	18.4	15.3	17.3†	15.9†	19.6††	25.1##	23.7##	26.2#	18.9	21.3	20.2	22.6	17.5
Breads and Grains	5.6*	5.5**	5.9*	5.6	8.9	8.9	8.0†	11.2###	11.4###	12.2###	12.7##	8.9	8.8	9.5	10.0
Vegetables	3.7*	4.1**	4.0**	2.4	9.4	8.2	6.9	8.8#	7.0#	8.1##	8.8#	6.8	5.8	6.5	6.3
Accompaniments	3.5**	4.5	4.2**	2.2	8.2	7.1	6.9	6.1##	7.7##	6.0#	2.5	5.2	6.3	5.5	2.4
Meat/Meat Alternate	3.4	3.4	3.7	2.4^	4.8	5.1	6.0	7.2##	5.5^	5.6	3.5	5.6	4.6	4.9	3.0
Dessert/Other Menu Items	0.6^	0.7^	0.8^	0.2^	0.4^	1.0^	2.7	5.0^	5.0^	4.2^	2.9^	3.1^	3.0^	2.8^	1.9^
Milk	0.0	1.7^	2.4^	1.6^	0.0	1.7^	2.1†††	0.7^	0.0	0.0##	0.0	0.4^	0.8^	1.1^	0.6^
Mean Amount (kcal)	21	21	27	39	17†	18††	23†††	12###	12###	16###	25###	15	15	20	29

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Lunches	767	914	1,029	459	243	316	1,057	621	774	900	378	1,631	2,004	2,986	837
Number of Early Child Care Programs	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. For each nutrient panel, major food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Accompaniments includes condiments and salad dressings.

CACFP= Child and Adult Care Food Program.

Table D.3.17 Major Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Suppers Served in Early Child Care Programs

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories															
Combination Entrees	36.4 [^]	38.6 [^]	41.7 [^]	41.2 [^]	--	33.7 [^]	35.5 [^]	24.8	32.4	32.2	25.9 ^{###}	26.2	33.2	33.3	27.6
Milk	23.8 [^]	19.8 [^]	17.6 [^]	16.8 [^]	--	20.0 [^]	16.5 [^]	26.2 ^{##}	20.2	19.7 [#]	18.7	25.9	20.2	19.4	18.5
Meat/Meat Alternate	10.1 [^]	9.9 [^]	9.7 [^]	7.0 [^]	--	17.6 [^]	16.1 [^]	17.1	15.9	16.5	18.8 ^{###}	16.2	15.1	15.7	17.5
Breads and Grains	7.7 [^]	7.4 [^]	7.9 [^]	8.3 [^]	--	12.1 [^]	12.9 [^]	12.6 [#]	10.4	12.7 [#]	13.5 [#]	11.9	10.0	12.1	13.0
Vegetables	10.2 [^]	11.7 [^]	11.1 ^{^*}	11.0 [^]	--	10.5 [^]	8.2 [^]	10.5	11.1	9.8	11.6	10.4	11.1	10.0	11.5
Fruit	10.6 [^]	10.1 ^{^*}	10.0 [^]	13.8 [^]	--	6.1 ^{††^}	8.0 [^]	7.5	8.7	7.1 [#]	10.0	7.9	8.9	7.4	10.4
Accompaniments	1.2 [^]	1.8 [^]	1.5 [^]	1.2 [^]	--	0.0 ^{††^}	2.7 [^]	1.4 [^]	1.3 [^]	1.3	1.0	1.3 [^]	1.4	1.3	1.0
Dessert/Other Menu Items	0.0 [^]	0.7 [^]	0.7 [^]	0.6 [^]	--	0.0 [^]	0.0 [^]	0.1 [^]	0.1 [^]	0.7 [^]	0.6 [^]	0.1 [^]	0.2 [^]	0.7 [^]	0.6 [^]
Mean Amount (kcal)	368 [^]	361 [^]	459 [^]	569 [^]	--	338 [^]	397 [^]	345	331	427 [#]	547	348	335	430	549
Total Fat															
Combination Entrees	42.2 [^]	48.0 [^]	54.0 [^]	55.2 [^]	--	40.1 [^]	44.8 [^]	26.7	40.9	38.9	32.0 ^{###}	28.7	42.0	40.8	34.4
Meat/Meat Alternate	14.8 [^]	15.7 [^]	15.6 [^]	10.9 [^]	--	25.6 [^]	26.1 [^]	23.2	23.9	24.3	29.2 ^{###}	22.1	22.6	23.3	27.3
Milk	27.2 [^]	15.0 [^]	9.5 [^]	9.4 [^]	--	13.1 [^]	7.6 ^{†††^}	31.9	14.6	14.7 ^{##}	14.0 [#]	31.3	14.6	14.0	13.5
Vegetables	8.0 [^]	10.5 [^]	10.4 [^]	12.6 [^]	--	13.1 [^]	9.8 [^]	7.8	10.0	9.1	12.1	7.8	10.1	9.3	12.1
Breads and Grains	4.5 [^]	4.6 [^]	5.0 [^]	6.7 [^]	--	7.4 [^]	4.9 [^]	7.0	6.6	8.4 [#]	8.8	6.7	6.3	8.0	8.6
Accompaniments	2.7 [^]	4.4 [^]	3.7 [^]	3.2 [^]	--	0.0 ^{†^}	6.0 [^]	2.8 [^]	3.2 [^]	3.4	2.5	2.8 [^]	3.4 [^]	3.4	2.6
Dessert/Other Menu Items	0.0 [^]	1.2 [^]	1.2 [^]	1.1 [^]	--	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.6 [^]	0.5 [^]	0.0 [^]	0.2 [^]	0.6 [^]	0.5 [^]
Fruit	0.5 [^]	0.6 [^]	0.6 [^]	0.9 [^]	--	0.7 [^]	0.7 [^]	0.6	0.7 [#]	0.6	0.9	0.6	0.7	0.6	0.9
Mean Amount (g)	14 [^]	14 [^]	17 [^]	19 [^]	--	12 [^]	14 [^]	14	11 [#]	15	19	14	11	15	19
Saturated Fat															
Combination Entrees	37.8 [^]	47.7 [^]	54.6 [^]	57.1 [^]	--	44.2 [^]	45.9 [^]	23.5	39.0	36.7 [#]	32.2 ^{###}	25.3	40.3	38.8	34.8
Milk	40.4 [^]	25.6 [^]	17.8 [^]	17.6 [^]	--	24.3 [^]	14.4 ^{††^}	46.0	25.9	25.5 ^{##}	25.4 ^{##}	45.3	25.8	24.5	24.6
Meat/Meat Alternate	12.1 [^]	13.5 [^]	14.0 [^]	9.5 [^]	--	18.0 [^]	25.6 [^]	17.0	19.6	19.8	23.2 ^{###}	16.4	18.6	19.2	21.8
Vegetables	5.8 [^]	7.7 [^]	7.9 [^]	9.2 [^]	--	6.6 [^]	7.0 [^]	4.9	7.0	6.4	8.2	5.0	7.1	6.6	8.3
Breads and Grains	2.4 [^]	2.7 [^]	3.2 [^]	4.3 [^]	--	6.5 [^]	3.9 [^]	4.8	5.1	6.2 [#]	6.7	4.5	4.7	5.9	6.4
Accompaniments	1.3 [^]	2.1 [^]	1.8 [^]	1.6 [^]	--	0.0 [^]	2.8 [^]	3.6 [^]	3.3 [^]	4.8 [^]	3.6 [^]	3.3 [^]	3.1 [^]	4.4 [^]	3.4 [^]
Dessert/Other Menu Items	0.0 [^]	0.3 [^]	0.3 [^]	0.3 [^]	--	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.4 [^]	0.3 [^]	0.0 [^]	0.1 [^]	0.4 [^]	0.3 [^]
Fruit	0.2 [^]	0.3 [^]	0.3 [^]	0.5 [^]	--	0.4 [^]	0.4 [^]	0.2	0.3	0.3	0.4	0.2	0.3	0.3	0.4
Mean Amount (g)	6 [^]	5 [^]	6 ^{^*}	7 [^]	--	4 [^]	5 [^]	6	4 [#]	6	7	6	4	6	7

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Sodium															
Combination Entrees	46.3 [^]	47.9 [^]	50.2 [^]	52.0 [^]	--	48.2 [^]	42.6 [^]	32.4	38.5	38.3	32.3 ^{##}	34.2	39.8	39.8	34.4
Meat/Meat Alternate	13.2 [^]	11.9 [^]	11.5 [^]	9.4 [^]	--	15.8 [^]	13.8 [^]	21.0	18.1	20.3 [#]	23.1 ^{###}	20.0	17.2	19.1	21.6
Vegetables	20.1 [^]	19.0 [^]	17.9 [^]	17.6 [^]	--	17.4 [^]	14.4 [^]	19.9	19.6	16.0	19.3	19.9	19.5	16.2	19.1
Breads and Grains	7.0 [^]	6.6 [^]	7.0 [^]	7.1 [^]	--	8.9 [^]	11.3 [^]	12.7	9.5	12.0	13.0 [#]	12.0	9.1	11.4	12.3
Milk	10.7 [^]	10.3 [^]	9.9 [^]	10.1 [^]	--	9.6 [^]	7.8 ^{†††^}	11.2	10.8	10.7	10.4	11.2	10.7	10.6	10.4
Accompaniments	2.2 [^]	3.5 ^{***^}	2.7 ^{^^}	2.9 [^]	--	0.0 ^{†††^}	10.0 ^{††^}	2.4	3.1	2.0	1.2	2.3	3.1	2.2	1.4
Dessert/Other Menu Items	0.2 [^]	0.5 [^]	0.5 [^]	0.4 [^]	--	0.0 ^{†^}	0.0 ^{†^}	0.1 [^]	0.1 [^]	0.4 [^]	0.4 [^]	0.1	0.1 [^]	0.4 [^]	0.4 [^]
Fruit	0.4 [^]	0.3 ^{^^}	0.3 ^{^^}	0.4 [^]	--	0.1 ^{††^}	0.1 [^]	0.2	0.3	0.2	0.4	0.2	0.3	0.2	0.4
Mean Amount (mg)	655 [^]	678 [^]	883 [^]	1,049 [^]	--	741 ^{†^}	932 [^]	619	643	800 [#]	999	623	648	811	1,005
Dietary Fiber															
Combination Entrees	29.9 [^]	30.8 ^{^^}	32.2 [^]	32.0 [^]	--	20.2 [^]	28.9 [^]	23.7	27.5	32.0	22.4 [#]	24.5	27.9	32.0	23.5
Vegetables	28.5 [^]	29.6 ^{***^}	28.5 [^]	25.4 [^]	--	40.8 [^]	28.6 [^]	38.7 ^{##}	37.4 [#]	31.9	34.7 ^{###}	37.4	36.4	31.5	33.7
Fruit	27.7 [^]	26.4 [^]	25.9 [^]	32.0 [^]	--	23.3 [^]	27.3 ^{†††^}	20.4 ^{##}	21.5 [#]	18.8 ^{###}	24.9 ^{##}	21.3	22.1	19.7	25.7
Breads and Grains	12.2 [^]	10.6 [^]	11.0 [^]	8.9 [^]	--	10.6 [^]	9.8 [^]	13.8	10.5	14.3	14.9	13.6	10.5	13.9	14.2
Meat/Meat Alternate	1.5 [^]	1.7 ^{***^}	1.6 ^{***^}	1.2 [^]	--	5.1 ^{††^}	4.0 ^{†^}	3.2	2.9	2.2	2.6	2.9	2.8	2.1	2.5
Dessert/Other Menu Items	0.0 [^]	0.4 [^]	0.3 [^]	0.3 [^]	--	0.0 [^]	0.0 [^]	0.0	0.0	0.7 [^]	0.5 [^]	0.0	0.0 [^]	0.7 [^]	0.4 [^]
Accompaniments	0.2 [^]	0.5 [^]	0.4 [^]	0.2 [^]	--	0.0 ^{†^}	1.5 [^]	0.2 [^]	0.2 [^]	0.1 [^]	0.1	0.2	0.3 [^]	0.2	0.1
Milk	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mean Amount (g)	4 [^]	4 ^{***^}	5 [^]	7 [^]	--	3 ^{††^}	4 [^]	4	4	5	7	4	4	5	7
Iron															
Combination Entrees	49.6 [^]	52.9 [^]	53.9 [^]	55.5 [^]	--	45.9 [^]	46.3 [^]	36.1	41.4	39.5	33.2 ^{###}	37.9	42.9	41.2	35.5
Breads and Grains	15.2 [^]	10.9 [^]	11.6 [^]	10.9 [^]	--	21.5 [^]	22.4 [^]	20.2	15.7	20.9	21.8 ^{##}	19.5	15.1	19.9	20.6
Vegetables	14.0 [^]	15.0 ^{^^}	14.1 [^]	13.9 [^]	--	13.7 ^{†^}	12.3 ^{†^}	19.5 ^{##}	19.3 [#]	15.7	18.3 ^{##}	18.7	18.7	15.5	17.8
Meat/Meat Alternate	10.4 [^]	10.4 [^]	10.1 [^]	6.0 [^]	--	12.3 [^]	9.9 [^]	14.9	14.5	15.9	16.8 ^{###}	14.3	13.9	15.2	15.7
Fruit	8.3 [^]	7.7 ^{^^}	7.3 [^]	10.4 [^]	--	4.2 ^{†^}	5.4 [^]	6.5	6.6	5.1	7.3	6.8	6.7	5.4	7.6
Milk	2.2 [^]	2.3 [^]	2.3 [^]	2.6 [^]	--	2.4 [^]	2.1 [^]	2.4	2.2	2.1	2.0	2.3	2.2	2.1	2.0
Dessert/Other Menu Items	0.0 [^]	0.3 [^]	0.3 [^]	0.2 [^]	--	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.6 [^]	0.6 [^]	0.0 [^]	0.0 [^]	0.6 [^]	0.5 [^]
Accompaniments	0.2 [^]	0.5 [^]	0.4 [^]	0.4 [^]	--	0.0 ^{††^}	1.6 [^]	0.4 [^]	0.3 [^]	0.2	0.1	0.4	0.4	0.2	0.2
Mean Amount (mg)	2.2 [^]	2.1 [^]	2.8 [^]	3.4 [^]	--	2.0 [^]	2.4 [^]	1.9 [#]	2.1	2.7	3.4	2.0	2.1	2.7	3.4

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
Combination Entrees	41.0 [^]	42.4 [^]	43.7 [^]	48.5 [^]	--	31.1 [^]	38.8 [^]	27.3	31.2	32.6	28.3 ^{###}	29.2	32.7	33.9	30.4
Milk	24.9 [^]	26.1 ^{***^}	25.2 [^]	25.1 [^]	--	35.4 ^{+++^}	28.7 [^]	29.6 [#]	27.2	25.7	25.5	28.9	27.1	25.7	25.5
Meat/Meat Alternate	17.3 [^]	16.6 [^]	16.4 [^]	10.7 [^]	--	15.8 [^]	16.7 [^]	23.6	22.8	24.1	26.0 ^{##}	22.7	21.9	23.2	24.4
Vegetables	6.4 [^]	6.6 ^{~^}	6.3 [^]	6.4 [^]	--	9.5 [^]	6.2 [^]	9.5 [#]	10.3	7.9	9.1 [#]	9.1	9.8	7.7	8.8
Breads and Grains	7.2 [^]	5.1 [^]	5.3 [^]	5.1 [^]	--	6.3 [^]	6.7 [^]	7.5	6.2	7.5	8.3	7.4	6.0	7.3	8.0
Fruit	3.1 [^]	2.8 [^]	2.7 [^]	3.7 [^]	--	1.9 [^]	2.2 [^]	2.3	2.1	1.7	2.5	2.4	2.2	1.8	2.6
Dessert/Other Menu Items	0.1 [^]	0.3 [^]	0.3 [^]	0.2 [^]	--	0.0 ^{†^}	0.0 ^{†^}	0.1 [^]	0.1 [^]	0.2 [^]	0.2 [^]	0.1 [^]	0.1 [^]	0.2 [^]	0.2 [^]
Accompaniments	0.1 [^]	0.2 [^]	0.2 ^{~^}	0.1 [^]	--	0.0 ^{+++^}	0.8 ^{†^}	0.2 [^]	0.1	0.1	0.1	0.2 [^]	0.1	0.1	0.1
Mean Amount (mg)	2.5 [^]	2.5 ^{***^}	3.3 ^{***^}	3.9 [^]	--	1.9 ^{††^}	2.5 ^{†^}	2.1 [#]	2.4	3.2	3.9	2.2	2.5	3.2	3.9
Calcium															
Milk	62.6 [^]	62.4 [^]	60.2 [^]	55.2 [^]	--	60.3 [^]	52.7 [^]	66.6	67.9	65.6	66.8 [#]	66.1	67.1	64.8	65.4
Combination Entrees	25.0 [^]	26.1 [^]	28.0 [^]	30.8 [^]	--	26.9 [^]	28.2 [^]	16.7	17.4 [#]	18.2 [#]	15.9 ^{##}	17.7	18.7	19.5	17.8
Breads and Grains	3.5 [^]	2.9 [^]	3.3 [^]	2.9 [^]	--	4.2 [^]	2.6 [^]	4.0	3.2	5.0	4.9	3.9	3.2	4.8	4.7
Vegetables	3.2 [^]	3.3 [^]	3.6 [^]	3.6 [^]	--	4.1 [^]	3.0 [^]	4.6	4.6	4.4	5.5 [#]	4.4	4.4	4.3	5.3
Meat/Meat Alternate	2.7 [^]	2.1 [^]	2.0 [^]	3.6 [^]	--	2.8 [^]	10.9 [^]	5.8	4.5	4.3	3.8	5.4	4.1	4.1	3.8
Fruit	2.6 [^]	2.5 [^]	2.4 [^]	3.4 [^]	--	1.7 [^]	1.7 [^]	1.9	2.1	1.8	2.4	2.0	2.1	1.8	2.5
Dessert/Other Menu Items	0.4 [^]	0.4 [^]	0.4 [^]	0.3 [^]	--	0.0 ^{†^}	0.4 [^]	0.4 [^]	0.2 [^]	0.6	0.5	0.4 [^]	0.2 [^]	0.6	0.5
Accompaniments	0.1 [^]	0.2 ^{~^}	0.2 [^]	0.1 [^]	--	0.0 ^{+++^}	0.4 [^]	0.2 [^]	0.1	0.1	0.1	0.2 [^]	0.1	0.1	0.1
Mean Amount (mg)	302 [^]	315 [^]	408 [^]	520 [^]	--	334 [^]	394 [^]	278	289	364	437	281	293	369	445
Potassium															
Milk	35.2 [^]	36.0 [^]	35.6 [^]	32.8 [^]	--	39.0 [^]	36.4 [^]	36.3	37.1	35.9	33.3	36.2	37.0	35.9	33.3
Combination Entrees	22.7 [^]	22.2 [^]	23.5 [^]	24.2 [^]	--	18.2 [^]	23.1 [^]	15.4 [#]	18.1	19.3	15.2 ^{##}	16.3	18.7	19.8	16.2
Vegetables	16.6 [^]	17.2 [^]	16.6 [^]	16.1 [^]	--	17.3 [^]	14.2 [^]	18.5	17.4	16.7	18.9	18.2	17.4	16.6	18.6
Meat/Meat Alternate	8.3 [^]	7.6 [^]	7.5 [^]	5.3 [^]	--	12.1 [^]	9.0 [^]	14.2	11.9	13.0 [#]	13.5 ^{###}	13.4	11.3	12.4	12.6
Fruit	13.5 [^]	12.7 [^]	12.6 [^]	17.9 [^]	--	10.8 [^]	12.8 ^{†^}	11.3	11.9	10.6	14.6	11.6	12.0	10.9	15.0
Breads and Grains	3.1 [^]	2.7 [^]	2.9 [^]	2.6 [^]	--	2.5 [^]	2.9 [^]	4.0	3.1	3.9	3.9	3.9	3.0	3.8	3.8
Dessert/Other Menu Items	0.0 [^]	0.8 [^]	0.8 [^]	0.7 [^]	--	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.2 [^]	0.0 [^]	0.1 [^]	0.4 [^]	0.3 [^]
Accompaniments	0.4 [^]	0.7 ^{***^}	0.5 [^]	0.3 [^]	--	0.0 ^{††^}	1.7 [^]	0.5 [^]	0.5 [^]	0.3	0.2	0.5	0.5	0.3	0.2
Mean Amount (mg)	633 [^]	660 [^]	839 [^]	1,071 [^]	--	620 [^]	700 [^]	598 [#]	637	799	1,052	602	640	802	1,054

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Vitamin D															
Milk	86.5 [^]	84.7 [^]	83.7 [^]	82.3 [^]	--	83.1 [^]	80.1 [^]	86.9	85.4	83.6	82.6	86.9	85.3	83.5	82.6
Meat/Meat Alternate	2.1 [^]	2.0 [^]	2.0 [^]	2.4 [^]	--	3.3 [^]	5.1 ^{†^}	8.0 ^{##}	8.2 ^{##}	11.0 ^{###}	12.2 ^{###}	7.2	7.3	10.0	11.2
Combination Entrees	9.9 [^]	12.2 [^]	13.2 [^]	14.0 [^]	--	13.0 [^]	14.0 ^{††^}	4.5 [#]	5.4 [#]	4.3 ^{##}	4.2 ^{##}	5.1	6.4	5.4	5.2
Vegetables	0.7 [^]	0.7 [^]	0.7 [^]	0.9 [^]	--	0.4 [^]	0.5 [^]	0.6 [^]	0.5	0.5 [^]	0.5	0.6	0.5	0.5	0.6
Breads and Grains	0.5 [^]	0.0 [^]	0.0 ^{***^}	0.2 [^]	--	0.2 [^]	0.2 [^]	0.1 [^]	0.4 [^]	0.5 [^]	0.5 [^]	0.1 [^]	0.4 [^]	0.5 [^]	0.4 [^]
Accompaniments	0.3 [^]	0.4 [^]	0.3 [^]	0.2 [^]	--	0.0 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.1 [^]	0.1 [^]	0.1 [^]
Dessert/Other Menu Items	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	0.0	0.0	0.0 [^]	0.0 [^]	0.0	0.0	0.0 [^]	0.0 [^]
Fruit	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mean Amount (mcg)	2.4 [^]	2.3 [^]	2.8 [^]	3.4 [^]	--	2.3 [^]	2.5 [^]	2.3	2.2	2.8	3.4	2.3	2.2	2.8	3.4
Calories from Solid Fats															
Combination Entrees	37.2 [^]	51.6 [^]	60.9 [^]	64.0 [^]	--	58.7 [^]	54.8 [^]	26.5	49.1	42.7	39.4 ^{###}	27.8	49.6	45.0	41.9
Meat/Meat Alternate	11.9 [^]	13.9 [^]	15.2 [^]	9.8 [^]	--	24.5 [^]	30.3 [^]	15.6	21.2	18.9	23.9 [#]	15.2	20.0	18.5	22.5
Milk	39.7 [^]	19.9 [^]	8.5 [^]	9.1 [^]	--	11.6 [^]	6.9 ^{†††^}	45.6	16.0	19.1 ^{###}	17.8 ^{##}	44.9	16.6	17.7	16.9
Vegetables	8.1 [^]	10.7 ^{***^}	11.2 [^]	12.6 [^]	--	1.7 ^{††^}	5.8 [^]	4.6	6.7	6.6	8.6	5.0	7.3	7.1	9.0
Accompaniments	2.6 [^]	3.3 [^]	3.0 [^]	2.4 [^]	--	0.0 [^]	0.1 ^{††^}	4.0 [^]	3.5 [^]	6.7 [^]	4.9 [^]	3.9 [^]	3.5 [^]	6.2 [^]	4.6 [^]
Breads and Grains	0.4 [^]	0.6 ^{****^}	1.2 [^]	2.1 [^]	--	3.5 [^]	2.1 [^]	3.6 ^{##}	3.5 ^{#^}	4.9 ^{##}	4.6	3.2	3.0 [^]	4.4	4.3
Dessert/Other Menu Items	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	0.0	0.0	1.2 [^]	0.9 [^]	0.0	0.0	1.0 [^]	0.8 [^]
Fruit	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mean Amount (kcal)	67 [^]	54 [^]	61 ^{***^}	64 [^]	--	45 [^]	49 [^]	67	41 ^{##}	55	68	67	43	56	67
Calories from Added Sugars															
Fruit	62.7 [^]	58.7 ^{****^}	55.3 ^{***^}	49.5 [^]	--	0.0 ^{††††^}	33.1 [^]	35.3 ^{##}	37.4 [#]	27.5 ^{##}	40.2	39.5	40.4	32.3	41.7
Combination Entrees	20.0 [^]	21.5 ^{**^}	22.4 [^]	20.3 [^]	--	53.3 [^]	32.0 [^]	17.8	23.8	25.3	18.5	18.2	23.6	24.9	18.8
Breads and Grains	8.1 [^]	7.4 [^]	8.5 [^]	10.9 [^]	--	37.5 [^]	14.6 [^]	15.0 [^]	9.9 [^]	19.5 [#]	17.4	14.0 [^]	9.6 [^]	17.6	16.4
Vegetables	5.2 [^]	6.1 [^]	6.1 [^]	6.6 [^]	--	7.1 [^]	4.9 [^]	15.4 [^]	14.0 [^]	8.9 [^]	8.4	13.8 [^]	12.8 [^]	8.4	8.1
Meat/Meat Alternate	0.4 [^]	0.7 [^]	0.6 [^]	5.4 [^]	--	2.1 [^]	2.7 [^]	8.8 [^]	8.5 [^]	7.8 ^{#^}	6.7 [^]	7.5 [^]	7.3 [^]	6.5 [^]	6.5 [^]
Dessert/Other Menu Items	0.0 [^]	0.0 [^]	0.7 [^]	0.5 [^]	--	0.0 [^]	0.0 ^{†^}	1.3 [^]	1.4 [^]	6.6 ^{#^}	5.5 ^{#^}	1.1 [^]	1.2 [^]	5.6 [^]	4.7 [^]
Accompaniments	3.5 [^]	5.7 [^]	4.2 [^]	2.5 [^]	--	0.0 [^]	12.7 [^]	6.4 [^]	5.1 [^]	4.2 [^]	3.3	5.9 [^]	5.2 [^]	4.3 [^]	3.2
Milk	0.0 [^]	0.0 [^]	2.2 [^]	4.4 [^]	--	0.0 [^]	0.0 [^]	0.0	0.0	0.0	0.0	0.0	0.0	0.4 [^]	0.7 [^]
Mean Amount (kcal)	16 [^]	14 ^{***^}	19 [^]	28 [^]	--	6 [^]	10 [^]	12	13	12 ^{##}	17 [#]	12	13	13	18

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Suppers	64	66	76	79	0	10	20	176	193	265	244	240	269	361	323
Number of Early Child Care Programs	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. For each nutrient panel, major food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Accompaniments includes condiments and salad dressings.

CACFP= Child and Adult Care Food Program.

Table D.3.18 Major Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Suppers Served in Before and After School Programs

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Calories						
Combination Entrees	39.8^	37.0^	37.1	37.4	37.2^	37.3
Milk	17.1^	17.7^	17.8	18.1	17.8^	18.1
Fruit	8.8***	10.9***	12.7	15.0	12.6^	14.8
Meat/Meat Alternate	11.6^	11.5^	12.5	10.8	12.4^	10.8
Vegetables	10.4^	10.8^	8.6	8.6	8.7^	8.6
Breads and Grains	7.6^	9.2^	7.4	6.8	7.4^	6.9
Accompaniments	4.1^	2.4^	3.4	3.0	3.4^	3.0
Dessert/Other Menu Items	0.4^	0.5^	0.4^	0.3^	0.4^	0.4^
Mean Amount (kcal)	484^	589**	510	641	509^	640
Total Fat						
Combination Entrees	48.0^	44.6^	47.4	48.6	47.4^	48.5
Meat/Meat Alternate	16.3^	17.6^	21.4	19.4	21.3^	19.3
Vegetables	11.5^	13.5^	10.2	10.6	10.2^	10.7
Accompaniments	9.9^	5.7^	7.1	7.5	7.1^	7.4
Milk	9.0^	10.4**	7.3	7.2	7.4^	7.3
Breads and Grains	4.2^	6.8^	5.3	5.3	5.3^	5.3
Fruit	0.6^	0.9^	0.7	1.1	0.7^	1.1
Dessert/Other Menu Items	0.4^	0.6^	0.6^	0.4^	0.6^	0.4^
Mean Amount (g)	17^	20**	19	22	19^	22
Saturated Fat						
Combination Entrees	50.8^	45.3^	52.7	53.6	52.7^	53.4
Meat/Meat Alternate	11.8^	12.2^	18.3	16.6	18.1^	16.4
Milk	17.3^	20.1***	14.3	13.7	14.4^	13.9
Vegetables	9.6^	11.0^	6.7	6.9	6.8^	7.1
Accompaniments	6.9^	5.1^	3.6	4.5	3.7^	4.5
Breads and Grains	2.9^	5.3^	3.4	3.5	3.4^	3.6
Fruit	0.3^	0.5^	0.4	0.8^	0.4^	0.8^
Dessert/Other Menu Items	0.3^	0.4^	0.5^	0.4^	0.5^	0.4^
Mean Amount (g)	6^	7^	6	7	6^	7

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Sodium						
Combination Entrees	45.6^	43.1^	47.2	48.2	47.1^	48.0
Vegetables	17.9^	18.6***	14.5	14.6	14.6^	14.7
Milk	9.6^a	10.3***	12.0	13.0	11.9^	12.9
Meat/Meat Alternate	13.7^	13.9^	11.8	11.2	11.8^	11.3
Breads and Grains	6.6^	8.4^	6.7	6.4	6.7^	6.5
Accompaniments	6.2^	5.1^	7.1	5.9	7.1^	5.9
Fruit	0.2***	0.3***	0.5	0.5	0.4^	0.5
Dessert/Other Menu Items	0.2^	0.3^	0.3^	0.2^	0.3^	0.2^
Mean Amount (mg)	941^	1,106^	916	1,108	916^	1,108
Dietary Fiber						
Fruit	25.7^	29.9^	26.0	31.1	25.9^	31.0
Combination Entrees	31.3^	27.9^	32.3	30.9	32.3^	30.8
Vegetables	29.9^	28.8^	24.9	24.9	25.1^	25.0
Breads and Grains	6.6^	8.9^	8.7	7.0	8.6^	7.1
Meat/Meat Alternate	5.3^	3.9^	6.4^	4.9	6.4^	4.9
Accompaniments	0.9^	0.4^a	1.1^	0.8	1.1^	0.8
Dessert/Other Menu Items	0.1^	0.2^	0.2^	0.2^	0.2^	0.2^
Milk	0.1^	0.2^	0.3^	0.2^	0.3^	0.2^
Mean Amount (g)	5^	7^	5	7	5^	7
Iron						
Combination Entrees	50.1^	47.0^	45.1	47.2	45.2^	47.2
Breads and Grains	12.1^	14.8^	19.1^	14.3	18.9^	14.3
Vegetables	14.6^	16.7^	11.9	12.7	12.0^	12.8
Fruit	5.8***	7.5***	9.0	10.9	8.9^	10.8
Meat/Meat Alternate	12.8^	9.4^	7.9	7.5	8.0^	7.6
Milk	2.9^a	3.3***	5.2	6.1	5.2^	6.0
Accompaniments	1.2^	0.8^	1.2	0.9	1.2^	0.9
Dessert/Other Menu Items	0.5^	0.5^	0.7^	0.4^	0.7^	0.4^
Mean Amount (mg)	2.9^	3.5^	3.0	3.7	3.0^	3.7

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Zinc						
Combination Entrees	47.1^	42.2^	40.4	42.1	40.6^	42.1
Milk	27.0^	28.0^	26.9	26.5	26.9^	26.5
Meat/Meat Alternate	10.3^	9.9^	14.3	13.1	14.1^	13.0
Vegetables	8.8^	10.9^	8.4	8.4	8.4^	8.5
Breads and Grains	4.1^	5.4^	6.0	5.4	5.9^	5.4
Fruit	2.1^*	3.1^	3.2	3.9	3.1^	3.9
Accompaniments	0.6^	0.4^	0.5	0.4	0.5^	0.4
Dessert/Other Menu Items	0.1^	0.1^	0.3^	0.2^	0.3^	0.2^
Mean Amount (mg)	3.1^	3.6^	3.0	3.8	3.0^	3.8
Calcium						
Milk	54.9^	60.7****	51.2	51.6	51.3^	51.9
Combination Entrees	33.7^	24.4^*	31.6	30.7	31.7^	30.5
Meat/Meat Alternate	2.1^*	3.3***	7.8	7.5	7.7^	7.3
Vegetables	3.9^	4.7^	3.4	3.9	3.4^	4.0
Fruit	1.9^*	3.1^	2.8	3.3	2.8^	3.3
Breads and Grains	3.0^	3.3^	2.7	2.5	2.7^	2.5
Accompaniments	0.4^	0.3^	0.4	0.3	0.4^	0.3
Dessert/Other Menu Items	0.1^	0.1^	0.1^	0.1^	0.1^	0.1^
Mean Amount (mg)	447^	496****	471	579	471^	577
Potassium						
Milk	35.9^	34.3^	36.0	34.6	36.0^	34.6
Combination Entrees	23.8^	21.5^	20.4	20.5	20.5^	20.5
Fruit	12.6***	16.7^	17.3	19.6	17.2^	19.5
Vegetables	17.1^	16.2^	14.8	15.5	14.9^	15.5
Meat/Meat Alternate	7.3^	7.1^	7.6	6.6	7.6^	6.6
Breads and Grains	2.1^	3.1^	2.5	2.1	2.5^	2.1
Accompaniments	1.2^	0.9^	1.3	0.9	1.3^	0.9
Dessert/Other Menu Items	0.1^	0.1^	0.2^	0.2^	0.2^	0.2^
Mean Amount (mg)	837^	1,075^	843	1,097	843^	1,097

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Vitamin D						
Milk	80.4 [^]	86.7 ^{**}	80.8	82.6	80.8 [^]	82.8
Combination Entrees	17.1 [^]	9.8 [^]	13.1	12.4	13.2 [^]	12.3
Meat/Meat Alternate	1.3 ^{**}	2.6 [^]	3.3	2.9	3.2 [^]	2.9
Breads and Grains	0.0 [^]	0.1 [^]	1.7 [^]	1.1 [^]	1.7 [^]	1.1 [^]
Vegetables	1.1 [^]	0.8 [^]	0.7 [^]	0.6	0.7 [^]	0.7
Accompaniments	0.1 [^]	0.1 [^]	0.2	0.2	0.2 [^]	0.2
Fruit	0.0 [^]	0.0 [^]	0.2 [^]	0.1 [^]	0.2 [^]	0.1 [^]
Dessert/Other Menu Items	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Mean Amount (mcg)	2.9 [^]	3.3 [^]	2.8	3.4	2.8 [^]	3.4
Calories from Solid Fats						
Combination Entrees	59.3 [^]	52.1 ^{**}	60.2	62.5	60.2 [^]	62.2
Meat/Meat Alternate	11.3 [^]	14.3 [^]	20.5 [^]	17.5	20.3 [^]	17.4
Milk	10.1 [^]	11.8 ^{***}	7.9	7.4	7.9 [^]	7.5
Vegetables	11.7 [^]	12.3 ^{**}	6.4	6.3	6.5 [^]	6.4
Accompaniments	5.3 [^]	5.2 [^]	1.6 [^]	2.9 [^]	1.7 [^]	3.0 [^]
Breads and Grains	1.5 [^]	3.5 [^]	2.2 [^]	2.5	2.2 [^]	2.5
Dessert/Other Menu Items	0.7 [^]	0.9 [^]	1.2 [^]	0.6 [^]	1.2 [^]	0.6 [^]
Fruit	0.0 [^]	0.0 [^]	0.0	0.4 [^]	0.0 [^]	0.4 [^]
Mean Amount (kcal)	50 [^]	60 ^{**}	63	74	63 [^]	74
Calories from Added Sugars						
Fruit	26.8 [^]	26.0 [^]	26.9	34.2	26.9 [^]	34.0
Milk	10.9 ^{**}	15.2 ^{****}	21.5	25.9	21.3 [^]	25.7
Combination Entrees	23.7 [^]	22.8 [^]	16.7	16.4	16.8 [^]	16.5
Breads and Grains	10.9 [^]	10.4 [^]	11.7	7.7	11.7 [^]	7.8
Meat/Meat Alternate	6.7 [^]	4.0 [^]	9.1 [^]	6.7 [^]	9.1 [^]	6.7 [^]
Accompaniments	12.7 [^]	10.6 [^]	9.1	5.3	9.2 [^]	5.4
Vegetables	5.2 [^]	7.4 [^]	3.5	2.6	3.6 [^]	2.7
Dessert/Other Menu Items	3.0 [^]	3.7 [^]	1.4 [^]	1.2 [^]	1.5 [^]	1.2 [^]
Mean Amount (kcal)	21 ^{**}	24 ^{****}	35	47	35 [^]	46

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Number of Suppers	57	134	217	448	274	582
Number of Before and After School Programs	12	28	47	100	59	128

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs includes Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. For each nutrient panel, major food categories are listed in order of their contribution to that nutrient by the all programs/6-12 age group column. Accompaniments includes condiments and salad dressings.

CACFP= Child and Adult Care Food Program.

Table D.3.19 Major Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Morning Snacks Served in Early Child Care Programs

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories															
Breads and Grains	34.9 [^]	37.2 [^]	40.3 ^{***^}	40.8 [^]	29.0 [^]	35.3 [^]	28.6 [^]	29.3	33.9	33.3 [#]	30.1	29.8	34.2	33.8	31.0
Milk	26.7 [^]	20.1 [^]	17.4 [^]	14.3 [^]	21.9 [^]	23.2 [^]	22.9 [^]	27.3	20.2	20.3	23.0 ^{##}	27.2	20.2	20.1	22.2
Fruit	14.7 ^{***^}	16.4 [^]	14.8 [^]	18.1 [^]	26.2 ^{++^}	20.7 [^]	22.0 [^]	16.5	18.6	17.3	17.0	16.4	18.4	17.2	17.1
Meat/Meat Alternate	7.0 [^]	8.6 [^]	9.1 [^]	5.4 [^]	15.7 [^]	12.4 [^]	8.9 [^]	16.1 ^{##}	15.5 [#]	16.6 [#]	14.1 ^{##}	15.4	14.8	15.8	13.4
Combination Entrees	3.7 [^]	4.4 [^]	4.1 [^]	10.3 [^]	0.0 [^]	0.0 ^{++^}	7.3 [^]	3.5 [^]	5.9 [^]	5.3 [^]	4.6 [^]	3.5 [^]	5.7 [^]	5.2	5.1 [^]
Vegetables	0.8 [^]	0.8 [^]	2.5 [^]	0.8 [^]	5.3 [^]	4.1 [^]	2.0 [^]	2.5 [^]	0.7 [^]	2.8 [^]	4.9 [^]	2.3 [^]	0.7 [^]	2.8 [^]	4.5 [^]
Accompaniments	7.4 [^]	8.1 [^]	6.5 [^]	5.2 [^]	1.8 [^]	4.3 [^]	5.4 [^]	1.9 ^{#^}	2.6 [#]	2.2 ^{##}	2.0 [^]	2.3 [^]	3.1	2.6	2.3 [^]
Dessert/Other Menu Items	4.8 ^{***^}	4.5 ^{***^}	5.3 [^]	5.2 [^]	0.0 ^{+++^}	0.0 ^{++^}	2.9 [^]	3.0	2.7 [^]	2.3 [^]	4.2 [^]	3.1	2.8	2.6	4.3 [^]
Mean Amount (kcal)	214 [^]	198 [^]	216 [^]	278 [^]	254 [^]	222 [^]	226 [^]	231	210	239	311	230	209	236	308
Total Fat															
Breads and Grains	25.9 [^]	32.4 [^]	37.0 [^]	40.9 [^]	27.4 [^]	34.0 [^]	29.2 [^]	24.0	33.7	31.6	26.4	24.1	33.6	32.1	27.8
Meat/Meat Alternate	9.6 [^]	13.9 [^]	14.7 [^]	10.4 [^]	32.5 [^]	33.8 [^]	17.9 [^]	25.7 ^{##}	28.2 [#]	29.7 [#]	28.6 ^{##}	24.4	26.8	28.2	26.9
Milk	34.7 [^]	15.8 [^]	11.7 [^]	9.8 [^]	27.1 [^]	19.4 [^]	18.5 [^]	32.9	14.0	14.7	17.4 ^{##}	33.0	14.2	14.5	16.7
Combination Entrees	4.8 [^]	7.1 [^]	6.3 [^]	17.5 [^]	0.0 ^{++^}	0.0 ^{++^}	9.4 [^]	4.8 [^]	10.7 [^]	8.7	7.8 [^]	4.7 [^]	10.3 [^]	8.5	8.7 [^]
Accompaniments	17.9 [^]	22.5 [^]	19.1 [^]	14.1 [^]	4.0 [^]	4.1 [^]	16.0 [^]	5.1 ^{#^}	7.9 ^{##}	6.5 ^{##}	5.6 [^]	6.2 [^]	9.3	7.7	6.4 [^]
Vegetables	1.2 [^]	1.4 [^]	3.0 [^]	0.3 [^]	7.4 [^]	6.9 [^]	2.3 [^]	3.6 [^]	0.6 [^]	4.4 [^]	8.1 [^]	3.4 [^]	0.7 [^]	4.2 [^]	7.3 [^]
Dessert/Other Menu Items	5.0 [^]	5.6 [^]	7.0 [^]	5.7 [^]	0.0 ^{++^}	0.0 ^{++^}	5.1 [^]	2.5	3.0 [^]	2.4 [^]	4.5 [^]	2.7	3.2	2.8 [^]	4.6 [^]
Fruit	1.0 [^]	1.3 [^]	1.3 [^]	1.4 [^]	1.7 [^]	1.8 [^]	1.6 [^]	1.5 [#]	2.0 ^{##}	2.0 [#]	1.6	1.4	1.9	1.9	1.6
Mean Amount (g)	9 [^]	7 [^]	7 [^]	10 [^]	9 [^]	6 [^]	6 [^]	9	7	8	10	9	7	8	10
Saturated Fat															
Meat/Meat Alternate	9.9 [^]	15.5 [^]	17.7 [^]	13.9 [^]	42.5 [^]	45.5 [^]	24.0 [^]	27.8 ^{##}	32.4 [#]	33.1 [#]	31.4	26.4	30.8	31.6	30.1
Milk	48.8 [^]	27.2 [^]	22.3 [^]	23.5 [^]	36.3 [^]	29.9 [^]	31.1 [^]	47.6	25.4	26.0	31.7	47.7	25.6	25.8	31.1
Breads and Grains	13.0 [^]	18.5 [^]	22.7 [^]	32.5 [^]	12.2 [^]	15.8 [^]	14.0 [^]	13.8	22.5	21.0	16.5 [#]	13.8	22.0	21.1	17.7
Accompaniments	22.0 [^]	29.8 [^]	26.8 [^]	11.9 [^]	5.4 [^]	5.8 [^]	18.0 [^]	3.7 ^{###^}	8.0 ^{###}	7.3 ^{##}	5.8 [^]	5.2	10.2	9.1	6.3 [^]
Combination Entrees	2.8 [^]	4.5 [^]	4.2 [^]	13.0 [^]	0.0 [^]	0.0 ^{++^}	8.3 [^]	3.3 [^]	8.2 [^]	7.5	6.3 [^]	3.2 [^]	7.8 [^]	7.2	6.8 [^]
Dessert/Other Menu Items	2.6 ^{***^}	3.3 ^{***^}	4.4 [^]	4.1 [^]	0.0 ^{++^}	0.0 ^{++^}	2.9 [^]	1.6	2.3 [^]	1.8 [^]	3.5 [^]	1.7	2.4	2.1 [^]	3.6 [^]
Vegetables	0.4 [^]	0.6 [^]	1.2 [^]	0.2 [^]	2.7 [^]	2.2 [^]	0.8 [^]	1.5 [^]	0.3 [^]	2.0 [^]	3.9 [^]	1.4 [^]	0.3 [^]	1.9 [^]	3.6 [^]
Fruit	0.4 ^{***^}	0.7 [^]	0.7 [^]	0.9 [^]	0.8 [^]	0.9 [^]	0.8 [^]	0.7 [#]	1.0	1.3	0.9	0.7	1.0	1.2	0.9
Mean Amount (g)	4 [^]	2 [^]	2 [^]	3 [^]	4 [^]	2 [^]	2 [^]	4	2	3	4	4	2	3	4

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Sodium															
Breads and Grains	46.6 [^]	46.7 [^]	49.0 ^{^A}	52.2 [^]	39.4 [^]	45.7 [^]	37.4 [^]	39.8	43.5	42.9	39.1	40.4	43.8	43.4	40.2
Meat/Meat Alternate	15.5 [^]	15.6 [^]	14.7 [^]	9.7 [^]	29.1 [^]	22.1 [^]	15.5 [^]	23.3	20.9	22.1	19.5	22.7	20.3	21.3	18.6
Milk	17.5 [^]	17.2 [^]	15.3 [^]	13.2 [^]	17.1 [^]	22.7 [^]	21.9 [^]	20.3	19.2	17.9	20.0 ^{##}	20.0	19.1	17.7	19.4
Combination Entrees	5.1 [^]	5.3 ^{^A}	4.3 [^]	9.5 [^]	0.0 ^{†^}	0.0 ^{††^}	12.5 [^]	5.8 [^]	8.4 [^]	7.8 [^]	6.2 [^]	5.7 [^]	8.0 [^]	7.5	6.5 [^]
Vegetables	1.7 [^]	1.7 [^]	3.9 [^]	3.1 [^]	9.1 [^]	5.1 [^]	2.9 [^]	4.7 [^]	1.4 [^]	4.4 [^]	7.9 [^]	4.5 [^]	1.5 [^]	4.4 [^]	7.5 [^]
Dessert/Other Menu Items	6.1 ^{^A}	5.5 ^{^A}	6.7 [^]	4.9 [^]	0.8 ^{†^}	0.6 ^{†^}	2.5 [^]	3.1	3.0	2.4 [^]	4.9 [^]	3.4	3.3	2.8	4.9 [^]
Accompaniments	6.7 [^]	7.1 [^]	5.4 [^]	6.2 [^]	3.1 [^]	2.7 [^]	6.0 ^{†^}	2.3 [^]	2.7 ^{##}	1.8 ^{##}	1.7 [^]	2.7 [^]	3.2	2.2	2.1 [^]
Fruit	0.8 [^]	0.8 [^]	0.7 [^]	1.2 [^]	1.4 [^]	1.1 [^]	1.3 [^]	0.6	0.8	0.7	0.7	0.6	0.8	0.7	0.7
Mean Amount (mg)	234 [^]	233 [^]	261 [^]	313 [^]	265 [^]	240 [^]	251 [^]	244	232	282	368	243	232	279	362
Dietary Fiber															
Fruit	39.5 ^{^A}	40.6 [^]	37.4 [^]	41.7 [^]	54.3 [^]	41.6 [^]	45.3 [^]	52.1 ^{##}	49.3 ^{##}	47.7 ^{##}	45.5	51.2	48.5	46.8	45.1
Breads and Grains	45.1 [^]	43.6 [^]	42.3 [^]	35.1 [^]	31.3 [^]	46.9 [^]	31.2 [^]	34.6	35.7	35.1	33.7	35.4	36.5	35.7	33.9
Vegetables	4.2 [^]	4.6 [^]	9.3 [^]	5.1 [^]	14.4 [^]	10.5 [^]	8.7 [^]	3.7 [^]	3.0 [^]	5.5 [^]	7.7 [^]	3.8 [^]	3.2 [^]	5.9 [^]	7.4 [^]
Combination Entrees	6.3 [^]	6.4 ^{^A}	6.2 [^]	12.7 [^]	0.0 ^{†^}	0.0 ^{††^}	10.8 [^]	3.8 [^]	6.3 [^]	5.6 [^]	5.6 [^]	3.9 [^]	6.3 [^]	5.7	6.3 [^]
Meat/Meat Alternate	1.3 [^]	1.8 [^]	1.6 [^]	1.9 [^]	0.0 ^{††^}	0.0 ^{††^}	2.4 [^]	4.3 [^]	4.5	4.9 [#]	5.3 [^]	4.0 [^]	4.2	4.5	5.0
Dessert/Other Menu Items	3.4 ^{***^}	2.8 ^{***^}	3.1 [^]	3.3 [^]	0.0 ^{††^}	0.0 ^{†^}	1.0 [^]	1.4 [^]	1.0 ^{#^}	1.1 [^]	2.1 [^]	1.6	1.1 [^]	1.2 [^]	2.2 [^]
Accompaniments	0.2 [^]	0.2 [^]	0.2 [^]	0.2 [^]	0.0 [^]	1.1 [^]	0.5 [^]	0.1 [^]	0.2 [^]	0.1 [^]	0.1 [^]	0.1 [^]	0.2 [^]	0.1	0.2 [^]
Milk	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mean Amount (g)	2 ^{***^}	2 [^]	2 [^]	3 [^]	2 [^]	2 [^]	3 [^]	2 [#]	2	2	3	2	2	2	3
Iron															
Breads and Grains	80.7 [^]	82.6 [^]	82.2 [^]	74.4 [^]	77.7 [^]	88.7 ^{†^}	75.0 [^]	74.7	73.7 [#]	74.0 [#]	70.3	75.3	74.9	74.9	70.7
Fruit	7.0 [^]	6.4 [^]	5.7 [^]	10.5 [^]	12.8 [^]	6.2 [^]	10.8 [^]	10.1 [#]	10.6 ^{##}	9.4 ^{##}	10.2	9.8	10.1	9.0	10.3
Meat/Meat Alternate	2.5 [^]	2.5 [^]	2.1 [^]	1.6 [^]	1.5 ^{††^}	0.7 ^{†††^}	2.3 ^{†^}	6.0 [#]	5.3 [#]	6.2 ^{##}	5.8 ^{###}	5.7	4.9	5.6	5.4
Combination Entrees	3.7 [^]	3.4 [^]	2.9 [^]	7.3 [^]	0.0 ^{†^}	0.0 ^{††^}	5.4 [^]	3.5 [^]	5.1 [^]	5.0 [^]	5.1 [^]	3.5 [^]	4.9 [^]	4.8 [^]	5.3 [^]
Vegetables	0.9 [^]	0.8 [^]	2.6 [^]	1.6 [^]	6.2 [^]	2.8 [^]	2.8 [^]	1.0 [^]	0.9 [^]	1.9 [^]	2.9 [^]	1.0 [^]	1.0 [^]	2.0 [^]	2.8 [^]
Milk	1.7 [^]	1.5 [^]	1.3 ^{^A}	1.2 [^]	1.6 [^]	1.3 [^]	1.8 [^]	2.2	2.0	1.9	2.2 [#]	2.1	2.0	1.8	2.1
Dessert/Other Menu Items	3.4 ^{***^}	2.7 ^{***^}	3.1 [^]	3.2 [^]	0.0 ^{††^}	0.0 ^{††^}	1.5 [^]	2.4	2.0 [^]	1.5 [^]	3.4 [^]	2.5	2.1	1.7 [^]	3.4 [^]
Accompaniments	0.1 [^]	0.2 [^]	0.2 [^]	0.3 [^]	0.2 [^]	0.3 [^]	0.3 ^{†^}	0.1 [^]	0.2 [^]	0.1 [^]	0.1 [^]	0.1 [^]	0.2	0.1	0.1
Mean Amount (mg)	1.6 [^]	1.8 [^]	2.1 [^]	2.2 [^]	2.0 [^]	2.8 [^]	2.0 [^]	1.5	1.5	1.8	2.2	1.5	1.5	1.8	2.2

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
Breads and Grains	47.2^	49.5^	48.6^	46.0^	41.5^	54.7^	40.0^	34.5#	35.3##	33.6##	29.5#	35.5	36.9	35.1	30.8
Milk	30.5^	29.7^	27.8^	29.2^	24.0^	25.5^	33.0^	33.4	33.5	32.8	37.9	33.2	33.0	32.3	37.3
Meat/Meat Alternate	10.8^	10.4^	11.8^	7.6^	21.7^	12.4^	12.2^+	22.7#	20.1#	21.1#	17.6#	21.8	19.0	20.1	16.9
Combination Entrees	3.3^	3.2^a	2.9^	8.4^	0.0^+	0.0^++	6.9^	3.1^	4.6^	6.0^	6.9^	3.1^	4.5^	5.7^	7.0^
Fruit	4.7^	4.2^	3.9^	5.5^	6.7^	3.9^	4.7^	4.5	4.6	4.3	4.3	4.5	4.6	4.2	4.4
Vegetables	0.7^	0.7^	2.4^	1.2^	5.0^	2.8^	1.8^	0.8^	0.7^	1.3^	1.8^	0.8^	0.7^	1.4^	1.8^
Dessert/Other Menu Items	2.4^a	1.9^a	2.3^	1.9^	0.3^+	0.2^++	0.8^	1.0	1.1	0.9^a	1.8^	1.1	1.2	1.0	1.8^
Accompaniments	0.4^	0.4^	0.3^	0.2^	0.8^	0.5^	0.5^	0.1^	0.1	0.1^##a	0.1^	0.1^	0.2	0.1	0.1^
Mean Amount (mg)	1.2^	1.3^	1.4^	1.4^	1.7^	2.0^	1.6^	1.3	1.3	1.5	1.9#	1.3	1.3	1.5	1.8
Calcium															
Milk	61.4^	61.6^	57.8^	59.6^	49.0^	58.5^	65.6^	57.3	58.0	58.1	66.1	57.5	58.3	58.2	65.6
Meat/Meat Alternate	15.2^	15.4^	17.3^	14.3^	33.5^	21.9^	14.4^	24.1	22.0	21.4	14.9	23.5	21.4	21.0	14.9
Breads and Grains	15.7^	15.8^	16.5^	16.3^	10.4^	15.0^	10.6^	10.8	11.1	11.7	10.9	11.1	11.5	12.0	11.2
Fruit	2.8^	2.6^	2.8^	3.6^	3.4^	2.3^	3.0^	3.6	3.9	3.6	3.3	3.5	3.8	3.5	3.3
Combination Entrees	2.3^	2.0^	1.7^	2.9^	0.0^	0.0^+	4.1^	2.1^	3.3^	2.9^	1.4^	2.1^	3.2^	2.9^	1.5^
Dessert/Other Menu Items	2.0^	1.8^a	2.4^	2.4^	0.6^	0.4^+	0.7^	1.2	1.2	1.1	1.7^	1.3	1.2	1.2	1.8^
Vegetables	0.2^	0.3^	1.1^	0.7^	1.7^	1.1^	0.9^	0.9^	0.4^	1.1^	1.7^	0.9^	0.4^	1.1^	1.7^
Accompaniments	0.5^	0.5^	0.4^	0.2^	1.4^	1.0^	0.7^	0.1^	0.1^#	0.1^a	0.1^	0.1^	0.2	0.1	0.1^
Mean Amount (mg)	176^	183^a	195^	195^	251^	265^	238^	230#	218	244#	312##	225	215	239	301
Potassium															
Milk	44.4^	44.9^	41.4^	35.2^	38.9^	49.8^	46.5^	42.2	41.9	41.6	45.8	42.3	42.2	41.6	45.1
Fruit	26.4^a	26.0^	25.5^	33.3^	36.3^	25.1^	26.4^	31.2	30.9#	29.4#	27.3	30.9	30.5	29.1	27.7
Meat/Meat Alternate	7.3^	7.6^	8.2^	3.9^	7.6^	5.2^	6.0^++	10.9	10.9	11.8	9.2#	10.7	10.6	11.4	8.8
Breads and Grains	13.2^	13.0^	13.9^a	13.1^	10.8^	14.8^	10.0^	10.4#	10.7#	10.5##	9.4	10.6	10.9	10.8	9.7
Vegetables	3.1^	3.3^	4.7^	5.3^	4.9^	3.8^	3.6^	2.0^	1.9^	3.1	3.8^	2.1^	2.0	3.2	3.9^
Combination Entrees	2.9^	2.8^	3.3^	6.7^	0.0^+	0.0^++	6.1^	2.0^	2.7^	2.7^	2.7^	2.1^	2.7^	2.8	3.0^
Dessert/Other Menu Items	2.3^a	1.9^a	2.6^a	2.1^	0.0^++	0.0^+	0.5^	1.0^	0.8^	0.9^	1.7^	1.1	0.9^	1.0^	1.7^
Accompaniments	0.4^	0.5^	0.4^	0.3^	1.5^	1.4^	0.9^+	0.2^	0.2^#	0.1^a	0.1^	0.2^	0.3	0.2	0.1^
Mean Amount (mg)	284^	304^	330^	397^	375^	374^	405^	367###	366#	413#	544###	360	360	405	529

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Vitamin D															
Milk	82.9 [^]	80.6 [^]	79.0 ^{^A}	83.3 [^]	84.2 [^]	81.9 [^]	86.4 [^]	84.8	82.5	82.6	87.7	84.6	82.3	82.4	87.4
Meat/Meat Alternate	7.6 [^]	8.3 [^]	8.3 [^]	7.7 [^]	7.7 [^]	4.6 [^]	4.5 ^{++^}	8.6	9.3	9.6	5.3	8.5	9.1	9.4	5.4
Breads and Grains	6.9 [^]	8.6 [^]	9.6 [^]	6.9 [^]	7.5 [^]	13.2 [^]	7.8 [^]	5.0	6.3	6.1	5.7 [^]	5.2	6.5	6.4	5.7 [^]
Combination Entrees	1.4 [^]	1.3 [^]	1.2 [^]	0.0 [^]	0.0 [^]	0.0 [^]	1.0 [^]	0.9 [^]	1.1 [^]	1.1 [^]	0.3 [^]	0.9 [^]	1.1 [^]	1.1 [^]	0.2 [^]
Dessert/Other Menu Items	0.7 [^]	0.7 [^]	1.5 [^]	1.1 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.2 [^]	0.2 [^]	0.2 [^]	0.7 [^]	0.2 [^]	0.2 [^]	0.3 [^]	0.7 [^]
Accompaniments	0.5 [^]	0.5 [^]	0.4 [^]	1.0 [^]	0.4 [^]	0.3 [^]	0.3 [^]	0.4 [^]	0.3 [^]	0.2 [^]	0.3 [^]	0.4 [^]	0.3 [^]	0.3 [^]	0.3 [^]
Fruit	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.2 [^]	0.1 [^]	0.0	0.2 [^]	0.2 [^]	0.1 [^]	0.0
Vegetables	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.0	0.1 [^]	0.1 [^]	0.2 [^]	0.0 [^]	0.1 [^]	0.1 [^]	0.2 [^]
Mean Amount (mcg)	1.5 [^]	1.4 [^]	1.4 [^]	1.3 [^]	1.6 [^]	1.8 [^]	1.7 [^]	1.7	1.5	1.7	2.3 ^{##}	1.7	1.5	1.6	2.2
Calories from Solid Fats															
Meat/Meat Alternate	8.4 [^]	14.9 ^{^A}	18.3 [^]	18.0 [^]	50.1 [^]	66.8 [^]	32.1 [^]	26.9 ^{##}	34.9 [#]	34.4 [#]	34.3	25.3	32.9	33.0	33.2
Breads and Grains	9.6 [^]	14.8 [^]	21.5 ^{^A}	33.1 [^]	5.6 [^]	7.5 ^{^A}	11.3 ^{^A}	12.4	24.0 [#]	23.6	14.9 [#]	12.1	22.9	23.3	16.1
Milk	50.4 [^]	21.6 [^]	13.3 [^]	18.0 [^]	36.4 [^]	16.3 [^]	17.1 [^]	49.7	16.2	18.3	25.9	49.7	16.7	17.8	25.3
Accompaniments	26.7 [^]	41.5 ^{^A}	38.7 [^]	21.6 [^]	7.1 [^]	9.4 [^]	27.4 [^]	5.7 ^{##^}	13.2 ^{###}	11.9 ^{##}	11.1 [^]	7.6 [^]	16.2	14.4	11.7 [^]
Combination Entrees	1.8 [^]	2.7 [^]	2.7 [^]	3.3 [^]	0.0 ^{^A}	0.0 ^{++^}	8.1 [^]	2.4 [^]	6.6 [^]	7.3 [^]	6.0 [^]	2.3 [^]	6.1 [^]	6.9 [^]	5.8 [^]
Dessert/Other Menu Items	3.1 ^{***^}	4.6 ^{****^}	5.5 [^]	6.1 [^]	0.0 ^{++^}	0.0 ^{^A}	3.8 [^]	3.0 [^]	5.0 [^]	4.1 [^]	7.7 [^]	3.0 [^]	5.0 [^]	4.3 [^]	7.6 [^]
Fruit	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0	0.0	0.3 [^]	0.0	0.0	0.0	0.3 [^]	0.0
Vegetables	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.8 [^]	0.0 [^]	0.0 [^]	0.0	0.1 [^]	0.1 [^]	0.2 [^]	0.0 [^]	0.1 [^]	0.1 [^]	0.2 [^]
Mean Amount (kcal)	43 [^]	25 [^]	24 [^]	21 [^]	45 [^]	23 [^]	22 [^]	41	23	27	32 [#]	41	23	27	31
Calories from Added Sugars															
Breads and Grains	51.9 [^]	49.3 [^]	53.2 ^{****^}	51.0 [^]	38.5 [^]	41.3 [^]	31.0 ^{++^}	53.5	55.0	49.4	50.0	53.2	54.2	49.4	50.1
Meat/Meat Alternate	10.6 ^{^A}	11.5 ^{^A}	13.2 [^]	5.3 [^]	0.0 ^{+++^}	0.0 ^{+++^}	6.8 ^{++^}	21.6 [#]	20.2	23.1	12.8	20.4	19.0	21.7	11.9
Fruit	15.2 ^{****^}	16.2 [^]	13.3 ^{^A}	13.5 [^]	61.5 ^{+++^}	40.1 [^]	46.5 ^{++^}	6.6 [^]	8.0 [^]	11.2 [^]	12.3 [^]	7.9 [^]	9.2 [^]	12.3	12.4 [^]
Dessert/Other Menu Items	12.7 ^{***^}	11.9 ^{***^}	11.6 [^]	16.2 [^]	0.0 ^{++^}	0.0 ^{++^}	6.2 [^]	15.6	10.8	10.1	18.9	15.2	10.8	10.2	18.6
Accompaniments	7.4 [^]	8.7 [^]	6.7 [^]	6.5 [^]	0.0 [^]	18.6 [^]	7.7 [^]	1.1 [^]	3.0 [^]	3.3 [^]	4.0 [^]	1.7 [^]	3.8 [^]	3.7 [^]	4.3 [^]
Combination Entrees	1.5 [^]	1.8 ^{^A}	1.6 [^]	6.2 [^]	0.0 ^{^A}	0.0 ^{^A}	1.7 [^]	1.6 [^]	2.8 [^]	2.6 [^]	1.7 [^]	1.6 [^]	2.7 [^]	2.5 [^]	2.2 [^]
Vegetables	0.7 [^]	0.6 [^]	0.5 [^]	1.2 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0	0.2 [^]	0.2 [^]	0.4 [^]	0.1 [^]	0.2 [^]	0.2 [^]	0.5 [^]
Milk	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mean Amount (kcal)	17 [^]	17 [^]	19 [^]	21 [^]	24 [^]	25 [^]	26 [^]	14	15	16	18	14	15	17	18

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Morning Snacks	95	121	131	55	14	19	66	345	432	477	200	454	572	674	255
Number of Early Child Care Programs	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. For each nutrient panel, major food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Accompaniments includes condiments and salad dressings.

CACFP= Child and Adult Care Food Program.

Table D.3.20 Major Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Afternoon Snacks Served in Early Child Care Programs

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories															
Breads and Grains	33.3	34.7	38.4	42.0	31.2	33.3	37.0	30.8	34.0	33.0##	33.9##	31.5	34.2	34.8	36.1
Fruit	18.9	19.4	19.2	21.6	16.6	19.0	19.0	18.1	18.2	17.3	18.6	18.3	18.6	17.9	19.4
Milk	19.1	14.8	13.1	11.0	20.9	13.1†	16.1†	23.4#	17.2	19.3###	19.0###	22.1	16.3	17.4	16.8
Meat/Meat Alternate	12.5	13.8	12.3	11.5	11.9	14.6	13.8	13.0	15.3	14.1	12.9	12.8	14.8	13.6	12.6
Combination Entrees	4.2	4.9	5.1	4.3	7.9^	7.7^	5.0	5.4	6.8	7.4	7.1	5.2	6.3	6.6	6.3
Dessert/Other Menu Items	8.3	8.1	8.0**	5.9	6.5	7.1	4.6	5.4#	5.1##	4.4##	3.6#	6.3	6.1	5.4	4.2
Vegetables	1.4^	1.5	1.6	1.2^	2.7^	3.0^	1.9	2.4^	1.6	2.8^	3.3^	2.1^	1.6	2.4^	2.8^
Accompaniments	2.3	2.7	2.3	2.5	2.3	2.2	2.6	1.4#	1.8#	1.8	1.5#	1.7	2.1	2.0	1.8
Mean Amount (kcal)	198	190	203	264	192	188†	201†	214	207#	225#	311###	208	201	216	297
Total Fat															
Breads and Grains	31.0	35.9	41.4	45.9	26.7	33.1	38.9	27.9	35.4	33.8#	34.1#	28.8	35.5	36.1	37.1
Meat/Meat Alternate	19.7	24.8	22.2	22.9	16.2	24.8	23.3	21.8	28.9	26.0	25.9	21.0	27.5	24.9	25.1
Milk	26.7	11.7	9.0	7.4	28.6	10.2	11.3	29.9	12.7	14.0###	14.2###	28.9	12.3	12.5	12.5
Combination Entrees	5.7	7.5	7.9	7.1	11.7^	12.9^	8.5	7.4^	9.5	11.1	11.0	7.0	9.0	10.1	10.0
Dessert/Other Menu Items	8.4	9.2	9.4*	7.0	6.1	7.5	5.7	5.5#	6.0#	4.9##	3.8#	6.4	7.0	6.1	4.6
Accompaniments	5.7	7.6	6.4	6.8	6.2†	6.8	8.3†	2.9#^	4.4#	4.6	4.1#	3.8	5.5	5.3	4.8
Vegetables	1.5^	1.7^	2.0	1.3^	3.3^	3.2^	2.2	3.2^	1.4^	4.0^	5.1^	2.7^	1.5	3.4^	4.1^
Fruit	1.3	1.6	1.6	1.8	1.2	1.6	1.7	1.5	1.7	1.6	1.7	1.4	1.6	1.6	1.7
Mean Amount (g)	7	6	6	8	7	6	6††	8	7	8##	10###	8	6	7	10
Saturated Fat															
Meat/Meat Alternate	25.1	33.5	31.2	32.3	21.5	33.4	32.5	25.2	33.0	31.6	31.7	25.1	33.2	31.5	31.9
Milk	40.0	21.2	17.9	15.1	41.2	18.2	21.3	43.7	22.6	24.7##	25.5###	42.6	22.0	22.8	23.1
Breads and Grains	17.5	22.3	26.8	30.5	13.2	18.4	22.8	15.9	22.3	20.0##	20.8##	16.3	22.2	21.9	23.0
Combination Entrees	5.1	7.1	7.7	7.0	12.1^	14.8^	9.0	5.3	9.6	9.6	9.2^	5.4	9.0	9.1	8.7
Accompaniments	5.6	7.5	7.2	7.9	6.3^	6.6^	7.9	3.4^	5.6^	6.9	6.0	4.1	6.2	7.1	6.5
Dessert/Other Menu Items	5.6	6.7	7.3*	5.5	4.0	5.9	4.7	4.5	5.4	4.4#	3.4	4.8	5.8	5.1	3.9
Vegetables	0.6^	0.8^	1.0^	0.8^	1.1^	1.9^	1.0^	1.3^	0.7^	2.0^	2.6^	1.1^	0.8	1.7^	2.2^
Fruit	0.6	0.8	0.8	1.0	0.5	0.8	0.8	0.6	0.8	0.7	0.8	0.6	0.8	0.8	0.8
Mean Amount (g)	3	2	2	3	3	2	2†††	3	2	3###	4###	3	2	2	3

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Sodium															
Breads and Grains	44.7*	44.0	49.1	55.2	38.9	38.8	45.1	41.8	40.6	41.5#	42.2##	42.6	41.6	43.8	45.7
Meat/Meat Alternate	21.5	21.0	18.0	17.5	22.4	24.9	19.6	18.2	18.4	17.2	16.9	19.3	19.4	17.6	17.0
Milk	12.6	12.7	11.7*	9.8	12.9	10.8†	14.5	16.8#	15.1	16.5###	16.7###	15.4	14.2	15.1	14.8
Combination Entrees	7.6	8.1	7.8	6.0^	12.5^	11.3^	8.5	10.6^	14.7	13.1	12.1^	9.8	12.5	11.3	10.5
Vegetables	2.8^	2.9^	2.7	2.2^	3.5^	3.8^	2.9	5.3^	3.9	5.3^	6.3^	4.5^	3.6	4.4	5.2^
Dessert/Other Menu Items	6.8	6.5	6.3*	4.8	5.4	5.5	4.0	4.6	3.9##	3.4##	2.9#	5.3	4.8	4.3	3.4
Accompaniments	3.0	3.8	3.3	3.2	3.6†	3.7	4.3††	1.6#^	2.6	2.2#	2.1#	2.1	3.0	2.6	2.4
Fruit	1.1	1.1	1.1	1.2	0.9	1.1	1.0	1.1	0.9	0.8#	0.9	1.1	1.0	0.9	1.0
Mean Amount (mg)	223	227	243	316	225	231	238†	232	245	272#	364#	229	238	261	349
Dietary Fiber															
Fruit	42.3	40.4	39.9	41.2	38.0	39.6	43.0	46.6	43.0	43.9	46.4	45.1	42.1	42.8	45.1
Breads and Grains	36.8	37.0	39.2	40.9	37.1	35.1	38.7†	31.9	31.5	32.7##	31.3##	33.4	33.2	34.9	33.8
Vegetables	6.7	7.6	7.4	6.3	10.2^	9.9	8.4	6.5^	8.6	8.2	8.5	6.6	8.4	8.0	7.9
Combination Entrees	6.0	6.4	5.6	4.9	10.4^	9.4	5.4	6.7^	8.2	8.4	7.4^	6.6	7.7	7.4	6.7
Meat/Meat Alternate	1.9	2.7	2.5	2.8	0.7†^	2.5^	1.8††	4.8	5.6	4.0#	4.2	3.8	4.7	3.4	3.8
Dessert/Other Menu Items	5.5	5.1	4.7**	3.4	3.2	3.1^	2.2	3.0#	2.6##	2.4##	1.9#	3.7	3.3	3.0	2.3
Accompaniments	0.7*	0.8**	0.7	0.7	0.4^	0.3	0.4^	0.3##^	0.3#^	0.3##	0.2##^	0.4	0.5	0.4	0.3
Milk	0.0	0.0	0.0	0.0	0.0	0.0	0.0^	0.3^	0.2^	0.1^	0.2^	0.2^	0.1^	0.1^	0.1^
Mean Amount (g)	1	1	2*	2	1	2	2	2#	2##	2#	3##	2	2	2	3
Iron															
Breads and Grains	63.9	63.3	65.7*	68.7	63.5	61.6	70.9†	63.8	63.1	62.1	64.0	63.9	63.1	63.9	65.3
Fruit	12.8	12.6	11.7	13.1	11.9	13.1	11.7	12.9	12.2	13.0	13.7	12.8	12.4	12.5	13.5
Combination Entrees	4.9^	5.4	5.0	4.2^	8.3^	8.1^	4.7	6.0	8.2	8.6	7.8^	5.7	7.3	7.2	6.8
Dessert/Other Menu Items	10.0	9.8	9.5**	6.8	5.9	6.5	4.0	8.1^	5.2#	5.1##	4.2#	8.6	6.7	6.3	4.9
Meat/Meat Alternate	3.9	4.2	3.7	3.6	3.9	4.8	3.3†	4.4	5.5	4.6	4.1	4.2	5.0	4.2	4.0
Vegetables	2.4^	2.5	2.6	1.9^	4.3^	4.2^	2.8	2.1^	3.4	3.7	3.6	2.2	3.1	3.3	3.2
Milk	1.8	1.8	1.6	1.3	1.8	1.5†	2.3	2.4	2.2	2.5###	2.4###	2.2	2.0	2.2	2.1
Accompaniments	0.3	0.4	0.3	0.3	0.3^	0.3^	0.3	0.3^	0.3^	0.3	0.2^	0.3	0.3	0.3	0.2
Mean Amount (mg)	1.1	1.1	1.2*	1.6	1.1	1.2	1.4	1.2	1.2	1.2	1.8	1.2	1.2	1.3	1.7

STUDY OF NUTRITION AND ACTIVITY IN CHILD CARE SETTINGS: APPENDIX D

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
Milk	30.4	32.3*	31.2	28.5	27.7	25.1†	30.3††	33.9	34.4	38.0#	37.8#	32.8	33.5	35.7	35.7
Breads and Grains	27.0	25.6	29.0	32.4	29.2	28.7	32.6†††	27.9	23.6	22.9#	24.8	27.7	24.3	25.2	26.6
Meat/Meat Alternate	25.7	25.4	23.1	23.0	21.8	24.5	22.2	22.0	24.5	22.0	20.3	23.0	24.8	22.3	20.9
Combination Entrees	5.4	5.7	5.4	5.0^	9.7^	9.8^	4.8	6.1	8.2	7.7	7.0^	6.1	7.5	6.9	6.6
Fruit	5.8	5.4	5.5	6.4	5.3	6.3	5.8	5.7	5.0	5.2	6.0	5.7	5.2	5.3	6.1
Vegetables	2.1^	2.1	2.3	1.9^	3.7^	2.9^	2.2	1.5^	2.1	2.2	2.4	1.8	2.1	2.2	2.3
Dessert/Other Menu Items	3.3	3.1	3.2**	2.6	2.1	2.4	1.7	2.6	2.0#	1.7###	1.4##	2.8	2.4	2.0	1.7
Accompaniments	0.2	0.3	0.3	0.3	0.3^	0.3	0.4	0.2^	0.3^	0.2^	0.2^	0.2	0.3	0.3	0.2
Mean Amount (mg)	0.8	0.9	0.9**	1.1	0.9	0.9	1.1	1.0##	1.0###	1.1###	1.5###	1.0	1.0	1.1	1.4
Calcium															
Milk	47.6	49.6*	49.4	46.5	43.6	40.3†	50.9	54.5	53.4	57.5#	58.4##	52.3	51.8	55.0	55.8
Meat/Meat Alternate	30.7	29.2	27.3	28.1	28.8	32.4	26.3	23.9	23.4	21.6#	20.8#	25.9	25.5	23.3	22.4
Breads and Grains	9.8	9.3	10.9	12.6	9.7	9.7	10.4†	9.2	8.8	8.7#	8.4##	9.4	9.0	9.4	9.4
Combination Entrees	4.2^	4.1^	4.1	4.0^	11.2^	10.1^	5.3^	4.5^	7.3^	5.4^	5.1^	4.6	6.4	5.1	4.9^
Fruit	4.2	4.2	4.5	5.4	3.6	4.3	4.1	4.4	4.0	3.8	4.2	4.3	4.1	4.0	4.5
Dessert/Other Menu Items	2.5	2.2	2.4	2.1	1.7^	2.0	1.7	2.1	1.8	1.5#	1.3#	2.2	1.9	1.7	1.5
Vegetables	0.9^	1.0	1.1	1.1	1.1^	1.0	1.0	1.1^	1.0	1.3	1.5^	1.1^	1.0	1.2	1.4^
Accompaniments	0.3	0.4	0.3	0.3	0.3^	0.3	0.4	0.2^	0.3^	0.2^	0.2#	0.2	0.3	0.2	0.2
Mean Amount (mg)	156	163	163**	190	176	175	189†	190#	194#	219###	290###	179	183	200	260
Potassium															
Milk	34.7	36.3	34.8	30.7	36.1	31.8	38.3	39.1	38.3	42.2##	41.9##	37.8	37.5	40.1	39.2
Fruit	33.6	32.0	32.6	37.2	30.0	33.0	29.2	33.5	30.4	28.7	31.5	33.4	30.9	29.7	32.9
Breads and Grains	10.9	10.4	11.9	13.4	11.3	10.8	11.5††	9.5	9.4	9.2###	9.2###	9.9	9.8	10.0	10.2
Meat/Meat Alternate	11.1	10.9	10.5	9.4	11.4	12.8	11.6†	8.7	10.4	9.1	7.4#	9.4	10.6	9.6	7.9
Vegetables	3.3	4.0	4.1	4.1	4.4^	4.7	4.7	3.6	5.3	4.9	4.8	3.5	4.9	4.7	4.6
Combination Entrees	2.9	3.0	2.8	2.5^	3.9^	3.9^	2.8	3.6	4.1	4.1	3.7^	3.4	3.8	3.7	3.4
Dessert/Other Menu Items	3.1	2.8	2.8**	2.2	2.3^	2.4	1.3	1.9	1.7#	1.5##	1.2#	2.2	2.0	1.8	1.4
Accompaniments	0.5	0.5	0.5	0.5	0.6	0.5	0.6††	0.3^	0.4^	0.3	0.3^	0.3	0.4	0.4	0.3
Mean Amount (mg)	252	269	280	349	249†††	267†††	305††	312###	328###	361###	488###	292	306	333	446

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Vitamin D															
Milk	81.4	81.1	80.7	80.3	76.7†	72.8††	79.0†††	87.5#	85.4	88.0##	88.2#	85.6	83.8	85.7	86.7
Meat/Meat Alternate	14.2	14.2	14.1	14.8	15.5	19.0†	11.9†	7.6##	8.5#	7.1###	6.3###	9.6	10.5	9.0	8.0
Breads and Grains	2.7	2.9	3.1**	3.1^	4.1	3.8^	5.5†††	2.9	2.4	2.1	2.4	2.9	2.6	2.6	2.6
Combination Entrees	0.9^	1.0^	1.0^	1.1^	2.6^	2.7^	2.6^	1.4^	3.1^	2.3^	2.2^	1.3^	2.5^	2.0^	2.0^
Dessert/Other Menu Items	0.5^	0.4^	0.6^	0.1^	0.9^	1.2^	0.5^	0.3^	0.3^	0.2^	0.1^	0.4	0.4	0.3	0.1^
Vegetables	0.1^	0.1^	0.1^	0.2^	0.0	0.1^	0.0^	0.0^	0.0^	0.2^	0.2^	0.0^	0.1^	0.2^	0.2^
Accompaniments	0.3^	0.3^	0.2^	0.4^	0.2^	0.2^	0.1^	0.1^	0.1^	0.1^	0.1^	0.1^	0.1^	0.1	0.1^
Fruit	0.0	0.0	0.1^	0.1^	0.0	0.2^	0.2^	0.2^	0.1^	0.1^	0.4^	0.1^	0.1^	0.1^	0.4^
Mean Amount (mcg)	1.0	1.0	1.0*	1.1	1.1	0.9	1.2	1.3#	1.2	1.4###	1.9###	1.2	1.1	1.3	1.6
Calories from Solid Fats															
Meat/Meat Alternate	24.3	35.1	33.0	34.3	21.3	36.3	37.5	24.7	32.3	33.7	34.1	24.5	33.3	33.8	34.1
Breads and Grains	14.2	20.5*	25.8*	29.1	10.2	13.4†	20.3	16.1	26.9	21.2	22.7	15.4	24.5	22.3	24.2
Milk	40.8	15.2	9.7	8.4	42.6	12.9	11.7†	44.2	14.2	17.1###	18.1###	43.2	14.5	14.9	15.8
Dessert/Other Menu Items	10.2	13.8	15.5*	11.8	6.7	11.3	9.7	7.3	10.4	8.8##	7.6	8.1	11.5	10.6	8.6
Accompaniments	6.2	8.6	8.8	9.9	7.3^	8.1^	9.5	3.9^	7.1^	9.7	8.6^	4.6	7.6	9.5	8.9
Combination Entrees	4.1^	6.3^	6.7	5.9^	12.0^	16.8^	10.9	3.7^	8.6	8.8	8.2^	4.1	8.1	8.4	7.7
Vegetables	0.3^	0.4^	0.4^	0.7^	0.0	1.2^	0.3^	0.0^	0.5^	0.7^	0.8^	0.1^	0.5^	0.6^	0.8^
Fruit	0.0	0.0	0.0	0.0	0.0	0.0	0.0^	0.0	0.0	0.0	0.0	0.0	0.0	0.0^	0.0
Mean Amount (kcal)	33	23	22	27	35	23	19†††	37	26	27##	37###	36	25	25	34
Calories from Added Sugars															
Breads and Grains	35.5	36.6	38.7	41.0	43.9	43.9	42.3	45.6#	49.2	45.1#	54.1##	42.1	44.7	42.7	49.7
Dessert/Other Menu Items	22.5	21.7	21.0***	15.6	21.6	20.5	11.5†	20.2	16.6	17.2	13.9	21.0	18.5	17.9	14.5
Meat/Meat Alternate	14.5	15.5	14.9	11.1	15.9	13.9	18.8	14.9	16.8	16.6	12.6	14.8	16.2	16.3	12.1
Fruit	21.7	19.6	17.7	24.2	14.8^	14.5^	22.0††	11.9#^	10.2##	12.5	12.2^	15.4	13.6	15.1	16.2
Combination Entrees	2.0	2.5	4.0	3.4	3.5^	2.7^	2.1^	2.4^	2.9	4.3	3.7^	2.3	2.7	4.0	3.6
Accompaniments	3.7***	3.8***	3.6*	4.6	0.3††^	0.3†^	1.5^	3.9	3.3^	3.3^	2.3^	3.7	3.4	3.2	3.1
Milk	0.0	0.0	0.0	0.0	0.0	0.0	1.0^	1.1^	0.7^	0.6^	0.9^	0.7^	0.4^	0.5^	0.6^
Vegetables	0.0^	0.3^	0.1^	0.1^	0.0	4.1^	0.7^	0.0	0.4^	0.4^	0.4^	0.0^	0.5^	0.3^	0.3^
Mean Amount (kcal)	19	18	20	25	17	18	21††	16#	18	16##	22	17	18	18	23

	Percent of Mean Nutrient from Each Major Food Group														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Number of Afternoon Snacks	740	893	1,026	619	202	257	809	483	628	770	486	1,425	1,778	2,605	1,105
Number of Early Child Care Programs	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. For each nutrient panel, major food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Accompaniments includes condiments and salad dressings.

CACFP= Child and Adult Care Food Program.

Table D.3.21 Major Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Afternoon Snacks Served in Before and After School Programs

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Calories						
Breads and Grains	35.2	37.6	40.3^	39.3	39.4	39.0
Fruit	18.6	20.4	21.0^	24.1	20.6	23.3
Milk	16.0	16.1	15.2^	13.1	15.4	13.7
Meat/Meat Alternate	10.2	10.3	10.6^	9.1	10.5	9.3
Dessert/Other Menu Items	12.4	7.3	8.1^	6.9	8.9	7.0
Combination Entrees	3.7^	4.5^	2.2^	3.7^	2.4^	3.8^
Vegetables	1.6	1.8	1.3^	2.0^	1.3^	1.9
Accompaniments	2.2^	2.0	1.4^	1.8^	1.5	1.9
Mean Amount (kcal)	200	265	201^	272	201	271
Total Fat						
Breads and Grains	40.2	42.6	45.7^	45.6	44.6	45.0
Meat/Meat Alternate	17.8	19.0	20.1^	17.9	19.7	18.1
Dessert/Other Menu Items	16.1	10.0	11.3^	10.4	12.2	10.3
Milk	10.1	10.9	10.5^	9.3	10.4^	9.7
Combination Entrees	5.9^	7.3^	4.3^	6.8^	4.6^	6.9^
Accompaniments	6.3^	5.7	4.7^	5.4	5.0^	5.4
Vegetables	1.7^	2.3	1.4^	2.5^	1.5^	2.5^
Fruit	1.9	2.1	2.0^	2.0	2.0	2.0
Mean Amount (g)	6	8	6^	8	6	8
Saturated Fat						
Breads and Grains	24.9	26.6	30.2^	29.8	29.1	29.1
Meat/Meat Alternate	29.5	29.6	30.4^	27.8	30.2	28.2
Milk	20.4	21.5	22.1^	19.8	21.8	20.1
Dessert/Other Menu Items	12.0	7.4	8.8^	8.5	9.4	8.2
Combination Entrees	7.8^	9.1^	4.2^	7.9^	5.0^	8.2^
Accompaniments	3.8^	3.8	2.5^	3.8^	2.8	3.8^
Vegetables	0.7^	1.0	0.7^	1.3^	0.7^	1.3^
Fruit	0.9	1.1	1.1^	1.1	1.1	1.1
Mean Amount (g)	2	2	2^	2	2	2

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Sodium						
Breads and Grains	43.4	46.8	51.5^	52.7	49.9	51.5
Meat/Meat Alternate	15.1	13.4	15.3^	13.6	15.3	13.5
Milk	15.3	14.6	15.7^	12.8	15.7	13.2
Combination Entrees	7.4^	10.1^	3.1^	6.6^	3.9^	7.3^
Dessert/Other Menu Items	10.1	6.3	6.6^	5.7	7.3	5.8
Accompaniments	5.1^	4.4	3.9^	3.5	4.1	3.7
Vegetables	2.6^	3.4	2.4^	3.6^	2.5^	3.6
Fruit	1.0	1.1	1.4^	1.6	1.3	1.5
Mean Amount (mg)	233	316	218^	307	221	309
Dietary Fiber						
Fruit	40.5	41.6	39.5^	41.1	39.7	41.2
Breads and Grains	38.5	39.4	43.9^	41.0	42.8	40.7
Vegetables	7.9	7.8	6.5^	7.8	6.8	7.8
Combination Entrees	4.1^	4.2^	2.4^	4.0^	2.7^	4.0^
Dessert/Other Menu Items	7.0	4.6	4.9^	3.5	5.3	3.7
Meat/Meat Alternate	1.3^	1.7^	2.2^	1.6^	2.1^	1.6
Accompaniments	0.7^	0.5^	0.6^	0.8^	0.6	0.7^
Milk	0.0^	0.4^	0.0^	0.3^	0.0^	0.3^
Mean Amount (g)	2	2	2^	2	2	2
Iron						
Breads and Grains	62.2	70.6	71.9^	68.8	70.4	69.2
Fruit	12.9	11.2	11.1^	13.9	11.4	13.3
Dessert/Other Menu Items	13.4	6.5	7.6^	6.8	8.6	6.7
Combination Entrees	3.5^	4.1^	1.8^	2.9^	2.0^	3.1^
Milk	2.6	2.8	2.6^	2.7	2.6	2.8
Vegetables	2.6	2.3	2.0^	2.4	2.1^	2.4
Meat/Meat Alternate	2.3	2.1	2.6^	2.1	2.6	2.1
Accompaniments	0.5^	0.3	0.3^	0.4^	0.3	0.4
Mean Amount (mg)	1.2	1.9	1.4^	1.8	1.3	1.8

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Zinc						
Breads and Grains	30.2*	39.0	40.5^	38.6	38.6	38.7
Milk	33.1	28.8	29.4^	27.7	30.1	27.9
Meat/Meat Alternate	20.2	17.7	18.3^	18.4	18.7	18.2
Fruit	5.7	5.1	5.1^	6.5	5.2	6.2
Combination Entrees	4.1^	4.5^	2.2^	3.9^	2.6^	4.0^
Dessert/Other Menu Items	4.4	2.8	2.4^	2.2	2.8	2.3
Vegetables	2.0	1.9	1.8^	2.4^	1.8^	2.3
Accompaniments	0.3^	0.3^	0.2^	0.3^	0.2	0.3^
Mean Amount (mg)	1.0	1.4*	1.0^	1.2	1.0	1.3
Calcium						
Milk	54.8	53.5	54.3^	50.0	54.4	50.8
Meat/Meat Alternate	23.3	21.8	23.2^	22.3	23.2	22.2
Breads and Grains	10.4	12.7	13.9^	13.1	13.2	13.0
Fruit	3.9	4.4	4.8^	6.1	4.6	5.7
Combination Entrees	4.0^	4.5^	0.9^	5.3^	1.5^	5.1^
Dessert/Other Menu Items	2.2	1.7	1.5^	1.4	1.6	1.5
Vegetables	1.0	1.1	1.3^	1.4	1.2^	1.3
Accompaniments	0.3^	0.3^	0.2^	0.4^	0.2	0.4^
Mean Amount (mg)	176	230	158^	197	161	204
Potassium						
Fruit	27.8	30.7	33.2^	38.5	32.1	36.9
Milk	40.2	37.7	36.8^	31.6	37.4	32.9
Breads and Grains	11.3	12.3	12.7^	12.7	12.4	12.6
Meat/Meat Alternate	7.9	7.7	9.0^	7.3	8.8	7.4
Vegetables	5.1	5.5	4.5^	5.3	4.6	5.4
Combination Entrees	2.0^	2.7^	1.1^	2.2^	1.3^	2.3^
Dessert/Other Menu Items	5.0	2.7	2.2^	1.7	2.8	1.9
Accompaniments	0.7^	0.7^	0.6^	0.7^	0.6	0.7
Mean Amount (mg)	294	401	286^	383	287	386

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Vitamin D						
Milk	88.1	86.1	80.8^	80.8	82.2	82.0
Meat/Meat Alternate	8.1	7.3	9.9^	8.6	9.5	8.3
Breads and Grains	3.1^	5.1	8.9^	6.7^	7.8^	6.3
Combination Entrees	0.5^	1.4^	0.3^	3.1^	0.3^	2.7^
Fruit	0.0	0.0	0.0^	0.5^	0.0	0.4^
Accompaniments	0.1^	0.1^	0.1^	0.3^	0.1^	0.2^
Dessert/Other Menu Items	0.1^	0.1^	0.0^	0.0^	0.0^	0.0^
Vegetables	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Amount (mcg)	1.1	1.4	1.0^	1.2	1.0	1.2
Calories from Solid Fats						
Meat/Meat Alternate	33.3	34.8	34.5^	30.3	34.2	31.2
Breads and Grains	22.6	26.0	25.4^	25.9	24.8	25.9
Dessert/Other Menu Items	22.3	14.0	23.5^	20.1	23.3	18.8
Milk	10.0	11.1	12.3^	10.4	11.8^	10.6
Combination Entrees	10.1^	11.5^	3.9^	8.4^	5.2^	9.1^
Accompaniments	1.7^	2.4^	0.4^	2.9^	0.7^	2.8^
Vegetables	0.1^	0.1^	0.0^	1.9^	0.0^	1.6^
Fruit	0.0	0.0	0.0^	0.0	0.0	0.0
Mean Amount (kcal)	21	25	18^	25	18	25
Calories from Added Sugars						
Breads and Grains	36.3	39.3	44.8^	40.4	43.4	40.2
Fruit	17.8	19.2	15.6^	22.5^	16.0^	21.9
Dessert/Other Menu Items	29.5	17.8	19.3^	15.9	21.1	16.3
Meat/Meat Alternate	10.7	12.3	12.9^	10.1	12.5	10.5
Milk	2.2^	7.0^	5.1^	7.2^	4.6^	7.2^
Accompaniments	2.7^	2.8	0.3^	2.7^	0.7^	2.7^
Combination Entrees	0.7^	1.3^	1.8^	1.2^	1.6^	1.2^
Vegetables	0.1^	0.3^	0.1^	0.1^	0.1^	0.1^
Mean Amount (kcal)	22	28	24^	29	24	29

	Percent of Mean Nutrient from Each Major Food Group					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Number of Afternoon Snacks	317	573	162	258	479	831
Number of Before and After School Programs	65	120	35	58	100	178

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs includes Outside-of-School Hours and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. For each nutrient panel, major food categories are listed in order of their contribution to that nutrient by the all programs/6-12 age group column. Accompaniments includes condiments and salad dressings.

CACFP= Child and Adult Care Food Program.

Table D.3.22 Minor Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Breakfasts Served in Early Child Care Programs

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Top 10 Minor Food Groups															
Calories															
1% milk, unflavored	3.6	20.3	21.0	19.6	1.8^	23.5	21.7	4.1	23.6#	19.8	18.7	3.9	22.5	20.3	18.9
Pancakes, waffles, french toast	6.9	7.6	8.9	9.3	6.3†	6.4†	7.6††	9.2##	10.4##	11.7##	11.7	8.4	9.3	10.5	11.0
Cold cereal, unsweetened	6.3	7.2	6.8	6.7	7.2	8.3	6.9	6.3	6.9	6.4	6.3	6.3	7.0	6.6	6.4
Condiments and toppings	3.3	3.8	5.0	5.4	4.0	3.8	4.9†	3.7	4.8	6.7#	7.6	3.6	4.4	6.1	6.9
Breads, rolls, and other breads (without added fat)	3.6	4.2	4.2	4.7	4.0	4.1	4.1	3.1	4.4	4.2	4.6	3.3	4.3	4.2	4.6
Banana, fresh	2.4	2.6	2.9	2.8	2.1††	2.2†††	2.4†††	3.9##	4.5##	4.6###	4.1#	3.4	3.8	3.9	3.7
Fat-free milk, unflavored	0.4^	3.9	3.5	4.4	0.0	2.7^	2.7	0.2^	4.2	3.9	3.8	0.3^	4.0	3.7	4.0
Cold cereal, sweetened	4.6*	5.3	4.6*	6.0	1.7^	2.4^	2.3	2.1##	3.0#	3.1	3.0##	2.8	3.8	3.5	3.8
Hot cereal	2.1	2.3	2.0	1.8	2.8††	2.9†	2.2†††	5.3###	5.3##	4.3###	5.2###	4.3	4.2	3.4	4.2
Bagel without added fat	2.0	2.1	2.1	1.8	1.4^	2.4^	2.3	2.7	3.0	2.5	2.1	2.5	2.7	2.4	2.0
Mean Amount (kcal)	262	239	307	310	257	241	317	252	228#	300	312	255	232	304	311
Total Fat															
1% milk, unflavored	2.5	19.2	20.2	19.5	1.1^	20.5	18.9	2.6	20.4	16.1#	14.5##	2.5	20.0	17.4	15.7
Condiments and toppings	6.5	10.2	13.5	14.9	8.4	10.4	13.5†	8.3	14.4	19.4#	21.5#	7.8	12.9	17.4	19.9
Pancakes, waffles, french toast	7.3	10.9	13.3	14.1	5.8	8.4	10.7	8.6	13.3	14.0	13.7	8.2	12.3	13.5	13.8
Eggs	1.6^	2.9^	2.6	2.0^	3.0	5.8	4.0	2.9	4.6	4.8	6.1##	2.5	4.1	4.2	5.1
Breakfast sandwich	2.4	3.5	3.6	3.2^	1.6^	3.3^	6.9	1.7^	1.4^	3.2^	2.4^	1.9^	2.2	3.7^	2.6^
Muffins, sweet/quick breads	3.7	5.4	5.4	5.6^	3.4†	4.1	6.4†††	1.8#	3.2	2.2#	2.0	2.4	3.9	3.4	2.9
Peanut butter sandwich	1.3^	2.0^	2.3^	2.3^	1.6^	2.3^	1.9	2.0^	4.8	3.5	3.3	1.8	3.8	3.0	3.1
Biscuits and cornbread	3.9	5.7	5.0	5.1	4.4†	7.4†††	4.7††	1.1##^	1.8###^	2.0##	1.8##^	2.0	3.3	3.0	2.6
2% milk, unflavored	0.8^	2.7	2.6**	2.5	0.0	1.3^	0.8^	2.7^	1.6^	3.3^	3.6^	2.0^	1.9	2.9	3.3^
Cold cereal, unsweetened	2.1	3.2	3.1	3.1	2.3	3.4	2.6	2.1	3.5	2.8	2.7	2.1	3.4	2.8	2.8
Mean Amount (g)	9	6	7*	7	10	6	8	9	6	9#	9##	9	6	8	9

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Saturated Fat															
1% milk, unflavored	3.6^	30.6	33.4	33.0	1.6^	32.4	31.2	3.7	33.5	25.6##	22.6###	3.6	32.5	28.0	25.0
Condiments and toppings	6.9	12.3	16.9	18.3	9.5	13.2	17.2††	10.0	18.5	25.7##	29.4##	9.1	16.3	22.8	26.9
Pancakes, waffles, french toast	3.4	5.7	7.2	7.8	2.8	4.4†	5.9	4.3	7.4	7.6	7.5	4.0	6.7	7.3	7.6
2% milk, unflavored	1.1^	4.3	4.1**	4.1	0.0	2.0^	1.4^	3.7^	2.6^	5.1^	5.5^	2.8^	3.1	4.5	5.2^
Breakfast sandwich	1.9	2.9	3.2	3.0^	1.2^	2.9^	6.3	1.7^	1.3^	3.9^	2.3^	1.7^	1.9	4.0^	2.5^
Eggs	1.1^	2.2^	2.1	1.6^	2.0	4.3	3.3	2.1	3.7#	3.9#	4.7#	1.8	3.2	3.4	4.0
Biscuits and cornbread	3.4	5.5	4.9	5.4	4.4†^	7.9††	5.1††	1.0####	2.3####	2.2##	2.1###^	1.8	3.6	3.1	2.9
Whole milk, unflavored	65.2	13.1	0.7^	0.9^	65.9††	7.1^	0.8^	56.0#	4.9#	2.9#^	4.4^	58.9	7.6	2.2^	3.6^
Sausage	0.9^	1.5^	1.4^	0.9^	1.1^	1.8^	1.8	1.0^	3.0	2.1^	2.1^	1.0^	2.5	1.9	1.8^
Hot cereal	0.8	1.4	1.2	1.1	0.9	1.3	1.3	1.4	2.6	1.9	1.7	1.2	2.2	1.6	1.6
Mean Amount (g)	4	2	3*	3	4	3	3	4	2	4##	4###	4	2	3	4
Sodium															
1% milk, unflavored	3.6	18.5	19.4	18.3	1.7^	19.7	19.1	3.9	20.5	17.4	16.2	3.8	19.8	18.1	16.7
Pancakes, waffles, french toast	12.6	12.5	14.8	15.5	11.1†	9.8††	11.9†††	18.0###	17.9##	20.3##	19.8	16.2	15.8	18.0	18.6
Cold cereal, unsweetened	8.9	9.1	8.6	8.6	10.0	10.1	8.7	8.5	8.2	7.6	7.5	8.7	8.6	8.0	7.8
Breads, rolls, and other breads (without added fat)	6.1	6.3	6.3	7.2	6.1	5.5	5.7	4.8	6.2	6.0	6.6	5.2	6.2	6.1	6.8
Hot cereal	3.9	3.6	3.1	2.7	4.5†	4.5†	3.5††	7.9##	7.5##	6.4###	8.0###	6.6	6.1	5.2	6.5
Biscuits and cornbread	9.5	9.2	8.0	8.3	9.6†	10.4†††	7.2††	2.8##^	2.1###	3.0###	2.6##	5.0	4.8	4.8	4.1
Cold cereal, sweetened	6.1*	6.4*	5.7**	7.4	2.2^	2.7^	2.4	2.9##	3.7#	4.0	3.7#	3.8	4.6	4.3	4.7
Fat-free milk, unflavored	0.5^	4.2	3.8	4.9	0.0	2.7^	2.8	0.3^	4.3	4.0	3.8	0.3^	4.2	3.9	4.1
Condiments and toppings	2.2	2.3	3.0	3.2	3.0	2.4	3.3	2.5	3.0	4.2#	4.5	2.4	2.7	3.8	4.2
Eggs	1.8^	2.1	1.9	1.4^	3.5	4.2	3.1	3.3	3.5	3.8#	4.8##	2.9	3.1	3.2	3.9
Mean Amount (mg)	272	274	347	348	277	301	378	273	274	359	378#	273	275	358	369

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Dietary Fiber															
Cold cereal, unsweetened	14.0*	14.1	12.5	12.5	18.6†	17.2	12.4	13.7	13.5	11.6	12.2	13.9	13.8	11.9	12.2
Banana, fresh	8.1	7.9	8.3	8.2	7.5††	6.9††	7.0†††	12.1##	12.2##	12.5###	11.6#	10.8	10.7	10.9	10.7
Breads, rolls, and other breads (without added fat)	7.7	8.0	7.6	9.0	9.2	8.5	8.3	6.2	8.4	8.1	9.1	6.7	8.3	8.0	9.1
Pancakes, waffles, french toast	5.4	5.4	6.0	6.4	5.9†	5.4†	6.2††	8.4###	7.8###	8.7##	9.5#	7.5	6.9	7.7	8.6
Hot cereal	4.7	4.5	3.7	3.7	6.2††	5.8††	3.6†††	12.1###	10.5###	8.3###	10.4###	9.8	8.4	6.6	8.5
Cold cereal, sweetened	9.0**	9.7*	8.1*	10.7	2.6^	4.2^	4.2	4.0##	4.9##	5.1	5.1##	5.4	6.4	5.8	6.7
Orange, fresh	3.3	4.2	4.8	4.0	3.8	6.3††	6.1	2.7	3.2	4.5	3.4	2.9	3.6	4.7	3.6
Strawberries, fresh	1.2***	1.1	1.3	0.7^	0.2†††^	0.6†††^	1.1†††	4.1###	4.5###	4.7###	4.2###	3.1	3.3	3.4	3.2
Apple, fresh	1.8	2.0	2.4	2.2	2.0	2.2	3.3	3.2#	3.2##	3.8#	3.6##	2.8	2.8	3.4	3.2
Peaches, canned, sweetened	5.4	5.4	5.6	5.6	6.3††	5.9††	6.0†††	1.3###	1.2###	1.3###	1.2###^	2.6	2.7	2.9	2.5
Mean Amount (g)	2	2	3	3	2	2	3	2	2#	3	3	2	2	3	3
Iron															
Cold cereal, unsweetened	44.7*	45.5	44.3	42.2	55.0†	53.9	50.3	44.3	45.6	43.3	43.1	44.8	45.9	44.2	42.8
Cold cereal, sweetened	18.6*	19.1*	17.2**	21.5	7.7^	8.6^	7.9†	9.3#	12.5	13.1	12.5#	12.1	14.6	13.8	15.3
Pancakes, waffles, french toast	9.0	9.0	10.6	10.7	7.6†	6.5†††	8.2†††	12.1	13.0##	15.0#	14.4	11.0	11.3	13.1	13.2
Hot cereal	3.7	3.0*	2.9	2.2	6.0	6.4	4.6	13.4#^	7.3##	6.5###	8.1##	10.2	5.8	5.3	6.2
Breads, rolls, and other breads (without added fat)	3.4	3.5	3.6	4.0	4.1	3.6	4.0	2.9	4.0	3.9	4.2	3.1	3.8	3.8	4.1
Bagel without added fat	2.1	2.0	2.1	1.8	1.6^	2.4^	2.5	2.9	2.8	2.5	2.1	2.6	2.5	2.4	2.0
Biscuits and cornbread	2.3	2.3	2.1	1.9	2.6†^	2.8†††	2.1††	0.8#^	0.6###	0.9##	0.7#	1.3	1.3	1.4	1.1
1% milk, unflavored	0.2	1.1	1.1*	1.0	0.1^	1.3	1.3†	0.2	1.3#	1.1	1.1	0.2	1.2	1.2	1.1
Eggs	0.6^	0.7^	0.6	0.4^	1.3	1.6^	1.2	1.1^	1.2#	1.4#	1.8##	1.0	1.1	1.1	1.4
Banana, fresh	0.6	0.6	0.7	0.6	0.5†	0.5†††	0.6††	0.9#	1.0##	1.1###	1.0##	0.8	0.8	0.9	0.9
Mean Amount (mg)	3.2	3.2	4.0**	4.2	3.0	3.2†	3.7	3.0	2.9#	3.8	3.9	3.1	3.1	3.8	4.0

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
Cold cereal, unsweetened	28.2**	27.3*	26.8	25.0	37.9†	34.5	28.7	27.4	27.8	25.7	26.5	28.0	27.9	26.3	26.1
1% milk, unflavored	4.6	23.3	25.7	23.5	2.3^	26.4	28.5	5.4	26.6	24.3	22.9	5.1	25.5	25.1	23.1
Cold cereal, sweetened	20.1**	19.3*	17.7**	22.8	6.3^	8.2^	7.8†	12.0#	14.0	15.6	14.2	14.3	15.5	15.5	16.8
Fat-free milk, unflavored	0.7^	5.6	5.3	6.6	0.0	3.8^	4.4	0.4^	5.8	5.9	5.7	0.5^	5.7	5.6	6.0
Pancakes, waffles, french toast	1.9	1.9	2.4	2.4	2.3†	2.0†	2.7††	3.7###	3.3###	4.0###	4.4##	3.1	2.7	3.4	3.8
Hot cereal	1.9	1.8	1.7	1.7	2.3††	2.1††	1.8†††	6.6###	4.6###	3.8###	4.5###	5.0	3.6	3.0	3.6
Breads, rolls, and other breads (without added fat)	2.3	2.4	2.6	2.9	2.5	2.3	2.9	2.1	2.5	2.8	3.1	2.2	2.5	2.7	3.0
2% milk, unflavored	0.8^	1.9	1.8*	1.7	0.0	0.9^	0.7^	3.1^	1.2^	2.8^	3.2^	2.3^	1.4	2.3	2.7^
Eggs	0.8^	0.9^	0.8	0.6^	1.5	1.8	1.5	1.5	1.5	1.7#	2.3##	1.3	1.3	1.5	1.8
Bagel without added fat	1.0	0.9	1.0	0.9	0.7†^	1.0^	1.2	1.6	1.4	1.2	1.0	1.4	1.2	1.2	1.0
Mean Amount (mg)	2.0	2.1	2.5	2.6	2.0	2.1	2.4	1.9	2.0	2.4	2.5	1.9	2.0	2.5	2.6
Calcium															
1% milk, unflavored	10.6	51.8	56.9	53.7	5.1^	57.2	58.5	11.3	56.2	52.0	50.1	10.9	54.8	54.0	51.2
Fat-free milk, unflavored	1.5^	12.1	11.5	14.6	0.0	8.0^	8.8	0.8^	12.1	12.4	12.2	0.9^	11.9	11.8	12.9
Pancakes, waffles, french toast	4.0	3.8	4.5	4.9	3.2†††	2.9†††	3.7†††	6.2###	5.7###	7.2###	7.1	5.5	5.0	6.1	6.5
Cold cereal, unsweetened	4.7	4.4	4.2	4.2	7.4	6.3	4.8	4.8	4.9	4.5	4.8	4.8	4.8	4.5	4.7
2% milk, unflavored	1.5^	3.5	3.4*	3.2	0.0	1.7^	1.2^	5.5^	2.1^	5.0^	5.8^	4.2^	2.5	4.2	5.1^
Cold cereal, sweetened	3.5*	3.2	2.9**	4.0	1.2^	1.4^	1.1†	2.1	2.4	2.8	2.5	2.4	2.6	2.6	3.0
Breads, rolls, and other breads (without added fat)	2.0	1.9	2.0	2.4	2.0	1.8	1.9	1.4	2.1	2.2	2.3	1.6	2.1	2.2	2.4
Hot cereal	1.5	1.2	1.1	0.9	1.6	1.8	1.5	3.3#	2.2	2.1#	2.4#	2.7	1.9	1.8	2.0
Whole milk, unflavored	59.5	6.8	0.4^	0.5^	66.4††	3.8^	0.5†^	53.0	2.5#	1.8#^	3.0^	55.3	3.9	1.3^	2.3^
Sandwich with only cheese	0.5^	0.6^	0.9^	0.6^	1.6^	1.2^	0.8^	0.7^	0.9^	0.8^	0.4^	0.7^	0.8^	0.8^	0.4^
Mean Amount (mg)	263	278**	337*	336	268	294	350	271	284	341	346	268	283	340	343

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Potassium															
1% milk, unflavored	8.1	39.4	41.4	39.4	4.0^	44.4	43.3	8.8	42.4	37.6	36.5	8.4	41.5	39.2	37.3
Fat-free milk, unflavored	1.2^	9.8	8.9	11.4	0.0	6.6^	6.9	0.6^	9.7	9.5	9.5	0.8^	9.6	9.1	10.0
Banana, fresh	6.2	5.8	6.6	6.3	5.4††	4.8†††	5.4†††	9.4##	9.0##	9.9###	9.1#	8.4	7.8	8.5	8.3
Cold cereal, unsweetened	4.2	4.0	3.8	3.8	5.1	4.5	3.7	4.4	4.3	3.9	4.0	4.4	4.2	3.9	4.0
Pancakes, waffles, french toast	2.2	2.1	2.5	2.8	2.2†	1.9††	2.4†††	3.4##	3.0##	3.6##	3.8	3.0	2.7	3.2	3.5
2% milk, unflavored	1.1^	2.6	2.4^	2.3	0.0	1.3^	0.9^	4.1^	1.5^	3.5^	4.1^	3.1^	1.8	2.9	3.6^
Orange, fresh	1.4	1.7	2.1	1.7	1.5	2.4†	2.6	1.1	1.3	2.0	1.4	1.2	1.5	2.0	1.5
Orange juice	2.2^	2.3	2.1	2.9	1.7^	1.8^	1.8	1.1^	1.8	1.8	2.3	1.4	2.0	1.9	2.5
Breads, rolls, and other breads (without added fat)	1.8	1.8	1.8	2.1	1.9	1.7	1.9	1.5	1.8	1.9	2.1	1.6	1.8	1.9	2.1
Hot cereal	1.2	1.1	1.0	1.0	1.4††	1.3†	1.1††	3.0###	2.6##	2.1###	2.4#	2.4	2.0	1.7	2.0
Mean Amount (mg)	412	439	555	550	411	454	568	418	452#	565	571#	416	448	562	565
Vitamin D															
1% milk, unflavored	10.4	56.2	64.0	59.7	5.1^	64.7	68.2	11.6	63.7	59.7	56.9	11.0	61.3	61.7	57.7
Fat-free milk, unflavored	1.5^	13.5	13.2	16.6	0.0	9.3^	10.5	0.8^	14.0	14.6	14.2	1.0^	13.6	13.8	14.9
Cold cereal, unsweetened	6.4	6.8	6.9	7.2	7.0	8.1	7.6	6.4	6.3	6.6	6.5	6.4	6.5	6.8	6.7
2% milk, unflavored	1.6^	3.9	4.0^	3.8	0.0	2.0^	1.5^	5.9^	2.4^	6.0^	6.9^	4.4^	2.9	5.0	6.0^
Cold cereal, sweetened	5.2^	5.5	5.3**	7.0	1.9^	2.6^	2.4	2.4##	3.3#	3.7	3.6#	3.2	4.0	4.0	4.6
Eggs	0.9^	1.1^	1.2	0.8^	1.9	2.5	1.9	1.7	1.9	2.3#	3.1##	1.5	1.7	1.9	2.4
Whole milk, unflavored	70.4^	8.9	0.5^	0.6^	79.8††	5.2^	0.6†^	65.2	3.4#	2.5#^	4.1^	67.2	5.3	1.8^	3.1^
Pancakes, waffles, french toast	0.3	0.3^	0.5**	0.4	0.7^	0.7	0.8††	1.3##	1.2###	1.5###	2.0###	1.0	0.9	1.1	1.5
Hot cereal	0.5^	0.6	0.5	0.5^	0.5^	0.5^	0.7^	1.9^	1.1^	0.8^	0.6^	1.4^	0.9^	0.7	0.6^
Breakfast sandwich	0.3^	0.3^	0.4^	0.4^	0.3^	0.4^	1.1^	0.3^	0.2^	0.4^	0.4^	0.3^	0.2^	0.5	0.4^
Mean Amount (mcg)	2.6	2.5	2.9	2.9	2.6	2.5†	2.9	2.5	2.4	2.8	2.9	2.5	2.4	2.9	2.9

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories from Solid Fats															
Condiments and toppings	8.6	18.8	25.9	28.7	11.6	20.8	26.9	11.8	28.4	34.5	38.1	10.9	24.9	31.9	36.1
1% milk, unflavored	1.5^	15.4	16.9	16.8	0.6^	17.3	16.1†	1.5	17.3	11.8##	10.2###	1.5	16.6	13.3	11.5
Pancakes, waffles, french toast	3.6	7.5	9.4**	11.1	3.3†	5.7††	6.3†††	5.7##	13.2##	12.2#	11.2	5.1	11.0	11.0	11.2
Breakfast sandwich	2.8	5.4	5.4	5.5^	1.6^	5.5^	10.4	2.1^	2.0^	5.2^	3.4^	2.3^	3.3	5.7^	3.8^
2% milk, unflavored	0.8^	4.1	4.0**	4.0	0.0	2.0^	1.3^	2.9^	2.5^	4.5^	4.7^	2.2^	3.0	4.1	4.6^
Strudels, turnovers and danishes	1.6^	2.5^	3.3^	3.4^	0.7^	2.9^	1.2^	0.5^	1.2^	4.7^	3.3^	0.8^	1.7^	4.1^	3.3^
Eggs	1.0^	2.4^	2.3	1.9^	1.8	5.0	4.0	2.0	4.5#	4.3	4.8#	1.7	3.8	3.8	4.2
Sausage	1.3^	2.7^	2.7^	1.5^	1.9^	3.8^	3.6	1.7^	6.0	3.8^	3.6^	1.6^	4.8	3.5	3.1^
Biscuits and cornbread	3.0^	6.0	5.4	5.2^	3.4^	9.0†	5.8†	0.7#^	2.1^	1.8#^	1.8^	1.4	3.7	3.0	2.5^
Whole milk, unflavored	66.5	16.4	0.9^	1.2^	68.1††	9.5^	1.0†^	56.8#	6.2#	3.3#	4.9^	59.9	9.7	2.6^	4.1^
Mean Amount (kcal)	49	24	29	28	55	25	33	53	24	39##	44###	52	24	36	39
Calories from Added Sugars															
Condiments and toppings	9.4	10.0	12.4	13.8	10.9	10.9	11.4†	10.6	13.9	17.3	18.1	10.1	12.1	14.8	16.4
Cold cereal, sweetened	15.3	15.7	13.0*	15.7	7.6^	9.0^	6.8††	11.3	14.6	14.3	13.4	12.8	14.8	12.9	14.3
Pancakes, waffles, french toast	5.7	5.7	6.4	6.0	7.6	6.5†	6.9†	10.4###	11.1###	11.6##	11.7###	8.4	8.5	9.1	9.4
Peaches, canned, sweetened	11.9	11.9	12.4	11.6	12.4†	11.9†	11.3†††	5.1##	5.2##^	4.2###	4.6##^	8.1	8.4	8.0	7.5
Muffins, sweet/quick breads	8.2	7.9	7.3	6.6^	11.6	8.6	11.1††	6.9	7.9	5.8	6.0^	7.6	7.9	7.0	6.2
Cold cereal, unsweetened	5.7	6.1	5.7	5.2	8.6	8.8	6.5	7.5	7.0	6.7	6.4	6.8	6.7	6.3	5.9
Fruit cocktail, canned, sweetened	7.5	7.1*	6.6	7.5	6.1^	3.0^	4.6	2.2##^	2.7#^	2.2##^	1.7#^	4.5	4.7	4.1	4.0
Pear, canned, sweetened	5.6	5.6	5.3	4.3	3.5^	4.1	4.1	1.9###^	2.8##^	3.1##	1.8##^	3.4	4.1	4.0	2.8
Toaster pastries	4.6**	4.1**	3.4*	4.9^	0.0†	0.0†	0.8^	6.8^	6.7^	3.9^	5.1^	5.6^	5.2^	3.3^	5.0^
Breads, rolls, and other breads (without added fat)	2.1	2.1	2.0	2.2	3.3	2.9	2.1†	2.9	3.5#	3.4#	3.5#	2.6	2.9	2.8	3.0
Mean Amount (kcal)	25***	25*	35	37	19	21†	31†††	15###	15###	21###	22###	18	19	26	26
Number of Breakfasts	734	875	983	504	239	307	1,034	513	640	787	442	1,486	1,822	2,804	946
Number of Early Child Care Programs	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The top 10 minor food groups were identified looking at estimates for the all programs, 3-5 year olds in this table. For each nutrient panel, the top 10 minor food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Cooked vegetables are not from fresh unless specified.

CACFP= Child and Adult Care Food Program.

Table D.3.23 Minor Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Lunches Served in Early Child Care Programs

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Top 10 Minor Food Groups															
Calories															
1% milk, unflavored	2.1	11.8*	13.0	11.8	1.5^	14.8	14.4	2.9	14.9#	13.2	11.9	2.6	13.9	13.2	11.8
Breads, rolls, and other breads (without added fat)	3.2	3.4	3.6	4.3	3.3	3.5	3.6	3.9	3.4	4.1	4.4	3.7	3.4	3.9	4.3
Spaghetti	2.9	3.0	3.4	2.7	2.2	3.3	3.0	3.1	3.6	3.3	1.8^	3.0	3.4	3.3	2.0
Macaroni and cheese	1.9	2.3	2.4	2.4	1.1^	1.2^	2.0	3.0	2.9	3.6	2.8	2.6	2.7	3.1	2.7
Sandwich with plain (not breaded or fried) poultry	2.4**	2.5**	3.1	2.5	5.2†	5.1††	3.7†	2.2	2.4	2.5	1.8	2.4	2.6	2.8	2.0
Sandwich with plain (not breaded or fried) meat	2.5	2.5	2.4	2.0	1.2^	1.1^	1.6	2.0	2.2	3.0	3.1	2.1	2.3	2.7	2.7
Frankfurter sandwich	2.2**	2.4***	2.4*	3.9	0.4†^	0.3††^	0.8††^	1.6	2.4	2.8	4.6	1.8	2.4	2.5	4.4
Fat-free milk, unflavored	0.2^	2.3	2.2	2.9	0.0	1.7^	1.8	0.1^	2.4	2.7	2.8	0.1^	2.4	2.5	2.8
Chicken/turkey, beef or pork with noodles	2.3	2.2	2.6	1.8	2.3^	2.6	2.7	1.4^	2.2^	2.0	0.8^	1.7	2.2	2.2	1.1
Rice	1.4	1.5	1.6	1.3	1.3^	1.7	1.5	2.7	2.6	2.5	2.3^	2.3	2.2	2.2	2.0
Mean Amount (kcal)	401	377**	483	602	376	357	475††	364###	346###	444###	559###	375	356	457	571
Total Fat															
1% milk, unflavored	1.2	7.6*	8.5	8.1	0.8^	9.9	9.4	1.6	9.5#	8.4	7.7	1.5	8.9	8.5	7.8
Condiments and toppings	5.0	6.4	5.4	5.8	4.5^	4.8^	4.2	5.5	6.3	5.0	3.3	5.3	6.3	5.0	4.0
Macaroni and cheese	2.3	3.1	3.3	3.5	1.3^	1.6^	2.6	3.4	3.7	4.6	3.7	3.0	3.5	4.1	3.6
Frankfurter sandwich	2.9**	3.6***	3.5*	6.4	0.4††^	0.4†††^	1.2††^	2.2	3.7	4.1	7.1	2.3	3.5	3.7	6.9
Sandwich with plain (not breaded or fried) meat	2.8	3.1	3.2	2.4^	1.2^	1.4^	2.0^	1.8	2.5	3.6	3.7	2.1	2.6	3.4	3.3
Breaded/fried chicken and turkey nuggets	2.9	3.6	3.0	3.8	2.3	3.8	3.0	3.5^	4.0	3.5	3.8	3.3	3.9	3.3	3.8
Spaghetti	2.5	2.9	3.4	2.9	1.7	3.4	2.8	2.8	3.8	3.3	1.7	2.7	3.5	3.3	2.0
Sandwich with plain (not breaded or fried) poultry	1.9*	2.4*	3.4	2.5	4.7†	5.1†	4.0	1.6	2.3	2.8	1.7	1.8	2.4	3.1	1.9
Chicken/turkey, beef or pork with noodles	2.2	2.4	2.9	2.1	2.4^	3.2	3.1	1.4^	2.6^	2.3^	0.9^	1.7	2.5	2.6	1.2
Tacos	2.9	3.5	3.7	3.6	1.5^	3.3^	3.7	0.9##^	1.7#^	1.8#	2.4^	1.5	2.3	2.5	2.8^
Mean Amount (g)	16	14***	17	20	15	12	17	15#	13#	16	20	15	13	16	20

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Saturated Fat															
1% milk, unflavored	2.0	13.4**	15.3*	14.6	1.3^	17.9	17.7	2.7	16.7#	14.8	14.1	2.4	15.7	15.2	14.3
Condiments and toppings	4.9	7.0	6.1	6.6	5.2^	6.2^	4.6	7.3	8.3	7.0	4.4	6.5	7.8	6.5	5.0
Macaroni and cheese	2.7	4.1	4.3	4.5	1.6^	2.2^	3.6	3.9	4.8	5.9	4.8	3.5	4.5	5.3	4.7
Sandwich with plain (not breaded or fried) meat	2.8	3.5	3.4	2.7	1.2^	1.7^	2.2	1.6	2.8	3.9	3.9	2.0	3.0	3.6	3.6
Frankfurter sandwich	2.4***	3.1***	3.1*	5.9	0.2††^	0.2†††^	1.0††^	1.7	3.3	3.7	6.6	1.9	3.1	3.3	6.4
Sandwich with plain (not breaded or fried) poultry	1.9	2.5	3.5	2.6^	4.5†	5.2	3.9	1.3	2.3	2.8	1.7	1.6	2.5	3.1	1.9
Sandwich with only cheese	0.7^	1.0	1.0	1.3^	0.9^	1.9^	1.6†	2.6#^	4.1##	3.7##	5.1#	2.0	3.0	2.8	4.0
Spaghetti	1.8	2.4	2.8	2.6	1.2	3.1^	2.5	1.9	2.8	2.5	1.2	1.9	2.7	2.6	1.6
Tacos	2.9	3.8	4.0	4.0	1.3^	3.1^	3.9†	0.7##^	1.6#^	1.7##	2.2^	1.4	2.3	2.6	2.7^
2% milk, unflavored	0.8^	2.0	2.0*	1.4^	0.0	1.3^	0.8^	2.1^	1.5^	2.9^	3.5^	1.6^	1.7	2.5	2.9^
Mean Amount (g)	7	5**	6	7	6	4	6	6#	5	6	7	6	5	6	7
Sodium															
1% milk, unflavored	1.2	6.5	7.1	6.7	0.8^	7.9	7.9	1.7	8.0##	7.1	6.6	1.5	7.5	7.2	6.7
Sandwich with plain (not breaded or fried) meat	5.3	4.9*	4.6	3.9	2.5^	1.7†^	2.9†	4.3	4.4	5.8	5.9	4.6	4.5	5.2	5.4
Sandwich with plain (not breaded or fried) poultry	3.8**	3.9**	4.7	3.9	7.8†	7.1††	5.5†	3.9	3.7	3.7	3.0	4.0	3.9	4.1	3.3
Spaghetti	3.7	3.7	4.2	3.4	2.7^	3.8	3.7	4.0	4.2	4.0	2.1^	3.9	4.0	4.0	2.4
Breads, rolls, and other breads (without added fat)	3.3	3.2	3.4	4.3	3.3	3.2	3.4	3.9	3.1	3.8	4.0	3.7	3.1	3.6	4.1
Frankfurter sandwich	3.3**	3.4***	3.3*	5.6	0.5†^	0.4†††^	1.1††^	2.4	3.3	3.7	6.4	2.6	3.2	3.4	6.2
Plain (not breaded or fried) chicken and turkey	1.5^	1.4	1.4	1.9^	1.6†	1.3†††	1.1†††	3.2#	3.5###	3.2##	3.5	2.7	2.7	2.5	3.0
Chicken/turkey, beef or pork with noodles	2.9	2.7	3.0	2.3	3.3^	3.2	3.2	1.6^	2.4^	2.1	0.8^	2.0	2.5	2.4	1.3
Condiments and toppings	2.7	3.1	2.7	2.0	3.9	3.7	3.5†	2.0	2.5	2.1	1.2	2.3	2.7	2.4	1.5
Macaroni and cheese	1.7	2.4^	2.0	2.1	1.0^	1.0^	1.7	2.2	2.1	2.6	2.0	2.0	2.1	2.3	2.0
Mean Amount (mg)	719	723	924	1,110	696	699	905†	660###	671###	858###	1,046#	677	688	880	1,064

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Dietary Fiber															
Breads, rolls, and other breads (without added fat)	5.4	5.4	5.7	6.5	5.1	4.8	4.9†	6.6	6.0	6.8	7.2	6.2	5.7	6.3	7.0
Spaghetti	3.3	3.3	3.7	2.8	2.6	3.3	3.4	3.6	4.0	3.8	1.9 ^a	3.5	3.8	3.8	2.2
Vegetable mixture, cooked	4.3	4.3	4.1	4.3	4.1	3.7	3.3	2.9 [#]	3.3	3.4	2.7	3.4	3.6	3.6	3.2
Green peas, cooked	5.5	5.1	4.3 [*]	4.4	4.3	3.9	3.1	4.1	3.3 [#]	2.9 [#]	2.8 ^a	4.5	3.9	3.3	3.3
Baked beans/mixtures	2.1	2.3	2.4	2.0	4.1 ^a	3.2 ^a	2.6	3.0 ^a	1.9 ^a	2.8 ^a	2.5 ^a	2.7	2.1	2.7	2.3 ^a
Peaches, canned, sweetened	4.6 ^{**}	4.2 [*]	4.0 [*]	5.3	1.8 ^a	1.9 ^a	2.7†	1.3 ^{###}	2.1 ^{##}	1.7 ^{###}	2.4 ^{#a}	2.3	2.8	2.5	3.3
String beans, cooked	3.3	3.3 [*]	2.9 ^{**}	2.8	2.3	2.2	1.9	2.6	2.5	2.3	1.9 [#]	2.8	2.7	2.4	2.2
Sandwich with plain (not breaded or fried) poultry	2.3 ^{**}	2.3 ^{**}	2.6	2.1	4.8†	4.4††	3.1	2.6	2.5	2.2	1.9	2.6	2.5	2.4	1.9
Corn, cooked	3.2 ^{**}	3.2 [*]	2.8 ^{**}	2.8	1.8	2.1	1.6†	2.7	2.9	2.3	2.7	2.8	2.9	2.4	2.8
Apple, fresh	1.2	1.4	1.6	1.9	1.2	1.4††	2.1	2.0 [#]	2.4 ^{##}	2.5 [#]	2.7	1.7	2.0	2.2	2.5
Mean Amount (g)	4	4	5	7	4†	4†††	5†††	4 ^{##}	4 ^{###}	5 ^{###}	6 ^{###}	4	4	5	7
Iron															
Breads, rolls, and other breads (without added fat)	6.7	6.6	6.9	8.1	6.9	6.8	6.9	8.1	6.2	7.8	8.4	7.7	6.4	7.4	8.3
Spaghetti	4.4	4.4	4.9	3.7	3.6	4.7	4.6	4.9	5.5	4.8	2.7 ^a	4.7	5.1	4.8	3.0
Frankfurter sandwich	3.1 [*]	3.2 ^{***}	3.1 ^{**}	5.0	0.6 ^a	0.5†† ^a	1.0†† ^a	2.2	3.0	3.5	5.9	2.4	2.9	3.2	5.6
Sandwich with plain (not breaded or fried) meat	3.2	3.0	2.6	2.4	1.6 ^a	1.1† ^a	1.7†	3.3 ^a	2.6	3.7	4.1	3.2	2.7	3.2	3.6
Sandwich with plain (not breaded or fried) poultry	3.0 ^{**}	3.1 ^{**}	3.6	3.0	6.4†	6.0††	4.2††	3.1	3.0	2.8	2.4	3.2	3.2	3.2	2.6
Chicken/turkey, beef or pork with noodles	2.9	2.5	2.9	2.1	2.7 ^a	2.8	2.7	2.0 ^a	3.1 ^a	2.5	1.0 ^a	2.3	2.9	2.6	1.3
Rice	1.8	1.8	1.9	1.6	1.5† ^a	2.0 ^a	1.8	3.7	3.2	3.0	2.4	3.1	2.7	2.6	2.2
Tacos	3.6	3.6	3.5	3.1 ^a	2.0 ^a	3.0 ^a	3.1	1.5 ^a	1.9	1.9	2.6 ^a	2.1	2.5	2.5	2.7 ^a
Macaroni and cheese	1.6	1.8	1.9	1.9	1.0 ^a	1.0 ^a	1.6	2.4	2.2	2.8	2.1	2.1	2.0	2.4	2.0
Hamburger	3.3	3.1	3.3	3.5	1.7 ^a	1.5 ^a	2.1	1.9	2.7	1.9	2.1 ^a	2.3	2.8	2.3	2.5
Mean Amount (mg)	2.3	2.3	2.9	3.7	2.1	2.2	2.9†††	2.0 ^{###}	2.1 ^{##}	2.7 ^{###}	3.3 ^{##}	2.1	2.1	2.8	3.4

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
1% milk, unflavored	3.6	18.1	19.7	18.2	2.4^	21.8	21.4	4.8	21.7##	19.6	18.9	4.4	20.6	19.8	18.7
Plain (not breaded or fried) meat (beef and pork)	3.5	3.4	3.6	4.0	3.0^	3.4^	2.9	5.6^	5.0	5.3	4.4	4.9	4.5	4.6	4.3
Fat-free milk, unflavored	0.3^	4.4	4.0	5.5	0.0	3.1^	3.3	0.2^	4.4	5.0	5.5	0.3^	4.4	4.6	5.5
Spaghetti	3.7	3.6	4.0	3.1	3.2^	4.2	3.9	4.2	4.6	3.9	2.1^	4.0	4.3	3.9	2.4
Hamburger	4.4	4.0	4.3	4.7	2.3^	2.1^	2.9	2.5^	3.4	2.4#	2.7^	3.1	3.5	3.0	3.3
Breads, rolls, and other breads (without added fat)	2.7	2.5	2.7	3.4	2.5	2.3	2.4	3.1	2.6	3.0	3.5	2.9	2.6	2.9	3.4
Tacos	4.3	4.3	4.2	4.1^	2.1^	2.8^	3.4	1.0#^	2.2^	2.2^	3.5^	2.1	2.9	2.8	3.7^
Sandwich with plain (not breaded or fried) meat	2.9	2.6*	2.4	2.0	1.3^	1.0†^	1.5†	2.5	2.4	3.0	3.1	2.6	2.4	2.7	2.8
Chicken/turkey, beef or pork with noodles	2.8	2.4	2.7	2.0	2.7^	2.6	2.6	2.0^	3.4^	2.6	1.0^	2.3	3.0	2.6	1.3
Sandwich with plain (not breaded or fried) poultry	2.5**	2.5*	2.9	2.1	6.7†	5.7††	3.4†	2.6	2.4	2.3	1.9	2.7	2.6	2.6	2.0
Mean Amount (mg)	2.4	2.5	3.2	3.9	2.3	2.4	3.2††	2.2##	2.4	3.0#	3.5###	2.3	2.4	3.1	3.6
Calcium															
1% milk, unflavored	8.3	40.7	45.3	42.3	5.3^	48.6	48.6	10.8	48.4#	43.9	41.2	9.9	46.0	44.7	41.5
Fat-free milk, unflavored	0.8^	9.6	9.1	12.6	0.0	6.8^	7.4	0.5^	9.6	10.9	11.6	0.6^	9.5	10.1	11.9
2% milk, unflavored	1.5^	3.0	2.9*	2.0^	0.0	1.7^	1.0^	4.1^	2.1^	4.1^	4.9^	3.2^	2.4	3.5	4.1^
Sandwich with plain (not breaded or fried) meat	4.4^	3.9**	3.7	2.9	1.3^	1.1^	2.0	2.2	2.8	3.4	2.5	2.8	3.1	3.3	2.6
Sandwich with only cheese	1.1^	1.2	1.2	1.5^	1.5^	2.4^	1.9†	4.4^	4.8#	4.2##	6.0#	3.3^	3.6	3.1	4.7
Breads, rolls, and other breads (without added fat)	2.8	2.5	2.7	3.3	2.4	2.3	2.3	3.0	2.3	2.8	2.8	2.9	2.4	2.7	3.0
Sandwich with plain (not breaded or fried) poultry	2.9	2.9	3.5	3.1	6.1†	5.0†	3.9††	1.7	2.1	2.1	1.7	2.2	2.5	2.6	2.1
Macaroni and cheese	1.3	1.8^	1.6	1.4	1.1^	0.9^	1.5	1.9	1.8	2.2	1.7	1.7	1.8	2.0	1.6
Cheese	2.0*	2.0	1.6*	2.2^	0.5††^	0.9^	0.8^	1.6	1.7	1.6	1.8^	1.7	1.7	1.6	1.9^
Quesadillas, fajitas, enchiladas	1.7	1.6	1.7	1.5^	2.3^	1.6^	1.4	1.3	1.7	1.3	0.8^	1.4	1.7	1.4	1.0^
Mean Amount (mg)	309	326	412	499	310	324	418††	294	317	396#	479	299	320	402	484

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Potassium															
1% milk, unflavored	4.9	24.4	27.0	23.6	3.2^	28.3	28.7	6.2	28.8#	26.0	22.7	5.7	27.4	26.5	23.0
Fat-free milk, unflavored	0.5^	6.1	5.8	7.5	0.0	4.2^	4.7	0.3^	6.1	6.9	6.8	0.4^	6.0	6.4	7.0
Spaghetti	2.7	2.6	2.9	2.2	1.9	2.4	2.4	2.7	2.8	2.6	1.3^	2.7	2.7	2.7	1.6
2% milk, unflavored	0.9^	1.8	1.7*	1.1^	0.0	0.9^	0.6^	2.3^	1.2^	2.4^	2.6^	1.8^	1.4	2.0	2.2^
Sandwich with plain (not breaded or fried) meat	1.9	1.7	1.6	1.3^	0.9^	0.7†^	1.0†	1.7	1.6	2.1	2.0	1.7	1.6	1.8	1.8
Sandwich with plain (not breaded or fried) poultry	1.7**	1.8**	2.0	1.5	3.6†	3.2††	2.4†	1.9	1.7	1.6	1.2	1.9	1.8	1.8	1.3
Plain (not breaded or fried) chicken and turkey	1.2^	1.0	1.1	1.3^	1.1†	0.9†††	0.7†††	2.4#	2.4###	2.3##	2.3	2.0	1.9	1.8	2.0
French fries/similar products, oven baked	1.9**	1.9*	1.6	1.4	0.9^	1.1^	1.2	1.8	1.8	1.8	2.1	1.8	1.8	1.7	1.9
Breads, rolls, and other breads (without added fat)	1.5	1.4	1.5	1.8	1.3	1.2	1.3	1.6	1.4	1.6	1.7	1.6	1.4	1.5	1.7
Banana, fresh	1.4	1.3	1.3	1.9	1.3	0.9	1.1	2.0	1.7	1.6	1.9	1.8	1.5	1.4	1.9
Mean Amount (mg)	630	652	829*	1,072	624	668††	849†††	611#	638#	802#	1,042	617	643	814	1,051
Vitamin D															
1% milk, unflavored	10.4	56.1	64.5	60.9	6.6^	66.9	70.2†	12.6	64.3	58.4	54.8	11.8	61.9	61.1	56.5
Fat-free milk, unflavored	1.0^	13.6	13.2	18.6	0.0	9.6^	10.9	0.6^	13.1	14.9	15.8	0.7^	13.1	14.1	16.6
2% milk, unflavored	2.0^	4.3	4.3*	3.0^	0.0	2.4^	1.5^	5.0^	2.9^	5.7^	6.8^	4.0^	3.3	5.0	5.8^
Plain (not breaded or fried) fish and shellfish	0.5^	0.5^	0.5^	0.1^	3.0^	2.5^	1.2^	3.4^	2.5#	3.6^#	3.3^#	2.6^	1.9	2.5	2.4^
Whole milk, unflavored	72.5	9.4	0.5^	0.7^	79.6††	5.6^	0.7†^	65.8	3.3^#	2.9##	4.5^	68.1	5.3	2.1	3.5^
Sandwich with plain (not breaded or fried) meat	2.4**	2.3**	2.3	1.7	0.6^	0.5^	1.2	0.9^#	1.4	1.8	1.1	1.3	1.7	1.9	1.3
Sandwich with only cheese	0.6^	0.7	0.6	0.9^	0.8^	1.4^	1.1	2.0^	2.5^	2.2#	3.0#	1.6^	1.9	1.7	2.5
Macaroni and cheese	0.6	1.5^	1.0	0.8	0.5^	0.4^	0.8	0.9	0.9	1.2	1.0	0.8	1.1	1.1	0.9
Eggs	0.3^#	0.3^	0.4^	0.5^	0.0††	0.2††^	0.4†^	1.4^#	1.3#	1.3#	1.7^	1.0^	1.0	1.0	1.4^
Sandwich with plain (not breaded or fried) poultry	1.1	1.2	1.6	1.4^	1.8†^	1.5^	1.5††	0.3^#	0.6^	0.6#	0.6^	0.6	0.8	1.0	0.8
Mean Amount (mcg)	2.4	2.3	2.8	3.3	2.4	2.3	2.8	2.4	2.3	2.9	3.5	2.4	2.3	2.8	3.4

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories from Solid Fats															
Condiments and toppings	6.0	9.4	8.4	9.2	6.0 [^]	8.3 [^]	6.8	9.1	11.5	9.6	6.2	8.0	10.7	9.1	7.1
Macaroni and cheese	3.2	5.2	5.9	5.9	2.0 [^]	3.1 [^]	5.3	5.0	6.6	8.3	6.8	4.3	6.0	7.4	6.5
1% milk, unflavored	0.8 [^]	6.2 ^{**}	7.3 ^{***}	6.7	0.6 [^]	9.2	9.3 [†]	1.1	7.8 [#]	7.0	6.6	1.0	7.3	7.3	6.6
Frankfurter sandwich	3.3 ^{***}	4.7 ^{***}	4.9 [*]	8.9	0.3 ^{††^}	0.4 ^{†††^}	1.8 ^{††^}	2.5	5.1	5.8	10.1	2.7	4.8	5.2	9.7
Breaded/fried chicken and turkey nuggets	2.7	4.2	3.8	4.4	2.4	5.0	3.6	4.4 [^]	6.2	5.4	5.8	3.9	5.5	4.8	5.4
Sandwich with plain (not breaded or fried) meat	2.7	3.6 [^]	3.7	2.9 [^]	1.1 [^]	1.9 [^]	2.4	1.5	2.9	4.3	4.5 [^]	1.9	3.1	4.0	4.0
Quesadillas, fajitas, enchiladas	2.2	3.3	3.6	3.1 [^]	3.5 [^]	4.2 [^]	3.5	1.8	3.8	2.9	1.6 [^]	2.0	3.7	3.2	2.0 [^]
Sandwich with only cheese	0.6 [^]	1.0	1.1	1.4 [^]	0.8 [^]	2.0 [^]	2.0	2.4 ^{#^}	4.5 ^{##}	4.1 ^{##}	5.3 [#]	1.8	3.3	3.1	4.2
Tacos	3.2	4.6	5.0	4.6	1.2 [^]	3.8 [^]	5.3 [†]	0.9 ^{###^}	1.8 ^{#^}	1.9 ^{##}	2.2 [^]	1.6	2.7	3.0	2.9
Sandwich with plain (not breaded or fried) poultry	1.6	2.4	3.5	2.2 [^]	3.8 ^{†^}	5.0 [^]	3.8	1.0 [^]	2.0 [^]	2.6 [^]	1.4 [^]	1.2	2.2	3.0	1.7
Mean Amount (kcal)	81	56 ^{***}	66 ^{***}	82	73	44	57 [†]	73 [#]	51	64	77	75	52	64	79
Calories from Added Sugars															
Peaches, canned, sweetened	21.2 [*]	19.0	18.0 [*]	22.8	10.2 [^]	10.6 [^]	13.4	9.0 ^{###}	14.0	11.7 [#]	14.4	13.9	15.9	14.2	17.6
Fruit cocktail, canned, sweetened	15.3	15.3	14.9 [*]	15.1	14.4	13.2	10.6	11.3	11.4	11.2	13.7	13.0	13.1	12.5	14.2
Pear, canned, sweetened	9.5	9.4	8.3	8.6	7.3	6.8	6.3	3.8 ^{##}	4.0 ^{##}	5.2 [#]	7.6 [^]	6.2	6.4	6.5	8.0
Breads, rolls, and other breads (without added fat)	3.7	3.5	3.7	3.8	3.7 [†]	3.8	3.6 ^{††}	7.0 ^{##}	5.5 [#]	6.4 ^{##}	5.5	5.6	4.6	5.1	4.8
Condiments and toppings	3.3 [*]	4.2	3.9 ^{**}	2.0	7.6	6.6	6.1	5.9 ^{##}	7.3 ^{##}	5.7 [#]	2.1	4.9	6.0	5.1	2.0
Pineapple, canned, sweetened	8.1 ^{***}	7.2 ^{***}	6.6 ^{***}	8.9	1.9 [^]	2.2 [^]	3.0	3.9 ^{##}	3.6 ^{##}	2.8 ^{##}	6.2 [^]	5.5	5.0	4.2	7.2
Mandarin oranges, canned, sweetened	4.9	5.0	4.5	5.9	5.3 [^]	6.0 [^]	4.7	3.0 [^]	2.5 ^{#^}	3.1	2.6 [^]	3.9	3.7	3.8	3.8
Baked beans/mixtures	2.2	2.4	2.6	1.9	5.6 [^]	4.3 [^]	3.3	5.5 [^]	3.1	4.8	3.4 [^]	4.2	2.9	3.8	2.8 [^]
Peanut butter sandwich	1.0 [^]	1.0 [^]	2.5 [^]	1.9 [^]	0.0 ^{††}	0.4 [^]	0.9 [^]	2.6 [^]	1.7 [^]	4.3 [^]	1.7 [^]	1.9 [^]	1.4	3.3	1.8
Frankfurter sandwich	2.0 [*]	2.1 ^{**}	2.1 [*]	2.9	0.4 ^{††^}	0.3 ^{†††^}	0.8 ^{†††^}	2.6	3.3	3.9 [#]	5.0	2.3	2.7	2.9	4.2
Mean Amount (kcal)	21	21	27	39	17 [†]	18 ^{††}	23 ^{†††}	12 ^{###}	12 ^{###}	16 ^{###}	25 ^{###}	15	15	20	29
Number of Lunches	767	914	1,029	459	243	316	1,057	621	774	900	378	1,631	2,004	2,986	837
Number of Early Child Care Programs	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The top 10 minor food groups were identified looking at estimates for the all programs, 3-5 year olds in this table. For each nutrient panel, the top 10 minor food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Cooked vegetables are not from fresh unless specified.
CACFP= Child and Adult Care Food Program.

Table D.3.24 Minor Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Suppers Served in Early Child Care Programs

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Top 10 Minor Food Groups															
Calories															
1% milk, unflavored	6.5 [^]	12.0 ^{****}	14.7 [^]	13.3 [^]	--	20.0 ⁺⁺⁺	11.2 [^]	3.2 [^]	16.4 [#]	13.1	13.3	3.6	15.8	13.3	13.3
Breads, rolls, and other breads (without added fat)	3.2 [^]	3.2 [^]	3.8 [^]	2.8 [^]	--	8.1 [^]	4.1 [^]	4.5	2.7	4.7	4.8	4.3	2.8	4.6	4.6
Plain (not breaded or fried) meat (beef and pork)	1.2 [^]	1.2 [^]	1.2 [^]	1.0 [^]	--	2.7 [^]	1.4 [^]	3.8	4.1 [^]	4.4 [#]	4.5 ^{##}	3.4	3.7	4.0	4.1
Spaghetti	1.2 [^]	1.2 [^]	1.6 [^]	1.4 [^]	--	3.8 [^]	2.1 [^]	1.7 [^]	3.4 [^]	3.9 ^{##}	3.3 [^]	1.6 [^]	3.1 [^]	3.6	3.1
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	2.7 [^]	1.0 [^]	3.0 ^{#^}	2.7 ^{#^}	2.3 [^]	0.9 [^]	2.6 [^]	2.4 [^]
Tacos	7.0 [^]	7.2 ^{**^}	6.7 ^{***}	6.1 [^]	--	0.0 ^{††^}	0.0 ^{†^}	0.7 ^{###}	1.5 ^{#^}	2.1 [^]	2.1 [^]	1.5 [^]	2.3	2.6 [^]	2.5
Sandwich with plain (not breaded or fried) meat	2.7 [^]	4.1 [^]	3.9 [^]	3.9 [^]	--	17.9 [^]	8.8 [^]	1.2 [^]	1.9	2.3	0.8 ^{###^}	1.3 [^]	2.3	2.6	1.1
Plain (not breaded or fried) chicken and turkey	2.0 [^]	1.7 [^]	1.6 [^]	1.4 [^]	--	0.0 ^{†††^}	0.0 ^{†††^}	2.9	2.4	2.7	2.5	2.8	2.2	2.5	2.4
Rice	0.8 [^]	0.8 [^]	0.7 [^]	1.4 [^]	--	2.0 [^]	3.8 [^]	3.1 [#]	3.3 [#]	2.4 [#]	3.0 [^]	2.8	2.9	2.3	2.8
Biscuits and cornbread	0.5 [^]	0.5 [^]	0.7 [^]	0.7 [^]	--	0.0 [^]	0.0 ^{†††^}	2.5 [^]	2.1 [^]	2.5	2.3	2.3 [^]	1.8 [^]	2.2	2.1
Mean Amount (kcal)	368 [^]	361 [^]	459 [^]	569 [^]	--	338 [^]	397 [^]	345	331	427 [#]	547	348	335	430	549
Total Fat															
1% milk, unflavored	3.8 [^]	7.4 ^{**^}	9.4 [^]	9.2 [^]	--	13.1 [^]	7.3 [^]	1.9 [^]	11.3 ^{##}	8.5	8.8	2.1 [^]	10.7	8.6	8.8
Plain (not breaded or fried) meat (beef and pork)	1.6 [^]	1.7 [^]	1.8 [^]	1.7 [^]	--	3.6 [^]	1.8 [^]	4.9	6.4 [^]	6.3 [#]	6.7 ^{##}	4.5	5.6 [^]	5.7	6.1
Spaghetti	1.0 [^]	1.0 [^]	1.5 [^]	1.4 [^]	--	3.5 [^]	2.0 [^]	1.3 [^]	3.2 [^]	4.0 ^{##}	3.3 [^]	1.2 [^]	2.8 [^]	3.6	3.1 [^]
Tacos	8.4 [^]	9.1 ^{**^}	8.6 ^{***}	8.6 [^]	--	0.0 ^{†^}	0.0 ^{†^}	0.8 ^{#^}	1.8 ^{#^}	2.7 [^]	2.7 [^]	1.8 [^]	2.9	3.4 [^]	3.3 [^]
Condiments and toppings	2.7 [^]	3.9 [^]	3.2 [^]	2.4 [^]	--	0.0 [^]	6.0 [^]	2.2 [^]	1.7 [^]	3.1 [^]	2.2 [^]	2.3 [^]	2.1 [^]	3.1	2.2 [^]
Sandwich with plain (not breaded or fried) meat	2.8 [^]	4.6 [^]	4.6 [^]	4.3 [^]	--	19.1 [^]	10.1 [^]	1.1 [^]	2.2 [^]	2.8 [^]	0.9 ^{#^}	1.3 [^]	2.7	3.1	1.3
Sandwich with plain (not breaded or fried) poultry	3.3 [^]	4.0 [^]	6.8 [^]	6.8 [^]	--	0.0 [^]	0.9 [^]	0.3 [^]	0.5 [^]	2.5 [^]	1.6 [^]	0.7 [^]	1.0 [^]	3.0 [^]	2.1 [^]
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	2.7 [^]	1.2 [^]	3.4 ^{#^}	3.1 ^{#^}	2.3 [^]	1.0 [^]	2.9 [^]	2.8 [^]
Breaded/fried fish and shellfish	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 ^{††^}	5.3 [^]	2.0 [^]	2.3 ^{###^}	3.1 ^{##}	4.5 ^{###}	1.7 [^]	2.0 [^]	2.8	4.1
Plain (not breaded or fried) chicken and turkey	1.5 [^]	1.4 [^]	1.4 [^]	1.3 [^]	--	0.0 ^{††^}	0.0 ^{†††^}	2.3 [^]	2.5	2.8	3.0	2.2	2.3	2.6	2.8
Mean Amount (g)	14 [^]	14 [^]	17 [^]	19 [^]	--	12 [^]	14 [^]	14	11 [#]	15	19	14	11	15	19

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Saturated Fat															
1% milk, unflavored	6.3 [^]	13.4 ^{****}	17.5 [^]	17.2 [^]	--	24.3 [^]	13.7 [^]	3.0 [^]	20.4 ^{##}	15.2	16.3	3.4 [^]	19.4	15.5	16.4
Plain (not breaded or fried) meat (beef and pork)	1.5 [^]	1.8 [^]	1.9 [^]	1.8 [^]	--	3.7 [^]	1.9 [^]	4.2	6.3 [^]	6.2 [#]	6.7 [#]	3.9	5.6 [^]	5.7	6.2
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	4.2 [^]	2.1 [^]	5.8 ^{#^}	5.6 ^{#^}	3.7 [^]	1.8 [^]	5.1 [^]	5.0 [^]
Condiments and toppings	1.3 [^]	1.9 [^]	1.6 [^]	1.2 [^]	--	0.0 [^]	2.8 [^]	3.4 [^]	2.6 [^]	4.6 [^]	3.5 [^]	3.1 [^]	2.5 [^]	4.3 [^]	3.2 [^]
Whole milk, unflavored	34.1 [^]	11.9 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	38.7	3.1 [^]	4.2 ^{#^}	3.2 [^]	38.1	4.4 [^]	3.7 [^]	2.9 [^]
Sandwich with plain (not breaded or fried) meat	2.8 [^]	5.2 [^]	5.3 [^]	5.4 [^]	--	25.1 [^]	13.9 [^]	1.1 [^]	2.6 [^]	3.4 [^]	1.1 ^{#^}	1.3 [^]	3.1	3.7	1.5 [^]
Tacos	7.6 [^]	8.9 [^]	8.6 ^{^^}	8.7 [^]	--	0.0 ^{†^}	0.0 ^{†^}	0.7 ^{#^}	1.7 [^]	2.4 [^]	2.8 [^]	1.5 [^]	2.8	3.1 [^]	3.4 [^]
Macaroni and cheese	2.5 [^]	2.9 [^]	3.1 [^]	1.5 [^]	--	0.0 ^{†^}	0.0 ^{††^}	1.4 [^]	2.6 [^]	3.1	1.0 [^]	1.6 [^]	2.6 [^]	3.1	1.1 [^]
Burritos	0.0 [^]	0.0 [^]	1.3 [^]	1.2 [^]	--	0.0 [^]	0.0 ^{†^}	0.9 [^]	1.7 [^]	3.0 [^]	2.1 [^]	0.8 [^]	1.4 [^]	2.8 [^]	2.0 [^]
Quesadillas, fajitas, enchiladas	0.0 [^]	0.0 [^]	1.1 [^]	1.1 [^]	--	0.0 [^]	0.0 ^{†^}	3.5 ^{#^}	3.9 [^]	3.0 [^]	2.8 [^]	3.1 [^]	3.3 [^]	2.7 [^]	2.6 [^]
Mean Amount (g)	6 [^]	5 [^]	6 ^{^^}	7 [^]	--	4 [^]	5 [^]	6	4 [#]	6	7	6	4	6	7
Sodium															
1% milk, unflavored	3.8 [^]	6.7 ^{***}	8.0 ^{^^}	7.6 [^]	--	9.6 [^]	5.0 [^]	1.9 [^]	8.8	7.3	7.6	2.1	8.6	7.4	7.6
Sandwich with plain (not breaded or fried) meat	5.5 [^]	8.2 [^]	7.6 [^]	7.8 [^]	--	27.7 [^]	12.5 [^]	2.4 [^]	3.6	4.6	1.7 ^{###^}	2.8 [^]	4.4	5.1	2.3
Plain (not breaded or fried) meat (beef and pork)	2.5 [^]	2.4 [^]	2.3 [^]	2.1 [^]	--	2.3 [^]	1.1 ^{†^}	4.8	4.4 [^]	5.1	5.1	4.5	4.1	4.7	4.7
Spaghetti	1.3 [^]	1.3 [^]	1.8 [^]	1.6 [^]	--	3.5 [^]	1.8 [^]	2.6 [^]	5.1 [^]	5.0 ^{##}	5.1 [^]	2.5 [^]	4.6 [^]	4.6	4.7 [^]
Breads, rolls, and other breads (without added fat)	3.2 [^]	3.1 [^]	3.5 [^]	2.7 [^]	--	5.8 [^]	2.7 [^]	4.2	2.2	4.3	4.2	4.0	2.3	4.2	4.0
Plain (not breaded or fried) chicken and turkey	3.4 [^]	2.5 [^]	2.4 [^]	2.2 [^]	--	0.0 ^{†††^}	0.0 ^{†††^}	4.5	3.4	3.8	3.5	4.4	3.2	3.6	3.4
Sandwich with plain (not breaded or fried) poultry	5.1 [^]	6.1 ^{^^}	6.9 [^]	8.8 [^]	--	0.0 [^]	3.5 [^]	1.0 [^]	1.2 [^]	2.9 [^]	1.8 ^{#^}	1.5 [^]	1.9 [^]	3.4 [^]	2.6 [^]
Other mixtures with meat/meat alternate and/or vegetables	1.3 [^]	1.3 [^]	1.2 [^]	3.2 [^]	--	0.0 [^]	6.1 [^]	2.6 [^]	2.5 [^]	2.7 [^]	2.0 [^]	2.4 [^]	2.3 [^]	2.6 [^]	2.2 [^]
Tacos	6.6 [^]	6.4 ^{***}	5.8 ^{***}	5.5 [^]	--	0.0 ^{††^}	0.0 ^{†^}	0.7 ^{#^^}	1.3 ^{#^}	2.0 [^]	2.0 [^]	1.4 [^]	2.0	2.5 [^]	2.4 [^]
Biscuits and cornbread	0.8 [^]	0.8 [^]	1.0 [^]	0.9 [^]	--	0.0 [^]	0.0 ^{†††^}	3.5 [^]	2.3 [^]	2.7	2.9 [^]	3.2 [^]	2.1 [^]	2.4	2.6 [^]
Mean Amount (mg)	655 [^]	678 [^]	883 [^]	1,049 [^]	--	741 ^{†^}	932 [^]	619	643	800 [#]	999	623	648	811	1,005

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Dietary Fiber															
Breads, rolls, and other breads (without added fat)	6.4 [^]	6.4 [^]	7.1 [^]	4.5 [^]	--	8.4 [^]	4.2 [^]	7.4	4.5	7.8	7.2	7.2	4.8	7.7	6.9
Vegetable mixture, cooked	2.2 [^]	2.2 [^]	2.4 [^]	1.3 [^]	--	16.3 [^]	9.6 [^]	4.9 [^]	6.9 [#]	4.4 [^]	5.4 [#]	4.5 [^]	6.3	4.3 [^]	5.0
Spaghetti	1.3 [^]	1.3 [^]	1.5 [^]	1.2 [^]	--	4.7 [^]	2.6 [^]	2.1 [^]	4.7 [^]	4.1 ^{##}	3.9 [^]	2.0 [^]	4.2 [^]	3.8	3.6 [^]
Tacos	8.1 [^]	8.0 ^{***}	7.3 ^{***}	6.1 [^]	--	0.0 ^{††^}	0.0 [^]	1.1 ^{#^}	2.6	2.9 [^]	2.3 [^]	2.0 [^]	3.3	3.4 [^]	2.7 [^]
Other beans (including hummus)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 ^{†^}	0.0 [^]	3.3 ^{#^}	2.2 ^{#^}	3.2 [^]	3.1 [^]	2.9 [^]	1.9 [^]	2.8 [^]	2.8 [^]
Apple, fresh	2.0 [^]	2.3 [^]	2.6 [^]	5.2 [^]	--	8.8 [^]	7.9 [^]	1.9	2.8	2.8	3.7	1.9	2.8	2.8	3.9
Other mixtures with meat/meat alternate and/or vegetables	1.2 [^]	1.2 [^]	1.1 [^]	1.6 [^]	--	0.0 [^]	5.7 [^]	3.0 [^]	2.8 [^]	3.0 [^]	1.5 [^]	2.8 [^]	2.6 [^]	2.8 [^]	1.5 [^]
Orange, fresh	5.0 [^]	6.2 [^]	5.9 [^]	7.6 [^]	--	4.9 [^]	4.2 [^]	2.1 [^]	2.2 ^{#^}	2.1 ^{#^}	2.0 ^{##^}	2.5 [^]	2.7 [^]	2.5	2.6 [^]
Baked beans/mixtures	2.8 [^]	2.8 [^]	3.1 [^]	2.8 [^]	--	0.0 [^]	0.0 ^{†^}	7.7 [^]	7.6 [^]	2.5 [^]	2.6 [^]	7.0 [^]	6.9 [^]	2.5 [^]	2.6 [^]
Burritos	0.0 [^]	0.0 [^]	0.6 [^]	0.5 [^]	--	0.0 [^]	0.0 ^{†^}	1.4 [^]	1.6 [^]	2.7 [^]	1.8 [^]	1.3 [^]	1.4 [^]	2.4 [^]	1.6 [^]
Mean Amount (g)	4 [^]	4 ^{***}	5 [^]	7 [^]	--	3 ^{††^}	4 [^]	4	4	5	7	4	4	5	7
Iron															
Breads, rolls, and other breads (without added fat)	5.5 [^]	5.5 [^]	6.5 [^]	5.0 [^]	--	15.5 [^]	7.7 [^]	9.0	4.4	8.4	8.6 [#]	8.5	4.6	8.2	8.2
Plain (not breaded or fried) meat (beef and pork)	2.3 [^]	2.4 [^]	2.3 [^]	2.0 [^]	--	2.4 [^]	1.2 ^{††^}	4.6	6.1	6.5	5.9	4.3	5.6	6.0	5.5
Spaghetti	1.6 [^]	1.6 [^]	2.2 [^]	2.0 [^]	--	5.1 [^]	2.8 [^]	2.7 [^]	5.1 [^]	5.7 ^{##}	5.0	2.5 [^]	4.6 [^]	5.2	4.7
Tacos	10.1 [^]	10.3 ^{***^}	9.2 ^{***^}	8.6 [^]	--	0.0 ^{†††^}	0.0 [^]	1.3 ^{##^}	2.1 ^{##}	2.8 ^{#^}	2.9 ^{#^}	2.4 [^]	3.2	3.5 [^]	3.5
Sandwich with plain (not breaded or fried) meat	4.1 [^]	5.8 [^]	5.2 [^]	5.3 [^]	--	25.4 [^]	11.6 [^]	1.5 [^]	2.2	2.5	0.9 ^{##^}	1.9 [^]	2.8	2.9	1.4
Rice	0.9 [^]	0.9 [^]	0.8 [^]	1.5 [^]	--	3.1 [^]	5.7 [^]	3.8 [#]	3.9 [#]	2.9 [#]	3.6 [^]	3.5	3.5	2.7	3.3 [^]
Burritos	0.0 [^]	0.0 [^]	0.8 [^]	0.7 [^]	--	0.0 [^]	0.0 ^{†^}	1.7 [^]	1.9 [^]	2.9 [^]	2.1 [^]	1.5 [^]	1.7 [^]	2.6 [^]	2.0 [^]
Biscuits and cornbread	0.6 [^]	0.6 [^]	0.9 [^]	0.8 [^]	--	0.0 [^]	0.0 ^{†††^}	3.2 [^]	2.3 [^]	2.7	2.6 [^]	2.9 [^]	2.1 [^]	2.4	2.4 [^]
Other mixtures with meat/meat alternate and/or vegetables	1.0 [^]	1.0 [^]	0.9 [^]	2.3 [^]	--	0.0 ^{†^}	5.5 [^]	2.6 [^]	2.2 [^]	2.6 [^]	1.6 [^]	2.4 [^]	2.0 [^]	2.4 [^]	1.7 [^]
Cold cereal, unsweetened	4.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	0.0	2.0 [^]	2.7 [^]	2.2 [^]	0.5 [^]	1.7 [^]	2.3 [^]	2.0 [^]
Mean Amount (mg)	2.2 [^]	2.1 [^]	2.8 [^]	3.4 [^]	--	2.0 [^]	2.4 [^]	1.9 [#]	2.1	2.7	3.4	2.0	2.1	2.7	3.4

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
1% milk, unflavored	9.5 [^]	17.0 ^{****}	20.6 [^]	19.6 [^]	--	35.4 ^{+++^}	18.1 [^]	5.3 [^]	22.2 [#]	17.5	18.4	5.9	21.6	17.9	18.6
Plain (not breaded or fried) meat (beef and pork)	5.1 [^]	5.1 [^]	5.0 [^]	4.5 [^]	--	5.9 [^]	2.7 ^{†^}	9.9	12.1	12.8	13.0	9.2	11.2	11.8	12.1
Spaghetti	1.0 [^]	1.0 [^]	1.8 [^]	1.6 [^]	--	3.9 [^]	2.0 [^]	1.5 [^]	3.3 [^]	4.7 [#]	4.1 [^]	1.5 [^]	3.0 [^]	4.3	3.8 [^]
Tacos	10.9 [^]	10.8 [^]	9.7 [^]	9.5 [^]	--	0.0 ^{+++^}	0.0 [^]	1.4 ^{#^}	2.2	3.0 [^]	3.4 [^]	2.7 [^]	3.4	3.7 [^]	4.0 [^]
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	4.2 [^]	1.3 [^]	3.9 ^{#^}	3.7 [^]	3.6 [^]	1.2 [^]	3.4 [^]	3.3 [^]
Plain (not breaded or fried) chicken and turkey	2.3 [^]	1.8 [^]	1.8 [^]	1.6 [^]	--	0.0 ^{+++^}	0.0 ^{+++^}	4.1	2.9	3.5	3.7	3.8	2.8	3.3	3.4
Breads, rolls, and other breads (without added fat)	2.9 [^]	2.9 [^]	3.3 [^]	2.4 [^]	--	4.1 [^]	1.9 [^]	3.4	1.9	3.1	3.1	3.3	2.1	3.1	3.1
Fat-free milk, unflavored	0.0 [^]	4.5 [^]	4.3 [^]	4.7 [^]	--	0.0 ^{†^}	10.6 [^]	0.0	2.7 [^]	2.9	2.3 [^]	0.0	2.9 [^]	3.1	2.6
Hamburger	8.5 [^]	8.4 [^]	8.0 [^]	7.4 [^]	--	0.0 ^{†^}	0.0 [^]	3.0 [^]	5.8 [^]	2.1 [^]	4.0 [^]	3.7 [^]	6.2 [^]	2.7 [^]	4.4 [^]
Sandwich with plain (not breaded or fried) meat	2.2 [^]	3.4 [^]	3.2 [^]	3.6 [^]	--	19.2 [^]	8.5 [^]	1.7 [^]	2.0	2.3	1.0 ^{#^}	1.8 [^]	2.3	2.5	1.2
Mean Amount (mg)	2.5 [^]	2.5 ^{****}	3.3 ^{****}	3.9 [^]	--	1.9 ^{++^}	2.5 ^{†^}	2.1 [#]	2.4	3.2	3.9	2.2	2.5	3.2	3.9
Calcium															
1% milk, unflavored	23.5 [^]	40.8 ^{***}	49.3 [^]	43.3 [^]	--	60.3 [^]	33.5 [^]	12.0 [^]	55.9 ^{##}	45.9	49.4	13.5	53.8	46.1	48.6
Fat-free milk, unflavored	0.0 [^]	10.5 [^]	10.0 [^]	10.0 [^]	--	0.0 ^{†^}	19.2 [^]	0.0	6.5 [^]	7.3	6.1 [^]	0.0	7.1 [^]	7.8	6.6 [^]
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	8.0 [^]	2.8 [^]	8.5 ^{#^}	8.2 ^{#^}	7.0 [^]	2.4 [^]	7.4 [^]	7.2 [^]
Whole milk, unflavored	39.1 [^]	11.1 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	46.6	2.6 [^]	3.9 ^{#^}	3.0 [^]	45.6	3.8 [^]	3.4 [^]	2.6 [^]
Breads, rolls, and other breads (without added fat)	2.4 [^]	2.3 [^]	2.6 [^]	1.8 [^]	--	3.9 [^]	2.0 [^]	2.7	1.6	3.0	3.1	2.6	1.7	3.0	2.9
Sandwich with plain (not breaded or fried) meat	3.0 [^]	4.2 [^]	3.9 [^]	5.4 [^]	--	20.2 [^]	9.7 [^]	1.5 [^]	2.4	2.4	0.6 ^{#^}	1.7 [^]	2.7	2.7	1.2
Pizza with meat	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	2.8 [^]	1.3 [^]	0.6 [^]	1.9 [^]	1.5 [^]	1.2 [^]	0.5 [^]	1.7 [^]	1.3 [^]
Burritos	0.0 [^]	0.0 [^]	0.7 [^]	0.5 [^]	--	0.0 [^]	0.0 ^{†^}	0.6 [^]	0.8 [^]	1.8 [^]	1.2 [^]	0.5 [^]	0.7 [^]	1.6 [^]	1.1 [^]
Quesadillas, fajitas, enchiladas	0.0 [^]	0.0 [^]	0.6 [^]	0.5 [^]	--	0.0 [^]	0.0 ^{†^}	2.8 ^{#^}	2.2 [^]	1.8 [^]	1.7 [^]	2.4 [^]	1.8 [^]	1.6 [^]	1.5 [^]
Lasagna, ravioli, stuffed shells	0.1 [^]	0.1 [^]	0.3 [^]	0.3 [^]	--	2.7 [^]	1.5 [^]	1.7 [^]	0.3 [^]	1.7 [^]	1.5 [^]	1.5 [^]	0.3 [^]	1.5 [^]	1.4 [^]
Mean Amount (mg)	302 [^]	315 [^]	408 [^]	520 [^]	--	334 [^]	394 [^]	278	289	364	437	281	293	369	445

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Potassium															
1% milk, unflavored	13.4 [^]	23.4 ^{****}	28.8 [^]	25.3 [^]	--	39.0 ^{†††^}	22.6 [^]	6.7 [^]	30.4 [#]	25.1	24.6	7.5	29.5	25.5	24.7
Fat-free milk, unflavored	0.0 [^]	6.4 [^]	6.2 [^]	6.2 [^]	--	0.0 ^{†^}	13.8 ^{†^}	0.0	3.8 [^]	4.3	3.3 [^]	0.0	4.1 [^]	4.6	3.6
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	4.3 [^]	1.5 [^]	4.5 ^{#^}	4.0 [^]	3.8 [^]	1.3 [^]	4.0 [^]	3.6 [^]
Plain (not breaded or fried) meat (beef and pork)	1.0 [^]	1.0 [^]	1.0 [^]	0.8 [^]	--	3.0 [^]	1.6 [^]	4.0 [^]	3.3 [^]	3.9 [#]	3.9 ^{##}	3.6	3.0	3.6	3.6
Spaghetti	1.0 [^]	0.9 [^]	1.2 [^]	1.0 [^]	--	2.9 [^]	1.7 [^]	1.7 [^]	3.1 [^]	3.1 ^{##}	2.9 [^]	1.6 [^]	2.8 [^]	2.9	2.7 [^]
Plain (not breaded or fried) chicken and turkey	2.4 [^]	1.8 [^]	1.8 [^]	1.5 [^]	--	0.0 ^{†††^}	0.0 ^{†††^}	3.1	2.2	2.4	2.2	3.0	2.2	2.3	2.1
Other mixtures with meat/meat alternate and/or vegetables	1.2 [^]	1.2 [^]	1.1 [^]	2.9 [^]	--	0.0 ^{†^}	5.4 [^]	1.8 [^]	1.6 [^]	2.1 [^]	1.5 [^]	1.7 [^]	1.5 [^]	2.0 [^]	1.7 [^]
Banana, fresh	2.4 [^]	2.3 ^{***}	2.4 [^]	2.7 [^]	--	0.0 ^{†††^}	3.1 [^]	1.7	1.7	1.7	2.0 [^]	1.8	1.8	1.8	2.1
Whole milk, unflavored	21.8 [^]	6.2 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	25.3	1.4 [^]	2.1 ^{#^}	1.5 [^]	24.9	2.0 [^]	1.8 [^]	1.3 [^]
Breads, rolls, and other breads (without added fat)	1.7 [^]	1.6 [^]	1.8 [^]	1.2 [^]	--	1.9 [^]	1.0 [^]	1.7	1.0	1.8	1.7	1.7	1.1	1.8	1.6
Mean Amount (mg)	633 [^]	660 [^]	839 [^]	1,071 [^]	--	620 [^]	700 [^]	598 [#]	637	799	1,052	602	640	802	1,054
Vitamin D															
1% milk, unflavored	28.9 [^]	53.2 ^{****}	68.5 [^]	64.4 [^]	--	83.1 ^{†^}	50.5 [^]	13.6 [^]	69.6 [#]	57.3	60.1	15.5 [^]	67.5	58.5	60.6
Fat-free milk, unflavored	0.0 [^]	14.1 [^]	14.2 [^]	15.3 [^]	--	0.0 ^{†^}	29.6 ^{†^}	0.0	8.3 [^]	9.4	7.7 [^]	0.0	9.1 [^]	10.1	8.5 [^]
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	9.5 [^]	3.7 [^]	11.1 ^{#^}	10.4 [^]	8.4 [^]	3.2 [^]	9.7 [^]	9.4 [^]
Whole milk, unflavored	57.6 [^]	17.4 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	63.7	3.8 [^]	5.9 ^{#^}	4.4 [^]	63.0	5.6 [^]	5.1 [^]	3.9 [^]
Plain (not breaded or fried) fish and shellfish	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 ^{†^}	0.0 ^{†^}	2.9 [^]	4.3 ^{#^}	5.2 ^{#^}	2.5 [^]	2.5 [^]	3.7 [^]	4.6 [^]	2.2 [^]
Breaded/fried fish and shellfish	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 [^]	0.4 [^]	0.3 [^]	1.8 [^]	5.5 ^{#^}	0.3 [^]	0.2 [^]	1.6 [^]	4.9 [^]
Plain (not breaded or fried) meat (beef and pork)	0.3 [^]	0.3 [^]	0.4 [^]	0.3 [^]	--	1.3 [^]	0.7 [^]	1.2 [^]	1.0 [^]	1.3 [^]	1.4 [#]	1.1 [^]	0.9 [^]	1.2 [^]	1.3
Sandwich with plain (not breaded or fried) meat	1.8 [^]	3.2 [^]	3.2 [^]	4.0 [^]	--	8.7 [^]	4.6 [^]	0.6 [^]	0.8 [^]	0.9 [^]	0.3 ^{###^}	0.8 [^]	1.2 [^]	1.1	0.6
Macaroni and cheese	0.6 [^]	0.6 [^]	0.6 [^]	0.3 [^]	--	0.0 ^{††^}	0.0 ^{††^}	0.3 [^]	0.4 [^]	0.6 [^]	0.2 [^]	0.3 [^]	0.4 [^]	0.6 [^]	0.2 [^]
Sandwich with plain (not breaded or fried) poultry	2.2 [^]	2.8 [^]	3.5 [^]	4.3 [^]	--	0.0 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.3 ^{#^}	0.3 [^]	0.4 [^]	0.5 [^]	0.7 [^]
Mean Amount (mcg)	2.4 [^]	2.3 [^]	2.8 [^]	3.4 [^]	--	2.3 [^]	2.5 [^]	2.3	2.2	2.8	3.4	2.3	2.2	2.8	3.4

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories from Solid Fats															
1% milk, unflavored	2.7 [^]	6.2 [^]	8.5 [^]	9.1 [^]	--	11.6 [^]	6.9 [^]	1.3 [^]	10.2 ^{##}	7.9	8.2	1.5 [^]	9.5	7.9	8.3
Condiments and toppings	2.6 [^]	3.3 [^]	2.9 [^]	2.4 [^]	--	0.0 [^]	0.1 ^{††^}	4.0 [^]	3.5 [^]	6.7 [^]	4.9 [^]	3.9 [^]	3.4 [^]	6.2 [^]	4.6 [^]
2% milk, unflavored	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	3.4 [^]	2.0 [^]	5.8 ^{##^}	5.4 ^{##^}	3.0 [^]	1.7 [^]	5.0 [^]	4.9 [^]
Plain (not breaded or fried) meat (beef and pork)	0.9 [^]	1.1 [^]	1.3 [^]	1.3 [^]	--	0.3 [^]	0.2 ^{†^}	2.5 [^]	5.6 [^]	5.3 [^]	5.3 [#]	2.3 [^]	4.8 [^]	4.8 [^]	4.9
Sandwich with plain (not breaded or fried) meat	3.0 [^]	6.2 [^]	6.6 [^]	6.3 [^]	--	27.7 ^{†^}	16.9 [^]	1.0 [^]	3.2 [^]	4.4 [^]	1.3 [^]	1.3 [^]	3.8	4.7	1.8 [^]
Whole milk, unflavored	37.0 [^]	13.7 [^]	0.0 [^]	0.0 [^]	--	0.0 [^]	0.0 ^{†^}	40.9	3.8 [^]	5.4 ^{##^}	4.1 [^]	40.4	5.4 [^]	4.7 [^]	3.7 [^]
Macaroni and cheese	3.0 [^]	3.8 [^]	4.2 [^]	2.2 [^]	--	0.0 ^{†^}	0.0 ^{†††^}	1.7 [^]	3.7 [^]	4.8	1.6 [^]	1.9 [^]	3.7 [^]	4.7	1.7 [^]
Tacos	7.8 [^]	9.8 [^]	9.9 [^]	10.9 [^]	--	0.0 [^]	0.0 ^{†^}	0.8 ^{##^}	2.0 [^]	3.0 [^]	3.2 [^]	1.6 [^]	3.3 [^]	3.8 [^]	4.0 [^]
Quesadillas, fajitas, enchiladas	0.0 [^]	0.0 [^]	1.5 [^]	1.6 [^]	--	0.0 [^]	0.0 ^{†^}	4.2 [^]	5.5 [^]	4.1 [^]	3.8 [^]	3.7 [^]	4.6 [^]	3.8 [^]	3.6 [^]
Burritos	0.0 [^]	0.0 [^]	1.7 [^]	1.6 [^]	--	0.0 [^]	0.0 ^{†^}	0.9 [^]	2.0 [^]	3.8 [^]	2.5 [^]	0.8 [^]	1.7 [^]	3.5 [^]	2.5 [^]
Mean Amount (kcal)	67 [^]	54 [^]	61 ^{^^}	64 [^]	--	45 [^]	49 [^]	67	41 ^{##}	55	68	67	43	56	67
Calories from Added Sugars															
Fruit cocktail, canned, sweetened	19.5 [^]	13.4 ^{****^}	11.6 [^]	13.3 [^]	--	0.0 ^{††^}	20.8 [^]	19.4 [^]	24.0 [^]	11.1 [^]	14.3 [^]	19.5 [^]	22.3	11.2 [^]	14.1 [^]
Breads, rolls, and other breads (without added fat)	4.8 [^]	5.4 [^]	5.5 [^]	3.4 [^]	--	36.4 ^{†^}	12.3 [^]	7.5 [^]	3.8 [^]	8.2	7.8 [#]	7.1 [^]	4.1 [^]	7.8	7.1
Biscuits and cornbread	0.7 [^]	0.8 [^]	1.8 [^]	1.4 [^]	--	0.0 ^{†^}	0.0 ^{†††^}	5.5 [^]	4.6 [^]	8.7 [#]	6.6 [^]	4.8 [^]	4.0 [^]	7.4	5.7 [^]
Peanut butter sandwich	0.0 [^]	0.0 [^]	2.5 [^]	1.4 [^]	--	0.0 [^]	0.0 [^]	0.9 [^]	2.6 [^]	8.4 [^]	1.1 [^]	0.7 [^]	2.2 [^]	7.4 [^]	1.1 [^]
Pear, canned, sweetened	23.4 [^]	22.1 [^]	19.2 [^]	8.0 [^]	--	0.0 [^]	0.0 [^]	1.5 [^]	3.1 [^]	3.2 [^]	9.2 [^]	4.9 [^]	5.9 [^]	5.9 [^]	9.0 [^]
Baked beans/mixtures	4.0 [^]	4.4 [^]	4.7 [^]	4.0 [^]	--	0.0 [^]	0.0 ^{†^}	13.5 [^]	13.1 [^]	5.5 [^]	5.5 [^]	12.0 [^]	11.8 [^]	5.3 [^]	5.3 [^]
Pineapple, canned, sweetened	4.3 [^]	4.8 [^]	4.2 [^]	4.8 [^]	--	0.0 [^]	12.3 [^]	8.0 [^]	6.4 [^]	5.1 [^]	4.5 [^]	7.5 [^]	6.1 [^]	5.0 [^]	4.6 [^]
Yogurt, low-fat/fat-free	0.0 [^]	0.0 [^]	0.0 [^]	4.9 [^]	--	0.0 [^]	0.0 [^]	6.3 [^]	7.2 [^]	5.1 [^]	3.4 [^]	5.3 [^]	6.1 [^]	4.2 [^]	3.7 [^]
Condiments and toppings	3.5 [^]	5.5 [^]	4.1 [^]	2.2 [^]	--	0.0 [^]	12.7 [^]	6.2 [^]	4.6 [^]	4.0 [^]	3.0	5.8 [^]	4.7 [^]	4.1 [^]	2.9
Peaches, canned, sweetened	9.2 [^]	10.2 [^]	13.2 [^]	15.2 [^]	--	0.0 [^]	0.0 [^]	1.8 [^]	1.9 [^]	2.0 [^]	5.5 [^]	3.0 [^]	3.1 [^]	3.9 [^]	7.0 [^]
Mean Amount (kcal)	16 [^]	14 ^{^^}	19 [^]	28 [^]	--	6 [^]	10 [^]	12	13	12 ^{##}	17 [#]	12	13	13	18
Number of Suppers	64	66	76	79	0	10	20	176	193	265	244	240	269	361	323
Number of Early Child Care Programs	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The top 10 minor food groups were identified looking at estimates for the all programs, 3-5 year olds in this table. For each nutrient panel, the top 10 minor food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Cooked vegetables are not from fresh unless specified.

CACFP= Child and Adult Care Food Program.

Table D.3.25 Minor Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Suppers Served in Before and After School Programs

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Top 10 Minor Food Groups						
Calories						
1% milk, unflavored	12.8 [^]	13.4 ^{**^}	9.9	8.9	10.0 [^]	9.0
Fat-free milk, flavored	0.6 ^{***^}	1.0 ^{****^}	5.2	6.3	5.1 [^]	6.2
Sandwich with plain (not breaded or fried) poultry	4.1 [^]	4.4 [^]	7.6	6.0	7.5 [^]	6.0
Burritos	0.0 [^]	0.0 ^{**^}	2.6 [^]	2.7	2.6 [^]	2.6
Sandwich with plain (not breaded or fried) meat	2.3 [^]	0.8 [^]	3.3 [^]	2.7 [^]	3.2 [^]	2.6 [^]
Nuts, nut butters, seeds, nut mixtures	0.0 [^]	0.0 ^{**^}	2.8 [^]	2.4 [^]	2.8 [^]	2.3 [^]
Sandwich with breaded/fried poultry	2.4 [^]	2.4 [^]	1.8 [^]	2.3 [^]	1.8 [^]	2.3 [^]
Breaded/fried chicken and turkey nuggets	3.9 [^]	3.4 [^]	2.6 [^]	2.1 [^]	2.6 [^]	2.2 [^]
Pizza without meat	3.4 [^]	1.3 [^]	1.3 [^]	2.1	1.3 [^]	2.1
Cheese	0.6 [^]	0.5 ^{****^}	2.1 [^]	2.1	2.1 [^]	2.0
Mean Amount (kcal)	484 [^]	589 ^{**^}	510	641	509 [^]	640
Total Fat						
Sandwich with plain (not breaded or fried) poultry	3.4 ^{**^}	3.6 ^{**^}	9.4	7.0	9.3 [^]	6.9
1% milk, unflavored	8.3 [^]	9.2 ^{**^}	6.2	6.0	6.3 [^]	6.1
Nuts, nut butters, seeds, nut mixtures	0.0 [^]	0.0 ^{**^}	6.7 [^]	6.1 [^]	6.5 [^]	5.9 [^]
Salad dressings	3.8 [^]	2.5 [^]	4.8	4.7	4.7 [^]	4.6
Cheese	0.9 [^]	0.7 ^{****^}	4.2 [^]	4.3	4.1 [^]	4.2
Sandwich with plain (not breaded or fried) meat	3.1 [^]	1.3 [^]	5.2 [^]	3.9 [^]	5.2 [^]	3.8 [^]
Breaded/fried chicken and turkey nuggets	5.9 [^]	5.8 [^]	4.3 [^]	3.6 [^]	4.4 [^]	3.7 [^]
Burritos	0.0 [^]	0.0 ^{**^}	3.6 [^]	3.6 [^]	3.5 [^]	3.5 [^]
Condiments and toppings	6.2 [^]	3.1 [^]	2.3 [^]	2.8	2.4 [^]	2.8
Sandwich with breaded/fried poultry	2.7 [^]	2.8 [^]	1.9 [^]	2.6 [^]	2.0 [^]	2.6 [^]
Mean Amount (g)	17 [^]	20 ^{**^}	19	22	19 [^]	22

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Saturated Fat						
1% milk, unflavored	16.1^	17.9^a	12.3	11.6	12.4^	11.8
Sandwich with plain (not breaded or fried) poultry	2.8***a	3.1***a	11.3	8.4	11.1^	8.3
Cheese	1.1^	1.0****a	7.5^	7.4	7.3^	7.1
Burritos	0.0^a	0.0***a	5.1^	5.0^	5.0^	4.9^
Sandwich with plain (not breaded or fried) meat	4.0^	1.7^	5.8^	4.7^	5.8^	4.6^
Sandwich with only cheese	6.8^	6.2^	2.8^	3.2^	2.9^	3.3^
Macaroni and cheese	4.0^	5.1^	2.5^	3.3	2.5^	3.3
Pizza without meat	5.3^	2.1^	1.6^	2.8	1.7^	2.8
Cheeseburger	4.1^	0.6^	2.5^	2.8^	2.5^	2.7^
Nuts, nut butters, seeds, nut mixtures	0.0^a	0.0***a	3.3^	2.8^	3.2^	2.7^
Mean Amount (g)	6^	7^a	6	7	6^	7
Sodium						
Sandwich with plain (not breaded or fried) poultry	4.8^a	5.5^a	11.5	9.4	11.3^	9.3
Fat-free milk, flavored	0.5***a	0.9****a	4.5	5.8	4.4^	5.6
1% milk, unflavored	6.9^	7.5^	5.8	5.4	5.8^	5.5
Sandwich with plain (not breaded or fried) meat	4.1^	1.3^	5.3^	4.7^	5.3^	4.6^
Condiments and toppings	4.8^	4.2^	4.3	3.5	4.3^	3.5
Burritos	0.0^a	0.0***a	2.9^	3.1	2.9^	3.0
Sandwich with breaded/fried poultry	2.7^	2.5^	2.1^	2.7^	2.1^	2.7^
Cheese	0.8^	0.9***a	2.6^	2.7	2.5^	2.7
Breaded/fried chicken and turkey nuggets	3.7^	3.6^	3.0^	2.5^	3.0^	2.5^
Salad dressings	1.4^	0.9^a	2.8	2.5	2.7^	2.4
Mean Amount (mg)	941^	1,106^a	916	1,108	916^	1,108

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Dietary Fiber						
Orange, fresh	3.5 [^]	5.5 [^]	3.9	5.2	3.9 [^]	5.2
Apple, fresh	6.0 ^{**^}	5.9 [^]	3.4	5.0	3.5 [^]	5.1
Carrots, raw	1.9 [^]	1.0 ^{****^}	4.5	4.9	4.4 [^]	4.8
Sandwich with plain (not breaded or fried) poultry	4.5 [^]	3.7 [^]	6.4	4.7	6.4 [^]	4.6
Burritos	0.0 [^]	0.0 ^{**^}	3.5 [^]	3.9	3.4 [^]	3.8
Peaches, canned, sweetened	0.8 [^]	2.1 [^]	2.7 [^]	3.1	2.6 [^]	3.1
Nuts, nut butters, seeds, nut mixtures	0.0 [^]	0.0 ^{**^}	3.7 [^]	2.8 [^]	3.6 [^]	2.7 [^]
Banana, fresh	2.5 [^]	3.8 [^]	1.6	2.2	1.6 [^]	2.2
Breads, rolls, and other breads (without added fat)	3.9 ^{**^}	4.0 [^]	1.5	2.1	1.6 [^]	2.2
Sandwich with breaded/fried poultry	2.7 [^]	2.3 [^]	2.0 [^]	2.2 [^]	2.1 [^]	2.2 [^]
Mean Amount (g)	5 [^]	7 [^]	5	7	5 [^]	7
Iron						
Sandwich with plain (not breaded or fried) poultry	5.1 [^]	6.4 [^]	8.4	7.6	8.3 [^]	7.6
Fat-free milk, flavored	0.4 ^{**^}	0.7 ^{****^}	3.4	4.1	3.3 [^]	4.0
Cold cereal, unsweetened	0.0 [^]	0.0 [^]	8.5 [^]	4.1 [^]	8.3 [^]	3.9 [^]
Burritos	0.0 [^]	0.0 ^{**^}	3.1 [^]	3.6	3.0 [^]	3.5
Breads, rolls, and other breads (without added fat)	7.1 [^]	6.2 [^]	1.7	3.3	1.8 [^]	3.4
Hamburger	8.1 [^]	2.9 [^]	2.8 [^]	3.1	2.9 [^]	3.1
Pizza without meat	4.4 [^]	1.7 [^]	1.9	3.1	2.0 [^]	3.1
Sandwich with plain (not breaded or fried) meat	2.9 [^]	0.9 [^]	3.3 [^]	3.0 [^]	3.3 [^]	3.0 [^]
Sandwich with breaded/fried poultry	2.2 [^]	2.3 [^]	2.2 [^]	2.8 [^]	2.2 [^]	2.8 [^]
Crackers, croutons, and pretzels	0.2 [^]	0.4 ^{***^}	4.3 [^]	2.8	4.2 [^]	2.7
Mean Amount (mg)	2.9 [^]	3.5 [^]	3.0	3.7	3.0 [^]	3.7

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Zinc						
1% milk, unflavored	20.2^	21.8^	16.8	15.1	16.9^	15.3
Fat-free milk, flavored	0.5***	1.0****	5.4	6.6	5.3^	6.5
Sandwich with plain (not breaded or fried) poultry	5.6^	5.2^	8.0	6.2	7.9^	6.1
Hamburger	11.5^	4.3^	4.0^	4.8	4.2^	4.8
Cheese	0.6**	0.8****	3.6^	3.8	3.5^	3.7
Cheeseburger	5.3^	0.7^	3.5^	3.3^	3.6^	3.2^
Fat-free milk, unflavored	5.0^	3.2^	3.0	2.9	3.1^	2.9
Burritos	0.0^	0.0**	2.7^	2.9	2.7^	2.8
Nuts, nut butters, seeds, nut mixtures	0.0^	0.0^	3.1^	2.7^	3.0^	2.6^
Sandwich with plain (not breaded or fried) meat	2.3^	0.9^	3.0^	2.6^	3.0^	2.5^
Mean Amount (mg)	3.1^	3.6^	3.0	3.8	3.0^	3.8
Calcium						
1% milk, unflavored	41.3^	47.4***	32.0	29.3	32.3^	29.8
Fat-free milk, flavored	1.1**	2.3****	10.7	13.4	10.4^	13.0
Sandwich with plain (not breaded or fried) poultry	3.0**	3.0**	9.9	7.5	9.7^	7.4
Fat-free milk, unflavored	9.9^	6.9^	5.7	5.4	5.8^	5.5
Cheese	0.7**	1.6***	4.8^	5.2	4.7^	5.1
Sandwich with only cheese	6.3^	4.7^	3.5^	3.7^	3.5^	3.7^
Sandwich with plain (not breaded or fried) meat	3.6^	1.2^	3.6^	3.0^	3.6^	2.9^
1% milk, flavored	2.6^	3.3^	1.3	2.6^	1.3^	2.6^
Pizza without meat	4.2^	1.7^	1.1^	2.1	1.1^	2.1
Burritos	0.0**	0.0**	2.1^	2.2^	2.1^	2.1^
Mean Amount (mg)	447^	496****	471	579	471^	577

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Potassium						
1% milk, unflavored	26.5^	26.2**^	21.5	18.6	21.6^	18.8
Fat-free milk, flavored	0.9***^	1.5****^	8.5	10.0	8.3^	9.7
Fat-free milk, unflavored	6.8^	4.0^	4.0	3.7	4.1^	3.7
Carrots, raw	1.4^	0.7****^	3.0	3.7	3.0^	3.6
Sandwich with plain (not breaded or fried) poultry	3.2^	2.6^	4.3	3.3	4.3^	3.3
Orange, fresh	1.7^	2.8^	1.7	2.6	1.7^	2.6
Banana, fresh	2.2^	3.5^	1.3	2.0	1.3^	2.0
Raisins	0.6^	0.3^*	2.0	1.8	2.0^	1.8
1% milk, flavored	1.8^	2.0^	0.9	1.8^	1.0^	1.8^
Burritos	0.0**^	0.0***^	1.6^	1.6	1.5^	1.6
Mean Amount (mg)	837^	1,075^	843	1,097	843^	1,097
Vitamin D						
1% milk, unflavored	60.6^	68.0**^	51.4	48.0	51.6^	48.7
Fat-free milk, flavored	1.5***^	2.9****^	15.6	20.0	15.2^	19.4
Fat-free milk, unflavored	14.9^	10.1^	9.3	9.1	9.4^	9.2
1% milk, flavored	3.4^	4.3^	1.9^	3.8^	1.9^	3.8^
Sandwich with plain (not breaded or fried) poultry	1.0***^	1.1***^	4.4	3.4	4.3^	3.3
Sandwich with only cheese	3.8^	1.8^	2.5^	2.4^	2.5^	2.4^
Sandwich with plain (not breaded or fried) meat	2.2^	0.8^	1.6^	1.5^	1.6^	1.5^
2% milk, unflavored	0.0^	1.1^	2.1^	1.4^	2.1^	1.4^
Cheeseburger	1.5^	0.2^	1.2^	1.2^	1.2^	1.2^
Yogurt, low-fat/fat-free	0.0**^	0.1^	1.4^	1.0^	1.3^	0.9^
Mean Amount (mcg)	2.9^	3.3^	2.8	3.4	2.8^	3.4

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Calories from Solid Fats						
Cheese	1.4 [^]	1.3 ^{***^}	9.7 [^]	9.6	9.5 [^]	9.3
Sandwich with plain (not breaded or fried) poultry	1.7 ^{****^}	2.3 ^{***^}	11.7	8.9	11.5 [^]	8.7
1% milk, unflavored	9.5 [^]	10.1 ^{**^}	6.2	5.9	6.3 [^]	6.1
Sandwich with plain (not breaded or fried) meat	5.4 [^]	2.5 [^]	7.4 [^]	5.9 [^]	7.4 [^]	5.8 [^]
Burritos	0.0 [^]	0.0 ^{***^}	5.8 [^]	5.7 [^]	5.7 [^]	5.5 [^]
Macaroni and cheese	6.6 [^]	8.0 [^]	3.6 [^]	4.7	3.7 [^]	4.8
Breaded/fried chicken and turkey nuggets	3.9 [^]	8.1 [^]	7.2 [^]	4.6 [^]	7.1 [^]	4.7 [^]
Sandwich with only cheese	7.0 [^]	7.7 [^]	3.4 [^]	4.0 [^]	3.5 [^]	4.1 [^]
Pizza without meat	7.2 [^]	2.8 [^]	2.0 [^]	3.8	2.1 [^]	3.7
Pizza with meat	2.2 [^]	0.0 ^{***^}	4.4 [^]	3.6	4.4 [^]	3.5
Mean Amount (kcal)	50 [^]	60 [^]	63	74	63 [^]	74
Calories from Added Sugars						
Fat-free milk, flavored	3.0 ^{***^}	5.7 ^{***^}	18.4	21.0	18.1 [^]	20.7
Peaches, canned, sweetened	3.1 [^]	10.5 [^]	9.2	10.3	9.1 [^]	10.3
Fruit cocktail, canned, sweetened	5.4 [^]	4.2 [^]	4.6 [^]	7.6	4.6 [^]	7.5
1% milk, flavored	7.9 [^]	9.6 [^]	2.6 [^]	4.6 [^]	2.6 [^]	4.7 [^]
Condiments and toppings	11.8 [^]	10.0 [^]	7.9	4.3	8.0 [^]	4.4
Yogurt, low-fat/fat-free	0.0 [^]	0.8 [^]	7.5 [^]	4.4 [^]	7.4 [^]	4.4 [^]
Pear, canned, sweetened	3.7 [^]	2.1 [^]	3.3	3.9	3.3 [^]	3.9
Crackers, croutons, and pretzels	0.6 [^]	0.3 ^{***^}	6.3 [^]	3.3	6.2 [^]	3.3
Sandwich with plain (not breaded or fried) poultry	3.9 [^]	2.8 [^]	4.0	3.0	4.0 [^]	3.0
Applesauce, canned, sweetened	0.0 [^]	1.7 [^]	1.8 [^]	2.9 [^]	1.8 [^]	2.8 [^]
Mean Amount (kcal)	21 [^]	24 ^{****^}	35	47	35 [^]	46
Number of Suppers	57	134	217	448	274	582
Number of Before and After School Programs	12	28	47	100	59	128

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs includes Outside-of-School Hours and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. The top 10 minor food groups were identified looking at estimates for the all programs, 6-12 year olds in this table. For each nutrient panel, the top 10 minor food categories are listed in order of their contribution to that nutrient by the all programs/6-12 age group column. Cooked vegetables are not from fresh unless specified. CACFP= Child and Adult Care Food Program.

Table D.3.26 Minor Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Morning Snacks Served in Early Child Care Programs

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Top 10 Minor Food Groups															
Calories															
Crackers, croutons, and pretzels	16.5 [^]	17.0 [^]	18.3 [^]	29.4 [^]	11.2 [^]	8.8 [^]	12.4 [^]	13.0	15.8	15.9	15.0 ^{##}	13.3	15.8	16.1	16.3
1% milk, unflavored	0.6 [^]	11.5 [^]	12.8 ^{^A}	12.3 [^]	4.9 [^]	22.2 [^]	21.5 [^]	4.4 ^{##}	15.5	14.1	15.0	4.1	15.2	14.1	14.7
Cheese	2.4 [^]	2.6 [^]	3.1 [^]	2.5 [^]	14.0 [^]	11.1 [^]	5.1 [^]	7.0 [#]	5.5	5.5	4.6 [^]	6.6	5.2	5.3	4.5
Yogurt, low-fat/fat-free	1.7 [^]	2.4 [^]	3.0 [^]	0.8 [^]	1.7 [^]	1.3 ^{^A}	2.2 [^]	3.8	4.5	4.3	2.0	3.6	4.3	4.1	1.9
Nuts, nut butters, seeds, nut mixtures	1.2 [^]	1.9 [^]	1.7 [^]	1.9 [^]	0.0 ^{†^}	0.0 ^{††^}	0.7 ^{†^}	3.6 [^]	3.9 [^]	4.2	5.1	3.4 [^]	3.7 [^]	4.0	4.8
Banana, fresh	1.7 [^]	2.7 [^]	2.7 [^]	1.3 [^]	4.2 [^]	3.3 [^]	2.9 [^]	4.3 ^{##}	3.7	3.7	3.4 [#]	4.1	3.6	3.6	3.2
Breads, rolls, and other breads (without added fat)	2.3 ^{^A}	2.1 [^]	3.4 [^]	1.2 [^]	0.0 ^{†††^}	4.7 [^]	2.2 [^]	3.2	2.7	3.3	3.7 [#]	3.1	2.7	3.3	3.5
Fat-free milk, unflavored	0.0 [^]	3.4 [^]	2.7 [^]	0.4 [^]	1.3 [^]	1.1 [^]	1.5 [^]	0.1 [^]	2.9	3.0	3.1 ^{#^}	0.1 [^]	3.0	2.9	2.8 [^]
Cold cereal, unsweetened	2.8 [^]	4.3 [^]	4.2 [^]	3.4 [^]	4.9 [^]	11.6 [^]	5.1 [^]	2.8 [^]	2.7	2.6	2.7 [^]	2.8 [^]	2.9	2.8	2.7 [^]
Condiments and toppings	7.1 [^]	7.1 [^]	5.6 [^]	3.1 [^]	1.8 [^]	4.3 [^]	4.6 [^]	1.7 ^{#^}	2.4 [#]	2.2 [#]	2.0 [^]	2.2 [^]	2.9	2.5	2.1 [^]
Mean Amount (kcal)	214 [^]	198 [^]	216 [^]	278 [^]	254 [^]	222 [^]	226 [^]	231	210	239	311	230	209	236	308
Total Fat															
Crackers, croutons, and pretzels	14.6 [^]	17.6 [^]	19.7 [^]	32.5 [^]	15.0 [^]	15.6 [^]	16.7 [^]	12.6	17.5	17.7	15.6 [#]	12.8	17.5	17.9	17.2
Cheese	4.3 [^]	5.7 [^]	6.7 [^]	5.0 [^]	31.3 [^]	32.6 [^]	13.4 [^]	13.4 [#]	12.7	12.4	10.8	12.7	12.1	11.9	10.3
Nuts, nut butters, seeds, nut mixtures	2.7 [^]	4.8 [^]	4.7 [^]	5.0 [^]	0.0 ^{††^}	0.0 ^{†^}	1.4 ^{†^}	7.9 [^]	10.4 [^]	11.3	13.3	7.4 [^]	9.8 [^]	10.6	12.5
1% milk, unflavored	0.3 [^]	7.9 [^]	9.1 ^{^A}	8.0 [^]	3.3 [^]	19.3 [^]	18.3 [^]	2.6 ^{#^}	11.2	10.0	10.4	2.4 [^]	10.9	10.0	10.2
Condiments and toppings	17.0 [^]	19.6 ^{^A}	16.4 [^]	8.1 [^]	4.0 [^]	4.1 [^]	13.1 [^]	4.7 ^{#^}	7.4 ^{#^}	6.4 [#]	5.5 [^]	5.8 [^]	8.6	7.4	5.7 [^]
Peanut butter sandwich	3.0 [^]	5.1 [^]	4.5 [^]	17.5 [^]	0.0 ^{†^}	0.0 ^{†^}	2.4 [^]	2.9 [^]	7.7 [^]	4.4 [^]	4.4 [^]	2.9 [^]	7.4 [^]	4.4 [^]	5.6 [^]
Onion, cooked	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	3.5 [^]	0.0	3.6 [^]	7.4 [^]	3.2 [^]	0.0	3.3 [^]	6.7 [^]
Eggs	0.6 [^]	0.9 [^]	0.5 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	1.6 [^]	2.9 [^]	2.6 [^]	3.4 [^]	2.6 [^]	2.7 [^]	2.4 [^]	3.1 [^]	2.4 [^]
Muffins, sweet/quick breads	2.9 [^]	4.5 [^]	5.0 [^]	3.8 [^]	9.5 [^]	9.9 [^]	5.8 [^]	2.9 [^]	4.8 [^]	2.5	2.5 [^]	2.9 [^]	4.8 [^]	2.8	2.6 [^]
Whole milk, unflavored	33.7 [^]	6.3 [^]	0.0 [^]	0.0 [^]	23.7 [^]	0.0 [^]	0.0 ^{†^}	27.9	1.8 [^]	2.5 ^{#^}	3.4 [^]	28.4	2.3 [^]	2.3 [^]	3.1 [^]
Mean Amount (g)	9 [^]	7 [^]	7 [^]	10 [^]	9 [^]	6 [^]	6 [^]	9	7	8	10	9	7	8	10

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Saturated Fat															
Cheese	6.0 ^a	9.0 ^a	11.2 ^a	10.7 ^a	40.8 ^a	43.6 ^a	19.9 ^a	19.7 [#]	20.7	20.2	18.4	18.6	19.7	19.5	17.8
1% milk, unflavored	0.5 ^a	14.3 ^a	17.5 ^a	19.4 ^a	4.9 ^a	29.7 ^a	30.9 ^a	4.3 ^{#a}	20.5	18.0	19.4	4.0 ^a	20.0	18.2	19.4
Crackers, croutons, and pretzels	7.5 ^a	10.3 ^a	12.1 ^a	25.8 ^a	7.4 ^a	7.9 ^a	8.3 ^a	6.4	10.1	10.0	8.8 ^{##}	6.5	10.1	10.2	10.1
Condiments and toppings	21.7 ^a	28.5 ^{^a}	25.6 ^a	8.5 ^a	5.4 ^a	5.8 ^a	16.8 ^a	3.5 ^{###a}	7.8 ^{##}	7.3 ^{##}	5.7 ^a	5.1	9.9	8.9	5.9 ^a
Nuts, nut butters, seeds, nut mixtures	1.3 ^a	2.6 ^a	2.2 ^a	2.6 ^a	0.0 ^{††a}	0.0 ^{†a}	0.5 ^{†a}	3.7 ^a	5.4 ^a	5.8	7.4 ^a	3.5 ^a	5.1 ^a	5.4	7.0 ^a
Whole milk, unflavored	47.3 ^a	10.0 ^a	0.0 ^a	0.0 ^a	31.3 ^a	0.0 ^{†a}	0.0 ^{†a}	39.7	3.0 ^a	4.0 ^{#a}	5.6 ^a	40.3	3.6 ^a	3.7 ^a	5.2 ^a
2% milk, unflavored	1.0 ^a	2.5 ^a	4.4 ^{^a}	4.0 ^a	0.0 ^a	0.0 ^{†a}	0.0 ^a	3.7 ^a	1.4 ^a	3.5 ^a	6.2 ^a	3.5 ^a	1.5 ^a	3.6 ^a	6.1 ^a
Eggs	0.5 ^a	0.8 ^a	0.5 ^a	0.0 ^a	0.0 ^{†a}	0.0 ^a	1.4 ^a	2.2 ^a	2.3 ^a	3.3 ^a	3.1 ^a	2.0 ^a	2.1 ^a	3.0 ^a	2.9 ^a
Yogurt, low-fat/fat-free	0.8 ^a	1.4 ^a	2.1 ^a	0.6 ^a	1.8 ^a	1.9 ^a	1.9 ^a	2.0	3.4 [#]	2.9	1.7 ^a	1.9	3.2	2.8	1.6 ^a
Peanut butter sandwich	1.6 ^a	2.9 ^a	2.8 ^a	13.0 ^a	0.0 ^{†a}	0.0 ^{†a}	1.3 ^a	1.5 ^a	4.5 ^a	2.4 ^a	2.5 ^a	1.5 ^a	4.3 ^a	2.4 ^a	3.3 ^a
Mean Amount (g)	4 ^a	2 ^a	2 ^a	3 ^a	4 ^a	2 ^a	2 ^a	4	2	3	4	4	2	3	4
Sodium															
Crackers, croutons, and pretzels	22.9 ^a	23.0 ^a	24.1 ^a	38.0 ^a	17.1 ^a	13.0 ^a	17.5 ^a	19.5	22.6	21.8	19.4 ^{##}	19.8	22.6	22.0	21.0
1% milk, unflavored	0.5 ^a	10.3 ^a	11.0 ^{^a}	11.5 ^a	5.0 ^a	21.5 ^a	20.2 ^a	4.4 ^{#a}	14.7	12.5	13.2	4.1 ^a	14.3	12.5	13.1
Cheese	7.5 ^a	7.6 ^a	7.7 ^a	7.3 ^a	27.3 ^a	20.7 ^a	9.8 ^a	14.1	11.7	10.7	7.9	13.6	11.4	10.4	7.9
Breads, rolls, and other breads (without added fat)	2.8 ^{^a}	2.4 ^a	4.5 ^a	1.1 ^a	0.0 ^{†††a}	7.9 ^a	3.6 ^a	5.4	4.3	4.8	5.6 ^{###}	5.1	4.2	4.8	5.2
Pancakes, waffles, french toast	3.6 ^a	3.1 ^a	4.0 ^a	0.0 ^a	0.0 ^{†a}	0.0 ^{††a}	1.9 ^a	2.7 ^a	2.3	3.0 ^a	1.3 ^a	2.8 ^a	2.3	3.1	1.2 ^a
Cold cereal, unsweetened	3.9 ^a	5.5 ^a	5.0 ^a	4.3 ^a	6.9 ^a	13.0 ^a	5.8 ^a	3.5 ^a	3.2	2.9	2.5 ^a	3.5 ^a	3.5	3.1	2.6 ^a
Fat-free milk, unflavored	0.0 ^a	3.6 ^a	2.8 ^a	0.5 ^a	1.6 ^a	1.2 ^a	1.6 ^a	0.1 ^a	3.3	3.1	3.2 ^{#a}	0.1 ^a	3.3	3.1	3.0 ^a
Eggs	0.9 ^a	1.1 ^a	0.6 ^a	0.0 ^a	0.0 ^{†a}	0.0 ^{†a}	1.8 ^a	3.6 ^a	2.5 ^a	3.0 ^a	2.3 ^a	3.4 ^a	2.3 ^a	2.8 ^a	2.1 ^a
Onion, cooked	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	4.0 ^a	0.0	3.1 ^a	6.4 ^a	3.6 ^a	0.0	2.8 ^a	5.8 ^a
Hot cereal	1.7 ^{****a}	1.7 ^{***a}	1.4 ^a	0.0 ^a	0.0 ^{†a}	0.0 ^{†a}	1.1 ^a	1.2 ^a	1.6 ^a	2.9 ^a	3.5 ^a	1.2 ^a	1.6 ^a	2.7 ^a	3.2 ^a
Mean Amount (mg)	234 ^a	233 ^a	261 ^a	313 ^a	265 ^a	240 ^a	251 ^a	244	232	282	368	243	232	279	362

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Dietary Fiber															
Crackers, croutons, and pretzels	13.5 [^]	12.5 [^]	12.8 [^]	17.8 [^]	7.9 [^]	6.1 ^{†^}	9.4 [^]	10.8	12.5	12.5	12.5	11.0	12.5	12.5	13.0
Banana, fresh	6.4 [^]	9.0 [^]	8.5 [^]	4.0 [^]	12.5 [^]	9.5 [^]	7.6 [^]	14.5 [#]	11.2	11.2	11.0 [#]	13.9	11.0	10.9	10.3
Apple, fresh	7.8 [^]	8.0 [^]	6.5 [^]	10.2 [^]	4.1 [^]	3.1 [^]	2.7 ^{†^}	10.0	7.1	7.4	4.9	9.8	7.2	7.3	5.4
Cold cereal, unsweetened	7.1 [^]	10.2 [^]	9.9 [^]	8.0 [^]	12.4 [^]	27.7 [^]	10.6 [^]	7.4 [^]	6.2	5.9	6.2 [^]	7.4 [^]	6.7	6.3	6.4 [^]
Breads, rolls, and other breads (without added fat)	6.7 ^{†^}	5.6 [^]	6.1 [^]	3.3 [^]	0.0 ^{†††^}	4.7 [^]	2.5 ^{†^}	6.2	4.9	5.7	6.1	6.2	5.0	5.7	5.9
Orange, fresh	0.0 [^]	0.0 [^]	0.8 [^]	0.0 [^]	7.4 [^]	5.6 [^]	4.0 [^]	4.0 ^{##}	5.2 ^{##}	4.3 [^]	3.9 ^{###^}	3.7	4.7	4.0 [^]	3.6 [^]
Nuts, nut butters, seeds, nut mixtures	1.3 [^]	1.8 [^]	1.6 [^]	1.9 [^]	0.0 ^{†^}	0.0 ^{†^}	2.4 [^]	3.9 [^]	3.9 [^]	4.2	4.9 [^]	3.7 [^]	3.7 [^]	3.9	4.6
Strawberries, fresh	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{††^}	0.6 ^{†^}	4.7 ^{##}	4.4 ^{###}	4.0 ^{###}	3.1 ^{#^}	4.3	4.0	3.6	2.8 [^]
Kiwi, fresh	0.0 [^]	0.0 [^]	1.8 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	2.4 [^]	2.5 [^]	3.6 [^]	2.5 ^{#^}	2.3 [^]	2.3 [^]	3.4 [^]	2.2 [^]
Peanut butter sandwich	4.0 [^]	4.5 [^]	4.6 [^]	12.7 [^]	0.0 ^{†^}	0.0 ^{†^}	3.4 [^]	2.5 [^]	4.6 [^]	2.9 [^]	3.2 [^]	2.6 [^]	4.6 [^]	3.1 [^]	4.1 [^]
Mean Amount (g)	2 ^{***}	2 [^]	2 [^]	3 [^]	2 [^]	2 [^]	3 [^]	2 [#]	2	2	3	2	2	2	3
Iron															
Cold cereal, unsweetened	31.1 [^]	41.0 ^{^^}	37.9 [^]	36.6 [^]	55.5 [^]	73.0 ^{††^}	48.1 [^]	35.6	30.7	28.9	27.0 [^]	35.3	32.3	30.3	28.0 [^]
Crackers, croutons, and pretzels	18.4 [^]	16.3 [^]	16.8 [^]	30.1 [^]	11.4 [^]	5.5 ^{††^}	11.8 [^]	17.1	19.4	18.9	19.1 [#]	17.2	18.9	18.5	20.2
Cold cereal, sweetened	10.0 [^]	8.0 [^]	9.2 [^]	0.3 [^]	0.0 ^{†^}	0.0 ^{†^}	2.5 [^]	3.2 [^]	5.5 [^]	4.8 [^]	4.4 [^]	3.8 [^]	5.7 [^]	5.2 [^]	3.9 [^]
Hot cereal	4.5 [^]	3.7 [^]	3.9 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	0.8 [^]	3.2 [^]	3.2 [^]	5.3 [^]	5.8 [^]	3.3 [^]	3.2 [^]	5.1 [^]	5.2 [^]
Breads, rolls, and other breads (without added fat)	2.9 ^{†^}	2.3 [^]	3.6 [^]	1.2 [^]	0.0 ^{††^}	5.0 [^]	3.5 [^]	5.8 [^]	4.3	5.2	6.6 ^{#^}	5.5	4.1	5.0	6.1 [^]
Pancakes, waffles, french toast	4.9 [^]	3.8 [^]	4.8 [^]	0.0 [^]	0.0 ^{††^}	0.0 ^{†^}	2.9 [^]	2.5	2.1 [^]	3.8 [^]	1.5 [^]	2.7	2.3 [^]	3.9 [^]	1.4 [^]
Bagel without added fat	0.9 [^]	0.7 [^]	0.6 [^]	0.0 [^]	7.3 [^]	3.5 [^]	2.3 [^]	1.9 [^]	1.7 [^]	2.3 [^]	3.0 [^]	1.9 [^]	1.6 [^]	2.1 [^]	2.7 [^]
Nuts, nut butters, seeds, nut mixtures	0.5 [^]	0.6 [^]	0.6 [^]	0.9 [^]	0.0 ^{††^}	0.0 ^{†^}	0.7 [^]	1.8 [^]	2.1 [^]	2.1	2.2 [^]	1.6 [^]	1.9 [^]	1.9	2.1 [^]
Peanut butter sandwich	1.8 [^]	2.0 [^]	1.7 [^]	7.3 [^]	0.0 [^]	0.0 ^{†^}	1.2 [^]	1.4 [^]	3.0 [^]	1.6 [^]	1.7 [^]	1.4 [^]	2.8 [^]	1.6 [^]	2.3 [^]
Eggs	0.5 [^]	0.6 [^]	0.3 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	0.9 [^]	2.1 [^]	1.4 [^]	1.6 [^]	1.3 [^]	2.0 [^]	1.3 [^]	1.5 [^]	1.1 [^]
Mean Amount (mg)	1.6 [^]	1.8 [^]	2.1 [^]	2.2 [^]	2.0 [^]	2.8 [^]	2.0 [^]	1.5	1.5	1.8	2.2	1.5	1.5	1.8	2.2

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
1% milk, unflavored	1.0 [^]	17.7 [^]	19.8 ^{***}	25.1 [^]	7.4 [^]	24.1 [^]	30.5 ^{†^}	7.8 ^{#^}	25.4	22.7	24.9	7.2 [^]	24.6	22.6	24.9
Cold cereal, unsweetened	18.6 [^]	26.0 [^]	25.9 [^]	26.8 [^]	33.7 [^]	48.8 ^{†^}	29.5 [^]	19.4 [^]	16.7	15.5	13.0 [^]	19.4	17.9	16.7	14.0 [^]
Cheese	4.0 [^]	3.6 [^]	4.7 [^]	4.4 [^]	18.1 [^]	10.4 [^]	7.3 [^]	11.7 [#]	8.5	8.3	6.9 [^]	11.2	8.1	8.0	6.7
Fat-free milk, unflavored	0.0 [^]	6.6 [^]	5.2 [^]	1.1 [^]	2.5 [^]	1.4 ^{†^}	2.5 [^]	0.3 [^]	6.0	6.0	6.3 ^{#^}	0.3 [^]	6.0	5.8	5.9 [^]
Crackers, croutons, and pretzels	6.6 [^]	5.6 [^]	6.1 [^]	11.9 [^]	3.2 [^]	1.8 ^{††^}	4.1 [^]	4.9	5.9	5.8	5.7 ^{##}	5.0	5.9	5.8	6.2
Yogurt, low-fat/fat-free	2.5 [^]	2.8 [^]	3.7 [^]	1.2 [^]	3.6 [^]	2.1 [^]	2.7 [^]	5.8	6.5 [#]	5.8	2.9 [^]	5.6	6.1	5.5	2.8
Cold cereal, sweetened	10.1 [^]	8.3 [^]	7.3 [^]	0.9 [^]	0.0 ^{†^}	0.0 ^{†^}	0.9 [^]	2.6 [^]	4.6 [^]	4.2 [^]	3.9 [^]	3.1 [^]	5.0 [^]	4.5 [^]	3.7 [^]
Nuts, nut butters, seeds, nut mixtures	1.0 [^]	1.2 [^]	1.1 [^]	1.7 [^]	0.0 ^{††^}	0.0 ^{†^}	0.7 [^]	2.7 [^]	3.0 [^]	3.2	3.7 [^]	2.5 [^]	2.8 [^]	3.0	3.6
2% milk, unflavored	1.2 [^]	1.8 [^]	2.8 ^{^*}	3.0 [^]	0.0 [^]	0.0 ^{†^}	0.0 [^]	3.9 [^]	1.0 [^]	2.6 [^]	4.6 [^]	3.6 [^]	1.1 [^]	2.6 [^]	4.5 [^]
Breads, rolls, and other breads (without added fat)	2.4 [^]	1.9 [^]	2.4 [^]	1.6 [^]	0.0 ^{††^}	1.4 [^]	1.1 ^{†^}	2.8	2.1	2.5	2.8	2.7	2.1	2.5	2.7
Mean Amount (mg)	1.2 [^]	1.3 [^]	1.4 [^]	1.4 [^]	1.7 [^]	2.0 [^]	1.6 [^]	1.3	1.3	1.5	1.9 [#]	1.3	1.3	1.5	1.8
Calcium															
1% milk, unflavored	2.0 [^]	37.1 [^]	42.0 ^{^*}	52.2 [^]	14.9 [^]	55.3 [^]	60.6 ^{††^}	13.3 ^{#^}	44.4	40.9	44.3	12.5 [^]	43.8	41.3	44.8
Cheese	10.4 [^]	10.1 [^]	10.7 [^]	12.2 [^]	28.5 [^]	18.6 [^]	10.1 [^]	15.9	13.0	12.8	10.0	15.6	12.8	12.6	10.2
Fat-free milk, unflavored	0.0 [^]	13.4 [^]	10.7 [^]	2.2 [^]	4.8 [^]	3.2 [^]	5.0 [^]	0.5 [^]	10.2	10.5	11.0 ^{#^}	0.4 [^]	10.4	10.4	10.4 [^]
Yogurt, low-fat/fat-free	3.4 [^]	4.0 [^]	5.4 [^]	1.7 [^]	5.0 [^]	3.3 [^]	3.8 [^]	6.9	7.8	7.1	3.5	6.7	7.4	6.9	3.4
2% milk, unflavored	2.0 [^]	3.1 [^]	5.1 ^{^*}	5.2 [^]	0.0 [^]	0.0 ^{†^}	0.0 [^]	5.6 [^]	1.5 [^]	3.9 [^]	6.9 [^]	5.3 [^]	1.6 [^]	3.9 [^]	6.8 [^]
Crackers, croutons, and pretzels	3.7 [^]	3.3 [^]	3.8 [^]	8.5 [^]	2.7 [^]	1.8 [^]	2.3 [^]	2.6	2.9	3.0	2.8 ^{##}	2.7	2.9	3.0	3.1
Whole milk, unflavored	57.4 [^]	8.0 [^]	0.0 [^]	0.0 [^]	29.2 [^]	0.0 ^{†^}	0.0 ^{†^}	37.9	2.0 [^]	2.8 ^{#^}	3.9 [^]	39.2	2.5 [^]	2.6 [^]	3.7 [^]
Cold cereal, unsweetened	3.4 [^]	4.8 [^]	4.8 [^]	4.6 [^]	6.3 [^]	10.2 ^{†^}	4.5 [^]	2.7 [^]	2.4	2.2	1.7 ^{#^}	2.7 [^]	2.6	2.4	1.9 [^]
Hot cereal	0.8 [^]	0.7 [^]	0.8 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.7 [^]	0.8 [^]	1.7 [^]	2.4 [^]	0.7 [^]	0.8 [^]	1.6 [^]	2.3 [^]
Breads, rolls, and other breads (without added fat)	1.2 [^]	1.0 [^]	1.6 [^]	0.7 [^]	0.0 ^{†††^}	2.1 [^]	1.3 [^]	1.6	1.2	1.5	1.8	1.6	1.2	1.5	1.7
Mean Amount (mg)	176 [^]	183 ^{^^}	195 [^]	195 [^]	251 [^]	265 [^]	238 [^]	230 [#]	218	244 [#]	312 ^{##}	225	215	239	301

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Potassium															
1% milk, unflavored	1.5 [^]	26.8 [^]	29.8 ^{^A}	30.8 [^]	11.9 [^]	46.9 [^]	42.8 ^{†^}	10.0 [#]	31.8	29.0	30.6	9.4	31.4	29.3	30.6
Banana, fresh	5.2 [^]	7.0 [^]	7.2 [^]	3.7 [^]	11.4 [^]	7.8 [^]	6.5 [^]	11.0 [#]	8.4	8.5	7.8	10.6	8.3	8.3	7.5
Fat-free milk, unflavored	0.0 [^]	10.3 [^]	8.1 [^]	1.4 [^]	4.1 [^]	2.9 [^]	3.7 [^]	0.4 [^]	7.7	7.9	8.1 ^{#^}	0.4 [^]	7.9	7.9	7.6
Yogurt, low-fat/fat-free	2.7 [^]	3.1 [^]	4.1 [^]	1.1 [^]	4.3 [^]	3.0 [^]	2.8 [^]	5.6	6.0	5.4	2.6	5.4	5.7	5.3	2.5
Crackers, croutons, and pretzels	4.3 [^]	3.9 [^]	4.3 [^]	6.8 [^]	2.6 [^]	1.8 [^]	2.7 [^]	3.0	3.6	3.6	3.4 ^{##}	3.1	3.6	3.6	3.6
2% milk, unflavored	1.4 [^]	2.2 [^]	3.5 ^{^A}	3.0 [^]	0.0 [^]	0.0 ^{†^}	0.0 [^]	4.1 [^]	1.0 [^]	2.7 [^]	4.6 [^]	3.9 [^]	1.1 [^]	2.7 [^]	4.5 [^]
Apple juice	4.8 ^{***^}	4.5 ^{***^}	3.7 ^{^A}	5.7 [^]	0.0 ^{††^}	0.0 ^{†††^}	0.4 ^{†^}	1.9 [^]	3.0	2.3	2.7 [^]	2.1	3.1	2.4	2.9 [^]
Cold cereal, unsweetened	2.2 [^]	3.4 [^]	3.6 [^]	3.4 [^]	4.2 [^]	8.9 [^]	3.6 [^]	2.7 [^]	2.2	2.2	1.9 [^]	2.7 [^]	2.3	2.3	2.0 [^]
Nuts, nut butters, seeds, nut mixtures	0.9 [^]	1.1 [^]	0.9 [^]	1.1 [^]	0.0 ^{††^}	0.0 ^{††^}	1.2 [^]	2.2 [^]	2.2 [^]	2.3	2.7	2.1 [^]	2.1 [^]	2.2	2.6
Kiwi, fresh	0.0 [^]	0.0 [^]	1.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	1.4 [^]	1.4 [^]	2.1 [^]	1.3 ^{#^}	1.3 [^]	1.3 [^]	2.0 [^]	1.2 [^]
Mean Amount (mg)	284 [^]	304 [^]	330 [^]	397 [^]	375 [^]	374 [^]	405 [^]	367 ^{###}	366 [#]	413 [#]	544 ^{###}	360	360	405	529
Vitamin D															
1% milk, unflavored	2.3 [^]	47.0 ^{***^}	57.0 ^{***^}	72.6 [^]	22.8 [^]	77.4 ^{††^}	79.7 ^{††^}	17.3 ^{#^}	62.4	57.2	57.6	16.2 [^]	61.0	57.6	58.5
Fat-free milk, unflavored	0.0 [^]	17.4 [^]	14.9 [^]	3.1 [^]	7.6 [^]	4.5 [^]	6.7 [^]	0.6 [^]	14.6	15.0	14.6 ^{#^}	0.6 [^]	14.8	14.9	13.9 [^]
2% milk, unflavored	2.3 [^]	4.1 [^]	7.2 ^{^A}	7.6 [^]	0.0 [^]	0.0 ^{†^}	0.0 [^]	7.6 [^]	2.2 [^]	5.7 [^]	9.3 [^]	7.1 [^]	2.4 [^]	5.7 [^]	9.2 [^]
Whole milk, unflavored	78.3 [^]	12.1 [^]	0.0 [^]	0.0 [^]	53.8 [^]	0.0 ^{†^}	0.0 ^{†^}	59.3 [#]	3.3 [^]	4.7 ^{#^}	6.1 [^]	60.7	4.1 [^]	4.3 [^]	5.7 [^]
Cold cereal, unsweetened	3.9 [^]	5.7 [^]	5.9 [^]	6.4 [^]	7.2 [^]	13.0 ^{†^}	6.5 [^]	3.5 [^]	3.4	3.4 [^]	3.0 [^]	3.5 [^]	3.7	3.7	3.2 [^]
Cheese	4.5 [^]	4.9 [^]	4.6 [^]	6.5 [^]	7.7 [^]	4.6 [^]	1.6 [^]	3.2 [^]	3.9 [^]	3.5	2.2 [^]	3.3	4.0 [^]	3.5	2.4
Yogurt, low-fat/fat-free	1.6 ^{^^}	1.7 ^{^^}	2.4 [^]	1.1 [^]	0.0 ^{††^}	0.0 ^{†††^}	1.4 [^]	3.0	3.4	3.5	1.2 [^]	2.9	3.3	3.4	1.2 [^]
Eggs	0.7 [^]	1.0 [^]	0.6 [^]	0.0 [^]	0.0 ^{†^}	0.0 ^{†^}	1.2 [^]	2.3 [^]	1.7 [^]	2.2 [^]	1.5 [^]	2.1 [^]	1.6 [^]	2.0 [^]	1.4 [^]
Cold cereal, sweetened	2.4 [^]	2.3 [^]	2.8 [^]	0.3 [^]	0.0 ^{†^}	0.0 ^{††^}	0.9 [^]	0.7 [^]	1.6 [^]	1.3 [^]	1.0 [^]	0.8 [^]	1.7 [^]	1.4 [^]	0.9 [^]
Hot cereal	0.1 [^]	0.1 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.4 [^]	0.6 [^]	0.9 [^]	1.4 [^]	0.4 [^]	0.6 [^]	0.8 [^]	1.3 [^]
Mean Amount (mcg)	1.5 [^]	1.4 [^]	1.4 [^]	1.3 [^]	1.6 [^]	1.8 [^]	1.7 [^]	1.7	1.5	1.7	2.3 ^{##}	1.7	1.5	1.6	2.2

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories from Solid Fats															
Cheese	6.1^	10.8 ^{***}	14.2^	17.3^	48.9^	65.1^	28.9^	22.6#	28.1	26.7	27.0	21.2	26.4	25.7	26.3
Condiments and toppings	26.7^	41.4^A	38.6^	21.2^	7.1^	9.4^	27.3^	5.7 ^{###}	13.2 ^{###}	11.9 ^{##}	11.1^	7.6^	16.2	14.4	11.7^
Crackers, croutons, and pretzels	6.0^	9.3^	11.8^	30.7^	5.0^	6.7^	7.3^	5.4	11.0	11.2	10.0#	5.4	10.8	11.2	11.3
1% milk, unflavored	0.2^	7.0^	9.0^	12.9^	2.1^	16.3^	17.1^	1.9 [#]	10.8	9.4	11.1	1.8^	10.5	9.5	11.2
Whole milk, unflavored	49.4^	12.2^	0.0^	0.0^	34.2^	0.0 [†]	0.0 [†]	44.6	3.9^	5.3 [#]	8.0^	45.0	4.8^	4.8^	7.4^
Eggs	0.4^	0.9^	0.6^	0.0^	0.0 [†]	0.0^	1.8^	2.4^	2.9^	4.3^	4.6^	2.2^	2.6^	4.0^	4.3^
2% milk, unflavored	0.8^	2.3^	4.3^A	5.1^	0.0^	0.0 [†]	0.0^	3.2^	1.4^	3.6^	6.8^	3.0^	1.5^	3.6^	6.7^
Cookies	2.0 [^]	2.9^A	3.0^	5.2^	0.0 [†]	0.0 [†]	3.7^	2.5^	3.9^	3.3^	5.5^	2.5^	3.8^	3.3^	5.5^
Pancakes, waffles, french toast	1.7^	2.5^	3.6^	0.0^	0.0 ^{††}	0.0 [†]	2.4^	1.4^	1.8^	2.7^	1.1^	1.4	1.8^	2.8^	1.1^
Biscuits and cornbread	0.1^	0.1^	0.1^	0.2^	0.0^	0.0^	0.0^	1.6^	2.8^	2.3^	0.1	1.4^	2.5^	2.1^	0.1
Mean Amount (kcal)	43^	25^	24^	21^	45^	23^	22^	41	23	27	32#	41	23	27	31
Calories from Added Sugars															
Yogurt, low-fat/fat-free	8.5 [^]	9.5^A	11.6^	4.8^	0.0 ^{†††}	0.0 ^{†††}	6.7 [†]	19.0	17.6	20.0	8.6^	17.8	16.5	18.8	8.2^
Crackers, croutons, and pretzels	18.5^	16.4^A	17.9^	31.6^	6.5^	4.2 ^{††}	10.5^	18.1	17.8	17.7	25.4	18.1	17.6	17.6	26.1
Muffins, sweet/quick breads	9.9^	11.8^	12.6^	12.0^	24.2^	15.8^	8.5^	12.0^	13.6^	7.8	8.7^	11.9^	13.4^	8.4	9.1^
Cookies	8.9^A	7.5^A	6.7^	9.0^	0.0 ^{††}	0.0 ^{††}	4.6^	9.4^	6.9^	5.2^	12.2^	9.3	6.9^	5.3^	11.9^
Cold cereal, sweetened	7.3^	6.6^	8.4^	0.7^	0.0 [†]	0.0 ^{††}	0.9^	3.1^	4.5^	4.0^	3.7^	3.5^	4.7^	4.4^	3.4^
Granola bars and breakfast bars	7.2^	6.1^	4.9^	2.8^	0.0 ^{††}	0.0 ^{††}	1.7^	3.6^	4.6^	4.2^	2.5^	4.0^	4.8^	4.2^	2.5^
Condiments and toppings	7.3^	8.3^	6.4^	5.6^	0.0^	18.6^	7.5^	1.0^	2.9^	3.2^	4.0^	1.6^	3.7^	3.7^	4.1^
Peaches, canned, sweetened	5.4^	6.3^	7.1^	0.0^	21.2^	13.8^	12.6^	2.7^	3.0^	2.8^	4.2^	3.1^	3.4^	3.5^	3.7^
Pancakes, waffles, french toast	2.1^	1.8^	2.7^	0.0^	0.0^	0.0^	0.9^	2.4^	1.7^	2.6^	0.9^	2.3^	1.7^	2.5^	0.8^
Fruit cocktail, canned, sweetened	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	11.4^	2.2^	2.6^	2.6^	1.2^	1.9^	2.3^	2.5^	1.1^
Mean Amount (kcal)	17^	17^	19^	21^	24^	25^	26^	14	15	16	18	14	15	17	18
Number of Morning Snacks	95	121	131	55	14	19	66	345	432	477	200	454	572	674	255
Number of Early Child Care Programs	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The top 10 minor food groups were identified looking at estimates for the all programs, 3-5 year olds in this table. For each nutrient panel, the top 10 minor food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Cooked vegetables are not from fresh unless specified.
CACFP= Child and Adult Care Food Program.

Table D.3.27 Minor Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Afternoon Snacks Served in Early Child Care Programs

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Top 10 Minor Food Groups															
Calories															
Crackers, croutons, and pretzels	22.9	23.5	27.0	31.7	20.7	22.2	22.9	19.0	18.8#	21.4##	20.7###	20.2	20.4	23.1	23.7
1% milk, unflavored	1.4^	9.0	10.1	8.0	1.1^	9.4	13.1	3.6^	12.6#	13.0	12.9##	2.9	11.4	12.2	11.6
Cheese	6.8	7.1	5.8	5.8	6.7	7.7	6.1	6.7	6.2	6.5	6.6	6.8	6.6	6.3	6.4
Cookies	6.3	6.1	6.1	4.3	4.9^	5.4^	3.7	3.4##	3.4##	3.0##	2.7	4.3	4.3	3.9	3.1
Yogurt, low-fat/fat-free	3.5	3.7	3.7	2.6	3.8	3.9	5.0†	3.0	3.7	3.2	2.1	3.2	3.7	3.4	2.3
Apple juice	4.2	4.4	4.4***	4.8	2.3	2.8	2.0†	4.0	3.7	3.1	3.0	4.0	3.9	3.4	3.5
Nuts, nut butters, seeds, nut mixtures	1.4	2.2	2.1	2.4	0.5†^	2.3^	1.8†^	2.5^	4.3	3.6#	3.7	2.1	3.6	3.0	3.3
Muffins, sweet/quick breads	2.4	2.4	2.6	2.2	3.7^	4.5	3.4	2.2	2.7	2.6	2.4^	2.3	2.7	2.7	2.3
Fat-free milk, unflavored	0.2^	2.4	2.0	2.1^	0.0	1.3^	2.0	0.0	2.1	2.6	2.1	0.1^	2.2	2.4	2.1
Breads, rolls, and other breads (without added fat)	2.4	2.5*	2.3	2.0	1.4^	1.3	1.9	2.2	2.2	2.4	2.7	2.2	2.2	2.4	2.5
Mean Amount (kcal)	198	190	203	264	192	188†	201†	214	207#	225#	311###	208	201	216	297
Total Fat															
Crackers, croutons, and pretzels	22.4	25.3	30.2	35.6	19.1	23.3	26.2	18.8	20.9	23.5#	23.2##	19.8	22.4	25.4	26.4
Cheese	13.9	16.1	13.8	13.9	12.7	16.3	14.3	13.4	13.9	14.3	14.7	13.5	14.6	14.2	14.5
1% milk, unflavored	0.9^	6.5	7.5*	6.0	0.7^	6.5	10.2	2.2^	9.1	8.9	8.9#	1.8	8.2	8.6	8.2
Nuts, nut butters, seeds, nut mixtures	3.4	5.9	5.7	6.8	1.2†^	5.8^	5.3†^	5.8	11.5	9.1	9.4	5.0	9.6	8.0	8.7
Cookies	6.4	6.9	7.2	5.0	5.0^	6.3^	4.8	3.7#	4.3#	3.6##	3.2	4.5	5.2	4.7	3.6
Condiments and toppings	3.8	4.3	3.9	4.4	4.5†	3.9	3.9	2.2^	3.3^	4.1	3.6^	2.7	3.6	4.0	3.8
Peanut butter sandwich	2.2	3.3	3.0	3.5	3.4^	3.4^	2.3^	3.4^	3.4	4.0	3.8^	3.1^	3.3	3.6	3.7
Muffins, sweet/quick breads	2.9	3.4	3.7	3.1	3.9^	5.5^	4.8	2.4	3.5	3.2	3.0^	2.6	3.5	3.5	3.0
2% milk, unflavored	0.3^	1.4^	1.3***	1.0^	0.0	0.7^	0.1†^	1.9^	1.0^	2.6^	2.5^	1.4^	1.1	2.1^	2.1^
Quesadillas, fajitas, enchiladas	1.3^	1.4^	1.2^	1.0^	0.0	0.0††	0.9^	0.7^	1.4^	1.9^	1.9^	0.8^	1.3	1.6^	1.7^
Mean Amount (g)	7	6	6	8	7	6	6††	8	7	8##	10###	8	6	7	10

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Saturated Fat															
Cheese	20.5	26.5	24.0	25.1	18.2	26.3	24.1	19.7	22.4	23.1	24.3	19.9	23.8	23.4	24.5
1% milk, unflavored	1.5^	12.1	14.9	12.3	1.1^	12.1	19.6	3.7^	16.5	16.2	16.4	3.0	15.0	16.1	15.5
Crackers, croutons, and pretzels	12.2*	15.1	19.0*	23.6	9.3	13.2	15.1	9.9	12.1	13.4##	13.5###	10.5	13.0	14.9	15.8
Condiments and toppings	4.8	6.1	6.0	6.7	5.7^	5.3^	5.9	3.1^	5.1^	6.7	5.8	3.7	5.4	6.5	6.0
Nuts, nut butters, seeds, nut mixtures	1.8	3.4	3.4	4.2	0.6†^	3.2^	3.1	2.5	6.0	5.0	5.2	2.2	5.1	4.5	5.0
2% milk, unflavored	0.6^	2.5^	2.5***	2.0^	0.0	1.3^	0.2†^	3.0^	1.8^	4.6^	4.5^	2.2^	2.0	3.8^	3.9^
Cookies	4.3	5.2	5.8	4.1	3.3^	4.9^	3.9	2.9	3.6	3.1##	2.6	3.3	4.2	3.8	2.9
Whole milk, unflavored	37.9	6.2^	0.1^	0.4^	40.1	4.6^	0.8^	36.8	3.6	3.3##^	4.0^	37.2	4.4	2.4^	3.1^
Yogurt, low-fat/fat-free	1.9	2.4	2.6	2.0	1.7	2.7	3.6†	2.0	2.6	2.1	1.5	1.9	2.6	2.3	1.6
Quesadillas, fajitas, enchiladas	1.6^	1.8^	1.7^	1.5^	0.0	0.0††	1.2^	0.7^	1.7^	2.4^	2.5^	1.0^	1.7	2.2^	2.3^
Mean Amount (g)	3	2	2	3	3	2	2†††	3	2	3###	4###	3	2	2	3
Sodium															
Crackers, croutons, and pretzels	33.2	32.4	37.5*	44.8	28.4	28.3	30.4	29.0	26.2#	29.3#	29.0##	30.3	28.3	31.6	33.3
Cheese	15.8	15.2	12.6	12.5	16.6	18.5	13.5	13.6	11.8	11.9	12.3	14.4	13.1	12.2	12.4
1% milk, unflavored	1.3^	7.9	8.8	7.0	1.0^	8.1	11.6	3.5^	11.2#	11.2	11.6##	2.8	10.1	10.6	10.3
Breads, rolls, and other breads (without added fat)	3.8*	3.7*	3.5	3.1	1.9^	1.8^	2.6	3.4	3.2	3.5	4.0	3.5	3.3	3.4	3.8
Fat-free milk, unflavored	0.2^	2.5	2.1	2.2^	0.0	1.3^	2.1	0.0	2.2	2.7	2.2	0.1^	2.2	2.5	2.2
Cookies	4.4	4.0	4.0	2.8	3.2^	3.3^	2.5	2.3#	2.1#	1.8##	1.7	3.0	2.7	2.5	2.0
Sandwich with plain (not breaded or fried) meat	1.1^	0.9^	0.8^	0.0	0.0	0.0	0.0	0.0	2.0^	2.8^	1.5^	0.3^	1.6^	2.1^	1.1^
Muffins, sweet/quick breads	1.9	1.8	1.9	1.6	2.8^	3.3	2.6	2.0^	2.2	2.1	1.8	2.0	2.1	2.1	1.8
Yogurt, low-fat/fat-free	2.0	2.0	2.0	1.4	2.2	2.3	2.8†	1.7	2.0	1.7	1.1	1.8	2.0	1.9	1.2
Nuts, nut butters, seeds, nut mixtures	0.9	1.3	1.2	1.4	0.3†^	1.3^	1.1†^	1.1	2.3	2.1#	2.2	1.0	1.9	1.7	1.9
Mean Amount (mg)	223	227	243	316	225	231	238†	232	245	272#	364#	229	238	261	349

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Dietary Fiber															
Crackers, croutons, and pretzels	22.5	22.6	24.9	28.1	22.8	21.7	21.6	17.1#	15.7##	18.3##	16.8##	18.8	17.9	20.3	19.8
Apple, fresh	4.6	4.8	5.5	6.9	3.3^	3.9	4.6	5.7	6.7	6.1	6.3^	5.3	6.1	5.8	6.4
Banana, fresh	6.3	6.4	5.6	5.9	3.2^	3.8^	5.5	6.9	7.0	5.8	7.1	6.6	6.7	5.8	6.8
Orange, fresh	3.6	4.2	4.5	3.6	3.7^	4.2^	4.7	4.7^	4.6	4.9	3.3	4.3	4.4	4.8	3.4
Breads, rolls, and other breads (without added fat)	5.0	4.7	4.4	3.8	3.4^	2.5^	3.3	3.4	3.8	3.9	3.5	3.9	4.1	4.0	3.6
Nuts, nut butters, seeds, nut mixtures	1.7	2.5	2.3	2.6	0.6^	2.4^	1.8†^	3.8^	5.0	3.6	3.7	3.1^	4.2	3.1	3.4
Peanut butter sandwich	2.1	2.5	2.1	2.4	3.2^	2.6^	1.5^	3.2^	2.5^	3.1	2.9^	2.9^	2.5	2.7	2.8
Strawberries, fresh	1.2^	1.0^	0.8^	0.6^	2.3^	1.8^	0.9††^	3.3^	2.9	3.3##	3.6##	2.7	2.3	2.5	2.8
Cookies	4.0	3.7	3.4*	2.3	2.5^	2.2^	1.6	1.7#	1.5##	1.4##	1.2#	2.4	2.1	2.0	1.5
Cold cereal, unsweetened	2.3	2.1	1.8*	1.4^	2.0^	2.3^	3.4†	3.4	2.2^	1.9^	2.2^	3.0	2.2	2.0	2.0^
Mean Amount (g)	1	1	2*	2	1	2	2	2#	2##	2#	3##	2	2	2	3
Iron															
Crackers, croutons, and pretzels	36.1	35.7	39.3**	45.8	30.8	30.9	29.0	28.4	27.6#	33.2	30.2##	30.6	30.3	34.6	34.6
Cold cereal, unsweetened	12.0	11.1	10.2***	9.0	16.1^	14.9^	26.2††	14.7	12.1^	9.9	13.0^	14.0	11.9	11.4	11.8
Cookies	8.6	8.3	8.1**	5.8	5.1^	5.8	3.5	4.0##	4.0#	4.2#	3.6	5.3	5.4	5.2	4.2
Breads, rolls, and other breads (without added fat)	4.9	4.9*	4.3*	3.7	2.7^	2.5^	3.0†	4.6	4.3	5.2	5.7	4.6	4.4	4.7	5.1
Cold cereal, sweetened	1.8^	2.4^	2.5^	1.8^	4.8^	4.6^	3.2^	4.1^	1.1^	2.2^	1.9^	3.5^	1.6^	2.4^	1.9^
Muffins, sweet/quick breads	1.9	1.8	1.9	1.5	3.0^	3.2	2.4	1.8	2.2	2.2	1.7	1.9	2.1	2.1	1.7
Granola bars and breakfast bars	1.7^	2.0^	2.2	2.2^	4.0††	2.8	2.5	1.2^	2.1	1.6^	1.7^	1.4	2.1	1.9	1.9
Peanut butter sandwich	1.3^	1.6	1.5	1.6	1.8^	1.6^	0.8^	1.8^	1.6^	2.0^	1.9^	1.7^	1.6	1.8	1.8
Nuts, nut butters, seeds, nut mixtures	0.8	1.1	1.1	1.3	0.3^	1.1^	0.8†††^	1.9^	2.6	2.0#	2.0	1.5^	2.1	1.6	1.8
Apple juice	2.0*	2.0*	1.9***	2.1	1.0	1.2	0.7††	1.8	1.6	1.5	1.4	1.8	1.7	1.5	1.6
Mean Amount (mg)	1.1	1.1	1.2*	1.6	1.1	1.2	1.4	1.2	1.2	1.2	1.8	1.2	1.2	1.3	1.7

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Zinc															
1% milk, unflavored	3.5 [^]	20.2	23.2	20.0	2.3 [^]	18.7	24.3	7.5 [^]	25.6	25.6	26.2	6.3	23.8	24.9	24.8
Cheese	15.7	15.0	12.7	13.7	13.0	14.1	11.7	13.4	12.9	12.8	13.2	14.0	13.6	12.7	13.3
Crackers, croutons, and pretzels	12.8	12.3	14.7 ^{**}	18.9	10.6	10.5	10.6	9.2 ^{##}	8.5 ^{###}	9.4 ^{###}	9.2 ^{###}	10.1	9.7	10.8	11.5
Fat-free milk, unflavored	0.5 [^]	6.6	5.7	6.5 [^]	0.0	3.1 [^]	4.7	0.0	5.2	6.4	5.3	0.1 [^]	5.5	6.1	5.6
Yogurt, low-fat/fat-free	7.1	6.9	7.2	5.6	6.8	7.1	7.8	4.8	6.1	5.3	3.3 ^{##}	5.5	6.4	5.9	3.8
Cold cereal, unsweetened	6.3	5.3	4.9 ^{**}	4.2 [^]	6.1 [^]	7.0 [^]	11.4 ^{††}	8.5	6.1 [^]	4.7 [^]	6.4 [^]	7.9	5.9 [^]	5.3	5.9
2% milk, unflavored	0.7 [^]	2.4 [^]	2.2 ^{**^}	1.9 [^]	0.0	1.2 [^]	0.1 [^]	3.5 [^]	1.6 [^]	4.2 [^]	4.1 [^]	2.7 [^]	1.9	3.4 [^]	3.6 [^]
Nuts, nut butters, seeds, nut mixtures	1.5 [*]	2.2	2.1	2.6	0.5 [^]	1.9 [^]	1.4 ^{††^}	2.9 [^]	4.1	3.0	3.2	2.4 [^]	3.4	2.7	3.1
Cold cereal, sweetened	1.3 [^]	1.5 [^]	2.1 [^]	1.9 [^]	5.8 [^]	4.7 [^]	3.8	4.4 [^]	1.3 [^]	1.9 [^]	2.0 [^]	3.6 [^]	1.5 [^]	2.1 [^]	2.0 [^]
Breads, rolls, and other breads (without added fat)	2.4	2.2 [*]	2.2	2.1	1.2 [^]	1.1 [^]	1.6	1.8	1.9	2.0	2.0	1.9	1.9	2.0	2.0
Mean Amount (mg)	0.8	0.9	0.9 ^{**}	1.1	0.9	0.9	1.1	1.0 ^{##}	1.0 ^{###}	1.1 ^{###}	1.5 ^{###}	1.0	1.0	1.1	1.4
Calcium															
1% milk, unflavored	5.4 [^]	31.4	37.4	33.1	3.5 [^]	30.3	41.3	12.1	40.2	39.5	41.3	10.0	37.2	39.2	39.5
Cheese	22.7	21.3	18.8	21.2	21.3	24.0	16.7	17.9	15.7 [#]	15.4	16.8	19.3	17.6	16.3	17.8
Fat-free milk, unflavored	0.8 [^]	10.1	8.9	10.4 [^]	0.0	4.9 [^]	7.7	0.0	7.9	9.7	8.2	0.2 [^]	8.5	9.3	8.7
Yogurt, low-fat/fat-free	7.5	7.4	7.9	6.3	7.2	7.9	9.1 [†]	5.3	6.6	5.6	3.6 ^{##}	5.9	6.9	6.4	4.2
Crackers, croutons, and pretzels	5.2	4.9	6.0 [*]	7.8	4.3	4.9	4.6	4.3	3.9 [#]	4.4 ^{##}	4.3 ^{###}	4.5	4.2	4.8	5.1
2% milk, unflavored	1.0 [^]	3.1 [^]	3.0 ^{**^}	2.6 [^]	0.0	1.6 [^]	0.2 ^{†^}	4.7 [^]	2.2 [^]	5.5 [^]	5.5 [^]	3.5 [^]	2.4	4.5 [^]	4.8 [^]
Whole milk, unflavored	40.5	4.9 [^]	0.1 [^]	0.3 [^]	40.1	3.5 [^]	0.5 ^{†^}	37.0	2.7	2.5 ^{###^}	3.1 [^]	38.0	3.4	1.8 [^]	2.5 [^]
Sandwich with only cheese	0.9 [^]	1.0 [^]	0.7 [^]	0.9 [^]	7.5 [^]	6.5 [^]	2.3 [^]	2.1 [^]	4.1 [^]	1.8 [^]	1.4 [^]	1.9 [^]	3.3 [^]	1.6 [^]	1.3 [^]
Breads, rolls, and other breads (without added fat)	1.1	1.1 ^{**}	1.1 [*]	1.1	0.7 [^]	0.4 [^]	0.6	1.0 [^]	1.0 [^]	1.1	1.0 [^]	1.0	1.0	1.1	1.0
Quesadillas, fajitas, enchiladas	1.1 [^]	0.9 [^]	0.9 [^]	0.8 [^]	0.0	0.0 [†]	0.5 [^]	1.2 [^]	1.4 [^]	1.2 [^]	1.3 [^]	1.1 [^]	1.2	1.0 [^]	1.2 [^]
Mean Amount (mg)	156	163	163 ^{**}	190	176	175	189 [†]	190 [#]	194 [#]	219 ^{###}	290 ^{###}	179	183	200	260

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Potassium															
1% milk, unflavored	4.0 [^]	22.8	26.1	21.6	3.0 [^]	23.8	30.7	8.8 [^]	28.5	28.8	29.4 [#]	7.4	26.7	28.3	27.5
Fat-free milk, unflavored	0.6 [^]	7.8	6.6	7.3 [^]	0.0	4.1 [^]	6.1	0.0	6.0	7.5	6.2	0.2 [^]	6.5	7.2	6.5
Crackers, croutons, and pretzels	6.8	6.4	7.7 [*]	9.5	6.3	6.2	6.2	5.2 [#]	4.8 ^{##}	5.3 ^{###}	5.1 ^{###}	5.6	5.4	6.0	6.1
Yogurt, low-fat/fat-free	5.9	5.8	5.9	4.4	6.5	6.7	7.2 [†]	4.2	5.0	4.4	2.8 ^{##}	4.7	5.3	4.9	3.1
Apple juice	7.2	6.8	7.0 ^{**}	8.0	3.9	4.3	2.8 [†]	6.1	5.1	4.3 [#]	4.2	6.3	5.6	4.9	5.1
Banana, fresh	4.8	4.7	4.5	5.0	2.6 [^]	3.2 [^]	4.4	5.1	5.2	4.2	5.4	5.0	5.0	4.3	5.3
2% milk, unflavored	0.7 [^]	2.2 [^]	2.0 ^{**^}	1.6 [^]	0.0	1.2 [^]	0.1 [^]	3.3 [^]	1.5 [^]	3.9 [^]	3.8 [^]	2.5 [^]	1.7	3.1 [^]	3.3 [^]
Cheese	3.1	2.9	2.5	2.5	3.5	3.8	2.6	2.3	2.0 [#]	2.0	2.0	2.5	2.3	2.2	2.2
Orange, fresh	1.5	1.7	2.0	1.7	1.6 [^]	1.9 [^]	2.1	1.9 [^]	1.9 [^]	1.9	1.4	1.8	1.8	2.0	1.4
Nuts, nut butters, seeds, nut mixtures	1.1	1.5	1.4	1.8	0.4 ^{†^}	1.5 [^]	1.1 ^{†^}	1.6 [^]	2.6	2.1	2.2	1.4	2.2	1.9	2.1
Mean Amount (mg)	252	269	280	349	249 ^{†††}	267 ^{†††}	305 ^{††}	312 ^{###}	328 ^{###}	361 ^{###}	488 ^{###}	292	306	333	446
Vitamin D															
1% milk, unflavored	7.9 [^]	50.0	60.7	56.6	5.2 [^]	53.5	63.8	17.0 [^]	63.3	59.5	61.2	14.3	59.1	60.1	60.3
Fat-free milk, unflavored	1.2 [^]	16.5	14.8	18.3 [^]	0.0	8.8 [^]	12.3	0.0	12.8	14.9	12.4	0.3 [^]	13.8	14.7	13.6
2% milk, unflavored	1.5 [^]	5.2 [^]	5.1 ^{**^}	4.6 [^]	0.0	2.9 [^]	0.3 ^{†^}	6.9 [^]	3.6 [^]	8.6 [^]	8.4 [^]	5.3 [^]	4.0	7.2 [^]	7.7 [^]
Cheese	8.6	8.2	7.7	9.3	9.7 [^]	12.8 [†]	5.2 [^]	4.6 [^]	3.5 ^{##}	3.5 ^{##}	4.2 ^{##}	5.8	5.2	4.6	5.2
Yogurt, low-fat/fat-free	4.3	4.7	5.0	4.2	4.2	4.6	5.3 [†]	2.4	3.6	2.8 [#]	1.7 ^{##}	2.9	4.0	3.5	2.2
Whole milk, unflavored	70.9	9.4 [^]	0.2 [^]	0.7 [^]	71.5	7.5 [^]	0.9 ^{†^}	62.5	5.0	4.5 ^{###^}	5.4 [^]	65.0	6.4	3.3 [^]	4.5 [^]
Cold cereal, unsweetened	1.3 [^]	1.2	1.3 ^{**}	1.3 [^]	2.2 [^]	2.0 [^]	3.8 ^{†††}	1.5 [^]	1.3 [^]	1.0 [^]	1.4 [^]	1.5	1.3 [^]	1.3	1.4
Sandwich with only cheese	0.5 [^]	0.5 [^]	0.4 [^]	0.6 [^]	0.8 [^]	0.8 [^]	1.6 [^]	1.1 [^]	2.5 [^]	1.1 [^]	0.9 [^]	0.9 [^]	1.9 [^]	1.0 [^]	0.9 [^]
Eggs	1.0 [^]	1.0 [^]	1.1	1.1 [^]	1.4 [^]	1.5 [^]	1.1 [^]	0.4 [^]	1.0 [^]	0.5 ^{#^}	0.2 ^{#^}	0.6	1.0	0.7	0.4 [^]
Cold cereal, sweetened	0.4 [^]	0.6 [^]	0.7 [^]	0.6 [^]	1.2 [^]	1.2 [^]	1.0	0.8 [^]	0.4 [^]	0.5 [^]	0.5 [^]	0.7 [^]	0.5 [^]	0.6 [^]	0.5 [^]
Mean Amount (mcg)	1.0	1.0	1.0 [*]	1.1	1.1	0.9	1.2	1.3 [#]	1.2	1.4 ^{###}	1.9 ^{###}	1.2	1.1	1.3	1.6

	Percent of Mean Nutrient From Top 10 Minor Food Groups														
	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Calories from Solid Fats															
Cheese	22.3	32.1	29.8	31.5	19.5	32.9	32.7	22.0	27.5	30.1	31.5	22.0	29.1	30.2	31.5
Crackers, croutons, and pretzels	9.6	13.5	18.2	22.6	7.0	10.8	15.4	9.2	12.2	13.7	13.0#	9.2	12.5	14.9	15.3
Condiments and toppings	6.1	8.5	8.7	9.8	7.2^	8.0^	9.3	3.9^	7.0^	9.7	8.5^	4.6	7.5	9.4	8.8
Cookies	8.4	11.5	13.0	9.7	6.0^	10.3	8.8	5.6	8.0	7.0##	6.5	6.4	9.2	8.7	7.3
1% milk, unflavored	0.7^	5.7	7.2*	6.0	0.5^	6.0	10.5	1.6^	7.9	8.2	8.4	1.3	7.2	8.1	7.8
2% milk, unflavored	0.5^	2.3^	2.3***	1.9^	0.0	1.2^	0.2†^	2.5^	1.7^	4.5^	4.4^	1.8^	1.9	3.7^	3.8^
Quesadillas, fajitas, enchiladas	1.9^	2.5^	2.4^	2.1^	0.0	0.0††	1.8^	1.0^	2.4^	3.5^	3.6^	1.2^	2.3	3.1^	3.3^
Whole milk, unflavored	39.7	7.2^	0.2^	0.5^	42.1	5.7^	1.0^	40.0	4.3	4.2###^	5.0^	40.0	5.2	3.0^	3.9^
Sandwich with only cheese	0.4^	0.9^	0.5^	0.6^	8.6^	11.3^	2.7^	1.5^	4.2^	2.1^	1.4^	1.4^	3.4^	1.7^	1.2^
Yogurt, low-fat/fat-free	1.0	1.4	1.6*	1.3	0.9	1.8	2.5	1.4	1.9	1.6	1.1	1.3	1.7	1.6	1.2
Mean Amount (kcal)	33	23	22	27	35	23	19†††	37	26	27##	37###	36	25	25	34
Calories from Added Sugars															
Crackers, croutons, and pretzels	19.0	18.8	21.0	24.3	20.9	22.1	21.5	18.0	17.0	22.4	23.4	18.5	17.8	21.9	23.7
Yogurt, low-fat/fat-free	13.7	14.4	13.9	10.2	15.6	13.0	17.6	13.7	14.6	14.3	10.8	13.8	14.5	14.5	10.6
Cookies	17.5	16.6	16.4**	11.6	13.6^	13.6^	8.5	12.5	10.5#	11.3	9.1	14.3	12.7	12.7	10.0
Muffins, sweet/quick breads	6.5	6.6	7.1	6.0	11.7^	13.2	8.6	8.7	9.2	10.4	9.5^	8.1	8.5	9.1	8.3
Granola bars and breakfast bars	2.5^	3.2^	3.4	3.9^	5.2	4.3^	4.4	2.6	4.2	3.7	3.9^	2.6	3.9	3.7	3.9^
Peaches, canned, sweetened	4.2^	3.8^	3.0^	4.8^	1.2^	1.0^	4.9	2.9^	2.6^	3.0^	3.3^	3.3^	3.0^	3.2^	3.8^
Condiments and toppings	3.4***	3.4***	3.3**	4.3	0.0††	0.0†	0.9^	3.8	3.1^	3.2^	2.1^	3.5	3.1	3.0	2.9
Peanut butter sandwich	1.3	1.5	3.2	2.7	2.1^	1.6^	1.4^	1.5^	1.3^	2.7^	2.3^	1.4^	1.4	2.8	2.4
Fruit cocktail, canned, sweetened	3.8^	3.7	3.2^	6.2^	1.8^	4.8^	4.4††	1.6^	1.8^	1.6^	0.0	2.4^	2.6	2.4	2.1^
Applesauce, canned, sweetened	3.9^	2.9	3.1	3.5	3.5^	2.9^	2.2^	1.5^	1.8	1.8	1.8^	2.4	2.2	2.3	2.4
Mean Amount (kcal)	19	18	20	25	17	18	21††	16#	18	16##	22	17	18	18	23
Number of Afternoon Snacks	740	893	1,026	619	202	257	809	483	628	770	486	1,425	1,778	2,605	1,105
Number of Early Child Care Programs	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The top 10 minor food groups were identified looking at estimates for the all programs, 3-5 year olds in this table. For each nutrient panel, the top 10 minor food categories are listed in order of their contribution to that nutrient by the all programs/3-5 age group column. Cooked vegetables are not from fresh unless specified.

CACFP= Child and Adult Care Food Program.

Table D.3.28 Minor Food Group Sources of Calories, Key Nutrients, and Other Dietary Components in CACFP Afternoon Snacks Served in Before and After School Programs

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Top 10 Minor Food Groups						
Calories						
Crackers, croutons, and pretzels	22.6	25.2	23.7^	25.7	23.5	25.6
1% milk, unflavored	11.8	11.1	11.0^	9.5	11.1	9.8
Cookies	9.6	5.1	6.7^	5.6^	7.2^	5.5
Cheese	6.0	5.6	4.8^	4.8	5.0	4.9
Corn/tortilla chips	2.7	2.3*	3.1^	3.7	3.0	3.4
Non-citrus juice blend	1.1^a	1.3*	3.7^	3.6	3.2	3.2
Granola bars and breakfast bars	3.8^	3.8	4.6^	3.0	4.5	3.2
Yogurt, low-fat/fat-free	3.3	3.3	3.7^	2.5	3.6	2.7
Fruit cocktail, canned, sweetened	1.1^	0.8^	2.4^	3.1^	2.2^	2.7^
Apple juice	2.5	3.9	2.3^	2.3	2.3	2.6
Mean Amount (kcal)	200	265	201^	272	201	271
Total Fat						
Crackers, croutons, and pretzels	26.5	30.0	27.6^	30.2	27.4	30.1
Cheese	14.3	14.1	12.7^	12.2	13.0	12.5
1% milk, unflavored	9.2	9.1	9.1^	7.7	9.1	8.0
Cookies	12.2	6.8	9.5^	8.2^	10.0^	7.9
Corn/tortilla chips	4.0^	3.6*	4.8^	5.7	4.7	5.3
Nuts, nut butters, seeds, nut mixtures	1.5^	2.9^	5.1^	4.1^	4.4^	3.8^
Granola bars and breakfast bars	4.4^	4.3	5.0^	3.5	4.9	3.7
Salad dressings	5.3^	4.5	4.4^	3.0^	4.6^	3.3
Muffins, sweet/quick breads	1.7^	1.2^	4.5^	3.5^	4.0^	3.1^
Condiments and toppings	1.0^	1.1^	0.4^	2.4^	0.5^	2.2^
Mean Amount (g)	6	8	6^	8	6	8

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Saturated Fat						
Cheese	25.4	24.6	23.7^	22.8	24.1	23.2
Crackers, croutons, and pretzels	17.2	19.1	18.3^	20.6	18.1	20.3
1% milk, unflavored	18.5	18.1	19.2^	16.5	19.1	16.9
Cookies	10.0	5.7	7.5^	7.1	8.0^	6.8
Granola bars and breakfast bars	3.3^	3.2^	4.4^	2.9^	4.2^	3.0
Nuts, nut butters, seeds, nut mixtures	0.9^	1.8^	2.8^	2.4^	2.4^	2.3^
Yogurt, low-fat/fat-free	2.5	2.8	2.8^	2.0^	2.8	2.2
Condiments and toppings	1.2^	1.6^	0.3^	2.3^	0.5^	2.2^
Corn/tortilla chips	1.5^	1.3*	1.8^	2.2	1.8	2.1
Quesadillas, fajitas, enchiladas	0.0	0.0	0.0^	2.6^	0.0	2.0^
Mean Amount (g)	2	2	2^	2	2	2
Sodium						
Crackers, croutons, and pretzels	31.0	35.2	36.1^	39.7	35.1	38.8
Cheese	12.1	10.6	10.3^	9.9	10.6	10.1
1% milk, unflavored	10.6	9.8	10.6^	8.8	10.6	9.0
Cookies	6.8^	3.5	5.0^	3.9^	5.3^	3.8^
Corn/tortilla chips	2.2	1.9*	2.4^	2.8	2.3	2.6
Granola bars and breakfast bars	2.4^	2.4	3.1^	1.9^	3.0	2.0
Condiments and toppings	1.9^	1.7^	1.6^	2.0^	1.7	2.0
Salad dressings	3.1^	2.6	2.3^	1.5^	2.5^	1.7
Cold cereal, unsweetened	0.7^	2.1	2.2^	1.6^	1.9^	1.7^
Fat-free milk, flavored	1.2^	0.7^	3.4^	1.9^	3.0^	1.6^
Mean Amount (mg)	233	316	218^	307	221	309

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Dietary Fiber						
Crackers, croutons, and pretzels	20.2	22.6	21.7^	22.5	21.4	22.5
Apple, fresh	7.4	6.5	7.3^	7.1	7.3	7.0
Corn/tortilla chips	4.3	3.1*	5.6^	6.0	5.3	5.4
Fruit cocktail, canned, sweetened	2.3^	1.4^	5.4^	6.3^	4.8^	5.3^
Banana, fresh	4.4^	5.6	6.4^	4.0^	6.0	4.3
Carrots, raw	3.9^	3.9	2.6^	3.7^	2.8	3.7^
Granola bars and breakfast bars	4.4^	3.9	5.2^	3.1^	5.0	3.3
Pear, canned, sweetened	3.5^	2.4^	1.4^	2.9^	1.8^	2.8^
Cookies	5.3^	2.7	3.8^	2.8^	4.1^	2.8
Applesauce, canned, sweetened	1.5^	1.5^	3.5^	2.9	3.1	2.6
Mean Amount (g)	2	2	2^	2	2	2
Iron						
Crackers, croutons, and pretzels	33.0	30.5	30.5^	35.0	30.9	34.1
Cold cereal, unsweetened	8.4^	21.7	16.5^	15.3^	15.2^	16.6
Cold cereal, sweetened	5.3^	6.2^	10.7^	6.3^	9.8^	6.3^
Cookies	11.3	5.2	6.4^	5.7^	7.2^	5.6
Granola bars and breakfast bars	6.0^	5.6	6.1^	4.7^	6.0	4.9
Fruit cocktail, canned, sweetened	1.0^	0.5^	1.8^	2.5^	1.7^	2.1^
Corn/tortilla chips	1.9	1.4	1.6^	2.0	1.6	1.9
Grape juice	1.5	1.1	1.4^	1.6^	1.5^	1.5^
Muffins, sweet/quick breads	1.3^	0.7^	2.0^	1.5^	1.9^	1.3^
Breads, rolls, and other breads (without added fat)	1.9	1.1^	1.4^	1.2^	1.5^	1.2^
Mean Amount (mg)	1.2	1.9	1.4^	1.8	1.3	1.8

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Zinc						
1% milk, unflavored	23.9	20.5	22.4^	21.4	22.7	21.2
Crackers, croutons, and pretzels	12.0	12.5	11.1^	14.2	11.3	13.8
Cheese	13.7	11.4	9.8^	11.5	10.5	11.5
Cold cereal, unsweetened	3.9^	12.7^	10.4^	8.8^	9.2^	9.7
Cold cereal, sweetened	5.4^	6.1^	9.5^	6.6^	8.8^	6.5^
Yogurt, low-fat/fat-free	5.6	4.9	6.1^	4.7	6.0	4.7
Granola bars and breakfast bars	4.3^	4.7	4.5^	3.2	4.4^	3.5
1% milk, flavored	0.2^	2.7^	0.0^	2.2^	0.0^	2.4^
Corn/tortilla chips	1.6^	1.2**	1.9^	2.5	1.9	2.2
Fat-free milk, unflavored	7.0^	4.5^	2.0^	0.9^	3.0^	1.7^
Mean Amount (mg)	1.0	1.4*	1.0^	1.2	1.0	1.3
Calcium						
1% milk, unflavored	39.9	38.2	41.7^	38.9	41.3	38.7
Cheese	16.8	15.2	15.0^	16.1	15.4	15.9
Crackers, croutons, and pretzels	4.9	5.7	5.3^	6.6	5.2	6.4
Yogurt, low-fat/fat-free	6.4	6.3	7.8^	5.9	7.5	6.0
1% milk, flavored	0.4^	5.1^	0.0^	4.1^	0.1^	4.3^
Fat-free milk, flavored	1.8^	1.1^	5.9^	3.7^	5.1^	3.1^
Fat-free milk, unflavored	11.4^	8.2^	3.7^	1.5^	5.3^	3.0^
Quesadillas, fajitas, enchiladas	0.0	0.0	0.0^	2.8^	0.0	2.1^
Granola bars and breakfast bars	2.2^	2.6^	3.3^	1.8^	3.0^	2.0^
2% milk, unflavored	1.3^	0.9	2.9^	1.8^	2.6^	1.6^
Mean Amount (mg)	176	230	158^	197	161	204

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Potassium						
1% milk, unflavored	28.7	26.3	27.6^	24.0	27.8	24.5
Crackers, croutons, and pretzels	6.2	7.0	6.4^	7.3	6.3	7.2
Orange juice	1.2^	0.9^a	3.1^	6.3^	2.7^	5.2^
Non-citrus juice blend	1.4^a	1.7^	5.0^	5.0	4.3	4.3
Apple juice	3.8	5.6	3.5^	3.7	3.6	4.1
Yogurt, low-fat/fat-free	5.0	4.7	5.6^	3.9	5.4	4.1
Banana, fresh	3.5^	4.7	5.0^	3.4^	4.8	3.7
1% milk, flavored	0.3^	3.9^	0.0^	2.8^	0.1^	3.1^
Fruit cocktail, canned, sweetened	1.2^	0.8^	2.7^	3.5^	2.5^	3.0^
Grape juice	2.5	2.2	2.9^	3.0^	2.8^	2.8^
Mean Amount (mg)	294	401	286^	383	287	386
Vitamin D						
1% milk, unflavored	64.0	62.0	62.4^	63.6	62.7	63.2
1% milk, flavored	0.5^	7.4^	0.0^	6.0^	0.1^	6.3^
Fat-free milk, unflavored	18.8^	13.6^	5.7^	2.6^	8.2^	5.1^
Fat-free milk, flavored	2.6^	1.5^	8.2^	5.6^	7.1^	4.6^
Cheese	3.5^	2.9^	4.5^	4.4^	4.3	4.0
Yogurt, low-fat/fat-free	4.3	4.1	5.0^	4.0	4.8^	4.0
2% milk, unflavored	2.1^	1.5^	4.5^	3.1^	4.1^	2.7^
Cold cereal, unsweetened	1.2^	2.7^	2.4^	2.3^	2.2^	2.4^
Cold cereal, sweetened	1.7^	2.1^	3.2^	2.3^	2.9^	2.2^
Quesadillas, fajitas, enchiladas	0.0	0.0	0.0^	2.0^	0.0	1.5^
Mean Amount (mcg)	1.1	1.4	1.0^	1.2	1.0	1.2

	Percent of Mean Nutrient From Top 10 Minor Food Groups					
	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Calories from Solid Fats						
Cheese	31.0	31.5	30.8^	28.6	30.9	29.2
Crackers, croutons, and pretzels	19.0	21.3	16.7^	20.3	17.2	20.5
Cookies	19.7	11.9	21.9^	18.5^	21.4^	17.2
1% milk, unflavored	8.8	9.0	9.6^	8.1	9.5	8.2
Condiments and toppings	1.5^	2.2^	0.2^	2.8^	0.5^	2.7^
Quesadillas, fajitas, enchiladas	0.0	0.0	0.0^	3.1^	0.0	2.5^
Granola bars and breakfast bars	1.4^	2.3^	2.9^	1.5^	2.6^	1.7^
Sandwich with plain (not breaded or fried) meat	0.0	4.0^	0.0^	0.8^	0.0	1.4^
Biscuits and cornbread	0.8^	0.7^	0.0^	1.6^	0.2^	1.4^
Yogurt, low-fat/fat-free	1.5	2.0	1.7^	1.3^	1.7	1.4^
Mean Amount (kcal)	21	25	18^	25	18	25
Calories from Added Sugars						
Crackers, croutons, and pretzels	16.9	19.1	18.6^	20.0	18.3	19.8
Cookies	23.1	13.2	15.6^	13.2^	16.9^	13.2^
Fruit cocktail, canned, sweetened	4.3^	3.0^	8.1^	12.1^	7.4^	10.4^
Yogurt, low-fat/fat-free	10.5	11.6	12.6^	9.5	12.3	9.9
Granola bars and breakfast bars	8.9^	9.7	10.4^	7.7	10.2	8.1
Muffins, sweet/quick breads	3.3^	2.4^	7.7^	6.6^	6.9^	5.8^
1% milk, flavored	0.4^	5.9^	0.0^	3.9^	0.1^	4.3^
Applesauce, canned, sweetened	1.9^	2.3^	4.0^	4.0^	3.6	3.7
Cold cereal, sweetened	1.9^	2.6^	4.4^	2.9^	4.0^	2.9^
Fat-free milk, flavored	1.8^	1.1^	5.1^	3.3^	4.5^	2.9^
Mean Amount (kcal)	22	28	24^	29	24	29
Number of Afternoon Snacks	317	573	162	258	479	831
Number of Before and After School Programs	65	120	35	58	100	178

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs includes Outside-of-School Hours and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. The top 10 minor food groups were identified looking at estimates for the all programs, 6-12 year olds in this table. For each nutrient panel, the top 10 minor food categories are listed in order of their contribution to that nutrient by the all programs/6-12 age group column. Cooked vegetables are not from fresh unless specified. CACFP= Child and Adult Care Food Program.

D.4 Availability of Fresh Produce and Water in CACFP Meals

Table D.4.1 Availability of Fresh Fruits and Vegetables in CACFP Breakfasts Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Breakfasts Where Any Fresh Fruits or Vegetables Were Served															
(0%)	18.3	17.2	16.7	23.3	20.8††^	16.4††^	13.9†††	3.3###^	0.0####^	1.3###^	0.0####^	8.3	6.3	6.7	6.8
(>0 to <34%)	24.3	21.5	20.3	24.3	23.3†^	21.6†^	24.7†††	3.0###^	4.5####^	4.4####^	3.4####^	10.0	10.8	10.8	9.5
(≥34 to <67%)	41.5	43.9	43.7	32.5	49.4†††	40.2	38.0†	22.9##	29.2#	24.9##	30.4	29.2	34.4	31.4	31.0
(≥67 to <100%)	9.4^	9.6^	10.4	9.0^	4.4†††^	12.6†^	14.1†	27.6##	25.7##	26.8##	22.5##	21.5	19.9	21.1	18.5
(100%)	6.4^	7.8	8.9	10.9	2.0†††^	9.2†††^	9.3†††	43.2###	40.7###	42.6###	43.7###	31.0	28.6	30.1	34.1
Mean Percentage	39.3	41.6	43.3	39.8	35.1†††	43.7†††	44.8†††	78.2###	77.5###	78.2###	79.0###	65.3	64.3	65.3	67.5
Percentage Distribution of Daily Breakfasts Where Any Fresh Vegetables (Served Raw or in Cooked Form) Were Served															
None (0%)	98.5^	98.4^	98.5^	97.9^	95.3^	96.2^	98.0^	95.5^	94.6^	96.3^	96.4^	96.4^	95.9	97.1	96.9^
Few (>0 to <34%)	1.5^	1.4^	1.2^	2.1^	4.7^	3.8^	1.6^	3.3^	4.7^	3.1^	2.7^	2.8^	3.5^	2.4^	2.5^
Some (≥34 to <67%)	0.0^	0.3^	0.2^	0.0^	0.0^	0.0^	0.0^	0.5^	0.0^	0.0^	0.0^	0.3^	0.1^	0.1^	0.0^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.7^	0.7^	0.6^	0.9^	0.5^	0.5^	0.3^	0.6^
All (100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.4^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Percentage	0.3^	0.4^	0.3^	0.4^	0.9^	0.8^	0.7^	1.7^	1.6^	1.1^	1.3^	1.2^	1.1^	0.8^	1.0^
Percentage Distribution of Daily Breakfasts Where Any Raw Fresh Vegetables Were Served															
None (0%)	99.3^	99.1^	99.2^	99.0^	98.0^	98.4^	98.7^	97.6^	96.3^	97.6^	98.5^	98.1^	97.3^	98.2^	98.7^
Few (>0 to <34%)	0.7^	0.7^	0.6^	1.0^	2.0^	1.6^	0.9^	2.4^	3.7^	2.4^	1.5^	1.9^	2.6^	1.7^	1.3^
Some (≥34 to <67%)	0.0^	0.3^	0.2^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.1^	0.1^	0.0^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
All (100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.4^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Percentage	0.1^	0.2^	0.2^	0.2^	0.4^	0.3^	0.6^	0.6^	0.7^	0.5^	0.3^	0.4^	0.6^	0.4^	0.3^
Percentage Distribution of Daily Breakfasts Where Any Cooked Fresh Vegetables Were Served															
None (0%)	99.2^	99.3^	99.4^	98.9^	97.3^	97.8^	99.3^	97.9^	98.3^	98.7^	97.9^	98.3^	98.6^	98.9^	98.2^
Few (>0 to <34%)	0.8^	0.7^	0.6^	1.1^	2.7^	2.2^	0.7^	0.9^	1.0^	0.7^	1.2^	0.9^	0.9^	0.7^	1.2^
Some (≥34 to <67%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.5^	0.0^	0.0^	0.0^	0.3^	0.0^	0.0^	0.0^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.7^	0.7^	0.6^	0.9^	0.5^	0.5^	0.3^	0.6^
All (100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Percentage	0.2^	0.1^	0.1^	0.2^	0.5^	0.4^	0.1^	1.1^	0.8^	0.6^	1.0^	0.8^	0.6^	0.4^	0.7^

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Breakfasts Where Any Fresh Fruits Were Served															
None (0%)	18.3	17.2	16.7	23.3	20.8††^	16.4††^	13.9†††	3.3##^	0.0###^	1.3###^	0.0###^	8.3	6.3	6.7	6.8
Few (>0 to <34%)	24.3	21.8	20.6	24.3	26.0†^	23.8†^	25.8†††	4.6###^	6.2###^	4.9###^	4.3###^	11.1	12.0	11.3	10.1
Some (≥34 to <67%)	41.5	43.6	43.5	32.5	48.8†††	39.7	37.8	22.0##	29.9#	24.9##	30.4	28.6	34.8	31.3	31.0
Most (≥67 to <100%)	10.2**	10.3^	11.0	10.0^	2.4†††^	10.9†^	13.6†	27.6##	24.0#	26.8##	22.5##	21.6	18.9	21.2	18.8
All (100%)	5.7^	7.2	8.3	9.9	2.0†††^	9.2†††^	8.9†††	42.5###	39.9###	42.1###	42.8###	30.3	27.9	29.5	33.2
Mean Percentage	39.0	41.2	42.9	39.4	34.1†††	42.9†††	44.3†††	77.2###	76.1###	77.4###	78.1###	64.5	63.3	64.7	66.7
Number of Daily CACFP Breakfasts	734	875	983	504	239	307	1,034	513	640	787	442	1,486	1,822	2,804	946
Number of Early Child Care Programs	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Fresh fruits and vegetables excludes canned, frozen, and dried fruits and vegetables and all juices.

CACFP= Child and Adult Care Food Program.

Table D.4.2 Availability of Fresh Fruits and Vegetables in CACFP Lunches Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Lunches Where Any Fresh Fruits or Vegetables Were Served															
None (0%)	18.6	15.8	13.7*	17.4	12.2^	7.4^	6.2	2.8##^	3.7##^	3.7##^	7.4#^	7.5	7.6	6.6	10.2
Few (>0 to <34%)	17.4	17.1	14.1	13.3^	11.6^	15.5^	11.7	7.1#^	9.9	6.7	1.2#^	10.1	12.3	9.1	4.6^
Some (≥34 to <67%)	41.5	42.2	46.5***	42.7	41.1	32.6	28.6	35.7	25.7##	31.8###	40.5	37.4	31.0	35.4	41.1
Most (≥67 to <100%)	15.7	15.0	14.1*	11.7	15.4^	19.4^	24.0	14.0^	20.7	20.2	18.8	14.5	18.9	18.9	16.8
All (100%)	6.9	9.9	11.7**	14.8	19.7†^	25.1†^	29.5	40.4###	39.9###	37.6###	32.1#	30.5	30.2	30.0	27.3
Mean Percentage	43.5	46.2*	49.2***	48.0	54.5†	59.2††	65.9	71.6###	72.3###	71.7###	69.1###	63.3	63.9	65.2	63.1
Percentage Distribution of Daily Lunches Where Any Fresh Vegetables (Served Raw or in Cooked Form) Were Served															
None (0%)	38.8*	34.0*	26.7*	34.6	22.6^	21.3	15.6	19.3##	21.1#	18.3	15.6##	24.8	25.0	20.3	20.9
Few (>0 to <34%)	23.2	27.5	31.7	27.1	38.4	31.0	28.3	26.3	20.1	25.8	25.7	25.8	22.8	27.6	26.1
Some (≥34 to <67%)	35.9	36.6	39.0	33.1	35.1	39.0	39.3	39.6	41.9	38.1	40.5	38.5	40.2	38.5	38.5
Most (≥67 to <100%)	2.1^	1.9^	1.7****^	0.9^	2.0^	5.7^	12.4	7.3^	9.3#^	14.0###	9.2#^	5.7^	6.9^	10.5	6.9^
All (100%)	0.0^	0.0^	0.9^	4.2^	2.0^	3.0†^	4.4^	7.5#^	7.7##^	3.8#^	8.9^	5.2^	5.2^	3.1	7.6^
Mean Percentage	23.0	24.4	26.9**	26.2	28.8†	32.2	39.5	38.8###	40.3###	39.5##	41.8##	34.1	35.2	36.1	37.4
Percentage Distribution of Daily Lunches Where Any Raw Fresh Vegetables Were Served															
None (0%)	51.7	46.8	38.6**	49.2	43.2	37.3	23.0††	40.9	41.7	37.3	36.3	43.9	43.1	36.3	39.9
Few (>0 to <34%)	25.5	28.5	32.6	29.4	35.5^	34.3	32.0	27.0	21.9	26.4	22.2	26.9	24.4	28.6	24.2
Some (≥34 to <67%)	22.8	24.6	27.8	20.2	19.3^	24.5^	35.4	25.8	28.4	29.0	33.0	24.7	27.1	29.3	29.4
Most (≥67 to <100%)	0.0^	0.0^	0.0***^	0.0^	2.0^	0.9^	6.8^	3.2^	3.4#^	5.2#^	2.2^	2.2^	2.3^	4.0^	1.6^
All (100%)	0.0^	0.0^	0.9^	1.2^	0.0^	3.0^	2.9^	3.2^	4.6#^	2.1^	6.3^	2.2^	3.1^	1.9^	4.9^
Mean Percentage	15.5	17.0	19.9**	16.2	16.6	20.6	32.5	23.1##	25.8##	26.0	28.9##	20.8	22.9	25.0	25.4
Percentage Distribution of Daily Lunches Where Any Cooked Fresh Vegetables Were Served															
None (0%)	70.6*	70.3*	69.1	65.6	52.2	54.3	70.7††	52.0##	52.7##	53.2##	59.0	57.2	58.1	59.0	60.8
Few (>0 to <34%)	22.1**	22.6	25.2	25.0	38.8	31.4	20.4	27.2	28.6	30.3	24.6	26.1	26.9	28.0	24.7
Some (≥34 to <67%)	7.4	7.1	5.7	6.4^	9.0^	12.8^	8.4†	18.0#	15.7#	13.2##	11.7	14.8	12.9	10.8	10.2
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	1.5^	2.1^	3.2^	2.8^	1.0^	1.4^	2.1^	2.0^
All (100%)	0.0^	0.0^	0.0^	3.0^	0.0^	1.4^	0.5^	1.3^	0.9^	0.0^	1.9^	0.9^	0.7^	0.0^	2.2^
Mean Percentage	7.6*	7.7*	7.6	11.0	13.0	14.1	8.6††	16.4###	16.3##	14.7##	14.9	13.9	13.6	12.3	13.8

	Child Care Centers				Head Start Programs			Family Day Care Homes				All				
	Age Groups (Years)															
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12	
Percentage Distribution of Daily Lunches Where Any Fresh Fruits Were Served																
None (0%)	32.7	30.6	27.8	30.8	26.0†	24.5†	18.0††	9.9###	10.9###	9.0###	12.4##	16.8	17.4	14.8	17.6	
Few (>0 to <34%)	25.4	25.0	24.2	23.1	26.2	21.5	22.1	16.0	17.4	18.3	14.6^	18.9	19.9	20.2	17.0	
Some (≥34 to <67%)	29.8	30.1	32.1	29.9	28.6	30.4	28.7	35.4	32.1	35.0	44.8#	33.6	31.4	33.7	40.7	
Most (≥67 to <100%)	8.7^	9.2	10.0**	10.4^	9.4^	15.0^	19.1	14.2^	18.7#	15.8#	7.5^	12.6	15.6	14.6	8.3	
All (100%)	3.3^	5.1^	6.0	5.8^	9.9^	8.7^	12.1†	24.4###	20.9###	21.8###	20.6#	18.1	15.7	16.7	16.5	
Mean Percentage	29.8	32.0	34.2**	32.6	35.4††	38.4††	46.1††	58.2###	56.2###	57.0###	53.5###	49.7	48.1	49.9	47.6	
Number of Daily CACFP Lunches	767	914	1,029	459	243	316	1,057	621	774	900	378	1,631	2,004	2,986	837	
Number of Early Child Care Programs	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Fresh fruits and vegetables excludes canned, frozen, and dried fruits and vegetables and all juices.

CACFP= Child and Adult Care Food Program.

Table D.4.3 Availability of Fresh Fruits and Vegetables in CACFP Suppers Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Suppers Where Any Fresh Fruits or Vegetables Were Served															
None (0%)	5.7 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	15.0 ^a	7.4 ^a	8.3 ^a	1.1 ^a	2.0 ^a	7.2 ^a	7.2 ^a	1.1 ^a	1.8 ^a
Few (>0 to <34%)	4.8 ^a	4.8 ^a	4.4 ^a	4.1 ^a	--	0.0 ^a	0.0 ^a	6.2 ^a	6.8 ^a	6.4 ^a	2.2 ^a	6.0 ^a	6.5 ^a	6.1 ^a	2.4 ^a
Some (≥34 to <67%)	60.9 ^a	59.0 ^{***a}	58.4 ^{***a}	49.1 ^a	--	0.0 ^{††a}	0.0 ^{††a}	26.7 [#]	20.2 ^{##a}	21.8 ^{#a}	28.9	30.8	25.1	25.6	31.0
Most (≥67 to <100%)	12.6 ^a	20.2 ^a	22.5 ^a	30.2 ^a	--	0.0 ^{††a}	22.1 ^a	26.3	20.4 ^a	28.8	28.1	24.7	20.2 ^a	28.0	28.3
All (100%)	16.0 ^a	16.0 ^{***a}	14.7 ^a	16.6 ^a	--	100.0 ^{†††a}	62.9 ^a	33.4	44.3 ^{##}	42.0 ^{##}	38.9	31.3	40.9	39.2	36.6
Mean Percentage	62.3 ^a	67.3 ^{***a}	67.5 ^a	69.5 ^a	--	100.0 ^{†††a}	79.4 ^a	69.3	72.9	77.2	77.3	68.4	72.3	76.2	76.5
Percentage Distribution of Daily Suppers Where Any Fresh Vegetables (Served Raw or in Cooked Form) Were Served															
None (0%)	42.5 ^a	27.8 ^{^a}	29.4 ^a	27.4 ^a	--	0.0 ^{†††a}	37.1 ^a	28.4	33.7	21.5	14.3 ^a	30.1	32.7	22.6	15.7 ^a
Few (>0 to <34%)	18.5 ^a	25.5 ^{^a}	23.5 ^{^a}	16.6 ^a	--	0.0 ^{††a}	0.0 ^{††a}	17.7 ^a	16.2 ^a	22.2	21.2	17.8 ^a	17.4 ^a	22.1	20.7
Some (≥34 to <67%)	32.1 ^a	39.7 ^a	40.7 ^a	46.8 ^a	--	54.8 ^a	23.3 ^a	40.0	31.3 ^a	28.9	35.3	39.1	32.5	30.2	36.5
Most (≥67 to <100%)	0.0 ^a	0.0 ^a	0.0 ^a	9.3 ^a	--	0.0 ^a	20.3 ^a	11.1 ^a	10.7 ^{#a}	24.4 ^{##a}	24.4 ^a	9.8 ^a	9.3 ^a	21.6 ^a	22.8 ^a
All (100%)	7.0 ^a	7.0 ^a	6.4 ^a	0.0 ^a	--	45.2 ^a	19.2 ^a	2.7 ^a	8.1 ^a	3.0 ^a	4.8 ^a	3.2 ^a	8.2 ^a	3.5 ^a	4.3 ^a
Mean Percentage	27.0 ^a	31.4 ^{^aa}	31.4 ^a	32.7 ^a	--	78.1 ^{††a}	49.5 ^a	34.1	34.5	40.7	44.9	33.2	34.4	39.8	43.6
Percentage Distribution of Daily Suppers Where Any Raw Fresh Vegetables Were Served															
None (0%)	58.4 ^a	43.8 ^a	44.1 ^a	35.1 ^a	--	45.2 ^a	56.3 ^a	54.3	50.4	42.0	33.0	54.8	49.5	42.4	33.2
Few (>0 to <34%)	26.9 ^a	25.5 ^{^a}	23.5 ^{^a}	16.6 ^a	--	0.0 ^{††a}	0.0 ^{††a}	18.4 ^a	25.5 ^a	35.8	34.8	19.4 ^a	25.4	34.0	32.9
Some (≥34 to <67%)	14.7 ^a	30.7 ^a	32.4 ^a	39.1 ^a	--	54.8 ^a	43.7 ^a	22.1 ^a	15.2 ^a	14.3 ^a	25.9	21.3 ^a	17.5 ^a	16.6 ^a	27.3
Most (≥67 to <100%)	0.0 ^a	0.0 ^a	0.0 ^a	9.3 ^a	--	0.0 ^a	0.0 ^a	3.8 ^a	7.1 ^{#a}	8.0 ^{#a}	3.2 ^a	3.3 ^a	6.1 ^a	7.0 ^a	3.8 ^a
All (100%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^a	1.3 ^a	1.8 ^a	0.0 ^a	3.1 ^a	1.2 ^a	1.6 ^a	0.0 ^a	2.8 ^a
Mean Percentage	13.1 ^a	19.2 ^a	19.3 ^a	27.4 ^a	--	32.9 ^a	26.2 ^a	18.0	19.8	20.3	25.4	17.4	19.8	20.3	25.6
Percentage Distribution of Daily Suppers Where Any Cooked Fresh Vegetables Were Served															
None (0%)	75.7 ^a	75.6 ^a	73.4 ^a	72.3 ^a	--	54.8 ^a	60.5 ^a	48.4	51.1	46.6 [#]	43.1 [#]	51.7	54.4	49.7	46.2
Few (>0 to <34%)	0.0 ^a	0.0 ^a	4.2 ^a	12.8 ^a	--	0.0 ^{†††a}	0.0 ^{†††a}	28.5 ^{##}	29.8 ^{###}	22.2 ^{##}	28.4	25.0	25.8	20.0	26.7
Some (≥34 to <67%)	17.4 ^a	17.4 ^{^a}	16.0 ^a	14.9 ^a	--	0.0 ^{†††a}	20.3 ^a	20.3 ^a	14.1 ^a	25.5	24.6	19.9 ^a	14.5 ^a	24.4	23.5
Most (≥67 to <100%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	--	0.0 ^a	0.0 ^a	1.5 ^a	0.0 ^a	3.9 ^a	2.3 ^a	1.3 ^a	0.0 ^a	3.4 ^a	2.0 ^a
All (100%)	7.0 ^a	7.0 ^a	6.4 ^a	0.0 ^a	--	45.2 ^a	19.2 ^a	1.4 ^a	4.9 ^a	1.9 ^a	1.7 ^a	2.0 ^a	5.4 ^a	2.6 ^a	1.5 ^a
Mean Percentage	13.9 ^a	13.9 ^a	13.6 ^a	8.5 ^a	--	45.2 ^a	27.3 ^a	18.2	17.4	21.9	21.9 [#]	17.7	17.1	21.1	20.5

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Suppers Where Any Fresh Fruits Were Served															
None (0%)	25.9 ^A	20.2 ^A	18.6 ^A	11.3 ^A	--	0.0 ^{†A}	15.0 ^A	16.5 ^A	13.8 ^A	11.8 ^A	10.2 ^A	17.6 ^A	14.6 ^A	12.5 ^A	10.3 ^A
Few (>0 to <34%)	0.0 ^A	0.0 ^A	0.0 ^A	0.0 ^A	--	0.0 ^{†A}	0.0 ^{†A}	21.1 ^{#A}	12.8 ^{#A}	13.0 ^{#A}	8.5 ^A	18.6 ^A	11.1 ^A	11.5 ^A	7.6 ^A
Some (≥34 to <67%)	52.5 ^A	58.2 ^{***A}	57.6 ^{***A}	57.6 ^A	--	0.0 ^{†††A}	0.0 ^{†††A}	27.6 ^A	25.4	36.4	44.8	30.6	29.5	38.4	46.1
Most (≥67 to <100%)	12.6 ^A	12.6 ^A	15.5 ^A	23.4 ^A	--	0.0 ^{††A}	42.4 ^A	22.2 ^A	21.5 ^A	15.3 ^A	11.7 ^A	21.0 ^A	20.3 ^A	15.6 ^A	12.9 ^A
All (100%)	9.0 ^A	9.0 ^{***A}	8.3 ^A	7.7 ^A	--	100.0 ^{†††A}	42.5 ^A	12.6 ^A	26.4	23.5	24.9 ^A	12.2 ^A	24.5	22.0	23.1 ^A
Mean Percentage	47.6 ^A	49.9 ^{***A}	50.6 ^A	55.7 ^A	--	100.0 ^{†††A}	75.4 ^A	49.1	58.8	57.3	59.2	48.9	57.9	56.7	58.8
Number of Daily CACFP Suppers	64	66	76	79	0	10	20	176	193	265	244	240	269	361	323
Number of Early Child Care Programs	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

A "--" means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Fresh fruits and vegetables excludes canned, frozen, and dried fruits and vegetables and all juices.

CACFP= Child and Adult Care Food Program.

Table D.4.4 Availability of Fresh Fruits and Vegetables in CACFP Suppers Served in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Percentage Distribution of Daily Suppers Where Any Fresh Fruits or Vegetables Were Served						
None (0%)	0.0 ^{^a}	0.0 ^{***a}	16.9 [^]	11.4 [^]	16.4 [^]	11.0 [^]
Few (>0 to <34%)	0.0 [^]	0.0 ^{***a}	4.3 [^]	7.7 [^]	4.2 [^]	7.4 [^]
Some (≥34 to <67%)	16.0 [^]	24.6 [^]	26.2	23.8	25.9 [^]	23.8
Most (≥67 to <100%)	41.3 [^]	42.3 ^{****a}	17.6 [^]	16.4	18.2 [^]	17.4
All (100%)	42.7 [^]	33.1 [^]	35.1	40.6	35.3 [^]	40.3
Mean Percentage	85.3 ^{^a}	78.4 [^]	64.0	68.0	64.6 [^]	68.4
Percentage Distribution of Daily Suppers Where Any Fresh Vegetables (Served Raw or in Cooked Form) Were Served						
None (0%)	30.4 [^]	24.9 [^]	29.4	21.1	29.4 [^]	21.2
Few (>0 to <34%)	8.6 [^]	14.4 [^]	25.1 [^]	25.3	24.7 [^]	24.9
Some (≥34 to <67%)	49.1 [^]	48.4 ^{^a}	30.7	29.6	31.2 [^]	30.3
Most (≥67 to <100%)	0.0 [^]	8.4 [^]	4.8 [^]	5.1 [^]	4.7 [^]	5.2 [^]
All (100%)	11.8 [^]	3.9 ^{***a}	10.0 [^]	18.9	10.0 [^]	18.4
Mean Percentage	33.6 [^]	35.6 [^]	35.2	43.5	35.1 [^]	43.2
Percentage Distribution of Daily Suppers Where Any Raw Fresh Vegetables Were Served						
None (0%)	33.3 [^]	33.7 [^]	32.4	24.6	32.4 [^]	24.9
Few (>0 to <34%)	16.0 [^]	17.9 [^]	27.8 [^]	27.8	27.4 [^]	27.4
Some (≥34 to <67%)	38.9 [^]	47.1 [^]	25.0 [^]	26.8	25.4 [^]	27.6
Most (≥67 to <100%)	8.5 [^]	0.0 ^{^a}	7.2 [^]	4.7 [^]	7.2 [^]	4.5 [^]
All (100%)	3.3 [^]	1.2 ^{****a}	7.6 [^]	16.1	7.5 [^]	15.6
Mean Percentage	28.4 [^]	27.6 [^]	31.3	39.4	31.2 [^]	39.0
Percentage Distribution of Daily Suppers Where Any Cooked Fresh Vegetables Were Served						
None (0%)	68.2 [^]	71.6 [^]	83.9 [^]	86.3	83.5 [^]	85.7
Few (>0 to <34%)	31.8 [^]	17.1 [^]	16.1 [^]	10.1 [^]	16.5 [^]	10.4 [^]
Some (≥34 to <67%)	0.0 [^]	11.2 [^]	0.0 [^]	2.8 [^]	0.0 [^]	3.1 [^]
Most (≥67 to <100%)	0.0 [^]	0.0 [^]	0.0 [^]	0.8 [^]	0.0 [^]	0.8 [^]
All (100%)	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Mean Percentage	7.2 [^]	8.8 [^]	3.9 [^]	4.1	4.0 [^]	4.3

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Percentage Distribution of Daily Suppers Where Any Fresh Fruits Were Served						
None (0%)	0.0 ^{***^}	3.0 ^{**^}	24.2 [^]	21.6	23.5 [^]	20.9
Few (>0 to <34%)	0.0 ^{***^}	7.8 [^]	14.0 [^]	14.1	13.7 [^]	13.9
Some (≥34 to <67%)	24.4 [^]	35.5 [^]	39.9	37.2	39.5 [^]	37.1
Most (≥67 to <100%)	41.3 [^]	21.4 [^]	9.4 [^]	14.9 [^]	10.3 [^]	15.1
All (100%)	34.2 [^]	32.3 [^]	12.5 [^]	12.3	13.1 [^]	13.0 [^]
Mean Percentage	79.1 ^{***^}	68.7 [^]	44.7	46.5	45.6 [^]	47.3
Number of Daily CACFP Suppers	57	134	217	448	274	582
Number of Before and After School Programs	12	28	47	100	59	128

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. Fresh fruits and vegetables excludes canned, frozen, and dried fruits and vegetables and all juices.

CACFP= Child and Adult Care Food Program.

Table D.4.5 Availability of Fresh Fruits and Vegetables in CACFP Morning Snacks Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Morning Snacks Where Any Fresh Fruits or Vegetables Were Served															
None (0%)	42.3 ^a	35.6 ^a	32.3 ^a	47.6 ^a	24.0 ^a	47.7 ^a	35.5 ^{†a}	11.3 ^{###a}	19.9	13.0 [#]	26.4	14.1	21.6	15.2	28.5
Few (>0 to <34%)	12.2 ^a	17.0 ^{**a}	21.1 ^a	8.8 ^a	0.0 ^{††a}	0.0 ^{††a}	14.5 ^a	14.4 ^a	12.7 ^a	18.8	20.0 ^a	14.2 ^a	13.0	18.9	18.9 ^a
Some (≥34 to <67%)	39.3 ^a	35.0 ^a	30.6 ^a	28.5 ^a	39.1 ^a	26.9 ^a	30.1 ^a	29.1	25.3	23.8	24.8	30.1	26.3	24.5	25.1
Most (≥67 to <100%)	6.2 ^a	8.6 ^a	4.8 ^a	0.0 ^a	36.9 ^a	25.4 ^a	14.3 ^a	12.1 ^a	15.2 ^a	13.0	9.0 ^{#a}	11.7 ^a	14.6	12.2	8.1 ^a
All (100%)	0.0 ^a	3.9 ^a	11.3 ^a	15.1 ^a	0.0 ^{†††a}	0.0 ^{†††a}	5.7 ^{††a}	33.0 ^{###}	27.0 ^{###}	31.5 ^{##}	19.8 ^a	30.0	24.5	29.1	19.4 ^a
Mean Percentage	27.0 ^a	31.2 ^a	35.1 ^a	28.8 ^a	45.1 ^a	31.1 ^a	33.8 ^{††a}	60.2 ^{###}	54.3 ^{###}	57.5 ^{###}	43.5	57.2	51.8	55.0	42.1
Percentage Distribution of Daily Morning Snacks Where Any Fresh Vegetables (Served Raw or in Cooked Form) Were Served															
None (0%)	91.0 ^a	85.6 ^a	80.5 ^a	82.6 ^a	63.1 ^a	74.6 ^a	62.7 ^a	82.8	87.6	77.7	80.4 ^a	83.5	87.3	77.8	80.6 ^a
Few (>0 to <34%)	3.8 ^a	6.7 ^a	11.7 ^a	11.7 ^a	36.9 ^a	25.4 ^a	33.6 ^a	14.7	10.0 ^a	17.8	15.7 ^a	13.9	9.7 ^a	17.5	15.3 ^a
Some (≥34 to <67%)	5.2 ^a	7.8 ^a	7.8 ^a	0.0 ^a	0.0 ^a	0.0 ^{†a}	3.7 ^a	2.5 ^a	2.5 ^a	3.8 ^a	3.9 ^a	2.7 ^a	3.0 ^a	4.2 ^a	3.6 ^a
Most (≥67 to <100%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.6 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.5 ^a	0.0 ^a
All (100%)	0.0 ^a	0.0 ^a	0.0 ^a	5.7 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.6 ^a
Mean Percentage	2.8 ^a	4.4 ^a	6.5 ^a	8.1 ^a	7.4 ^a	5.1 ^a	9.6 ^a	4.2	3.5	6.1	5.2 ^a	4.1	3.6	6.2	5.5 ^a
Percentage Distribution of Daily Morning Snacks Where Any Raw Fresh Vegetables Were Served															
None (0%)	91.0 ^a	85.6 ^a	80.5 ^a	82.6 ^a	63.1 ^a	74.6 ^a	62.7 ^a	84.4	89.2	77.7	80.4 ^a	84.9	88.8	77.8	80.6 ^a
Few (>0 to <34%)	3.8 ^a	6.7 ^a	11.7 ^a	11.7 ^a	36.9 ^a	25.4 ^a	33.6 ^a	13.1 ^a	8.4 ^a	17.8	15.7 ^a	12.4 ^a	8.3 ^a	17.5	15.3 ^a
Some (≥34 to <67%)	5.2 ^a	7.8 ^a	7.8 ^a	0.0 ^a	0.0 ^a	0.0 ^{†a}	3.7 ^a	2.5 ^a	2.5 ^a	3.8 ^a	3.9 ^a	2.7 ^a	3.0 ^a	4.2 ^a	3.6 ^a
Most (≥67 to <100%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.6 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.5 ^a	0.0 ^a
All (100%)	0.0 ^a	0.0 ^a	0.0 ^a	5.7 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.6 ^a
Mean Percentage	2.8 ^a	4.4 ^a	6.5 ^a	8.1 ^a	7.4 ^a	5.1 ^a	9.6 ^a	3.8 ^a	3.2	6.1	5.2 ^a	3.7 ^a	3.3	6.2	5.5 ^a
Percentage Distribution of Daily Morning Snacks Where Any Cooked Fresh Vegetables Were Served															
None (0%)	100.0 ^a	100.0 ^a	100.0 ^a	100.0 ^a	100.0 ^a	100.0 ^a	100.0 ^a	98.4 ^a	98.4 ^a	100.0 ^a	100.0 ^a	98.6 ^a	98.6 ^a	100.0 ^a	100.0 ^a
Few (>0 to <34%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	1.6 ^a	1.6 ^a	0.0 ^a	0.0 ^a	1.4 ^a	1.4 ^a	0.0 ^a	0.0 ^a
Some (≥34 to <67%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a
Most (≥67 to <100%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a
All (100%)	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a
Mean Percentage	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.4 ^a	0.3 ^a	0.0	0.0	0.4 ^a	0.3 ^a	0.0	0.0

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Morning Snacks Where Any Fresh Fruits Were Served															
None (0%)	42.3 ^a	40.6 ^a	36.8 ^a	62.2 ^a	24.0 ^a	47.7 ^a	35.5 ^a	16.9 [#]	20.5 [#]	18.5 [#]	36.1 [#]	19.1	22.7	20.6	38.7
Few (>0 to <34%)	17.5 ^{^a}	16.4 ^{^a}	16.5 ^a	0.0 ^a	0.0 ^{†††^a}	0.0 ^{††^a}	31.8 ^{†^a}	10.7 ^a	13.4	14.4	10.3 ^a	11.2 ^a	13.6	14.9	9.3 ^a
Some (≥34 to <67%)	34.1 ^a	33.7 ^a	38.4 ^a	28.5 ^a	76.0 ^{†^a}	52.3 ^a	27.0 ^a	29.6	27.3	26.4	26.8	30.2	28.0	27.6	26.9
Most (≥67 to <100%)	6.2 ^a	5.3 ^a	4.8 ^a	0.0 ^a	0.0 ^{†††^a}	0.0 ^{†††^a}	5.7 ^a	16.5	15.2	17.3 [#]	7.9 ^{#^a}	15.5	14.1	15.9	7.1 ^a
All (100%)	0.0 ^a	3.9 ^a	3.5 ^a	9.4 ^a	0.0 ^{†††^a}	0.0 ^{†††^a}	0.0 ^{†††^a}	26.4 ^{###}	23.7 ^{###}	23.3 ^{###}	18.9 ^a	24.0	21.6	21.1	18.0 ^a
Mean Percentage	24.2 ^a	26.7 ^a	28.6 ^a	20.7 ^a	37.8 ^a	26.0 ^{†^a}	25.1 ^{†††^a}	56.3 ^{###}	51.9 ^{###}	53.1 ^{###}	40.6 [#]	53.4	49.2	50.3	38.6
Number of Daily CACFP Morning Snacks	95	121	131	55	14	19	66	345	432	477	200	454	572	674	255
Number of Early Child Care Programs	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Fresh fruits and vegetables excludes canned, frozen, and dried fruits and vegetables and all juices.

CACFP= Child and Adult Care Food Program

Table D.4.6 Availability of Fresh Fruits and Vegetables in CACFP Afternoon Snacks Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Afternoon Snacks Where Any Fresh Fruits or Vegetables Were Served															
None (0%)	44.8	39.4	35.5	40.3	35.4	31.4	32.6†	27.6##	25.3	19.0#	22.8#	33.2	30.2	24.9	28.1
Few (>0 to <34%)	29.5	27.9	29.2	27.3	32.2	25.1	28.0	17.1#	16.6#	21.4	19.6	21.4	20.7	24.2	21.9
Some (≥34 to <67%)	20.7	26.3	28.1	27.2	25.9^	39.7	31.6	29.2	34.1	30.6	26.9	26.5	31.7	30.0	27.0
Most (≥67 to <100%)	4.0^	4.8^	5.4	3.9^	4.4^	3.8^	6.3	8.8^	10.6#	11.3	9.1^	7.1	8.4	9.1	7.5
All (100%)	0.9^	1.6^^	1.9^	1.3^	2.1†^	0.0†††^	1.4††^	17.3###	13.4###	17.8##	21.6###	11.8	9.0	11.8	15.5
Mean Percentage	19.5	22.9	25.0	22.4	24.0††	27.6††	28.3†††	42.1###	42.9###	46.0###	45.6###	34.5	35.7	38.4	38.6
Percentage Distribution of Daily Afternoon Snacks Where Any Fresh Vegetables (Served Raw or in Cooked Form) Were Served															
None (0%)	85.0	77.4	75.1	76.5	76.7^	73.9	67.7	81.8	73.7	73.5	75.4	82.6	75.0	73.5	75.7
Few (>0 to <34%)	13.0	19.0	20.4	18.3	21.2^	26.1	29.5	14.0^	19.6	17.8	14.5	13.9	19.6	19.5	15.6
Some (≥34 to <67%)	2.0^	3.2^	4.6^	5.2^	0.0†^	0.0†^	2.8^	4.3^	5.5^	8.3^	10.1^	3.4^	4.5^	6.8	8.6^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
All (100%)	0.0^	0.5^	0.0^	0.0^	2.1^	0.0^	0.0^	0.0^	1.2^	0.4^	0.0^	0.1^	0.9^	0.2^	0.0^
Mean Percentage	3.4	5.6	6.1	5.9	6.3^	5.3	7.6	5.1	7.9	8.1	7.9	4.6	7.0	7.5	7.3
Percentage Distribution of Daily Afternoon Snacks Where Any Raw Fresh Vegetables Were Served															
None (0%)	86.1	78.3	75.9	77.7	78.9^	75.8	67.7	83.5	75.5	73.5	75.4	84.1	76.4	73.7	76.1
Few (>0 to <34%)	11.9	18.0	20.2	18.1	19.0^	24.2	29.5	14.6	19.0	18.7	15.1	13.9	18.9	20.0	16.0
Some (≥34 to <67%)	2.0^	3.2^	3.9^	4.3^	0.0^	0.0††^	2.8^	2.0^	4.3^	7.4^	9.5^	1.9^	3.8	6.0	7.9^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
All (100%)	0.0^	0.5^	0.0^	0.0^	2.1^	0.0^	0.0^	0.0^	1.2^	0.4^	0.0^	0.1^	0.9^	0.2^	0.0^
Mean Percentage	3.2	5.4	5.8	5.5	5.9^	4.9	7.6	4.1	7.3	7.7	7.5	3.9	6.6	7.1	6.9
Percentage Distribution of Daily Afternoon Snacks Where Any Cooked Fresh Vegetables Were Served															
None (0%)	99.0^	99.1^	98.6^	97.9^	97.8^	98.1^	100.0^	97.7^	97.1^	98.1^	98.1^	98.1^	97.8^	98.4^	98.0^
Few (>0 to <34%)	1.0^	0.9^	1.4^	2.1^	2.2^	1.9^	0.0^	0.6^	2.9^	1.9^	1.9^	0.8^	2.2^	1.6^	2.0^
Some (≥34 to <67%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	1.7^	0.0^	0.0^	0.0^	1.1^	0.0^	0.0^	0.0^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
All (100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Percentage	0.2^	0.2^	0.3^	0.4^	0.4^	0.4^	0.0	1.0^	0.6^	0.4^	0.4^	0.7^	0.4^	0.3^	0.4^

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups (Years)														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
Percentage Distribution of Daily Afternoon Snacks Where Any Fresh Fruits Were Served															
None (0%)	51.6	48.9	45.9	49.9	47.7	40.1	40.2††	32.9##	27.6##	22.9##	27.4#	39.2	35.1	31.0	34.2
Few (>0 to <34%)	28.8	28.2	29.0	29.3	29.3	26.8	32.1	21.9	24.7	26.8	22.9	24.3	25.9	27.9	24.8
Some (≥34 to <67%)	15.4	18.8	20.1	16.2	18.6^	29.3	23.9	20.7	29.1#	27.6	27.2	19.0	25.7	25.1	23.9
Most (≥67 to <100%)	3.3^	3.9^	3.9^	3.9^	4.4^	3.8^	3.4†^	8.7^	9.0#	9.3	5.3^	6.9^	7.1	7.3	4.9^
All (100%)	0.9^	0.3^	1.0^	0.8^	0.0†††^	0.0†††^	0.4††^	15.8###	9.6###	13.3##^	17.2##^	10.7	6.2	8.7	12.3^
Mean Percentage	16.1	17.5	19.1	16.7	17.7††	22.3†	21.0†††	37.4###	36.8###	39.9###	39.7###	30.2	29.9	32.3	32.8
Number of Daily CACFP Afternoon Snacks	740	893	1,026	619	202	257	809	483	628	770	486	1,425	1,778	2,605	1,105
Number of Early Child Care Programs	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Fresh fruits and vegetables excludes canned, frozen, and dried fruits and vegetables and all juices.

CACFP= Child and Adult Care Food Program.

Table D.4.7 Availability of Fresh Fruits and Vegetables in CACFP Afternoon Snacks Served in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Percentage Distribution of Daily Afternoon Snacks Where Any Fresh Fruits or Vegetables Were Served						
None (0%)	35.1	30.6	35.9^	41.1	35.8	39.0
Few (>0 to <34%)	13.1^	26.7	32.3^	27.4	28.8	27.3
Some (≥34 to <67%)	43.4	29.2	22.0^	21.8	25.9^	23.3
Most (≥67 to <100%)	2.5^	5.6^	5.0^	8.1^	4.5^	7.6^
All (100%)	5.8^	7.8^	4.8^	1.6^	5.0^	2.8^
Mean Percentage	30.7	31.8	26.7^	24.0	27.5	25.6
Percentage Distribution of Daily Afternoon Snacks Where Any Fresh Vegetables (Served Raw or in Cooked Form) Were Served						
None (0%)	64.5	64.5	76.3^	74.9	74.1	72.8
Few (>0 to <34%)	33.0	29.6	12.8^	14.7^	16.5^	17.7
Some (≥34 to <67%)	2.5^	5.9^	10.9^	10.4^	9.4^	9.5^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
All (100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Percentage	8.2	9.2	7.6^	8.0	7.8	8.2
Percentage Distribution of Daily Afternoon Snacks Where Any Raw Fresh Vegetables Were Served						
None (0%)	64.5	64.5	76.3^	74.9	74.1	72.8
Few (>0 to <34%)	33.0	29.6	12.8^	16.5^	16.5^	19.1
Some (≥34 to <67%)	2.5^	5.9^	10.9^	8.6^	9.4^	8.1^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
All (100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Percentage	8.2	9.2	7.6^	7.6	7.8	8.0
Percentage Distribution of Daily Afternoon Snacks Where Any Cooked Fresh Vegetables Were Served						
None (0%)	100.0^	100.0^	100.0^	98.3^	100.0^	98.6^
Few (>0 to <34%)	0.0^	0.0^	0.0^	1.7^	0.0^	1.4^
Some (≥34 to <67%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Most (≥67 to <100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
All (100%)	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Mean Percentage	0.0	0.0	0.0^	0.3^	0.0	0.3^

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Percentage Distribution of Daily Afternoon Snacks Where Any Fresh Fruits Were Served						
None (0%)	38.3	37.4	43.0^	46.9	42.1	45.0
Few (>0 to <34%)	34.5	38.2	35.5^	35.2	35.3	35.8
Some (≥34 to <67%)	21.4^	17.4	19.3^	17.9^	19.7	17.8
Most (≥67 to <100%)	2.8^	4.2^	2.2^	0.0^	2.3^	0.8^
All (100%)	3.0^	2.8^	0.0^	0.0^	0.6^	0.6^
Mean Percentage	22.8	23.0	19.1^	16.0	19.8	17.4
Number of Daily CACFP Afternoon Snacks	317	573	162	258	479	831
Number of Before and After School Programs	65	120	35	58	100	178

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. Fresh fruits and vegetables excludes canned, frozen, and dried fruits and vegetables and all juices.

CACFP= Child and Adult Care Food Program.

Table D.4.8 Type of Meal Service Used to Serve CACFP Breakfasts in Early Child Care Programs

	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Mean Percentage of Daily CACFP Breakfast Menus				
Delivered in bulk and portioned by staff ^a	28.9**	14.6	14.3#	18.0
Individually pre-portioned plates ^b	26.2**	9.8†††	51.6###	41.4
Family style ^c	39.0***	67.9†††	24.6#	32.2
Multiple ^d	3.5^	5.0	1.8^	2.5
Other ^e	0.6^	0.6^	2.1^	1.6^
Missing	1.7^	2.1^	5.5^	4.2
Number of Breakfasts	1,006	1,086	882	2,974
Percentage of Programs^f				
Delivered in bulk and portioned by staff ^a	30.9^	17.1	17.2#	20.7
Individually pre-portioned plates ^b	29.0***	11.3†††	55.5###	44.8
Family style ^c	39.8***	71.3†††	27.6	34.6
Multiple ^d	4.0^	7.4	4.9^	4.9^
Other ^e	0.6^	0.8^	2.1^	1.6^
Missing	2.9^	3.7^	6.2^	5.2
Number of Early Child Care Programs	203	237	185	625

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dMultiple means multiple types of meal service per daily breakfast menu.

^eOther means methods of services that did not fall in the previous categories.

^fPrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.9 Type of Meal Service Used to Serve CACFP Lunches in Early Child Care Programs

	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Mean Percentage of Daily CACFP Lunches Menus				
Delivered in bulk and portioned by staff ^a	24.0*	13.4	15.1	17.1
Individually pre-portioned plates ^b	27.0***	8.8†††	49.0###	40.4
Family style ^c	38.3***	70.8†††	26.3#	32.9
Multiple ^d	6.8	4.2^	2.0^	3.3
Other ^e	0.5^	0.8^	1.9^	1.5^
Missing	3.4^	2.1^	5.7^	4.9
Number of Lunches	1,055	1,110	1,014	3,179
Percentage of Programs^f				
Delivered in bulk and portioned by staff ^a	24.9*	14.1	16.2	18.1
Individually pre-portioned plates ^b	28.5***	9.8†††	52.4###	43.1
Family style ^c	38.5***	72.4†††	29.1	35.0
Multiple ^d	7.6	6.6	2.4^	4.0
Other ^e	0.6^	0.8^	1.9^	1.5^
Missing	4.5^	3.0^	7.4^	6.3
Number of Early Child Care Programs	213	243	211	667

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dMultiple means multiple types of meal service per daily lunch menu.

^eOther means methods of services that did not fall in the previous categories.

^fPrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.10 Type of Meal Service Used to Serve CACFP Suppers in Early Child Care Programs

	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Mean Percentage of Daily CACFP Suppers Menus				
Delivered in bulk and portioned by staff ^a	30.1 ^{**}	0.0 ^{†††}	12.5 [^]	14.0
Individually pre-portioned plates ^b	39.1 ^{***}	100.0 ^{†††}	51.4	50.6
Family style ^c	23.3 [^]	0.0 ^{†††}	21.8	21.8
Multiple ^d	4.1 [^]	0.0 [^]	0.0 [^]	0.4 [^]
Other ^e	0.0 [^]	0.0 [^]	4.7 [^]	4.2 [^]
Missing	3.4 [^]	0.0 [^]	9.6 [^]	8.9 [^]
Number of Suppers	88	20	340	448
Percentage of Programs^f				
Delivered in bulk and portioned by staff ^a	36.1 ^{**}	0.0 ^{††}	12.6 [^]	14.7
Individually pre-portioned plates ^b	41.1 ^{***}	100.0 ^{†††}	52.8	52.1
Family style ^c	23.3 [^]	0.0 ^{†††}	22.0	21.9
Multiple ^d	4.1 [^]	0.0 [^]	0.0 [^]	0.4 [^]
Other ^e	0.0 [^]	0.0 [^]	4.7 [^]	4.2 [^]
Missing	3.4 [^]	0.0 [^]	9.6 [^]	8.9 [^]
Number of Early Child Care Programs	19	5	76	100

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dMultiple means multiple types of meal service per daily supper menu.

^eOther means methods of services that did not fall in the previous categories.

^fPrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.11 Type of Meal Service Used to Serve CACFP Suppers in Before and After School Programs

	Outside-of-School Hours Programs	At-Risk Afterschool Programs	All
Mean Percentage of Daily CACFP Supper Menus			
Delivered in bulk and portioned by staff ^a	32.3 ^a	39.3	39.0
Individually pre-portioned plates ^b	25.6 ^{***a}	45.4	44.7
Family style ^c	28.8 ^a	1.8 ^a	2.8 ^a
Multiple ^d	7.5 ^a	0.5 ^a	0.7 ^a
Other ^e	3.7 ^a	3.9 ^a	3.9 ^a
Missing	2.1 ^a	9.1 ^a	8.8 ^a
Number of Suppers	143	453	596
Percentage of Programs^f			
Delivered in bulk and portioned by staff ^a	38.4 ^a	39.3	39.3
Individually pre-portioned plates ^b	30.4 ^{***a}	49.8	49.1
Family style ^c	28.8 ^a	2.3 ^a	3.3 ^a
Multiple ^d	9.7 ^a	2.0 ^a	2.3 ^a
Other ^e	3.7 ^a	4.7 ^a	4.7 ^a
Missing	2.1 ^a	11.6 ^a	11.3 ^a
Number of Before and After School Programs	30	101	131

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff was selected if large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates was selected if individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dMultiple means multiple types of meal service per daily supper menu.

^eOther means methods of services that did not fall in the previous categories.

^fPrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.12 Type of Meal Service Used to Serve CACFP Morning Snacks in Early Child Care Programs

	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Mean Percentage of Daily CACFP Morning Snacks Menus				
Delivered in bulk and portioned by staff ^a	29.6 [^]	22.8 [^]	17.6	18.7
Individually pre-portioned plates ^b	23.0 [^]	26.8 [^]	46.2 [#]	43.9
Family style ^c	38.8 [^]	45.3 [^]	25.0	26.5
Multiple ^d	4.1 [^]	5.1 [^]	0.8 [^]	1.1 [^]
Other ^e	0.4 [^]	0.0 [^]	3.5 [^]	3.2 [^]
Missing	4.1 [^]	0.0 ^{†^}	7.0 [^]	6.6 [^]
Number of Morning Snacks	147	66	543	756
Percentage of Programs^f				
Delivered in bulk and portioned by staff ^a	30.6 [^]	29.2 [^]	18.4	19.6
Individually pre-portioned plates ^b	26.2 [^]	32.3 [^]	51.6	49.1
Family style ^c	42.7 [^]	56.2 [^]	29.7	31.1
Multiple ^d	7.2 [^]	10.6 [^]	3.9 [^]	4.3 [^]
Other ^e	2.2 [^]	0.0 [^]	3.5 [^]	3.3 [^]
Missing	4.1 [^]	0.0 ^{†^}	7.8 [^]	7.3 [^]
Number of Early Child Care Programs	32	16	118	166

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dMultiple means multiple types of meal service per daily morning snack menu.

^eOther means methods of services that did not fall in the previous categories.

^fPrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.13 Type of Meal Service Used to Serve CACFP Afternoon Snacks in Early Child Care Programs

	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Mean Percentage of Daily CACFP Afternoon Snacks Menus				
Delivered in bulk and portioned by staff ^a	30.4	21.0 [†]	12.1 ^{###}	17.6
Individually pre-portioned plates ^b	25.7 ^{**}	9.6 ^{†††}	53.9 ^{###}	43.0
Family style ^c	36.1 ^{***}	60.7 ^{†††}	25.8	31.2
Multiple ^d	3.3 [^]	4.3 ^{††^}	0.8 [^]	1.7 [^]
Other ^e	0.5 [^]	0.4 [^]	2.2 [^]	1.6 [^]
Missing	4.0 [^]	4.0 [^]	5.3 [^]	4.8
Number of Afternoon Snacks	1,052	858	858	2,768
Percentage of Programs^f				
Delivered in bulk and portioned by staff ^a	32.2	25.8 ^{††}	12.6 ^{###}	18.9
Individually pre-portioned plates ^b	29.5 ^{**}	12.0 ^{†††}	57.2 ^{###}	46.4
Family style ^c	37.7 ^{***}	65.0 ^{†††}	28.7	33.9
Multiple ^d	4.2 [^]	6.4	2.3 [^]	3.1 [^]
Other ^e	0.6 [^]	0.4 [^]	2.2 [^]	1.6 [^]
Missing	5.1	5.3 [^]	6.0 [^]	5.7
Number of Early Child Care Programs	215	190	182	587

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dMultiple means multiple types of meal service per daily afternoon snack menu.

^eOther means methods of services that did not fall in the previous categories.

^fPrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.14 Type of Meal Service Used to Serve CACFP Afternoon Snacks in Before and After School Programs

	Outside-of-School Hours Programs	At-Risk Afterschool Programs	All
Mean Percentage of Daily CACFP Afternoon Snack Menus			
Delivered in bulk and portioned by staff ^a	41.2	32.0	33.8
Individually pre-portioned plates ^b	27.6	45.8	42.3
Family style ^c	22.4	13.4 [^]	15.1
Multiple ^d	2.5 [^]	3.0 [^]	2.9 [^]
Other ^e	0.3 [^]	1.6 [^]	1.3 [^]
Missing	6.0 [^]	4.2 [^]	4.6 [^]
Number of Afternoon Snacks	588	281	869
Percentage of Programs^f			
Delivered in bulk and portioned by staff ^a	52.6	34.8	38.2
Individually pre-portioned plates ^b	38.2	49.1	47.0
Family style ^c	23.2	13.4 [^]	15.3
Multiple ^d	8.1 [^]	3.0 [^]	4.0 [^]
Other ^e	0.3 [^]	1.6 [^]	1.3 [^]
Missing	8.9 [^]	5.7 [^]	6.3 [^]
Number of Before and After School Programs	123	62	185

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff was selected if large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates was selected if individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily Style was selected if the serving dishes are on a community table at the beginning of service and children self-serve.

^dMultiple means multiple types of meal service per daily afternoon snack menu.

^eOther means methods of services that did not fall in the previous categories.

^fPrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.15 Observed Type of Meal Service Used to Serve CACFP Breakfasts in Early Child Care Programs

	Child Care Centers				Head Start Programs			All			
	Age Group (Years)										
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12
Mean Percentage of Breakfasts Observed											
Delivered in bulk and portioned by staff ^a	99.7 [^]	91.0 [^]	84.6 ^{***^}	91.5 [^]	53.1 [^]	47.0 [^]	23.0 [^]	94.1 [^]	85.5 [^]	64.2	91.5 [^]
Individually pre-portioned plates ^b	0.0 [^]	8.4 [^]	13.5 [^]	6.1 [^]	46.9 [^]	42.9 [^]	19.9 [^]	5.6 [^]	12.7 [^]	15.6 [^]	6.1 [^]
Family style ^c	0.3 [^]	0.4 [^]	1.5 ^{***^}	2.4 [^]	0.0 [^]	10.1 [^]	54.5	0.3 [^]	1.6 [^]	19.1	2.4 [^]
Other ^d	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.0 [^]
Missing	0.0 [^]	0.2 [^]	0.4 [^]	0.0 [^]	0.0 [^]	0.0 [^]	2.3 [^]	0.0 [^]	0.1 [^]	1.0 [^]	0.0 [^]
Number of Breakfasts	9	33	118	11	6	12	213	15	45	331	11
Percentage of Programs ^e											
Delivered in bulk and portioned by staff ^a	99.7 [^]	91.1 [^]	84.8 ^{***^}	91.5 [^]	53.1 [^]	47.0 [^]	24.9 [^]	94.1 [^]	85.6 [^]	64.9	91.5 [^]
Individually pre-portioned plates ^b	0.0 [^]	8.6 [^]	13.6 [^]	6.1 [^]	46.9 [^]	42.9 [^]	22.9 [^]	5.6 [^]	12.8 [^]	16.7 [^]	6.1 [^]
Family style ^c	0.3 [^]	0.4 [^]	1.5 ^{***^}	2.4 [^]	0.0 [^]	10.1 [^]	56.5	0.3 [^]	1.6 [^]	19.8	2.4 [^]
Other ^d	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.0 [^]
Missing	0.0 [^]	0.3 [^]	0.5 [^]	0.0 [^]	0.0 [^]	0.0 [^]	3.6 [^]	0.0 [^]	0.3 [^]	1.5 [^]	0.0 [^]
Number of Early Child Care Programs	7	22	68	9	5	10	107	12	32	175	9

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dOther means methods of services that did not fall in the previous categories.

^ePrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.16 Observed Type of Meal Service Used to Serve CACFP Lunches and Suppers in Early Child Care Programs

	Child Care Centers				Head Start Programs			All			
	Age Group (Years)										
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12
Mean Percentage of Lunches/Suppers Observed											
Delivered in bulk and portioned by staff ^a	41.3 [^]	66.0 [^]	42.8 [^]	90.0 [^]	53.1 [^]	50.3 [^]	19.6 [^]	42.4 [^]	64.2 [^]	37.1 [^]	90.0 [^]
Individually pre-portioned plates ^b	23.9 [^]	20.7 [^]	28.2 [^]	7.4 [^]	34.3 [^]	27.1 [^]	13.9 [^]	24.9 [^]	21.4 [^]	24.6 [^]	7.4 [^]
Family style ^c	9.3 [^]	1.5 [^]	8.7 ^{***^}	2.1 [^]	0.0 [^]	12.7 [^]	64.7	8.4 [^]	2.7 [^]	22.5 [^]	2.1 [^]
Other ^d	0.0 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Missing	25.5 [^]	11.8 [^]	20.3 [^]	0.4 [^]	12.6 [^]	10.0 [^]	1.8 [^]	24.3 [^]	11.6 [^]	15.7 [^]	0.4 [^]
Number of Lunches and Suppers	13	51	134	18	6	12	238	19	63	372	18
Percentage of Programs ^e											
Delivered in bulk and portioned by staff ^a	41.3 [^]	77.7 [^]	43.6 [^]	90.0 [^]	53.1 [^]	52.9 [^]	21.6 [^]	42.4 [^]	75.0 [^]	38.2 [^]	90.0 [^]
Individually pre-portioned plates ^b	23.9 [^]	20.7 [^]	28.4 [^]	7.4 [^]	34.3 [^]	27.1 [^]	14.4 [^]	24.9 [^]	21.4 [^]	25.0 [^]	7.4 [^]
Family style ^c	9.4 [^]	1.5 [^]	9.3 ^{***^}	2.1 [^]	0.0 [^]	15.3 [^]	66.6	8.5 [^]	3.0 [^]	23.4 [^]	2.1 [^]
Other ^d	0.0 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Missing	25.6 [^]	23.6 [^]	20.5 [^]	0.4 [^]	12.6 [^]	10.0 [^]	3.3 [^]	24.4 [^]	22.1 [^]	16.2 [^]	0.4 [^]
Number of Early Child Care Programs	10	27	75	12	5	10	117	15	37	192	12

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis. Early child care programs may also provide care to older children. The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dOther means methods of services that did not fall in the previous categories.

^ePrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.17 Observed Type of Meal Service Used to Serve CACFP Suppers in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Mean Percentage of Suppers Observed						
Delivered in bulk and portioned by staff ^a	5.1 [^]	34.7 [^]	0.0 [^]	16.1 [^]	0.1 [^]	16.6 [^]
Individually pre-portioned plates ^b	94.9 [^]	21.4 [^]	60.1 [^]	55.3 [^]	60.5 [^]	54.3 [^]
Family style ^c	0.0 [^]	43.4 ^{^*}	0.0 [^]	0.3 [^]	0.0 [^]	1.6 [^]
Other ^d	0.0 [^]	0.5 [^]	28.5 [^]	15.7 [^]	28.2 [^]	15.3 [^]
Missing	0.0 [^]	0.0 ^{^*}	11.4 [^]	12.6 [^]	11.3 [^]	12.2 [^]
Number of Suppers	3	19	10	58	13	77
Percentage of Programs ^e						
Delivered in bulk and portioned by staff ^a	5.1 [^]	35.2 [^]	0.0 [^]	24.6 [^]	0.1 [^]	25.0 [^]
Individually pre-portioned plates ^b	94.9 [^]	21.4 ^{^*}	60.1 [^]	59.4 [^]	60.5 [^]	58.2 [^]
Family style ^c	0.0 [^]	43.4 ^{^*}	0.0 [^]	0.5 [^]	0.0 [^]	1.8 [^]
Other ^d	0.0 [^]	1.1 [^]	28.5 [^]	16.0 [^]	28.2 [^]	15.6 [^]
Missing	0.0 [^]	0.0 ^{^*}	11.4 [^]	25.2 [^]	11.3 [^]	24.4 [^]
Number of Before and After School Programs	3	11	7	29	10	40

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff was selected if large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates was selected if individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily Style was selected if the serving dishes are on a community table at the beginning of service and children self-serve.

^dOther was selected for methods of services that did not fall in the previous categories.

^ePrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.18 Observed Type of Meal Service Used to Serve CACFP Snacks in Early Child Care Programs

	Child Care Centers				Head Start Programs			All				
	Age Group (Years)											
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	
Mean Percentage of Snacks Observed												
Delivered in bulk and portioned by staff ^a	60.4 [^]	61.5 [^]	53.7 [^]	89.5 [^]	45.9 [^]	44.5 [^]	24.1 [^]	59.1 [^]	59.7 [^]	47.0 [^]	89.5 [^]	
Individually pre-portioned plates ^b	14.0 [^]	24.0 [^]	22.3 [^]	7.8 [^]	54.1 [^]	45.6 [^]	28.7 [^]	17.6 [^]	26.4 [^]	23.7 [^]	7.8 [^]	
Family style ^c	0.2 [^]	1.0 [^]	1.5 ^{***^}	2.3 [^]	0.0 [^]	3.2 [^]	38.9 [^]	0.2 [^]	1.3 [^]	9.9 [^]	2.3 [^]	
Other ^d	0.0 [^]	0.0 [^]	0.1 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.2 [^]	0.0 [^]	0.0 [^]	0.1 [^]	0.0 [^]	
Missing	25.4 [^]	13.4 [^]	22.5 [^]	0.4 [^]	0.0 [^]	6.7 [^]	8.2 [^]	23.1 [^]	12.7 [^]	19.2 [^]	0.4 [^]	
Number of Snacks	16	53	150	22	4	9	167	20	62	317	22	
Percentage of Programs ^e												
Delivered in bulk and portioned by staff ^a	60.4 [^]	74.9 [^]	54.6 [^]	90.1 [^]	45.9 [^]	44.5 [^]	27.1 [^]	59.1 [^]	71.7 [^]	48.4 [^]	90.1 [^]	
Individually pre-portioned plates ^b	14.0 [^]	24.7 [^]	23.2 [^]	8.4 [^]	54.1 [^]	45.6 [^]	34.6 [^]	17.6 [^]	27.0 [^]	25.8 [^]	8.4 [^]	
Family style ^c	0.2 [^]	1.7 [^]	2.2 ^{***^}	2.3 [^]	0.0 [^]	3.2 [^]	43.9 [^]	0.2 [^]	1.8 [^]	11.6 [^]	2.3 [^]	
Other ^d	0.0 [^]	0.0 [^]	0.2 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.3 [^]	0.0 [^]	0.0 [^]	0.2 [^]	0.0 [^]	
Missing	25.4 [^]	26.8 [^]	22.5 [^]	0.4 [^]	0.0 [^]	6.7 [^]	13.6 [^]	23.1 [^]	24.6 [^]	20.5 [^]	0.4 [^]	
Number of Early Child Care Programs	10	26	80	17	4	7	86	14	33	166	17	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff means large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates means individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily style means the serving dishes are on a community table at the beginning of service and children self-serve.

^dOther means methods of services that did not fall in the previous categories.

^ePrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.19 Observed Type of Meal Service Used to Serve CACFP Snacks in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Mean Percentage of Snacks Observed						
Delivered in bulk and portioned by staff ^a	5.2 [^]	18.5 [^]	14.6 [^]	0.1 [^]	12.5 [^]	5.0 [^]
Individually pre-portioned plates ^b	52.0 [^]	36.4 [^]	42.7 [^]	61.7 [^]	44.8 [^]	54.9 [^]
Family style ^c	36.0 [^]	37.9 [^]	42.7 [^]	37.2 [^]	41.2 [^]	37.4 [^]
Other ^d	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Missing	6.8 [^]	7.2 [^]	0.0 [^]	1.1 [^]	1.5 [^]	2.7 [^]
Number of Snacks	17	64	8	27	25	91
Percentage of Programs ^e						
Delivered in bulk and portioned by staff ^a	5.2 [^]	26.2 [^]	14.6 [^]	0.2 [^]	12.5 [^]	7.1 [^]
Individually pre-portioned plates ^b	52.0 [^]	42.5 [^]	42.7 [^]	65.3 [^]	44.8 [^]	59.3 [^]
Family style ^c	36.0 [^]	41.0 [^]	42.7 [^]	41.9 [^]	41.2 [^]	41.7 [^]
Other ^d	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Missing	6.8 [^]	14.3 [^]	0.0 [^]	2.2 [^]	1.5 [^]	5.4 [^]
Number of Before and After School Programs	13	36	5	12	18	48

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. The types of meal service were defined as the *initial* service methods used for the majority of foods for the meal.

^aDelivered in bulk and portioned by staff was selected if large serving dishes arrive in the classroom and then staff portion the plates for children on individual dishes or trays.

^bIndividually pre-portioned plates was selected if individual dishes or trays arrive in the classroom already portioned for children, and staff passes them out.

^cFamily Style was selected if the serving dishes are on a community table at the beginning of service and children self-serve.

^dOther was selected for methods of services that did not fall in the previous categories.

^ePrograms that use more than one type of meal service are counted more than once. The meal service categories are not mutually exclusive.

CACFP= Child and Adult Care Food Program.

Table D.4.20 Mean Meal Duration for CACFP Meals and Snacks Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			All			
	Age Group (Years)										
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12
Breakfasts											
Average meal length in minutes (Range)	26.5^ (20.0-43.0)	25.6^ (15.0-60.0)	26.1^ (10.0-120.0)	41.6^ (15.0-45.0)	26.8^ (13.0-30.0)	26.8^ (13.0-38.5)	26.3 (5.0-75.0)	26.5^ (13.0-43.0)	25.8^ (13.0-60.0)	26.2 (5.0-120.0)	41.6^ (15.0-45.0)
Percent of programs with breakfast duration											
< 10 minutes	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.6^	0.0^	0.0^	0.2^	0.0^
10 – < 20 minutes	0.0^	2.7^	8.4^	0.2^	22.9^	18.1^	17.9^	2.7^	4.7^	11.5^	0.2^
20 – < 30 minutes	56.4^	76.7****	41.7^	14.3^	0.0^	16.5^	44.5	49.7^	69.2^	42.6^	14.3^
30 – < 40 minutes	43.4^	16.9^	35.0^	2.4^	77.1^	65.4^	29.5	47.4^	22.9^	33.2^	2.4^
40 – < 50 minutes	0.3^	3.3^	1.9^	77.3^	0.0^	0.0^	6.6^	0.2^	2.9^	3.5^	77.3^
50 – < 60 minutes	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.4^	0.0^	0.0^	0.2^	0.0^
≥ 60 minutes	0.0^	0.0^	0.2^	0.0^	0.0^	0.0^	0.1^	0.0^	0.0^	0.2^	0.0^
Ongoing meal ^a	0.0^	0.4^	12.7^	5.9^	0.0^	0.0^	0.3^	0.0^	0.3^	8.6^	5.9^
Missing	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.1^	0.0^	0.0^	0.0^	0.0^
Number of Breakfasts ^b	9	33	118	11	6	12	213	15	45	331	11
Number of Early Child Care Programs	7	22	68	9	5	10	107	12	32	175	9
Lunches/Suppers											
Average meal length in minutes (Range)	27.1^*^ (20.0-45.0)	28.3^ (11.0-90.0)	28.3^ (11.0-90.0)	24.2^ (13.0-90.0)	21.6^ (15.5-37.0)	23.2^ (15.5-37.0)	27.5 (12.0-55.0)	26.6^ (15.5-45.0)	27.7^ (11.0-90.0)	28.1 (11.0-90.0)	24.2^ (13.0-90.0)
Percent of programs with lunch/ supper duration											
< 10 minutes	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
10 – < 20 minutes	0.0^	0.5^	3.3^	2.1^	34.3^	27.1^	15.5^	3.2^	3.4^	6.3^	2.1^
20 – < 30 minutes	57.7^	54.5^	51.5^	81.7^	63.9^	64.1^	50.0	58.3^	55.5^	51.2	81.7^
30 – < 40 minutes	40.0^	41.2^	41.0^	13.2^	1.8^	8.8^	24.5	36.4^	37.7^	36.9^	13.2^
40 – < 50 minutes	2.3^	3.6^	4.0^	0.0^	0.0^	0.0^	3.1^	2.1^	3.2^	3.8^	0.0^
50 – < 60 minutes	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	6.0^	0.0^	0.0^	1.5^	0.0^
≥ 60 minutes	0.0^	0.1^	0.1^	3.1^	0.0^	0.0^	0.0^	0.0^	0.1^	0.1^	3.1^
Ongoing meal ^a	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^
Missing	0.0^	0.0^	0.0^	0.0^	0.0^	0.0^	0.9^	0.0^	0.0^	0.2^	0.0^
Number of Lunches and Suppers ^b	13	51	134	18	6	12	238	19	63	372	18

	Child Care Centers				Head Start Programs			All			
	Age Group (Years)										
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12
Number of Early Child Care Programs	10	27	75	12	5	10	117	15	37	192	12

	Child Care Centers				Head Start Programs			All			
	Age Group (Years)										
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12
Snacks ^c											
Average meal length in minutes (Range)	17.8 ^a (15.0-30.0)	19.6 ^a (5.0-90.0)	20.2 ^a (4.0-35.0)	17.4 ^a (10.0-25.0)	18.4 ^a (17.0-20.0)	17.8 ^a (10.0-23.0)	17.7 ^a (6.0-35.0)	17.8 ^a (15.0-30.0)	19.4 ^a (5.0-90.0)	19.7 (4.0-35.0)	17.4 ^a (10.0-25.0)
Percent of programs with snack duration											
< 10 minutes	0.0 ^a	0.1 ^a	4.2 ^a	0.0 ^a	0.0 ^a	0.0 ^a	2.6 ^a	0.0 ^a	0.1 ^a	3.9 ^a	0.0 ^a
10 – < 20 minutes	64.7 ^a	42.1 ^a	32.3 ^a	91.8 ^a	59.4 ^a	62.6 ^a	55.9 ^a	64.2 ^a	44.3 ^a	37.6 ^a	91.8 ^a
20 – < 30 minutes	35.3 ^a	53.5 ^a	59.8 ^a	8.1 ^a	36.8 ^a	34.2 ^a	34.7 ^a	35.4 ^a	51.4 ^a	54.1	8.1 ^a
30 – < 40 minutes	0.0 ^a	0.0 ^a	0.1 ^{aa}	0.0 ^a	0.0 ^a	0.0 ^a	3.1 ^a	0.0 ^a	0.0 ^a	0.7 ^a	0.0 ^a
Ongoing meal ^a	0.0 ^a	0.4 ^a	0.0 ^a	0.0 ^a	3.8 ^a	3.2 ^a	1.1 ^a	0.3 ^a	0.7 ^a	0.3 ^a	0.0 ^a
Missing	0.0 ^a	3.9 ^a	3.6 ^a	0.1 ^a	0.0 ^a	0.0 ^a	2.6 ^a	0.0 ^a	3.5 ^a	3.4 ^a	0.1 ^a
Number of Snacks ^b	16	53	150	22	4	9	167	20	62	317	22
Number of Early Child Care Programs	10	26	80	17	4	7	86	14	33	166	17

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted. Duration was recorded as the minutes between the time when 75% of children were seated for a meal and the time when 75% of children had left the meal for each meal observed.

^aOngoing meals are defined as meals without a defined time for the end of the meal. An example of this might be an afterschool program in which the children are instructed to grab a snack if they are hungry and the food isn’t removed for a long period of time.

^bThe total number of each meal or snack observed for this age group and program type.

^cIncludes morning snack, afternoon snack, and evening snack.

CACFP= Child and Adult Care Food Program.

Table D.4.21 Mean Meal Duration for CACFP Meals and Snacks Served in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Breakfasts						
Average meal length in minutes (Range)	23.4^ (20.0-27.0)	39.8^ (7.0-75.0)	--	--	23.4^ (20.0-27.0)	39.8^ (7.0-75.0)
Percent of programs with breakfast duration						
< 10 minutes	0.0^	5.3^	--	--	0.0^	5.3^
10 – < 20 minutes	0.0^	9.9^	--	--	0.0^	9.9^
20 – < 30 minutes	100.0^	42.3^	--	--	100.0^	42.3^
30 – < 40 minutes	0.0^	0.0^	--	--	0.0^	0.0^
40 – < 50 minutes	0.0^	6.4^	--	--	0.0^	6.4^
50 – < 60 minutes	0.0^	0.0^	--	--	0.0^	0.0^
≥ 60 minutes	0.0^	36.1^	--	--	0.0^	36.1^
Ongoing meal ^a	0.0^	0.0^	--	--	0.0^	0.0^
Missing	0.0^	0.0^	--	--	0.0^	0.0^
Number of Breakfasts ^b	3	10	--	--	3	10
Number of Before and After School Programs	2	5	--	--	2	5
Suppers						
Average meal length in minutes (Range)	20.6^ (19.0-30.0)	23.2^ (15.0-45.0)	29.7^ (15.0-45.0)	26.1^ (6.0-45.0)	29.6^ (15.0-45.0)	26.0^ (6.0-45.0)
Percent of programs with supper duration						
< 10 minutes	0.0^	0.0^	0.0^	1.0^	0.0^	1.0^
10 – < 20 minutes	29.0^	31.2^	18.7^	21.3^	18.9^	21.6^
20 – < 30 minutes	0.0^	41.6^	28.2^	45.3^	27.9^	45.2^
30 – < 40 minutes	5.1^	5.0^	20.6^	15.0^	20.4^	14.7^
40 – < 50 minutes	0.0^	8.2^	28.5^	15.1^	28.2^	14.9^
Ongoing meal ^a	65.9^a	14.0^	3.9^	2.1^	4.7^	2.4^
Missing	0.0^	0.0^	0.0^	0.3^	0.0^	0.3^
Number of Suppers ^b	3	19	10	58	13	77
Number of Before and After School Programs	3	11	7	29	10	40

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Group (Years)					
	3-5	6-12	3-5	6-12	3-5	6-12
Snacks ^c						
Average meal length in minutes (Range)	19.0 ^a (4.5-37.0)	23.0 ^a (4.5-70.0)	23.4 ^a (12.0-30.0)	24.3 ^a (9.0-60.0)	22.4 ^a (4.5-37.0)	24.0 ^a (4.5-70.0)
Percent of programs with snack duration						
< 10 minutes	7.5 ^a	4.6 ^a	0.0 ^a	0.1 ^a	1.7 ^a	1.3 ^a
10 – < 20 minutes	50.9 ^a	50.5 ^a	16.8 ^a	39.2 ^a	24.4 ^a	42.2 ^a
20 – < 30 minutes	29.9 ^a	27.1 ^a	43.4 ^a	17.3 ^a	40.4 ^a	19.9 ^a
30 – < 40 minutes	11.7 ^a	5.4 ^a	39.8 ^a	31.5 ^a	33.5 ^a	24.6 ^a
40 – < 50 minutes	0.0 ^a	0.8 ^a	0.0 ^a	2.2 ^a	0.0 ^a	1.8 ^a
50 – < 60 minutes	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a	0.0 ^a
≥ 60 minutes	0.0 ^a	8.3 ^a	0.0 ^a	2.2 ^a	0.0 ^a	3.8 ^a
Ongoing meal ^a	0.0 ^a	2.1 ^a	0.0 ^a	7.2 ^a	0.0 ^a	5.9 ^a
Missing	0.0 ^a	1.3 ^a	0.0 ^a	0.3 ^a	0.0 ^a	0.5 ^a
Number of Snacks ^b	17	64	8	27	25	91
Number of Before and After School Programs	13	36	5	12	18	48

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours programs and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Before and after school programs include Outside-of-School Hours programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. This study limited data collection for At-Risk Afterschool programs to afternoon snack, supper, and evening snack. Duration was recorded as the minutes between the time when 75% of children were seated for a meal and the time when 75% of children had left the meal for each meal observed.

^aOngoing meals are defined as meals without a defined time for the end of the meal. An example of this might be an afterschool program in which the children are instructed to grab a snack if they are hungry and the food isn’t removed for a long period of time.

^bThe total number of each meal or snack observed for this age group and program type.

^cIncludes afternoon snack and evening snack.

CACFP= Child and Adult Care Food Program.

Table D.4.22 Water Availability and Amount Served in Early Child Care Programs

	Child Care Centers				Head Start Programs			Family Day Care Homes				All			
	Age Groups														
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12
CACFP Breakfasts															
Mean percentage of breakfasts that include water ^a	9.1 [^]	9.3 [^]	9.1 [^]	9.9 [^]	9.7 [^]	11.3 [^]	14.1	9.0	10.7	10.8	11.3	9.1	10.3	10.6	10.9
Mean amount (fl. oz.) ^b	3.0 [^]	3.0 [^]	3.2 [^]	--	--	8.0 [^]	4.1 [^]	--	--	--	--	3.0 [^]	3.1 [^]	3.3 [^]	--
Number of Early Child Care Programs ^c	148	177	199	107	50	64	227	118	141	169	97	316	382	595	204
Number of Early Child Care Programs with Water Observations ^d	1	1	13	0	0	1	16	--	--	--	--	1	2	29	0
CACFP Lunches															
Mean percentage of lunches that include water ^a	11.8 [^]	11.4	11.3	13.3 [^]	9.2 [^]	11.5 [^]	14.8	17.2	15.6	17.9	24.5	15.5	14.2	15.8	21.4
Mean amount (fl. oz.) ^b	3.0 [^]	3.7 ^{***^}	3.6 [^]	8.0 [^]	--	8.0 [^]	4.0 [^]	--	--	--	--	3.0 [^]	3.8 [^]	3.6 [^]	8.0 [^]
Number of Early Child Care Programs ^c	156	185	208	98	51	66	233	136	168	192	90	343	419	633	188
Number of Early Child Care Programs with Water Observations ^d	2	5	19	1	0	1	24	--	--	--	--	2	6	43	1
CACFP Suppers															
Mean percentage of suppers that include water ^a	31.6 [^]	33.4 ^{**^}	30.7 [^]	24.3 [^]	--	0.0 ^{†^}	15.0 [^]	20.3 [^]	14.1 [^]	22.2	19.3	21.7	16.5 [^]	23.1	19.9
Mean amount (fl. oz.) ^b	--	4.0 [^]	--	--	--	--	--	--	--	--	--	--	4.0 [^]	--	--
Number of Early Child Care Programs ^c	14	14	16	16	0	2	5	43	46	58	56	57	62	79	72
Number of Early Child Care Programs with Water Observations ^d	0	1	0	0	0	0	0	--	--	--	--	0	1	0	0
CACFP Morning Snack															
Mean percentage of morning snacks that include water ^a	31.9 [^]	33.1 [^]	34.8 [^]	30.8 [^]	39.1 [^]	26.9 [^]	26.8 [^]	36.5	37.1	32.8	34.7	36.1	36.7	32.9	34.3
Mean amount (fl. oz.) ^b	4.0 [^]	4.9 [^]	4.0 ^{***^}	--	--	--	5.8 [^]	--	--	--	--	4.0 [^]	4.9 [^]	4.1 [^]	--
Number of Early Child Care Programs ^c	20	26	29	14	3	4	16	79	98	106	48	102	128	151	62
Number of Early Child Care Programs with Water Observations ^d	1	1	3	0	0	0	3	--	--	--	--	1	1	6	0
CACFP Afternoon Snack															
Mean percentage of afternoon snacks that include water ^a	35.0	33.8	34.8	34.4	27.2	33.0	38.4	31.9	33.6	32.2	30.6	32.7	33.6	33.5	31.7
Mean amount (fl. oz.) ^b	3.8 ^{***^}	3.4 ^{***^}	4.3 [^]	6.6 [^]	5.5 [^]	5.5 [^]	4.7 [^]	--	--	--	--	3.9 [^]	3.5 [^]	4.4 [^]	6.6 [^]
Number of Early Child Care Programs ^c	152	183	209	128	45	54	181	114	140	166	109	311	377	556	237
Number of Early Child Care Programs with Water Observations ^d	5	13	43	3	2	3	41	--	--	--	--	7	16	84	3

	Child Care Centers				Head Start Programs			Family Day Care Homes				All				
	Age Groups															
	1	2	3-5	6-12	1	2	3-5	1	2	3-5	6-12	1	2	3-5	6-12	
CACFP Evening Snack																
Mean percentage of evening snacks that include water ^a	63.0 ^{***A}	63.0 ^{***A}	63.0 ^{***A}	58.9 ^A	0.0 ^{†††A}	0.0 ^{†A}	0.0 ^{††A}	55.9 ^A	53.6 ^A	37.4 ^A	32.7 ^A	56.5 ^A	55.2 ^A	39.7 ^A	34.7 ^A	
Mean amount (fl. oz.) ^b	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	
Number of Early Child Care Programs ^c	5	5	5	4	1	1	1	7	5	17	17	13	11	23	21	
Number of Early Child Care Programs with Water Observations ^d	0	0	0	0	0	0	0	--	--	--	--	0	0	0	0	

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey and Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Head Start programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level or †0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Early child care programs include Child Care Centers, Head Start programs, and Family Day Care Homes. Early child care programs may also provide care to older children. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

^aPercentage of meals that include water is based on Menu Surveys. Mean percentage of meals (breakfast, lunch, supper, morning snack, afternoon snack, and evening snack) serving water is calculated in two steps. First, the percentage of meals serving water is calculated for each program as $100 * (\# \text{ of program meals serving water}) / (\# \text{ of meals served by program})$. Second, the mean percentage serving water is calculated as the weighted mean of these program-level percentages.

^bMean amount of water served is based on Meal Observation Forms. Meal observations were conducted at Family Day Care Homes as part of a feasibility study based on a convenience sample and are not included in this analysis.

^cThe total number of programs in the Menu Survey sample for a given meal/age/program type. Programs with menus for more than one age group are counted in each age group.

^dThe number of programs in the Meal Observation sample observed serving water for a given meal/age/program type. Programs with observations for more than one age group are counted in each age group.

CACFP= Child and Adult Care Food Program.

Table D.4.23 Water Availability and Amount Served in Before and After School Programs

	Outside-of-School Hours Programs		At-Risk Afterschool Programs		All	
	Age Groups					
	3-5	6-12	3-5	6-12	3-5	6-12
CACFP Breakfasts						
Mean percentage of breakfasts that include water ^a	17.0 [^]	12.9 [^]	--	--	17.0 [^]	12.9 [^]
Mean amount (fl. oz.) ^b	6.0 [^]	4.0 [^]	--	--	6.0 [^]	4.0 [^]
Number of Early Child Care Programs ^c	23	30	--	--	23	30
Number of Early Child Care Programs with Water Observations ^d	1	1	--	--	1	1
CACFP Suppers						
Mean percentage of suppers that include water ^a	13.6 [^]	11.4 ^{****a}	3.5 [^]	2.7 [^]	3.8 [^]	3.0 [^]
Mean amount (fl. oz.) ^b	4.0 [^]	8.9 ^{**a}	--	6.0 [^]	4.0 [^]	6.6 [^]
Number of Early Child Care Programs ^c	12	28	47	100	59	128
Number of Early Child Care Programs with Water Observations ^d	1	2	0	1	1	3
CACFP Afternoon Snack						
Mean percentage of afternoon snacks that include water ^a	34.5	34.1	22.3 [^]	22.9 [^]	24.6 [^]	25.1
Mean amount (fl. oz.) ^b	6.3 ^{****a}	4.7 ^{****a}	3.6 [^]	7.8 [^]	4.1 [^]	6.1 [^]
Number of Early Child Care Programs ^c	65	120	35	58	100	178
Number of Early Child Care Programs with Water Observations ^d	3	11	1	2	4	13
CACFP Evening Snack						
Mean percentage of evening snacks that include water ^a	29.1 [^]	26.4 ^{****a}	0.0 [^]	0.0 [^]	0.6 [^]	2.2 [^]
Mean amount (fl. oz.) ^b	--	--	--	--	--	--
Number of Early Child Care Programs ^c	3	7	6	8	9	15
Number of Early Child Care Programs with Water Observations ^d	0	0	0	0	0	0

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Menu Survey and Meal Observation Form, Winter through Summer, 2017.

Tabulations are weighted to be nationally representative of before and after school programs participating in the Child and Adult Care Food Program (CACFP). Table includes only programs for which the analysis variables were available.

Difference between Outside-of-School Hours and At-Risk Afterschool programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

A “--” means either not applicable or no data.

Notes: Before and after school programs include Outside-of-School Hours Programs and At-Risk Afterschool programs. The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before and after school program may be double-counted. This study limited data collection for At-Risk Afterschool programs to afternoon snack, supper, and evening snack.

^aPercentage of meals that include water is based on Menu Surveys. Mean percentage of meals (breakfast, lunch, supper, morning snack, afternoon snack, and evening snack) serving water is calculated in two steps. First, the percentage of meals serving water is calculated for each program as 100*(# of program meals serving water)/(# of meals served by program). Second, the mean percentage serving water is calculated as the weighted mean of these program-level percentages.

^bMean amount of water served is based on Meal Observation Forms.

^cThe total number of programs in the Menu Survey sample for a given meal/age/program type. Programs with menus for more than one age group are counted in each age group.

^dThe number of programs in the Meal Observation sample observed serving water for a given meal/age/program type. Programs with observations for more than one age group are counted in each age group.

CACFP= Child and Adult Care Food Program.

Table D.4.24 Water Availability at Non-meal Times as Observed in Early Child Care Programs

	Percentage of Early Child Care Programs		
	Child Care Centers	Head Start Programs	All
Among sites with outdoor activities (N=182)			
Drinking water availability for children outdoors^a			
Available for self-service (water fountain or jug or water bottles)	36.3	43.1	37.8
Easily visible and available on request	21.1	29.2	23.0
Available during designated water breaks	12.3 ^a	9.0 ^a	11.5
Water not available	41.4	33.9	39.7
Other ^b	2.7 ^a	1.1 ^a	2.4 ^a
Among sites where drinking water is available outside (N=107):			
How children get drinking water while outdoors^a			
Water fountain	28.2	20.1	26.1
Water cooler (such as in an office setting)	5.0 ^a	18.8 ^a	8.6 ^a
Communal water pitcher or jug or thermos	48.4	48.2	48.4
Individual water bottles	18.9 ^a	9.6 ^a	16.5 ^a
Other ^c	9.9 ^a	4.0 ^a	8.4 ^a
Drinking water availability for children indoors^a			
Available for self-service (water fountain or jug or water bottles or cooler)	54.4	67.2	57.9
Easily visible and available on request	45.2	40.2	43.9
Available during designated water breaks	16.1 ^a	13.0	15.3 ^a
Only during meals and snacks	15.0	13.5	14.6
Water not available for children	1.2 ^a	1.5 ^a	1.3 ^a
Other ^d	0.0 ^a	2.8 ^a	0.8 ^a
Among sites where drinking water is available inside (N=217)			
How children get drinking water while indoors^a			
Water fountain	37.4	37.6	37.5
Faucet from sink	20.8	20.8	20.8
Water cooler (such as in an office setting)	6.2 ^a	16.3	8.9
Communal water pitcher or jug or thermos	42.5	34.5	40.3
Individual water bottles	13.4 ^a	5.0 ^a	11.2
Other ^e	4.4 ^a	3.5 ^a	4.1 ^a
Number of Early Child Care Programs	95	130	225

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start Programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level. A "a" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

Early child care programs include Child Care Centers, Head Start, and Family Day Care Home Programs.

Early child care programs may also provide care to older children.

^aResponses may total more than 100 percent because variables are not mutually exclusive.

^bIncludes programs where water is available for some groups or in some locations but not for all groups and locations. Also includes programs where water is readily available for children while they are outside but the water source may be inside.

^cIncludes programs with available water but where children were not observed drinking water, or where water was available at some locations and for some groups. Also includes programs where water is readily available for children while they are outside but the water source may be inside.

^dIncludes programs where children were not observed drinking water, or where water was available at some locations and for some groups.

^eIncludes programs with available water where children were not observed drinking water, or where water was available at some locations and for some groups. Also includes programs where children are given individual drinking cups.

Table D.4.25 Water Availability at Non-meal Times as Observed in Before and After School Programs

	Percentage of Before and After School Programs		
	Outside-of-School Hours Programs	At-Risk Afterschool Programs	All
Among sites with outdoor activities (N=52)			
Drinking water availability for children outdoors^a			
Available for self-service (water fountain or jug or water bottles)	13.9 ^{***A}	80.6 ^A	70.3 ^A
Easily visible and available on request	12.9 ^A	27.4 ^A	25.2 ^A
Available during designated water breaks	19.0 ^A	1.6 ^A	4.3 ^A
Water not available	64.2 ^{***A}	12.3 ^A	20.4 ^A
Other ^b	0.0 ^A	5.4 ^A	4.5 ^A
Among sites where drinking water is available outside (N=29):			
How children get drinking water while outdoors^a			
Water fountain	20.1 ^{**A}	68.0 ^A	65.0 ^A
Water cooler (such as in an office setting)	0.0 ^A	3.4 ^A	3.2 ^A
Communal water pitcher or jug or thermos	27.9 ^A	26.8 ^A	26.9 ^A
Individual water bottles	5.0 ^A	8.0 ^A	7.8 ^A
Other ^c	47.0 ^A	8.0 ^A	10.4 ^A
Drinking water availability for children indoors^a			
Available for self-service (water fountain/ jug/ water bottles/cooler)	69.4 ^A	95.0 ^A	91.0 ^A
Easily visible and available on request	50.1 ^{**}	18.5 ^A	23.4 ^A
Available during designated water breaks	12.9 ^A	1.9 ^A	3.6 ^A
Only during meals and snacks	4.2 ^A	0.0 ^A	0.7 ^A
Water not available for children	0.0 ^A	0.0 ^A	0.0 ^A
Other ^d	0.0 ^A	0.0 ^A	0.0 ^A
Among sites where drinking water is available inside (N=85)			
How children get drinking water while indoors^a			
Water fountain	63.8	77.9 ^A	75.7 ^A
Faucet from sink	24.8 ^A	14.1 ^A	15.7 ^A
Water cooler (such as in an office setting)	2.7 ^A	3.5 ^A	3.4 ^A
Communal water pitcher or jug or thermos	33.9 ^{AA}	4.5 ^A	9.0 ^A
Individual water bottles	5.1 ^A	6.2 ^A	6.1 ^A
Other ^e	5.8 ^A	5.1 ^A	5.2 ^A
Number of Early Child Care Programs	46	41	87

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Outside-of-School Hours Programs and At-Risk Afterschool Programs is significantly different from zero ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before or after school program may be double-counted.

Before and after school programs include Outside-of-School Hours, and At-Risk Afterschool Programs.

^aResponses may total more than 100 percent because variables are not mutually exclusive.

^bIncludes programs where water is available for some groups or in some locations but not for all groups and locations. Also includes programs where water is readily available for children while they are outside but the water source may be inside.

^cIncludes programs with available water but where children were not observed drinking water, or where water was available at some locations and for some groups. Also includes programs where water is readily available for children while they are outside but the water source may be inside.

^dIncludes programs where children were not observed drinking water, or where water was available at some locations and for some groups.

^eIncludes programs with available water where children were not observed drinking water, or where water was available at some locations and for some groups. Also includes programs where children are given individual drinking cups.

D.5 Food Service Policies and Practices

Table D.5.1 Policies and Practices on Receiving Seconds and Declining Foods Served Reported in Early Child Care Programs

	Percentage of Early Child Care Programs			
	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Have a policy that describes what staff should do when children decline served food				
Have an informal policy (spoken but not written)	46.8**	30.3†††	50.5	47.8
Have a written policy	31.0***	57.6†††	9.9###	19.3
Do not have a policy	19.5**	8.0†††^	37.8###	30.6
Don't know	2.7^	4.2^	1.9^	2.3^
Have a policy regarding additional or second servings of foods or beverages				
Have an informal policy (spoken but not written)	50.0**	34.2†	45.8	45.9
Have a written policy	24.9***	53.8†††	9.2###	17.0
Do not have a policy	21.0**	8.5†††	41.6##	33.6
Don't know	4.0^	3.4^	3.4^	3.5
Second servings are allowed for the following foods or beverages^a				
Any food	53.1	54.1	52.7	52.9
Fruit	48.4	47.1†	60.7##	56.5
Vegetables	50.0	46.6†	62.8##	58.2
Meat/meat alternate (e.g., chicken, beef, beans, nuts)	40.8	36.9†	49.0	45.9
Mixed foods (e.g., chili, lasagna, taco)	30.5	31.1	31.9	31.5
Cereal	39.8	33.4	39.6	39.1
Grain/bread (e.g., rice, pasta, roll)	36.8	36.9†	46.2#	43.0
Milk	44.8	39.2	48.2	46.6
Dairy (e.g., cheese, yogurt)	31.0	33.9†	46.5##	41.5
100% juice	21.8	18.5	23.4	22.6
Water	47.4	44.6†	57.4#	53.8
Other beverages	4.0^	1.7†^	6.5	5.5
Salty snack (e.g., chips, crackers)	16.6	10.5†	18.0	17.0
Sweet snack/dessert (e.g., cookies, cakes)	8.9*	2.1†^	6.5^	6.7
Second servings are not allowed	6.1^	3.2^	1.0#^	2.5
Don't know	2.4^	4.8^	2.2^	2.5^
Number of Early Child Care Programs	257	300	213	770

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start Programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Difference between Head Start Programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level

A “^” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

Early child care programs include Child Care Centers, Head Start, and Family Day Care Home Programs.

Early child care programs may also provide care to older children.

^aResponses may total more than 100 percent because variables are not mutually exclusive.

Table D.5.2 Policies and Practices on Receiving Seconds and Declining Foods Served Reported in Before and After School Programs

	Percentage of Before and After School Programs		
	Outside-of-School Hours Programs	At-Risk Afterschool Programs	All
Have a policy that describes what staff should do when children decline served food			
Have an informal policy (spoken but not written)	58.1 [*]	43.2	44.8
Have a written policy	21.9 [*]	33.7	32.4
Do not have a policy	18.9	19.3	19.3
Don't know	1.0 [^]	3.8 [^]	3.5 [^]
Have a policy regarding additional or second servings of foods or beverages			
Have an informal policy (spoken but not written)	65.5 ^{**}	42.6	45.2
Have a written policy	18.5 [^]	41.7	39.1
Do not have a policy	14.1	14.6	14.6
Don't know	1.8 [^]	1.0 [^]	1.1 [^]
Second servings are allowed for the following foods or beverages^a			
Any food	44.6 ^{**}	22.7	25.1
Fruit	41.1	36.0	36.6
Vegetables	39.8	35.6	36.1
Meat/meat alternate (e.g., chicken, beef, beans, nuts)	20.1	14.7	15.3
Mixed foods (e.g., chili, lasagna, taco)	15.7	9.9 [^]	10.5
Cereal	26.4 ^{**}	10.4 [^]	12.2
Grain/bread (e.g., rice, pasta, roll)	24.9	15.8	16.8
Milk	32.1 [*]	19.7	21.0
Dairy (e.g., cheese, yogurt)	28.4 [*]	13.0	14.8
100% juice	17.4	8.6 [^]	9.6 [^]
Water	43.0 ^{**}	22.8	25.0
Other beverages	0.9 [^]	0.7 [^]	0.7 [^]
Salty snack (e.g., chips, crackers)	12.3	4.9 [^]	5.7 [^]
Sweet snack/dessert (e.g., cookies, cakes)	1.4 [^]	3.7 [^]	3.4 [^]
Second servings are not allowed	6.6 ^{***}	38.1	34.6
Don't know	3.1 [^]	3.4 [^]	3.3 [^]
Number of Before and After School Programs	162	151	313

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Outside-of-School Hours Programs and At-Risk Afterschool Programs is significantly different from zero ***0.001 level, **0.01 level, or *0.05 level.

A “A” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one before or after school program may be double-counted.

Before and after school programs include Outside-of-School Hours, and At-Risk Afterschool Programs.

^aResponses may total more than 100 percent because variables are not mutually exclusive.

Table D.5.3 Policies About Children Bringing Meals or Snacks from Home Reported in Early Child Care Programs

	Percentage of Early Child Care Programs			
	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Policy on who provides food by meal type				
Breakfast^a (n=723)				
Program provides food	97.3 [^]	99.7 [^]	97.6 [^]	97.7
Program allows parents to send food from home	18.9 ^{***}	4.0 ^{††^}	16.0	15.7
Program requires parents to send food from home	0.0 [^]	0.0 [^]	1.3 [^]	0.9 [^]
Program does not allow parents to send food from home	28.5 ^{***}	48.0 ^{†††}	27.1	29.3
Morning snack^a (n=299)				
Program provides food	91.1 [^]	97.6 [^]	97.7 [^]	96.9 [^]
Program allows parents to send food from home	22.0 [*]	6.3 ^{†^}	16.8	17.1
Program requires parents to send food from home	0.0 [^]	0.0 [^]	1.0 [^]	0.9 [^]
Program does not allow parents to send food from home	30.1 [*]	48.6 ^{†††}	22.4	24.2
Lunch^a (n=752)				
Program provides food	97.6 [^]	99.7 [^]	100.0 ^{#^}	99.4 [^]
Program allows parents to send food from home	16.8 ^{***}	5.6 [†]	13.4	13.6
Program requires parents to send food from home	1.6 ^{***}	0.0 [^]	0.0 ^{##^}	0.4 [^]
Program does not allow parents to send food from home	28.3 ^{**}	45.7 ^{†††}	25.9	28.2
Afternoon snack^a (n=684)				
Program provides food	99.2 [^]	100.0 [^]	99.4 [^]	99.4 [^]
Program allows parents to send food from home	16.8 ^{***}	3.2 ^{†††^}	16.1	15.3
Program requires parents to send food from home	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Program does not allow parents to send food from home	28.2 ^{**}	45.5 ^{†††}	25.2	27.5
Dinner or supper^a (n=152)				
Program provides food	94.4 [^]	100.0 [^]	97.8 [^]	97.5 [^]
Program allows parents to send food from home	19.0 [^]	8.6 [^]	17.4	17.5
Program requires parents to send food from home	0.0 [^]	0.0 [^]	0.0 [^]	0.0 [^]
Program does not allow parents to send food from home	25.1 [^]	45.3 [^]	20.6	21.2
Evening snack^a (n=100)				
Program provides food	88.1 [^]	100.0 ^{†^}	93.5 [^]	93.2 [^]
Program allows parents to send food from home	11.9 [^]	0.0 ^{†††^}	21.1	20.1
Program requires parents to send food from home	0.0 [^]	0.0 [^]	1.4 [^]	1.2 [^]
Program does not allow parents to send food from home	24.0 [^]	60.6 [^]	20.2	21.1
Other meals^{ab} (n=19)				
Program provides food	0.0 ^{****^}	56.8 [^]	16.5 [^]	17.2 [^]
Program allows parents to send food from home	100.0 ^{****^}	32.0 [^]	75.7 [^]	76.6 [^]
Program requires parents to send food from home	0.0 [^]	11.2 [^]	24.3 [^]	16.5 [^]
Program does not allow parents to send food from home	0.0 [^]	25.3 [^]	0.0 [^]	3.1 [^]
Have a policy on what types of foods or beverages can be brought from home for meals and snacks				
Have an informal policy (spoken but not written)	20.4 ^{***}	7.5 ^{†††}	36.4 ^{###}	29.7
Have a written policy	53.1 ^{***}	73.1 ^{†††}	22.9 ^{###}	35.2
Do not have a policy	22.4	15.9 ^{††}	38.8 ^{##}	32.5
Don't know	4.1 [^]	3.5 [^]	1.9 [^]	2.6 [^]

	Percentage of Early Child Care Programs			
	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Have a policy that describes the types of foods or beverages that can be brought from home for onsite celebrations that include children				
Have an informal policy (spoken but not written)	26.4 ^{***}	10.9 ^{†††}	42.6 ^{##}	35.8
Have a written policy	55.3 ^{***}	77.4 ^{†††}	19.1 ^{###}	33.3
Do not have a policy	15.7	9.6 ^{†††}	34.9 ^{###}	27.9
Don't know	2.6 [^]	2.2 [^]	3.3 [^]	3.0
Number of Early Child Care Programs	257	301	213	771

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start Programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Difference between Head Start Programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

The "All" column is based on counts of weighted programs, not providers, and so they may double-count providers with more than one early child care program

Early child care programs include Child Care Centers, Head Start, and Family Day Care Home Programs.

Early child care programs may also provide care to older children.

^aResponses may total more than 100 percent because variables are not mutually exclusive.

^bOther meals include those for celebrations, food or nutrition activities, and special dietary needs.

Table D.5.4 Policies About Children Bringing Meals or Snacks from Home Reported in Before and After School Programs

	Percentage of Before and After School Programs		
	Outside-of-School Hours	At-Risk Afterschool Programs	All
Policy on who provides food by meal type			
Breakfast^{ab} (n=172)			
Program provides food	95.9 ^a	92.8 ^a	93.1 ^a
Program allows parents to send food from home	29.4	45.6	43.9
Program requires parents to send food from home	0.0 ^a	3.0 ^a	2.7 ^a
Program does not allow parents to send food from home	22.8 ^{**}	8.7 ^a	10.1 ^a
Morning snack^{ab} (n=61)			
Program provides food	72.9 ^a	41.4 ^a	43.8 ^a
Program allows parents to send food from home	53.9 ^a	71.9 ^a	70.5 ^a
Program requires parents to send food from home	0.0 ^a	4.8 ^a	4.5 ^a
Program does not allow parents to send food from home	9.4 ^a	5.4 ^a	5.7 ^a
Lunch^{ab} (n=160)			
Program provides food	82.9 ^a	93.6 ^a	92.8 ^a
Program allows parents to send food from home	19.9 ^{***a}	46.6	44.6
Program requires parents to send food from home	13.9 ^a	4.5 ^a	5.2 ^a
Program does not allow parents to send food from home	14.8 ^a	8.8 ^a	9.3 ^a
Afternoon snack^a (n=239)			
Program provides food	100.0 ^a	91.6 ^a	92.8 ^a
Program allows parents to send food from home	36.4	37.4	37.2
Program requires parents to send food from home	0.0 ^a	0.0 ^a	0.0 ^a
Program does not allow parents to send food from home	17.3	13.5 ^a	14.1 ^a
Dinner or supper^a (n=137)			
Program provides food	98.2 ^a	99.2 ^a	99.2 ^a
Program allows parents to send food from home	13.3 ^a	29.0	28.3
Program requires parents to send food from home	0.0 ^a	0.0 ^a	0.0 ^a
Program does not allow parents to send food from home	12.8 ^a	8.7 ^a	8.9 ^a
Evening snack^a (n=49)			
Program provides food	96.8 ^a	78.0 ^a	79.7 ^a
Program allows parents to send food from home	44.7 ^a	41.6 ^a	41.9 ^a
Program requires parents to send food from home	0.0 ^a	0.0 ^a	0.0 ^a
Program does not allow parents to send food from home	0.0 ^a	18.8 ^a	17.2 ^a
Other meals^{ac} (n=2)			
Program provides food	0.0 ^a	54.0 ^a	54.0 ^a
Program allows parents to send food from home	0.0 ^a	46.0 ^a	46.0 ^a
Program requires parents to send food from home	0.0 ^a	0.0 ^a	0.0 ^a
Program does not allow parents to send food from home	0.0 ^a	0.0 ^a	0.0 ^a
Have a policy on what types of foods or beverages can be brought from home for meals and snacks			
Have an informal policy (spoken but not written)	20.0	16.9	17.2
Have a written policy	53.7 ^{**}	33.3	35.6
Do not have a policy	24.5 ^{**}	41.2	39.4
Don't know	1.9 ^a	8.6 ^a	7.8 ^a

	Percentage of Before and After School Programs		
	Outside-of-School Hours	At-Risk Afterschool Programs	All
Have a policy that describes the types of foods or beverages that can be brought from home for onsite celebrations that include children			
Have an informal policy (spoken but not written)	23.6	19.5	19.9
Have a written policy	52.1*	41.8	42.9
Do not have a policy	22.3	29.4	28.6
Don't know	1.9 ^a	9.3 ^a	8.5 ^a
Number of Before and After School Programs	162	151	313

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Outside-of-School Hours Programs and At-Risk Afterschool Programs is significantly different from zero ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before or after school program may be double-counted.

Before and after school programs include Outside-of-School Hours, and At-Risk Afterschool Programs.

^aResponses may total more than 100 percent because variables are not mutually exclusive.

^bAt-risk afterschool programs are eligible to claim reimbursement for one snack and one supper on any day. With State approval, they may claim reimbursement for breakfast or lunch instead of supper on weekends or vacation during the school year. Outside-school-hours programs may claim reimbursement for up to 2 meals (breakfast and supper) and 1 snack per child. In addition these programs may claim reimbursement for lunches as one of the two meals during school vacation, weekends, and holidays, and to children in schools that do not offer a lunch program. Providers' reported policies may encompass more than just the sampled program, and providers may choose to serve meals or snacks that are not reimbursed by the CACFP.

^cOther meals include those for celebrations, food or nutrition activities, and special dietary needs.

Table D.5.5 Policies and Practices Related to Availability and Serving of Water Reported in Early Child Care Programs

	Percentage of Early Child Care Programs			
	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Have a policy on the availability and serving of water throughout the day				
Have an informal policy (spoken but not written)	53.1 ^{***}	28.1 ^{†††}	56.7	53.3
Have a written policy	37.7 ^{***}	62.0 ^{†††}	15.5 ^{###}	25.1
Do not have a policy	7.2	7.3 ^{†††^}	26.1 ^{###}	19.7
Don't know	2.0 [^]	2.6 [^]	1.7 [^]	1.9 [^]
Teachers, staff or supervisors encourage children to drink water throughout the day				
Yes	95.6	92.8	95.3	95.1
No	2.0 [^]	1.2 [^]	2.7 [^]	2.4
Don't know	2.4 [^]	5.9 [†]	2.0 [^]	2.4 [^]
How water is served during meals or snacks^{ab}				
Provided at the table with meals	36.2	33.2	44.1	41.2
Provided at the table with snacks	55.6 [*]	43.9	50.9	51.5
Provided only after child finishes milk or juice	15.1 [*]	8.5 ^{†††}	26.6 ^{###}	22.2
Provided only after child finishes meal or snack	5.3 [*]	1.8 ^{†††^}	14.5 ^{##}	11.1
Children allowed only one serving	1.4 [^]	0.2 [^]	0.5 [^]	0.7 [^]
Children allowed to self-serve as much as they want	41.1	43.9	39.6	40.3
Provided only upon request by child	31.9	37.8	30.9	31.7
Not provided at the table at meals or snacks	5.8	6.5 [^]	3.0 [^]	4.0
Number of Early Child Care Programs	257	301	213	771

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start Programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Difference between Head Start Programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

Early child care programs include Child Care Centers, Head Start, and Family Day Care Home Programs.

Early child care programs may also provide care to older children.

^aExamples of serving water at meals or snacks include in pitchers, cups, or bottles for children to drink.

^bResponses may total more than 100 percent because variables are not mutually exclusive.

Table D.5.6 Policies and Practices Related to Availability and Serving of Water Reported in Before and After School Programs

	Percentage of Before and After School Programs		
	Outside-of-School Hours Programs	At-Risk Afterschool Programs	All
Have a policy on the availability and serving of water throughout the day			
Have an informal policy (spoken but not written)	49.0	43.9	44.5
Have a written policy	37.3	36.7	36.7
Do not have a policy	11.9	12.9	12.8
Don't know	1.8 ^a	6.5 ^a	6.0
Teachers, staff or supervisors encourage children to drink water throughout the day			
Yes	94.3 ^a	85.3	86.3
No	1.6 ^a	0.7 ^a	0.8 ^a
Don't know	4.1 ^a	13.9	12.8
How water is served during meals or snacks^{ab}			
Provided at the table with meals	28.7 ^{**}	13.4	15.1
Provided at the table with snacks	52.3 ^{***}	15.7	19.9
Provided only after child finishes milk or juice	8.6 ^a	3.5 ^a	4.1 ^a
Provided only after child finishes meal or snack	1.3 ^a	0.6 ^a	0.7 ^a
Children allowed only one serving	0.4 ^a	0.0 ^a	0.0 ^a
Children allowed to self-serve as much as they want	68.4	56.8	58.1
Provided only upon request by child	18.5	27.4	26.4
Not provided at the table at meals or snacks	5.1 ^{****a}	20.2	18.5
Number of Early Child Care Programs	161	150	311

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Outside-of-School Hours Programs and At-Risk Afterschool Programs is significantly different from zero ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before or after school program may be double-counted.

Before and after school programs include Outside-of-School Hours, and At-Risk Afterschool Programs.

^aExamples of serving water at meals or snacks include in pitchers, cups, or bottles for children to drink.

^bResponses may total more than 100 percent because variables are not mutually exclusive.

Table D.5.7 Policies and Practices on Food Safety Reported in Early Child Care Programs

	Percentage of Early Child Care Programs			
	Child Care Centers	Head Start Programs	Family Day Care Homes	All
Have a policy around food safety^a				
Have an informal policy (spoken but not written)	29.5***	9.6†††	50.6###	41.8
Have a written policy	65.9***	87.6†††	30.1###	44.0
Do not have a policy	2.4 [^]	0.0††† [^]	16.0###	11.2
Don't know	2.1 [^]	2.8 [^]	3.3 [^]	2.9
Any staff required to complete a food safety training course				
Yes	79.9 [*]	88.5†††	47.6###	59.3
No	16.4 ^{**}	6.8†††	48.3###	36.7
Don't know	3.7 [^]	4.7	4.2 [^]	4.1
For those requiring a food safety training course, staff required to be certified for food safety (N=563)				
Yes	67.3	68.9††	47.0###	56.7
No	29.4	24.3††	47.0##	38.1
Don't know	3.3 [^]	6.8	5.9 [^]	5.1
Have a plan in place to allow for a food product to be identified and removed during a recall				
Yes	68.7	73.4†††	50.9##	57.3
No	19.6 [*]	10.7†††	35.5###	29.4
Don't know	11.7	15.9	13.6	13.3
Number of Early Child Care Programs	257	300	214	771

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Child Care Centers and Head Start Programs is significantly different from zero at the ***0.001 level, **0.01 level, or *0.05 level.

Difference between Child Care Centers and Family Day Care Homes is significantly different from zero at the ###0.001 level, ##0.01 level, or #0.05 level.

Difference between Head Start Programs and Family Day Care Homes is significantly different from zero at the †††0.001 level, ††0.01 level, or †0.05 level.

A “[^]” identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate’s statistical precision. Specific details of these criteria are presented in the description of study methods.

The “All” column is based on counts of weighted programs, not providers. For this reason, providers with more than one early child care program may be double-counted.

Early child care programs include Child Care Centers, Head Start, and Family Day Care Home Programs.

Early child care programs may also provide care to older children.

^aExamples of food safety include preparing food safely and preventing choking.

Table D.5.8 Policies and Practices on Food Safety Reported in Before and After School Programs

	Percentage of Before and After School Programs		
	Outside-of-School Hours Programs	At-Risk Afterschool Programs	All
Have a policy around food safety^a			
Have an informal policy (spoken but not written)	22.9	17.0	17.7
Have a written policy	67.5	77.8	76.6
Do not have a policy	4.8 ^a	3.1 ^a	3.3 ^a
Don't know	4.8 ^a	2.1 ^a	2.4 ^a
Any staff required to complete a food safety training course			
Yes	75.2	80.7	80.1
No	19.6	15.6	16.0
Don't know	5.2 ^a	3.8 ^a	3.9 ^a
For those requiring a food safety training course, staff required to be certified for food safety (N=235)			
Yes	61.8	70.9	70.0
No	35.5	27.2	28.1
Don't know	2.7 ^a	1.8 ^a	1.9 ^a
Have a plan in place to allow for a food product to be identified and removed during a recall			
Yes	48.4 ^{***}	75.4	72.4
No	34.1 ^{**}	11.8	14.3
Don't know	17.5	12.7	13.3
Number of Before and After School Programs	161	151	312

Source: Study of Nutrition and Activity in Child Care Settings (SNACS), Provider Survey, Winter through Summer, 2017.

Notes:

Tabulations are weighted to be nationally representative of all early child care programs participating in the Child and Adult Care Food Program (CACFP).

This table includes only those programs for which the analysis variables were available.

Difference between Outside-of-School Hours Programs and At-Risk Afterschool Programs is significantly different from zero ***0.001 level, **0.01 level, or *0.05 level.

A "A" identifies estimates that are considered imprecise. The criteria used to determine whether an estimate is imprecise are based on the size of the sample used to create the estimate and the estimate's statistical precision. Specific details of these criteria are presented in the description of study methods.

The "All" column is based on counts of weighted programs, not providers. For this reason, providers with more than one before or after school program may be double-counted.

Before and after school programs include Outside-of-School Hours, and At-Risk Afterschool Programs.

^aExamples of food safety include preparing food safely and preventing choking.