



Missouri Department of Social Services



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Mike Kehoe
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Family Support Division

June 02, 2026

Amibilech Wenthold
Branch Chief
Technology, Nutrition, Integrity (TNI) Branch
Mountain Plains Regional Office
1244 Speer Blvd #903
Denver, CO 80204

Dear Mr. Wenthold,

The Missouri Department of Social Services, Family Support Division (FSD) respectfully requests approval of revisions to the specific sections of the SNAP Foods Restriction Waiver 13429. The requested revisions are limited to the implementation date and the Missouri Specific Information on Restricted Items/Categories section identified in the attached document. All other provisions of the approved waiver remain unchanged.

Missouri is requesting an extension of the implementation date from October 1, 2026, to February 15, 2027. The additional implementation period will allow the State and its stakeholders sufficient time to complete operational planning, system modifications, education, and other implementation activities necessary to ensure effective administration of the waiver.

Missouri is also requesting approval of revisions to the Missouri Specific Information on Restricted Items/Categories section of the approved waiver. The proposed revisions include updates to the selected food and beverage definitions and are intended to provide greater clarity and consistency in the administration of the waiver and to support successful implementation by participants and stakeholders.

If you have any questions, please contact Alicia Mitchem at (573) 751-3381 or by email at Alicia.Mitchem@dss.mo.gov

Sincerely,

Mandi Adams
Director
MA/se

cc: Jeremy Bowman
Justin Logan
Dawne Votra
Alicia Mitchem

MISSOURI SNAP FOOD RESTRICTION WAIVER DEMONSTRATION PROJECT PROPOSED REVISIONS

MISSOURI SPECIFIC INFORMATION ON RESTRICTED ITEMS/CATEGORIES

Excluded Foods:

Candy Definition:

- "Candy" means a product that involves the preparation of sugar or artificial sweeteners in combination with chocolate, fruit, nuts, caramels, gummies, and hard candies or other ingredients or flavorings in the form of bars, drops, or pieces. Candy does not include items containing flour or requiring refrigeration.

Pre-packaged Ready to Eat Desserts Definition:

- "Pre-packaged Ready to Eat Desserts" means a processed, shelf-stable, ready-to-eat, pre-packaged sweet food intended for immediate consumption without any further preparation. This includes doughnuts, brownies, cupcakes, cookies, snack cakes, muffins, pastries, sweet rolls, pies, cakes, pudding, churros, scones, and gelatin desserts. This would include foods mostly made from "chemically" modified substances extracted from foods, along with additives to enhance taste, texture, appearance, and durability, with minimal whole foods.

Excluded Beverages:

Soda, Juice, Punch and Tea Definition:

- Carbonated and noncarbonated soft drinks defined as any nonalcoholic beverage that is made with or without carbonated water and is sweetened with more than 10 grams of sugar per serving. "Soft drinks" do not include a beverage that contains milk, milk products, soy, rice, or other milk substitutes, or that is greater than 50% vegetable or fruit juice by volume. All other drinks or punches with natural fruit or vegetable juice which contain 50 percent or less by volume natural fruit or vegetable juice. Concentrates intended to be made into beverages which contain 50% or less by volume natural fruit or vegetable juice.

Energy Drink Definition:

- Energy drinks, which are carbonated or non-carbonated beverages containing a stimulant such as fortified caffeine, guarana, glucuronolactone, or taurine. They may also include herbal extracts such as ginseng, mineral salts and vitamins, or high doses of organic acids, amino acids, inositol, sugars, or other similar compounds in addition to sweeteners. Juices or natural fruit pulp or concentrates may also be added. Energy drinks are specifically formulated to enhance energy, alertness, or physical performance. Beverages marketed primarily as sports drinks to increase hydration, like Gatorade or medically necessary nutritional products, are not included.