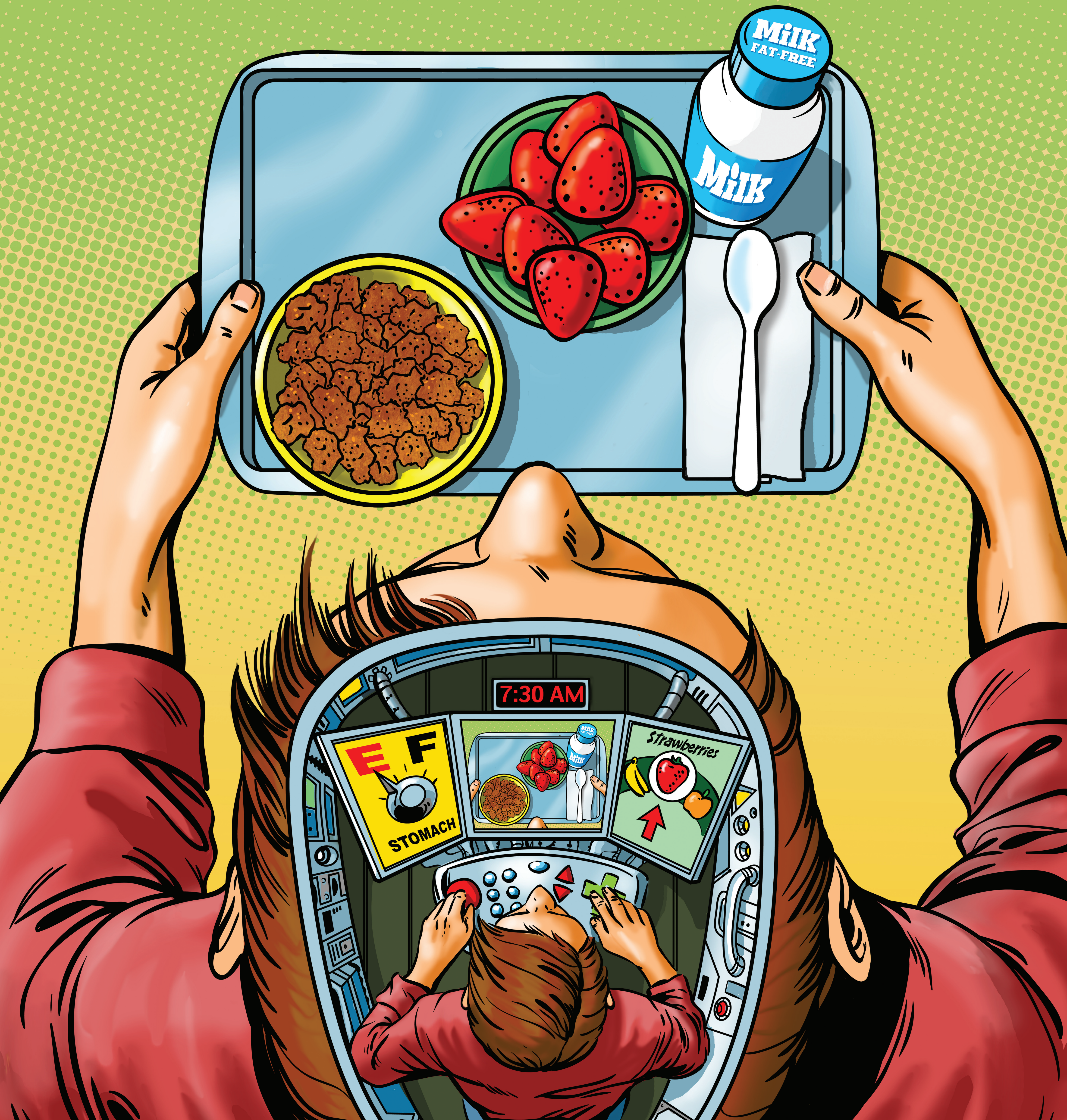




YOU CONTROL YOU

Your body is an amazing machine, but it's up to you to fuel it up with lots of healthy foods.