



Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE

**Reggie
Veggie**

Vegetables



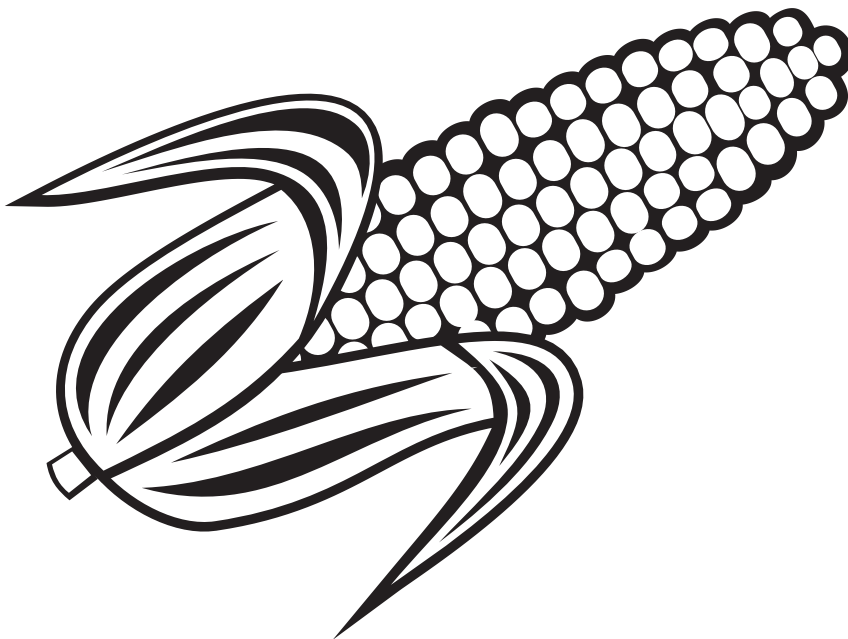
Sight words:
I, have



This book belongs to:



I have carrots.



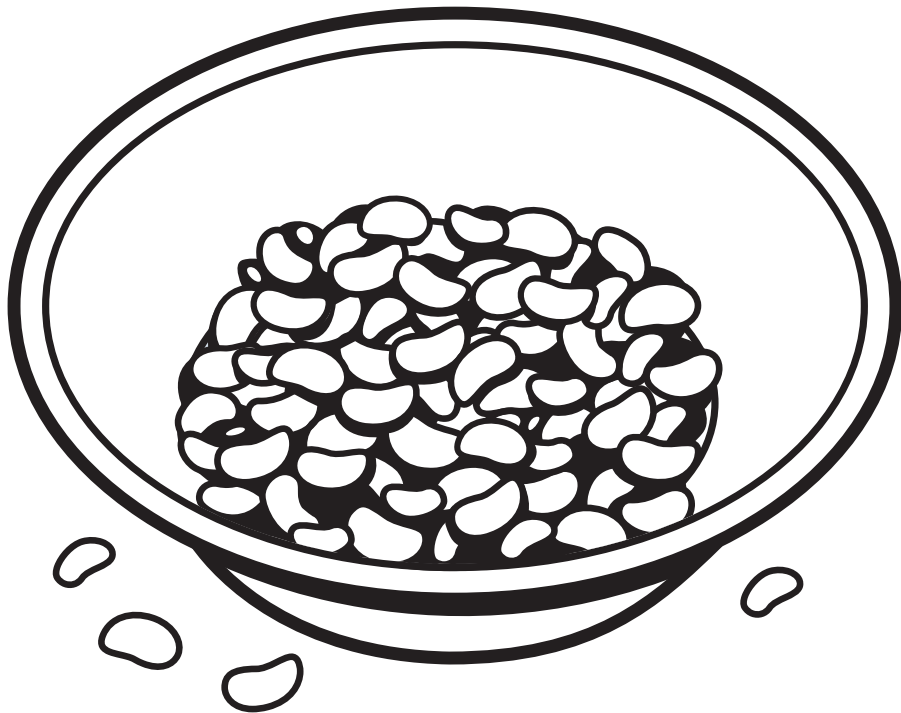
I have corn.



I have peas.



I have tomatoes.



I have beans.



I have broccoli.



I have lettuce.



I have a salad. Yum!





Discover other nutrition education materials developed under the U.S. Department of Agriculture's Team Nutrition initiative at:
TeamNutrition.USDA.gov.



January 2023 • FNS-474D

USDA is an equal opportunity provider, employer, and lender.