

Words To Know

The words listed in this chart are **bolded** the first time they appear in each chapter.

Term	Description
Baby bottle tooth decay	See Tooth decay .
Child and Adult Care Food Program (CACFP)	CACFP is a nutrition assistance program of the United States Department of Agriculture (USDA) that provides reimbursement for meals and snacks offered at certain child and adult care sites. Meals and snacks offered through the CACFP must meet nutrition standards.
Child care site	A space or building where a child care program operates. This includes both child care centers and family child care homes.
Child Nutrition (CN) label	A label on a food product that shows how the food credits towards one or more food components. The Child Nutrition Labeling Program is a Federal labeling program that is voluntary for food manufacturers.
Commercially prepared baby foods	See Store-bought baby foods .
Complementary foods	See Solid foods .
Creditable foods	Foods that may be counted towards meeting the CACFP meal pattern requirements for a reimbursable meal.
Developmental readiness	Over time, a baby is able to control his or her large and small muscles and to digest certain foods. A baby is “developmentally ready” to eat solid foods with varying textures when certain abilities can be observed.
Enriched grains	Enriched grains are refined grains that have been processed to remove the nutrient-rich bran and germ, and then have certain B vitamins such as thiamin, riboflavin, niacin, folic acid, and iron added after processing. Enriched grains can be identified by a food label that includes the word “enriched” or an ingredients list that lists an enriched grain as the first ingredient or the second after water.